



Review Recent Mechanistic Understanding of Fischer-Tropsch Synthesis on Fe-Carbide

Jiachun Chai, Jidong Jiang, Yan Gong, Peng Wu, Annan Wang, Xuebing Zhang, Tao Wang, Xiangkun Meng, Quan Lin, Yijun Lv, Zhuowu Men * and Peng Wang *

National Institute of Clean-and-Low-Carbon Energy, Future Science and Technology City, Changping District, Beijing 102211, China; 20088643@chnenergy.com.cn (J.C.); jidong.jiang@chnenergy.com.cn (J.J.); 20037272@chnenergy.com.cn (Y.G.); peng.wu.am@chnenergy.com.cn (P.W.); annan.wang@chnenergy.com.cn (A.W.); xuebing.zhang.f@chnenergy.com.cn (X.Z.); 17240164@ceic.com (T.W.); xiangkun.meng.e@chnenergy.com.cn (X.M.); quan.lin@chnenergy.com.cn (Q.L.); yijun.lv@chnenergy.com.cn (Y.L.)

* Correspondence: zhuowu.men@chnenergy.com.cn (Z.M.); peng.wang.hm@chnenergy.com.cn (P.W.)

Abstract: With an increase in energy consumption globally, Fischer-Tropsch (FT) synthesis is a good alternative for producing fuels and chemicals from coal, natural gas or biomass. Among them, coal to liquids has been put into production in countries that have large coal reserves. In this process, Fe-based catalysts are commonly used due to their earth abundance, comparatively wide operation range and ready availability to handle low H_2/CO ratio from coal. Despite their extensive applications, the kinetic and mechanistic understandings of Fe carburization and FT reaction on Fe-carbides are relatively limited due to the complexity of the phase composition of the applied catalysts. This review summarizes the current state of knowledge of FT synthesis on Fe-carbide with an emphasis on the underlying mechanism. Specifically, the employment of a model catalyst, such as Raney Fe, could provide a convenient way to furnish kinetic information regarding Fe carburization and subsequent FT reaction. A major challenge for further understanding catalytic reactions occurring at the Fe-carbide surface is correlating FT activity and selectivity to a specific active site. To address this issue, the advancements of both DFT calculations and surface science techniques are highly demanded.

Keywords: Fischer-Tropsch synthesis; Fe-carbide; mechanism; synthesis gas; Fe carburization

1. Fischer-Tropsch Synthesis

Fischer-Tropsch (FT) process has been widely investigated for almost 100 years. In the 1920s, German scientists Franz Fischer and Hans Tropsch first developed this process, in which a mixture of H_2 and CO (synthesis gas) can be converted to valuable long-chain hydrocarbons like gasoline, diesel fuel and chemicals (olefins, alcohols or acids) [1,2]. The FT process was first commercialized in Germany prior to the Second World War. It could offer synthetic fuel for the German war machine due to the abundant domestic coal supplies used for producing synthesis gas [3]. After the Second World War, the development of this process stalled because low crude oil prices led to a strong growth and dominance of the petroleum oil industry [4]. The interest in the FT synthesis was revived in South Africa during the Apartheid regime in the 1970s. During this period, the supply of oil in South Africa was cut off due to international sanctions, but through the FT synthesis, South Africans were still able to produce the required fuels and chemicals from coal. At the same time, the energy crises in 1973 and 1978 have also stimulated the global interest and exploration of alternative fuel production by expanding the commercialization of FT processes [5]. Besides coal, natural gas and biomass are also considered as important alternatives. The process to convert these carbon sources to valuable chemicals is often referred to as "X to liquid" (XTL), in which X stands for the feedstock from which synthesis gas is derived, e.g., coal (CTL), natural gas (GTL) or biomass (BTL) [6]. Although most of these embodiments still rely on fossil resources, CTL and GTL enable the production of



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). clean transportation fuels that are free of heavy metals, aromatics or contaminants such as nitrogen and sulfur. Currently, large XTL processes are operated in Malaysia by Shell, in Qatar by Shell and SASOL, and in South Africa, Uzbekistan and Nigeria by SASOL. Among them, CTL is of large interest in areas with abundant coal resources, for example China and South Africa. Currently, a large number of CTL demonstration plants and industrialization projects are commissioned in China using Fe-based catalysts [7].

The CTL process generally consists of four chemical conversion steps (Figure 1). In the first step, coal gasification is performed in gasifiers to produce synthesis gas, a mixture of CO and H₂. Due to the low H/C ratio of coal, the derived synthesis gas has a typical H_2/CO ratio below 1 [8]. In the second step, the water-gas shift (WGS) reaction (Equation (1)) is used to increase the H_2/CO ratio tailored for the desired product distribution in the subsequent FT synthesis step. Usually, a constant amount of CO_2 is removed in the overall CTL process, either in a WGS step prior to the FT synthesis or in the FT synthesis reactor itself when a catalyst is used that exhibits sufficient WGS activity. CO₂ produced in the FT reactor not only decreases CO conversion, but also leads to a higher energy consumption for separating the gas effluent from the reactor. When the main WGS conversion is conducted in a separate WGS reactor, CO_2 capture becomes more viable [9]. After cooling and purification, the synthesis gas is introduced into the FT synthesis reactor and converted into long-chain hydrocarbons (Equation (2)). Traditionally, these processes are realized in either fixed and fluidized bed reactors or slurry bubble reactors. Fixed beds are suitable for wax production, as for instance is conducted in Shell FT plants in Malaysia and Qatar [10]. The separation of products from catalysts are more cost-effective in fixed bed reactors. On the other hand, the pressure drop in such reactors leads to higher operational costs than other reactors. Moreover, as it is costly to replace the catalyst inventory, catalysts should exhibit a long lifespan. As the FT reaction is highly exothermic, it is important to rapidly remove the heat of reaction in order to avoid overheating the catalyst [11]. Compared to fixed bed reactors, fluidized bed reactors can realize a very homogeneous temperature distribution because of the rapid and turbulent gas/liquid movement. Another important advantage of fluidized bed reactors is that a deactivated catalyst can be removed from the bottom of the reactors by gas flushing, and new catalysts can be added to replenish the spent ones for longer production runs. A drawback of such reactors is the difficulty in separating the catalyst from the products. Fluidized bed reactors are considered to be a promising technology for the production of lower-molecular-weight products on Fe-based catalysts at high temperature [12]. Similar to fluidized bed reactors, slurry bubble reactors can meet the requirement of an online removal/addition of a catalyst and can be operated under isothermal conditions. Catalysts that feature high mechanical strength and attrition resistance are required for slurry bubble reactors. As the catalysts are suspended in the wax, separating the catalyst from wax is a major challenge [13].



