



Article Effect of PEW and CS on the Thermal, Mechanical, and Shape Memory Properties of UHMWPE

Run Zhang^D, Suwei Wang^D, Jing Tian, Ke Chen^D, Ping Xue *, Yihui Wu and Weimin Chou

College of Mechanical and Electrical Engineering, Beijing University of Chemical Technology, Beijing 100029, China; zhangrun_buct@163.com (R.Z.); wangsw90@163.com (S.W.); tianjing_buct@163.com (J.T.); chenke0903@outlook.com (K.C.); wuyh5463@163.com (Y.W.); cwm758452@163.com (W.C.) * Correspondence: vueping@mail.buct.edu.cn; Tel: +86-10-6442-6911

* Correspondence: xueping@mail.buct.edu.cn; Tel.: +86-10-6442-6911

Received: 16 January 2020; Accepted: 19 February 2020; Published: 21 February 2020



Abstract: Modified ultra-high-molecular-weight polyethylene (UHMWPE) with calcium stearate (CS) and polyethylene wax (PEW) is a feasible method to improve the fluidity of materials because of the tense entanglement network formed by the extremely long molecular chains of UHMWPE, and a modified UHMWPE sheet was fabricated by compression molding technology. A Fourier-transform infrared spectroscopy test found that a new chemical bond was generated at 1097 cm⁻¹ in the materials. Besides, further tests on the thermal, thermomechanical, mechanical, and shape memory properties of the samples were also conducted, which indicates that all properties are affected by the dimension and distribution of crystal regions. Moreover, the experimental results indicate that the addition of PEW and CS can effectively improve the mechanical properties. Additionally, the best comprehensive performance of the samples was obtained at the PEW content of 5 wt % and the CS content of 1 wt %. In addition, the effect of temperature on the shape memory properties of the samples was investigated, and the results indicate that the shape fixity ratio (R_f) and the shape recovery ratio (R_r) can reach 100% at 115 °C and 79% at 100 °C, respectively, which can contribute to the development of UHMWPE-based shape memory polymers.

Keywords: shape memory; UHMWPE; compression molding technology; solid lubricants

1. Introduction

Shape memory polymers (SMPs) are considered to be a smart material that can change their shapes from the temporary (named "soft phase") to the permanent (named "hard phase") when exposed to external stimuli, such as heat [1], light [2–4], pH [5,6], electricity [7], magnetism [8], and biological enzymes [9], and this ability to change shape is called the shape memory effect (SME). SME can be traced back to the "elastic memory" in a US patent on dental materials made of methacrylic ester resin by Vernon in 1941 [10]. The next important milestone in the development of SMPs is the application of heat shrinkable tubes and heat shrinkable films in the 1960s [11–14]. Nowadays, after decades of development, SMPs have been successfully used in many fields, such as aerospace [15–18], biomedical [19–23], and smart appliances [24]. Compared with shape memory alloys (SMAs) and shape memory ceramics (SMCs), SMPs have the advantages of lower density, higher strain (up to 800% [25]), excellent processability, good chemical stability, biocompatibility [20,22], and an adjustable biodegradation rate [26]. However, as we all know, the shape recovery stress of SMPs is only 1–10 MPa, while SMAs can reach 400 MPa [27].

Cross-linked polyethylene is widely used as a shape memory material in developed countries, such as low-density polyethylene (LDPE) and high-density polyethylene (HDPE), but the recovery stress can only reach 3 MPa [28], which cannot meet actual needs. This problem can be solved by using ultra-high-molecular-weight polyethylene (UHMWPE). UHMWPE has many excellent properties due

to its large molecular chain, such as excellent mechanical and tribological properties, electrical insulation, and biocompatibility, and thus it has been used in chemical, machinery, joint replacements, and other fields [29,30]. However, the research on shape memory of UHMWPE is still in its infancy. Maksimkin believed that the SME of UHMWPE resulted from physical cross-linking formed by extremely long molecular chains [27], which has strong temperature-dependent characteristics [31], and the authors had obtained UHMWPE fiber with an isothermal recovery stress of 22 MPa. Bastiaansen [32] studied the relationship between SME and resting equilibrium viscoelastic properties by mixing UHMWPE and polyethylene (PE). Other researchers adopted chemical cross-linking methods to further improve the SME of UHMWPE. Chen [33,34] used a silane-induced crossing method to mix UHMWPE with a water-carrying agent to prepare a cross-linked UHMWPE with a shape recovery ratio of more than 98%. Takahashi [35] analyzed the mechanism of total hip components prepared by a radiation cross-linking method in response to external strain from the perspective of molecular physics. In addition, smart materials were prepared by blending UHMWPE with metal derivatives by Pucci et al. [36]. Furthermore, researchers have improved the mechanical, thermal, and electrical properties of UHMWPE instead of SME by adding carbon nanotubes (CNTs) and graphene nanoplatelets (GNPs). Reddy [37] studied the dispersion of CNTs in UHMWPE and found that the electrical percolation threshold is 0.05% due to the formation of a two-dimensional conductive network. The same method was used for the study of mixing GNPs with UHMWPE [38]. Lahiri et al. [39] found that the addition of GNPs with a content less than 1% can improve the mechanical properties of the samples, while the biocompatibility of UHMWPE is seriously affected by the content of GNPs. Liu et al. [40] used the modification of GNP surfaces with organosilane to enhance the wear resistance and storage modulus by 980% and 170%, respectively.

