

## Article

# Thermo-Rheological and Shape Memory Properties of Block and Random Copolymers of Lactide and $\epsilon$ -Caprolactone

Marco Naddeo <sup>1</sup>, Andrea Sorrentino <sup>2,\*</sup>  and Daniela Pappalardo <sup>1,\*</sup> 

<sup>1</sup> Dipartimento di Scienze e Tecnologie, Università del Sannio, via de Sanctis snc, 82100 Benevento, Italy; marco.naddeo@unisannio.it

<sup>2</sup> Institute for Polymers, Composites and Biomaterials (IPCB-CNR), P.le E Fermi, 1, 80055 Portici, Italy

\* Correspondence: andrea.sorrentino@cnr.it (A.S.); pappal@unisannio.it (D.P.)

**Abstract:** Biodegradable block and random copolymers have attracted numerous research interests in different areas, due to their capability to provide a broad range of properties. In this paper, an efficient strategy has been reported for preparing biodegradable PCL-PLA copolymers with improved thermal, mechanical and rheological properties. Two block-copolymers are synthesized by sequential addition of the cyclic esters lactide (L-LA or D,L-LA) and  $\epsilon$ -caprolactone (CL) in presence of a dimethyl(salicylaldiminato)aluminium compound. The random copolymer of L-LA and CL was synthesized by using the same catalyst. Chain structure, molar mass, thermal, rheological and mechanical properties are characterized by NMR, SEC, TGA, DSC, Rheometry and DMTA. Experimental results show that by changing the stereochemistry and monomer distribution of the copolymers it is possible to obtain a variety of properties. Promising shape-memory properties are also observed in the di-block copolymers characterized by the co-crystallization of CL and L-LA segments. These materials show great potential to substitute oil-based polymers for packaging, electronics, and medicine applications.



**Citation:** Naddeo, M.; Sorrentino, A.; Pappalardo, D. Thermo-Rheological and Shape Memory Properties of Block and Random Copolymers of Lactide and  $\epsilon$ -Caprolactone. *Polymers* **2021**, *13*, 627. <https://doi.org/10.3390/polym13040627>

Academic Editor: José António Covas

Received: 19 January 2021

Accepted: 16 February 2021

Published: 19 February 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

**Keywords:** block copolymers; lactide; caprolactone; thermal properties; rheological properties; shape memory

## 1. Introduction

Oil-derived polymers still dominate the market today, due to their low cost, high availability, and durability. However, the problem related to their end-of-life disposal presents an environmental challenge that is no longer sustainable in the long term [1,2]. In recent years, constant scientific efforts have been dedicated to the production of synthetic biodegradable polymers with a reduced environmental impact [3]. Despite the huge amount of research efforts, the number of high-performance biodegradable polymers commercially available is still very limited. Among these, linear aliphatic polyesters represent the class of biodegradable materials that are the most studied [4]. Among these polymers, the leading position is undoubtedly held by poly(lactide) (PLA) and poly( $\epsilon$ -caprolactone) (PCL). Their synthesis can be achieved by the ring-opening polymerization (ROP) of the cyclic esters lactide (LA) and  $\epsilon$ -caprolactone (CL), respectively [4,5]. Both PLA and PCL have found applications in various sectors such as biomedical and packaging, thanks to their good properties [3,6]. Among other things, they are biocompatible and resorbable and their degradation products are metabolized during the Krebs cycle [6,7]. PLA can be derived from several renewable resources such as the fermentation products of starch [8]. This possibility has placed PLA at the forefront of the emerging biodegradable plastic industry, including in the context of a circular economy. The chirality of lactic acid gives rise to three lactides: L-, D-, and meso-lactide, whose polymerization will produce PLA of various stereoregularities. Homochiral isotactic PLA (either PLLA or PDLA) shows a melting transition of 180 °C and a glass transition in the range 55–60 °C [9]. The ROP of racemic mixture of D and L lactide (D,L-LA or rac-LA), in the absence of a stereoselective

catalysts, will produce instead an amorphous polymer, the poly-(D,L-lactide), with a glass transition temperature close to 50 °C [10]. Unfortunately, the brittle nature of isotactic PLA limits its application [11]. For instance, for biomedical applications, because the glass transition temperature of poly-(D,L-lactide) (PDLLA) and poly(L-lactide) (PLLA) is well above the human body temperature, these materials are too stiff [6].

On the contrary, the poly( $\epsilon$ -caprolactone) (PCL) is in the rubbery state at room temperature, showing a glass transition temperature at about  $-60$  °C and a melting point at about 65 °C [12]. The PCL has been exploited in the biomedical field to develop long-term delivery system or scaffolds for bone tissue engineering [13,14]. At variance with PLA, the PCL is a highly processable polymer, highly hydrophobic, with a degradation time of about two years [15].

The complementary characteristics of PLA and PCL have suggested taking advantage of both through the copolymerization of the respective monomers, lactide (LA) and  $\epsilon$ -caprolactone (CL), in various compositions.

The synthesis of CL/LA copolymers has been widely investigated in recent years, focusing on either block or random copolymers [16–20]. Copolymers of CL and LA generally show softer character in comparison with the PLA and PCL homo-polymers. Moreover, the hydrolytic degradation rate of the copolymers of LA and CL is strongly influenced by the composition, as a consequence of the degree of crystallinity and the hydrophobicity. It was found that the degradation rate increase by increasing the LA amount and by the degree of randomness in the case of CL/LA copolymers [21]. The final properties of the copolymers are dictated not only by their composition. Additionally, the details of the macromolecular structure, such as the molecular weight and dispersity, kind of end-groups [22], the polymer microstructure and architecture are important factors [23]. Synthetic strategies have therefore been used to control the design of the polymeric chains. Several research efforts have focused on the synthesis of well-defined LA/CL copolymeric chain, either block [17,18,20,24], or random [19,25–28].

Pappalardo et al. [20,29] have described dimethyl(salicylaldiminato)aluminium compounds in the ring-opening polymerization of caprolactone and lactides disclosing a well-controlled polymerization with absence of transesterification reaction and a certain living behavior of the polymerization, when the phenyl substituent on the phenoxyimine ligand of the catalyst was perfluorinated.

This family of catalysts were highly versatile and active not only in the ROP of traditional cyclic esters i.e., glycolide, lactide and caprolactone [30,31], but also of large ring macrolactone [32,33] and of novel synthesized thiol-functionalized lactide [34,35]. Block and random copolymers have been obtained with this class of catalyst. By sequential addition of the two monomers, first the L-LA (or the D,L-LA) and then the CL, di-block copolymers poly-(L-lactide-*block*- $\epsilon$ -caprolactone) and poly(D,L-lactide-*block*- $\epsilon$ -caprolactone) were obtained. The same class of catalysts was able to copolymerize  $\epsilon$ -CL with L-LA and  $\epsilon$ -CL with D,L-LA in a random fashion, in the absence of transesterification reactions [20]. Notably, the copolymerization reactions were better controlled than those carried out in the presence of other catalysts, i.e., SnOct<sub>2</sub>, where the transesterification were responsible of the randomized structure with enlargement of the polymer dispersities.

Previous studies have highlighted that not only the composition, but also the architecture and monomers distributions of copolymers could strongly affect their thermal, mechanical and aggregation properties [36–38].

In this work, PCL-PLA copolymers are prepared with identical composition and analogous molecular weights and dispersities, but differing for stereochemistry and monomer distribution. Two di-block copolymers, namely poly-(L-lactide-*block*- $\epsilon$ -caprolactone) and poly(D,L-lactide-*block*- $\epsilon$ -caprolactone) and a random poly-(L-lactide-*co*- $\epsilon$ -caprolactone) were successfully obtained. Their thermal and rheological properties are found strongly dependent by the molecular structures. Crystalline domains with different melting temperature are formed and utilized as reversible crosslinking in the polymer network. It has

opened the way to a novel class of thermo-responsive shape memory polymers with programmable properties.

## 2. Materials and Methods

Moisture and air-sensitive materials were manipulated under nitrogen using Schlenk or glovebox techniques. Toluene was refluxed over sodium/benzophenone and distilled under nitrogen prior to use. Benzyl alcohol (purchased from Sigma Aldrich) was distilled from CaH<sub>2</sub> and stored on 4 Å molecular sieves. Other solvents were purchased from Sigma Aldrich and used as received. ε-caprolactone was distilled in vacuum from CaH<sub>2</sub> and stored on 4 Å molecular sieves. D,L-lactide and L-lactide were recrystallized twice from dry toluene, and then were dried in vacuo over phosphorus pentoxide for 72 h. The dimethyl(salicylaldiminato)aluminium compound (**I**) was synthesized according to a previously reported procedure [39].

Commercial Polylactic Acid (PLA) was supplied by Nature Works (NatureWorks® PLA Polymer 2002D, Mw = 200,000–220,000 by GPC, density 1.24 g/mL at 25 °C) in pellet form. Polycaprolactone was supplied by Sigma Aldrich (Mn = 70,000–90,000 by GPC, Mw/Mn < 2, density 1.145 g/mL at 25 °C).

### 2.1. Material Characterization

NMR spectra of polymers were obtained in CDCl<sub>3</sub> at room temperature on Bruker Avance 300 and 400 spectrometers (<sup>1</sup>H: 400 MHz; <sup>13</sup>C: 100 MHz and <sup>1</sup>H: 300 MHz; <sup>13</sup>C: 75 MHz, respectively). The resonances and coupling constants are reported in ppm (δ) and Hz (J), respectively. <sup>1</sup>H NMR spectra were referenced to the residual solvent proton at δ 7.26 ppm; <sup>13</sup>C NMR spectra were referenced to the <sup>13</sup>C signal of CDCl<sub>3</sub> at δ 77.16 ppm. Spectra were recorded on Bruker TopSpin v2.1 software. Data processing was performed using MestReNova v9.0.0 software.

Molecular weights (Mn and Mw) and dispersities (*D*) were measured by size exclusion chromatography (SEC). The measurements were performed at 30 °C on a Waters 1525 binary system equipped with a system of four Styragel HR columns (7.8 × 300 mm<sup>2</sup>; range 103–106 Å), Waters 2414 Refractive Index (RI) detector and a Waters 2487 Dual λ Absorption (UV, λ abs = 220 nm) detector. Tetrahydrofuran was used as eluent at a flow rate of 1.0 mL/min. Narrow polystyrene standards were used as reference and data processing was performed using Waters Breeze v3.30 software.

