



# Article Highly Sensitive Magnetoelastic Biosensor for Alpha2-Macroglobulin Detection Based on MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS Composite

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Abstract: The need for Alpha2-Macroglobulin ( $\alpha$ 2-M) detection has increased because it plays an important role in the diagnosis of diabetic nephropathy (DN). However, few sensors can realize the high-sensitive detection for  $\alpha$ 2-M with characteristics of being fast, flexible, wearable and portable. Herein, a biosensor based on a MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS composite film was developed for  $\alpha$ 2-M detection. Due to the excellent magnetoelastic effect of MnFe<sub>2</sub>O<sub>4</sub> nanoparticles, the stress signal of the biosensor surface induced by the specific antibody-antigen binding was transformed into the electrical and magnetic signal. Chitosan-coated MnFe<sub>2</sub>O<sub>4</sub> particles were used to provide biological modification sites for the  $\alpha$ 2-M antibody, which simplified the conventional biological functionalization modification process. The MnFe<sub>2</sub>O<sub>4</sub>@chitosan particles were successfully prepared by a chemical coprecipitation method and the property was studied by TEM, FT-IR and XRD. MWCNTs were employed to enhance electrical conductivity and the sensitivity of the biosensor. The detection limit (LOD) was reduced to 0.1299 ng·mL<sup>-1</sup> in the linear range from 10 ng·mL<sup>-1</sup> to  $100 \,\mu g \cdot m L^{-1}$ , which was significantly lower than the limit of health diagnostics. The biosensor is fabricated by a simple method, with advantages of being rapid and highly-sensitive, and having selective detection of  $\alpha$ 2-M, which provides a novel method for the early diagnosis of DN, and it has potential in the point of care (PoC) field.

**Keywords:** chitosan-coated  $MnFe_2O_4$  nanoparticles; multi-walled carbon nanotubes; magnetoelastic effect;  $\alpha$ 2-M; magnetoelastic biosensor

# 1. Introduction

Diabetic nephropathy (DN) is one of the most serious complications of diabetes; 30–50% of diabetes patients may develop DN [1,2]. In 2017, global diabetes nephropathy resulted in 348,959 deaths [3]. Early diagnosis facilitates the treatment of DN; therefore, the focus has shifted to discover and diagnose early DN. The key to the early diagnosis of DN is the highly-sensitive detection of disease markers.

In recent studies, researchers have proposed the following markers: (1) Neutrophil gelatinase-associated lipocalin (NGAL) is mainly stored in specific granules of neutrophils, but it also has low level of expression in other human tissues, so the specificity for DN detection is relatively low [4]. (2) The glomerular filtration rate (GFR) was measured by <sup>99m</sup>Tc DTPA renal dynamic imaging [5]. This method needs injection into an elbow vein first, to be continuously monitored for 25 min, and then processed by software. This method is relatively time-consuming and labor-consuming. (3) Data also indicated that microRNA (miRNAs) is involved in the pathogenesis of DN. MiRNAs are highly conserved non-encoding RNAs oligonucleotide, but a previous study showed that miRNAs have little knowledge of the expression and function of DN [6].



Citation: Guo, X.; Hou, J.; Ge, Y.; Zhao, D.; Sang, S.; Ji, J. Highly Sensitive Magnetoelastic Biosensor for Alpha2-Macroglobulin Detection Based on MnFe<sub>2</sub>O<sub>4</sub>@chitosan/ MWCNTs/PDMS Composite. *Micromachines* **2023**, *14*, 401. https://doi.org/10.3390/ mi14020401

Academic Editor: Vamsi K Yadavalli

Received: 6 December 2022 Revised: 31 January 2023 Accepted: 1 February 2023 Published: 7 February 2023



