

**Table S1** Primers used in this study.

| Target        | Primer sequence   | No.            |
|---------------|---|----------------|
| Slc27a1       | F: 5'-GCTTCAACAGCCGTATCCTC-3'<br>R: 3'-TCTTCTTGTTGGTGGCACTG-5'  | NM_001357180.1 |
| CD36          | F: 5'-TGCTGGAGCTGTTATTGGTG-3'<br>R: 3'-TGGGTTTTGCACATCAAAGA-5'  | NM_001159558.1 |
| FABP1         | F: 5'-GCAGAGCCAGGAGAAGTTG-3'<br>R: 3'-GTCTCCAGTTCGCACTCCTC-5'   | NM_017399.5    |
| ATGL          | F: 5'-ACAGTGTCCCATTCTCAGG-3'<br>R: 3'-TTGGTTCAGTAGGCCATTCC-5'   | NM_001163689.1 |
| HSL           | F: 5'-AGACACCAGCCAACGGATAC-3'<br>R: 3'-ATCACCCCTCGAAGAAGAGCA-5' | NM_001039507.2 |
| MGLL          | F: 5'-CAAGGCCCTCATCTTTGTGT-3'<br>R: 3'-ACTTGAAGTCCGACACCAC-5'   | NM_001166249.1 |
| CPT1 $\alpha$ | F: 5'-CCAGGCTACAGTGGGACATT-3'<br>R: 3'-GAACTTGCCCATGTCCTTGT-5'  | NM_013495.2    |
| MACD          | F: 5'-AGGTTTCAAGATCGCAATGG-3'<br>R: 3'-CTCCTTGGTGCTCCACTAGC-5'  | NM_007382.5    |
| SREBP1        | F: 5'-CACTCAGCAGCCACCATCTA-3'<br>R: 3'-GCTGTCAGCAGCAGTGAGTC-5'  | NM_001358314.1 |
| FASN          | F: 5'-TGGGTTCTAGCCAGCAGAGT-3'<br>R: 3'-ACCACCAGAGACCGTTATGC-5'  | NM_007988.3    |
| Acaca         | F: 5'-GCCTCTTCTGACAAACGAG-3'<br>R: 3'-TGACTGCCGAAACATCTCTG-5'   | NM_133360.2    |
| PGC1 $\alpha$ | F: 5'-ATGTGTCGCCTTCTTGCTCT-3'<br>R: 3'-ATCTACTGCCTGGGGACCTT-5'  | NM_008904.2    |
| TFAM          | F: 5'-CAGGAGGCAAAGGATGATTC-3'<br>R: 3'-ATGTCTCCGGATCGTTTCAC-5'  | NM_009360.4    |
| Nrf1          | F: 5'-CAACAGGGAAGAAACGGAAA-3'<br>R: 3'-GCACCACATTCTCCAAAGGT-5'  | NM_001164226.1 |
| Nrf2          | F: 5'-CTCGCTGGAAAAAGAAGTGG -3'<br>R: 3'-CCGTCCAGGAGTTCAGAGAG-5' | NM_010902.4    |
| IL1 $\beta$   | F: 5'-AGTTGCCTTCTTGGGACTGA-3'<br>R: 3'-TCCACGATTTCCCAGAGAAC-5'  | NM_008361.4    |
| IL6           | F: 5'-AGTTGCCTTCTTGGGACTGA-3'<br>R: 3'-CAGAATTGCCATTGCACAAC-5'  | NM_001314054.1 |
| TNF $\alpha$  | F: 5'-CGTCAGCCGATTTGCTATCT-3'<br>R: 3'-CGGACTCCGCAAAGTCTAAG-5'  | NM_001278601.1 |
| CCL-2         | F: 5'-AGGTCCCTGTCATGCTTCTG-3'<br>R: 3'-TCTGGACCCATTCTTCTTG-5'   | NM_011333.3    |
| TGF $\beta$   | F: 5'-TGCTAATGGTGGACCGCAA-3'<br>R: 3'-CACTGCTTCCCGAATGTCTGA-5'  | NM_011577.2    |
| IL10          | F: 5'-TGTCAAATTCATTCATGGCCT-3'<br>R: 3'-ATCGATTTCTCCCCTGTGAA-5' | NM_010548.2    |

|                |  |                |
|----------------|--|----------------|
| CD206          | F: 5'-CATGGATGTTGATGGCTACTGGAG-3'<br>R: 3'-GTCTGTTCTGACTCTGGACACTTG-5' | NM_008625.2    |
| Fn1            | F: 5'-GGAGTGGCACTGTCAACCTC-3'<br>R: 3'-ACTGGATGGGGTGGGAAT-5'           | NM_001276413.1 |
| $\beta$ -actin | F: 5'-AGCCATGTACGTAGCCATCC-3'<br>R: 3'-CTCTCAGCTGTGGTGGTGAA-5'         | NM_007393.5    |

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FATP1/Slc27a1: fatty acid transport protein 1; CD36: fatty acid translocase; FABP1: fatty acid-binding protein; ATGL: adipose triglyceride lipase; MGLL: monoacylglycerol lipase; HSL: hormone sensitive lipase; CPT1 $\alpha$ : carnitine O-palmitoyltransferase 1; MACD: medium-chain acyl-CoA dehydrogenase; SREBP1: sterol regulatory element-binding protein 1; FASN: fatty acid synthase; Acaca: acetyl-Coenzyme A carboxylase alpha. PGC1 $\alpha$ : peroxisome proliferator-activated receptor gamma coactivator 1-alpha; TFAM transcription factor A, mitochondrial; Nrf1: nuclear respiratory factor 1; Nrf2: nuclear respiratory factor 2; TNF $\alpha$ : tumor necrosis factor  $\alpha$ ; CCL2: C-C motif chemokine 2; TGF $\beta$ 1: transforming growth factor beta-1; Fn1: fibronectin 1; CD206: macrophage mannose receptor 1; The primers of TGF $\beta$ , IL10, Fn1 and CD206 were according to Liu et al.