The thermal characterization was performed by dynamic Differential Scanning Calorimetry (DSC) analysis and by thermogravimetric analysis (TGA). The TGA measurements were carried out using a Mettler Toledo TGA30 analyzer. The experiments were performed using about 10 mg of sample from room temperature to 600 °C at 10 °C/min under nitrogen atmosphere (60 mL/min). The degradation onset temperature (T5%) was determined as the temperature at the 5% of mass loss. The first derivative of the TGA curve (DTG) was utilized for analyses the various decomposition steps.

For DSC measurements a Mettler Toledo DSC822e instrument was used. Thermal cycles was composed by three cycles: a first heating scan, from −50 °C to 200 °C, to analyze the thermal history of the sample, a cooling scan from 200 °C to −50 °C to analyze their crystallization behavior from the melt state and, finally, another heating scan from −50 °C to 200 °C to investigate their melting/recrystallization behavior. The scans were performed with a heating rate of 10 °C/min run under nitrogen purge (20 mL/min). The degree of crystallinity (*X<sub>c</sub>*) was determined by means of the following equation:

$$X_c = \frac{\Delta H_m}{\Delta H_f} * 100\% \quad (1)$$

where  $\Delta H_f$  is the enthalpy value of a pure crystalline material,  $\Delta H_m$  is the enthalpy corresponding to the fusion process. The reference value taken for  $\Delta H_f$  of PCL and PLA was 139.5 J/g [40] and 93 J/g [41,42], respectively.

Thermo-rheological characterizations of the samples were performed in a HAAKE MARS III rheometer with 25mm diameter parallel-plate geometry. The test samples were manually pressed into 1 mm thick plates at ambient temperature and then heated and pressed between the plates rheometer up to reach a gap of 0.5 mm. For each polymer, the linear viscoelastic behavior and dynamic modulus ( $G'$  and  $G''$  against  $f$ ) were determined in oscillatory tests at different temperatures. Additionally, temperature sweep measurements were also carried out at a frequency of 1 Hz and a strain of 0.1% from 80 °C to 200 °C in order to elucidate the eventual presence of any transition temperature.

Shape memory ability was analyzed under tensile deformation with a DMA Q800 (TA Instruments) in a sequence of strain-stress controlled mode. The powder samples were molded in a Carver laboratory press, at the temperature of 180 °C, 10 bar, using a Collin P200E laboratory press. Films 100–110  $\mu\text{m}$  thick were quickly cooled in an ice bath and then stored in dry conditions for 1 week before each characterization tests. The sample was pre-heated to a deformation temperature ( $T_d$ ), and then elongated up to a constant strain ( $\epsilon_d$ ) at a strain rate of 10 mm/min. The stress reached was then held constant while the sample was cooled down to 20 °C at 3 °C/min and kept for 15 min at this temperature. The force applied was then lowered to the minimum (0.001 N) for follow the length recovery and the sample allowed to stabilize for 5 min in isothermal. Finally, the sample was heated back to the deformation temperature ( $T_d$ ) at 3 °C/min, while the shape recovery was monitored. The recovery and Fixity ratio ( $R_r$  and  $R_c$ ) are generally used for characterize the shape memory ability of a material. In particular,  $R_c$  indicates the ability of the material to hold the imposed strain in the stress-free state (ratio between strain after and before stress removal at 20 °C), while  $R_r$  indicates its ability to recovery its initial shape (ratio between strain after and before sample heating at  $T_d$ ) [43].

## 2.2. Material Synthesis

### 2.2.1. Synthesis of Poly(L-lactide-*block*- $\epsilon$ -caprolactone) (Block-L)

Into the glovebox, a 100 mL round bottom flask was filled sequentially with L-lactide 0.70 g (4.8 mmol), complex (I) 0.020 g (0.050 mmol), 0.50 mL of a solution of benzyl alcohol (0.1 M, 0.050 mmol) and 3.0 mL of dry toluene. The reaction mixture was thermostated at 90 °C for 72 h. After the indicated time, an aliquot (0.5 mL) of the polymerization mixture was quenched in hexane, and the polymer was recovered by filtration, dried in vacuo, and analyzed by GPC ( $M_n = 7.6$  kDa;  $\bar{D} = 2.7$ ). Then,  $\epsilon$ -caprolactone (1.5 mL, 13.5 mmol) was added to the residual mixture and a final volume of 10 mL was reached by the addition of dry toluene. The reaction mixture was left at the temperature of 90 °C for 24 h. The reaction was quenched in cold hexane and the polymer purified by dissolving it in  $\text{CH}_2\text{Cl}_2$  and precipitating from rapidly stirring methanol. The polymer was then recovered by filtration and dried at 40 °C in a vacuum oven.

$^1\text{H NMR}$  ( $\text{CDCl}_3$ , 25 °C):  $\delta = 1.37$  (m, 2H,  $-\text{CH}_2-$ ), 1.56 (d, 6H,  $-\text{CHCH}_3-$ ), 1.62 (m, 4H,  $-\text{CH}_2-$ ), 2.30 (t, 2H,  $-\text{CH}_2\text{C}(\text{O})\text{O}-$ ), 4.06 (t, 2H,  $-\text{CH}_2\text{OC}(\text{O})-$ ), 5.17 (q, 2H,  $-\text{CHCH}_3-$ ). Yield = 1.70 g (76%  $w/w$ ). GPC:  $M_n = 43.4$  kDa;  $\bar{D} = 1.4$ .

### 2.2.2. Synthesis of Poly(D,L-lactide-*block*- $\epsilon$ -caprolactone) (Block-D,L)

The copolymer was prepared as above, but D,L-lactide was used instead of L-lactide. To check the molecular weight of the first poly(D,L-lactide) block, after 72 h of reaction, an aliquot (0.5 mL) of the polymerization mixture was quenched in hexane, and the polymer was recovered by filtration, dried in vacuo, and analyzed by GPC ( $M_n = 16.6$  kDa;  $\bar{D} = 1.3$ ). Subsequently  $\epsilon$ -caprolactone (1.5 mL, 13.5 mmol) was added and the same procedure for the preparation of the above copolymer was followed.

$^1\text{H NMR}$  ( $\text{CDCl}_3$ , 25 °C):  $\delta = 1.37$  (m, 2H,  $-\text{CH}_2-$ ), 1.59 (m, 6H,  $-\text{CHCH}_3-$ ), 1.65 (m, 4H,  $-\text{CH}_2-$ ), 2.30 (m, 2H,  $-\text{CH}_2\text{C}(\text{O})\text{O}-$ ), 4.05 (m, 2H,  $-\text{CH}_2\text{OC}(\text{O})-$ ), 5.14 (m, 2H,  $-\text{CHCH}_3-$ ). Yield = 1.98 g (88%  $w/w$ ). GPC:  $M_n = 54.7$  kDa;  $\bar{D} = 1.4$ .

### 2.2.3. Synthesis of Poly(L-lactide-co- $\epsilon$ -caprolactone) (Ran)

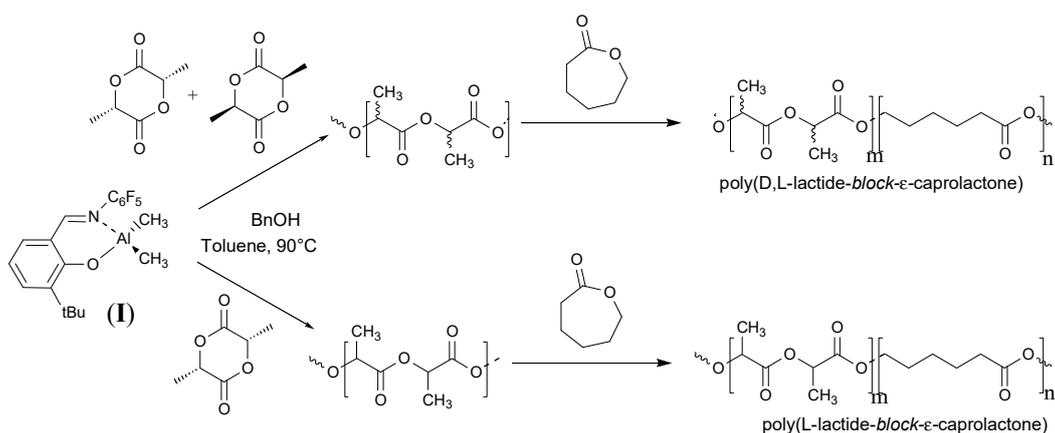
The copolymer was prepared as follow. Into the glovebox under nitrogen atmosphere, a 100 mL round bottom flask was filled sequentially with L-lactide 0.70 g (4.8 mmol),  $\epsilon$ -caprolactone (1.5 mL, 13.5 mmol), complex (I) 0.020 g (0.050 mmol), 0.50 mL of a solution of benzyl alcohol (0.1 M, 0.050 mmol) and dry toluene to reach a final volume of 10 mL. The reaction mixture was thermostated at 90 °C for 72 h. After the indicated time, the reaction was quenched in cold hexane and the polymer purified by dissolving in  $\text{CH}_2\text{Cl}_2$  and precipitating from rapidly stirring in methanol. The polymer was recovered by filtration, dried at 40 °C in a vacuum oven.  $^1\text{H NMR}$  ( $\text{CDCl}_3$ , 25 °C):  $\delta$  = 1.38 (m, 2H, - $\text{CH}_2$ -), 1.52 (m, 6H, - $\text{CHCH}_3$ -), 1.64 (m, 4H, - $\text{CH}_2$ -), 2.30–2.40 (m, 2H, - $\text{CH}_2\text{C}(\text{O})\text{O}$ -), 4.05–4.13 (m, 2H, - $\text{CH}_2\text{OC}(\text{O})$ -), 5.12 (m, 2H, - $\text{CHCH}_3$ -). Yield = 90% GPC:  $M_n$  = 71.8 kDa;  $\bar{D}$  = 1.51

## 3. Results

### 3.1. Synthesis of Block and Random LA/CL Copolymers

The synthesis of the copolymers was carried out in the presence of the dimethyl (salicylaldiminato)aluminium compound (I) activated by benzyl alcohol in toluene solution, at 90 °C.

