



Sleep Disorders in Infants, Children, and Adolescents with Neurodevelopmental and Psychiatric Comorbidities

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Message from the Guest Editors

In this Special Issue, we will cover this important relationship between sleep disorders and psychiatric/neurodevelopmental comorbidities, what the consequences of sleep disorders in children are, and how psychiatric conditions affect sleep. Three main sleep categories will be our focus: socio-emotional and behavioral problems in relation to poor sleep, sleep-related breathing disorders, and restless sleep disorder investigations, including sleep-focused COVID-19 studies.

During these challenging times, children spend more time indoors. This may affect their sleep habits. In particular, it is hard to get the external cues to keep our body clock in rhythm. Bedtimes shift and children worry, which potentially influences sleep quantity. In addition, some may exhibit (additional) sleep problems. An increasing number of studies in children are investigating the impact of poor sleep, in terms of quantity, quality, regularity, and timing, on their wellbeing.

We hope with this Special Issue to highlight innovative science pertaining to poor sleep in childhood in relation to psychiatric conditions and consequences.