We can hardly deny that the technical proposal of the researchers on the SME of UHMWPE is not mature enough, which is mainly because the extremely long molecular chain of UHMWPE forms a dense entanglement network, and thus they could not form a continuous molten phase when the materials were heated above the melting point (T_m) [41]. However, calcium stearate (CS) can be used as a heat stabilizer of polyvinyl chloride (PVC) and a solid lubricant for processing various plastics, while polyethylene wax (PEW) has excellent cold resistance, heat resistance, chemical resistance, and wear resistance, and can improve the fluidity of polyethylene (PE), polypropylene (PP), and acrylonitrile butadiene styrene (ABS). Thus, CS and PEW were used as solid lubricants during the processing of UHMWPE, which can not only improve the fluidity of the materials [42], but also reduce the probability of the emergence of micro-defects inside the samples [43]. Panin et al. [44] found that the wear resistance increases four times compared with UHMWPE under the condition of dry sliding friction when the amount of CS is 3 wt %, but the mechanical properties do not improve significantly. Zhong et al. [45] prepared self-reinforced all-PE composites by mixing micron-sized UHMWPE and HDPE wax, of which the Young's modulus, tensile strength, and impact strength of the samples can reach 4.5 GPa, 160 MPa, and 20 kJ/m², respectively. The artificial muscles were manufactured by Maksimkin et al. in the form of coiled UHMWPE fibers with the recovery stress of 27 MPa, and the structural mechanisms were further discussed [46]. Fan and his colleagues [47] utilized the interaction between the partially engaged molecular chains of UHMWPE and the medium crystal phases of PP to realize external stress-free two-way SME of the specimens. Senatov et al. [48] have researched UHMWPE/Al₂O₃ nanocomposites as a material for damaged cartilage replacement.

However, few researchers have studied the effect of agents such as antioxidants and plasticizers on shape memory, and no studies have been conducted on the effects of solid lubricants on the SME of UHMWPE. On the background of such a situation, the research on the properties of UHMWPE modified by CS and PEW has both practical value and theoretical value. CS can effectively improve the fluidity of UHMWPE, while PEW has a good compatibility with UHMWPE. Both CS and PEW can significantly reduce the number of product defects. Therefore, the study about the effect of CS and PEW on the crystallinity and the entanglement effect of UHMWPE molecular chains can provide a new research direction for the modification of UHMWPE. In this paper, the effect of the addition of CS and PEW on the mechanical, thermal, and thermomechanical properties were analyzed from the perspective of the molecular chain entanglement and crystallization. Furthermore, the effect of solid lubricants on SME of UHMWPE was also investigated.

2. Materials and Methods

2.1. Materials

The host polymer matrix used in this study was UHMWPE (GUR 4152) with a density of 0.935 g/cm^3 and a weight-average molecular weight (M_w) of $7.8 \times 10^6 \text{ g/mol}$, which was obtained from Celanese (Nanjing) Diversified Chemical Co., Ltd., Nanjing, China. CS powder with a calcium content of $6.5\% \pm 0.5\%$ and the T_m of 147–149 °C was obtained from Meryer Chemical Technology Co., Ltd., Shanghai, China. Besides, PEW (105) powder made of HDPE with the M_w of 1500–3500 g/mol, the T_m of 100–110 °C, and the density of 0.91 g/cm³ was obtained from Multidimensional Chemical Co., Ltd., Shijiazhuang, China.

2.2. Sample Preparation

The UHMWPE sheets were prepared by the compression molding technology. Firstly, UHMWPE, PEW, and CS were weighed according to the weight percentage listed in Table 1, and then mixed in a high-speed stirrer (Zhejiang Wuyi Dingcang Daily Metal Products Factory, Wuyi, China) intermittently at 25,000 rpm for about 10 min. Secondly, the mixture with a different content of CS and PEW was molded by the hot press (Zhengzhou Xinhai Machinery Manufacturing Co., Ltd., Zhengzhou, China) at the temperature of 230 °C and the pressure of 4 MPa for 35 min. Subsequently, the mold filled with the melt was transferred to a water-cooled press (Zhengzhou Xinhai Machinery Manufacturing Co., Ltd., Zhengzhou, China) and quenched to room temperature at the pressure of 10 MPa. Finally, the prepared UHMWPE sheets, with a thickness of approximately 4 mm and 2 mm, were cut into the required shapes for testing.

	Content (wt %)							
	UHMWPE	5PEW	13PEW	1CS	5CS	5PEW1CS	5PEW5CS	13PEW5CS
UHMWPE	100	95	87	99	95	94	90	82
PEW	_	5	13	-	-	5	5	13
CS	_	-	-	1	5	1	5	5

Table 1. The formulation of ultra-high-molecular-weight polyethylene (UHMWPE)/polyethylene wax (PEW)/calcium stearate (CS) materials.

2.3. Analytical Methods

Fourier-transform infrared (FTIR) spectroscopy of the samples was tested in the form of sheets (except CS and PEW) fabricated by the compression molding technique. The spectrum of all samples was recorded at room temperature over the range 4000–600 cm⁻¹ by an FTIR spectrometer (NEXUS 670, NECO INDUSTRIES INC., Oklahoma, OK, USA) and an attenuated total reflectance (ATR) cell. Besides, the spectra of all samples were averaged over 16 scans with a 4 cm⁻¹ resolution.

The crystallinity and melting behavior of samples were tested by a differential scanning calorimeter (DSC 25, TA Instruments, New Castle, DE, USA). Firstly, the sample was heated from 25 to 200 °C in a nitrogen atmosphere at a heating rate of 10 °C /min, and then cooled to 25 °C at the same rate. Besides, the sample was held at 200 °C for 3 min and at 25 °C for 1 min to eliminate thermal history. Then, the process was repeated again, and the curves were recorded. The degree of crystallinity of the sample (X_c) obtained by DSC was calculated through the following equation:

$$X_{C} = \frac{\Delta H_{m}}{\Delta H_{m}^{o}} \times 100\% \tag{1}$$

where ΔH_m is the melting enthalpy of the samples obtained from the DSC test and ΔH_m^o is the melting enthalpy of a 100% crystalline sample (for UHMWPE, $\Delta H_m^o = 289 \text{ J/g} [38]$).

