

## Supplementary material

Table S1 The release model fitting of free  $\beta$ -carotene and in the delivery system

		Equation	R <sup>2</sup>
$\beta$ -carotene	Zero order model	$M_t/M_\infty=4.68 t+0.021$	0.96259
	First order model	$\ln(1-(-2.6\times 10^{-5}) M_t/M_\infty)=9.38\times 10^{-7} t$	0.18659
	Higuchi model	$M_t/M_\infty=0.57 t^{1/2}+1.36$	0.8869
	Korsmeyer-Peppas model	$M_t/M_\infty=0.88 t^{0.44666}$	0.87067
10 min $\beta$ c-DSP	Zero order model	$M_t/M_\infty=2.24 t+0.010$	0.97162
	First order model	$\ln(1-(0.15) M_t/M_\infty)=-0.00631 t$	0.89042
	Higuchi model	$M_t/M_\infty=0.29 t^{1/2}+0.43$	0.98321
	Korsmeyer-Peppas model	$M_t/M_\infty=0.41 t^{0.45486}$	0.97858
30 min $\beta$ c-DSP	Zero order model	$M_t/M_\infty=2.31 t+0.0084$	0.96999
	First order model	$\ln(1-(0.17) M_t/M_\infty)=-0.00782 t$	0.83459
	Higuchi model	$M_t/M_\infty=0.24 t^{1/2}+0.84$	0.98203
	Korsmeyer-Peppas model	$M_t/M_\infty=0.53 t^{0.4941}$	0.97498