

SUPPLEMENTARY MATERIAL

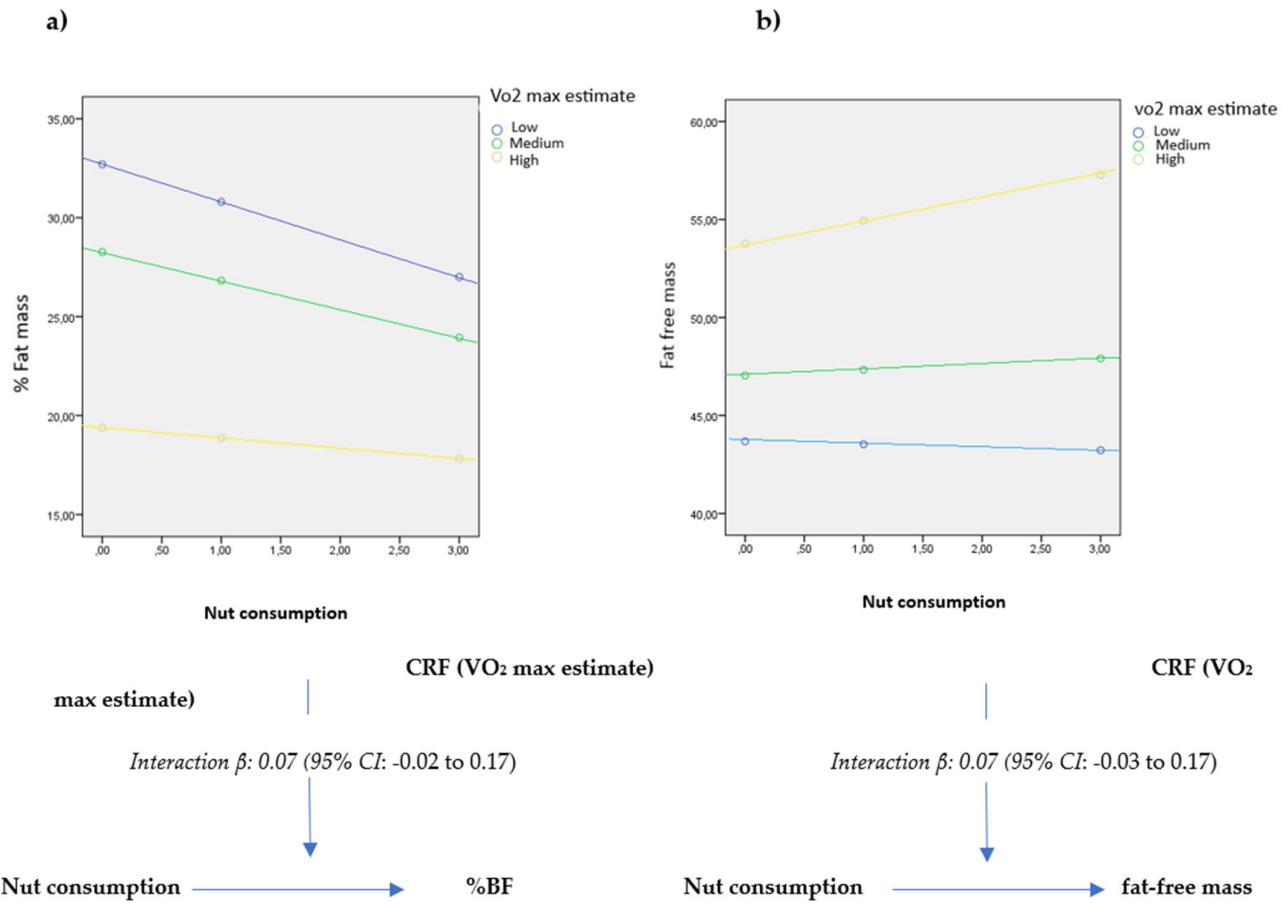


Figure S1. CRF (VO₂ max estimate) interactions models of the relationship between nut consumption and %BF (a) and fat-free mass (b). Adjusted by age and sex. Beta expressed as unstandardized regression coefficients and 95% confidence interval.