Thermal gravimetric analysis (TGA) was carried out to characterize the relationship between weight loss and temperature, and the decomposition and thermal stability of materials. The test was conducted by a TGA instrument (TGA/DSC1, METTLER TOLEDO INSTRUMENTS CO., LTD., Shanghai, China) in a nitrogen atmosphere (20 mL/min) with the temperature range of 25–700 °C at a heating rate of 10 °C/min.

The Vicat softening temperature (VST) is a parameter to evaluate the heat resistance of samples. During the test, the sample with the size of $10 \times 10 \times 4 \text{ mm}^3$ was subjected to the force of 10 N with a heating rate of 50 °C/h to obtain a temperature value at which a pressure needle with a size of 1 mm² penetrated the sample to a depth of 1 mm. Each data is the average value obtained by testing 4 samples.

Dynamical mechanical analysis (DMA) is used to measure the entanglement density (v_e) and the average molecular weight (M_e) between the entanglement points [30]. The sample with a size of 35 × 6 × 2 mm³ was tested by a single cantilever bending mode of a DMA instrument (DMTA-V, Rheometric Scientific, New Castle, DE, USA). The test sample was scanned from 60 to 170 °C with the heating rate of 3 °C/min and the scanning frequency of 1 Hz. The storage modulus (E') was defined as the rubbery plateau modulus at 160 °C. The M_e was calculated using the following equation:

$$M_e = \frac{2(1+\nu)\rho RT}{E'} \tag{2}$$

where ρ is the density of the materials (for UHMWPE, $\rho = 0.935$ g/cm³), *R* is the gas constant, *T* is the absolute temperature, and *v* is the Poisson ratio (for UHMWPE, v = 0.4 [33]). Additionally, the chain entanglement density (v_e) was calculated using the following equation:

$$v_e = \frac{\rho}{M_e} \tag{3}$$

The mechanical properties of samples were tested by a universal testing machine (KXWW, Chengde Taiding Testing Machine Manufacturing Co., Ltd., Chengde, China) with a load cell of 5 kN. All tensile test samples with the size of $150 \times 20 \times 4 \text{ mm}^3$ were tested at a crosshead speed of 50 mm/min to obtain the tensile strength and elongation at break. Besides, the curve diagrams of the relationship between tensile strength and elongation were also recorded. The flexural test samples with the size of $80 \times 10 \times 4 \text{ mm}^3$ were tested at a crosshead speed of 10 mm/min to obtain the flexural modulus and flexural strength. Moreover, the notched impact strength of samples was tested with the size of $80 \times 10 \times 4 \text{ mm}^3$ at room temperature, and the side of each sample had a standard notch with a depth of 2 mm. In addition, all results of the tensile test and the flexural test were the average of at least four samples, and the results of the notched impact strength were the average of at least eight samples.

The bending test was conducted to quantify the shape memory behavior of samples. The schematic diagram of test process is shown in Figure 1. Firstly, a flat sample ($\theta_0 = 0^\circ$) with the size of $80 \times 10 \times 2 \text{ mm}^3$ was heated to the switching temperature (T_{SW}) in an oil bath, and then bent into a U-shaped structure with 180° ($\theta_U = 180^\circ$). The curvature radius in the tip of the U-shape after 180° bending was 8 mm. Secondly, it was rapidly cooled down to room temperature while the deformation was retained by the external force. Thirdly, after the external force was removed, it was deformed freely in the internal stress field, and then the final fixed angle (θ_f) was measured by an electronic digital angle ruler (Shengtaixin Technology Co., Ltd., Shenzhen, China) with an accuracy of 0.5°. Finally, it was heated to T_{SW} again without external force, and the final recovery angle (θ_r) of the sample was recorded. Lastly, the shape fixity ratio (R_f), the shape recovery ratio (R_r), and the maximum theoretical stress (σ_{max}) could be calculated by the following formula:

$$R_f = \frac{\theta_U - \theta_f}{\theta_U} \times 100\% \tag{4}$$

$$R_r = \frac{\theta_U - \theta_r}{\theta_U - \theta_0} \times 100\%$$
(5)

$$\sigma_{max} = E \frac{t}{2R} \tag{6}$$

where *E* is Young's modulus (for UHMWPE, E = 600 MPa [38]), t is the thickness of the sample, and *R* is the curvature radius of the sample.

0



Figure 1. Schematic diagram of the quantitative analysis of shape memory behavior in a bending test.

3. Results and Discussion

3.1. FTIR Analyses

The FTIR spectra were recorded to characterize the effect of CS and PEW on the molecular structure of UHMWPE, which is shown in Figure 2. It is generally believed that the added PEW and CS played the role of solid lubricants to improve the fluidity of UHMWPE and enhance fusion among materials [42,43]. By comparison, PEW mainly works as the external lubricant, while CS can be used as both external lubricant and internal lubricant. It was found that a new and strong characteristic peak appeared at 1097 cm⁻¹ by adding the solid lubricants, which represented the emergence of new ether bonds (C-O-C) inside the materials, and indicated that the addition of solid lubrications changed the molecular structure of UHMWPE during the compression molding process.



Figure 2. FTIR spectra of UHMWPE, PEW, CS, 5PW, and 5CS.