The block copolymers were prepared by sequential addition of the two monomers, first the lactide (L-LA or rac-LA) and then the CL (Scheme 1). The feed molar ratio of CL:LA of the block copolymers was settled to be 3:1. As a consequence of the living character of the ROP polymerization in the presence of catalyst I, the di-block copolymers poly(L-lactide-block- $\epsilon$ -caprolactone) and poly(rac-lactide-block- $\epsilon$ -caprolactone) were successfully obtained. The ROP of L-LA, as well as in that of D,L-LA, were monitored by  $^1\text{H NMR}$ , to determine the conversion of lactide. When the lactide reached almost full conversion, a sample was withdrawn from the polymerization mixture and it was analyzed by GPC, showing monomodal distribution. Then,  $\epsilon$ -caprolactone monomer was added to the reaction mixture and allowed to react for the selected time, to give the block copolymer PLA-PCL. The formation of the block copolymers was confirmed by the increasing of the molecular weight of the copolymer, with respect to the molecular weight of the PLA first block, while the GPC curve preserved a monomodal behavior (see below).



**Scheme 1.** Synthesis of LA/CL block copolymers.

Notably, this is a quite uncommon behavior: traditionally, for instance with aluminum isopropoxide, the di-block PLA-PCL copolymers have been only achieved via a CL first route [18].

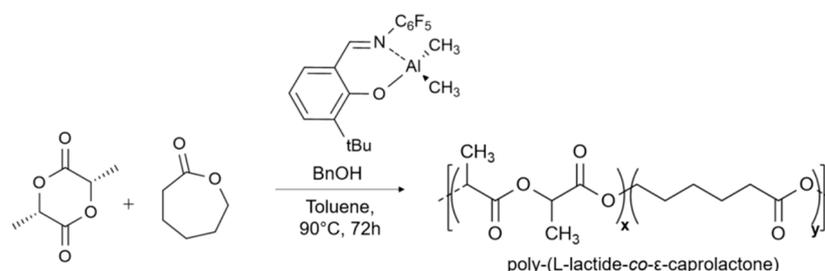
A random copolymer of LLA and CL (Table 1, sample 3) was prepared by mixing in the two monomers in the same proportion (LLA:CL = 30:70) used for the block copolymers. Even in this case the polymerization was carried out in toluene solution, at 90 °C, by using 1 equiv of BnOH as initiator.

**Table 1.** Copolymerization of caprolactone and lactides catalyzed by complex I.

Run <sup>a</sup>	LA:CL (in the Feed)	Yield <sup>b</sup> (w/w%)	Copolymer Composition <sup>c</sup>			Mn <sup>d</sup> (kDa)	Đ <sup>d</sup>
			D,L-LA (mol%)	L-LA (mol%)	ε-CL (mol%)		
	(mol:mol)		(mol%)	(mol%)	(mol%)		
1 (Block-D,L)	26:74	76	27	-	73	43.4	1.4
2 (Block-L)	26:74	88	-	29	71	54.7	1.4
3 (Ran)	26:74	90	-	22	78	71.8	1.5

<sup>a</sup> Reaction conditions: time: 96 h for 1 and 2; 72 h for 3; temperature 90 °C, toluene = 8.5 mL. L-lactide 0.70 g, ε-caprolactone 1.5 mL, complex (I) 20 mg, BnOH: 0.5 mL (solution 0.1 M in toluene). <sup>b</sup> Determined by weighting the final copolymer. <sup>c</sup> Determined by <sup>1</sup>H NMR. <sup>d</sup> Determined by GPC in THF solvent at 30 °C.

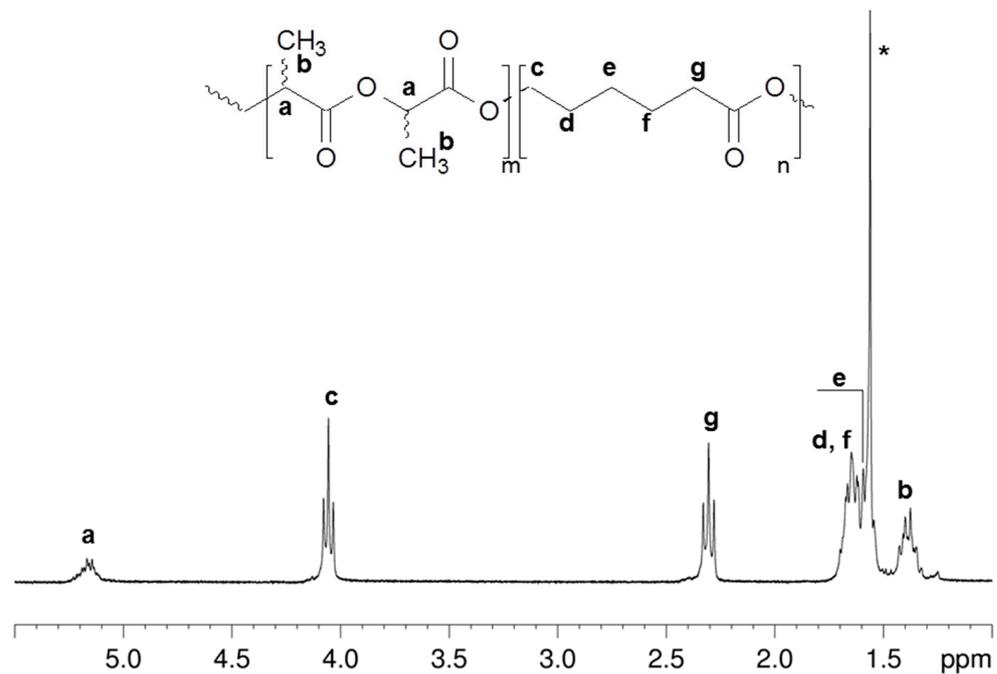
The synthesis of the random copolymer is illustrated Scheme 2.

**Scheme 2.** Synthesis of Random LLA/CL Copolymer.

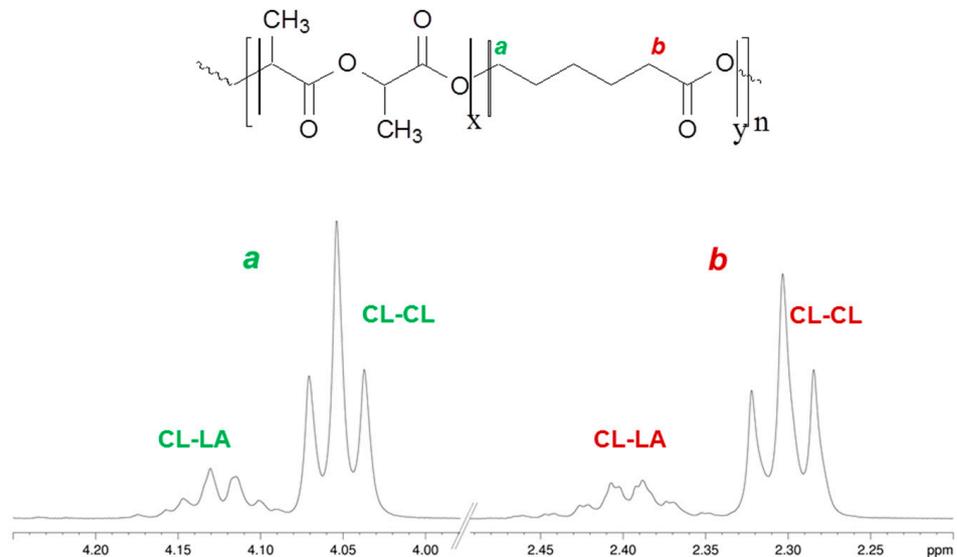
The block and random copolymers were fully characterized by <sup>1</sup>H and <sup>13</sup>C NMR, GPC and DSC analyses. The data of copolymers composition, molecular weight and their distribution are reported in Table 1.

The relative contents of each monomer in the copolymers were determined by <sup>1</sup>H NMR spectroscopy in CDCl<sub>3</sub>, through the ratio of the integrated values of the methylene signals of the ε-CL units around 4.0 ppm and the methine signals of LA around 5.2 ppm. The copolymer composition parallels the ε-CL/LA molar ratio in the feed (see Table 1), thus indicating a good control in the polymerization. This behavior is observed both in the block and random copolymerization.

The microstructure characterization of the copolymers was carried out by <sup>1</sup>H and <sup>13</sup>C NMR spectroscopy. When comparing the <sup>1</sup>H NMR spectra, while for the block copolymers poly-(L-lactide-*block*-ε-caprolactone) and poly(D,L-lactide-*block*-ε-caprolactone) the signals observed were just those relative to the homosequences, i.e., those that one could observe by the superimposition of the corresponding homopolymers NMR spectra (see e.g., Figure 1), in the case of the random copolymer poly(L-lactide-*co*-ε-caprolactone) additional resonances, attributable to the CL-LA heterosequences, were instead observed. In particular, the caprolactone methylene signals in α and ε positions respect to the carbonyl are sensitive to their surroundings, and appeared at lower fields when the next unit is a lactide (Figure 2).



**Figure 1.**  $^1\text{H}$  NMR spectrum of poly-(D,L-Lactide-*block*- $\epsilon$ -caprolactone) ( $\text{CDCl}_3$ ,  $25^\circ\text{C}$ , 400 MHz).  
\* Residual water in deuterated solvent.

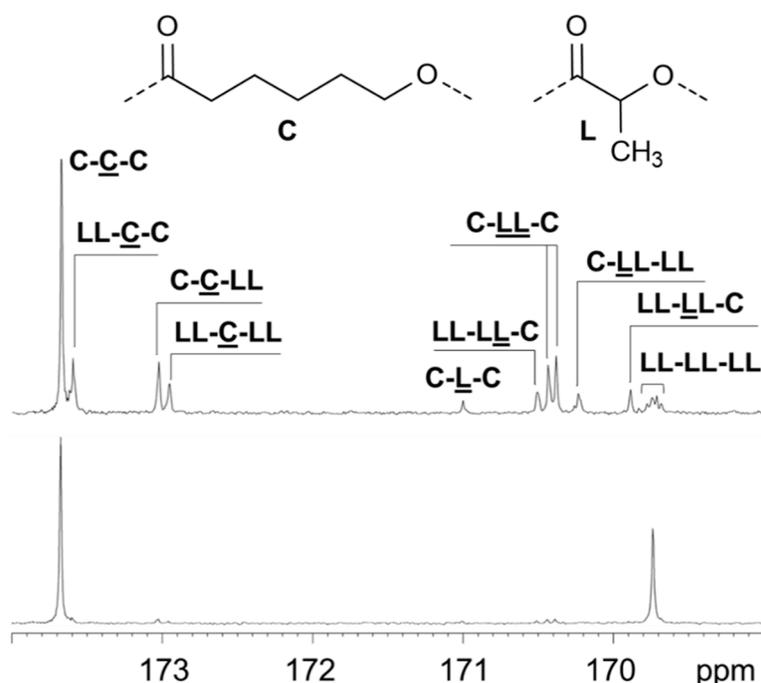


**Figure 2.**  $^1\text{H}$  NMR spectrum of poly-(L-Lactide-*co*- $\epsilon$ -caprolactone) ( $\text{CDCl}_3$ ,  $25^\circ\text{C}$ , 300 MHz) in the methylene regions.

