

Table S1. Variables Used in the Study with the Question(s), Answer Options and Dicotomization.

Variable	Question(s)	Answer options	Dicotomization
Dental fear	"Do you feel scared about receiving dental care?"	1= "Not at all" 2= "Somewhat" 3= "Very"	0= Not at all or somewhat 1= Very
Clinical Outcomes in Routine Evaluation 10 (CORE-10)	(1) "I have felt tense, anxious or nervous"		
	(2) "I have felt I have someone to turn to for support when needed"		
	(3) "I have felt able to cope when things go wrong"	5-point scale	
	(4) "Talking to people has felt too much for me"	0= "Not at all" 1= "Only occasionally"	0= Scores ≤ 10 representing a lower or negative CORE-10 score and scores
	(5) "I have felt panic or terror"	2= "Sometimes" 3= "Often"	1= Scores ≥ 11 representing higher or positive CORE-10 score
	(6) "I made plans to end my life"	4= "Most or all the time"	
	(7) "I have difficulty getting to sleep or staying asleep"		
	(8) "I have felt despairing or hopeless"		
	(9) "I have felt unhappy"		
	(10) "Unwanted images or memories have been distressing me".		
General Health Questionnaire 12 (GHQ-12)		Four-point scale with bi-modal (0-0-1-1) 0= "Better than usual" 0= "Same as usual" 1= "Less than usual" 1= "Much less than usual"	0= Scores ≤ 3 representing a lower or negative GHQ-12 score 1= Scores ≥ 4 representing a higher or positive GHQ-12 score
	(1) "Have you recently been able to concentrate on your tasks?"	0= "Not at all" 0= "No more than usual" 1= "Rather more than usual" 1= "Much more than usual"	
	(2) "Have you recently lost much sleep because you've been worried?"	0= "More than usual"	
	(3) "Have you recently felt that you are playing a useful part in things?"	0= "Same as usual" 1= "Less useful than usual" 1= "Much less than usual"	
	(4) "Have you recently felt capable of making decisions"	0= "Better than usual" 0= "Same as usual" 1= "Less than usual"	

		1= "Much less than usual")
		0= "Not at all"
		0= "No more than usual"
(5)	"Have you recently felt constantly under strain?"	1= "Rather more than usual"
		1= "Much more than usual"
		0= "Not at all"
		0= "No more than usual"
(6)	"Have you recently felt that you could not overcome your difficulties?"	1= "Rather more than usual"
		1= "Much more than usual"
		0= "More than usual"
		0= "Same as usual"
(7)	"Have you recently been able to enjoy your day-to-day activities?"	1= "Less than usual"
		1= "Much less than usual"
		0= "Better than usual"
(8)	"Have you recently been able to face up to your problems?"	0= "Same as usual"
		1= "Less than usual"
		1= "Much less than usual"
		0= "Not at all"
		0= "No more than usual"
(9)	"Have you recently been feeling unhappy and depressed?"	1= "Rather more than usual"
		1= "Much more than usual"
		0= "Not at all"
		0= "No more than usual"
(10)	"Have you recently been losing confidence in yourself?"	1= "Rather more than usual"
		1= "Much more than usual"
		0= "Not at all"
		0= "No more than usual"
(11)	"Have you recently been thinking of yourself as a worthless person?"	1= "Rather more than usual"
		1= "Much more than usual"
		0= "More so than usual"
(12)	"Have you recently been feeling reasonably happy, all things considered?"	0= "Same as usual"

		1= "Less so than usual"	
		1= "Much less than usual"	
Teeth-related symptoms	"Have you had tooth problems (shooting pain, toothache) over the past month (30 days)?"	1= "Not at all" 2= "Every now and then" 3= "Weekly" 4 = "Daily or almost daily"	0= Not at all 1= Sometimes, weekly or daily
Tobacco use	"Do you smoke?" "Do you use snuff?"	1= "Not at all" 2= "Yes previously but I have quit" 3= "Less than once a week" 4= "Weekly but not daily" 5= "Daily"	0= Not at all or having quit 1= Yes
Educational sectors	In which university do you study? In which university of applied sciences do you study?	1= "Universities" 2= "Universities of applied sciences"	0= Universities 1= Universities of applied sciences
Age	Age in years?	In six groups 1= 19-22 years 2= 23-24 years 3= 25-27 years 4= 28-30 years 5= 31-33 years 6= 34 -35 In three group 1= 19-24 2= 25- 30 3= 31-35	0= 19-21 1= 22 years or older
Gender	Gender 1= Male 2= Female 3= Other	1= Men 2= Women	0= Men 1= Women