

Table S1. Characteristics of the participants NDSHS (2004–2016).

	2004	2007	2010	2013	2016
<i>N</i>	28,582	22,912	26,157	23,521	23,425
	Weighted % CI *	Weighted % CI *	Weighted % CI *	Weighted % CI *	Weighted %CI *
Sex					
Male	49.2	49.4	49.5	49.5	49.4
Female	50.8	50.7	50.5	50.5	50.6
Age groups (years)					
18–24	12.6	12.6	12.6	12.0	11.8
25–29	7.8	7.6	8.6	9.0	8.7
30–39	18.0	17.4	17.3	16.8	17.1
40–49	18.1	17.6	17.2	16.9	16.3
50–59	15.4	15.5	15.2	15.5	15.2
60–69	11.8	13.0	11.3	12.0	12.6
70+	9.6	9.7	11.3	11.8	12.6
Mental Health Status					
Well	84.9	85.4	85.2	84.9	83.0
Mild	9.0	8.8	8.8	8.3	9.0
Moderate	3.7	3.6	3.5	3.7	4.5
Severe	2.4	2.2	2.6	3.1	3.5
Heavy Episodic Drinking: **					
No	63.6	64.4	65.1	67.1	68.2
Yes	36.4	35.6	34.9	32.9	31.8
Long-term Risky Drinking: ***					
No	80.2	80.5	80.1	82.0	83.1
Yes	19.8	19.5	20.0	18.0	17.0
Location					
Urban	67.6	67.7	68.4	71.2	70.0
Semi-urban	21.0	20.4	20.5	17.0	18.9
Rural	11.5	11.9	11.1	11.8	11.0

Notes: * Sample counts are unweighted and all proportions are based on weighted data. ** Heavy episodic drinking is characterised as having 5+ standard drinks on an occasion in the last 12 months. *** Long-term risky drinking is characterised as having 2+ standard drinks per day in the last 12 months