

MDPI

Article

Self-Betrayal or Self-Deception? The Case of Jackson Pollock

Elizabeth L. Langhorne

Department of Art, Central Connecticut State University, New Britain, CT 06050, USA; langhornee@ccsu.edu

Abstract: Clement Greenberg interpreted the rise of authentic modern art as a rejection of kitsch and "half-baked" religiosity and celebrated Jackson Pollock as representing what he called for. However, his presentation of Pollock as a leading modernist fails to do justice to his lifelong spiritual quest and to his desire to reach a broad public, which led him to open his art and person to the popular media of photography and film. Following Greenberg, Donald Kuspit would have us understand Pollock's embrace of and by the public as a self-betrayal, transforming his great abstractions into decorative kitsch. Kuspit's understanding of Pollock's "true self", however, cannot convince. His embrace of the public did lead Pollock to doubt his artistic enterprise: his dream of art as alchemy. But, the great abstractions testify to the power of that dream to create great art, challenging us to reconsider the relationship between authentic art and mass culture, of modernism, spirituality, and the public.

Keywords: Jackson Pollock; kitsch; film; modernism; alchemy; spiritual quest; Clement Greenberg; Donald Kuspit; John Graham; Jung

1. An Artistic Self-Betrayal?

In a recent article, Donald Kuspit describes the manner in which one of Pollock's great abstractions of 1950, *Autumn Rhythm*, becomes kitsch in Sir Cecil Beaton's fashion shoot of a glamorous model standing in front of a detail of the painting, published in the March 1951 *Vogue* magazine (Figure 1). "Van Bueren's black dress and the bouquet of pink flowers she holds echo the colors in Pollock's painting, although her poise and elegance contradict its eccentric dynamics—the swirling turbulent quasi-grand gestures, some painterly thick, some thinly linear. But her glittering jewelry—diamond bracelet and earrings—make the subliminal point: Pollock's painting is expensive kitsch" (Kuspit 2020). The artist has sold his soul to the public.



Figure 1. Cecil Beaton, The New Soft Look, 1951. Photographed against Pollock's *Autumn Rhythm* at the Betty Parsons show in March, 1951. Courtesy *Vogue* © 1951 by The Condé Nast Publications.

Following Donald Winnicott, Kuspit distinguishes between an artist's "True Self" and his or her "False Self" (Winnicott 1960). To achieve success, the false self conforms with



Citation: Langhorne, Elizabeth L. 2023. Self-Betrayal or Self-Deception? The Case of Jackson Pollock. *Arts* 12: 54. https://doi.org/10.3390/arts12020054

Academic Editors: Gregory Gilbert and Kristi Peterson

Received: 18 November 2022 Revised: 13 February 2023 Accepted: 1 March 2023 Published: 13 March 2023



Copyright: © 2023 by the author. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

Arts 2023, 12, 54 2 of 33

society: to gain access to a mass audience the artist pretends to be other than he or she is, the art thereby becoming kitsch. For Kuspit, Pollock's true self is "a true avant-garde believer, a certified member of the cult of the avant-garde, the belief that being an outsider was the one and only true way of becoming creative and original". By permitting himself to become "a public 'personality'" in the 8 August 1949 *Life* magazine article, "Jackson Pollock: Is he the greatest living painter in the United States?", Pollock invites, Kuspit suggests, the kitchification of his art that we witness in Beaton's treatment of *Autumn Rhythm*. I disagree with Kuspit on two points: I disagree, not with his appropriation of Winnicott's distinction, but with his construction of Pollock's true self as "a true avant-garde believer" and with the claim that Pollock came to surrender his creativity to what the public expected or demanded, allowing his art to degenerate into kitsch. As I will show, public expectations had no great impact on the evolution of Pollock's art. What fueled it was a private spiritual quest for meaning. No doubt, Pollock welcomed the attention given to his work, attention that promised then much-needed sales. Did he thereby pretend to be other than he was?

In his 1939 essay "Avant-garde and Kitsch" Clement Greenberg, who advanced the influential definition of avant-garde to which Kuspit subscribes, explains how the burgeoning mass culture in the 1930s dictated the necessity for an "avant-garde" art to come into being if art per se was to survive. He names examples of kitsch: "popular, commercial art and literature with their chromotypes, magazine covers, illustrations, ads, slick and pulp fiction, comics, Tin Pan Alley music, tap dancing, Hollywood movies, etc., etc.". He rails: kitsch "is vicarious experience and faked sensations . . . Kitsch is the epitome of all that is spurious in the life of our times. Kitsch pretends to demand nothing of its customers except their money—not even their time" (Greenberg 1939, pp. 11, 14). To counter kitsch, the different disciplines of art would have to determine what qualities of form pertained to their field alone. Painting, for example, would have to forego the three-dimensional sculptural illusionism that so easily lends itself to realistic imitation and "literary" narrative in kitsch art, and rather "stress the ineluctable flatness of the support that remained most fundamental in the processes by which pictorial art criticized and defined itself under Modernism" (Greenberg 1960, p. 87).

Greenberg determined that Pollock was such a modernist artist, writing in his February 1947 review of his work done just before the abstract poured paintings: "As is the case with almost all post-cubist painting of any real originality, it is the tension inherent in the constructed, recreated flatness of the surface that produces the strength of his art" (Greenberg 1947a, p. 125). In the January 1948 review of the first poured paintings, he speaks of "style, harmony, and the inevitability of [their] logic. The combination of all three of these latter qualities . . . reminds one of Picasso's and Braque's masterpieces of the 1912–1915 phase of cubism" (Greenberg 1948, p. 202). Yet Kuspit invites us to understand *Autumn Rhythm*, created only three years later, as avant-garde art transformed by the artist's embrace of the public into high-class kitsch!

Kuspit's invocation of Beaton's photographs recalls T. J. Clark's own turn to Beaton's photographs as the background of his essay on Pollock, "The Unhappy Consciousness", in his *Farewell to an Idea: Episodes from a History of Modernism*. These photographs are said by him to have stirred up his fears about modernism, what he calls "the bad dream of modernism", that its explorations of an Other to bourgeois experience would simply be co-opted by bourgeois culture. Clark realizes that the photographs "raise the question of Pollock's paintings' public life" (Clark 1998, pp. 305, 306). Kuspit suggests that by embracing the public Pollock betrayed his true self, but his construction of Pollock's "true self" cannot convince. This calls his account of Pollock's supposed self-betrayal into question. Like every artist, Pollock sought public recognition. Eventually, he even came to court bourgeois culture, but did he thereby betray his "true self?"

2. What Made Pollock Pollock?

Already in my dissertation "A Jungian Interpretation of Jackson Pollock's Art through 1946" I challenged the then dominant understanding, indebted to Greenberg, of Pollock as

Arts 2023, 12, 54 3 of 33

a modernist that still informs Kuspit's understanding of Pollock's "true self" (Langhorne 1977). From that dissertation, I extracted material that I published as an article, "Jackson Pollock's Moon Woman Cuts the Circle" (Langhorne 1979). It was harshly criticized by William Rubin, the director of the Department of Painting and Sculpture at the Museum of Modern Art. In defense of what was then modernist orthodoxy he chose to attack this iconographic exploration in a two-part article in Art in America in 1979: "Pollock as Jungian Illustrator: The Limits of Psychological Criticism". Pollock, he insisted, "was before all else a painter". What was Pollock's understanding of himself as a painter? Michael Leja has shown, all such ideas are rooted in and circumscribed by the individual's cultural situation, as it finds expression in "contemporary cultural productions of diverse sorts, popular philosophy, cultural criticism, Hollywood movies, journalistic essays, and other materials" (Leja 1993, p. 4). He points to the fascination with the primitive and irrational: "One kind of cultural production in particular gave these ideas center stage and treated them comprehensively, a type of popular nonfiction I will call Modern Man literature, since its focus was the nature, mind, and behavior of "Modern Man" (Leja 1993, p. 7). Leja demonstrates Pollock's indebtedness to that discourse. He also recognizes that Jungian ideas were very much part of it. However, Leja fails to do justice to the extent Jung and Jungian ideas helped shape Pollock's understanding of his artistic goal. I am not a Jungian: I cannot accept Jung's theory of archetypes. However, we must acknowledge that Pollock's deep interest in Jungian thought—he was in Jungian psychotherapy between 1939 and 1943 and late in his life declared "I've been a Jungian for a long time"—pervades not only his early 1940s work, but still, as I shall show, his mature poured paintings, where this interest cannot be divorced from his much broader spiritual concerns (Pollock 1957). Not that he felt that he had succeeded in communicating these concerns. He suffered from a sense that what he had achieved had not been understood by the public that admired the bold iconoclast, and this has not really changed. Despite the fact that today no American artist, other than perhaps Andy Warhol or Basquiat, can claim a more prominent place in American mass culture, such popularity has little to do with understanding what he was up to. But what was he up to?

