

## The Components of Self-Perceived Health in the Kailali District of Nepal: A Cross-Sectional Survey

**Table S1.** Descriptive characteristics of the sample \*.

<b>Characteristics</b>	<b>No. or Range</b>	<b>% or Mean (SD)</b>
<i>Gender (Respondents: 302)</i>		
Male	160	52.98
Female	142	47.02
<i>Age in years (Respondents: 302)</i>		
	12–84	40.32 (14.72)
<i>Marital Status (Respondents: 300)</i>		
Married	274	91.33
Other	26	8.67
<i>Family size (Respondents:304)</i>		
	2–20	6.31 (2.50)
<i>Education level (Respondents: 200)</i>		
Primary	85	42.50
Lower Secondary	40	20.00
Secondary and Upper Secondary	63	31.50
University	12	2.00
<i>Income in Nepalese Rupee (Respondents: 263)</i>		
	2000–1,208,000	106,283.81 (171,248.11)
<i>Self-perceived Health (Respondents: 304)</i>		
Good	244	80.30
Poor	60	19.70
<i>Drinking (Respondents: 289)</i>		
Current	89	30.80
Former	12	4.15
Never	188	65.05
<i>Smoking (Respondents: 300)</i>		
Current	73	24.33
Former	12	4.00
Never	215	71.67
<i>Regular Exercise (Respondents: 299)</i>		
Yes	32	10.70
No	267	89.30
<i>Happiness Level (Respondents: 302)</i>		
Happy	131	43.38
Moderate	154	50.99
Unhappy	17	5.63
<i>Suicide attempt (Respondents: 300)</i>		
Yes	6	2.00
No	294	98.00
<i>Chronic disease (Respondents: 301)</i>		
Yes	24	7.97
No	277	92.03

**Table S1. Cont.**

<b>Characteristics</b>	<b>No. or Range</b>	<b>% or Mean (SD)</b>
Satisfaction with healthcare services ( <i>Respondents: 299</i> )		
Dissatisfied	27	9.03
Fair	183	61.20
Satisfied	79	26.42

\* Prior to imputation of the missing data.

© 2015 by the authors; licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution license (<http://creativecommons.org/licenses/by/4.0/>).