

Supplementary Table S1. Presence of BPSD (in percentage) in patients with AD according to NPI and PHQ-9 scales.

Scale	Patients (n=31)	Frequency (%)
PHQ-9	Affective	91
	Somatic	84
NPI	Apathy	84
	Anxiety	81
	Irritability	75
	Depression	72
	Appetite	72
	Agitation	69
	Sleep	69
	Disinhibition	66
	Aberrant motor behavior	59
	Delusions	56
	Hallucinations	38
	Euphoria	31

Supplementary Table S2. Presence of sleep disorders (in percentage) in AD patients and controls according to the Sleeping Disorders Questionnaire.

Sleep disorder	Patients (n=31)	Controls (n=31)
	%	%
OSA [‡]	100.00	100.00
RLS [‡]	56.30	67.70
Hipersomnia	81.30	87.10
RBD [‡]	75.00	67.70

Parasomnia	84.40	67.70
CRSWD [‡]	87.50	77.40
PLMD [‡]	56.30	58.10
Insomnia	100.00	100.00

[‡]OSA: Obstructive sleep apnea; RSL: restless legs syndrome; RBD: Rapid Eye Movement (REM) sleep behavior disorder; CRSWD: Circadian rhythm sleep-wake disorders; PLMD: periodic limb movement disorder.

Supplementary Table S3. Allelic and genotypic variant of patients and controls

Controls/Patients				
Genetic variant	Allelic frequencies		Genotypic frequencies	
PER3				
		p		p
rs228697_C>G	C= 0.95/0.88	0.30	CC= 0.95/0.77	0.30
	G= 0.05/0.11		CG= 0.04/0.22	
			GG= 0.00/0.00	
rs57875989_4 or 5 repeats	4= 0.82/0.80	0.82	4/4= 0.64/0.65	1.00
	5= 0.18/0.19		4/5= 0.36/0.32	
			5/5= 0.00/0.03	
PER2				
rs2304672_G>C	G= 0.97/0.03	0.65	GG= 0.93/0.90	1.00
	C= 0.03/0.05		GC= 0.06/0.09	
			CC= 0.00/0.00	
OX2R				
rs9370399_A>C	A= 0.73/0.63	0.08	AA= 0.45/0.35	0.11
	C= 0.27/0.37		AC= 0.54/0.54	
			CC= 0.00/0.10	
rs2653349_A>G	A= 0.03/0.06	0.17	AA= 0.00/0.03	1.00
	G= 0.97/0.94		AG= 0.06/0.06	
			GG= 0.94/0.90	
APOE				
rs7412_C>T and rs429358_T>C	ε3= 0.92/0.84	0.03*	ε3/ε3= 0.84/0.72	0.25
	ε4= 0.08/0.16		ε4/ε4= 0.16/0.28	
			ε3/ε4= 0.00/0.00	

*p-value <0.05

Supplementary Table S4. Characteristics of genetic variants included in the study.

Variant [‡]	Location & nucleotide change	Amino acid change	Previous relevant associations
<i>APOE gene</i>			
rs429358	Chr19-44908684 NM_000041.4 Exon4 c.388T>C	p.Cys130Arg	Three haplotypes (ϵ 2(388 T–526 T), ϵ 3(388 T-526C), ϵ 4(388C-526C)) and six genotypes (ϵ 2/ ϵ 2, ϵ 2/ ϵ 3, ϵ 2/ ϵ 4, ϵ 3/ ϵ 3, ϵ 3/ ϵ 4, ϵ 4/ ϵ 4) can be formed by these SNPs [68]. <i>APOE</i> gene has three main alleles, ϵ 2, ϵ 3 and ϵ 4, coding for three corresponding isoforms of apolipoprotein E: E2, E3 and E4, respectively. The main isoform E3 and the minor isoform E4 of APOE protein have strong affinity to Low Density Lipoprotein Receptor (LDLR) and have been associated with a higher risk of Alzheimer’s disease (AD) [22]. On the contrary, E2 isoform has been described as neuroprotective, and presents low affinity for the LDL receptor [69].
rs7412	Chr19-44908810 NM_000041.4 Exon4 c.526C>T	p.Arg176Cys	
<i>PER2 gene</i>			
rs2304672	Chr2-239186577-239186601 NM_022817.3 ENST00000254657 5’UTR c.-12C>G	NA	<i>PER2</i> gene is a member of the Period family of genes and is expressed in a circadian pattern in the suprachiasmatic nucleus, the primary circadian pacemaker in the mammalian brain. This variant is associated with diurnal preference in a young Korean population [70]. It has also been associated with psychiatric illnesses involving reward dysfunction [71] and sleep disturbances [72].