3.2. Thermal Properties

3.2.1. DSC Analyses

The DSC test of UHMWPE with different contents of PEW and CS was conducted to characterize the crystallization behavior and the initial value (T_m^{on}) , maximum (T_m^{max}) , and end value (T_m^{off}) of the melting peak of the materials [31]. The DSC curves recorded during the second melting process are shown in Figure 3a, while the degree of crystallinity and the parameter related to the melting peak are listed in Table 2. According to the data in Table 2, the crystallinity of the materials increases with the PEW content and decreases with the CS content, which indicates that the addition of PEW contributes to the growth of the crystal region, while the addition of CS plays the opposite role. Besides, the increased crystallinity of the materials makes the amorphous region smaller, which contributes to the decrease of T_m^{on}, because the melting process starts in the amorphous region. Moreover, the T_m^{on} of 13PEW5CS is 2.6 °C higher than that of 13PEW. According to the previous studies [38], Tm^{max} is affected by the micro-defects inside the samples. It can be seen from Table 2 that the T_m^{max} of the samples gradually increases with the content of PEW and CS, because PEW and CS can penetrate into the gaps between the molecular chains of UHMWPE, reduce the intermolecular force, improve the fluidity of UHMWPE, and reduce the number of micro-defects [43]. However, the addition of PEW with a lower melting point melts first and advances the position of the melting peak, which results in the downward trend of T_m^{max} from 5PEW5CS to 13PEW5CS.



Figure 3. Thermal properties of UHMWPE with different contents of PEW and CS: (**a**) DSC curves; (**b**) TGA curves.

Table 2. Characteristic points of the differential scanning calorimeter (DSC) and TGA for UHMWPE with different contents of PEW and CS.

			DSC	TGA			
Sample	T _m ^{on} (°C)	Tm ^{max} (°C)	T _m ^{off} (°C)	Crystallinity (%)	T ₁ (°C)	T ₅₀ (°C)	Ash Content (%)
UHMWPE	125.3	136.9	141.9	49.62	464.3	480.7	0.256
5PEW	122.9	136.9	142.3	52.16	466.2	481.6	0.013
13PEW	120.2	138.1	144.3	60.29	465.9	481.1	0.105
1CS	125.1	136.4	141.3	49.08	463.9	479.4	0.352
5CS	124.5	137.4	143.3	43.51	461.9	481.8	0.988
5PEW1CS	123.9	137.9	144.1	57.52	465.1	482.7	1.814
5PEW5CS	123.4	138.3	144.9	55.24	462.6	482.6	2.586
13PEW5CS	122.8	137.5	143.0	60.96	460.1	480.6	0.331

3.2.2. TGA Analyses

Figure 3b shows the TGA curves of UHMWPE with different contents of PEW and CS, and the parameters such as initial degradation temperature (T_1) representing 10% weight loss and mid-point degradation temperature (T_{50}) representing 50% weight loss are summarized in Table 2. It can be seen that the thermal stability of UHMWPE modified by PEW was improved, while that of CS was declined. Specifically, the T_1 of materials with the addition of PEW increases from 464.3 to 465.9 °C, while decreasing from 464.3 to 461.9 °C with the addition of CS, which is because the molecular chains' movement of the amorphous region is affected by the crystalline region below the T_m , and thus results in the hysteresis phenomenon of the degradation process. That means that the larger the crystalline region, the less likely the movement of molecule chains. However, when PEW and CS are applied to modify UHMWPE simultaneously, the thermal stability of materials declines. According to the above analysis, it can be seen that there is physical cross-linking between the molecular chains in the amorphous region, but it cannot fundamentally hinder the movement of the molecular chains, while the crystal regions can hinder the movement seriously.

3.2.3. VST Analyses

Figure 4 shows the effect of PEW and CS on the VST of the samples. The VST curve is closely related to the T_m of the materials. According to the curves in Figure 4, the addition of CS shows little effect on the VST curves of the samples, while the effect of PEW on the VST curves is more and more significant with the increase of PEW content. By comparison, the VST changes little at 5PEW, but decreases from 132.4 to 127.4 °C with the further increase of PEW content, which is mainly because PEW with a lower T_m melts first and destroys the structure of the samples. In addition, comparing 13PEW5CS with 13PEW, it can be found that the former curve has an obvious plateau area below 90 °C, while the latter does not.



Figure 4. The Vicat softening temperature (VST) curves of UHMWPE with different contents of PEW and CS.

3.3. Thermomechanical Properties

The DMA test is considered to be an effective method to measure the molecular weight between physically effective cross-linking points, including physical entanglement and chemical cross-linking [30]. The DMA curves of UHMWPE with different contents of PEW and CS are shown in Figure 5, and the platform modulus (E'), the average molecular weight between entanglement points (M_e), and the entanglement density (v_e) are summarized in Table 3. The platform modulus, which is also known as the storage modulus in the rubbery plateau, is a function of entanglement and cross-linking. Larger storage modulus generally results in greater entanglement density.



Figure 5. Storage modulus-temperature curves of UHMWPE with different contents of PEW and CS.

Table 3. E', M_e , and v_e	a values of UHM	IWPE with different	contents of PEW and CS.

	UHMWPE	5PEW	13PEW	1CS	5CS	5PEW1CS	5PEW5CS	13PEW5CS
E' (MPa)	4.587	4.755	4.603	4.971	5.060	5.907	5.607	4.761
M _e (g/mol)	2066	1993	2059	1907	1873	1605	1690	1991
$v_e (mol/m^3)$	453	469	454	490	499	583	553	470

It is not difficult to see that E' of UHMWPE modified by either PEW or CS has a little change, while the E' of UHMWPE modified by PEW and CS increases first and then decreases with the increase of content. According to the v_e calculated by the E' in Table 3, the v_e of UHMWPE that is modified by CS can reach the maximum of 499 mol/m³, while the PEW is only about 469 mol/m³, which indicates that the effect of CS on physical entanglement of UHMWPE molecular chains is more significant than that of PEW. Meanwhile, the excessive content of PEW results in the decrease of the v_e . Obviously, the physical entanglement is more significantly enhanced when UHMWPE is modified by PEW and CS simultaneously, and the maximum v_e can reach 583 mol/m³ of 5PEW1CS. Both PEW and CS can improve the movement capacity of UHMWPE chains without external force, which results in the more disordered the molecular chain, the more physical entanglement points and the greater the entropy. However, PEW with a smaller molecular weight can enter the gaps among the molecular chains of UHMWPE during the compression molding process, and the excessive content of PEW occupies the movement space of UHMWPE chains and hinders the movement of UHMWPE chains, which reduces the v_e of materials.