**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). In summary, the detection of these markers is costly, time-consuming and has lowspecificity, so a sensitive and accurate biomarker is urgently needed to detect DN. At present, some laboratories have carried out research on using  $\alpha$ 2-M as a biomarker.  $\alpha$ 2-M is a protein in serum closely related to the development of DN. The concentration of  $\alpha$ 2-M in the serum of patients with DN is significantly higher than that of healthy people (1.52 ± 0.43 mg·mL<sup>-1</sup>), so  $\alpha$ 2-M can be used as an important biomarker for the early diagnosis and prediction of DN. Several immunoassay techniques for  $\alpha$ 2-M have been developed, including single radial immunodiffusion (SRID), rocket immunoelectrophoresis (RIE), enzyme-linked immunosorbent assay (ELISA) and turbidimetric immunoassay (TIA) using polyethylene glycol (PEG). These methods for  $\alpha$ 2-M detection have some shortcomings, such as being time-consuming, having low accuracy and needing equipment or skills. Therefore, it is imperative to put forward a rapid and low-cost biosensor for  $\alpha$ 2-M detection.

With the rapid development of flexible electronic materials and sensing technology, flexible sensors have become more widely used in human health monitoring, biomedical science and flexible electronic skin [7]. Flexible sensors convert physiological activity signals into visual electrical signals in the form of signal conduction. Compared with traditional sensors based on metal and semiconductor materials, biosensors in this work have many advantages such as good flexibility, stretchability and continuous monitoring, which can meet the above requirements. Instant diagnosis has become a hot spot. Biosensors in this work are expected to be integrated in wearable health monitoring devices, and have huge market prospects in trillion level industries such as wise medicine and point of care testing (POCT). The signal conversion mechanism of a flexible sensor is mainly divided into three parts: piezoresistance, capacitance and piezoelectric [8]. The piezoelectric sensors are not suitable for static measurement. The piezoresistive sensor needs to adopt temperature compensation measures to keep its technical indicators such as zero drift and sensitivity at a high level. The capacitive pressure sensor is relatively difficult to process, and cannot isolate the measured gas or liquid. In the future, the research of flexible sensors will see new breakthroughs such as researching new functional materials, exploring new sensing mechanisms and developing new flexible sensor integration technology.

Active materials have been used to prepare biosensors with different response mechanisms, such as metal nanowires and metal nanoparticles. There is little research on ferrite materials as active materials, and ferrite materials have high resistivity, good dielectric properties, high permeability at high frequency and magnetoelastic effects compared with traditional materials.  $MnFe_2O_4$  is a member of cubic spinel ferrite material, which has unique chemical properties [9] and is used widely in many fields. Furthermore,  $MnFe_2O_4$ has excellent magnetoelastic effects, and can be used as active materials to manufacture biosensors with good performance. The magnetoelastic effect refers to the phenomenon that the magnetic properties are changed under the action of mechanical stress [10].

In this experiment, with the antibody on the biosensor surface combined with the antigen specifically, the stress ( $\sigma$ ) caused by the combination led to the change in permeability ( $\mu$ ), thus causing the change in resistance (R). Based on this principle, the change in  $\sigma$  can be transformed into the change in R, and the detection of change in  $\sigma$  can be realized.

To improve the sensitivity, MWCNTs are used to construct the conductive network of biosensors and realize high-sensitive and rapid detection of  $\alpha$ 2-M. MWCNTs consist of multilayer graphite. When the  $\alpha$ 2-M antibody is specifically combined with the antigen, it produces immune complexes, which increase the stress on the biosensor's surface. Then the gap between the MWCNT's layers increase, leading to an increase in resistance. Therefore, the concentration of the  $\alpha$ 2-M antigen can be reflected by the change in resistance before and after antigen detection.

