

**Table S1.** Reasons of energy drinks and energizing supplements consumption.

<b>Reasons of Energy drinks consumption</b>	<b>n</b>	<b>%</b>	<b>Reasons of supplement consumption</b>	<b>n</b>	<b>%</b>
To be more concentrated during study	38	31.1	I need more energy	49	30.4
I like the taste	28	23.0	I like the taste	48	29.8
I need more energy	21	17.2	To be more concentrated during study	32	19.9
To stay awake	18	14.8	To stay awake	18	11.2
To improve my sport performances	11	9.0	To improve my sport performances	10	6.2
Others	6	4.9	Others	4	5.5