3.4. Mechanical Properties

3.4.1. Tensile Test Analyses

The representative stress–elongation curves obtained in the tensile experiments are shown in Figure 6a, and the tensile strength and the elongation at break of the samples with different contents of PEW and CS are shown in Figure 6b,c, respectively. The tensile strength listed in Figure 6b refers to the maximum tensile strength during the stretching process, including the yield strength for 13PEW or the fracture strength. It can be found from Figure 6 that PEW and CS can improve the elongation at break of the materials, and make the samples have an obvious plastic deformation process in the tensile

test. Obviously, pure UHMWPE shows deformation of high elasticity and no plastic deformation, which indicates that pure UHMWPE chains may only have segment movements of the molecular chains during the stretching process. However, significant slippage emerges in molecular chains or crystal regions due to the lubrication of PEW and CS, especially for the samples simultaneously modified by PEW and CS. Besides, the elongation at break of the samples modified by PEW is smaller than that of the samples modified by CS, which is because the former mainly emerges as a slippage between crystal regions, while the latter mainly emerges as a slippage between molecular chains. In addition, the slippage caused by the external force results in the orientation of the molecular chains, which improves the tensile strength from 21.6 MPa of UHMWPE to 23.5 MPa of 1CS, as shown in Figure 6b, and the break caused by the slippage of the crystal regions makes the fracture strength less than the yield strength. Furthermore, the tensile strength decreases from 23.23 MPa of 1CS to 20.1 MPa of 5CS because the increased size of calcium ionic clusters may hinder the slippage of the molecular chains [49]. The schematic diagram describing the increased size of the calcium ionic clusters is shown in Figure 7. In addition, the simultaneous addition of PEW and CS makes the samples show better plastic deformation and higher mechanical properties, such as 5PEW1CS with the elongation of 344% and tensile strength of 23.6 MPa. However, the excessive content of PEW and CS can decrease the elongation at break and tensile strength to 299% and 18.2 MPa, respectively, such as 13PEW5CS, which is mainly due to the excessive slippage of molecular chains caused by the solid lubricants, resulting in the absence of molecular chain orientation.



Figure 6. Tensile tests of the samples: (**a**) representative stress–elongation curves; (**b**) tensile strength; (**c**) elongation at break.





Figure 7. Schematic representation of the effect of CS addition to UHMWPE. This figure highlights the possible ways in which the increase in the size of calcium ionic clusters reduces their strength.

3.4.2. Three-Point Bending Test Analyses

Flexural strength refers to the ability of a material to resist bending. Flexural strength and flexural modulus of the samples are shown in Figure 8a,b, respectively. The flexural strength is significantly affected by the crystallite size and crystallinity of the samples. The flexural strength and flexural modulus increase with the PEW content, and first increase and then decrease with the CS content, while the flexural strength of UHMWPE modified by PEW and CS decreases significantly. It was found that the flexural strength from 28.7 to 31.6 MPa and the flexural modulus from 919.1 to 1079.9 MPa of the samples modified by PEW increase with the increased crystallinity, while the samples modified by CS show the opposite trend. Compared with 1CS, the higher flexural strength and flexural modulus of 5CS attributes to the fact that the increased size of calcium ionic clusters hinders the movement of molecular chains, as shown in Figure 7. Besides, when PEW and CS are applied to modify UHMWPE simultaneously, the added CS could decline the flexural performance of the samples. For example, although 13PEW and 13PEW5CS have almost the same crystallinity, the flexural strength and flexural modulus of the former are higher than those of the latter.

3.4.3. Notched Impact Test Analyses

The notched impact strength of the samples with different contents of PEW and CS is shown in Figure 8c. Compared with pure UHMWPE, the notched impact strength of samples with the addition of PEW and CS decreases from 96.5 to 74.8 kJ/m², which is mainly due to the fact that PEW and CS can penetrate into the gaps between the molecular chains of UHMWPE and change the molecular weight distribution.

3.5. Shape Memory Behaviors

Most SMPs contain two parts inside, including the "hard phase" and the "soft phase". The hard phase mainly plays a fixity role to maintain a permanent shape, while the soft phase mainly plays a deformation role to provide the SMPs with a temporary shape [14]. As shown in Table 2, the crystalline region could not melt at T_{SW} in this study. Therefore, the crystalline regions in UHMWPE mainly acted as the "hard phase", while the amorphous regions acted as the "soft phase". According to Equation (6), the maximum theoretical stress is 75 MPa. Figure 9 shows the representative shape recovery process of 13PEW5CS over time at different T_{SW} , which indicates that the SME has a strong temperature dependence [31]. Figure 10 shows the R_f and the R_r of UHMWPE modified by PEW and CS within two minutes (little shape recovery at more than two minutes) at different T_{SW} . It can be seen that the R_f remains basically constant at the same T_{SW} , but increases with the temperature because of more movement of the chain segments in the amorphous region, such as 90% at 85 °C, 95% at 100 °C, and 100% at 115 °C, which is consistent with the research of Wu et al. [50]. In particular, the R_f of

13PEW5CS reaches 99% at 100 °C. On one hand, a continuous "hard phase" cannot be formed to resist deformation; on the other hand, the deformation of amorphous phases among the crystal regions also drives the deformation of crystal regions.



Figure 8. Mechanical properties of the samples: (**a**) flexural strength; (**b**) flexural modulus; (**c**) notched impact strength.