Figure 1. Schematic representation of the CTL process.

The final step of the overall XTL process is product upgrading. The mixture of products formed during the FT process (e.g., long-chain hydrocarbons or oxygenates) need to be processed in order to obtain high-value transportation fuels and base chemicals using processes such as hydrotreating, hydrocracking and hydro-isomerization. The in-reactor upgrading of the products of FT reactions by adding zeolites to Fe-based catalysts has also been investigated [14,15]. Among a variety of hydrocarbons, linear α -olefins (LAOs) production and separation are gaining widespread attractions. LAOs are highly valuable intermediates for the chemical industry [16]. Lower olefins (C_2 – C_4 LAOs) are mainly used as building blocks, commonly produced by the steam cracking of ethane or naphtha and the dehydrogenation of propane [17]. The process to produce lower olefins via FT reaction is referred to as "Fischer-Tropsch to olefins" (FTO). A substantial amount of work has been conducted to develop highly efficient catalysts to directly convert synthesis gas to lower olefins [18,19]. However, traditional FTO is limited by ASF distribution and suffers from high CH₄ selectivity. To address these issues, recently, the development of oxide-zeolite bifunctional catalysts to selectively convert synthesis gas to lower olefins has seen significant progress. The separation of CO activation and C-C coupling onto two different types of active sites can tune C_2 - C_4 LAOs selectivity as high as 80% at a fair CO conversion [20,21]. LAOs with more than four carbon atoms, especially in the C_5 - C_{10} range, are even more valuable than lower olefins because of their use as co-monomers in polymerization and as feedstocks for lubricants and detergents [22]. Currently, there remains no commercial process for directly converting synthesis gas to higher LAOs which do not meet consumer demand, thus hampering industrial development globally.

$$CO + H_2O \to CO_2 + H_2 \tag{1}$$

$$nCO + (2n + 1)H_2 \rightarrow C_nH_{2n+2} + nH_2O$$
 (2)

2. Catalysts

A general aspect of FT chemistry is the dissociation of CO in atomic C and O on metal surfaces [23], although there are also pathways that involve the hydrogenation of CO prior to C–O bond cleavage. Group VIII metals with unoccupied d-orbitals are capable of CO dissociation. Based on Brønsted-Evans-Polanyi (BEP) relations, transition metals with a lower d-band filling that will bind the dissociated C and O atoms strongly will lead to low activation barriers for CO dissociation [24]. The termination of the chain-growth reactions are also important as they determine the length of the hydrocarbons obtained [23].

From left to right in the periodic table, the d band of transition metals is filled [25]. Catalysts with a lower C and O binding energy to the right will hardly produce long-chain hydrocarbons, because the CH_x growth monomers are easily hydrogenated by H_2 , resulting in high CH_4 selectivity. Therefore, CO hydrogenation on Ni mainly produces CH_4 . For Cu- and Rh-based catalysts, the main products for CO hydrogenation are alcohols due to their low CO dissociation ability. Metals such as Ru, Co and Fe bind C and O stronger than Ni, Cu and Rh, resulting in a higher probability for CH_x intermediate to couple to long-chain hydrocarbons. Hence, Ru-, Co- and Fe-based catalysts are the most suitable for the FT reaction [26]. The product distribution of CO hydrogenation on transition metals is shown in Figure 2.

Ru-based catalysts display outstanding performance for CO hydrogenation in terms of activity, selectivity and stability. Despite this, Ru cannot serve as a base for catalysts at the industrial scale because of the high price of this cheapest of noble metals [27]. So far, only Co and Fe have been used as the active phase for industrial FT catalysts.



Figure 2. The product distribution of CO hydrogenation on transition metals.

Co-based catalysts outperform Fe-based catalysts at low temperature (200–240 °C), often referred to as low-temperature Fischer-Tropsch (LTFT). Moreover, the WGS activity of Co is much lower than that of Fe, limiting undesired CO₂ formation. On the other hand, the higher CH₄ selectivity on Co-based catalysts restricts its application at high temperature (250–350 °C), which is referred to as high-temperature Fischer-Tropsch (HTFT). In HTFT, Fe-based catalysts are preferred to reduce the amount of CH₄ formed [17]. Another advantage of Fe catalysts is that they can handle the low H₂/CO ratio of synthesis gas derived from coal and biomass, owing to the substantial WGS activity [28]. On the other hand, Co-based catalysts are typically used in combination with natural gas as a source of the synthesis gas feedstock. Overall, the operation conditions for Fe-based catalysts are more flexible and they can also be used in LTFT. Paraffins, such as wax, is the main product for Co-based catalyst in LTFT, whereas Fe is mainly used for producing olefins and oxygenates in HTFT. Metallic Co is regarded as the active phase for the FT reaction, while Fe has a high tendency to form Fe-carbide because of a strong Fe–C bond. The most significant differences between Co- and Fe-based catalysts are shown in Table 1.

Property	Со	Fe	
Cost	expensive	cheap	
Reaction temperature	200–240 °C	250–350 °C	
FT activity	high	relativley low	
WGS activity	neglible	neglible active	
Carbon source	Natural gas	Coal and biomass	
H_2/CO ratio	~2	0.5–2.5	
Active phase	Metallic Co	Fe-carbides	
Methane selectivity	high	low	
Products	Wax (paraffins)	C_1 – C_{15} , olefins, oxygenates	
Sulfur tolerance	Very sensitive	sensitive	

Table 1. Comparison of Co- and Fe-based FT catalysts [29,30].