To approach that question, let us take a close look at four of Pollock's abstract poured paintings of 1950, the last of which suffered the ignominious fate of being called "expensive kitsch": *Lavender Mist*: *Number 1*, 1950 (Figure 2), *Number 32*, 1950 (Figure 3), *Number 31*, 1950 or *One*, as it is known today (Figure 4), *Autumn Rhythm: Number 30*, 1950 (Figure 5). About the last three paintings, made from one great role of canvas, Kirk Varnedoe wrote: "Along with New Year's in 1944, and the advent of the poured paintings in 1947, this was one of the defining moments that made Pollock Pollock". What was Pollock up to when creating what are strikingly different all-over compositions?



Figure 2. Jackson Pollock, *Lavender Mist: Number 1, 1950,* 1950, oil, enamel, and aluminum paint on canvas, 87×118 in. (221×299.7 cm). National Gallery of Art, Washington, D.C. Ailsa Mellon Bruce Fund. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

Arts 2023, 12, 54 4 of 33

Before beginning work on the three larger paintings, Pollock had spent most of June 1950 on *Lavender Mist*, a large canvas 7 feet 3 inches x 9 feet 10 inches, an exquisitely articulated and carefully worked, atomized and unified, beige-pink field.³ A number of writers have noticed the intimation of two sweeping arcs, especially noticeable in the black tones of the one on the left, converging towards the bottom of the central vertical axis of the canvas (Rohn 1987, pp. 65–69; Carmean 1978, p. 129). The convergence weights the composition; the outward springing arcs open it up in a centrifugal motion. Roughly vertical streaks of black throws of paint move into and beyond the field, a stretching amplified by the height of the canvas. But this height is then bound by the careful imprint of his hands, repeated, gently marking the upper left corner of the canvas and also rotating around its upper right corner. Opposed impulses, left-right, up-down, are brought into exquisite equilibrium in the all-over shimmering field that elicited the title of *Lavender Mist* from Clement Greenberg.⁴

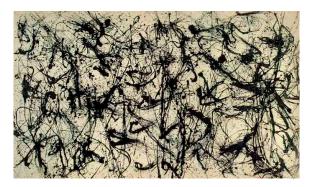


Figure 3. Jackson Pollock, *Number 32*, 1950, 1950, enamel on canvas, 106×180 in. (269.2 \times 457.2 cm). Kunstsammlung Nordrhein-Westfalen, Dusseldorf. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

Pollock turned next to the great roll. Rudolph Burckhardt, who photographed Pollock miming the act of painting *Number 32*, *1950* after it was completed, recalls that it was finished in one session (Carmean 1978, p. 135). The unity of *Lavender Mist* that took Pollock most of June to create is now undone in one fell swoop. Moving from the 7 feet 3 inches height of *Lavender Mist* to the 8 feet 10 inches height of *Number 32*, *1950* sets the scale in relation to the body at a sublime pitch, as does the extended horizontality, moving from 9 feet 10 inches to 15 feet. The building up of a fabric of black throws of paint embedded in complex effects of pinkish beiges is simplified to throws of thinned black enamel paint soaking directly into the vast surface of the unprimed canvas, generating the energy of a cosmic windstorm. Its whirling turbulence prevents what might invite thoughts of figuration or even angular letters of some unknown script from forming.



Figure 4. Jackson Pollock, *One: Number 31, 1950,* 1950, oil and enamel on canvas, 106×209 in. (269.5 \times 530.8 cm). The Museum of Modern Art, New York. Sidney and Harriet Janis Collection Fund (by exchange). © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

Arts 2023, 12, 54 5 of 33

Pepe Karmel points out that, as revealed in the filming of Pollock painting later that fall, Pollock began some of the large canvases of 1950 with suggestions of linear figuration that he then totally obscured (Karmel 1998, p. 111; Karmel 1999, p. 92). However, in the immediately following work, One, the viewer is not even tempted to look for such hidden elements, as the material of paint is so endlessly differentiated, whether thrown, spun, spotted, or puddled, that one is struck immediately by the density and cohesion of the all-over field. The relatively unbound energies of Number 32, 1950, which hung on the studio wall as Pollock worked on One, coalesce here into a rectangular composition that pulls in on all four sides from the framing edges, slightly weighted with an increased density of interweaving across the bottom.⁵ The lack of orientation in the first, which may account for its being published upside down in the Pompidou catalog, gives way to a decided up and down in the second. We begin to recognize a rhythmic underpinning: three-quarters the way up the left-hand edge of the canvas an elegant wedge made by two long black throws thrusts right, initiating a sequence of sloping diagonals that zig-zags to a dramatic encounter of white and black in the center, an instance of what Carmean calls "graspable" throws (Carmean 1978, p. 138): a white throw arcing from the lower left comes to a head to confront, near the central vertical axis of the entire canvas, a large black loop that falls down just to its right. White energies, like electricity, streak further through matter towards the right, through white nodal points, in fine cracks, quieting in the larger halation or breath of white. Once one notes this fine white tracery, one also sees white arcs cascading down, ever smaller, towards the bottom corner of the canvas. However, countering this movement, energies spring upward. At the right edge of the canvas a blue-gray throw, accompanied by two more clearly defined black ones, rises to a point above the center of the right edge, sending yet further impulses upwards. Once tossed up, energies channeled in the large black upward-facing arcs in particular begin to move the eye back across the upper field towards the left. For the first time in his work, Pollock fully integrates a drama along the vertical with a drama played out on the horizontal axis. Thus, *One* pushes even beyond the integration achieved in *Lavender Mist*.



Figure 5. Jackson Pollock, *Autumn Rhythm: Number 32*, 1950, 1950, enamel on canvas, 105×207 in. (266.7 \times 525.8 cm). The Metropolitan Museum of Art, New York. George A. Hearn Fund, 1957. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

Number 32, 1950, and One, already cut from the roll, hung at either end of Pollock's studio when he worked on Autumn Rhythm. This third painting was created on a canvas sheet that was still attached to the roll (Carmean 1978, p. 135). After One, the composition opens up again, not to the maelstrom of Number 32, 1950, but rather to a measured "dance" (Clark 1998, p. 342). Autumn Rhythm shares its palette with One, lacking only some of the green-grays. However, now the throws, in black, white, and bronze/russet, are distinctly more weighty and hence "graspable", and the painterly fabric loosened. The slight density of the bottom of the field in One becomes yet denser in Autumn Rhythm. This allows the thinner tracery of paint to form a greater presence above, adding to the complexity of balancing in Autumn Rhythm, between left and right within the frieze composition, up and down, or in and out along the literal three-dimensional space created by layering. An

Arts 2023, 12, 54 6 of 33

equilibrium is reached on all axes, more evident than in the three earlier canvases. As Carmean comments, "*Autumn Rhythm*'s varying voices—light and dark, heavy and light, straight and curved—can be found in other works as well, but never so emphatically stated" (Carmean 1978, p. 140).