The shape recovery process is the process of releasing the energy stored during the deformation at T_{SW} [51]. Compared with the maximum value (approximately 77%) of R_r of UHMWPE at 100 °C, it can be seen from Figure 10b that the R_r of each group sample ranges from 48% of 13PEW5CS at 115 °C to 79% of 13PEW at 100 °C, which indicates that the addition of PEW and CS does not significantly improve the R_r of UHMWPE. In addition, the R_r of the samples increases first and then decreases with the increase of the T_{SW} , which may be attributed to the fact that the energy has already released as the external force is removed at low temperature, and the movement of the chain segments dissipates part of the energy at high temperature. It is also found that the R_r increases with the increased crystallinity due to the greater recovery stress that emerges when the external force coerces the "hard phase" deformation. However, there is no such relationship between R_r and crystallinity.

0 s 40 s 120 s 20 s 60 s (a) 85°C 40 s 20 s 0 s120 s 60 s (b) 100°C 40 s 0 s 20 s 60 s 120 s (c) 115°C

Figure 9. Representative shape recovery processes of 13PEW5CS over time at different T_{SW} : (**a**) $T_{SW} = 85 \text{ °C}$; (**b**) $T_{SW} = 100 \text{ °C}$; (**c**) $T_{SW} = 115 \text{ °C}$.

Figure 10. Shape memory properties of the samples: (a) shape fixity ratio; (b) shape recovery ratio.

4. Conclusions

In this article, the UHMWPE sheets with the shape memory property were prepared by compression molding technology. The FTIR spectra show the generation of chemical bond C-O-C domains at 1097 cm⁻¹ in the materials. Further research on the thermal properties of the samples found that the addition of PEW can improve the crystallinity of UHMWPE from 49.6% to 60.3%, while the addition of CS decreases the crystallinity to 43.5%. Besides, the addition of PEW or CS shows the reverse effect on the thermal stability performance because of the effect of crystallization on UHMWPE. However, it should be noted that excessive CS will reduce T₁ from 464.3 °C of UHMWPE to 460.1 °C of 13PEW5CS with the increased crystallinity. The chain entanglement density can be significantly improved from 453 mol/m³ of UHMWPE to 583 mol/m³ of 5PEW1CS. Due to the increased degree of slippage of the UHMWPE molecular chains by the addition of PEW and CS, modified UHMWPE exhibits obvious plastic deformation, which further improves the tensile strength from 21.7 MPa of

UHMWPE to 23.6 MPa of 5PEW1CS and elongation at break from 161.6% of UHMWPE to 344.4% of 5PEW1CS. The temperature dependence of shape memory was characterized and found that the R_f of modified UHMWPE increases with the temperature and reaches 100% at 115 °C, but the value of R_r is generally low, and the maximum is just 79%, therefore further research is required to be focused on the improvement of R_r .

Author Contributions: Conceptualization, P.X. and R.Z.; methodology, P.X. and R.Z.; validation, Y.W., W.C. and R.Z.; formal analysis, R.Z.; investigation, P.X. and R.Z.; resources, P.X.; data curation, R.Z.; writing—original draft preparation, R.Z.; writing—review and editing, R.Z., S.W., J.T. and K.C.; supervision, Y.W. and W.C. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Acknowledgments: The authors would like to acknowledge the support of the Analysis and Test Center of Beijing University of Chemical Technology.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Xu, W.; Kwok, K.S.; Gracias, D.H. Ultrathin shape change smart materials. *Acc. Chem. Res.* 2018, *51*, 436–444. [CrossRef]
- 2. Lendlein, A.; Jiang, H.; Jünger, O.; Langer, R. Light-induced shape-memory polymers. *Nature* 2005, 434, 879–882. [CrossRef] [PubMed]
- 3. Scott, T.F.; Schneider, A.D.; Cook, W.D.; Bowman, C.N. Photoinduced Plasticity in Cross-Linked Polymers. *Science* 2005, 308, 1615–1617. [CrossRef] [PubMed]
- 4. Scott, T.; Draughon, R.B.; Bowman, C.N. Actuation in Crosslinked Polymers via Photoinduced Stress Relaxation. *Adv. Mater.* **2006**, *18*, 2128–2132. [CrossRef]
- 5. Guo, W.; Lu, C.H.; Orbach, R.; Wang, F.; Qi, X.J.; Cecconello, A.; Seliktar, D.; Willner, I. pH-Stimulated DNA Hydrogels Exhibiting Shape-Memory Properties. *Adv. Mater.* **2015**, *27*, 73–78. [CrossRef] [PubMed]
- 6. Oliveira, J.; Correia, V.; Castro, H.; Martins, P.; Lanceros-Mendez, S. Polymer-based smart materials by printing technologies: Improving application and integration. *Addit. Manuf.* **2018**, *21*, 269–283. [CrossRef]
- 7. Tan, Y.J.; Wu, J.; Li, H.; Benjamin, T.C.K. Self-Healing Electronic Materials for a Smart and Sustainable Future. *ACS Appl. Mater. Interfaces* **2018**, *10*, 15331–15345. [CrossRef]
- 8. Wu, H.; Xu, Z.C.; Wu, J.B.; Wen, W.J. Research progress of field-induced soft smart materials. *Int. J. Mod. Phys. B* **2018**, *32*, 1840010. [CrossRef]
- 9. Buffington, S.L.; Paul, J.E.; Ali, M.M.; Macios, M.M.; Mather, P.T.; Henderson, J.H. Enzymatically Triggered Shape Memory Polymers. *Acta. Biomater.* **2019**, *84*, 88–97. [CrossRef]
- 10. Vernon, L.B.; Vernon, H.M. Process of Manufacturing Articles of Thermoplastic Synthetic Resins. U.S. Patent 2,234,993, 18 March 1941.
- 11. Rainer, W.C.; Redding, E.M.; Hitov, J.J.; Sloan, A.W.; Stewart, W.D. Polyethylene Product and Process. U.S. Patent 3,144,398, 11 August 1964.
- 12. Perrone, R.J. Silicone-Rubber, Polyethylene Composition; Heat Shrinkable Articles Made Therefrom and Process Therefor. U.S. Patent 3,326,869, 20 June 1967.
- 13. Arditti, S.J.; Avedikian, S.Z.; Bernstein, B.S. Articles with Polymeric Memory and Method of Constructing Same. U.S. Patent 3,563,973, 16 February 1971.
- 14. Hager, M.D.; Bode, S.; Weber, C.; Schubert, U.S. Shape memory polymers: Past, present and future developments. *Prog. Polym. Sci.* 2015, *49*, 3–33. [CrossRef]
- 15. Santo, L.; Quadrini, F.; Accettura, A.; Villadei, W. Shape memory composites for self-deployable structures in aerospace applications. *Procedia Eng.* **2014**, *88*, 42–47. [CrossRef]
- 16. Liu, Y.; Du, H.; Liu, L.; Leng, J. Shape memory polymers and their composites in aerospace applications: A review. *Smart Mater. Struct.* **2014**, *23*, 023001. [CrossRef]
- Beavers, F.L.; Munshi, N.A.; Lake, M.S.; Maji, A.; Qassim, K.; Carpenter, B.F.; Suraj, P.R. Design and testing of an elastic memory composite deployment hinge for spacecraft. In Proceedings of the 43rd AIAA/ASME/ASCE/AHS/ASC Structures, Structural Dynamics, and Materials Conference, Denver, CO, USA, 22–25 April 2002.

