



sports

2020 BEST PAPER AWARD WINNERS

Dear colleagues,

We are pleased to announce the winners of the *Sports* 2020 Best Paper Award. All papers published in *Sports* from 1 January 2020 to 31 December 2020 were considered for the award. After a thorough evaluation of the originality and significance of the papers, citations, and downloads, the two winning papers, which were nominated by the assessment committees, have been selected.

Rank 1 Award: CHF 500 + one free publication

Skeletal Muscle Myofibrillar Protein Abundance Is Higher in Resistance-Trained Men, and Aging in the Absence of Training May Have an Opposite Effect

By Christopher G. Vann, Paul A. Roberson, Shelby C. Osburn, Petey W. Mumford, Matthew A. Romero, Carlton D. Fox, Johnathon H. Moore, Cody T. Haun, Darren T. Beck, Jordan R. Moon, Andreas N. Kavazis, Kaelin C. Young, Veera L. D. Badisa, Benjamin M. Mwashote, Victor Ibeanusi, Rakesh K. Singh and Michael D. Roberts

Sports **2020**, 8(1), 7; doi:10.3390/sports8010007

Rank 2 Award: CHF 300 + one free publication

Associations between Motor Competence, Physical Self-Perception and Autonomous Motivation for Physical Activity in Children

By Ole Kristian Ensrud-Skraastad and Monika Haga

Sports **2020**, 8(9), 120; doi:10.3390/sports8090120

Rank 3 Award: CHF 100 + one free publication

Daily School Physical Activity from before to after Puberty Improves Bone Mass and a Musculoskeletal Composite Risk Score for Fracture

By Felix Cronholm, Erik Lindgren, Björn E. Rosengren, Magnus Dencker, Caroline Karlsson and Magnus K. Karlsson

Sports **2020**, 8(4), 40; doi:10.3390/sports8040040

Please join us in congratulating the winners of *Sports* 2020 Best Paper Award. We would also like to take this opportunity to thank all of our authors for your continued support of *Sports*.



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