Through the loosened three-dimensionality of the web of *Autumn Rhythm* moves a new sense of rhythm and journey. Consider the way, acting as an incoming rhythm, three closely-placed threads of black, three-quarters the way up the left-hand edge, enter to get caught up in the reinforced "splat" of the upper part of the left-hand pole "figure" that sets a black pulse moving in a zig-zag pattern to the right, where, after various adventures, it exits on the right edge as a straight slightly uptilted diagonal. Rohn observes that "Pollock wanted to emphasize the extended horizontal dynamics inherent in *Autumn Rhythm*'s proportions. He used the poles [to left and right] to stress outward and upward extension. The less structured center adds dynamically to the sensation of the composition's being stretched apart", and I would say, with the exiting mark, as moving on (Rohn 1987, p. 52).

A number of questions are raised by this look at the abstract forms in the three larger paintings and *Lavender Mist*. The unity of *Lavender Mist* gives way to the disruption of *Number 32*, 1950, followed by the even grander unity of *One*, which is followed by a loosening that projects a sense of ongoing movement. This pattern suggests a story of some sort, a narrative, a deeper significance. Where are we to find the key to that narrative?

3. The Pursuit of Spirit in Matter

We are given a pointer by the answer Pollock gave in 1953 to the question of who really understood the content of his abstract paintings, "Greenberg?" "No ... There's only one man who really knows what it's about, John Graham". No doubt Pollock appreciated and colluded with Greenberg's celebration of him as perhaps the greatest American artist to which he owed worldwide fame and commercial success. However, such collusion was in bad faith as suggested by the fact that Pollock felt obliged to warn Fritz Bultman, after a conversation with him about mysticism, "Don't tell Clem any of this". Pollock knew that his true self was not at all that of an avant-garde artist in the Greenbergian mode, pursuing painting for painting's sake. He pursued the dangerously self-inflating dream of the artist as seer and healer, as a shaman of sorts.

We can trace the origins of that dream back to his teenage years. In 1928, when the 16-year-old Pollock first arrived at Manual Arts High School in Los Angeles, his art teacher, Frederick John de St. Vrain Schwankovsky, advocated "metaphysical thinking" (Schwankovsky 1965), even delivering an address to the Los Angeles Board of Education saying the art of the future "will deal with the inner or occult significance of things, and with the world of the imagination. This means, if I am correct, that in future the artist will have to train and develop his imagination and his inner life. He will have to be a seer, and a studious mystic" (Schwankovsky 1928, p. 12). "Schwannie", as he was affectionally known to an inner circle of student disciples that included Pollock, Philip Guston (then Goldstein), and Manuel Tolegian, taught his students not only to appreciate Cézanne and Matisse, but introduced them to Eastern religion, Rosicrucianism, Hinduism, Buddhism, yoga, reincarnation, karma, all in order to teach them "how to expand their consciousnesses", to meet themselves (O'Connor 1965, p. 17). Kadish was later to call it "a good thing some of the early things that Phil Guston and Jackson did were destroyed"; rather "like some Hare Krishna illustrations", they were "not the kind of thing one regards as serious art". 9 In 1928 Schwankovsky joined the Theosophical Society. Theosophy's claim to capture "the essence of all religion and of absolute truth, a drop of which underlies every creed" (Jinarajadasa 1931, p. 922) answered his ever-searching eclectic religiosity. Schwankovsky became a personal friend of the Theosophical guru Krishnamurti and invited him out to his studio in Laguna Beach to speak to his students. Tolegian remembers how fascinated Jackson was when listening to Krishnamurti speak. "Schwannie ... was a lifelong influence on us with his mysticism and yoga". 10 Later to Lee Krasner Pollock would often speak of

Arts 2023, 12, 54 7 of 33

Krishnamurti. She recalls that his mother and family were anti-religious, even "violently anti-religious" and that he felt a loss there as he had strong religious impulses. ¹¹

In John Graham, Pollock found a soulmate. Pollock had been close to this eccentric Russian expatriate, painter, connoisseur, theorist, and vocal advocate of modernist painting, in 1940–1943 (Langhorne 1998, p. 65, n. 5). His answer to the question of who really understood what his art was about suggests that to understand Pollock's mature abstract work we should look at his early work and into the hermetic lore that characterized Graham's own art at the time.

What did Graham know that Greenberg did not? Graham's book of aphorisms *System and Dialectics of Art* (1937) had an underground following among his young friends in the New York art world, a group that included Stuart Davis, Gorky, de Kooning, Lee Krasner, David Smith, Mark Rothko, Adolph Gottlieb, and also Pollock. There Graham pronounced abstract painting "the highest and most difficult form of painting" (Graham 1971, p. 106). In the article "Picasso and Primitive Art" (Graham 1937), he presented the modernist Picasso of the 1930s as a sophisticated primitive artist, conscious of the unconscious, exploring metamorphic form. We know that Pollock admired that article. However, by 1940, Graham had turned to esoteric hermetic ideas, as shown by a drawing *Universe* (*Literature of the Future*) c. 1940 (Figure 6).

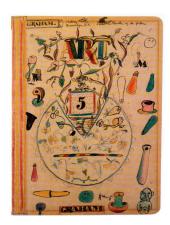


Figure 6. John Graham, *Universe* (*Literature of the Future*) recto, ca. 1940, mixed media, $11\ 1/2 \times 8$ in. $(29.21 \times 20.32 \text{ cm})$. Present location unknown.

There he diagrams his understanding of "art", writ large, using the "philosophical geometry" of alchemy: a circle penetrated by a downward pointing triangle, signifying the interpenetration of spirit and matter. ¹³ The goal of the Great Work in the hermetic tradition, tied to the mythical Hermes Trismegistus and resuscitated in Symbolist and then Surrealist Art, is the realization of spirit in matter, figured in alchemy by the transformation of lead into gold (See Tuchman 1987; Peggy Guggenheim Collection and Museum Barberini Potsdam 2022; especially Atkins 2022, pp. 137–41). Alchemy offered the painter a seductive figure illuminating his or her own work: as matter is transformed and turned into art, the self is to be transformed and spiritualized. At the same time, alchemy's symbols provided new subject matter, signs referring to self-transformation.

The embrace of hermeticism by quite a number of artists at the time, especially the Surrealists, took the evolution of modern art beyond the austere purity proposed by Greenberg to a whole new level of vitality. Pollock encountered the Surrealists' fascination with alchemy in the October 1942 exhibition "First Papers of Surrealism" at Whitelaw Reid Mansion in New York. A splendid catalog designed by Marcel Duchamp laid out the stepping stones of Surrealist myth. The page devoted to "La Pierre Philosophale" contained a traditional alchemical image: the emblematic bird flanked to either side by the sun and the crescent moon, standing on the rock of the untransformed *prima materia*, surmounted by the circle with rays containing the sign of Mercury, a symbol of the sought for "philosopher's stone". The second illustration on the page is a 1942 abstract drawing

Arts 2023, 12, 54 8 of 33

by Matta, accompanied by André Breton's description, "A flanc d'abime, construit en pierre philosophale, s'oeuvre le Chateau étoilé". "On the edge of the abyss, constructed in philosophical stone, opens up the starry Castle". At this point, Pollock made contact with Matta, whose circle he briefly joined in October through the winter of 1942–1943 to explore psychic automatism, specifically through abstract painting, to discover what they excitedly talked of: "new images of man" (Kozloff 1965, p. 2). The need for the creation of new images of man seemed urgent given the way the world was then tearing itself apart.

