

Online Table S2. Key Differences Between Exercise Intervention Groups

TITLE: A comparative, effectiveness trial evaluating high- versus low-level supervision of an exercise intervention for women with breast cancer: the SAFE trial.

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Online Resource Table S2. Key Differences Between Exercise Intervention Groups

Exercise Intervention Characteristic	Exercise Intervention Groups	
	Low-supervision group	High supervision group
Length of intervention, weeks	12	12
Total number of supervised sessions during intervention	5	20
Frequency of supervised sessions per week		
Week 1	1	2
Week 2 – 8	Determined by ExP and Pt	2
Week 9 – 12	Determined by ExP and Pt	1

ExP: Exercise professional; Pt: participant