In addition to mono-Co or Fe-based catalysts, the construction of bimetallic catalysts incorporating both Co and Fe has attracted a wide range of attention. Yang et al. revealed that adding Co in χ -Fe₅C₂ enhances the FT performance because Co is more capable of dissociating CO [31]. The synergistic effect of Co–Fe alloy not only leads to a higher FT activity, but is also conducive to grow long-chain hydrocarbons [32]. It was also reported that bimetallic catalysts were more stable against deactivation compared to pure Co-based catalysts, even though they still suffered from deactivation at high CO conversion due to high H₂O partial pressure [33].

3. Fe-Based Catalysts

In the Earth's crust, Fe is the fourth most abundant element, mainly existing in the form of Fe-oxide. This abundance means that Fe is very cheap and an excellent choice for the FT catalysis. For the industrial FT synthesis, precipitated or fused Fe in unsupported form are mainly used as catalyst precursors [34]. Practically, precipitated Fe is employed in fixed bed or slurry bed reactor in LTFT, predominately producing long-chain hydrocarbons, e.g., wax [35]. On the other hand, fused Fe is mainly consumed in fluidized beds in HTFT for olefins production [12]. The poor mechanical strength of unsupported catalysts may lead to the plugging of the catalyst bed in fixed bed operation or to the fouling of downstream equipment in fluidized bed operation. Supported Fe catalysts display an enhanced dispersion of the active phase and may withstand the mechanical degradation that threatens unsupported catalysts.

Upon activation, the Fe-oxide precursor is usually converted into a mixture of metallic Fe, Fe-carbides and Fe-oxides and the composition of catalyst depends on many parameters such as the catalyst precursor, catalyst pretreatment and the FT reaction conditions [36]. Despite the complexity of the composition in the working condition, a correlation between Fe-carbide content and FT activity has been widely observed and Fe-carbide formation is believed to be the necessary step to obtain good FT activity [37]. Fe-oxide, on the other hand, is considered to be active for the WGS reaction, which leads to the production of excessive CO_2 [38]. In itself, CO_2 production represents a loss of valuable carbon products. As some WGS operation is needed in CTL and BTL processes, it can be worthwhile to remove CO_2 to reduce the greenhouse gas emissions of the process. A distinct feature of Fe-carbide is that it is air sensitive [39] and readily oxidized in air at room temperature, leading to the formation of Fe-oxide [40]. Thus, activation or carbide formation is preferably performed in situ before starting the FT reaction [41]. For research purposes, the passivation of the catalyst in diluted O_2 is usually employed [42].

During FT reaction, $\varepsilon(')$ -carbide, χ -Fe₅C₂ and Θ -Fe₃C are commonly observed in Febased FT catalysts [43,44]. They are classified as interstitial carbides, because C atoms occupy the interstices of the Fe lattice. According to the way in which C atoms occupy the hexagonally close-packed (hcp) lattice, their structure can be divided into two categories. In $\varepsilon(')$ -carbide, C atoms occupy Fe octahedral interstices ascribed to octahedral carbides, while the C atoms in Θ -Fe₃C and χ -Fe₅C₂ are situated in trigonal prismatic interstices. The main differences between these three Fe-carbides are listed in Table 2.

Table 2. Comparison of ε (*'*)-carbide, χ -Fe₅C₂ and Θ -Fe₃C.

	ε(')-Carbide	χ -Fe ₅ C ₂	Θ-Fe ₃ C
Space group	P63/mmc	C_2/c	pnma
Crystal structure	hexagonal	monoclinic	orthorhombic
C/Fe	0.45~0.5	0.4	0.33
Required carbon	High (low T,	Low (high T,	Low (high T,
chemical potential	high H ₂ /CO)	low H_2/CO)	low H_2/CO)

Among these three carbides, $\varepsilon(')$ -carbide is the generic term for ε -Fe₂C and ε' -Fe_{2.2}C. ε -Fe₂C and ε' -Fe_{2.2}C share the same space group and lattice parameter, but differ in the chemical environment of Fe atoms [45]. The site occupancy of C in ε -Fe₂C and ε' -Fe_{2.2}C is 0.5 and 0.45, respectively. $\varepsilon(')$ -carbide formation is favored at a high carbon chemical potential, which represents the condition of low temperature and high CO partial pressure [36]. However, kinetic factors (lattice deformation, carbon diffusion) can prevent its formation at low temperature. Hence, they are commonly observed in catalysts with relatively small particles and in the presence of a support material or chemical promoters [46,47]. If temperature exceeds 250 °C, $\varepsilon(')$ -carbide will transform to χ -Fe₅C₂ [48,49]. χ -Fe₅C₂ is the most observed carbide phase in the context of FT catalysis. Several works show that χ -Fe₅C₂ is the main active phase constituent at moderate FT conditions, owing to its relative thermodynamic stability at low carbon chemical potential. When the temperature is further increased, χ -Fe₅C₂ will transform to Θ -Fe₃C [50]. The less active Θ -Fe₃C can also evolve into a more active χ -Fe₅C₂ [51]. The common feature of carbon-poor Θ -Fe₃C is that it can contribute to the buildup of carbonaceous deposits because of its near-metallic nature [36,52]. Excessive carbonaceous deposits like graphite will cause the deactivation of the catalyst [53,54].

