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Nutrition Treatment for CKD (Chronic Kidney Disease) in the Present Day

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Message from the Guest Editors

Dear Colleagues,

CKD affects more than 10% of the general population worldwide. Nutritional status deteriorates as chronic diseases such as CKD progress. Nutritional therapy based on low (LPD) and very low protein diets supplemented with amino acids (VLPD) has been shown in the literature to be useful and safe for patients with CKD, and the benefits arising from the interaction of nutritional therapy and age-related diseases such as hypertension, diabetes, and cancer are now well known.

This special issue welcomes contributions from physicians and nutritionists concerned with nutritional support and dietary adjustment in patients with CKD, with special mention of the use of protein restriction in complex situations, such as tumor conditions or advanced CKD in elderly patients, and the synergies of LPD and VLPD with physical activity to improve nutritional status and clinical outcomes.



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Special Issue



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