



# Article Evaluation of the Bio-Protective Effect of Native Candida Yeasts on Sauvignon Blanc Wines

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Abstract: Studying *non-Saccharomyces* yeasts as bio-protectors can help find new alternatives to the chemical additive SO<sub>2</sub> in winemaking. The present article evaluates the effect of two native yeasts, *Candida oleophila* and *Candida boidinii*, as potential bio-protectors to replace SO<sub>2</sub> during the production of *Sauvignon Blanc* wine. Fermentation was conducted on simple and mixed inoculum at two concentrations,  $1 \times 10^6$  and  $1 \times 10^7$  cells/mL. We monitored the population of deterioration microorganisms, including lactic acid bacteria (LAB), acetic acid bacteria (AAB), and *Brettanomyces bruxellensis* (BB), apart from the final chemical and volatile composition of the wine. The results were compared with fermentations protected with SO<sub>2</sub>, where *Candida oleophila* yeast was more effective against lactic acid bacteria, whereas *Candida boidinii* was more effective against acetic acid bacteria and *Brettanomyces bruxellensis*; meanwhile, the fermentations with the initial inoculum of  $1 \times 10^7$  cells/mL showed better results than those with an inoculum of  $1 \times 10^6$  cells/mL. Bio-protector use did not negatively affect wine quality, equaling the effectiveness of SO<sub>2</sub> for spoilage microorganism inhibition. This study reveals for the first time the potential of *Candida oleophila* and *Candida boidinii* yeasts as bio-protectors in microbiological wine stabilization.

Keywords: wine; bio-protector; Candida oleophila; Cándida boidinii; fermentation; SO2



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# 1. Introduction

Sulfur dioxide (SO<sub>2</sub>) has played a key role in the wine industry due to its antimicrobial, antioxidant, and antioxidase properties, inhibiting the development of spoilage microorganisms including yeasts, lactic acid bacteria (LAB), and acetic acid bacteria (AAB) [1]; keeping the wine from browning after reacting with hydrogen peroxide [2]; and reducing wine quinones to their phenolic form [3]. However, recent decades have seen concerns raised related to its use in foods due to possible pseudo-allergic reactions associated with its consumption, including dermatitis, rashes, anaphylaxis, and even abdominal pain [4], which has led to limitations on its use in winemaking. The World Health Organization has established a maximum daily acceptable sulfur dioxide intake of 0.7 mg/kg of body weight. At the same time, the International Wine and Winery Organization (OIV) has progressively limited the maximum allowable SO<sub>2</sub> concentrations, currently set at 150 mg/L for red wines and 200 mg/L for white wines [5,6]. Along with growing public demand for food without chemical additives [7], there is currently a significant change in enological research where bio-protection has arisen as a promising alternative that can either partially or wholly replace SO<sub>2</sub> in the industry [8–10].

Bio-protection in winemaking is defined as using antagonistic microorganisms added into grapes to inhibit spoilage microorganisms and/or extend the shelf life of wine without any negative impacts on its sensorial properties [11,12]. Its action mechanism is grounded in competition for nutrients by creating an ecological niche where bio-protective yeasts can occupy a space in the grape and affect other microorganisms via nutrient limitation [13]. Bio-protection can appear in two modalities: active and passive competition strategies [14]. Active competition is performed by bacteria, which dominate the fermentation process by being stronger and presenting unique traits like killer toxins, while passive competition is performed by all microorganisms that consume nutrients over others [15].

Most current studies on bio-protection with NSY have been conducted on red grape must, with Merlot, Tempranillo, and Pinot Noir grapes using the yeasts *Torulaspora delbrueckii*, *Metschnikowia pulcherrima*, and *Lachancea thermotolerans* [16–24]. This has been because these yeasts have unique characteristics as controlling agents; *M. pulcherrima* has an active bio-protection capacity due to synthesizing pulcherrimine, a proven antifungal and antimicrobial agent [25]; *T. delbrueckii* can produce killer proteins that control the population of deterioration bacteria [26]; and *L. thermotolerans* has a high antioxidant capacity that can dominate fermentation in the face of high oxygen concentrations in the must [27]. *T. delbrueckii* and *M. pulcherrima* are NSY strains that are currently available commercially as bio-protectors to be used in winemaking, whether in a mixed format or in a monoculture format. However, other commercial bio-protectors are also formed with *Lactobacillus Plantarum* bacteria as a bio-controlling agent.

Many *non-saccharomyces* yeasts have not been studied as bio-protectors, despite proven antimicrobial potential in areas apart from winemaking. For instance, the NSY *C. oleophila* has proven potential with food, competing for nutrients and space, and leading to the cell death of spoilage microorganisms, particularly *Penicillium* spp. during the harvest of different fruits and vegetables [28–31]. The yeast *Candida boidinii* has also shown antimicrobial potential for table olive production, cutting undesirable bacteria from oil, and granting sensory advantages to the final product [32]. There is currently only one study about these yeasts in winemaking, concerning their fermentation potential and capacity to reduce ethanol in wine [33].

Given the lack of existing literature on bio-protection in Sauvignon must and the few studies carried out with *Candida* spp. in winemaking, and in particular regarding the species *Candida oleophila* and *Candida boidinii*; the objective of this study is to evaluate the impact of bio-protection as a replacement for SO<sub>2</sub> in the microbiological profile of Sauvignon Blanc wine using *Candida oleophila* and *Candida boidinii* as bio-protectors under two inoculation modalities: simple and mixed, and at two initial inoculation concentrations:  $1 \times 10^6$  and  $1 \times 10^7$  cells/mL. Major wine spoilage microorganism populations were monitored, including lactic bacteria, acetic bacteria, and *Brettanomyces bruxellensis*, along with the final physio-chemical and volatile composition of the wine, comparing its antimicrobial effect and final quality with wines protected using sulfites.

# 2. Materials and Methods

### 2.1. Yeasts

The *Candida boidinii* (NSY 2) and *Candida oleophila* (NSY 9) yeasts used were obtained from the microorganism collection at the food fermentation lab in PUC/UTFSM. The yeasts were isolated from grapes gathered at the Palo Alto Winery, located in the Maule Region of Chile ( $35^{\circ}26' \text{ S } 71^{\circ}40' \text{ W}$ ), and identified via partial rDNA 26S sequencing [34]. The yeast cultures were kept in stock format in a glycerol medium at a temperature of  $-80 \,^{\circ}\text{C}$ , for subsequent activation on agar plates (Yeast and Mould Agar, Oxoid, Madrid, Spain), which were refrigerated at  $4 \,^{\circ}\text{C}$  until the moment of inoculation. The fermentation yeast chosen was the commercial strain of *S. cerevisiae* EC 1118<sup>TM</sup> (Lallemand, Montréal, QC, Canada) which was kept inactive under refrigeration at  $4 \,^{\circ}\text{C}$  until its inoculation time as per manufacturers' instructions.

## 2.2. Grape Juice

We used the 2023 harvest of Vitis vinifera 'Sauvignon Blanc' grapes from the Los Robles farm of Viña Emiliana ( $34^{\circ}36' \text{ S } 71^{\circ}7' \text{ W}$ ), without sulfites, stored in 2 kg bags at a temperature of -18 °C until the moment of use. This was followed by a process of removing sticks, leaves, stems, and insects attached to the fruit, and then the grapes were

pressed to obtain the grape juice (22.5 °Brix, density 1.095 g/mL, pH 3.18, titratable acidity 5.6 g/L tartaric acid). The grape juice was conditioned via refrigeration at 4 °C for 20 h.

