



## **Nutrition Treatment for CKD (Chronic Kidney Disease) in the Present Day**

Guest Editors:

**Dr. Arianna Bettiga**

Division of Experimental  
Oncology, Urological Research  
Institute, IRCCS Ospedale San  
Raffaele, 20132 Milano, Italy

**Dr. Domenico Giannese**

Department of Clinical and  
Experimental Medicine,  
University of Pisa, 56121 Pisa,  
Italy

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### **Message from the Guest Editors**

Dear Colleagues,

CKD affects more than 10% of the general population worldwide. Nutritional status deteriorates as chronic diseases such as CKD progress. Nutritional therapy based on low (LPD) and very low protein diets supplemented with amino acids (VLPD) has been shown in the literature to be useful and safe for patients with CKD, and the benefits arising from the interaction of nutritional therapy and age-related diseases such as hypertension, diabetes, and cancer are now well known.

This special issue welcomes contributions from physicians and nutritionists concerned with nutritional support and dietary adjustment in patients with CKD, with special mention of the use of protein restriction in complex situations, such as tumor conditions or advanced CKD in elderly patients, and the synergies of LPD and VLPD with physical activity to improve nutritional status and clinical outcomes.





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## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

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