

Supplementary Table S1. Pairwise Spearman correlation coefficients between age, sex, low physical activity, smoking, alcohol use and hypertension.

Variables	R _{Sp} (95% CI)	*Pvalue
AGE vs. SEX	-0.033 (-0.078, 0.011)	0.1425
AGE vs. LPA	0.217 (0.174, 0.259)	<.0001
AGE vs. SMK	0.012 (-0.033, 0.056)	0.6116
AGE vs. ALC	0.008 (-0.037, 0.052)	0.742
AGE vs. HYT	0.251 (0.209, 0.292)	<.0001
SEX vs. LPA	-0.067 (-0.111, -0.022)	0.0033
SEX vs. SMK	-0.164 (-0.207, -0.120)	<.0001
SEX vs. ALC	-0.337 (-0.376, -0.296)	<.0001
SEX vs. HYT	0.010 (-0.035, 0.054)	0.6728
LPA vs. SMK	0.027 (-0.018, 0.072)	0.2395
LPA vs. ALC	0.136 (0.091, 0.179)	<.0001
LPA vs. HYT	0.110 (0.066, 0.154)	<.0001
SMK vs. ALC	0.439 (0.402, 0.474)	<.0001
SMK vs. HYT	0.017 (-0.028, 0.062)	0.4585
ALC vs. HYT	0.129 (0.085, 0.173)	<.0001

*Pvalue for H0: R_{Sp} = 0, **AGE**: Baseline age coded as continuous, **SEX**: Women coded as 1, **LPA**: Low physical activity Index, **SMK**: ever smoking, **ALC**: ever use of alcohol, **HYT**: hypertension