Here, a biosensor based on MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS for  $\alpha$ 2-M detection is presented for the first time. The successful preparation of MnFe<sub>2</sub>O<sub>4</sub>@chitosan by a chemical coprecipitation method provides sites for the highly efficient binding of the  $\alpha$ 2-M antibody. The relationship between the resistance change and the concentration of  $\alpha$ 2-M is established, and the hysteresis loops measurement of the biosensor before and after the  $\alpha$ 2-M antigen detection are tested. Meanwhile, the performance of the biosensor is evaluated. The experimental results show excellent performance of the biosensor for  $\alpha$ 2-M detection, with advantages of a simple preparation method, low-cost, single-use, high sensitivity, strong specificity, a large linear range and low LOD. Because the biosensor has the advantages of convenience and high sensitivity, it has the potential to detect diseases quickly and accurately. The development of the biosensor has also contributed to the field of point of care.

#### 2. Materials and Methods

#### 2.1. Chemicals and Materials

PDMS was purchased from Zhuhai kailibang Technology Co., Ltd. (Zhuhai, China)  $\alpha$ 2-M antibody and  $\alpha$ 2-M antigen were purchased from Shanghai Haling Biotechnology Co., Ltd. (Shanghai, China) 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide hydrochloride (EDC, CAS: 25952-53-8), N-hydroxysulfosuccinimide (NHS, CAS: 6066-82-6), phosphate buffered saline (PBS, 0.01 M, pH = 7.4) and bovine serum albumin (BSA, 0.1%, CAS: 9048-46-8) were purchased from Sigma-Aldrich Corporation (Saint Louis, MO, USA). MWCNTs has a diameter of 4–6 nm, length of 10–20  $\mu$ m and purity of >98 wt% (Chengdu Organic Chemistry Co., Ltd., Chengdu, China, Chinese academy of sciences zhongke times nanometer). The water used in the experiments was obtained from an ultra-pure water manufacturing system (URT-11-10T).

Digital multimeter (Keithley 2400, Tektronix, Shanghai, China, CHN) was used to measure the electrical properties of the biosensors. Scanning electron microscope (SEM, GeminiSEM 300, GER) was employed to observe the surface topographies of the biosensors. Energy dispersive spectrometer (EDS) was used to detect the elements of the biosensor's surface. Transmission electron microscopy (TEM, Thermo Scientific, Waltham, MA, USA, Talos F200X) was used for TEM imaging. X-ray diffraction (XRD) patterns were measured to obtain information on the phases and crystalline structures. Integrated physical property measurement system (PPMS, QUANTUM Scientific Instrument Trading (Beijing) Co., Ltd., Beijing, China) was used to measure hysteresis loop.

## 2.2. Preparation of Chitosan-Coated MnFe<sub>2</sub>O<sub>4</sub> (MnFe<sub>2</sub>O<sub>4</sub>@chitosan)

According to the method in the literature [11], the preparation process of  $MnFe_2O_4$ @chitosan is exhibited in Figure 1. Firstly, 0.8 g  $MnFe_2O_4$  was dispersed in 30 mL of chitosan solution (4 mg·mL<sup>-1</sup>) dissolving in 2% acetic acid solution. The suspension was mixed by sonication for 30 min, and then 15 mL of sodium tripolyphosphate solution (0.5 mg·mL<sup>-1</sup>) added into the above solution, then followed by persistent stirring for 30 min. The  $MnFe_2O_4$ @chitosan were collected from the solution and washed by water and ethanol 3 times. Finally, the products were dried at 50 °C for 1 h in a drying oven.



Figure 1. Schematic diagram for fabrication of MnFe<sub>2</sub>O<sub>4</sub>@chitosan.

# 2.3. Preparation of MWCNTs and Fabrication of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS Composite Film

MWCNTs were used to enhance the electrical conductivity and sensitivity of biosensor. Firstly, MWCNTs were prepared. To do this, take 50 mg of MWCNTs into a container, then add 5 mL deionized water, and then use ultrasonic cell crusher for good dispersion for 15 min.

The fabrication process of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS composite film based on PDMS is shown in Figure 2. Mix PDMS prepolymer and curing agent with a 10:1 wt ratio and then remove bubbles. Then add the prepared MnFe<sub>2</sub>O<sub>4</sub>@chitosan and MWCNTs into the mixture with 25:3:100 wt ratio. The composite film (4 mm  $\times$  4 mm  $\times$  0.08 mm) was fabricated by spin coater and dried on drying table at 60 °C for 1 h. Finally, the composite film was cleaned by alcohol and deionized water, respectively, 3 times and dried at 60 °C for 30 min.



