

**Table S1. Hematological variables.** The results are expressed as mean  $\pm$  SEM (n= 12 animals/group). No statistical differences were observed between groups.

Intervention time	Experimental groups		
Day 8	CON	EcN-EVs	EcoR12-EVs
Leucocytes ( $\times 10^9/L$ )	2.84 $\pm$ 0.17	3.35 $\pm$ 0.35	2.75 $\pm$ 0.66
Lymphocytes (%)	64.12 $\pm$ 2.06	65.21 $\pm$ 2.16	64.69 $\pm$ 1.3
Monocytes (%)	6.69 $\pm$ 0.48	6.26 $\pm$ 0.38	6.63 $\pm$ 0.33
Granulocytes (5)	29.18 $\pm$ 1.83	28.53 $\pm$ 1.95	28.68 $\pm$ 1.26
Lymphocytes ( $\times 10^9/L$ )	1.78 $\pm$ 0.15	2.14 $\pm$ 0.24	1.71 $\pm$ 0.40
Monocytes ( $\times 10^9/L$ )	0.14 $\pm$ 0.01	0.13 $\pm$ 0.02	0.13 $\pm$ 0.05
Granulocytes ( $\times 10^9/L$ )	0.92 $\pm$ 0.05	1.08 $\pm$ 0.12	0.91 $\pm$ 0.21
Erythrocytes ( $\times 10^{12}/L$ )	3.10 $\pm$ 0.08	2.87 $\pm$ 0.09	2.90 $\pm$ 0.14
Haemoglobin (g/L)	8.75 $\pm$ 0.20	8.65 $\pm$ 0.25	8.38 $\pm$ 0.41
Haematocrit (%)	30.08 $\pm$ 0.76	29.25 $\pm$ 0.79	28.27 $\pm$ 1.43
MCV (fL)	97.81 $\pm$ 1.06	102.32 $\pm$ 1.56	97.81 $\pm$ 1.01
MCH (pg)	28.30 $\pm$ 0.53	30.21 $\pm$ 0.78	28.93 $\pm$ 0.54
Platelets ( $\times 10^9/L$ )	400.85 $\pm$ 43.06	276.38 $\pm$ 46.82	311.92 $\pm$ 65.39
<b>Day 16</b>			
Leucocytes ( $\times 10^9/L$ )	1.78 $\pm$ 0.12	2.05 $\pm$ 0.20	2.46 $\pm$ 0.29
Lymphocytes (%)	67.93 $\pm$ 1.01	66.81 $\pm$ 1.16	67.22 $\pm$ 1.54
Monocytes (%)	5.66 $\pm$ 0.25	5.95 $\pm$ 0.33	5.73 $\pm$ 0.42
Granulocytes (5)	26.42 $\pm$ 0.94	27.15 $\pm$ 1.19	27.05 $\pm$ 1.26
Lymphocytes ( $\times 10^9/L$ )	1.15 $\pm$ 0.09	1.32 $\pm$ 0.13	1.58 $\pm$ 0.19
Monocytes ( $\times 10^9/L$ )	0.05 $\pm$ 0.02	0.07 $\pm$ 0.02	0.09 $\pm$ 0.03
Granulocytes ( $\times 10^9/L$ )	0.58 $\pm$ 0.04	0.66 $\pm$ 0.06	0.78 $\pm$ 0.09
Erythrocytes ( $\times 10^{12}/L$ )	4.17 $\pm$ 0.09	3.71 $\pm$ 0.37	4.14 $\pm$ 0.06
Haemoglobin (g/L)	8.82 $\pm$ 0.24	7.65 $\pm$ 0.67	8.41 $\pm$ 0.22
Haematocrit (%)	28.29 $\pm$ 0.71	25.11 $\pm$ 2.47	27.48 $\pm$ 0.40
MCV (fL)	67.91 $\pm$ 0.73	68.47 $\pm$ 0.75	66.42 $\pm$ 0.47
MCH (pg)	20.89 $\pm$ 0.51	22.70 $\pm$ 2.46	20.24 $\pm$ 0.53
Platelets ( $\times 10^9/L$ )	503.73 $\pm$ 50.17	645.70 $\pm$ 100.75	602.83 $\pm$ 53.93