By comparing, in the  $^1\text{H}$  NMR spectrum, the intensity of the signals of the caprolactone methylene protons in  $\alpha$  and  $\epsilon$  position respect to the carbonyl ( $-\text{CH}_2-\text{C}=\text{O}$  and  $-\text{COOCH}_2-$ ) of the CL-LA heterosequences with the same methylene protons for the CL-CL homosequences, it is possible to evaluate the amount of heterosequences. In particular, in this latter case, the percentage of CL-LA heterodiads was 24%.

Further validations of the microstructure were derived from the analysis of the  $^{13}\text{C}$  NMR spectra of the block and random copolymers. In the  $^{13}\text{C}$  NMR spectra, indeed, diagnostic signals are the carbonyl ones, which are very sensitive to their chemical surroundings. In the case of the block copolymers just two signals relative to the CL-CL and LA-LA homosequences were observed (Figure 3). On the contrary, for the random

copolymer, as expected for the case of a binary copolymerization, all the eight triads relative to the possible sequences were observed (Figure 3).



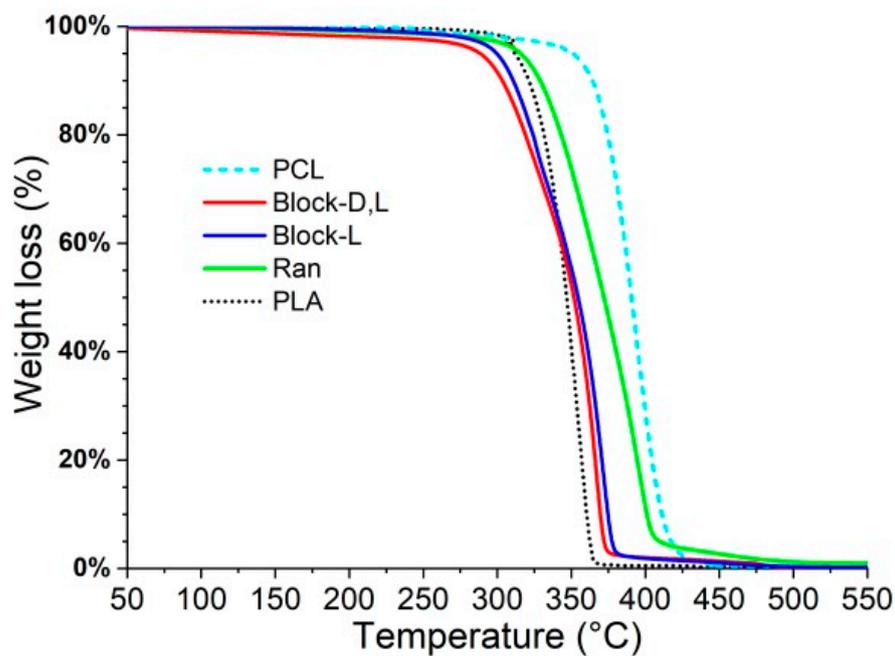
**Figure 3.** Carbonyl regions of the  $^{13}\text{C}$  NMR spectra of: (top) poly-(L-Lactide-*co*- $\epsilon$ -caprolactone) and (bottom) poly-(L-lactide-*block*- $\epsilon$ -caprolactone) ( $\text{CDCl}_3$ , 25 °C, 600 MHz).

The attributions of the signals were performed accordingly to the literature. Thus, the four peaks between 173.02 and 173.74 ppm were derived from the caprolyl unit, while the peaks between 170.57 and 169.54 ppm can be attributed to the lactidyl unit [16]. The signals at 171.0 ppm is attributed to the presence of single lactic unit, flanked by two caprolactones, and can be derived by the occurrence of transesterification reactions, which can become more frequent at higher temperature [20]. From these data, it is possible to evaluate the average sequence blocks lengths [16], which were  $\text{LLA} = 1.2$  and  $\text{LCL} = 4.7$ . The expected average sequence block lengths calculated in the case of a Bernoullian statistics [44], and assuming that the lactide does not trans-esterify to single lactyl, are  $\text{LLA}(th) = 1.28$  and  $\text{LCL}(th) = 4.54$ . These values nicely fit with the experimental average sequential blocks lengths, and further confirm the copolymer random microstructure. The slight difference between the experimental and calculated values could be due to the occurrence of some transesterification reactions.

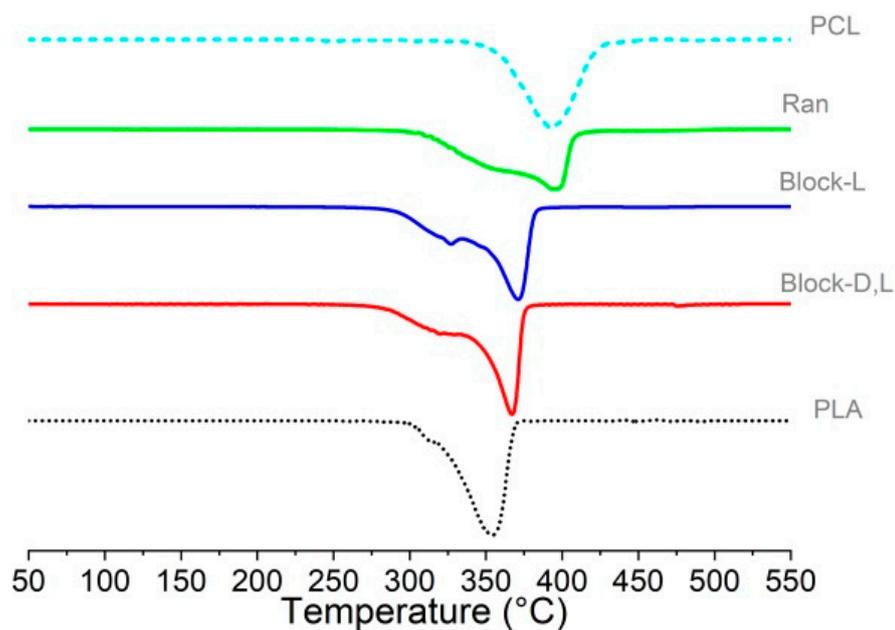
### 3.2. Thermogravimetric Analysis

Thermogravimetric analysis (TGA) has been carried out in order to both determine the thermal stability of the samples and verify the presence of impurity such as catalytic residue, solvents or monomers. Figure 4A reports the weight loss of the synthesized materials as function of the temperature in nitrogen atmosphere. For comparison, degradation curves for commercial PLA and PCL are also reported. At higher temperatures, all curves show a very small amount of inert residue (less than 0.1%). It suggests the absence of inorganic impurity in the synthesized materials. As expected, the PLA degrades at temperatures lower than that of PCL [45,46]. In particular, the temperatures at 5% mass loss ( $T_{5\%}$ ) were found at 312 °C and 355 °C for PLA and PCL, respectively. Both homo-polymers degrade in a single step with inflection point at 355 °C and 393 °C, respectively. The degradation curves of the synthesized block co-polymers fall between the two previous curves. However, multiple degradation steps are evident from their shapes. For a better visualization, the first derivatives of the TG curves (DTG) are reported in Figure 4B. Two peaks corresponding

to the maximum degradation temperature of PLA and PCL are showed by the three co-polymers. Their position and relative high are evidently correlated to the  $\epsilon$ -CL/LA molar ratio present in the copolymers.



(A)



(B)

**Figure 4.** TGA curves (A) and DTG curves (B) of the analyzed samples.

For all samples, the temperatures at 5% mass loss (T5%), the peaks positions (Td1 and Td2) of the DTG curves and the temperature degradation range ( $\Delta T1$  and  $\Delta T2$ ) are summarized in Table 2. In particular, the degradation ranges ( $\Delta T1$  and  $\Delta T2$ ) are calculated as the difference between the peak position temperature (Td1 and Td2) and T5%. At constant heating rate,  $\Delta T1$  and  $\Delta T2$  are proportional to the degradation rate of the LA and  $\epsilon$ -CL segments, respectively.

**Table 2.** TGA results of the analyzed samples.

Sample	T5% (°C)	Td1 (°C)	Td2 (°C)	$\Delta T1$ (°C)	$\Delta T2$ (°C)
Dev.Std.	( $\pm 1$ °C)	( $\pm 1$ °C)	( $\pm 1$ °C)	( $\pm 2$ °C)	( $\pm 2$ °C)
PLA	312	355		43	
Block-D,L	285	319	368	34	83
Block-L	295	320	374	25	79
Ran	315	355	391	40	76
PCL	355		393		38

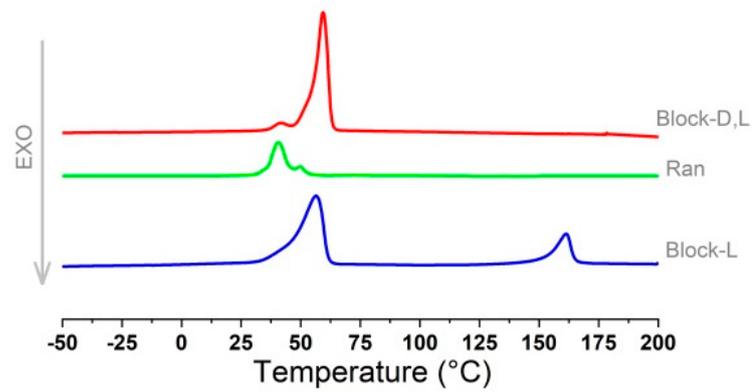
T5% of the copolymers is significantly lower than that of the homo-polymer. It could be due to the lower molar mass and higher number of end groups of the copolymers. The higher  $\Delta T2$  values showed by the co-polymers suggest a possible change of the degradation mechanism associated to the  $\epsilon$ -CL segments. In general, it can be noticed that the synthesized samples have a thermal stability similar to that of the homo-polymers in all the degradation stages.