Despite extensive research, it is still uncertain which phase is the most active in the FT reaction. The intrinsic activity comparison between $\varepsilon(')$ -carbide and χ -Fe₅C₂ is widely investigated. Usually, a mixture of several Fe-carbides is obtained during reaction, making it impossible to correlate activity with a specific phase [36,55]. Chang et al. found that the intrinsic activity of χ -Fe₅C₂ is higher than $\varepsilon(')$ -carbide through changing the pretreatment condition [56]. However, Chun et al. found that $\varepsilon(')$ -carbide performs better than χ -Fe₅C₂ by introducing CO₂ in the feed, which increased the amount of $\varepsilon(')$ -carbide [57]. Lu et al. also found that the content of $\varepsilon(')$ -carbide is more active than χ -Fe₅C₂ [58]. Another exploration by Wezendonk et al. pointed out that the weight-normalized activities (FTY) of χ -Fe₅C₂ and $\varepsilon(')$ -carbide are virtually identical [59]. There are also some controversial conclusions in terms of the product distribution on different Fe-carbide phases within an FT reaction [36,55,59,60]. The observed differences are probably caused by various factors, such as particle size, exposed facet (phase morphology), surface carbon deposition, support effect and the interference of other phases. To overcome these difficulties, surface-sensitive techniques were applied to in situ measure the chemical and structural composition of welldefined catalysts (single-crystal or flat-model catalysts) under operating conditions [61,62]. These systems were mainly focused on studying time-, pressure-, temperature-dependent Fe carburization kinetics. To further establish a structure-activity relationship on Fe-carbide in the FT reaction and study the underlying mechanism, synthesizing specific pure Fecarbide and realizing that the catalyst suffers from no phase change or deactivation during FT reaction is of paramount importance.

Some endeavors have been made to synthesize oxide-free Fe-carbides. By using a rapid quenched skeletal iron precursor, Xu et al. prepared a catalyst that mainly consists of $\varepsilon(')$ -carbide and it showed excellent FT activity at relatively low temperature [45]. Peng et al. took advantage of Raney Fe, which is porous and support-free and can be used as a model catalyst to successfully synthesize phase-pure $\varepsilon(')$ -carbide by tuning carburization conditions. The obtained $\varepsilon(')$ -carbide showed low CO₂ selectivity in LTFT reaction, as shown in Figure 3 [9]. The formed $\varepsilon(')$ -carbide is also stable at higher temperature and the phase composition does not change after operating at 250 °C. By stabilizing $\varepsilon(')$ -carbide into graphene layers, it can also catalyze HTFT reaction without transforming to χ -Fe₅C₂ [63]. Single-phase χ -Fe₅C₂ was synthesized by Yang et al. using a facile wet-chemical route with the help of a Br agent [64]. In their following work, a range of phase-pure metallic Fe and Fe-carbide nanoparticles were utilized in illustrating the FT mechanism [60].



Figure 3. FT performance of the Raney Fe catalyst as a function of time on stream. (**A**) $H_2/CO = 1.5$, 23 bar, 235 °C, GHSV of 18,000 h⁻¹. (**B**) After 175 h time on stream, the reaction temperature was increased to 250 °C and kept constant for 24 h, followed by a decrease to 235 °C [9].

4. Product Distribution

The formation of long-chain hydrocarbons is a key part of the FT chemistry involving polymerization-like events of C1 monomers. The ideal product distribution follows the Anderson-Schulz-Flory (ASF) statistics [26]. The fraction of the carbon number within the hydrocarbon chain containing n carbon atoms with respect to total carbon numbers is expressed in Equation (3):

$$S_{n} = \frac{Cn}{\sum_{1}^{\infty} Cn} = \frac{n (1 - \alpha) \alpha^{n-1}}{\sum_{1}^{\infty} \alpha^{i-1}} = n(1 - \alpha)^{2} \cdot \alpha^{n-1}$$
(3)

where α is the chain-growth probability. Assuming it is independent of chain length, it can be expressed as the rate of chain propagation (r_p) over the rate of chain termination (r_t) plus chain propagation (r_p), as shown in Equation (4):

$$\alpha = \frac{r_p}{r_p + r_t} \tag{4}$$

Depending on the catalyst and operation conditions, α value varies, which in turn results in different product distributions. The theoretical product distribution as a function of chain-growth probability is shown in Figure 4. The lower temperature regime at which the selectivity toward higher hydrocarbons is favorable where mainly Co-based catalysts are used for producing wax as a precursor to high-quality transportation fuels. On the other hand, at the high temperatures used in the HTFT process, C_{5-20} hydrocarbons or lower olefins (C_{2-4}) are the major products, and Fe is most often used as a catalyst [12]. Notably, the undesired CH₄ selectivity monotonously decreases with increasing α . However, there is some deviation from the ASF distribution with regard to CH₄ selectivity. The higherthan-predicted CH₄ selectivity by ASF distribution can have different origins, such as a thermodynamic preference to form CH_4 , the kinetic preference for CH_x hydrogenation compared to C–C coupling or the involvement of specific surface sites that are selective to CH_4 [65–67]. On the other hand, C_2 selectivity is often lower than predicted by ASF, which is explained by the strong binding of ethylene with the catalyst surface [68]. Moreover, it has been observed that the chain-growth probability of C_{7+} products is higher than that of C_{1-7} ones. The chain-length-dependent chain-growth probability was discussed [69]. It was revealed that, compared to higher LAOs, lower LAOs are more easy to be reinserted into growing chains, leading to the deviation of ASF distribution. Hydrogenolysis, on the other hand, could shorten produced long hydrocarbons by successive demethylation [70]. A high reversibility of chain growth on Co catalysts has been described by Chen et al. [71].



Figure 4. Theoretical product distribution as a function of chain-growth probability α .

5. Reaction Mechanism

FT reaction has been widely studied for almost 100 years, but there is still debate with regard to the reaction mechanism. Generally, it can be divided into a sequence of elementary reaction steps characteristic for a polymerization reaction: (i) chain initiation, (ii) chain propagation and (iii) chain termination.