## 2.3. Winemaking Assays

The tests were planned with the objective of studying the bio-protective effect of the *non-saccharomyces* inoculation on wines without sulfites and comparing them with the effect of fermentations conducted using SO<sub>2</sub>, along with evaluating the effect of the concentration of the bio-protective inoculation. To this end, wine was made using white Sauvignon Blanc grapes in triplicate in 1 L Schott bottles using the following inoculation strategies:

- Inoculation of the bio-protective initiator *Candida* spp. (*C. oleophila* or *C. boidinii*) at  $1 \times 10^6$  cells/mL, without adding SO<sub>2</sub> and with inoculation at 72 h with commercial *S. cerevisiae* yeast at a dose of  $1 \times 10^6$  cells/mL.
- Inoculation of the bio-protective initiator *Candida* spp. (*C. oleophila* or *C. boidinii*) at  $1 \times 10^7$  cells/mL, without adding SO<sub>2</sub> and inoculation at 72 h with commercial *S. cerevisiae* yeast at a dose of  $1 \times 10^6$  cells/mL.
- Inoculation of the mixed bio-protective initiator *C. oleophila/C. boidinii* 50:50 at 1 × 10<sup>7</sup> cells/mL, without adding SO<sub>2</sub> and inoculation at 72 h with commercial *S. cerevisiae* yeast at a dose of 1 × 10<sup>6</sup> cells/mL.
- Initial spontaneous fermentation was initiated by adding 40 ppm of SO<sub>2</sub> and inoculating for 72 h with commercial *S. cerevisiae* at a dose of  $1 \times 10^6$  cells/mL.
- Initial spontaneous fermentation without addition of SO<sub>2</sub> and inoculation at 72 h with commercial *S. cerevisiae* yeast at a dose of  $1 \times 10^6$  cells/mL.

# 2.3.1. Preparation of Initial Inoculum

The colonies of *Candida* spp. yeast stored on agar plates at 4 °C were passed into a tube with 35 mL of liquid *Sabouraud Dextrose Broth* medium (Biokar, Pantin, France), which was incubated at 28 °C for 48 h. This was followed by separation via centrifuging at 6000 rpm for 10 min, eliminating the supernatant under a lighter, and washing twice with peptone water (1%) before inoculation.

# 2.3.2. Experiment Montage

The grape juice was distributed in modified Schott bottles maintaining sterility in a laminar flow hood. Each fermentation was carried out in triplicate to verify experimental reproducibility. The flasks were adapted with an additional aperture, allowing for the insertion of a probe to avoid contamination and air exposure while taking samples, and letting  $O_2$  in during initial conditioning. Each Schott bottle with 1 L of grape juice was subsequently put through an airing process for 10 min via an air pump, supplying a flow of 0.940 L/min to ensure oxygen saturation in the medium. Finally, the flasks were inoculated with the bio-protective yeast ( $10^6$  or  $10^7$  cells/mL) or with the control using SO<sub>2</sub> at 40 ppm, depending on the case, and placed in the incubating shaker at  $10 \,^{\circ}C$  for cold pre-fermentative maceration over 72 h. Finally, the commercial yeast *S. cerevisiae* was inoculated at a dose of  $10^6$  cells/mL to start alcoholic fermentation.

# 2.3.3. Fermentation Follow-Up

For each fermentation, 12 mL samples were taken in triplicate every 24 h, measuring density, brix° degrees, and optic density (OD600). The remaining samples were stored at a freezer temperature of -18 °C to corroborate measurements if necessary. Measurements continued until all sugars in the medium were consumed, which occurs when the density reaches values below 0.994 g/mL or does not remain constant for 3 consecutive days.

#### 2.4. Microbiological Analysis

## 2.4.1. Sample Serial Dilution

For the microbiological analysis, 15 mL samples were taken on 5 occasions: initial must, after 24 h of pre-fermentative maceration, after 72 h of pre-fermentative maceration, halfway through alcoholic fermentation (day 6 or 8), and at the end of alcoholic fermentation (AF). Samples were collected in sterile Falcon tubes and were serially diluted in 0.01% peptone water (Sigma Aldrich, St. Louis, MO, USA). First, 1 mL of the sample was pipetted into a sterile 9 mL peptone water tube. The tube was stirred with a "vortex" shaker for 20 s. Then, 1 mL was transferred to the next 9 mL sterile peptone water tube. The process was repeated until 7 decimal dilutions were completed according to the OIV protocol [35]. Finally, 0.1 mL of each dilution was inoculated on agar plates with different media depending on the microorganism. Additionally, for the results to be statistically valid, each dilution was inoculated.

#### 2.4.2. Microorganism Media

For the total yeast count, we used Yeast Glucose Chloramphenicol Agar (YCA) medium (20 g/L of glucose, 5 g/L of yeast extract, 0.1 g/L of chloramphenicol, 15 g/L of bacteriological agar, 100 mg/L of chloramphenicol, and 150 mg/L of biphenyl).

Populations of *B. bruxellensis* were determined in a specific medium composed of 4 g/L of yeast extract, 5 g/L of digested pancreatic casein, 5 g/L of dextrose, 0.55 g/L of monopotassium phosphate, 0.425 g/L of potassium chloride, 0.125 g/L of calcium chloride, 0.125 g/L of magnesium sulfate, 0.0025 g/L of ferric chloride, 0.0025 g/L of manganese sulfate, 20 g/L of agar, 0.022 g/L of bromocresol green, 10 mL/L of cycloheximide, and 10 mL/L of chloramphenicol.

Acetic acid bacteria were counted in Agar WLD medium (4 g/L of yeast extract, 5 g/L of digested pancreatic casein, 5 g/L of dextrose, 0.55 g/L of monopotassium phosphate, 0.425 g/L of potassium chloride, 0.125 g/L of calcium chloride, 0.125 g/L of magnesium sulfate, 0.0025 g/L of ferric chloride, 0.0025 g/L of manganese sulfate, 20 g/L of agar, 0.022 g/L of bromocresol green, 200  $\mu$ L of cycloheximide, and 12.5 mg/L of penicillin).

Lactic acid bacteria were counted in MRS Agar medium (20 g/L of glucose, 10 g/L of meat extract, 4 g/L of yeast extract, 2 g/L of potassium dihydrogen phosphate, 5 g/L of sodium acetate, 2 g/L of ammonium citrate, 0.2 g/L of magnesium sulfate  $\cdot$  6 H<sub>2</sub>O, 0.05 g/L of manganese sulfate  $\cdot$  4 H<sub>2</sub>O, 1.08 mL/L of Tween 80, 16 g/L of bacteriological agar, 10 g/L of digested pancreatic casein, and 100 mg/L of natamycin) and the *non-Saccharomyces* yeasts were counted in agar lysin medium (20 g/L of bacteriological agar, 2.5 g/L lysine hydrochloride, 11.75 g/L of yeast carbon base, and 100 mg/L of chloramphenicol). It is necessary to mention that each medium is specific since it contains antibiotics that inhibit the growth of other microorganisms. Chloramphenicol inhibits bacteria, cycloheximide and natamycin inhibit yeasts, and penicillin inhibits lactic acid bacteria.

# 2.4.3. Sample Incubation and Counting Colonies

Yeast and acetic acid bacteria plates were stored upside down under aerobic conditions for 48 h at 28 °C, while lactic acid bacteria plates were incubated anaerobically at the same time and temperature conditions using gas packs (Oxoid) to avoid the growth of acetic bacteria.

To conduct the counting, the dilution chosen must have between 10 and 300 colonies, which are isolated enough to be counted. The number of microorganisms N present in CFU/mL units is obtained from the following equation [35]:

$$N = \frac{\frac{\sum C}{r} \times d}{V},\tag{1}$$

where

 $\sum C$  is the sum of colonies counted on a plate.

*r* is the number of replies, in this case 3. *d* is the dilution [d = 1 when the undiluted liquid product (test sample) is retained]. *V* is the volume of the inoculum placed in each plate, in this case 0.1 mL.

The analysis of results will mainly be carried out during the pre-ferment stage (first 72 h), as there is minimal influence from other factors that could alter the results, such as *Saccharomyces cerevisiae* yeast inoculated on the third day and metabolites produced during must fermentation, such as ethanol.

# 2.5. Chemical Composition Analysis

The final samples of wine were chemically characterized. Ethanol volume (%vol) and tartaric acid g/L were determined via a high-pressure liquid chromatography unit (HPLC) (Agilent Technologies, Infinity 1260, Waldbronn, Germany), using a 300  $\times$  7.8 mm Aminex HPX-87 chromatography column (BIORAD, Hercules, CA, USA), operating with a 210 nm wavelength DAD detector. The measurements were taken with a run time of 30 min, a sample injection volume of 20 µL, the mobile phase of H<sub>2</sub>SO<sub>4</sub> with a concentration of 0.005 mMol, and a flow of 0.6 mL/min. The rest of the compounds, such as acetic acid g/L, glycerol g/L, total sugar concentration (glucose–fructose) g/L, malic acid g/L, and lactic acid g/L, were determined using a Biosystems Y-15 Enology Automatic Analysis System (Biosystems, Barcelona, Spain). Prior to the detection, Y-15 was calibrated using external standards, which were technically supported by the Biosystems Enterprise (Cumming, GA, USA).