4. John Graham

Ever since early 1939, when Picasso's *Guernica* with its horse and bull imagery and related drawings was displayed at the Valentine Gallery, Pollock felt challenged by the Spaniard's art and fame. ¹⁴ It was to evolve into a lifelong agon. John Graham helped Pollock find his own way. Unlike the Surrealists who, while they admired Picasso, did not engage with his art, Graham applied his knowledge of alchemy to challenge Picasso's modernist art. In 1942, Graham was 55, serving, as Pollock's friend Reuben Kadish observed, as a guru to the 30-year-old Pollock. ¹⁵ The focus was Picasso's *Girl before a Mirror* (Figure 7), which had been illustrated in the 1937 article and was hanging in the Museum of Modern Art since 1938, to which both men made responses.



Figure 7. Pablo Picasso, *Girl before a Mirror*, Boisgeloup, March 1932, oil on canvas, $64 \times 51 \, 1/4$ in. (162.3 \times 130.2 cm). Collection Museum of Modern Art. New York. Gift of Mrs. Simon Guggenheim. © 2022 Estate of Pablo Picasso/Artists Rights Society (ARS), New York.



Figure 8. John Graham, *Untitled (Artist Sweating Blood)*, ca. 1942–1943, oil on canvas, $293/4 \times 231/2$ in. (75.56 \times 59.69 cm). Present location unknown.

Arts 2023. 12. 54 9 of 33

Graham's *Untitled (Artist Sweating Blood)* c. 1942–1943 (Figure 8) replicates the division of Picasso, a figure on the left facing a mirror on the right. However, instead of Picasso's classic beauty seeing in her reflection the mysteries of sexuality, death, and life, Graham creates an explicitly hermetic image. He gives the contemplating figure, over which he inscribed Russian letters meaning "wise ones" or "sages", a striking eye surrounded by a downward pointing triangle. This eye recalls the hermetic geometry that symbolized his understanding of art in *Universe (Literature of the Future)* as the interpenetration of spirit and matter, here reflected in the mirror-canvas of his art: a phallus hovers over the feminine vase. Graham defines the goal of art as the interpenetration of opposites, here projected in explicitly sexual terms. In alchemy, sexual union is a central metaphor for the merging of opposites leading to the creation of the philosopher's stone that frequently found its way into Surrealist art (Atkins 2022, pp. 137, 139–40).



Figure 9. Jackson Pollock, *The Moon Woman*, 1942, oil on canvas, 69×43 in. (175.2 \times 109.3 cm). Peggy Guggenheim Collection, Venice (The Solomon R. Guggenheim Foundation). © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

In his 1942 variation on Girl Before a Mirror, Pollock also presents the contemplating figure, the moon woman as he calls her in the title (Figure 9), with a striking eye, and with a dual profile and frontal head as in Picasso's painting. However, Pollock's dual-headed woman looks with her agitated third eye not at a mirror or a canvas, but at a mass of heavily scumbled yellow, white, green, black, pinky-green paint: her effort to "see" (she points to yet a fourth eye) is focused on chaotic material. This yields, upon closer inspection, a flower. Its yellowish stem rests on a sort of shelf; its sunflower-like head is surrounded by yellow and white pigment. This flower bathed in gold hints at an order distinctly "other" than the classical order that still plays a role in Picasso's art. Is it the flower named in the title of The Secret of the Golden Flower; A Chinese Book of Life? Dr. Joseph Henderson, Pollock's Jungian psychotherapist from 1939 to 1940, had shown Pollock the mandalas illustrating this book of Chinese mystical alchemy and Taoist yoga. 16 As Jung explains in the accompanying commentary, the materiality of each individual contains a latent spiritual dimension. The goal is to control the flow of life forces so that the dark material aspect of one's being transforms itself into the light spiritual aspect, creating a transformed body, the "golden flower" or "diamond-body" (Jung 1931, pp. 73, 123, 131).

Arts 2023, 12, 54 10 of 33



Figure 10. Frederick John de St. Vrain Schwankovsky, *Modern Music*, 1920, Oil on canvas, 66×51 cm, Laguna Art Museum, Laguna Beach, California.

In his depiction of his moon woman, Pollock echoes his former teacher Schwankovsky's painting *Modern Music* 1920 (Figure 10). There, Schwankovsky depicts his wife playing the piano, and on the left a vertical sequence of colors and forms conveying the emotion of the music and its creation, its spirituality announced in the topmost large symbolic flower. This Schwankovsky had "patterned after a yoga diagram used for describing different spiritual planes, or chakras in the body" (Colburn n.d.). Chakras are the six nodal points along the spine through which life force energy circulates, purifying the lower energies and guiding them upwards as the practitioner strives for self-realization, ultimately achieved in the topmost or 7th chakra, the 1000-petalled lotus. Pollock did not forget Schwankovsky's conjunction of art and spiritual pursuit, as, like his guru Graham, he sought to challenge the art of Picasso with hermetic wisdom.



Figure 11. Jackson Pollock, *Male and Female*, ca. 1942, oil on canvas, $73\,1/4 \times 49$ in. $(186.1 \times 124.3 \text{ cm})$. Philadelphia Museum of Art. Gift of Mr. and Mrs. H. Gates Lloyd, 1974. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

While in *Moon Woman* Pollock contemplates the potential for self-transformation, he was also contemplating the potential for a new art, evident in *Male and Female* 1942 (Figure 11). The rectangular "canvas", placed on the right of *Artist Sweating Blood* with its sexual imagery, is now placed dramatically in the center, where the diamonds symbolizing the union of these opposites stand out against the thick white paint of the central panel.

Arts 2023, 12, 54 11 of 33

The title reminds us that Pollock had just met Lee Krasner, his future wife, in late 1941. Placed to either side of the central diamonds, the figures who are to effect this union are characterized by ambiguous androgyny. Both personages have female torsos, one red, the other pink. However, a driving male desire is evident in the white phallic column spewing automatist paint just to the left of the personage with the red torso. On the extreme right side of the canvas, passages of automatist paint cascade downward to the right of the large white lunar head. Even more scumbling is found just below the pink torso's yellow pubic triangle, located in the black area below the central white panel. This circulation of erotic energy mounts upwards to a bold conclusion in the diamond symbols, the bottom diamond moving onto the white panel, the top one carefully abutting its top edge. Is Pollock thinking of his hopes for his relationship with Lee Krasner? Of an emerging sense of himself, a relationship between his anima, the unconscious female component in every man's psyche, and his masculine spiritual animus—his friend Peter Busa remembers Pollock "was thinking of incorporating that in a painting". Or is he thinking of a path to a new art? Probably all of the above.

The central white rectangle reads as a proto-canvas of his future art, here only symbolized by diamonds. That the pink female torso impinges on the central rectangle with its thick white paint suggests that for Pollock untransformed paint itself has a female charge. The circulation of automatist energies around the edges of the canvas and upward towards the center suggests the process by which the thick material of paint will be transformed into diamonds, spirit-matter. How to achieve this remained a mystery in 1942. The goal, symbolized by the diamonds, is, however, clear: the hermetic one of spiritualizing matter, a goal that for him, as for Graham, intertwined with a dream of sexual fulfillment and personal growth, obscuring the distance that separates art from life.

John Graham shows him the next step. In 1943, he began to deny Picasso, even erasing his name from *System and Dialectics of Art*. He still believed in the artist as a visionary and diviner, but no longer convinced that the wisdom he sought could be brought forth through the evolution of form, he turned to symbolic images as a "secret, sacred language" (Graham 1961, p. 47).



Figure 12. John Graham, *Study for Two Sisters*, ca. 1943, pencil and charcoal on paper, $24 \times 183/4$ in. Present location unknown.