### 3.3. Differential Thermal Analysis

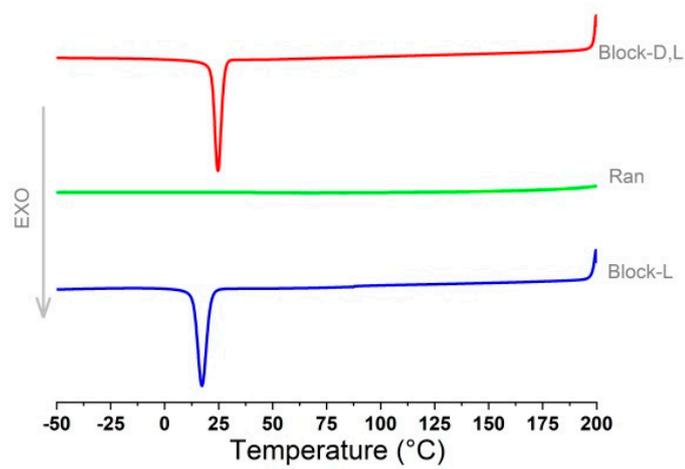
Dynamic DSC measurements have been performed to check the thermal properties and the melt/crystallization behavior of the copolymers. In Figure 5, the results for the thermal cycles (heating–cooling–heating) performed on all the samples are presented. The first heating reported in Figure 5A shows the thermal behavior of the copolymers as obtained by synthesis: all samples show endothermic peaks indicative of their semi-crystalline morphology. Only the Block-L sample presents two melting peaks with maxima at 60 °C and 160 °C. Small exothermic peak due to cold crystallization is also observed in the first heating scan, indicating that this sample did not reach the fully degree of crystallinity after synthesis.

In Figure 5B, the cooling scans from the melt state of the copolymer are reported. It is worth noting that, under the selected experimental conditions (cooling at 10 °C/min), Block-D,L and Block-L crystallizes while Ran does not show any crystallization peak. This fact evidences a strong difference in the crystallization rate of the samples. In particular, the lower crystallization temperature showed by the Block-L sample could be related to the high content of LA segments, which slow down the reorganization of the polymer segments for crystallizing.

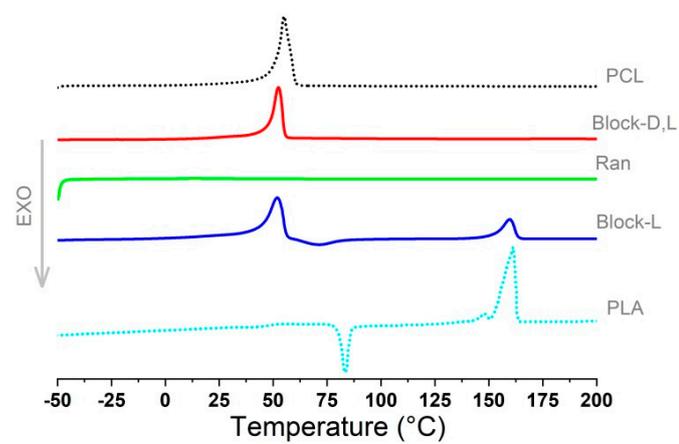
For Block-L sample, the presence of two peaks in the first heating is related to the presence of two different kinds of crystals, but the presence of only one crystallization peak during cooling seems not compatible with this hypothesis. A second heating scan has been carried out in order to clarify this aspect (Figure 5C). In this case, the melting curves of commercial PCL and PLA are also reported for comparison. All thermal properties of these materials, such as crystallization temperature ( $T_c$ ), melting temperature ( $T_m$ ), melting enthalpy ( $\Delta H_f$ ), crystallization enthalpy ( $\Delta H_c$ ), and crystallinity ( $X_c$ ), are reported in Table 3.



(A)



(B)



(C)

**Figure 5.** Differential scanning calorimetry (DSC) curves of the analyzed samples. (A) First heating; (B) Cooling from the melt; (C) Second heating.

**Table 3.** Thermal properties of the analyzed materials.

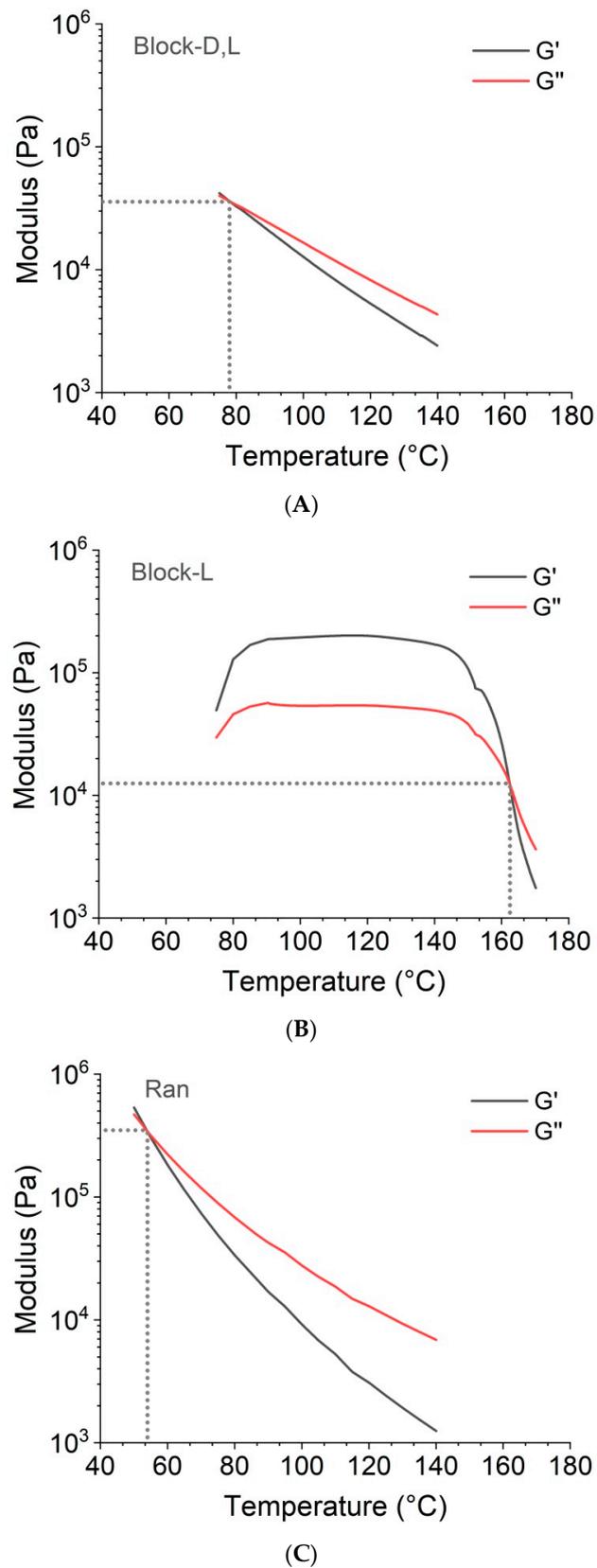
	T <sub>m</sub> 1st Heating	ΔH <sub>f</sub> 1st Heating	T <sub>c</sub> Cooling	ΔH <sub>c</sub> Cooling	T <sub>c</sub> 2nd Heating	ΔH <sub>c</sub> 2nd Heating	T <sub>m</sub> 2nd Heating	ΔH <sub>f</sub> 2nd Heating	X <sub>c</sub> (PLA) 2nd Heating	X <sub>c</sub> (PCL) 2nd Heating
	°C	J/g	°C	J/g	°C	J/g	°C	J/g	-	-
Dev. Std.	(±0.1)	(±0.05)	(±0.1)	(±0.05)	(±0.1)	(±0.05)	(±0.1)	(±0.05)	(±3)	(±3)
Block-D,L	59.3	50.17	24.7	34.18			52.3	34.13		24%
Block-L	56.3	50.88	17.4	36.66			51.9	37.09		27%
Ran	161.3	15.85			71.1	10.59	159.6	15.31	11%	16%
PCL	40.6	16.45	-	-			-	-	-	-
PLA			78				60	87.88		63%
							162	51.15		55%

When compared with both homo-polymers, the interpretation of the melting curves of the block copolymers becomes clearer. The correspondence between the various melting peaks allows their attribution. The melting peaks located at low temperatures (30–60 °C) can be attributed to the crystalline domains formed by the ε-CL segments, while those at high temperatures (150–160 °C) to the crystalline domains formed by the LA segments. For example, during the second heating scan, the Block-D,L sample showed a single melting peak with a maximum at about 52 °C and a ΔH<sub>f</sub> = 34 J/g. The latter enthalpy value is very close to that recorded during the crystallization phase in cooling. This excludes the possibility of cold crystallization and allows us to assign this melting peak to the crystals formed by the ε-CL segments. Compared to the melting peak of the commercial PCL (ΔH<sub>f</sub> = 87 J/g), the melting peak of the Block-D,L is about half and is placed at slightly lower temperatures. It evidently suggests less regular crystalline structures if compared to that formed by the homo-polymer. For the Block-L sample, upon cooling ε-CL segments crystallize at 17 °C with an enthalpy value of 36 J/g. The melting peak associated with this phase has an enthalpy value (ΔH<sub>f</sub> = 37 J/g) larger than that showed by the Block-D,L peak. In this case, the presence of LA segments seems to slightly favor crystallization at low temperatures.

The Block-L sample exhibits also a clear exothermic peak at temperatures immediately above the first melting peak (above 70 °C). Probably, the melting of crystals with a low melting temperature allows the cold crystallization of the LA segments. The crystallinity formed at this temperature, when heated, melt at temperatures close to those characteristic of PLA (159 °C) with an enthalpy value of 15 J/g. The formation of a second crystal phase inside the Block-L material suggests the possibility to lock the polymer chains into a certain temporary shape. Both thermal transitions contribute to the fixation of the temporary shape.