Chain initiation involves CO dissociative adsorption. Two types of mechanisms were proposed. The adsorbed CO on metal sites can directly dissociate into C and O atoms, referred to as direct CO dissociation. The C atoms will participate, following chain-growth reactions as preliminary intermediates, while O atoms will be removed as H₂O or CO₂ as FT by-products [72]. In addition to direct CO dissociation, hydrogen-assisted CO dissociation pathways were also proposed. Such pathways can provide HCO or COH intermediates originating from the hydrogenation of adsorbed CO before the C–O bond breaks [73]. It is likely that the CO dissociation pathway depends on the surface coverage, the lateral interactions of intermediates and the relative occurrence of different sites on the catalyst surface [74]. On metallic Fe, it is believed that direct CO dissociation is the dominant pathway because of its low CO dissociation barrier [75]. H-assisted CO dissociation mainly proceeds on surface with a large occupancy of sub-surface C atoms, while direct CO dissociation takes place on the stepped sites of χ -Fe₅C₂ [43]. On the most stable (510) phase of χ -Fe₅C₂, the direct CO dissociation is suggested to be the preferred pathway, while the H-assisted CO dissociation mainly takes place on other phases [76]. Therefore, it is reasonable to be deduced that both pathways could contribute to the cleavage of CO molecules on Fe-carbide.

During chain propagation, carbide mechanism and CO insertion mechanism are differentiated in terms of whether the chain-growth monomer is CH_x or CO. The carbide mechanism, first proposed by Fischer and Tropsch, entails CH_x species inserted into the growing hydrocarbon chain [1]. Although Kummer et al. later proved that chemisorbed C is the dominant reactive intermediate rather than bulk carbide [77], the mechanism is still referred to as the carbide mechanism. However, the formation of oxygenates during FT reaction is not in keeping with this mechanism. Accordingly, Pichler et al. proposed a CO insertion mechanism, in which an HCO intermediate or adsorbed CO can be inserted into the hydrocarbons chain [78]. In this mechanism, the C–O bond scission occurs after the C–C coupling, whereas for the carbide mechanism, it is believed that the cleavage of

the C–O bond precedes the C–C coupling [79]. It has been reported that a CO insertion mechanism is not the dominant pathway to the reaction since there is no appreciable molecularly adsorbed CO on an Fe surface at 700 mbar [62]. The absence of chemisorbed CO on Fe-carbide was also observed when an FT reaction was running at relatively low pressure [80]. On the other hand, the high pressure needed for FT reactivity and the resulting high CO coverage indicate the existence of a CO insertion mechanism [81]. The rate between oxygenate removal versus C–O bond cleavage determines whether the chain growth proceeds via CO or CH_x insertion mechanism [82]. These two mechanisms are schematically presented in Figure 5.



Figure 5. Schematic representation of the carbide mechanism and CO insertion mechanism.

In the view of carbide mechanism, the chain termination of the adsorbed alkyl group can occur in two different ways. It can either be hydrogenated to form n-paraffin or undergo β -H elimination to form α -olefin [83]. Govender et al. proposed that olefins and paraffins grow on different active sites and do not share the same surface intermediates [84]. The reversibility of β -H elimination could cause the re-insertion of α -olefin into a different growing chain, thereby deviating from the theoretical product distribution [85]. In addition, the re-adsorption of the α -olefins could lead to the formation of more paraffins and isomers by secondary hydrogenation and isomerization reactions, respectively [70]. In the carbide mechanism, termination by CO insertion into a growing hydrocarbon chain is claimed to be the source of oxygenates [82]. In the CO insertion mechanism, the formation of a growing hydrocarbon chain is followed by the cleavage of C–O bond [86]. The formation of alcohols and aldehydes are terminated by hydrogenation and β -H elimination of the C_xH_yO_{ads} species, respectively. Acids are formed via the insertion of CO₂ into the growing chains.

6. Fe Carburization Kinetics and C Hydrogenation Mechanisms on Fe-Carbide

Usually, Fe-carbide is regarded as the active phase for FT reaction. The formation of Fe-carbide is accompanied by hydrocarbon production [87]. It suggests that the C atoms from CO dissociation can either be inserted into the bulk Fe structure or be hydrogenated to CH_x , which is either hydrogenated to CH_4 or evolved into a chain–growth reaction. The tuning carburization behaviors of Fe-based catalysts are indispensable to realize optimized FT performances. A higher degree of carburization causes the Fe atoms to be in a more electron-deficient state, which enhances the σ donation from CO to the surface and weakens the π back-donation for CO adsorption [88]. Surfaces with more reduced Fe atoms exhibit a lower activation energy for CO dissociation and bind adsorbed C stronger, which are unfavorable for CH_4 formation [89–91]. Carburization rate is highly dependent on reaction conditions and the composition of the catalyst [56,92]. Ribeiro et al. found that adding alkali

promotors could shorten the carburization time span, because it provided a higher CO surface coverage for a higher carburization rate [93]. By using colloidal methods, various Fe-carbide nanoparticles can be synthesized through controlling the use of hetero-halide ions. The introduction of Cl⁻ from NH₄Cl on the Fe surface weakened the bonding between Fe and C atoms, thus inhibiting the diffusion of C atoms into the Fe structure in favor of the formation of C-poor Fe-carbide [94]. The strong interaction between highly dispersed Fe-oxide and an oxidic support impedes the conversion of Fe-oxide into Fe-carbide [95]. Zhou et al. found that Fe carburization rate was faster when Fe is supported on a silicon substrate than on a silica substrate, because the former could provide an alternative way for O-removal [96]. Butt et al. found that increasing H_2 partial pressure promoted the carburization of metallic Fe [97]. Similar results were observed by Niu et al. that H_2/CO has a higher carburization capability than CO alone on α -Fe [56]. It was further revealed that adding H₂ could promote the removal of O atoms, which could free vacancies for CO dissociation. The resulting high C coverage is kinetically favorable for the formation of ε (')-carbide [75]. The detailed mechanism is shown in Figure 6. The rate of the carburization of Fe-oxide is typically controlled by O diffusion from the oxide core to the surface [98]. The pretreatment environment can influence the initial catalytic activity. It was observed that a precipitated Fe-based catalyst pretreated in H_2 was more active and reached steady state more rapidly than the corresponding catalyst treated in CO [99]. The initial and steady-state catalyst activities were inextricably correlated with the carburization rates to form active surface carbide nodules [100].



Figure 6. Schematic representation of the role of H₂ on Fe-carbide formation [75].

