

**Table S1.** Categorization of effect size [58].

Small		Moderate		Large		Very large	
$R^2$	$r$	$R^2$	$r$	$R^2$	$r$	$R^2$	$r$
<	<	0.040	0.200	0.125	0.354	0.265	0.514
0.002	0.050	0.059	0.243	0.168	0.410	0.267	0.545
0.010	0.100	0.083	0.287	0.200	0.447	0.329	0.573
0.022	0.148	0.096	0.309	0.232	0.482	0.360	0.600
0.030	0.172	0.109	0.330	0.250	0.500	>	>

$R^2$  = coefficient of determination R square;  $r$  = correlation coefficient.