The woman in *Study for Two Sisters* c. 1943 (Figure 12) stares forward with striking crossed eyes and the suggestion of a wound on her neck just above her necklace. That she signifies the fusion of opposites, of body and spirit, is indicated by, among other symbols, the star and crescent moon on her left shoulder and on her right shoulder a lone eye that elsewhere Graham refers to as "the third eye of perception".¹⁸ How is the artist to actualize this vision of the union of body and spirit? The wound on her neck provides a clue. For Graham ritual sacrifice is the first step. "A ritual death is the true life . . . the Angle of Deviation, the Angel of Deviation . . . is escape into life eternal".¹⁹ Though by this time

Arts 2023, 12, 54 12 of 33

Graham's convictions are cloaked in hermetic terminology, the fundamental dialectic in which they are rooted and that was prominent in his *Systems and Dialectics of Art* remains: his insistence that in the dialectics of art "both elements of thesis and negating antithesis must be present for revolution" (Rose 1976, p. 68). In such a work as *Study for Two Sisters* the beautiful body and the antithetical wound promise a revolution.



Figure 13. Jackson Pollock, *Moon Woman Cuts the Circle*, 1943, oil on canvas, 42×40 in. (109.5 \times 104.0 cm). Musee National d'Art Moderne, Centre Georges Pompidou, Paris. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.



Figure 14. Jackson Pollock, *Untitled*, CR 704, ca. 1943, ink and touches of red gouache on brown paper, $12\ 1/2 \times 13$ in. $(31.7 \times 33\ cm)$. Gift of the artist to B. H. Friedman. Present location unknown. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York. A number following CR refers to the number designated to each of Pollock's works in O'Connor and Thaw 1978.

A woman, a mutilated eye, and wounding all play a role in Pollock's *Moon Woman Cuts the Circle* in 1943 (Figure 13). Pollock does not advance his search for a revolution in art with the static imagery of *Study for Two Sisters*. As the title tells us, the contemplation of his *Moon Woman* in 1942 gives way to action. But where is the moon woman? Where is the circle? A study drawing of c. 1943 (Figure 14) for *Moon Woman Cuts the Circle*, that Pollock gave to his first biographer, shows a female figure holding a knife to her side as she gazes up at the circle of a tail-biting serpent floating above her head, the traditional symbol in alchemy for "the divine and all-creating spirit concealed in matter" (Jung 1939, p. 227). In Pollock's drawing, it seems to govern the nature of the female herself. For both Graham and Pollock, the female symbolizes the material sensuous realm that holds within it the

Arts 2023, 12, 54 13 of 33

promise of spiritual awareness. Pollock would have seen an illustration of this alchemical serpent in Jung's *The Integration of the Personality*, a copy of which Lee Krasner owned and brought with her to Pollock's apartment when she moved in in 1942.²⁰ Later in life Krasner remarked: "undoubtedly he found this, that and the other in that book".²¹ Krasner herself later commented on Pollock's involvement with the moon as being Jungian: Pollock "did a series around the moon. He had a mysterious involvement with it, a Jungian thing".²²

Jung insists on the role of violence in the narrative of alchemical or spiritual transformation. The circular serpent, the alchemical dragon, matter concealing spirit, must be split open, sometimes with a sword, to initiate the differentiation of spirit and body that will eventually lead to their fusion at a higher, more spiritually aware level, an alchemical dialectic if you will.²³ During this period, Pollock often spoke with his friend and fellow artist, Fritz Bultman, who was also in Jungian analysis in 1943, about the extreme violence described in American Indian ritual as necessary to achieving a shamanic "dream-vision".²⁴ In *Moon Woman Cuts the Circle*, we clearly see a red head with two eyes and a white feathered American Indian headdress in the upper right, a red "crescent arm" swinging upwards in the upper left. This moon woman appears to be seated on white haunches; her white legs extended to the left. As she wields the dagger with her extended red "crescent arm", she slashes her chin, gouges her forehead to cut out what was her third eye, which we now see connected by a red line to the dagger, and rips at her belly and breasts to release a flow of diamonds outward and upward in a savage caesarean birth.²⁵

Compared to Graham's emblematic wounding of the female, the action of Pollock's *Moon Woman Cuts the Circle* is violent in the extreme. One might well protest: such ritualistic wounding, no matter what its hermetic character or shamanic precedent, seems misogynist, even obscene, especially in a time of real war and real wounding. Yet it was the very violence of World War II that provided the context for a preoccupation with wounding. Picasso's *Guernica* hung in the same room as *Girl before a Mirror* at the Museum of Modern Art, its central theme of the wound challenging all creative spirits to oppose to it a new image of man. As Leja remarks, "By the time of World War II, the quest for a new view of 'human nature,' for a new form or human self-description, has become a high priority of middle-class culture in the United States" (Leja 1993, p. 204).

Leja recognizes the connection between the trauma of the war and Pollock's fascination with violence, linking it to the popular culture of the day. "The image of man struggling to exert control over the powerful forces within and without him found compelling visual expression in Pollock's work". Leja finds analogous expressions in "the jazz musician teetering at the edge of chaos, or the private detective or *film noir* protagonist struggling to make order of chaos and to master the forces of evil" (Leja 1993, p. 283). Leja invites us to understand Pollock's preoccupation with violence as rooted in the morass he bore within himself, which he countered by turning to modernist abstraction and by asserting artistic control. But for Pollock, as for Graham and Jung, violence is thought to lead to and be only a step towards a more integrated self. As *Moon Woman Cuts the Circle* shows, violence here has a positive function.

No longer contemplative as in *Girl before a Mirror*, Pollock's moon woman acts. In having the moon woman cut the circle, Pollock breaks with traditional figuration to an even greater degree than did Picasso in the war-torn scene of *Guernica*. The moon woman's act of self-mutilation is both thematically and formally a rending of the figure. Pollock breaks the unity of the figure to create a new and ambiguous tension of figure and ground, thus breaking the modernist surface of late synthetic cubism in a new way. He purposefully cuts into the red figuration, bringing the blue ground fully into play. This tension he further complicates by an unexpected layering. Closer inspection reveals that the red, which one reads as a figure, is in fact ground; the blue that floods around the canvas and into its center, within the broken red circle, is not background, but is applied by and large over the red in a second layer—effectively creating a second and new ground (See Mancusi-Ungaro 1999, p. 120). On the top of this ground, he outlines in black the stream of diamonds, as though they have yet to really materialize. The formal result of the action produces an opening of

Arts 2023, 12, 54 14 of 33

the pictorial surface that Greenberg might have approved as a revolutionary step in the formation of a new modernist painting.

However, Pollock reaches here not just for formal innovation. He struggles towards a new formulation of the creative act, at once a rending and an emergence, a death and a birth, depicted as a violent physical action: the swing of the "crescent arm", the gashing of the forehead, the release and flow of diamonds. Peter Busa remembers Pollock struggling to describe his work on Moon Woman Cuts the Circle: "If he had two or three people there, then he could describe his experiences in painting it and the qualities of the many overtones of a painting not being fixed or static, but in the state of becoming. Very much like one thing leading to another" (Landau 1989, p. 256, n. 32). Important here is the suggestion that painting can capture "a state of becoming", with shifting meanings. Bultman remembers Pollock's involvement with *Guernica* as "that release of a violent image" (Bultman 1980). Moon Woman Cuts the Circle bears witness to such a release, which carries Pollock well beyond Picasso's understanding of creativity as metamorphosis in *Girl before a Mirror* to an understanding of creativity as destructive action leading to birth. In the early 1950s, Pollock described to the young and fascinated writer Patsy Southgate the process of his abstraction, a process that we see begins to occur in *Moon Woman Cuts the Circle*: "he took the image, broke it up, and put it together again . . . He felt that the American contribution he made was much better than anything that had ever been done because it was more personal and soul-searching—romantic and imagistic—and that it was almost sacred to break down the image and re-form it out of your own image. It was a very creative act".²⁶.