Lohitharn et al. pointed out that the FT activity on Fe-carbide is dependent on the number of active intermediates [101]. Temperature-programmed hydrogenation (TPH) was used to establish the correlation between the structural type and reactivity of C species in the Fe-based samples [102]. In the order of decreasing reactivity, the following were distinguished: (i) adsorbed atomic C species and surface carbide; (ii) polymeric, amorphous C species; (iii) bulk C and (iv) graphitic C. Xu et al. revealed that the initial catalytic activity of FePtK/SiO₂ was positively correlated with the amount of adsorbed atomic C species [103]. An atomic C species could also convert to polymeric carbonaceous species on the surface. Herranz et al. suggested that the polymeric surface carbonaceous species was more closely related to the FT activity than atomic C species [51]. It was revealed that polymeric species representing C_{2+} hydrocarbons intermediates has a lower surface coverage than the CH_4 intermediates [104]. Ding et al. found that the combination of atomic C species and polymeric surface carbonaceous species resulted in graphitic-type C species, restricting active sites for the FT activity [105]. Reactive adsorbed C, graphitic C and carbidic C in the bulk of the Fe-carbide could also be distinguished by electron energy loss spectroscopy (EELS) [106].

Govender et al. found two active pools of C on the surface of Fe-based catalysts to be responsible for the formation of CH_4 . The less active pool occupied the majority of total CH_x coverage, while the more active pool was scarce on the surface. The C–C coupling reaction involved both C pools [107]. Graf et al. also suggested that multiple pools existed on the Fe-based catalyst for CH_4 formation and the addition of K would block the fast channel [108]. It was suggested that the slow pool is from C atoms that diffuse from the interior of the Fe-carbide [109]. The involvement of lattice C can be described by a Mars-van Krevelen (MvK) mechanism, which has initially been described for oxidation catalysis by Mars and Van Krevelen [110]. This mechanism was also used for describing the reaction cycle of CH_4 on the carbon-terminated Fe_5C_2 (100) surface [111]. The hypothesis entails the threefold hydrogenation of a lattice carbide, followed by the creation of a surface vacancy (fourfold site) where a CO molecule from the gas phase can dissociate. The reaction pathways are shown in Figure 7.



Figure 7. Schematic representation of the MvK mechanism for FT reaction toward CH₄ on Fe-carbide catalysts [111].

Kummer et al. first partially carburized a catalyst by ¹²CO and then fully by radioactive ¹⁴CO, leading to a ¹⁴C-enirched surface. By carrying out the FT reaction in ¹²CO/H₂, it was found that the hydrocarbons produced at 260 $^\circ$ C contained only 10% 14 C, as established by measuring their radioactivity. It indicates that the pathway following an MvK mechanism has a minor contribution to hydrocarbon formation [77]. Ordomsky et al. later found that C atoms in Fe-carbide are involved in the chain-growth initiation events of the FT reaction via isotope-labeling experiments [112]. The slow evolution of C_{2+} products in steadystate isotopic transient kinetic analysis (SSITKA) also suggests that a less-reactive C pool might be involved in chain growth [84]. The Langmuir-Hinshelwood (L-H) mechanism is currently favored in describing the FT reaction on Co and Ru catalysts [113,114], where the metal–carbon bond is not as strong as on Fe [115]. Catalytic reactions predominantly occur between adsorbed species. Typically, the intrinsic activity of Co and Ru is higher than that of Fe-carbide [116], suggesting that reaction pathways that follow the L-H mechanism are faster than those involving MvK steps. The presence of two reactive species ($C_{\alpha,ads}$) and $C_{\beta,ads}$) were also proposed on Co-based catalysts by Van Dijk et al., however, with comparable surface coverage and rate constants for CH₄ formation [117]. Strikingly, the reaction pathways expand several orders in rate for CH₄ formation on Fe-carbide. The fast reaction paths dominate the CH₄ formation rate but run over only about 10% of the catalyst surface via an L-H mechanism. The slowest pathway contributes to CH₄ formation involving the extraction of lattice C following an MvK mechanism. The comparison of these two pathways on Fe-carbide is illustrated in Figure 8 [80].



Figure 8. The comparison of the L-H mechanism and MvK mechanism on Fe-carbide for CH₄ formation [80].

7. Promoters

In the preparation of Fe-based catalysts, various promoters are generally required to reasonably modulate the catalyst properties. Depending on the effect of promoters on the FT reaction, they are usually divided into electronic promoters and structural promoters. Electronic-type promoters usually contain alkali metals, transition metals and rare earth metals. Structural promoters generally refer to inorganic oxides that are difficult to be reduced, such as SiO₂ or Al₂O₃.

K, Na, Mn, Cu and S are the most reported chemical promoters for Fe-based catalysts. Among them, K and Na could suppress CH₄ selectivity and enhance olefins selectivity because they can donate electrons to Fe to inhibit the hydrogenation of C-containing intermediates and hamper the re-adsorption of olefins [93,118]. K is also known to facilitate carburization during catalyst activation due to an increased CO adsorption [93]. S might lower H coverage on Fe-carbide, thereby suppressing CH_4 formation [17]. Cu could promote Fe-oxide reduction, which is favorable for carburization and shortens the pretreatment period [119]. Mn-promoted catalyst also enhances olefins selectivity and suppresses CH_4 selectivity [120]. Mn was also found to promote the dispersion of Fe and increase the active surface area [121]. A solid solution compound is formed when Mn was added, similar to the role of Zn, La, Zr, V, Cr or Ce. The mixed-oxide phase tends to inhibit crystallite growth and thus, smaller Fe particles are retained. Lohitharn et al. reported that the introduction of Mn had no influence on the intrinsic activity of Fe rather than increasing the number of active sites with SSITKA [122]. The same holds true for K-promoted catalysts [123]. Jensen et al. found that a Mn-containing catalyst was 2 times as active as Fe on a basis of specific rate, whereas it was less than half as active on a basis of weight [124]. They proposed that MnO can electronically or chemically alter the nature of Fe as an electron donor. Liu et al., however, found that the addition of Mn will lead to a lower degree of carburization, and accordingly, a relatively lower activity [125]. Ribeiro et al. also found that Mn hinders Fe carburization and that the carburized catalyst displays a higher Fe_3O_4 content than the catalyst without Mn [126]. Strikingly, an increasing Mn content led to a higher CH₄ and lower light olefins selectivity. They attributed this trend to higher WGS rates observed on the FeMn catalysts because of a high oxidation degree. Zhang et al. suggested that Mn could also migrate to the catalyst surface and that the enrichment of MnO on the catalyst surface would retard Fe reduction [127].