Figure 2. Schematic diagram for fabrication of MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS composite film.

#### 2.4. Antibody Immobilization

The process of antibody immobilization is shown in Figure 3. The  $\alpha$ 2-M antibody was diluted into PBS buffer to prepare 50 µg·mL−1 antibody solution. The  $\alpha$ 2-M antibody was activated using the 4 mg·mL−1 EDC/NHS at 37 °C for 0.5 h, which made the bonding with the amino group on the CS more efficient. The biosensors were immersed into the antibody solution at 37 °C for 1 h so that the antibodies could be efficiently immobilized on biosensors. Then, the antibody-modified biosensors were rinsed with PBS to remove the antibodies adsorbed physically. Next, the biosensors were rinsed by BSA (0.1%) for 0.5 h to block the physically adsorbed sites. Then, the biosensors were rinsed by PBS, then dried to obtain the high-sensitive magnetoelastic biosensor based on MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS composite for  $\alpha$ 2-M detection.



Figure 3. Modification process of  $\alpha$ 2-M antibody on the biosensor.

## 3. Results and Discussion

## 3.1. Characterization of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan

The size and shape of the naked  $MnFe_2O_4$  and  $MnFe_2O_4$ @chitosan are characterized by TEM in Figure 4. The naked  $MnFe_2O_4$  presented a regular size with a diameter of about 31 nm (Figure 4a). After being coated with chitosan (Figure 4b),  $MnFe_2O_4$ @chitosan had a typical core-shell structure with better dispersion, and the diameter was about 46 nm. The increase in particle diameter before and after coating proves the coating is successful.



Figure 4. TEM images of naked MnFe<sub>2</sub>O<sub>4</sub> (a) and MnFe<sub>2</sub>O<sub>4</sub>@chitosan (b).

Figure 5a shows the FT-IR spectra of the MnFe<sub>2</sub>O<sub>4</sub> and MnFe<sub>2</sub>O<sub>4</sub>@chitosan. The peaks around 576 cm<sup>-1</sup>) in the curve correspond to the Fe-O group. Compared to MnFe<sub>2</sub>O<sub>4</sub>, the FT-IR spectra of MnFe<sub>2</sub>O<sub>4</sub>@chitosan show new peaks occurred at 1234 cm<sup>-1</sup> and 1059 cm<sup>-1</sup>, which were related to the C-N group and C-O-C group in the chitosan. The appearance of new peaks proves that chitosan was successfully coated on MnFe<sub>2</sub>O<sub>4</sub>. Other peaks had little change. XRD assays of the MnFe<sub>2</sub>O<sub>4</sub> and MnFe<sub>2</sub>O<sub>4</sub>@chitosan are shown in Figure 5b. The MnFe<sub>2</sub>O<sub>4</sub> and MnFe<sub>2</sub>O<sub>4</sub>@chitosan at 30.1°, 35.4°, 43.1°, 53.4°, 57.0° and 62.6° both appeared at diffraction peaks, which were (220), (311), (400), (422), (511) and (440), respectively. These peaks have good correspondence to the MnFe<sub>2</sub>O<sub>4</sub> standard cards JCPDS73-1964 (lattice constant: a = b = c = 8.515 A, space group: FD-3m), indicating the MnFe<sub>2</sub>O<sub>4</sub>@chitosan has a spinel structure and CS has no effect on the crystallinity of MnFe<sub>2</sub>O<sub>4</sub>. Therefore, the preparation of MnFe<sub>2</sub>O<sub>4</sub>@chitosan was proven to be successful by FT-IR and XRD.



Figure 5. FT-IR spectra (a) and XRD (b) of naked MnFe<sub>2</sub>O<sub>4</sub> and MnFe<sub>2</sub>O<sub>4</sub>@chitosan.

