

Table S1. Bonferroni post hoc comparison of mental well-being between independent variable groups.

| Characteristics | coefficient | <i>p</i> -value |
|---|-------------|-----------------|
| Age group | | |
| 24 vs 25-34 | -0.502 | 1.000 |
| 24 vs 35-44 | -0.122 | 1.000 |
| 24 vs 45-54 | 0.467 | 1.000 |
| 24 vs 55+ | 2.290 | 0.048 |
| 25-34 vs 35-44 | 0.380 | 1.000 |
| 25-34 vs 45-54 | 0.969 | 0.354 |
| 25-34 vs 55+ | 2.792 | <0.001* |
| 35-44 vs 45-54 | 0.589 | 1.000 |
| 35-44 vs 55+ | 2.412 | <0.001* |
| 45-54 vs 55+ | 1.823 | 0.001* |
| Travel quarantine | | |
| No vs Yes | -1.311 | 0.047* |
| Self-isolation | | |
| No vs Yes | -1.575 | 0.027* |
| Impact by social distance guidelines | | |
| No vs Yes | -1.128 | 0.002* |
| COVID-19 related symptoms | | |
| None vs one symptom | -1.530 | 0.020* |
| None vs 2 or more symptoms | -2.348 | <0.001* |
| One symptom vs 2 or more symptoms | -0.818 | 0.828 |

*significant at $p < 0.05$.