### 3.4. Rheological Analysis

The thermo-rheological response of the copolymer was firstly analyzed with isochronal measurements. Figure 6 shows the evolution of the elastic (G') and viscous (G'') moduli in a temperature sweep experiments. As temperature increases, a gradual transition is noticed from a solid-like behavior (G' > G'') to a liquid-like behavior (G' < G'') [47]. The temperatures at which the moduli cross (G' = G'') are completely different in the three copolymers. These transitions are associated to the melting of the physical crosslinking formed by the crystals present in the matrix. As show by the previous DSC results, these temperatures correspond to the melting peak temperatures of the crystalline phases Figure 6. For example, the Block-D,L shows a melting temperature at T<sub>m</sub> = 59 °C, which correspond to the temperature crossover of the moduli observed at T = 77 °C.



**Figure 6.** Evolution of the elastic ( $G'$ ) and viscous ( $G''$ ) moduli as a function of temperature (Isochronal tests) carried out at 1 Hz of frequency and 0.1% of strain for (A) Block-D,L, (B) Block-L and (C) Ran samples.

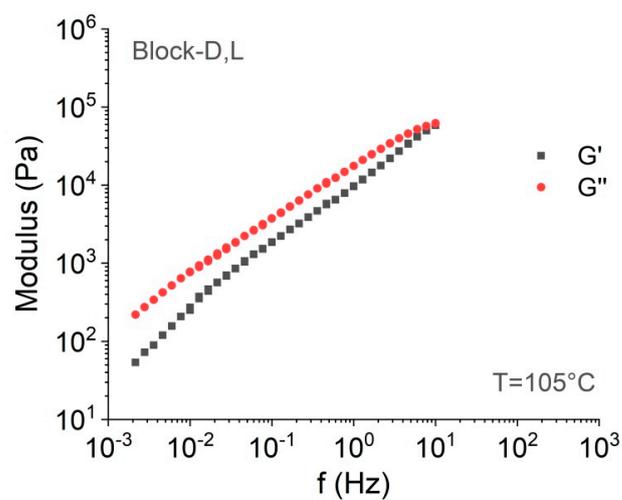
Block-L sample show an increase in both the elastic and viscous in the temperature range between 60 and 90 °C. It is probably due to the cold crystallization of the LA segments (Figure 5C). Since the low level of crystallinity formed in the sample, the increase in storage modulus is less than one order of magnitude.

The effect of crystallization on the mechanical properties of thermoplastic polymers has been evaluated by numerous works of literature [47]. For example, the microstructure developed during PLA crystallization was found to have a profound effect on the final properties [48]. Experimental results found with random and block copolymers of 2-ethyl-2-oxazoline and 2-nonyl-2-oxazoline showed a gradual transition from viscous to elastic behavior as crystallinity increased [49]. In the case of PCL-PLA copolymers, since both PCL and PLLA are crystalline blocks, the crystallization of each block is affected by the respective monomer distributions [50]. PLA can have both a positive and a negative effect on the crystallinity of PCL. In this case, PLA is solid at the crystallization temperatures of PCL and it can act both as a nucleating agent and as an obstacle to the formation of PCL crystals [51]. Conversely, the crystallization of PLA is negatively affected as the PCL content increases [52]. In fact, at the crystallization temperatures of PLA the PCL is melt and acts as a diluent for the PLA.

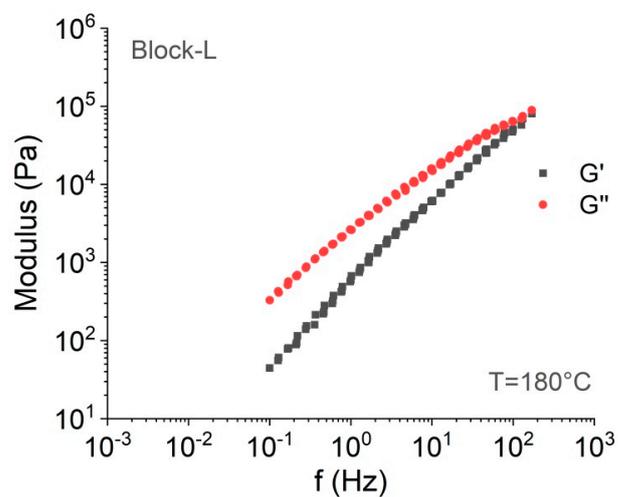
After the initial increase, both modules stabilize on a constant value over about 50 °C. In this temperature range (95–145 °C) the elastic modulus is about one order higher than the viscous modulus. It demonstrates a stable and clear elastic character of the materials. At temperatures higher than 150 °C, there is a significant modulus drop. This decrease in the modulus is evidently associates with the melting of the crystal formed by the LA segments (159 °C). These crystals are able to form an efficient crosslinking network that, upon melting, determines a drop in the elastic modulus larger than two orders of magnitude. The crossover point is located at 162 °C, which is in agreement with the DSC results.

Isothermal frequency sweeps at high temperatures can bring additional information on the viscoelastic behavior of the sample [53]. For comparison, a different reference temperature ( $T_r$ ) was chosen for the samples. A temperature 30 °C higher than the crossover temperature of the three copolymers was chosen. The master curve of  $G'$  and  $G''$  as a function of frequency are presented in Figure 7. The thermo-rheological simplicity of the systems at the reference temperature was confirmed by the good time–temperature superposition of  $G'$  and  $G''$  (see Figure 7). For all samples,  $G'$  and  $G''$  increased with increasing frequency. The elastic modulus curve lies below the viscous modulus curve, indicating a liquid type viscoelastic behavior.

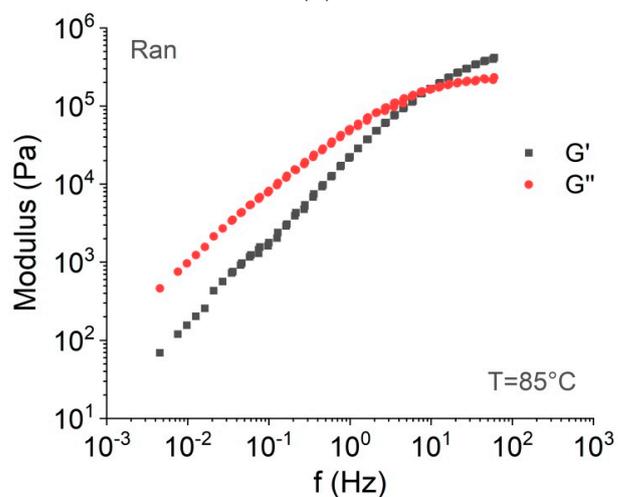
In any case, the behavior of the dynamic modules of the samples is quite similar. The small differences are due to the different molar masses distributions. In general, the cross over point (where  $G' = G''$ ) occurs at lower frequency in samples with higher molar mass and widest molecular mass distribution. In agreement with the data show in Table 1, the sample with the higher molar mass (Ran) shows the crossover at lower frequency.



(A)



(B)

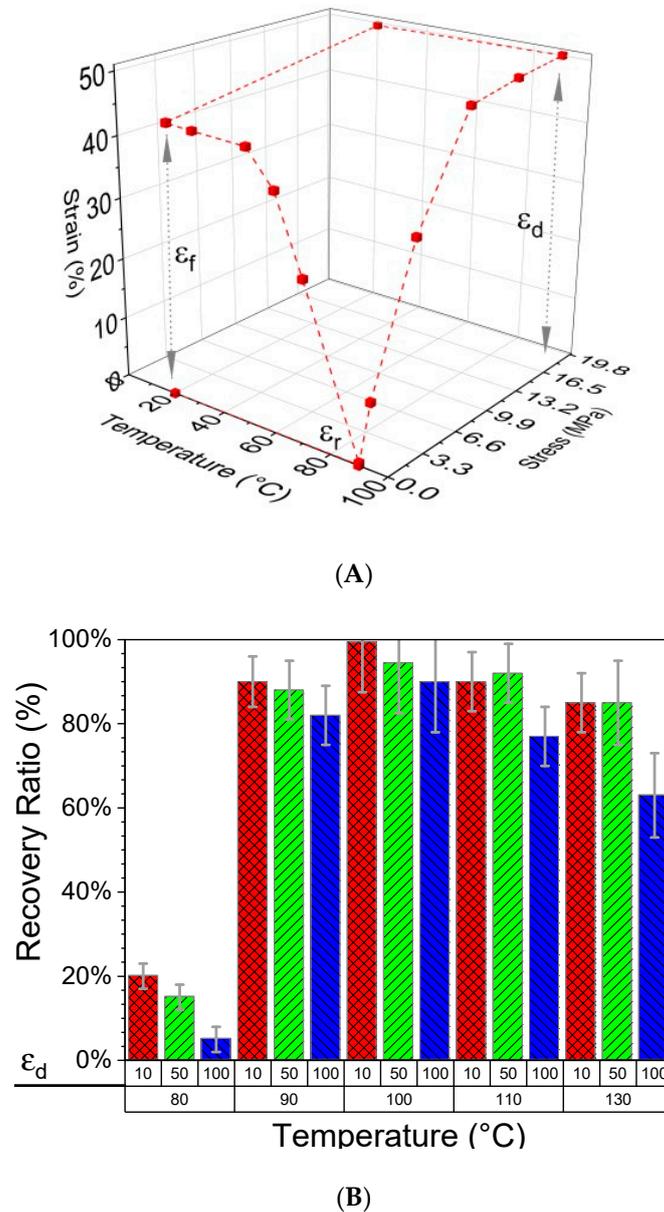


(C)

**Figure 7.** Evolution of the elastic ( $G'$ ) and viscous ( $G''$ ) moduli as a function of frequency carried out at reference temperature and 0.1% of strain for (A) Block-D,L, (B) Block-L and (C) Ran samples.

### 3.5. Shape Memory Test

The shape-memory properties have been quantified by cyclic thermo-mechanical tests [43,54]. Experimental results for sample Block-L are shown in Figure 8. Only this sample demonstrates the ability to fix the temporary shape and to recover its initial shape.



**Figure 8.** Shape memory tests: (A) thermomechanical cycle of Block-L sample (B) Recovery ratio as function of temperature and initial strain.