# 3.2. Characterization of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS Flexible Biosensor

Figure 6 shows the stress–strain curve of the biosensor; the Young's modulus of the biosensor can be calculated as 3.0136 Mpa by the formula:  $E = \sigma/\epsilon$ , where *E* is the Young's modulus,  $\sigma$  is stress and  $\epsilon$  is strain. The Young's modulus is only related to the physical properties of the material, reflecting the stiffness of the material. The higher the Young's modulus is, the less likely the material will be deformed. The MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS flexible biosensor has low Young's modulus, which shows the biosensor has good performance in stretchability.



Figure 6. Stress-strain curve of MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS biosensor.

SEM and EDS were assessed in the process of experiments as shown in Figure 7. Figure 7a shows that MnFe<sub>2</sub>O<sub>4</sub>@chitosan and MWCNTs were uniformly dispersed on the surface of the biosensor, and the biosensor surface appeared to intricately overlap a porous fiber network composed of spherical MnFe<sub>2</sub>O<sub>4</sub>@chitosan and reticular MWCNTs. The aggregates of the macromolecules of the  $\alpha$ 2-M antibody can be observed in Figure 7b. Compared to Figure 7b, the macromolecular immunocomplex on the surface of the biosensor in Figure 7c became more prominent, which indicates the antigen was successfully bound to the antibody.



**Figure 7.** SEM (**a**) and EDS analysis (**d**) and EDS images (**g**) of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS biosensor surface; SEM (**b**) and EDS analysis (**e**) and EDS images (**h**) of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS/antibody; SEM (**c**) and EDS analysis (**f**) and EDS images (**i**) of the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS/antibody/ $\alpha$ 2-M antigen biosensor surface.

For further demonstration of the surface modification process of the biosensors, the EDS characterization of the biosensor's surfaces during the preparation and detection process were measured, revealing the existence of C, N, O, Fe, Mn and Si in the MnFe<sub>2</sub>O<sub>4</sub> and PDMS substrate (Figure 7g–i). To see the changes in the content of each element more clearly, the EDS analysis is shown in Figure 7d–f. Figure 7d,g show the EDS analysis and EDS images of the biosensor surface. Figure 7e,h show the EDS analysis and EDS images of the surface of the biosensor modified with the antibody. From Figure 7d,g, the amount of C, N and O in the antibody-modified biosensor is higher than that in the non-antibody-modified biosensor, which indicates that the bio-sensor was modified with the antibody successfully. Figure 7f,i show the EDS analysis and EDS images of the biosensor surface that detected

 $\alpha$ 2-M. After detecting the  $\alpha$ 2-M antigen, the amounts of C, N and O were even higher than those in that only modified with the antibody because the immune complex caused by the antigen binding with the antibody belongs to protein molecules, consisting of C, O and N. No matter whether the biosensor is modified by the antibody or not, the counts of Fe, Mn and Si remained unchanged because the elements that compose the antibody do not contain these elements. Figure 7 indicated that MnFe<sub>2</sub>O<sub>4</sub>@chitosan, the antibody and the antigen were successfully deposited on the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS biosensor.

## 3.3. Optimization of the Concentration of $\alpha$ 2-M Antibody

To improve the performance of the biosensors, the concentration of the  $\alpha$ 2-M antibody optimization experiment was carried out and repeated three times. Under the same concentration of the antigen, four different concentrations (25, 50, 100, 200 µg·mL<sup>-1</sup>) of the antibody were detected then the resistance change ( $\Delta R$ ) was calculated. Figure 8 shows the  $\Delta R$  of the biosensor modified with different concentrations of the antibody. From Figure 8, we can see that the  $\Delta R$  is most obvious when the concentration of the antibody is 50 µg·mL<sup>-1</sup>. When the modification concentration is greater than 50 µg·mL<sup>-1</sup>, the carboxyl group of antibodies will competitively bind to the amino group on the surface of MnFe<sub>2</sub>O<sub>4</sub>@chitosan, resulting in the antibody not fully fixing on the surface of the biosensor. When the antibody modification concentration is less than 50 µg·mL<sup>-1</sup>, the antibody is not wholly modified on the surface of MnFe<sub>2</sub>O<sub>4</sub>@chitosan. Hence, when the concentration of the antibody is not wholly modification is 50 µg·mL<sup>-1</sup>, the  $\alpha$ 2-M antibody can be adequately modified on the biosensor's surface, and the detection sensitivity is at its highest. Thus, the optimal concentration of the modification is 50 µg·mL<sup>-1</sup>.



