

Last Author	Year	Treatment		Control		Baseline BMI		Post intervention		Baseline BMI		Post intervention		Change in BMI		Change in BMI		Difference in BMI change(trt-control)	Control group correlation r between baseline and followup BMI	Treatment group correlation r between baseline and followup BMI
		group	group	control	SD	BMI control group	SD	treatment	SD	BMI treatment group	SD	control	SD	treatment	SD					
Asemi	2013	27	27	30.17	4.23	29.91	4.27	31.61	6.36	30.96	6.39	-0.26	0.995631565	-0.65	1.76702	-0.39	0.972603346	0.961596602		
Canfora	2017	21	23	32.3	3.5	32.7	3.3	33.3	3.7	33.7	3.7	0.4	0.820282092	0.4	1.02542	0	0.972603346	0.961596602		
Fernandes	2016	3	3	38.2	1.4	37.7	1.4	40.2	4.5	39.5	4.4	-0.5	0.1	-0.7	0.2	-0.2	0.99744898	0.999242424		
Fernandes	2016	3	3	38.2	1.4	37.7	1.4	41.6	5.2	41.5	5.2	-0.5	0.1	-0.1	0.1	0.4	0.99744898	0.999815089		
Gomes	2016	21	22	33.34	4.69	32.61	4.53	31.7	3.9	31.24	3.96	-0.72	1.090743869	-0.45	0.72475	0.27	0.972603346	0.983111172		
Higashikawa	2016	21	20	27.37	1.43108	27.77	1.78885	26.84	1.2373	26.91	1.28312	0.4	0.670820393	0.07	0.54991	-0.33	0.937109375	0.90542328		
Higashikawa	2016	21	20	27.37	1.43108	27.77	1.78885	27.1	1.14564	27.04	1.37477	0.4	0.670820393	-0.06	0.45826	-0.45	0.937109375	0.95		
Javadi	2017	20	19	30.38	2.88	30.56	2.88	29.91	3.88	29.26	3.59	0.18	0.44230705	-0.65	0.74854	-0.83	0.98820677	0.982905925		
Javadi	2017	19	19	30.38	2.88	30.56	2.88	30.96	4.39	30.38	4.63	0.18	0.44230705	-0.58	0.7909	-0.76	0.98820677	0.986029552		
Javadi	2017	17	19	30.38	2.88	30.56	2.88	32.3	4.78	31.47	4.58	0.18	0.44230705	-0.83	0.85235	-1.01	0.98820677	0.984321074		
Jung	2013	28	29	29.6	3.6	29.3	4	28.6	2.2	28.1	1.9	0.3	1	-0.5	0.9	-0.8	0.970833333	0.913875598		
Jung	2015	49	46	27	1.49211	27.1	1.49211	27	1.47	26.8	1.61	0.14	0.474763099	-0.24	0.63	-0.38	0.949380165	0.920289855		
Kadooka	2010	43	44	27.2	1.64459	27.3	1.80905	27.5	1.62467	27.2	1.62467	0.1	0.493375954	-0.4	0.4874	-0.5	0.963636364	0.955		
Kadooka	2013	69	70	NA	NA	NA	NA	NA	NA	NA	NA	0.1	0.629084901	-0.3	0.41627	-0.4	NA	NA		
Kadooka	2013	71	70	NA	NA	NA	NA	NA	NA	NA	NA	0.1	0.629084901	-0.4	0.42248	-0.5	NA	NA		
Kim	2017	32	34	27.1	1.57436	27.2	1.63267	26.6	1.30108	26.4	1.41421	0.15	0.524785671	-0.23	0.62225	-0.38	0.947089947	0.89826087		
Lambert	2017	22	22	33.3	6.09754	33.4	6.09754	33.1	6.09754	32.8	6.09754	0.1	1.427310478	-0.3	1.68987	-0.4	0.972603346	0.961596602		
Leber	2012	13	15	31.6	3.6	31.6	4	35.4	5.3	35.3	5.5	-0.05	0.6	-0.18	0.78	-0.13	0.993055556	0.990250429		
Madjd	2016	44	45	32.05	3.94	30.08	3.86	32.14	3.2	30.08	3.15	-1.97	0.916361582	-2.06	0.88131	-0.09	0.972603346	0.961596602		
Minami	2015	19	25	27.7	2.5	27.8	2.5	27.1	2.61534	27.2	2.61534	0.1	0.585199262	0.1	0.72482	0	0.972603346	0.961596602		
Rabiei	2015	20	20	32.7	5.39	32	5.23	32	4.08	30.6	4.26	-0.7	1.253078976	-1.4	1.16934	-0.7	0.972603346	0.961596602		
Reimer	2017	26	27	31.3	6.23538	31.4	6.23538	31.9	4.58912	31.9	4.58912	0.1	1.039230485	0.1	0.5099	0	0.986111111	0.99382716		
Sharafedtinov	2013	25	11	36.3	4.3	34.7	4.2	37.7	4.3	35.7	3.8	-1.6	0.99978355	-2	1.22679	-0.4	0.972603346	0.961596602		
Zarrati	2014	25	25	33.9	3.365	32	3.265	33.8	3.175	32.25	3.155	-1.9	0.782303655	-1.55	0.87737	0.35	0.972603346	0.961596602		

Calculated from SEM, 95%CI or p value

Imputed