Just how self-aware Pollock was as he embarked on this path of death and rebirth is suggested by the words he provided alongside the drawing related to Moon Woman Cuts the Circle that he gave B. H. Friedman, his first biographer, in effect a "key" to his deepest concerns at this time: "Thick/thin//Chinese/Am. indian//sun/snake/woman/life//effort/ reality//total". "Thick/thin" suggests the formal tension he generates as he opens up the pictorial surface of Moon Woman Cuts the Circle; "Chinese" the desired flow of energy to higher consciousness, "Am. Indian" the shamanic violence required in the process of death-rebirth; "sun" the male spirit to be released from the tail-biting "snake", a process involving "woman/life//effort/reality" to achieve a new "total".²⁷ In Jung's Integration of Personality next to the illustration of the tail-biting serpent the text states that the dragon, "probably the oldest pictured symbol known to us in alchemistic texts", appears as the tail-eater "accompanied by the legend: . . . 'the One, the All'. The alchemists declare again and again that the opus emerges from one thing and leads back again to the One; it is thus in a certain sense a circle like a dragon that bites itself in the tail. For this reason, the work is often called *circulare*, circular, or else the *rota*, the wheel" (Jung 1939, p. 227). Alchemy offered Pollock a narrative about a cyclical process leading to both the renewal of self and the renewal of art.²⁸

Pollock shared with Bultman his conviction that "the dream vision" with its release of "subjective matter", whatever that flow of diamonds might turn out to be, was the way to definitively break with the world of representation (Bultman 1980). Graham, as in *Study for Two Sisters*, remains caught in the world of representation, indeed classical representation. Pollock, on the other hand, in cutting the circle is launched on a quest that will propel him, both personally and pictorially, to a culmination in the great abstract paintings of 1950: *Number 32*, 1950, *One*, and *Autumn Rhythm*.²⁹

5. Pouring

The erotic character, so evident in *Male and Female* 1942, of Pollock's evolving quest between 1943 and 1946 is suggested even by his titles: *Male and Female in Search of a Symbol* 1943, *Two* 1945, *Development of the Foetus (The Child Proceeds)* 1946; death-like experience to propel further innovation by titles such as *She-Wolf* 1943, *Night Sounds* 1944, *Totem Lesson II* 1945. However, the progress Pollock had made in these years can most easily be seen by comparing *Male and Female* 1942 with *Shimmering Substance* 1946 (Figure 15), one of the *Sounds in the Grass* series created shortly after Pollock and Krasner married and moved

Arts 2023, 12, 54 15 of 33

from New York City to the country in Springs, Long Island. In *Shimmering Substance*, the full scope of symbolic meanings encoded in *Male and Female* is expressed in an abstract and all-over automatist field of animated paint.



Figure 15. Jackson Pollock, *Shimmering Substance*, ca. 1946. Oil on canvas, $30\ 1/8 \times 24\ 1/4$ in. (76.3 × 61.6 cm). Collection Museum of Modern Art, New York. Mr. and Mrs. Albert Lewin and Mrs. Sam Lewisohn Funds, 1968. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

This achievement of an all-over "recreated flatness" was to be hailed by Greenberg in a February 1947 review as the hallmark of the new post-cubist art. Figurative symbols have vanished, and the promise of the central white panel in *Male and Female* is realized now throughout the animated field: *Shimmering Substance*. With colored lines in fluid looping rhythms, Pollock generates relationship and elision between opposites: black-white, yellow-red-blue, up and down, left-right, in-out, thick-thin. The suggestion of a single glowing yellowish circle is especially tantalizing as it provides a new emphatic unitary structure in Pollock's art. The circle of the uroboric serpent that hovered above the head of the moon woman in CR 704 has here been reconstituted as the glowing circle of a fully realized spirit-matter, a realization in paint of the symbolic diamond. In *Shimmering Substance*, Pollock has achieved a "total". However, he had not yet taken the step of making the pouring of paint his primary means of creating a painting.



Figure 16. Jackson Pollock, *Composition with Pouring II*, 1943, oil and enamel paint on canvas, $25 \times 22\,1/8$ in. (63.9 \times 56.3 cm). Hirshhorn Museum and Sculpture Garden, Smithsonian Institution, Washington, D.C. Gift of Joseph H. Hirshhorn, 1966. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

Pollock had experimented with pouring already in 1943. We know from *Male and Female* that paint has for Pollock an erotic charge. In *Composition with Pouring II* (1943) (Figure 16), this becomes almost embarrassingly explicit: a white phallus outlined in red

Arts 2023, 12, 54 16 of 33

is depicted moving towards the lower center of the canvas and transected eye beyond, the ejaculatory triumph of this phallus marked, amid other black poured lines, with a passage of poured white paint. At the same time, we are struck by the seemingly abstract animated materiality of this experimental work, by what Greenberg would call "recreated flatness". Curving figurative elements, barely recognizable, undulate and even seem to flow over the two-dimensional surface, as the poured colored lines further activate, mingle with, and generate a layered materiality of the surface. Through the technique of pouring paint, Pollock begins to use the literal spatial dimension of layering. Descent generates the beginning of an ascent, the building up of layers from below to above. In the play of opposites Pollock catches the scent of endless transformative possibilities: what is spiritual partakes of the instinctual, and vice versa. Male mingles with female. Matter in these early poured paintings is not simply mute material; matter means.

In 1943, Pollock created three such paintings, one of which he gave as a wedding present to his close friend Herbert Matter and his wife, an accomplished painter, Mercedes. Matter, a Swiss photographer and graphic designer, with whom he had become close friends in late 1941 (Landau 2007, p. 46, n. 41), was fascinated with movement, installing an exhibition of stroboscopic photographs at the Museum of Modern Art, *Action Photography*, in 1943. That year, he also exhibited his own photographic experiments visualizing the flow of energy in a solo show at the Pierre Matisse Gallery. He photographed, for example, the mingling of fluid materials, as ink was dripped into glycerine (Figure 17), which bears comparison with Pollock's *Composition with Pouring II* (1943) (See juxtaposition in Landau 2007, p. 29). Matter also exhibited *Electrical Discharges*, visualizations of the flow of electricity between two poles, to which in his personal papers he ascribed mental states. A convinced vitalist, Matter believed that a life force was immanent in all matter and an artist's challenge was to release it and activate our intuitive understanding of all life's interconnectedness (Katz 2007, p. 63). The two friends shared a belief in the spiritual dimension of matter.



Figure 17. Herbert Matter, *Ink and Glycerine*, 1943. Silver Gelatin Print, 9 × 12 1/16". Private Collection.

Their 1943 experiments with the flow of energy within matter provided Pollock in 1947 with a ready tool to advance his art. Seeking to extend the sense of "total" arrived at in *Shimmering Substance*, he embraced the technique of pouring. With his underlying sense of structure, Pollock was able to start a canvas somewhat automatically. In his 1947 description of the new technique of pouring paint onto a canvas placed on the floor, he stated: "When I am *in* my painting, I'm not aware of what I'm doing. It is only after a sort of 'get acquainted' period that I see what I have been about. I have no fears about making changes, destroying the image, etc., because the painting has a life of its own. I try to let it come through. It is only when I lose contact with the painting that the result is a mess. Otherwise, there is pure harmony, an easy give and take, and the painting comes out well". Creativity is tied to responsiveness. In a draft for this statement, he declared "the source of my art is the unconscious" (Pollock 1947–1948, p. 241). The process of pouring paint

Arts 2023, 12, 54 17 of 33

allowed him to move from an initial unconscious automatism towards "pure harmony", a harmony of opposites in a resolved composition expressing a new sense of self.

