



New Perspectives on Medicinal and Aromatic Plants and Their Isolated Bioactive Compounds

Guest Editors:

Prof. Dr. Domenico Trombetta

Department of Chemical,
Biological, Pharmaceutical and
Environmentale Sciences,
University of Messina, Messina,
Italy

Dr. Antonella Smeriglio

Department of Chemical,
Biological, Pharmaceutical and
Environmentale Sciences,
University of Messina, Messina,
Italy

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Message from the Guest Editors

Nowadays, the market for phytotherapeutics as well as plant-based food supplements (PFS) is constantly growing. A more holistic approach to treatments, as well as the need to find new alternatives to conventional therapies which often cause significant side effects and consequent therapeutic inefficiency, has inexorably led research to focus on the plant world. Indeed, it represents an inexhaustible source of plant complexes and isolated bioactive compounds capable of preserving the subject's state of health, as in the case of PFS, or assisting conventional therapy and sometimes even replacing or filling some therapeutic gaps, as in the case of phytotherapeutics.

The aim of this Special Issue is to collect new scientific evidence in this regard. Original research articles and reviews investigating medicinal and aromatic plants through a multidisciplinary approach (macro- and micro-morphological, phytochemical and biological) will be taken into consideration. Particular attention will be given to some critical points regarding the reproducibility of health and therapeutic effects, such as the standardization and titration of plant complexes.





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Editor-in-Chief

Prof. Dr. Dilantha Fernando

Department of Plant Science,
University of Manitoba, Winnipeg,
MB R3T 2N2, Canada

Message from the Editor-in-Chief

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Plants Editorial Office
MDPI, St. Alban-Anlage 66
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