 SiO_2 and Al_2O_3 are used as structural promoters to increase the surface area of the catalyst and promote the dispersion of the active site. The increased structural integrity and larger surface area of active sites is beneficial for a higher FT activity. The promotion of these supports could also enhance the mechanical strength of catalysts and prevent catalyst attrition. On the other hand, the strong interaction of Si or Al hydroxyls with Fe could inhibit Fe reduction or carburization, owing to the difficulties in O removal [128].

8. Deactivation of Fe-Based Catalysts

As Fe-based catalysts are usually used at high temperature for the FT reaction, they will inevitably face deactivation because of catalyst sintering, particle agglomeration and attrition [129]. To avoid physical deterioration, a support is needed to disperse and stabilize the active phase [130]. Strong support–metal interactions can inhibit the sintering of the catalyst [131]. Some structural promoters are also added to enhance such interactions [132]. The change in the chemical state of the catalyst also poses a negative effect on the catalytic activity. The oxidation of metallic Fe and/or Fe-carbide phases is believed to be one of the factors for catalyst deactivation, especially at high CO conversion [133]. The formation of Fe-oxide will cause a higher CO_2 selectivity, owing to the WGS reaction [9]. Apart from oxidation, the formation of coke will also lead to a decrease in FT activity. The accumulation of graphite-like carbonaceous species on the catalyst surfaces will restrict the availability of active sites and block the pores [36]. It may also lead to undesired side reactions [66]. A slight increase in CH₄ selectivity during deactivation was observed [134]. It was revealed that the deposition of C during the ongoing FT reaction has a higher tendency to cover fast sites, which is mainly responsible for long-chain hydrocarbons, than slow sites, which mainly produces CH₄. Therefore, a decrease in FT activity is accompanied with an increase in CH₄ selectivity [135]. The influence of C deposits on Fe-carbide for the FT reaction is showed in Figure 9.



0

H

Figure 9. The mechanism underlying the influence of C deposits on Fe-carbide for the FT reaction [135].

Eliason et al. proposed two deactivation paths occurring in parallel and/or in a coupled form: first, the transformation of atomic C species to amorphous polymeric C species, followed by the formation of graphitic C and second, the transformation of high activity χ -Fe₅C₂ to less active $\varepsilon(')$ -carbide [103]. Jung et al. found that the transformation of $\varepsilon(')$ carbide to χ -Fe₅C₂ is accompanied by deactivation because the decomposition of metastable $\varepsilon(\prime)$ -carbide can lead to a buildup of coke [47]. The detached C from $\varepsilon(\prime)$ -carbide seems to serve as the nucleation site for the Boudouard reaction $(2CO \rightarrow C + CO_2)$ [136]. The transformation between reactive C species and graphitic C was reported to be reversible [66,137]. Increasing H coverage by increasing H₂ partial pressure or decreasing CO partial pressure will constrain the formation of amorphous/graphitic C on Fe-carbide [138]. Only elevated total pressure in combination with a high H_2/CO ratio was found to provide a sufficient H coverage to restrict C deposition. When the H_2/CO ratio is as low as unity, increasing the total pressure can increase the C deposition rate [139]. Therefore, at $H_2/CO = 2$, increasing synthesis gas pressure could help remove deposited C that is formed at low reaction pressure and regenerate the spent catalysts [135]. Rising temperature can retard C deposition thermodynamically, but accelerate carburization kinetically [91]. Increasing H_2O vapor content could also inhibit C deposition by inhibiting the formation of Boudouard-type

carbonaceous species [140,141]. However, local high H_2O vapor partial pressure formed by the WGS reaction may also irreversibly oxidize the catalyst, leading to the deactivation of the catalyst [142]. Smaller particles showed a lower tendency to build up inactive surface carbonaceous species on the catalyst surface [143]. The introduction of promoters (Na + S) could result in a significant C deposition by facilitating Fe carburization over the initial hours of the FT reaction [109]. However, the use of S, in the absence of Na, could increase the resistance against C deposition. The support effect on carbonaceous deposits formation was also studied by Galuszka et al. [53]. It suggested that strong metal–support interaction might counter deactivation by maintaining a balance between active and inactive C species.

9. Structure-Activity Relationships

As in all heterogeneous catalysts in which nanoparticles are used, there is a profound interest in establishing a structure-activity relationship for catalyst optimization. For Coand Ru-based catalysts, the turnover rate of the CO dissociation is dependent on particle size [144,145]. It has been observed that the turnover rate increases with particle size and shows maximum at intermediate size. This structure-sensitive phenomenon is usually interpreted in terms of geometric effects of the surface metal atoms. It is predicated that below a particle size of 6 nm, the density of step-edge sites decreases. The metal atoms on step-edge sites are more reactive to CO dissociation, owing to a lower coordination number. This can be understood in terms of an electronic effect, because the decrease in the coordination number of metal atoms will back-donate electrons to the antibonding orbital of CO, thus lowering the activation energy for CO dissociation. Geometrically, the CO molecule can align with step-edge sites without bending, which is more favorable for CO dissociation than on planar surfaces. CO dissociation is usually regarded as the rate-limiting step for smaller Co particles because low-coordination sites at corners and edges are poisoned by CO [146]. Hence, the enhanced CO dissociation ability on a larger Co particle size will subsequently increase the overall FT activity. Generally, larger Co particles favor chain growth, producing heavier hydrocarbons. However, a reversed phenomenon was reported on small Co particle sizes confined in mesoporous SiO_2 supports [147].