- Seffen, K.A.; Pellegrino, S. Deployment dynamics of tape springs. R. Soc. A Math. Phys. 1999, 455, 1003–1048. [CrossRef]
- 19. Park, J.; Kim, J.K.; Park, S.A.; Lee, D.W. Biodegradable polymer material based smart stent: Wireless pressure sensor and 3D printed stent. *Microelectron. Eng.* **2019**, *206*, 1–5. [CrossRef]
- 20. Zhao, W.; Liu, L.; Zhang, F.; Leng, J.; Liu, Y. Shape memory polymers and their composites in biomedical applications. *Mater. Sci. Eng. C* 2019, *97*, 864–883. [CrossRef]
- 21. Gu, L.; Jiang, Y.; Hu, J. Synthesis and properties of shape memory poly (γ-benzyl-L-glutamate)-b-poly (propylene glycol)-b-poly (γ-benzyl-L-glutamate). *Appl. Sci.* **2017**, *7*, 1258. [CrossRef]
- 22. Sokolowski, W.; Metcalfe, A.; Hayashi, S.; Yahia, L.; Raymond, J. Medical applications of shape memory polymers. *Biomed. Mater.* **2007**, *2*, S23–S27. [CrossRef]
- 23. Cardoso, V.F.; Correia, D.M.; Ribeiro, C.; Fernandes, M.M.; Lanceros-Méndez, S. Fluorinated polymers as smart materials for advanced biomedical applications. *Polymers* **2018**, *10*, 161. [CrossRef]
- 24. Vats, G.; Vaish, R. Smart Materials Selection for Thermal Energy Efficient Architecture. *Proc. Natl. Acad. Sci.* USA 2019, 89, 11–21. [CrossRef]
- 25. Liu, C.; Qin, H.; Mather, P.T. Review of progress in shape-memory polymers. J. Mater. Chem. 2007, 17, 1543–1558. [CrossRef]
- 26. Mu, T.; Liu, L.; Lan, X.; Liu, Y.; Leng, J. Shape memory polymers for composites. *Compos. Sci. Technol.* **2018**, 160, 169–198. [CrossRef]
- 27. Maksimkin, A.; Kaloshkin, S.; Zadorozhnyy, M.; Tcherdyntsev, V. Comparison of shape memory effect in UHMWPE for bulk and fiber state. *J. Alloys Compd.* **2014**, *586*, S214–S217. [CrossRef]
- 28. Rezanejad, S.; Kokabi, M. Shape memory and mechanical properties of cross-linked polyethylene/clay nanocomposites. *Eur. Polym. J.* 2007, 43, 2856–2865. [CrossRef]
- 29. Xu, L.; Chen, C.; Zhong, G.J.; Lei, J.; Xu, J.Z.; Hsiao, B.S.; Li, Z.M. Tuning the superstructure of ultrahigh-molecular-weight polyethylene/low-molecular-weight polyethylene blend for artificial joint application. *ACS Appl. Mater. Interfaces* **2012**, *4*, 1521–1529. [CrossRef] [PubMed]
- Reinitz, S.D.; Carlson, E.M.; Levine, R.A.C.; Franklin, K.J.; Van Citters, D.W. Dynamical mechanical analysis as an assay of cross-link density of orthopaedic ultra high molecular weight polyethylene. *Polym. Test.* 2015, 45, 174–178. [CrossRef]
- 31. Kaloshkin, S.; Maksimkin, A.; Kaloshkina, M.; Zadorozhnyy, M.; Churyukanova, M. Shape memory behavior of ultra-high molecular weight polyethylene. *Mater. Res. Soc. Symp. Proc.* **2012**, *1403*, 91–97. [CrossRef]
- 32. Bastiaansen, C.W.M.; Meyer, H.E.H.; Lemstra, P.J. Memory effects in polyethylenes: Influence of processing and crystallization history. *Polymer* **1990**, *31*, 1435–1440. [CrossRef]
- Chen, T.; Li, Q.; Fu, Z.; Sun, L.; Guo, W.; Wu, C. The shape memory effect of crosslinked ultra-high-molecular-weight polyethylene prepared by silane-induced crosslinking method. *Polym. Bull.* 2018, 75, 2181–2196. [CrossRef]
- Li, Q.; Chen, T.; Sun, L.; Guo, W.; Wu, C. Cross-linked ultra-high-molecular-weight polyethylene prepared by silane-induced cross-linking under in situ development of water. *Adv. Polym. Technol.* 2018, *37*, 2859–2865. [CrossRef]
- 35. Takahashi, Y.; Shishido, T.; Yamamoto, K.; Masaoka, T.; Kubo, K.; Tateiwa, T.; Pezzotti, G. Mechanisms of plastic deformation in highly cross-linked UHMWPE for total hip components—The molecular physics viewpoint. *J. Mech. Behav. Biomed.* **2015**, *42*, 43–53. [CrossRef]
- 36. Pucci, A.; Liuzzo, V.; Ruggeri, G.; Ciardel, F. Conferring Smart Behavior to Polyolefins through Blending with Organic Dyes and Metal Derivatives. *ACS Symp. Ser.* **2005**, *916*, 18–33. [CrossRef]
- Reddy, S.K.; Kumar, S.; Varadarajan, K.M.; Marpu, P.R.; Gupta, T.K.; Choosri, M. Strain and damage-sensing performance of biocompatible smart CNT/UHMWPE nanocomposites. *Mater. Sci. Eng. C* 2018, 92, 957–968. [CrossRef] [PubMed]
- Alam, F.; Choosri, M.; Gupta, T.K.; Varadarajan, K.M.; Choi, D.; Kumar, S. Electrical, mechanical and thermal properties of graphene nanoplatelets reinforced UHMWPE nanocomposites. *Mater. Sci. Eng. B* 2019, 241, 82–91. [CrossRef]
- 39. Lahiri, D.; Dua, R.; Zhang, C.; de Socarraz-Novoa, I.; Bhat, A.; Ramaswamy, S.; Agarwal, A. Graphene nanoplatelet-induced strengthening of ultrahigh molecular weight polyethylene and biocompatibility in vitro. *ACS Appl. Mater. Interfaces* **2012**, *4*, 2234–2241. [CrossRef] [PubMed]

