

Table S1. Positive skin test/PATCH test or specific IgE in the study population.

Features	Group 1 DAO < 3 U/mL <i>n</i> = 31	Group 2 DAO 3-10 U/mL <i>n</i> = 60	Group 1 + 2 DAO ≤ 10 U/mL <i>n</i> = 91	Group 3 DAO > 10 U/mL <i>n</i> = 55
Positive specific IgE: <i>n</i> (%)	3 (10)	12 (20)	14 (15)	11 (20)
Positive SPT: <i>n</i> (%)	10 (32)	24 (40)	34 (37)	25 (45)
Positive Patch test: <i>n</i> (%)	8 (26)	21 (36)	29 (32)	17 (31)
Total IgE (IU/mL): median (IQR)	43 (8–179)	145 (53–465)	71 (23–240)	123 (50–478)

Abbreviations: IQR = interquartile range; IgE = Immunoglobulin E; DAO = diamine oxidase, SPT = skin prick test.

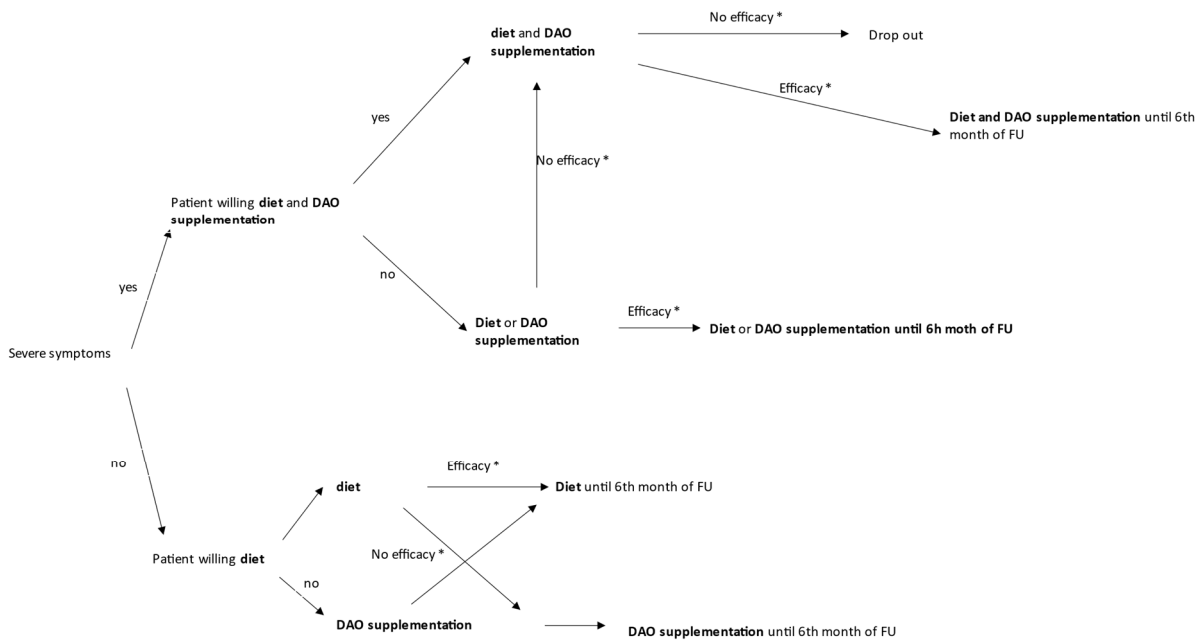


Figure S1. Treatment of patients with suspected HIT. Abbreviations: DAO = diamine oxidase; HIT = Histamine intolerance; FU = follow up. Diet: exclusion of histamine-rich food as suggested by literature [4], [25]. DAO supplementation: 1 capsule as needed before meals (max 2 b.i.d). Efficacy*: the treatment was re-evaluated after one month and in case of non-efficacy (no change of severity score) the following changes were made. Symptoms evaluation according to severity is described in paragraph 2.2.