Pollock's statement that only John Graham understood the content of his poured paintings was made in 1953. Indeed, what he had learned from Graham continued to sustain his artistic journey through 1947–1950: the drive towards eros, the mechanism of death leading to rebirth. I will point to three works to indicate Pollock's continuing pursuit of erotic union, sometimes using the mechanism of destruction, as he pursues union at ever more integrated levels: *Full Fathom Five* 1947, *Cut-Out Figure* 1948, *Lavender Mist* 1950.



Figure 18. Jackson Pollock, *Full Fathom Five*, 1947. Oil on canvas with nails, tacks, buttons, key, coins, cigarettes, matches, etc., $50.7/8 \times 30.1/8$ in. (129.2 \times 76.5 cm). Collection Museum of Modern Art, New York. Gift of Peggy Guggenheim, 1952. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

In *Full Fathom Five* 1947 (Figure 18), its initial impastoed layers are painted with a brush; embedded in the impasto are clusters of nails, a garland of upended thumbtacks, buttons, two keys, cigarettes, matches, etc. Then come the thin poured lines of mostly black and silver paint. While the topmost quick slashes of mustard yellow and orange and white impastoed paint encircled in a ring of black poured paint might suggest a head, what is especially intriguing about Pollock's process of painting this canvas, as discovered through the conservator's X-ray photographs made at the time of the Museum of Modern Art's 1999 Pollock retrospective, is the presence of a rough figure in the first impastoed layer to which Pollock then responded with subsequent layering. One of the keys embedded in the impasto, hardly visible in most reproductions, falls unmistakably right at the crotch of the figure (Coddington 1999, p. 103). In this detail, we recognize a literal variation of the erotic theme. Here he has decided to bury the triggering image, for he had begun to discover a more abstract way of translating the drama of erotic dialogue into more purely pictorial sensations: either of being drawn down into the encrusted layers of aqua-green and grays or of being released into the more buoyant swirls of poured silver and black.

Arts 2023, 12, 54 18 of 33



Figure 19. Jackson Pollock, Cut-Out Figure, 1948. 78.8×57.5 cm. Private Collection, Montreal. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

That the mechanism of disruption continues to play a role in Pollock's pursuit of his quest is vivid in an example from 1948: *Cut-Out Figure* (Figure 19). To make this work, Pollock started with the all-over field of one of his early abstract poured paintings, characterized by an encrusted surface and angular throws of multi-colored paint, presumably a failed work. From the unity of this field, he cut out a large humanoid figure. This figure he then collaged onto the vertical axis of another surface, the black ground of which he articulated with white poured lines, suggesting upright personages flanking it to the left and right. These white poured lines challenge the central figure, which appears to be sexless, with their more instinctual energies, an echo of the similar challenge made in *Male and Female* where sexy automatist energies swirled around the as yet untransformed center. That Pollock sets forth the proposed transformation in *Cut-Out Figure* with an initial and literal act of cutting recalls the sacrificial act in *Moon Woman Cuts the Circle* where the figure of the moon woman was cut open to release the flow of diamonds. Disruption continues to play a role in the ongoing narrative of transformation as Pollock strives for an ever more comprehensive unity.

Both T. J. Clark and Leja discuss *Cut-Out Figure*. Clark finds in it an example of the way the abstract has to exclude the figurative. "If there is to be a figure at all in a poured painting, that is to say, it will be one that the act of mark making has excluded. The abstract will displace the figurative, cut it out, put it nowhere—and then given the weightless, placeless homunculus just enough character for it to be someone after all". Clark sees "no to and fro between the white pours and the stuck-on homunculus" (Clark 1998, pp. 347–49). As stated above, I see more of a relationship between the cut-out figure and the vaguely figural white pours: an invitation to transform what remains untransformed, a forward-looking pointer.

Leja, too, sees a relationship between the collaged figure and the figural white pours: "in one sense it is immersed or entangled in them, in another it participates in an interaction". This interaction, to be sure, is said to "be partial at best", as such "a powerful symbolization of the dialectics of alienation and entrapment, interiority and exteriority, control and uncontrol" (Leja 1993, p. 300; See also Leja 2016, pp. 31–35). Missing once again is attention to what I take to be the forward-looking nature of the work.

In Lavender Mist (see Figure 2), the balancing of energies on the horizontal, vertical, and diagonal axes and in the layered depth of the field is exquisitely achieved. The tensions present at the beginning of the period of the abstract poured paintings in Full-Fathom Five are resolved. The animation of the field is no longer the least gendered. "Every move he made on this painting", the painting conservator Coddington has written, "... every adjustment of prior technique, broke the image into smaller and smaller segments until it was reconstituted as an organic whole" (Coddington 1999, p. 109). Is this organic

Arts 2023, 12, 54 19 of 33

whole not the instantiation of the diamond-body, the image of a new self, that Pollock had long sought?

Despite the exquisite beauty of *Lavender Mist*, was there something dissatisfying about it that would lead Pollock in his next masterwork to the explosive and cosmic windstorm of *Number 32*, 1950? Perhaps the loving synthesis of opposing forces, of matter and spirit, that he achieved in *Lavender Mist*, even though he had left behind all imagery, remained too personal: one thinks of those handprints that made *Lavender Mist* his. The ambivalent accolade of the 1949 *Life* article, "Jackson Pollock: Is he the greatest living painter in the United States?" demanded an answer. In the summer of 1950, Pollock wanted to prove that he was indeed great, the American answer to Picasso. Here, we first encounter the problematic consequences of the embrace of Pollock's essentially private and hermetic art by mass visual culture.

6. Meaning

That summer, Pollock told to Tibor de Nagy the story of a young Indian boy "who wanted to be initiated into a famous clan, but he had to do three heroic things before he could become famous". 32 Pollock applied that story to himself, creating the trilogy, with which this essay began, from a giant roll of canvas, each painting larger, with the exception of *Mural* 1943, than any of his earlier works. In the sequence of these paintings, we can now see the by-now-familiar alchemical narrative of destruction-creation. The first step is the wound, a willed sacrifice. What is sacrificed? The perfection of *Lavender Mist*. The accomplishment of the organic unity of *Lavender Mist* is willfully torn asunder in the cosmic windstorm of *Number 32*, 1950 (see Figure 3) in the hopes for a union of opposites at yet a higher level.

The unity of *Lavender Mist* was followed by the even grander unity of *One* (see Figure 4). The scale is larger, the gestures more energetic and more "graspable", as the throws of paint moving along both the horizontal axis and the vertical axis are integrated more fully. As reported in Robert Goodnough's article "Pollock Paints a Picture", which we now know to have been written in response to his observations of Pollock painting *One* over the course of three different sessions in late June and early July 1950, Pollock was remarkably forthright.³³ The content of Goodnough and Pollock's conversations deserves quoting at length.

"At first he [Pollock] is very much alone with a picture, forgetting that there is a world of people and activity outside himself. Gradually he again becomes aware of the outside world and the image he has begun to project is thought of as related to both himself and other people ... His work may be thought of as coming from landscape and even the movement of the stars ... yet it does not depend on representing these but rather on creating an image as resulting from contemplation of a complex universe at work, as though to make his own world of reality and order. He is involved in the world of art, the area in which man undertakes to express his finest feelings, which, it seems, is best done through love".