- 40. Liu, T.; Eyler, A.; Zhong, W.H. Simultaneous improvements in wear resistance and mechanical properties of UHMWPE nanocomposite fabricated via a facile approach. *Mater. Latt.* **2016**, 177, 17–20. [CrossRef]
- Xie, M.; Li, H. Viscosity reduction and disentanglement in ultrahigh molecular weight polyethylene melt: Effect of blending with polypropylene and poly (ethylene glycol). *Eur. Polym. J.* 2007, 43, 3480–3487. [CrossRef]
- 42. Shen, L.; Severn, J.; Bastiaansen, C.W.M. Drawing behavior and mechanical properties of ultra-high molecular weight polyethylene blends with a linear polyethylene wax. *Polymer* **2018**, *153*, 354–361. [CrossRef]
- Utsumi, M.; Nagata, K.; Suzuki, M.; Mori, A.; Sakuramoto, I.; Torigoe, Y.; Kaneeda, T.; Moriya, H. Effects of calcium stearate addition of ultrahigh molecular weight polyethylene in direct compression molding. *J. Appl. Polym. Sci.* 2003, 87, 1602–1609. [CrossRef]
- 44. Panin, C.V.; Kornienko, L.A.; Nguyen, S.T.; Ivanova, L.R.; Poltaranin, M.A. The effect of adding calcium stearate on wear-resistance of ultra-high molecular weight polyethylene. *Procedia Eng.* **2015**, *113*, 490–498. [CrossRef]
- 45. Zhong, F.; Schwabe, J.; Hofmann, D.; Meier, J.; Thomann, R.; Enders, M.; Mülhaupt, R. All-polyethylene composites reinforced via extended-chain UHMWPE nanostructure formation during melt processing. *Polymer* **2018**, *140*, 107–116. [CrossRef]
- Maksimkin, A.V.; Kaloshkin, S.D.; Zadorozhnyy, M.V.; Senatov, F.S.; Salimon, A.I.; Dayyoub, T. Artificial muscles based on coiled UHMWPE fibers with shape memory effect. *Express Polym. Lett.* 2018, 12, 1072–1080. [CrossRef]
- Fan, L.F.; Huang, Y.N.; Rong, M.Z.; Zhang, M.Q.; Chen, X. Imparting External Stress-Free Two-Way Shape Memory Effect to Commodity Polyolefins by Manipulation of Their Hierarchical Structures. *ACS Macro Lett.* 2019, *8*, 1141–1146. [CrossRef]
- Senatov, F.S.; Kopylov, A.N.; Anisimova, N.Y.; Kiselevsky, M.V.; Maksimkin, A.V. UHMWPE-based nanocomposite as a material for damaged cartilage replacement. *Mater. Sci. Eng. C* 2014, 48, 566–571. [CrossRef] [PubMed]
- 49. Varley, R.J.; van der Zwaag, S. Towards an understanding of thermally activated self-healing of an ionomer system during ballistic penetration. *Acta Mater.* **2008**, *56*, 5737–5750. [CrossRef]
- 50. Wu, X.L.; Huang, W.M.; Ding, Z.; Tan, H.X.; Yang, W.G.; Sun, K.Y. Characterization of the Thermoresponsive Shape-Memory Effect in Poly (ether ether ketone) (PEEK). *J. Appl. Polym. Sci.* **2014**, *131*, 39844. [CrossRef]
- Memarian, F.; Fereidoon, A.; Ahangari, M.G.; Khonakdar, H.A. Shape memory and mechanical properties of TPU/ABS blends: The role of pristine versus organo-modified carbon nanotubes. *Polym. Compos.* 2018, 39, E984–E995. [CrossRef]

© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).