#### Reference

Liu Y.; Wang L.; Luo M.; Chen N.; Deng X.; He J.; Zhang L.; Luo P.; Wu J. Inhibition of PAI-1 attenuates perirenal fat inflammation and the associated nephropathy in high-fat diet-induced obese mice. *Am. J. Physiol. Endoc. M.* 2019, 316, E260-E267.

**Table S2** The nutritional composition, harmful substances and heavy metals in FV mycorrhizae.

| Items                          | FV mycorrhizae | Methods                  |
|--------------------------------|----------------|--------------------------|
| <b>Nutritional composition</b> |                |                          |
| CP (%/DM)                      | 16.91 ± 0.12   | GB/T 6432-1994           |
| EE(%/DM)                       | 2.34 ± 0.08    | GB/T 6433-2006           |
| CF (%/DM)                      | 17.57 ± 0.98   | GB/T 6434-2006           |
| Ash (%/DM)                     | 8.19 ± 0.14    | GB/T 6438-2007           |
| NFE (%/DM)                     | 54.99 ± 2.35   |                          |
| Ca (%/DM)                      | 0.60 ± 0.05    | GB/T 6436-2002           |
| P (%/DM)                       | 0.70 ± 0.03    | GB/T 6437-2002           |
| Fe                             | 320            | GB/T 13885-2017          |
| Mn                             | 48             | GB/T 13885-2017          |
| Zn                             | 38             | GB/T 13885-2017          |
| Cu                             | 9.3            | GB/T 13885-2017          |
| Se                             | 0.07           | GB/T 13883-2008          |
| Na                             | 560            | GB/T 13885-2017          |
| Mg                             | 2800           | GB/T 13885-2017          |
| K                              | 34000          | GB/T 13885-2017          |
| <b>Harmful substances</b>      |                |                          |
| AFB1 (µg/kg)                   | ND             |                          |
| ZEN (µg/kg)                    | ND             |                          |
| DON (mg/kg)                    | <0.1           |                          |
| Salmonella                     | ND             |                          |
| <b>Heavy metals (mg/kg)</b>    |                |                          |
| Pb                             | 0.24           | GB/T 13080-2018<br>7.2   |
| Hg                             | 0.01           | GB/T 13081-2006<br>4     |
| Cd                             | ND             | GB/T 13082-2021<br>8.3.2 |
| As                             | 0.18           | GB/T 13079-2006<br>7     |

AFB1: Aflatoxin B1; ZEN: Zearalenone; DON: Deoxynivalenol; ND: not detected;

**Table S3** Amino acids contents and derivatives in FV mycorrhizae ( $\mu\text{mol/g}$ )

|                 | Item             | FV mycorrhizae     |
|-----------------|------------------|--------------------|
| EAA             | Thr              | $2.063 \pm 0.055$  |
|                 | Leu              | $0.768 \pm 0.024$  |
|                 | Ile              | $0.576 \pm 0.015$  |
|                 | Met              | $0.002 \pm 0$      |
|                 | Val              | $1.663 \pm 0.024$  |
|                 | Lys              | $2.952 \pm 0.066$  |
|                 | Phe              | $1.142 \pm 0.043$  |
|                 | Trp              | $0.097 \pm 0.002$  |
| NEAA            | Tyr              | $3.43 \pm 0.067$   |
|                 | Asp              | $1.281 \pm 0.037$  |
|                 | Asn              | $0.82 \pm 0.016$   |
|                 | Pro              | $0.863 \pm 0.016$  |
|                 | Ala              | $8.968 \pm 0.258$  |
|                 | Ser              | $2.834 \pm 0.098$  |
|                 | Gly              | $1.686 \pm 0.083$  |
|                 | Arg              | $2.941 \pm 0.147$  |
|                 | Gln              | $4.52 \pm 0.089$   |
|                 | Glu              | $6.898 \pm 0.174$  |
|                 | Cys              | ND                 |
|                 | His              | $0.159 \pm 0.002$  |
|                 | Cystine          | $0.016 \pm 0.003$  |
| Derivatives     | Citrulline       | $0.049 \pm 0.001$  |
|                 | Ornithine        | $3.805 \pm 0.075$  |
|                 | Hydroxyproline   | $0.131 \pm 0.002$  |
|                 | Aminoadipic acid | $0.07 \pm 0.002$   |
|                 | Creatine         | $0.016 \pm 0.001$  |
|                 | Creatinine       | $0.001 \pm 0$      |
|                 | Choline          | $65.925 \pm 1.719$ |
|                 | Taurine          | $0.007 \pm 0$      |
| Biogenic amines | Spermidine       | ND                 |
|                 | Putrescine       | $0.057 \pm 0.003$  |

EAA: essential amino acids; NEAA: non-essential amino acids; ND: not detected.