# 2.6. Volatile Composition Analysis

Volatile compounds (VOCs) were identified in triplicate via the samples obtained at the end of alcoholic fermentation via mass spectrophotometry (gas chromatography) together with a mass detector with solid phase microextraction (GC-MS-SPME). To begin, 3 mL of the sample was transferred to a 20 mL gas chromatography (GC) vial with magnetic aluminum tape and a septum of Teflon/PTFE, adding 1 mL of NaCl-saturated solution. Samples were stored frozen (-20 °C) until analysis. Then, the samples were thawed and heated at 50 °C for 10 min with agitation at 300 rpm, before beginning the extraction phase for volatile compounds where it used an SPME fiber for 15 min. Following extraction, the SPME fiber was inserted in the chromatograph injector configured at 250 °C in splitless mode for 5 min. An automatic fiber (DVB-CAR-PDMS) from Supelco with serial number 57298U was used for this process. Chromatographic analysis was performed on a Thermo unit, Triplus 1310 model, using an ISQ LT mass detector with an RTX5MS  $(30 \text{ m} \times 0.25 \text{ mm ID} \times 0.25 \text{ µm film})$  (ISQ LT GC-MS, Thermo Fisher Scientific Inc., Waltham, USA) column and helium as the carrying gas at 1 mL/min. The chromatographic program began at 40 °C for 5 min, rising to 10 °C/min until reaching a temperature of 250 °C and remaining there for 10 min. The injector operates in electron impact mode at 70 eV with a source temperature of 250 °C. Mass spectra and reconstructed chromatograms (total ion current [TIC]) were obtained via automatic scanning in the mass range m/z 35–500. VOC profiles were analyzed with Chromeleon 7.3 software to integrate peaks and the NIST main library was utilized to identify compounds by comparing their mass spectral profiles with those in the 2017 NIST database. The relative abundance of a particular compound was quantified using its peak area (or the sum of individual peak areas) regarding the total [36].

#### 2.7. Data Analysis

# 2.7.1. ANOVA Analysis and Post hoc Tukey Test for Chemical Compounds

Analyses of variance (ANOVA) and Tukey tests (significance level 95%,  $p \le 0.05$ ) were performed for the chemical compounds, treating them as dependent variables, while the fermentative strategies were the independent variables. The aim was to test the statistical significance of differences between all fermentation strategies. Both tests were conducted using Minitab Statistical 21 software.

#### 2.7.2. PCA for Volatile Compounds

We performed principal component analysis (PCA) to simplify the volatile compound's data dimensionality, thereby obtaining 2 principal dimensions that explain the data's largest variation and the most amount of information. The data treatment was performed prior to analysis, given that each of the volatile compounds is associated with a number called the match factor (SI), indicating the degree of similarity between the measured chromatogram and the NIST library. Accordingly, compounds associated with an SI factor greater than 800 were considered, indicating good to excellent reliability [37]. In the samples, 27 compounds were identified; however, only 7 volatile compounds accounted for at least 80% of the accumulative abundance. Despite this, it was decided to analyze all compounds to obtain results that provide the maximum amount of information associated with the aromatic composition. The Minitab Statistical 21 software was used to calculate the correlation matrix, defining the main components as those whose eigenvalues are greater than 1 and graphing them with biplots. Finally, to evaluate whether there were significant differences in the production of each volatile compound identified between the different modalities studied, we ran a post hoc Tukey test, with a significance level of 95% ( $p \le 0.05$ ), in the same way as with the chemical compounds.

#### 3. Results

# 3.1. Kinetics of Alcoholic Fermentation (AF)

In order to evaluate the fermentation capacity of *Candida* spp. yeasts as bio-protectors and verify that fermentation reached its end, the must density was monitored daily during alcoholic fermentation (AF). The results are shown in Figure 1, where strategies bio-protected with *C. oleophila* finished fermentation on days 12 and 14 (Figure 1a) for the inoculum of  $1 \times 10^7$  and  $1 \times 10^6$  cells/mL, respectively; *C. boidinii* finished fermentation on day 11 for both inoculums (Figure 1b); and the mixed strategy of *C. oleophila*/*C. boidinii* 50:50 finished fermentation on day 8 (Figure 1c). In contrast, initially, spontaneous fermentations were performed on days 12 and 14 for the strategy with sulfites and antimicrobial-free, respectively.





Figure 1. Cont.



Candida boidinii Substrate Consumption versus Time



Mixed Inoculum Substrate Consumption versus Time



(c)

**Figure 1.** Evolution of substrate consumption via measurement of density as a function of time. (a) Bio-protection with *Candida oleophila;* (b) bio-protection with *Candida boidinii;* and (c) bio-protection with *C. oleophila/C. boidinii* 50:50 (CO/CB). Error bars indicate standard deviation from triplicates.

# 3.2. Population Dynamics of Deterioration Microorganisms

Microorganism population analysis was conducted to evaluate spoilage microorganism behavior in the face of different bio-protective modalities over time. The first 72 h after bio-protector inoculation are highly relevant for analysis since they help to analyze the behavior of the spoilage microorganisms against the antimicrobial agent under study with minimal influence of external factors that can induce cell death, such as the inoculation of fermentative *S. cerevisiae* yeast or a rise in ethanol concentrations during fermentation. A bio-protective strategy will exhibit antimicrobial potential when it shows a lower concentration of spoilage microorganisms, whether LAB, AAB, or BB, compared to the control with SO<sub>2</sub>, and simultaneously demonstrates significant differences from the sulfite strategy via the post hoc Tukey test ( $p \le 0.05$ ).

# 3.2.1. Evolution of Acetic Acid Bacteria during Fermentation

Figure 2 shows the counts of acetic acid bacteria AAB ( $log_{10}(CFU/mL)$ ) in a WLD Agar medium for an initial must after 72 h and at the end of alcoholic fermentation, and Table 1 shows the counts of AAB in CFU/mL units with the post hoc Tukey test to assess significant differences between the different modalities for each day.



**Figure 2.** Cell growth media of acetic acid bacteria (AAB)  $\log_{10}(CFU/mL)$  identified via culture on a plate with WLD agar medium for the bio-protected strategies, control with sulfites (SO<sub>2</sub>), and antimicrobial-free strategies at 3 times: initial must, day 3 (72 h), and at the end of fermentation. Error bars indicate standard deviation from triplicates.

**Table 1.** Numeration of the different populations during the winemaking process for AAB at different moments across the fermentation: Initial Must, Day 1, Day 3, and at the end of the fermentation with post hoc Tukey test analysis (significance level,  $p \le 0.05$ ), where different letters indicate significant differences between various strategies. \* The treatments' antimicrobial effectiveness ranking was as follows, according to control capacity in the first 72 h: *Candida oleophila*-10<sup>6</sup> = *Candida boidinii*-10<sup>7</sup> > *Candida oleophila*-10<sup>7</sup> > Antimicrobial-free > SO<sub>2</sub> > *Candida oleophila*-10<sup>6</sup>.