For Fe-carbides, controversy also exists in terms of particle size effect on FT activity. Some publications presented that smaller particles feature a lower TOF and higher CH_4 selectivity than large particles [148,149]. Torres Galvis et al. observed an opposite particle size effect. In the initial state, when the surfaces are relatively clean, a smaller particle size presents a higher surface-specific activity because more corner and edge atoms reside on small promoted Fe-carbide particles, which are beneficial for a CH_4 formation [118]. The formation of C_{2+} hydrocarbons is independent of particle size, whereas the TOF for CH₄ formation decreases when a larger particle is used. However, small particles suffer more from deactivation because of the loss of active surface area from sintering or C deposition. For unpromoted Fe-carbides, the apparent TOF increases with decreasing particle size, albeit with no difference in terms of selectivity. The fact that not all published work found the same particle size effect for Fe may be due to the sensitivity of carbon over-layers built up during activation. If the interference of C deposits could be excluded, compared to Co and Ru, the opposite structure-activity relationship on Fe-carbide is probably caused by the intrinsic nature of the chemical bonding of metal carbide. On the Fe catalysts, the binding strength of a C atom is stronger than Co or Ru. The stronger Fe–C bond corresponds to a lower activity on Fe-carbide because it requires more energy for C removal through hydrogenation [68,115]. It indicates that the removal of C atoms by hydrogenation is a rate-limiting step for Fe-carbide rather than CO dissociation [135,141].

Theoretical work pointed out that H adsorption also plays an important role in determining product selectivity [150]. Xie et al. observed that CH_4 formation occurs equally fast on edges and terrace sites for unprompted Fe-based catalysts, but it slows down on the terrace sites of promoted catalysts. There is a linear relationship between apparent TOF and CH_x coverage, with the latter being more abundant on small particle sizes. In addition, an increase in particle size leads to an increase in H surface residence time and a decrease in H coverage, indicating that hydrogenation is suppressed at large particle sizes [109].

10. Summary and Outlook

FT synthesis is an increasingly important approach for producing sulfur-free and aromatic-free liquid fuels and valuable chemicals via synthesis gas, those generated from coal, natural gas or biomass. Fe and Co are the only viable transition metals used in commercial FT catalysts. Although Fe-based catalysts are not as active as Co-based catalysts, they show a broader range of operation windows (pressure, temperature and feedstock composition), and more importantly, they are much cheaper than Co. Fe-carbides are the active phases of Fe-based catalysts in the FT reaction, while Fe-oxide is responsible for the formation of CO_2 via WGS reaction. Due to the complex changes of Fe phases during pretreatment and FT reaction, the kinetic and mechanistic understandings of Fe carburization and FT reaction on Fe-carbides are of paramount importance in guiding the design of well-performed catalysts. Apart from catalyst modulation, the optimization of reaction conditions also plays a critical role in realizing excellent FT performance. Depending on the reaction conditions, the chain-growth probability (α) changes, which in turn results in a different product distribution. The reaction mechanism of the FT reaction has been the subject of many research projects since the discovery of the reaction itself. The involvement of chain initiation, chain propagation and chain termination renders FT reaction network as one of the most sophisticated yet intriguing systems to be studied. On top of that, the general reaction mechanism and elementary reaction steps usually suitable to describe FT reaction on Co- or Ru-based catalysts do not fully hold true for Fe-based catalysts. The bond strength between C and Fe is much higher than the other mentioned transition metals. Therefore, the dissociated C further reacts with Fe to form Fe-carbide, in which lattice C can take part in FT reaction via an MvK mechanism. It was hypothesized that high-active sites are related to a L-H-type mechanism, whereas the low-active sites follow MvK-like kinetics. Due to the fact that an Fe-carbide surface is largely terminated by lattice C, it can offer a plausible explanation for why the intrinsic activity of Fe-carbide is lower than Co. C deposition is an integral part of the Fe-catalyzed FT reaction, making it difficult to correlate the intrinsic activity of a specific Fe-carbide to its FT performance. Another interfering factor is the existence of Fe-oxide, which can produce extra CO₂. Running FT reaction at high pressures appears to reverse the deactivation caused by the buildup of C deposits at low pressure and realizes a stable FT activity. However, the high-pressure synthesis gas could induce the surface oxidization of Fe. To some extent, the build-up of C deposits can protect the surface Fe from oxidization. The particle size effect of Fe-carbide on the FT reaction remains to be further explored by excluding aspects such as the phase evolution of Fe-carbide, the presence of Fe-oxide and the influence of C deposits during reaction.

To gain more insight on the mechanistic information of FT reaction on Fe-based catalysts, synthesizing phase-pure Fe-carbide and preserving their physical and chemical integrity during reaction are highly demanded. Therefore, the employment of a model catalyst, such as Raney Fe, which features a higher reducibility compared to conventional industrial catalysts, enables studying Fe carburization and FT mechanism in the absence of perturbing oxidic phases. It could also be interesting to compare the performance of phasepure Fe-carbide with a catalyst that is a mixture of Fe-carbide and Fe-oxide. The direct measurement of the contribution of lattice C in FT reaction is still a challenge, especially when considering chain growth. More carefully designed isotopic transient experiments are needed to address this issue. The accurate interpretation of the occurrence of multiple L-H reaction pathways is not yet possible and likely requires the integration of explicit DFT calculations, which suggests that CO activation and CH₄ formation rates are strongly dependent on the exposed crystal facets and active site geometry. Moreover, the correlation between each active site on Fe-carbide and the corresponding FT activity needs to be studied in more detail by using advanced surface science techniques, if required, on single-crystal or flat-model catalysts. The evolution of C and O intermediates on atomically defined

carbide surfaces should be tracked by time-resolved spectroscopy to establish structureactivity relationships. Another approach to systematically study the facet-dependent FT activity and the interaction of the Fe–C bond on different carbides is the inclusion of DFT calculations. The origin of CO_2 is also worth more investigation, considering its detrimental effect on both carbon efficiency and climate change.

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