<i>PER3 gene</i>			
rs228697	chr1-7887579 NM_001377275.1 Exon17 c.2590C>G	p.Pro864Ala	Individuals homozygous for the <i>PER3</i> SNP rs228697 have been described with a significantly higher anxiety [27].
rs57875989	Chr1-7829993 inframe deletion. (- ;GCTCTGTCCACAGGATC GCCTCCCATGAAGAATC CATCCCATCCTACTGCC AGC) Exon 18. NM_001289861.1:c.3002-13. ENST00000377532.3	p.Ala1016_S er1033del	The number of repeats of 18 amino acids in positions 966 to 1055 is polymorphic and varies among at least two different alleles. Alleles corresponding in size to a <i>PER3_4</i> and 5 repeats have been described. Homozygosity for <i>PER3_5/5</i> is more likely to show morning preference, whereas homozygosity for the <i>PER3_4/4</i> associates with evening preferences. <i>PER3_5/5</i> homozygous show vulnerability to sleep loss with a greater cognitive decline in response to total sleep deprivation [73–78]. The <i>PER3</i> VNTR (rs57875989) has been significantly associated with depression in patients with mood disorders [22].
<i>OX2R/HCRT2 gene</i>			
rs9370399	chr6-55180227 NM_001384272.1 intron variant c.223+5417A>G	NA	The <i>OX2R</i> gene has been considered a genetic risk factor for AD [67]. It is a candidate gene in sertraline-associated insomnia in depressed patients [79], and its genetic variants have also been associated with self-reporting of being a morning person [80].
rs2653349	chr6-55277539 NM_001384272.1 Exon 5 c.922A>G	p.Ile308Val	The <i>OX2R</i> gene has been considered a genetic risk factor for AD. Thus, the carriage of the G allele was associated with an increased AD risk (OR=2.53; CI95%=1.10-5.80) [56]. A genome-wide functional enrichment pathway analysis has revealed that this gene may be associated with hypersomnia symptoms of bipolar depression [56].

[‡]NCBI database of genetic variation, dbSNP. SNP, single nucleotide polymorphism. NA, not applicable. Additional information was obtained at Varsome and Franklin databases.

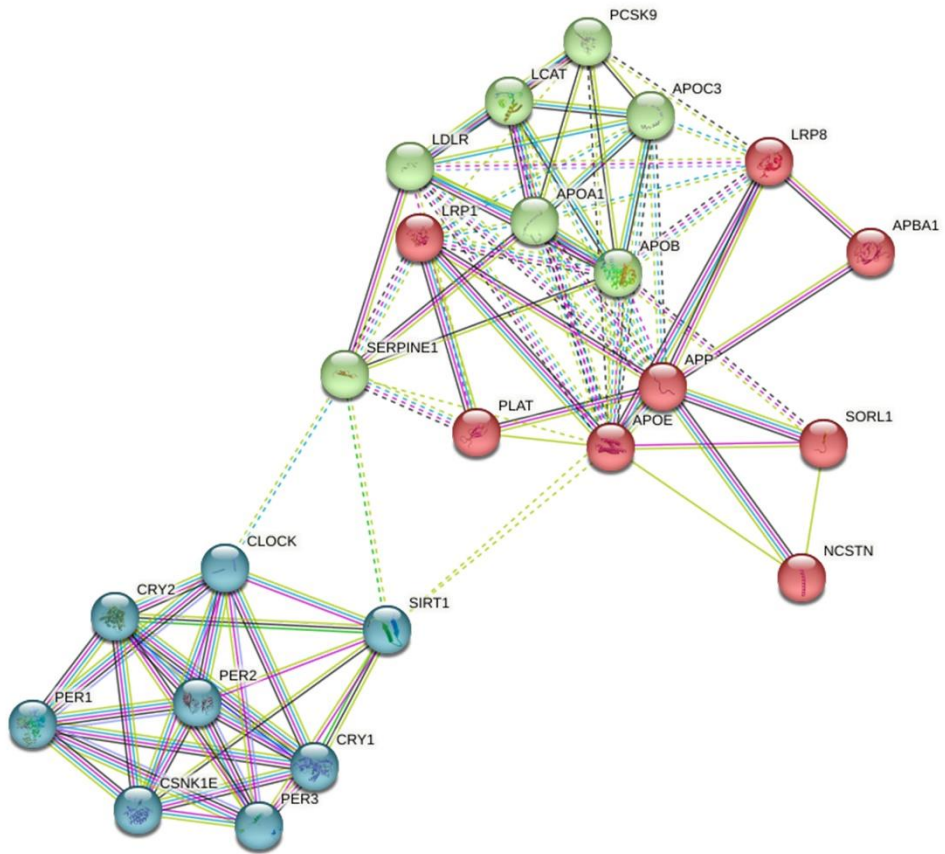


Figure S1. Protein-protein interaction of PERIOD2 and PERIOD3 with APOE. This indirect interaction is mediated by SIRTUIN1.