Strategy	Ranking *	Initial Must	Day 1	Day 3	Final
Candida oleophila-10 <sup>6</sup>	<b>7</b> °	$1.03  imes 10^5$	$8.33 imes10^5~{ m b}$	$1.30 \times 10^7$ a	$6.67  imes 10^2  ext{ b}$
Candida oleophila-10 <sup>7</sup>	3°	$3.00 imes10^4$	$4.00 imes10^5~{ m b}$	$4.67 imes10^5~{ m c}$	$2.33  imes 10^3  ext{ b}$
Candida boidinii-10 <sup>6</sup>	1°	$1.67 imes10^4$	$6.33 \times 10^4 \text{ de}$	$1.00 imes 10^5~{ m e}$	$2.67  imes 10^2  ext{ b}$
Candida boidinii-10 <sup>7</sup>	1°	$1.67  imes 10^4$	$3.33  imes 10^4  ext{ e}$	$1.37  imes 10^5$ de	$5.33 imes10^2$ b
SO <sub>2</sub>	$5^{\circ}$	$1.03 imes10^5$	$1.60  imes 10^5  ext{ c}$	$1.57 imes10^{6}~{ m b}$	$3.33 imes10^2$ b
Antimicrobial-free	$4^{\circ}$	$3.00 imes10^4$	$1.10 imes 10^5$ a	$1.37 imes 10^{6}~{ m b}$	$6.00 imes10^5$ a
Mixed inoculum	2°	$1.10  imes 10^5$	$1.33 \times 10^5 \text{ cd}$	$4.00  imes 10^5  ext{ cd}$	$3.33  imes 10^2  ext{ b}$

In the initial must, the bacterial population stood between  $1.67 \times 10^4$  CFU/mL and  $1.10 \times 10^5$  CFU/mL, a value that rose during the first 72 h. At this point, fermentation with the bio-protector *Candida boidinii* achieved the lowest concentrations of AAB, with values

of  $1.00 \times 10^5$  and  $1.37 \times 10^5$  CFU/mL for the inoculum of  $1 \times 10^6$  and  $1 \times 10^7$  cells/mL, respectively, without significant differences between both modalities (Table 1). On the other hand, the bio-protected strategy with the mixed inoculum *C. oleophila/C. boidinii* maintained an ABB concentration of  $4.00 \times 10^5$  CFU/mL, remaining below the sulfite control. Overall, by day 3, bio-protected strategies with *Candida boidinii* controlled AAB populations more effectively than the control, exhibiting significantly lower concentrations than the traditional sulfite strategy (Table 1).

Over the course of fermentation, a decline in AAB concentrations in all strategies apart from the antimicrobial-free mode, which at the end of fermentation presented a higher spoilage microorganism concentration than the initial must (Figure 2). The bio-protected strategy that showed the best results was *Candida boidinii*, which managed to reduce AAB populations by at least 62 times compared to the initial must. Additionally, in all samples, the *Candida boidinii* 10<sup>6</sup> strategy reached concentrations equal to or greater than the *Candida boidinii* 10<sup>7</sup> strategy, so no dependency on the initial inoculum concentration was observed in the case of AAB.

# 3.2.2. Evolution of Lactic Acid Bacteria (LAB) during Fermentation

Figure 3 shows the counts of acetic acid bacteria AAB ( $\log_{10}(CFU/mL)$ ) in an MRS Agar medium for the initial must, after 72 h, and at the end of alcoholic fermentation. Table 2 shows the counts of LAB in CFU/mL units with the post hoc Tukey test to assess significant differences between the different modalities for each day.



**Figure 3.** Cell growth media of lactic acid bacteria (LAB) log<sub>10</sub>(CFU/mL) identified via culture on a plate with MRS agar medium for the bio-protected strategies, control with sulfites (SO<sub>2</sub>), and antimicrobial-free strategies at 3 times: Initial must, day 3 (72 h), and at the end of fermentation. Error bars indicate standard deviation from triplicates.

**Table 2.** Numeration of the different populations during the winemaking process for LAB in different moments across the fermentation: Initial Must, Day 1, Day 3, and at the end of the fermentation with post hoc Tukey test analysis (significance level,  $p \le 0.05$ ), where different letters indicate significant differences between various strategies. \* The treatments' antimicrobial effectiveness ranking was as follows, according to control capacity in the first 72 h: *Candida oleophila*-10<sup>7</sup> > *Candida oleophila*-10<sup>7</sup> > *Candida boidinii*/*Candida oleophila*-10<sup>7</sup> > *Candida boidinii*-10<sup>7</sup> > *Candida boidinii*-10<sup>7</sup> > Antimicrobial-free.

Strategy	Ranking *	Initial Must	Day 1	Day 3	Final
Candida oleophila-10 <sup>6</sup> Candida oleophila-10 <sup>7</sup>	2° 1°	$2.00  imes 10^5 \ 3.13  imes 10^5$	$2.00 \times 10^{5} \text{ a}$ $7.33 \times 10^{4} \text{ b}$	$7.67 imes10^4~{ m bc}$ $5.67 imes10^4~{ m c}$	$\begin{array}{c} 1.67\times 10^4 \text{ b} \\ 1.33\times 10^4 \text{ ab} \end{array}$

Strategy	Ranking *	Initial Must	Day 1	Day 3	Final
Candida boidinii-10 <sup>6</sup>	$5^{\circ}$	$6.33  imes 10^5$	$1.33  imes 10^5$ ab	$3.33 imes10^5$ a	$1.67  imes 10^4  ext{ b}$
Candida boidinii-10 <sup>7</sup>	$6^{\circ}$	$6.33  imes 10^5$	$1.90  imes 10^5$ ab	$3.35 \times 10^5$ a	$1.97 imes 10^4~{ m b}$
$SO_2$	$3^{\circ}$	$3.13 imes10^5$	$2.00 imes10^5$ a	$1.17 imes 10^5~{ m b}$	$6.00 imes10^3$ a
Antimicrobial-free	$7^{\circ}$	$2.00 imes10^5$	$2.53 imes10^5$ a	$3.67 imes10^5$ a	$1.33 imes10^5~{ m c}$
Mixed inoculum	$4^{\circ}$	$4.67 imes10^5$	$3.00 \times 10^5$ a	$1.33  imes 10^5  ext{ b}$	$2.00  imes 10^4  ext{ b}$

Table 2. Cont.

In the initial must, the bacterial population was between  $2.00 \times 10^5$  CFU/mL and  $6.33 \times 10^5$  CFU/mL, a concentration which fell during the first 24 h in all strategies, apart from antimicrobial-free, whose concentration rose and continued growing until fermentation was well advanced. The *Candida oleophila*  $10^7$  strategy achieved a lower concentration than the sulfites for the first 24 h, while *Candida oleophila*  $10^6$  behaved identically to the sulfites control modality, reaching concentrations of  $2.00 \times 10^5$  CFU/mL at 24 h (Table 2).

At 72 h, the *Candida boidinii* yeast reached the highest lactic acid bacteria (LAB) concentrations, second only to the antimicrobial-free modality (Figure 3). *Candida oleophila* presented the lowest LAB concentrations, reaching concentrations of  $7.67 \times 10^4$  CFU/mL and  $5.67 \times 10^4$  CFU/mL for *Candida oleophila*  $10^6$  and *Candida oleophila*  $10^7$ , respectively (Table 2), remaining below the sulfite control fermentation. With the mixed *Candida oleophila/Candida boidinii* 50:50 inoculum, we observed a spoilage microorganism concentration above that obtained with *Candida oleophila* but below that obtained with *Candida boidinii*, reaching a concentration of  $1.33 \times 10^5$  CFU/m. Additionally, this strategy exhibited behavior similar to that of sulfites, without significant differences (Table 2).

During fermentation, a considerable LAB concentration drop was observed in all strategies, except for the antimicrobial-free modality, which on the final day presented a concentration slightly below that obtained in the initial must (Table 2). The sulfite strategy was able to cut LAB concentration to  $6.00 \times 10^3$  CFU/mL, being the strategy that showed the lowest final concentrations of this spoilage microorganism along with the bio-protected strategy with *Candida oleophila* 10<sup>7</sup>, without observing significant differences between both modalities (Table 2). At the end of fermentation, the *Candida oleophila* 10<sup>7</sup> strategy managed to reduce LAB populations by at least 23 times compared to the initial must.

#### 3.2.3. Evolution of Brettanomyces bruxellensis Yeasts during Fermentation

Figure 4 shows the counts of *B. bruxellensis* BB ( $log_{10}(CFU/mL)$ ) in specific Agar media for the initial must, after 72 h, and at the end of alcoholic fermentation. Table 3 shows the counts of BB in CFU/mL units with the post hoc Tukey test to assess significant differences between the different modalities for each day.

In the initial must, the bacterial population stood between  $2.67 \times 10^4$  CFU/mL and  $2.33 \times 10^5$  CFU/mL, a concentration that rose during the first 24 h in most strategies except the fermentation with the mixed *C. oleophila/C. boidinii* 50:50 inoculum, where the concentration fell compared with the initial must (Table 3).

At 72 h, we can observe how in most studied fermentations, the BB concentration continued rising (Table 3), while the *Candida boidinii*  $10^7$  concentration remained almost constant between 24 h and 72 h, with  $6.00 \times 10^4$  CFU/mL, presenting a lower concentration than the sulfites control and the remaining strategies.