Loading are achieved by drawing at temperature higher than the cold crystallization of LA segments (above 80 °C), whereas the strain recovery took place upon heating above the melting temperature of the  $\epsilon$ -CL segments (above 60 °C).

As show by the thermo-rheological isochronal tests, the crystalline domains formed by the LA segments are enough to confer the necessary elastic character to the material, whereas the  $\epsilon$ -CL segments domain are sufficient to stabilize the deformation during the fixation procedure.

The relationship between polymer deformation or phase transition and properties is quite similar to the relationship existing in some inorganic materials [55,56].

Experimental results of tests carried out by changing the deformation temperature and the deformation strain are showed in Figure 8B.  $R_r$  is found strongly depend on both the deformation temperature and the initial strain ( $\epsilon d$ ). In the best case, the  $R_r$  ratio is high than 99%, whereas the  $R_f$  ratio values reached 85%. Repeated experiments on the sample indicate that, for the chosen conditions, only small differences are found between the thermomechanical cycles. These results demonstrate the excellent ability of Block-L materials to recover their initial shape.

#### 4. Conclusions

In this work, degradable block and random PLA/PCL copolymers were synthesized and fully characterized. The designed copolymers had similar LA:CL monomer ratio, while they differ in the microstructure. The thermal degradation of the sample was dependent on the LA/ $\epsilon$ -CL ratio. In particular, both the onset temperature ( $T_5\%$ ) and the degradation temperature ( $T_d$ ) were improved by increasing the  $\epsilon$ -CL content. DSC results showed different crystallization behaviors of the copolymers. The random (Ran) sample does not crystallize at all in the selected conditions, whereas the Block-L poly(L-lactide-*block*- $\epsilon$ -caprolactone) sample showed the co-existence of two crystalline phases associated with two melting peaks. The phase behavior and the molecular structure of the samples were studied by means of dynamic viscoelastic measurements. These tests have showed the relation between the mechanical moduli and the temperatures at constant frequency. The transition between solid-like to a liquid-like behavior was characterized in all samples. Block-L sample showed a complex behavior with a stability region where the sample shows a predominant elastic character. At higher temperatures, the copolymers showed the typical behavior of a single phase polymer system, with a thermo-rheological simple behavior.

Block-L sample showed very good shape-memory properties in a wide range of temperature and strain. These results indicate the possibility to design biodegradable multifunctional copolymers by a low cost and an easy scalable process. These obtained materials, which show a wide range of mechanical behavior, can cover a wide range of applications, from biomedical to packaging applications.

In conclusion, this work revealed that the morphology and the mechanical properties of block and random copolymers of lactide and  $\epsilon$ -caprolactone could be well controlled by changing the block length and solidification conditions. Such control is important for the development of efficient shape memory polymer.

**Author Contributions:** M.N. and D.P. designed and performed the synthesis; D.P. and M.N. performed and analyzed the NMR and SEC tests; D.P. and A.S. wrote the original draft; A.S. and D.P. make the review and editing of the manuscript. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research received no external funding.

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Acknowledgments:** Alessandra Aldi (CNR-IPCB), Fabio Docimo (CNR-IPCB), and Mariarosaria Marcedula (CNR-IPCB) are kindly acknowledged for the technical support.

**Conflicts of Interest:** The authors declare no conflict of interest.

#### References

1. Gorrasi, G.; Sorrentino, A. Mechanical milling as a technology to produce structural and functional bio-nanocomposites. *Green Chem.* **2015**, *17*, 2610–2625. [[CrossRef](#)]
2. Gorrasi, G.; Sorrentino, A.; Lichtfouse, E. Back to plastic pollution in COVID times. *Environ. Chem. Lett.* **2020**. [[CrossRef](#)]
3. Mecking, S. Nature or Petrochemistry?—Biologically Degradable Materials. *Angew. Chem. Int. Ed.* **2004**, *43*, 1078–1085. [[CrossRef](#)]

4. Albertsson, A.-C.; Varma, I.K. Recent Developments in Ring Opening Polymerization of Lactones for Biomedical Applications. *Biomacromolecules* **2003**, *4*, 1466–1486. [[CrossRef](#)]
5. Bouyahyi, M.; Duchateau, R. Metal-Based Catalysts for Controlled Ring-Opening Polymerization of Macrolactones: High Molecular Weight and Well-Defined Copolymer Architectures. *Macromolecules* **2014**, *47*, 517–524. [[CrossRef](#)]
6. Pappalardo, D.; Mathisen, T.; Finne-Wistrand, A. Biocompatibility of Resorbable Polymers: A Historical Perspective and Framework for the Future. *Biomacromolecules* **2019**, *20*, 1465–1477. [[CrossRef](#)]
7. Gorrasi, G.; Sorrentino, A.; Pantani, R. Modulation of Biodegradation Rate of Poly(lactic acid) by Silver Nanoparticles. *J. Polym. Environ.* **2015**, *23*, 316–320. [[CrossRef](#)]
8. Kulkarni, R.K.; Moore, E.G.; Hegyeli, A.F.; Leonard, F. Biodegradable poly(lactic acid) polymers. *J. Biomed. Mater. Res.* **1971**, *5*, 169–181. [[CrossRef](#)]
9. Pantani, R.; De Santis, F.; Sorrentino, A.; De Maio, F.; Titomanlio, G. Crystallization kinetics of virgin and processed poly (lactic acid). *Polym. Degrad. Stab.* **2010**, *95*, 1148–1159. [[CrossRef](#)]
10. Mehta, R.; Kumar, V.; Bhunia, H.; Upadhyay, S.N. Synthesis of poly(lactic acid): A review. *J. Macromol. Sci. Polym. Rev.* **2005**, *45*, 325–349. [[CrossRef](#)]
11. Li, F.; Rastogi, S.; Romano, D. Synthesis of Ultrahigh Molecular Weight PLAs Using a Phenoxy-Imine Al(III) Complex. *ACS Omega* **2020**, *5*, 24230–24238. [[CrossRef](#)]
12. Speranza, V.; Sorrentino, A.; De Santis, F.; Pantani, R. Characterization of the polycaprolactone melt crystallization: Complementary optical microscopy, DSC, and AFM studies. *Sci. World J.* **2014**, *2014*, 720157. [[CrossRef](#)]
13. Bezwada, R.S.; Jamiolkowski, D.D.; Lee, I.Y.; Agarwal, V.; Persivale, J.; Trenka-Benthin, S.; Erneta, M.; Suryadevara, J.; Yang, A.; Liu, S. Monocryl suture, a new ultra-pliable absorbable monofilament suture. *Biomaterials* **1995**, *16*, 1141–1148. [[CrossRef](#)]
14. Sun, H.; Mei, L.; Song, C.; Cui, X.; Wang, P. The in vivo degradation, absorption and excretion of PCL-based implant. *Biomaterials* **2006**, *27*, 1735–1740. [[CrossRef](#)]
15. Funabashi, M.; Ninomiya, F.; Kunioka, M. Biodegradability evaluation of polymers by ISO 14855-2. *Int. J. Mol. Sci.* **2009**, *10*, 3635. [[CrossRef](#)]
16. Zhu, J.; Shen, Z.; Yao, K. Synthesis and Characterization of Highly Random Using Rare Earth Catalyst. *J. Polym. Sci. Part A Polym. Chem.* **1996**, *34*, 1799–1805.
17. D’Auria, I.; D’Alterio, M.C.; Tedesco, C.; Pellicchia, C. Tailor-made block copolymers of l-, d- and: Rac -lactides and  $\epsilon$ -caprolactone via one-pot sequential ring opening polymerization by pyridylamidozinc(ii) catalysts. *RSC Adv.* **2019**, *9*, 32771–32779. [[CrossRef](#)]
18. Jacobs, C.; Dubois, P.; Jerome, R.; Teyssie, P. Macromolecular engineering of polylactones and polylactides. 5. Synthesis and characterization of diblock copolymers based on poly- $\epsilon$ -caprolactone and poly(L,L or D,L)lactide by aluminum alkoxides. *Macromolecules* **1991**, *24*, 3027–3034. [[CrossRef](#)]
19. Monica, F.; Della Luciano, E.; Buonerba, A.; Grassi, A.; Milione, S.; Capacchione, C. Poly(lactide-co- $\epsilon$ -caprolactone) Copolymers by Bis-Thioetherphenolate Group 4 Metal Complexes: Synthesis, Characterization and Morphology. *RSC Adv.* **2014**, *4*, 51262–51267. [[CrossRef](#)]
20. Pappalardo, D.; Annunziata, L.; Pellicchia, C. Living ring-opening homo- and copolymerization of  $\epsilon$ -caprolactone and L- and D, L-lactides by dimethyl(salicylaldiminato)aluminum compounds. *Macromolecules* **2009**, *42*, 6056–6062. [[CrossRef](#)]
21. Gleadall, A.; Pan, J.; Kruft, M.; Kellomäki, M. Acta Biomaterialia Degradation mechanisms of bioresorbable polyesters. Part 1. Effects of random scission, end scission and autocatalysis. *Acta Biomater.* **2014**, *10*, 2223–2232. [[CrossRef](#)]
22. Gorrasi, G.; Vertuccio, L.; Annunziata, L.; Pellicchia, C.; Pappalardo, D. Correlations between microstructural characterization and thermal properties of well defined poly( $\epsilon$ -caprolactone) samples by ring opening polymerization with neutral and cationic bis(2,4,6-triisopropylphenyl)tin(IV) compounds. *React. Funct. Polym.* **2010**, *70*, 151–158. [[CrossRef](#)]
23. Izzo, L.; Pappalardo, D. “tree-shaped” copolymers based on poly (ethylene glycol) and atactic or isotactic polylactides: Synthesis and characterization. *Macromol. Chem. Phys.* **2010**, *211*, 2171–2178. [[CrossRef](#)]
24. D’Auria, I.; Mazzeo, M.; Pappalardo, D.; Lamberti, M.; Pellicchia, C. Ring-opening polymerization of cyclic esters promoted by phosphido-diphosphine pincer group 3 complexes. *J. Polym. Sci. Part A Polym. Chem.* **2011**. [[CrossRef](#)]
25. Huang, H.C.; Wang, B.; Chen, X.L.; Pan, L.; Li, Y.S. Ring-opening polymerization of (Macro)lactones by highly active mononuclear salen–aluminum complexes bearing cyclic  $\beta$ -ketoiminato ligand. *J. Polym. Sci. Part A Polym. Chem.* **2019**, *57*, 973–981. [[CrossRef](#)]
26. Li, G.; Lamberti, M.; Pappalardo, D.; Pellicchia, C. Random copolymerization of  $\epsilon$ -caprolactone and lactides promoted by pyrrolylpyridylamido aluminum complexes. *Macromolecules* **2012**, *45*, 8614–8620. [[CrossRef](#)]
27. Nomura, N.; Akita, A.; Ishii, R.; Mizuno, M. Random Copolymerization of  $\epsilon$ -Caprolactone with Lactide Using a Homosalen–Al Complex. *J. Am. Chem. Soc.* **2010**, *132*, 1750–1751. [[CrossRef](#)]
28. Pilone, A.; De Maio, N.; Press, K.; Venditto, V.; Pappalardo, D.; Mazzeo, M.; Pellicchia, C.; Kol, M.; Lamberti, M. Ring-opening homo- and co-polymerization of lactides and  $\epsilon$ -caprolactone by salalen aluminum complexes. *Dalton Trans.* **2015**, *44*, 2157–2165. [[CrossRef](#)]
29. Fuoco, T.; Pappalardo, D. Aluminum Alkyl Complexes Bearing Salicylaldiminato Ligands: Versatile Initiators in the Ring-Opening Polymerization of Cyclic Esters. *Catalysts* **2017**, *7*, 64. [[CrossRef](#)]
30. Meduri, A.; Fuoco, T.; Lamberti, M.; Pellicchia, C.; Pappalardo, D. Versatile copolymerization of glycolide and rac-lactide by dimethyl(salicylaldiminato)aluminum compounds. *Macromolecules* **2014**, *47*, 534–543. [[CrossRef](#)]

