## Supplementary Materials

Table S1. Search strategies used to identify technology-based tools for dietary intake assessment

Search 1 <sup>1,2</sup>	Search Terms (number of results) <sup>1</sup>
PubMed	Application + dietary assessment + electronic (26)
	Application + dietary assessment + software (18)
	Personal digital assistant + food record (19)
	Dietary assessment + software + tools (148) current search
	Application + dietary assessment + dietary intake (83)
	Application + nutrition + technology (141)
	Application + dietary intake (290)
	Application + nutrition assessment + software (19)
	Mobile application + dietary assessment (20)
	Application + personal digital assistant + nutrition (8)
	Application + dietary intake + web (13)
PLOS	Application + dietary assessment + electronic + software + mobile
	(470)
	Application + nutrition assessment tool + software + food record +
	health + technology + management + mobile (140)
	Application + nutritional assessment + dietary assessment +
	software + mobile + personal (339)
	Application + dietary assessment + management + chronic disease
	+ software + mobile (512)
BioMED	'Application + nutritional assessment + electronic + software +
	mobile' (103)
	'Application + dietary assessment + dietary intake + software +
	mobile' (88)
Science Direct	nutritional assessment + software + apps (208)
	Application + dietary assessment + dietary intake + software +
	mobile (501)
Search 2 <sup>1,3</sup>	
OVID	1. exp nutrition assessment/ (8916)
	2. Nutrition surveys/ or diet surveys (11488)
	3. Diet records/ (4291)
	4. (diet* adj2 (recall* or questionnaire* or history* or
	instrument*)).tw. (5582)
	5. (nutrition* adj2 (survey* or assess* or instrument*)).tw. (14782)
	6. (food adj2 (questionnaire* or record* or recall* or diar* or
	checklist* or screener*)).tw. (11389)
	7. 1 or 2 or 3 or 4 or 5 or 6 (40952)
	8. exp internet/ (64354)
	9. technolog*.tw. (251969)
	10. web.tw. (59263)
	11. online.tw. (51470)
	12. (mobile adj2 app*).tw. (1540)
	13. tool*.tw. (411302)
	14. 8 or 9 or 10 or 11 or 12 or 13 (743498)
	15. 7 and 14 (2938)
	15. 7 and 14 (2938) 16. limit 15 to (english language and vr="2011 –Current") (1615)
Search 3 <sup>1,3</sup>	15. 7 and 14 (2938) 16. limit 15 to (english language and yr="2011 –Current") (1615)
Search 3 <sup>1,3</sup> OVID	

 Excluding references included in previous OVID search (134)

 <sup>1</sup> Inclusion criteria: English language publications

<sup>2</sup> Search conducted 1 August 2016 and included articles from 16 September 2011 to 31 July 2016.

<sup>3</sup> Search conducted 12 September 2017 and included articles from 1 January 2011 to 12 September 2017.

**Table S2.** Details of data extraction and evaluation criteria used to evaluate new technology tools for dietary intake assessment <sup>1</sup>

Category	Attribute	Data capture
GENERAL ATTRIBUTES	Device name	Tool name
	Location	Tool designed for use in which
		country or countries
	Main purpose of the tool	Dietary intake; Dietary intake
	1 1	and physical activity; Medical
		management
	Target audience	Ages and attributes
	Context	Research/surveillance;
		consumer
	Main platform of the tool	Web-based; Smartphone;
		wearable; Stand-alone personal
		computer (PC); multiple; PDA
	Type of data collected	Food record/recall; FFQ; Other
DATA ENTRY	Text	Subject enters data as text;
		interviewer or dietitian enters
		text data from participant; no
		text entry
	Photo	Self-recording via image
		capture (yes, no, not specified)
	Barcode	Data entry by bar-code scanner
		(yes, no, not specified)
	Health characteristics	Subject can record health
		characteristics, e.g. height,
		weight, age, medical
		measurements, etc. (yes, no,
		not specified)
	Physical activity	Subject can monitor their
		physical activity (yes with
		automated data transfer from
		another device, yes with
		manual data entry, no, not
		specified)
	Set personal goals	Subject can set personal goals
	Serie Series	(yes, no, not specified)
IDENTIFICATION and	Automated identification	Tool could automatically
QUANTIFICATION of FOODS		identify foods from images
2	Manual identification of foods	Subject or dietitian manually
		selected food items
	Comprehensive national food	Name of database and number
	composition database	of food items
	Intakes quantified by weights/	Yes, no, not specified
	household measures	
	Intakes estimated from digital	Automatically, manually, or
	images	standards amounts assigned
	lingeo	from images of portions of
		different size
CUSTOMIZATION	Ability to add missing foods	Yes, no, not specified
CONTERTION	runny to add missing toous	res, no, not specified