During fermentation, a considerable drop in *B. bruxellensis* concentrations occurred in all strategies except in the antimicrobial-free strategy, which at the end of fermentation presented a higher concentration than the initial must ( $9.67 \times 10^5 \text{ CFU/mL}$ ), a phenomenon observed with all spoilage microorganisms (Tables 1–3). The mixed strategy offered the greatest antimicrobial protection at the end of fermentation, reducing BB populations by at least 7000 times compared to the initial must, while the *C. boidinii* strategies did not present significant differences with the sulfite control (Table 3).



**Figure 4.** Cell growth media of *Brettanomyces bruxellensis* (BB)  $\log_{10}$  (CFU/mL) identified via culture on a plate with specific agar medium for the bio-protected strategies, control with sulfites (SO<sub>2</sub>) and antimicrobial-free strategies at 3 times: initial must, day 3 (72 h), and at the end of fermentation. Error bars indicate standard deviation from triplicates.

**Table 3.** Numeration of the different populations during the winemaking process for *Brettanomyces bruxellensis* in different moments across the fermentation: Initial Must, Day 1, Day 3, and at the end of the fermentation with post hoc Tukey test analysis (significance level,  $p \le 0.05$ ), where different letters indicate significant differences between various strategies. \* The treatments' antimicrobial effectiveness ranking was as follows, according to control capacity in the first 72 h Candida boidinii-10<sup>7</sup> > Candida boidinii-10<sup>6</sup> = SO<sub>2</sub> > Antimicrobial-free > Candida oleophila-10<sup>7</sup>.

Strategy	Ranking *	Initial Must	Day 1	Day 3	Final
Candida oleophila-10 <sup>6</sup>	$5^{\circ}$	$3.67 imes10^4$	$1.03  imes 10^6$ a	$5.67 imes10^{6}~{ m b}$	$1.00 imes 10^4~{ m b}$
Candida oleophila-10 <sup>7</sup>	$6^{\circ}$	$7.67 imes10^4$	$8.67 imes10^5$ a	$1.80 imes10^7$ a	$3.33 \times 10^2 \mathrm{d}$
Candida boidinii-10 <sup>6</sup>	$3^{\circ}$	$2.67 imes10^4$	$6.67 imes10^4~{ m c}$	$1.17 imes 10^6~{ m c}$	$1.33  imes 10^3  ext{ c}$
Candida boidinii-10 <sup>7</sup>	1°	$2.67 imes10^4$	$5.67 imes10^4~{ m c}$	$6.00 imes 10^4~{ m e}$	$3.33 \times 10^2 \mathrm{d}$
SO <sub>2</sub>	$3^{\circ}$	$7.67 imes10^4$	$2.90 imes10^5~{ m b}$	$1.37  imes 10^6  ext{ c}$	$2.00 \times 10^2 \mathrm{d}$
Antimicrobial-free	$4^{\circ}$	$3.67 imes10^4$	$1.07  imes 10^6$ a	$1.57  imes 10^6  ext{ c}$	$9.67 imes10^5$ a
Mixed inoculum	2°	$2.33  imes 10^5$	$1.20  imes 10^5  ext{ c}$	$3.00 \times 10^5 \mathrm{d}$	$3.33 \times 10^1 \mathrm{e}$

#### 3.3. Chemical Compound Analysis via Biosystem Y15 and HPLC

A chemical composition analysis was performed (Table 4) to estimate the concentration of some compounds of interest in order to verify that the final wine quality was not negatively affected using *Candida* spp. bio-protectors to replace sulfites. The analyses were only performed for fermentations with an initial inoculum of  $1 \times 10^7$  cells/mL since in all fermentations, the spoilage microorganisms were controlled as well as or better than fermentations with the inoculum of  $1 \times 10^6$  cells/mL.

The strategy with *Candida oleophila* was characterized by a greater concentration of acetic acid ( $0.27 \pm 0.03 \text{ g/L}$ ), significantly different from the other protected strategies, and close to the antimicrobial-free fermentation. *Candida Boidinii* was the only strategy that did not present significant differences from the fermentation with sulfites in acetic acid production. However, it was characterized by a greater ethanol concentration ( $12.78 \pm 0.15 \text{ g/L}$ ), significantly different from the other strategies. In turn, the mixed CO/CB strategy presented the lowest ethanol levels ( $11.70 \pm 0.15 \text{ g/L}$ ), unlike the sulfite control and the other fermentations. With regard to the production of the metabolite tartaric acid, no bio-protected strategy presented significant differences with the control except for the antimicrobial-free strategy, which was characterized by low concentrations

of this compound (1.33  $\pm$  0.01 g/L); however, it presented ethanol concentrations like the sulfite strategy.

No significant differences were obtained between the bio-protected strategies and sulfites in the production of L-malic acid, glycerol, L-lactic acid, and residual sugar.

**Table 4.** Chemical analysis of the must for each modality under study with their respective standard deviations and ANOVA–Tukey tests (significance level 95%,  $p \le 0.05$ ), where different letters indicate significant differences between various strategies and p value  $\le 0.05$  indicates significant differences in at least one of the strategies.

Metabolite/Strategy	SO <sub>2</sub>	CO/CB	CO	СВ	Antimicrobial-Free	p Value
L-malic acid g/L	$2.75\pm0.02~\mathrm{a}$	$2.72\pm0.03~\mathrm{a}$	$2.63\pm0.20~\mathrm{a}$	$2.59\pm0.21~\mathrm{a}$	$2.56\pm0.17~\mathrm{a}$	0.654
Ethanol % $v/v$	$11.98\pm0.11~\mathrm{b}$	$11.37\pm0.07~\mathrm{c}$	$11.70\pm0.15\mathrm{bc}$	$12.78\pm0.15~\mathrm{a}$	$11.97\pm0.14~\mathrm{b}$	0.000
Acetic acid g/L	$0\pm 0~{ m c}$	$0.06\pm0.01~\text{b}$	$0.27\pm0.03~\mathrm{a}$	$0.04\pm0.01~{ m bc}$	$0.23\pm0.01~\mathrm{a}$	0.000
Glycerol g/L	$8.64\pm0.47~\mathrm{a}$	$7.46\pm0.29~\mathrm{a}$	$8.16\pm1.07~\mathrm{a}$	$8.46\pm1.33$ a	$7.56\pm0.47~\mathrm{a}$	0.551
L-lactic acid g/L	$0.02\pm0.01~\mathrm{a}$	$0.02\pm0.01~\mathrm{a}$	$0.01\pm0.01~\mathrm{a}$	$0\pm 0$ a	$0.01\pm0.01~\mathrm{a}$	0.231
Tartaric acid g/L	$1.74\pm0.03~\mathrm{ab}$	$1.83\pm0.10~\mathrm{a}$	$1.67\pm0.02~\mathrm{ab}$	$1.61\pm0.04\mathrm{b}$	$1.33\pm0.01~{ m c}$	0.000
Residual sugar g/L	$0.03\pm0.02~\mathrm{a}$	$0.02\pm0.01~\mathrm{a}$	$0.02\pm0.01~\mathrm{a}$	$0.03\pm0.004~\mathrm{a}$	$0.02\pm0.03~\mathrm{a}$	0.972

#### 3.4. Volatile Compound Analysis via GC-MS-SPME

At the end of alcoholic fermentation, volatile compounds were analyzed (Table 5) using GC-MS-SPME for each implemented strategy. In total, we obtained 27 volatile compounds and only 7 volatile compounds of greater abundance: Phenylethyl Alcohol; Hexanoic acid, ethyl ester; Octanoic acid, ethyl ester; Decanoic acid, ethyl ester; Ethyl 9-decenoate; Dodecanoic acid, ethyl ester; and Acetic acid, hexyl ester. These compounds exceeded 3% abundance in at least one of the strategies.

**Table 5.** The concentration of volatile compounds (% of abundance) in bio-protection strategies with *C. oleophila* (CO), *C. boidinii* (CB), mixed inoculum *C. oleophila*/*C. boidinii* (CO/CB), antimicrobial-free, and SO<sub>2</sub>. Data are average values of two biological replicates  $\pm$  standard deviation, while the letters a, b, c, d, and e represent significantly different statistical groups (post hoc Tukey, *p* < 0.05).

