







an Open Access Journal by MDPI

# Sustainable Exploitation of Plant-Based Matrices—Biologically Active Compounds and Their Extraction, Applications, and Potential Health Benefits

Guest Editors:

### Dr. Dasha Mihaylova

Department of Microbiology and Biotechnology, University of Food Technologies, 4002 Plovdiv, Bulgaria

## Dr. Aneta Popova

Department of Catering and nutrition, University of Food Technologies, 4000 Plovdiv, Bulgaria

Deadline for manuscript submissions:

closed (20 April 2025)

# **Message from the Guest Editors**

The exploitation of plant resources demands a sustainable approach due to soil degradation, loss of biodiversity, and extensive usage in various fields. Increased demand for phytonutrients accelerates the need for scientific research that will reveal the vast spectrum of health-promoting constituents (flavonoids, carotenoids, polyphenols, alkaloids, phytosterols, vitamins, and minerals, among others) as well as their corresponding activities (immune health, skin health, bone health, cardiovascular health, anti-cancer, etc.). The utilization of fruit by-products is another important field that not only targets zero-waste to the environment but also the sustainable exploitation of all value-added resources.

This SI aims at disseminating some of the most recent and significant contributions in natural products research including phytochemicals, biological activities, and practical applications in the daily diet in the view of the sustainable exploitation of resources.













an Open Access Journal by MDPI

## **Editor-in-Chief**

# Prof. Dr. Dilantha Fernando Department of Plant Science, University of Manitoba, Winnipeg, MB R3T 2N2. Canada

# **Message from the Editor-in-Chief**

Plants is an open access journal which provides an advanced forum for research findings in areas related to plant function, its physiology, biology, taxonomy, stresses, and its interactions with other organisms. It publishes original research articles, reviews, reports, conference proceedings (peer reviewed full articles) and communications. In original research papers, it is important that full experimental details are provided. We also encourage timely reviews and commentaries on topics of interest to the plant research community.

### **Author Benefits**

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, PubAg, AGRIS, CAPlus / SciFinder, and other databases.

**Journal Rank:** JCR - Q1 (Plant Sciences) / CiteScore - Q1 (Ecology, Evolution, Behavior and Systematics)

#### **Contact Us**