	Ability to add custom recipes	Yes, no, not specified		
	Ability to record dietary	Yes, no, not specified		
	supplements			
	Learning system adapts food	Yes, no, not specified		
	list			
OUTPUT	Energy	Yes, no, not specified		
	Macronutrients	Yes, no, not specified		
	Micronutrients	Yes with extensive list, yes with limited list, no, not specified		
	Food groups	Yes, no, not specified		
	Time of intake	Yes, no, not specified		
	Meal name	Yes, no, not specified		
	Automated reports generated	Feedback to participants available from automated reports; feedback from manual reports; no feedback		
USABILITY and VALIDITY	Usability feedback collected	Yes, no, not specified		
	Time to complete reported	Yes plus time to record, no, not specified		
	Validation studies done	Yes and method used, no, not specified		

<sup>1</sup> Data extraction was also done to assess cost and whether data security was mentioned, but few tools reported on these attributes, so they were not included in the final assessment.

Tool name	Туре	Validation Method	Subjects	Energy	Significance Level	Protein, Fat, Carbohydrate	References
	Comparison	of Estimated Energy l	Intakes from Techn	ology Tools with Total Energ	y Expenditure (TEE) f	from DLW or Accele	rometers
FoodNow	Research	TEE estimated from accelerometer	56 young adult men and women	10,030 ± 2210 kJ/d (TEE) v. 9204 ± 1958 kJ/d (FoodNow)	not reported		Pendergrast et al. 2017 [1]
Microsoft SenseCam	Research	TEE by DLW compared to 24-h	20 men age 34.8 ± 12.6 y	14,485 ± 2632 kJ/d (TEE) v. 13,196 ± 2529 kJ/d (SenseCam + recall)	<i>P</i> = 0.02		Gemming et al. 2015 [2]
		reca	recall plus SenseCam	20 women age 27.1 ± 7.5 y	10,841 ± 1639 kJ/d (TEE) v. 10,091 ± 1672 kJ/d (SenseCam + recall)	<i>P</i> = 0.004	
NuDAM	Research	TEE by DLW	10 men and women with Type 2 diabetes, 48-69 y old	11,800 ± 2300 kJ/d (TEE) v. 8800 ± 2000 kJ/d (Nutricam)	<i>P</i> < 0.01		Rollo et al. 2015 [3]
		TEE by DLW	9 men and 31 women	10,314 ± 2330 kJ/d (TEE) v. 6569 ± 2261 (RFPM standard prompts, n=22));	<i>P</i> <.001		Martin et al. 2012 [4]
RFPM	Research			9109 ± 2054 (TEE) v. 7979 ± 2243 (RFPM custom prompts, n=13)	<i>P</i> = 0.22		
		TEE by DLW	6 men, 44 women	9874 ± 2619 (TEE free-living) v. 9238 ± 2782 (RFPM)	<i>P</i> = 0.16		Martin et al. 2012 [4]

**Table S3.** Validation methods for total energy and macronutrients for the technology-based tools used in dietary intake assessment

TADA Resea	Research	TEE by DLW, estimated by image	15 men age 32 ± 9 y	Men: 14,846 kJ/d (TEE) v. 11,279 (image review) and 11,036 (returned portions)	<i>P</i> <0.0001 TEE v. image review		Boushey et al. 2017 [5]
	Research	review and from returned portions	30 women age 33 ± 13 y	Women: 10,995 kJ/d (TEE) v. 9136 (image review) and 9131 (returned portions)	<i>P</i> < 0.0001 v. image review		Boushey et al. 2017 [5]
TECH Research	Research	TEE by DLW	30 Swedish children age 3 y	5070 ± 600 kJ/24H (TEE) v. 5400 ± 1500 kJ/24h (TECH)	<i>P</i> = 0.23		Henriksson et al. 2015 [6]
	Research	TEE by DLW and 24-h recall	39 Swedish children 5.5 ± 5 y	5820 ± 820 kJ/d (TEE) v. 6040 ± 680 kJ/d (TECH)	<i>P</i> = 0.06		Delisle Nystrom et al. 2016 [7]
WebFR	Research	TEE estimated from accelerometer data combined with child weight and sex	253 children ages 8-14 y	8690 ± 1310 kJ/d (TEE) v. 6850 ± 2130 kJ/d WebFR	not reported		Medin et al. 2017 [8]
	Compariso	ons of Estimated Energ	y Intakes from Tec	hnology Tools with Diet Reca	alls, Diet Records, or	Controlled Feeding S	tudies
ASA 24	Research	Two 24-h recalls	512 men ages 20- 70 y	10,153 kJ/d (24-h recall) v. 9939 kJ/d (ASA 24)	not reported	Intakes with 24-h recall v. ASA 24 Protein +3.3g Fat -3.2g CHO +6.0g	Thompson et al. 2015 [9]
ASA 24	Research	1	569 women ages 20-70 y	7854 kJ/d (24-h recall) v. 7980 kJ/d (ASA 24)	not reported	Intakes with 24-h recall v. ASA 24 Protein +4.0g Fat +7.3g CHO +3.3g	Thompson et al. 2015 [9]