Volatile Compounds	Aroma	CO (%)	CB (%)	CO/CB (%)	Antimicrobial- Free (%)	SO <sub>2</sub> (%)
Acids						
Hexanoic acid	Sour/greasy/sweet	$0.00\pm0.00~\mathrm{a}$	$0.45\pm0.09~\mathrm{a}$	$0.51\pm0.16$ a	$0.00\pm0.00~\mathrm{a}$	$0.37\pm0.43$ a
Octanoic acid	Fat/wax/rancid/cheese	$0.00\pm0.00b$	$0.90\pm0.78\mathrm{b}$	$2.80\pm0.16~\mathrm{a}$	$0.26\pm0.04~b$	$0.86\pm0.08b$
Alcohols						
1-Heptanol	Greasy/pungent/woody/ oily	$0.00\pm0.00~\text{a}$	$0.06\pm0.10~\text{a}$	$0.22\pm0.19~\text{a}$	$0.00\pm0.00~\text{a}$	$0.00\pm0.00~\mathrm{a}$
1-Octanol	Fatty/fungus/pink/green	$0.00\pm0.00~\mathrm{a}$	$0.00\pm0.00~\mathrm{a}$	$0.03\pm0.03~\mathrm{a}$	$0.03\pm0.05~\mathrm{a}$	$0.02\pm0.03~\mathrm{a}$
2,4-Di-tert-butylphenol	Herbs/green	$0.11\pm0.03~\mathrm{a}$	$0.08\pm0.07~\mathrm{a}$	$0.04\pm0.01~\mathrm{a}$	$0.06\pm0.01~\mathrm{a}$	$0.05\pm0.02~\mathrm{a}$
Phenylethyl Alcohol	Floral/pink/honey	$21.20\pm2.33~\text{a}$	$2.50\pm0.22~\mathrm{c}$	$3.18\pm0.18\mathrm{bc}$	$6.00\pm0.47b$	$5.95\pm1.39~\mathrm{b}$
Aldehyde						
Decanal	Sweet/citrus/waxy	$0.00\pm0.00\mathrm{b}$	$0.00\pm0.00~\mathrm{b}$	$0.09\pm0.01$ a	$0.00\pm0.00~\mathrm{b}$	$0.03\pm0.02~\mathrm{b}$
Esters						
2-Hexenoic acid, ethyl ester	Rum/green/sweet	$0.03\pm0.05~\text{a}$	$0.06\pm0.00~\text{a}$	$0.10\pm0.00~\text{a}$	$0.09\pm0.08~\text{a}$	$0.08\pm0.07~\mathrm{a}$
6-Octen-1-ol,	Floral/green/pink/citrus	$0.00\pm0.00b$	$0.01\pm0.01~\text{b}$	$0.00\pm0.00~b$	$0.00\pm0.00~\text{b}$	$0.06\pm0.02~\mathrm{a}$
7-Octopoic acid othyl						
ester	Fruity	$0.00\pm0.00~b$	$0.34\pm0.07~\mathrm{a}$	$0.30\pm0.01~\mathrm{a}$	$0.00\pm0.00~\mathrm{b}$	$0.03\pm0.03~\mathrm{b}$
Acetic acid, 2-phenylethyl ester	Sweet/honey/pink	$1.21\pm0.20$ a	$0.73\pm0.16\mathrm{b}$	$0.62\pm0.02\mathrm{b}$	$1.26\pm0.13~\mathrm{a}$	$1.55\pm0.19~\text{a}$
Acetic acid, hexyl ester	Green apple/pear/ banana/sweet	$1.08\pm0.33b$	$3.18\pm0.16~\text{a}$	$4.43\pm0.08~\text{a}$	$4.56\pm1.06~\text{a}$	$3.88\pm1.17~\text{a}$
Acetic acid, octyl ester	Fruity/waxy/mushroom	$0.00\pm0.00b$	$0.05\pm0.02~\mathrm{a}$	$0.07\pm0.00~\mathrm{a}$	$0.00\pm0.00~b$	$0.00\pm0.00~b$
Decanoic acid, ethyl ester	Sweet/waxy/creamy/floral	$2.43\pm0.26~c$	$12.49\pm4.32~\text{ab}$	$12.97\pm0.79~\mathrm{ab}$	$8.06\pm0.51bc$	$16.86\pm2.41~\text{a}$
Dodecanoic acid, ethyl ester	Sweet/waxy/creamy	$0.25\pm0.06~c$	$3.90\pm0.46~\text{a}$	$4.71\pm0.42~\mathrm{a}$	$0.80\pm0.05~\mathrm{c}$	$2.43\pm0.38b$

Volatile Compounds	Aroma	Aroma         CO (%)         CB (%)         CO/CB (%)		CO/CB (%)	Antimicrobial- Free (%)	SO <sub>2</sub> (%)
Esters						
Ethyl 9-decenoate	Fruity/fatty	$0.35\pm0.07~e$	$13.58\pm0.75$ a	$6.14\pm0.19~b$	$1.57\pm0.27~\mathrm{d}$	$2.72\pm0.44~\mathrm{c}$
Heptanoic acid, ethyl ester	Fruity/pineapple/banana	$0.00\pm0.00~\text{b}$	$0.01\pm0.21~b$	$0.07\pm0.00~\mathrm{a}$	$0.02\pm0.03~ab$	$0.05\pm0.02~ab$
Hexanoic acid, ethyl ester	Sweet/fruity/pineapple/ waxy/banana	$23.60\pm4.59~\text{a}$	$14.96\pm1.52~\mathrm{a}$	$21.95\pm0.47~\mathrm{a}$	$16.90\pm3.88~\mathrm{a}$	$16.73\pm5.12~\text{a}$
n-Capric acid isobutyl ester	Oily/sweet/fermented/ cognac	$0.00\pm0.00~\mathrm{c}$	$0.01\pm0.01~\text{bc}$	$0.04\pm0.01~ab$	$0.00\pm0.00~\mathrm{c}$	$0.05\pm0.02~\text{a}$
n-Caprylic acid isobutyl ester	Green fruity/oily/floral	$0.00\pm0.00b$	$0.04\pm0.03~ab$	$0.05\pm0.00~\text{a}$	$0.00\pm0.00~\text{b}$	$0.05\pm0.00~\text{a}$
n-Decanoic acid	Waxy/fruity/rancid	$0.00\pm0.00b$	$0.03\pm0.01~\text{b}$	$0.13\pm0.02~\mathrm{a}$	$0.00\pm0.00~b$	$0.06\pm0.05~b$
Nonanoic acid, ethyl ester	Waxy/fruity/rose/wine	$0.05\pm0.05~\text{a}$	$0.06\pm0.02~\text{a}$	$0.10\pm0.02~\text{a}$	$0.22\pm0.19~\mathrm{a}$	$0.10\pm0.03~\text{a}$
Octanoic acid, 3-methylbutyl ester	Fruity green/ pineapple/coconut/ sweet	$0.05\pm0.05~\mathrm{c}$	$0.21\pm0.02~\mathrm{a}$	$0.26\pm0.03$ a	$0.08\pm0.01~\text{b}$	$0.13\pm0.03\text{b}$
Octanoic acid, ethyl ester	Pineapple, floral, strawberry	$12.96\pm5.28\mathrm{b}$	$30.76\pm4.91~\mathrm{a}$	$33.06\pm1.28~\text{a}$	$33.67\pm4.43~\mathrm{a}$	$37.20\pm6.26a$
Pentadecanoic acid, 3-methylbutyl ester	Waxy/banana/cognac	$0.00\pm0.00~\mathrm{c}$	$0.08\pm0.03~\text{b}$	$0.16\pm0.02~\mathrm{a}$	$0.00\pm0.00~\mathrm{c}$	$0.12\pm0.02~ab$
Propyl octanoate	Sweet/violet/waxy	$0.00\pm0.00b$	$0.02\pm0.02~\mathrm{ab}$	$0.04\pm0.00~\mathrm{ab}$	$0.03\pm0.03~\mathrm{ab}$	$0.05\pm0.01~\mathrm{a}$
Tetradecanoic acid, ethyl ester	Waxy/floral/violet/sweet	$0.00\pm0.00b$	$0.04\pm0.03~\text{ab}$	$0.03\pm0.01~ab$	$0.00\pm0.00~\mathrm{c}$	$0.01\pm0.01~\text{a}$

Table 5. Cont.