Figure 8.  $\Delta R$  corresponding to different concentrations of  $\alpha$ 2-M antibody.

#### 3.4. $\alpha$ 2-M Detection

Figure 9 shows the relationship between the  $\Delta R$  and the logarithm of  $\alpha$ 2-M antigen concentration. Illustration (a) is a schematic diagram of the process of the antigen binding with the antibody and illustration (b) is a picture of the experiment process. The  $\alpha$ 2-M antigen combined with the antibody modified on the biosensor produced an immune complex, which increased the lamellar spacing of MWCNTs with a porous structure, causing the contact resistance of the biosensors to increase. In Figure 9, it can be seen that the  $\Delta R$  increased with the increase in  $\alpha$ 2-M antigen concentration. By linear fitting, the functional relationship between the logarithm of  $\alpha$ 2-M antigen concentration and the  $\Delta R$  was obtained:  $\Delta R = 0.2983 \text{ IgC}_{\alpha 2-M} + 0.33806$ , with the linear correlation coefficient  $R^2 = 0.99629$ . Three experiments were repeated under the same conditions, which proved that the sensor has good repeatability. Consequently, the linear range of the biosensor for  $\alpha$ 2-M detection is 10 ng·mL<sup>-1</sup> – 100 µg·mL<sup>-1</sup> , and the detection limit is 0.1299 ng·mL<sup>-1</sup>.



**Figure 9.**  $\Delta R$  of the biosensor detecting  $\alpha$ 2-M in the range of 10 ng·mL<sup>-1</sup>–100 µg·mL<sup>-1</sup> and linear fitting curve. Illustration (**a**) is a schematic diagram of the process of the antigen binding with the antibody and illustration (**b**) is a picture of the experiment process.

The comparison of the biosensors in this work and other methods previously reported is shown in Table 1. The biosensor is simple to manufacture, low in cost and easy to operate. After detecting  $\alpha$ 2-M, the biosensor obtained a wider linear range and a lower detection limit. From Table 1, the performance of the biosensor in this work is even better than other methods, with a wider linear range, higher accuracy and the lowest cost. Hence, the biosensors exhibit the potential for detecting  $\alpha$ 2-M.

Table 1. Comparisons of performances between various methods for  $\alpha$ 2-M detection.

Detection Method	Linear Range (µg∙mL <sup>-1</sup> )	LOD (µg∙mL <sup>−1</sup> )	Assay Time	Ease of Use	Ref.
Quantitative immunoassay	2–1000	3	Several hours	Low-accuracy	[12]
Turbidimetric immunoassay	120-5000	120	Several minutes	Needs skill	[13]
ME biosensor based on MnFe <sub>2</sub> O <sub>4</sub> @chitosan/ MWCNTs/PDMS	0.01–100	$1.299 \times 10^{-4}$	Several minutes	Minimum skill; smaller size	This work