31. Fuoco, T.; Meduri, A.; Lamberti, M.; Pellicchia, C.; Pappalardo, D. Copolymerization and terpolymerization of glycolide with lactones by dimethyl(salicylaldiminato)aluminum compounds. *J. Appl. Polym. Sci.* **2015**, *132*. [[CrossRef](#)]
32. Fuoco, T.; Meduri, A.; Lamberti, M.; Venditto, V.; Pellicchia, C.; Pappalardo, D. Ring-opening polymerization of  $\omega$ -6-hexadecenlactone by a salicylaldiminato aluminum complex: A route to semicrystalline and functional poly(ester)s. *Polym. Chem.* **2015**, *6*, 1727–1740. [[CrossRef](#)]
33. Sorrentino, A.; Gorrasi, G.; Bugatti, V.; Fuoco, T.; Pappalardo, D. Polyethylene-like macrolactone-based polyesters: Rheological, thermal and barrier properties. *Mater. Today Commun.* **2018**, *17*, 380–390. [[CrossRef](#)]
34. Fuoco, T.; Finne-Wistrand, A.; Pappalardo, D. A Route to Aliphatic Poly(ester)s with Thiol Pendant Groups: From Monomer Design to Editable Porous Scaffolds. *Biomacromolecules* **2016**, *17*, 1383–1394. [[CrossRef](#)]
35. Fuoco, T.; Pappalardo, D.; Finne-Wistrand, A. Redox-Responsive Disulfide Cross-Linked PLA-PEG Nanoparticles. *Macromolecules* **2017**, *50*, 7052–7061. [[CrossRef](#)]
36. Shao, Y.; Jia, Y.-G.; Shi, C.; Luo, J.; Zhu, X.X. Block and Random Copolymers Bearing Cholic Acid and Oligo(ethylene glycol) Pendant Groups: Aggregation, Thermosensitivity, and Drug Loading. *Biomacromolecules* **2014**, *15*, 1837–1844. [[CrossRef](#)]
37. Guo, Q.; Zhang, T.; An, J.; Wu, Z.; Zhao, Y.; Dai, X.; Zhang, X.; Li, C. Block versus Random Amphiphilic Glycopolymer Nanoparticles as Glucose-Responsive Vehicles. *Biomacromolecules* **2015**, *16*, 3345–3356. [[CrossRef](#)]
38. Jiang, Z.; Liu, H.; He, H.; Ribbe, A.E.; Thayumanavan, S. Blended Assemblies of Amphiphilic Random and Block Copolymers for Tunable Encapsulation and Release of Hydrophobic Guest Molecules. *Macromolecules* **2020**, *53*, 2713–2723. [[CrossRef](#)]
39. Pappalardo, D.; Tedesco, C.; Pellicchia, C. New Neutral and Cationic Dialkylaluminum Complexes Bearing Imino-Amide or Imino-Phenoxide Ligands: Synthesis, Characterization and Reactivity with Olefins. *Eur. J. Inorg. Chem.* **2002**, *2002*, 621–628. [[CrossRef](#)]
40. Gupta, B.; Geeta Ray, A.R. Preparation of poly( $\epsilon$ -caprolactone)/poly( $\epsilon$ -caprolactone-co-lactide) (PCL/PLCL) blend filament by melt spinning. *J. Appl. Polym. Sci.* **2012**, *123*, 1944–1950. [[CrossRef](#)]
41. Kobori, Y.; Iwata, T.; Doi, Y.; Abe, H. Synthesis, Solid-State Structure, and Surface Properties of End-Capped Poly(L-lactide). *Biomacromolecules* **2004**, *5*, 530–536. [[CrossRef](#)]
42. Turner, J.F.; Riga, A.; O'Connor, A.; Zhang, J.; Collis, J. Characterization of drawn and undrawn poly-L-lactide films by differential scanning calorimetry. *J. Therm. Anal. Calorim.* **2004**, *75*, 257–268. [[CrossRef](#)]
43. Hager, M.D.; Bode, S.; Weber, C.; Schubert, U.S. Shape memory polymers: Past, present and future developments. *Prog. Polym. Sci.* **2015**, *49–50*, 3–33. [[CrossRef](#)]
44. Booth, C.; Colclough, R.O. Polymer Characterization. In *Comprehensive Polymer Science Supply*; Allen, G., Bevington, J.C., Eds.; Elsevier: Amsterdam, The Netherlands, 1989; pp. 55–73.
45. Gorrasi, G.; Sorrentino, A. Photo-oxidative stabilization of carbon nanotubes on polylactic acid. *Polym. Degrad. Stab.* **2013**, *98*, 963–971. [[CrossRef](#)]
46. Vertuccio, L.; Gorrasi, G.; Sorrentino, A.; Vittoria, V. Nano clay reinforced PCL/starch blends obtained by high energy ball milling. *Carbohydr. Polym.* **2009**, *75*, 172–179. [[CrossRef](#)]
47. Han, C.D. *Rheology and Processing of Polymeric Materials: Volume 1: Polymer Rheology*; Oxford University Press on Demand; Oxford University: Oxford, UK, 2007; Volume 1.
48. Rhoades, A.; Pantani, R. *Poly(Lactic Acid): Flow-Induced Crystallization BT—Thermal Properties of Bio-Based Polymers*; Di Lorenzo, M.L., Androsch, R., Eds.; Springer International Publishing: Cham, Switzerland, 2019; pp. 87–117. [[CrossRef](#)]
49. Fijten, M.W.M.; Kranenburg, J.M.; Thijs, H.M.L.; Paulus, R.M.; van Lankvelt, B.M.; de Hullu, J.; Springintveld, M.; Thielen, D.J.G.; Tweedie, C.A.; Hoogenboom, R.; et al. Synthesis and Structure-Property Relationships of Random and Block Copolymers: A Direct Comparison for Copoly(2-oxazoline)s. *Macromolecules* **2007**, *40*, 5879–5886. [[CrossRef](#)]
50. Castillo, R.V.; Müller, A.J. Crystallization and morphology of biodegradable or biostable single and double crystalline block copolymers. *Prog. Polym. Sci.* **2009**, *34*, 516–560. [[CrossRef](#)]
51. Hamley, I.W.; Parras, P.; Castelletto, V.; Castillo, R.V.; Müller, A.J.; Pollet, E.; Dubois, P.; Martin, C.M. Melt Structure and its Transformation by Sequential Crystallization of the Two Blocks within Poly(L-lactide)-block-Poly( $\epsilon$ -caprolactone) Double Crystalline Diblock Copolymers. *Macromol. Chem. Phys.* **2006**, *207*, 941–953. [[CrossRef](#)]
52. Hamley, I.W.; Castelletto, V.; Castillo, R.V.; Müller, A.J.; Martin, C.M.; Pollet, E.; Dubois, P. Crystallization in Poly(L-lactide)-*b*-poly( $\epsilon$ -caprolactone) Double Crystalline Diblock Copolymers: A Study Using X-ray Scattering, Differential Scanning Calorimetry, and Polarized Optical Microscopy. *Macromolecules* **2005**, *38*, 463–472. [[CrossRef](#)]
53. Colby, R.H. Block copolymer dynamics. *Curr. Opin. Colloid Interface Sci.* **1996**, *1*, 454–465. [[CrossRef](#)]
54. Navarro-Baena, I.; Sessini, V.; Dominici, F.; Torre, L.; Kenny, J.M.; Peponi, L. Design of biodegradable blends based on PLA and PCL: From morphological, thermal and mechanical studies to shape memory behavior. *Polym. Degrad. Stab.* **2016**, *132*, 97–108. [[CrossRef](#)]
55. Wang, C.; Liu, Y.; Feng, X.; Zhou, C.; Liu, Y.; Yu, X.; Zhao, G. Phase Regulation Strategy of Perovskite Nanocrystals from 1D Orthomorphous  $\text{NH}_4\text{PbI}_3$  to 3D Cubic  $(\text{NH}_4)_{0.5}\text{Cs}_{0.5}\text{Pb}(\text{I}_{0.5}\text{Br}_{0.5})_3$  Phase Enhances Photoluminescence. *Angew. Chem. Int. Ed.* **2019**, *58*, 11642–11646. [[CrossRef](#)] [[PubMed](#)]
56. Wang, C.; Liu, Y.; Guo, Y.; Ma, L.; Liu, Y.; Zhou, C.; Yu, X.; Zhao, G. Lead-free sodium bismuth halide  $\text{Cs}_2\text{NaBiX}_6$  double perovskite nanocrystals with highly efficient photoluminescence. *Chem. Eng. J.* **2020**, *397*, 125367. [[CrossRef](#)]