The bio-protection strategy with *C. oleophila* led to high concentrations of phenylethyl alcohol (21.20  $\pm$  2.33%) and the lowest concentrations of esters, except for the hexanoic acid– ethyl ester compound, whose concentration presented no significant differences between modalities, and where the C. *oleophila* strategy presented an abundance of  $23.60 \pm 4.59\%$ . In turn, the strategies with *Candida Boidinii* and the mixed inoculum *C. boidinii/C. oleophila* were characterized by a high production of the compound ethyl-9-decenoate ( $13.61 \pm 0.62\%$ and 6.14  $\pm$  0.15%, respectively), by contrast with the sulfites control (2.72  $\pm$  0.36%) and the strategy antimicrobial-free (1.57  $\pm$  0.22%), characterized by low concentrations of this compound. We also observed higher concentrations of dodecanoic acid-ethyl ester for the C. boidinii application (3.90  $\pm$  0.38%) and mixed strategy (4.71  $\pm$  0.34%), compared to the control with sulfites (2.42  $\pm$  0.31%). Another notable aspect is the high production of the octanoic acid–ethyl ester compound. All strategies apart from *C. oleophila* present values above 30% abundance for this compound, which is highly relevant for the volatile composition of the final wine product obtained. On the other hand, the wines with C. boidinii in simple or mixed inoculum contained higher concentrations of acids (hexanoic acid and octanoic acid). Although significant, these differences were not relevant in terms of enology or contribution to organoleptic components (<5% of the total amount).

A principal component analysis (PCA) was generated in the form of biplots (Figure 5), where the first principal component represents 43.6% of the variance and separates the bio-protected strategy with *C. oleophila* and antimicrobial-free strategy (left) from the other strategies (right), while the second principal component represents 19.2% of the variance and separates the control strategies (SO<sub>2</sub> and antimicrobial-free) from the bio-protectives strategies. The *C. oleophila* strategy was correlated to phenylethyl alcohol and 2,4-di-tert-buthylphenol content, the sulfite strategy with acetic acid 2-phenylethyl ester, and the *C. boidinii* and mixed strategies with acids content, like hexanoic acid and octanoic acid; in addition, it correlated positively with most of the esters, the majority group within the analysis.



**Figure 5.** Double projection graph for different bio-protection strategies in monoculture fermentation using different native yeasts compared to the control with SO<sub>2</sub> and fermentation without antimicrobials. CO (*Candida oleophila*), CB (*Candida boidinii*), CO/CB (*Candida oleophila* and *Candida boidinii* 50/50), Antimicrobial-Free, and sulfites. The PCA analysis was conducted with Minitab Statistical software 2021.

# 4. Discussion

*Non-Saccharomyces* yeasts, particularly *Candida oleophila* and *Candida boidinii*, have gained little attention in enological research, unlike other commercial strains including *Torulaspora delbrueckii*, *Metschnikowia pulcherrima*, and *Lachancea Thermotolerans* [16–24]. Actually, only one study reported on the fermentative potential of *C. oleophila* and *C. boidinii* and their capacity to reduce ethanol during Sauvignon Blanc wine production [33]. However, its antimicrobial qualities have not yet been studied in wine fermentation, despite the potential demonstrated in other food production areas. *C. oleophila* has strong antifungal action, particularly for *Penicillium* spp. in post-harvest studies [28–31], while *C. boidinii* has been studied for olive production processes, with proven effects against the spoilage microorganisms *Enterobacteriácea*, *Coliform*, and *Shigella* [32].

In this context, we chose to select the *non-saccharomyces* yeasts *Candida oleophila* and *Candida boidinii* to carry out this study, focusing on the microbiological protection of the must compared with the traditional antimicrobial additive SO<sub>2</sub>. The final goal is to provide results showing that the *C. oleophila* and *C. boidinii* yeasts present bio-controlling potential

against spoilage microorganisms which can help totally or partially replace sulfites, without negatively affecting wine quality.

It is important to mention that despite sharing the same genus name, the yeasts *C*. *oleophila* and *C*. *boidinii* do not constitute what would be considered a closely related species pair because they do not share the same taxonomic classification. It is likely that *C*. *oleophila* will be transferred to the genus *Kurtzmaniella*, while *C*. *boidinii* is currently classified as a member of the *Ogataea/Candida* clade.

## 4.1. Candida spp. Yeasts Produce Antimicrobial Effects in Grape Must

The results indicated that the bio-protective capacity of a yeast against a spoilage microorganism depends on the yeast species used, the inoculum concentration, and the spoilage microorganism under study.

In the case of lactic acid bacteria, *C. oleophila* yeast (Table 2) showed bio-protective behavior greater than that generated by *C. boidinii* and by CO/CB across fermentation, and a better antimicrobial capacity than sulfites during pre-fermentative stages (<72 h), followed by protection comparable with the control until the end of fermentation. These results align with Escribano-Viana [16], where a mixed inoculation of *T. delbrueckii/L. thermotolerans* on LAB production in red wine must had a slightly better controlling effect than sulfites, followed by equaling the effect of SO<sub>2</sub> at the end of fermentation. In turn, bio-protection rose after increasing the initial inoculum concentration from 10<sup>6</sup> cells/mL to 10<sup>7</sup> cells/mL, showing that lactic acid bacteria were negatively affected by greater initial concentrations of bio-protective *Candida oleophila*.

Currently, no studies indicate a reduction of lactic acid bacteria when using *Candida* spp. strains, although *Candida oleophila* has been associated with controlling post-harvest rot diseases in fruits, mainly related to fungal control [28–31]. In fact, yeasts including *M. Pulcherrima* and *L. thermotolerans;* two strains that are highly studied and proven biocontrollers against LAB [16,18–20], are also used as antimicrobial agents for post-harvest diseases [38], meaning that there could be a relation between both potentials. However, further study is needed to support this.

For acetic acid bacteria, Candida boidinii yeast (Table 1) presented greater antimicrobial behavior than that of *Candida oleophila* across fermentation, as well as being better than the strategy with sulfites and CO/CB in pre-fermentative stages (<72 h). At the end of fermentation, AAB concentrations were similar and without significant differences from sulfites and CO/CB strategies, probably due to the anaerobic conditions arising after inoculation with S. cerevisiae on the third day [16], since AAB only developed in the presence of oxygen [21]. In turn, both Candida boidinii  $1 \times 10^6$  and Candida boidinii  $1 \times 10^7$  strategies presented concentrations without significant differences, meaning that no direct relation was observed between the concentration of the initial inoculum and the bio-protective effect against AAB with Candida boidinii. However, when increasing C. *oleophila* concentrations from  $1 \times 10^6$  to  $1 \times 10^7$  cells/mL, there was a strong reduction in AAB concentration, from  $6.33 \times 10^4$  to  $3.33 \times 10^4$  CFU/mL in the sample at 72 h, with an observable dependence on the initial inoculum concentration. It would be interesting to use larger C. oleophila concentrations in future studies, since although there was a strong drop in AAB concentration at the end of the fermentation, the results did not exceed the protective effect generated by either C. boidinii or sulfites.

In turn, *Brettanomyces bruxellensis* could be effectively controlled with the *Candida boidinii*  $1 \times 10^7$  and mixed inoculum strategies (Table 3 and Figure 4), showing greater efficacy than *Candida oleophila* until the end of fermentation. When compared with the sulfites control, the *Candida boidinii*  $1 \times 10^7$  strategy showed better antimicrobial behavior than sulfites in pre-fermentative stages, while the mixed CO/CB strategy showed such behavior until the end of fermentation, despite initially presenting higher *Brettanomyces bruxellensis* concentrations. In this case, *C. boidinii* presented a bio-protective behavior dependent on the initial inoculum concentration, where higher concentrations correlated with greater antimicrobial effects against *B. bruxellensis*.