#### 3.5. Hysteresis Loop Measurement of the Biosensor

Figure 10 shows a hysteresis loops measurement of the biosensor before and after the detection of the  $\alpha$ 2-M antigen (100 µg·mL<sup>-1</sup>) at 300 K. We placed the sample in the sample rod, and then placed the sample rod vertically in the bin. The biosensor was positioned horizontally with respect to the magnetic field main axis. As shown in Figure 10, under the same magnetic field intensity (*H*), the biosensor's magnetization (*M*) after  $\alpha$ 2-M detection was higher than before  $\alpha$ 2-M antigen detection. According to the equation of  $M = X \times H$ , the direct current (DC) magnetic susceptibility (X) of the biosensor was increased. According to the relationship between µ and X:  $\mu = 1 + X$ . After the antigen detection, µ of the biosensor was also increased. When MnFe<sub>2</sub>O<sub>4</sub>@chitosan modified with the antibody was combined with the antigen specifically, the magnetization state of MnFe<sub>2</sub>O<sub>4</sub>@chitosan changed, which caused the increase in the relative permeability and DC susceptibility of the biosensor.



Figure 10. Hysteresis loops measurement before and after antigen detection.

#### 3.6. Specificity Measurement

To confirm the specificity of the biosensor,  $\alpha$ 2-M, human serum albumin (HSA), creactive protein (CRP), uric acid, African swine fever virus (ASFV) and bovine serum albumin (BSA) with the same concentrations (100 µg·mL<sup>-1</sup>) were detected and this was repeated three times for each substance. The responses of the biosensor are shown in Figure 11. When testing  $\alpha$ 2-M, the biosensor had a more obvious response than other substances, indicating that the biosensor has high specificity for  $\alpha$ 2-M detection. The reason for this phenomenon is that the specific binding of the antibodies and antigens caused surface stress on the biosensor. In addition, the antigens of other biological molecules did not bind to the  $\alpha$ 2-M antibody, which led to a weak response.



Figure 11. Specificity measurement of the biosensor.

#### 4. Conclusions

In conclusion, the MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS biosensor was firstly reported for high-sensitive detection of  $\alpha$ 2-M. The MnFe<sub>2</sub>O<sub>4</sub>@chitosan nanoparticles were employed to magnify the membrane deformation to realize the conversion of surface stress to the electrical and magnetic signal. The MnFe<sub>2</sub>O<sub>4</sub>@chitosan/MWCNTs/PDMS biosensor was fabricated using a low-cost method, and EDS, SEM, TEM, XRD and FT-IR measurement were used to confirm that the fabrication of MnFe<sub>2</sub>O<sub>4</sub>@chitosan and the biosensor were successful. The stress caused by the specific binding of the antibody and antigen caused an increase in  $\mu$ , thus causing a change in R. Therefore, the biosensor realized the signal conversion. The biosensor detected  $\alpha$ 2-M with a wide linear range from 10 ng·mL<sup>-1</sup> to 100  $\mu$ g·mL<sup>-1</sup>, and an LOD as low as 0.1299 ng·mL<sup>-1</sup>, which is lower than the limit of health

diagnostics  $(1.52 \pm 0.43 \text{ mg} \cdot \text{mL}^{-1})$ . Furthermore, the biosensor possessed the potential for the diagnosis of early DN with the advantage of portability and high sensitivity.

**Author Contributions:** X.G. designed the study and wrote the essay. J.H. conducted the experiment and wrote the essay. Y.G. and D.Z. and J.J. guided the experiment. S.S. was the contact person for articles and purchased materials. All authors contributed towards data analysis, drafting and critically revising the paper, and gave final approval of the version to be published, and agreed to be accountable for all aspects of the work. All authors have read and agreed to the published version of the manuscript.

**Funding:** The authors are grateful for the financial support from the Key Research and Development Program of Shanxi Province (202202010101004), National Natural Science Foundation of China (No. 51975400), Fundamental Research Program of Shanxi Province (20210302124164, 20210302124429, 20210302124557), Science and Technology Innovation Project of Colleges and Universities in Shanxi Province (2020L0076), The Natural Science Foundation Project of Shanxi Province (No.20210302123136), National Key Research and Development Program (2019YFB1310200).

**Data Availability Statement:** The data that support the findings of this study are available upon reasonable request from the authors.

Conflicts of Interest: The authors declare no conflict of interest.

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