Compl-Eat	Research	Three 24-h recalls	514 men and women ages 20- 70 y	8728 ± 1947 kJ/d (24-h recall) v. 8014 ± 2122 kJ/d (Compl- Eat)	<i>P</i> < 0.0001	Intakes with 24-h recalls v. Compl-Eat Protein +7.4g Fat +9.1g CHO +13.0g	Meijboom et al. 2017 [10]
e-CA	Research	Two 24-h recalls	18 men and women ages 20- 60 y	9998 ± 2780 kJ/d (24-h recalls) v. 9575 ± 3316 kJ/d (e-CA)	Not statistically different	Intakes with 24-h recalls v. e-CA Protein -2g Fat +9g CHO 0g	Bucher Della Torre et al. 2017 [11]
eDIA	Research	Three 24-h recalls	80 university students ages 19- 24 y	8182 ± 2575 kJ/d (24-h recalls) v. 8148 ± 2495 kJ/d (eDIA)	not reported	Intakes with 24-h recalls v. eDIA Protein +2.6 g Fat +1.4g CHO -22.3g	Rangan et al. 2015 [12]
Food4Me	Research	Four-day weighed food record	49 males and females, age 26.9 ± 8.4 y	8110 ± 2119 kJ/d (WFR) v. 8855 ± 3387 kJ/d (Food4Me)	<i>P</i> = 0.008	Intakes with WFR v. Food4Me: Protein -0.4g Fat -11.0g CHO -10.0g	Fallaise et al. 2014 [13]
Foodbook 24	Research	24-h recall	79 men and women age 33.2 ± 12.5 y	8453 ± 2675 kJ/d (24-h recall) v. 7607 ± 2805 kJ/d (Foodbook 24)	not reported	Intakes with 24-h recall v. Foodbook 24 Protein +7g Fat +11g CHO +17g	Timon et al. 2017 [14]

GraFFS	Research	Six 24-h recalls	74 men and women ages 18- 69 y	8235 (CI 5334-12,606) kJ/d (24-h recalls) v. 7201 (CI 3542-14,645) kJ/d (GraFFS)	<i>P</i> < 0.02	Intakes with 24-h recalls v. GraFFS Protein +13.1g Fat +11.5g CHO +20.9g	Kristal et al. 2014 [15]
IDQC	Consumer	3-d food diary	644 male and female college students	8545 kJ/d (Diary) v. 9412 kJ/d (IDQC)	<i>P</i> < 0.05	Intakes with 3-d diary v. IDQC Protein -9.0g CHO -21.2g	Du et al. 2015 [16]
Intake24	Research	Four 24-h recalls	52 boys and girls ages 11-16 y	6824 kJ/d (24-h recalls) v. 6682 kJ/d (Intake24)	not reported	Intakes with 24-h recalls vs. Intake24 Protein 0.0g Fat +3.5g CHO +1.8g	Bradley et al. 2016 [17]
Intake24	Kesearcn	Four 24-h recalls	116 boys and girls ages 17-24 y	7516 kJ/d (24-h recalls) v. 7408 kJ/d (Intake24)	not reported	Intakes with 24-h recalls vs. Intake24 Protein -1.3g Fat -0.4g CHO +1.2g	Bradley et al. 2016 [17]
My Food 24	Research	Two 24-h recalls	75 adolescents, ages 11-18 y	Day 1: 8745 ± 3814 kJ/d (24-h recall) v. 8514 ± 4020 kJ/d (MyFood24) Day 2: 8035 ± 2561 kJ/d (24-h recall) v. 7820 ± 2746 kJ/d (MyFood24)	<i>P</i> = 0.40	Intakes with 24-h recalls v. MyFood24: Protein +1.2g Fat +2.9g CHO +11.1g	Albar et al. 2016 [18]

