

**Supplementary Table S7.** Demographics and clinical characteristics of the participants in the validation group. Data are represented as mean  $\pm$  standard deviation. One-way ANOVA was used to calculate the p-value.

	Controls	Prehypertension	Hypertension	<i>p</i> -value
Number of participants	25	24	17	
Gender (M/F)	8/17	10/14	12/5	0.043
Age	37.04 $\pm$ 6.6	36.13 $\pm$ 7.2	44.76 $\pm$ 6.7	<0.001
BMI	26.6 $\pm$ 2.4	26.3 $\pm$ 2.7	34.9 $\pm$ 3.6	< 0.001
Hemoglobin g/dl	13.03 $\pm$ 1.2	13.6 $\pm$ 1.7	14.07 $\pm$ 2	1.29
Red Blood Cell $\times 10^6/\mu\text{l}$	4.6 $\pm$ 0.6	4.9 $\pm$ 0.5	5.3 $\pm$ 0.6	0.003
White Blood Cell $\times 10^3/\mu\text{l}$	6.5 $\pm$ 1.9	6.6 $\pm$ 1.4	7 $\pm$ 1.2	0.57
Cholesterol Total mmol/l	5.2 $\pm$ 1	5.2 $\pm$ 0.9	5.3 $\pm$ 0.9	0.96
LDL-Cholesterol mmol/L	3.4 $\pm$ 0.9	3.2 $\pm$ 0.7	3.4 $\pm$ 0.8	0.62
HBA 1C %	5.6 $\pm$ 0.4	5.4 $\pm$ 0.2	5.9 $\pm$ 0.6	0.008
Systolic blood pressure	105.8 $\pm$ 7.3	128.2 $\pm$ 5.7	151.6 $\pm$ 16.2	< 0.001
Diastolic blood pressure	71.6 $\pm$ 6.1	86.4 $\pm$ 5.1	96.5 $\pm$ 12.2	< 0.001
Albumin g/L	46 $\pm$ 2.2	46.3 $\pm$ 3	44.9 $\pm$ 2.3	0.215
ALT U/L	20.3 $\pm$ 13.7	20.5 $\pm$ 14.3	21.3 $\pm$ 10.8	0.22
AST U/L	21.2 $\pm$ 10.6	20.6 $\pm$ 9.2	23 $\pm$ 5.6	0.93
C-Reactive Protein mg/L	4.9 $\pm$ 0.9	5 $\pm$ 0	5 $\pm$ 0	0.96

LDL: Low Density Lipoprotein. BMI: Body Mass Index. HBA1C: Hemoglobin 1C. ALT: Alanine Amino Transferase.  
AST: Aspartate Amino Transferase.