The cause of the controlling effect presented by C. boidinii may be the rapid fermentative power of this yeast, which can finish fermentation more quickly than the other modalities whether with simple inoculation or in mixed inoculation CO/CB (Figure 1b,c), leading to swiftly exhausting nutrients in the medium and producing ethanol. In fact, the *Candida boidinii*  $1 \times 10^7$  strategy presented an ethanol production of  $12.78 \pm 0.15 \% v/v$ (Table 4), a significantly higher concentration than that obtained by the sulfites control and the other strategies. This behavior was unexpected since the literature reports that non-saccharomyces yeasts in general, and Candida boidinii in particular, are yeasts that can reduce ethanol levels in wine [33,39]. However, this may be due to the aforementioned lack of control over LAB (Table 2), given that the presence of hetero-fermentative LAB can increase  $CO_2$  and ethanol concentrations in wine [40]. The rapid fermentation caused by *C*. *boidinii* yeast compared with *C. oleophila* had already been reported in the literature [33], where sequential fermentation with the yeasts C. boidinii-S. cerevisiae finished fermentation by day 8, while the *C. oleophila–S. cerevisiae* duo finished by day 15. The importance of this lies in the fact that ethanol is considered an active bio-controlling compound [15] since most microorganisms are inhibited by high concentrations of this compound. Strategies that present a rapid fall in density (C. boidinii  $1 \times 10^6$ , C. boidinii  $1 \times 10^7$ , and mixed inoculum) (Figure 1b,c), produce ethanol earlier, altering microorganisms susceptible to this metabolite. The ones affected in this case are AAB and *B. bruxellensis* yeast.

In summary, the strategies with *Candida oleophila* were more effective at suppressing LAB than *Candida boidinii* strategies, whereas the latter was more effective against AAB and *B. bruxellensis* than *Candida oleophila* strategies.

# 4.2. Final Wine Quality Is Comparable to That Obtained with SO<sub>2</sub>

Quality wines were obtained with the experimental conditions used, without significant differences between the bio-protected strategies and sulfite in producing L-malic acid, L-lactic acid, glycerol, tartaric acid, and residual sugar (Table 4). All strategies were characterized by low L-lactic acid concentrations and the same L-malic acid concentration, despite differences in the final population of lactic acid bacteria (Table 2 and Figure 3). Indeed, the antimicrobial-free strategy was expected to present a higher concentration of lactic acid, given the lack of control obtained over LAB (Table 2). However, the reason for this could be explained by the inhibition of malolactic fermentation (MLF), a process responsible for transforming malic acid into lactic acid due to the presence of certain compounds such as medium-chain fatty acids, organic acids, and peptides [41], which could have been present in the final wines, preventing the production of lactic acid. On the other hand, the desired temperature for MLF to occur should be around 25 °C; in fact, it is known that temperatures between 12 and 20 °C, such as those used in this research, inhibit the metabolic activity of LAB, preventing the production of their metabolites [42]. Additionally, another inhibitory compound is alcohol, where concentrations between 12 and 15% v/valter the bacterial cell membrane, disrupting their metabolism; indeed, the strategies with C. boidinii and antimicrobial-free presented higher alcohol concentrations (Table 4), potentially causing the inactivation of lactic bacteria that prevented differences in the final chemical profile [42]. Lastly, the type of strain must be considered, given that *Oenococcus oeni* is the main bacterial species responsible for carrying out this biochemical stage, due to its ability to tolerate the harsh physicochemical properties of the wine once fermentation is complete [43]; therefore, the presence of other LAB species may have prevented malic acid from transforming into lactic acid. However, to test this hypothesis, metabolomic-level analyses such as quantitative PCR would be required.

All strategies also presented a low final concentration of residual sugars (glucose and fructose), meaning that the final wines were dry and fermentative yeast action was unaffected by bio-protectors. The bio-protection modality with *Candida oleophila* showed significantly high acetic acid concentrations (0.267 g/L) compared with the sulfite strategy. These findings align with the microbiological analysis, where *C. oleophila* did not achieve effective bio-control against AAB (Table 1 and Figure 2), the main producers of this metabo-

lite. However, the maximum allowable level in wines was not exceeded (1.2 g/L) [44], preventing negative quality impacts.

With regard to volatile composition, we obtained wines with desirable organoleptic properties mainly associated with floral and fruity character. *Candida oleophila* presented high concentrations of phenethyl alcohol (2-phenylethanol) associated with rose scents, significantly differing from the other strategies that stood out due to the production of ethyl esters from linear fatty acids (Table 5). This may be due to high concentrations of *Brettanomyces bruxellensis*, a spoilage microorganisms present in musts protected with *C. oleophila* (Figure 4) and which can produce phenylethyl alcohol through the Ehrlich pathway [45]. However, studies have only been conducted on the fermentation of carrot pomace, and not on wine. There is current research about the potential for *Candida albicans* to produce phenylethyl alcohol [46], so *Candida oleophila* may also produce this compound; however, there are no studies in this regard. Another alternative could be related to lipids released by the early cellular death of *Candida oleophila* (Table A1), which repress the acetyl transferase enzymes (ATF), decreasing esters' synthesis [47].

Another relevant aspect is the volatile profile obtained using the *Candida boidinii* strategy (Table 5), which produced high concentrations of ethyl-9-decenoate (13.61% abundance), associated with fruity peach aromas and significantly differing from the other strategies. This may be due to the presence of LAB which are not effectively controlled by the bio-protector *Candida boidinii*. Wang et al. [48], in a study on the effect of initiating cultures on aromatic compounds and wine microbiota, showed that wines with a greater population of *Leuconostoc* and *Lactobacillus* bacteria were positively correlated with ethyl 9-decenoate. However, no direct relation has yet been established between lactic bacteria and the production pathways of this compound. The study was also conducted on Cabernet Sauvignon rather than Sauvignon Blanc, although it could aid future studies.

The initially spontaneous strategies (sulfites and antimicrobial-free) and mixed strategy were characterized by the presence of fatty acid esters, including ethyl hexanoate, ethyl octanoate, and ethyl decanoate. These results align with the literature reports on Sauvignon Blanc wines fermented with *Saccharomyces Cerevisiae* [49]. In fact, a study evaluating the effect of SO<sub>2</sub> on Sauvignon Blanc must showed that the ethyl esters ethyl hexanoate, ethyl octanoate, and ethyl decanoate were produced in greater quantities in wines after adding sulfites compared to those without sulfites [49].

In general, the volatile profile was not negatively affected by bio-protectors. In fact, they added aromatic complexity to the wine, particularly *Candida boidinii* and *Candida oleophila*, which showed positive differences from the control. In future studies, it would be interesting to complement the results with genetic identification techniques, including a quantitative PCR and MALDI-TOF MS, which would help identify microorganism species and verify the proper implantation of the bio-protected strain.

#### 5. Conclusions

This is the first study reporting the use of *non-saccharomyces* yeasts *Candida oleophila* and *Candida boidinii* as bio-protectors to replace sulfites in winemaking at a laboratory scale. The results obtained indicate that the yeasts studied can control microflora that deteriorate Sauvignon Blanc must with effectiveness depending on the initial concentration used and the target spoilage microorganisms. *C. oleophila* had a better antimicrobial effect than SO<sub>2</sub> against LAB in pre-fermentative states, while *C. boidinii* was effective against AAB and *Brettanomyces bruxellensis*. The mixed inoculum of *C. oleophila/C. boidinii* could effectively control *Brettanomyces bruxellensis*. The initial inoculation of  $1 \times 10^7$  cells/mL presented greater antimicrobial protection than those with a concentration of  $1 \times 10^6$  cells/mL against LAB and *B. bruxellensis*. This study showed that these yeasts can exert an antimicrobial activity similar to SO<sub>2</sub>, without negatively altering the organoleptic properties of the wine.

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#### Appendix A

**Table A1.** Percentages of abundance (%) for *non-Saccharomyces* (NS) and *Saccharomyces* (S) yeasts compared with the total of yeasts for all strategies evaluated during experiments and at different times across fermentation (initial must, day 1, day 3, and final day).

Strategy	C. oleop	ohila 10 <sup>6</sup>	C. oleop	ohila 10 <sup>7</sup>	C. boid	<i>inii</i> 10 <sup>6</sup>	C. boid	<i>inii</i> 10 <sup>7</sup>	Mi Inoc	xed ulum	SC	<b>)</b> <sub>2</sub>	Antim Fi	icrobial- ree
Day	NS	S	NS	S	NS	S	NS	S	NS	S	NS	S	NS	S
Must	90.14	9.86	88.00	12.00	78.95	21.05	78.95	21.05	92.31	7.69	88.00	12.00	90.14	9.86
1	94.74	5.26	95.24	4.76	84.21	15.79	89.66	10.34	97.78	2.22	75.86	24.14	95.83	4.17
3	77.14	22.86	78.69	21.31	60.61	39.39	70.00	30.00	87.50	12.50	16.67	83.33	19.23	80.77
Final	6.67	93.33	7.89	92.11	9.40	90.60	4.40	95.60	11.25	88.75	3.00	97.00	12.50	87.50

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