MyMealMate Cor	Consumer	nsumer Two 24-h recalls	50 men and women, ages 35 ± 9 y	8401 ± 2050 (24-h recalls) v. 8196 ± 2146 kJ/d (MMM)	<i>P</i> = 0.23	24-h recalls v. MyMealMate: Protein +2.5g Fat +3.0g CHO +5.0g	Carter et al. 2013 [19]
			50 men and women, ages 35 ± 9 y	8242 ± 1686 (24-h recalls) v. 8020 ± 1695 kJ/d (MMM)	<i>P</i> = 0.30		Carter et al. 2013 [19]
NANA Re	Research	esearch Four-day food diary	40 adults ages 65- 89 y	7348 ± 1503 kJ/d (Diary) v. 7098 ± 1382 kJ/d (NANA)	<i>P</i> = 0.048	Intakes with Food Diary v. NANA: Protein +3g Fat -1g CHO +7g	Astell et al. 2014 [20]
	Research		94 adults ages 65- 89 y	7709 ± 177 kJ/d (Diary) v. 7461 ± 158 (NANA)	<i>P</i> = 0.004	Intakes with Food Diary v. NANA: Protein +3.7g Fat -0.9g CHO +5.2g	Timon et al. 2015 [21]
		3-d food diary	10 men and women with Type 2 diabetes, 59-70 y old	6946 ± 1837 (food diary) v. 6297 ± 1964 kJ/d (NuDAM)	<i>P</i> ≤ 0.05		Rollo et al. 2011 [22]
NuDAM	Research	Weighed food records	10 men and women with Type 2 diabetes, 48-69 y old	8800 ± 1800 kJ/d (WFR) v. 8800 ± 2000 kJ/d (NuDAM) – part of same study as DLW above	not significant	WFR v. Nutricam Protein -4.7g Fat -1.2g CHO +1.1g	Rollo et al. 2015 [3]

Nutrinet Santé	Research	Research One 24-h recall _	60 men ages 48- 75 y	8993 ± 2286 kJ/d (24-h recall) v. 8848 ± 2583 kJ/d (Nutrinet Santé)	not reported	Intakes with 24-h recall v. Nutrinet Santé Protein -2.2g Fat +5.0g CHO -3.3g	Touvier et al. 2011 [23]
			87 women ages 48-75 y	7182 ± 2080 kJ/d (24-h recall) v. 7204 ± 2467 kJ/d (Nutrinet Santé)	not reported	Intakes with 24-h recall v. Nutrinet Santé Protein -1.0 Fat +1.7 CHO -4.2g	Touvier et al. 2011 [23]
Oxford WebQ	Research	One 24-h recall	116 men and women, ages 19- 82 y	8702 ± 2600 kJ/d (24-h recall) v. 8713 ± 2463 kJ/d (Oxford WebQ)	not reported	Intakes with 24-h recalls v. Oxford WebQ: Protein +1.0g Fat -3.5g CHO +5.4g	Liu et al. 2011 [24]
R24W	Research	Two days controlled feeding	62 men and women ages 18- 75 y	11,624 ± 2528 kJ/d (controlled feeding) v. 11,566 ± 3270 kJ/d (R24W)	Not significant at <i>P</i> ≤0.05 level	Intakes with controlled feeding v. R24W Protein -0.9g Fat -8.2g CHO +26.0g	Lafenière et al. 2017 [25]
RFPM	Research	Weighed buffet meal	49 men and women	2456 ± 874 kJ/d (weighed buffet) v. 2439 ± 795 kJ/d (RFPM)	<i>P</i> = 0.67	Intakes from weighed buffet vs. RFPM Protein -1.5g Fat 0.8g CHO -4.3g	Martin et al., 2012 [4]

TECH	Research	24-h recall	39 Swedish children 5.5 ± 5 y	5990 ± 680 kJ/d (24-h recall) v. 6040 ± 680 kJ/d (TECH)	<i>P</i> = 0.60		Delisle Nystrom et al. 2016 [7]
Web-FFQ	Research	3-d food diary	69 men and women age 37.1 ± 14.2 y	9377 ± 2232 kJ/d (Diary) v. 9477 ± 2941 kJ/d (Web-FFQ)	<i>P</i> = 0.76	Intakes with 3-d diary v. Web-FFQ Protein +1.3g Fat -2.4g CHO -5.3g	Labonte et al. 2012 [26]

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