Pollock considered *One* one of his most successful works, "an integrated whole ... more of an emotional experience from which the physical has been removed, and to this intangible quality we sometimes apply the word 'spiritual'" (Goodnough 1951, p. 60). His ambition for the canvas is confirmed in the story of its title. Between 1950 and 1955 the canvas had been simply called *Number 31, 1950*. When Ben Heller bought it in 1955, he wanted a meaningful title. Greenberg suggested naming the canvas *Lowering Weather* and as Greenberg remembers, Jackson was willing to go along with this, until Ben Heller thought that this was not profound enough. Pressed by Heller to find a really significant title, "Jackson sat around", according to Greenberg, "squirming, and said 'just call it 'one'" (Greenberg 1968, p. 254). To Heller Pollock explained his proposed title, recalling times in his life when he felt most at one with the world. He mentioned a cross-country trip made as a young man and his summers making large poured paintings (See Stuckey 2013, p. 34). To his friend Jeffrey Potter, whom he first met around 1949, he asserted: "We're

Arts 2023, 12, 54 20 of 33

part of the one, making it whole. That's enough, being part of something bigger. Let the Salvation Army take over the gods. We're part of the great all, in our lives and work. Union, that's us" (Potter 2000, p. 89). *Male and Female* 1942, *Composition with Pouring II* c. 1943, *Shimmering Substance* 1946, *Lavender Mist*, *One* are all predicated on Pollock's desire for a union of opposites to constitute a more integrated self.

Pollock's appeal to "the one", "the great all" takes us back to the beginnings of his quest, to that tail-biting serpent that hovered over his moon woman in the study drawing for *Moon Woman Cuts the Circle*. In *Integration of the Personality* Jung explained that this serpent was as far back as the tenth or eleventh century accompanied by the legend: the One, the All. The alchemical work of transformation itself "emerges from one thing and leads back again to the One". The original undifferentiated matter of the serpent hovering over the moon woman has now been differentiated, and finally, after the artist's long labors from 1943 to 1950, been reconstituted as the One. One might see *Shimmering Substance* or *Lavender Mist* as already the One, but *One* is more completely the One and the All. The original undifferentiated was already the One, but *One* is more completely the One and the All.

Given this triumphant conclusion to his quest, one wonders: what next? In fairy tales, the consummation of the lover's quest is often followed by: and they lived happily ever after. Is Autumn Rhythm (see Figure 5) to be understood in this way, as the happy dance that follows the successful conclusion of the artist's quest? With it, Pollock creates a repetition and variation of *One*, even closely sharing its palette, but allowing for, in the looser painterly fabric of the canvas, an even more evident balancing of opposites in a stately dance. That this dance still partakes of the erotic energies that have animated Pollock's art since 1942 becomes evident in the suggestion of imagery underlying the first stages of Autumn Rhythm that Pepe Karmel has uncovered. A tripartite composition, noted by Carmean, is tracked in the process of its creation by Karmel in photo-composite images created by overlapping the still photos that Hans Namuth shot in his documentation of Pollock painting. 36 Starting on the right-hand third of the canvas (as it was viewed when finished and hung), Pollock moved to the central section where he drew, as Karmel states, a full-length vaguely female figure. Eventually, he moved on to the left portion where he threw a long "pole" stick figure, tilting up and out. Karmel notes the way Pollock amplified the original composition, reinforcing existing forms with additional black lines or "splats". A series of these splats impinge somewhat aggressively on the central female figure (Figure 20).

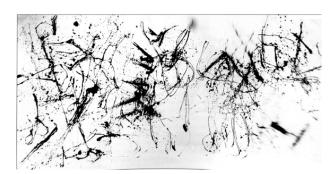


Figure 20. *Autumn Rhythm* in an intermediate state, after the completion of the configuration at the left end. Still photograph composite. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

Here, we recognize the underlying erotic imagery of *Composition with Pouring II* c. 1943 and of *Full-Fathom Five* 1947, proof of the continuing force of Graham's erotic agenda as internalized and amplified by Pollock. As he continues to build the composition, the reinforcement of splats is particularly evident in the upper part of the left-hand figure in the finished work where the major lines have become thicker and more insistent; in the central section where the effect of the original concentric order is obscured with a succession of horizontal bars in the lower center; in the upper right where among other

Arts 2023, 12, 54 21 of 33

marks a "lozenge" (a diamond shape?) is reinforced.³⁷ The pursuit of the diamond body remains an ongoing enterprise.

When Pollock declared in 1953 that only John Graham understood his art, he suggested its hermetic character. His art invites interpretation as the pursuit of a quest supported by a private myth. However, as a convinced Jungian—he reiterated his allegiance to Jung just a few months before his death in 1956, saying: "when you're painting out of your unconscious, figures are bound to emerge. We're all of us influenced by Freud, I guess. I've been a Jungian for a long time" (Pollock 1957)—he appropriated Jung's faith in archetypal imagery and patterns arising from a collective unconscious. But if that appropriation was justified, should Pollock's art not have been widely understood? However, the public did not understand the poured paintings. Although Pollock asserted in a 1950 interview "Technique is just a means of arriving at a statement", he also later lamented "they never get the point . . . ".38 That year he wondered aloud: "Is Jung the answer?" "Are Jung's ideas the answer?" "Are Jung's ideas

Certainly, Clement Greenberg never got the point. He did praise the works of the summer of 1950 for their "aesthetic unity", calling the "four or five huge canvases of monumental perfection . . . the peak of his achievement so far". He elaborated, Pollock "wanted to control the oscillation between an emphatic physical surface and the suggestion of depth beneath it as lucidly and tensely and evenly as Picasso and Braque had controlled a somewhat similar movement with the open facets and pointillist flecks of color of their 1909–1913 cubist pictures" (Greenberg 1952, p. 106). Greenberg never did admit the presence of process in these paintings, nor did he recognize their spiritual dimension, a dimension that, when he did recognize it in the art of Adolph Gottlieb, Mark Rothko, Clyfford Still, and Barnett Newman, he dismissed as "half-baked and revivalist" (Greenberg 1947c, p. 189).

Harold Rosenberg, Greenberg's and Pollock's old friend, did "get the point", but he did not like it. He recognized the role of time, process, and even narrative, as well as the religious in the new American art in the December 1952 article, "The American action painters" (Rosenberg 1952, p. 23). In his essay, he never specified any of the action painters by name. However, Pollock himself pointed to a half-drunken conversation between himself and Rosenberg on the train between East Hampton and New York as the source for the article's key ideas (Greenberg 1962, p. 138). Hearing Pollock speak of his intentions, Rosenberg recognized the artist's need for a personal myth to motivate the art. Explaining the type of painter who is an action painter as one "reborn", Rosenberg elaborated: "based on the phenomenon of conversion the new movement is, with the majority of painters, essentially a religious movement. In every case, however, the conversion has been experienced in secular terms. The result has been the creation of private myths". Here, Rosenberg is on target. Rosenberg's description of this secularized private mythmaking as self-creation fits Pollock's art.⁴⁰ The act on the canvas "springs from an attempt to resurrect the saving moment in his 'story' when the painter first felt himself released from Value-myth of past self-recognition. Or it attempts to initiate a new moment in which the painter will realize his total personality—myth of future self-recognition" (Rosenberg 1952, p. 48). The liberating moment in *The Moon Woman Cuts the Circle* when the moon woman sacrifices the third eye and simultaneously releases diamonds, might well come to mind. The search for the realization of total personality might describe *Lavender Mist*.

But Rosenberg brought to his viewing of Pollock's art expectations shaped by the existential philosophy that he adopted at the end of World War II. What Rosenberg, as a follower of Sartre, could not tolerate was the closure of such searching in the embrace of an absolute. At a action rests on the enormous assumption that the artist accepts as real only that which he is in the process of creating ... the artist works in a condition of open possibility ... To maintain the force to refrain from settling anything, he must exercise in himself a constant No" (Rosenberg 1952, p. 48). Kuspit's understanding of the artist's 'true self' is not so very different: "True Self art suggests that the self is in perpetual creative process—and thus always peculiarly in crisis, always uncertain of itself

Arts 2023, 12, 54 22 of 33

and unstable, always on the problematic move—and as such not a social product—never completely socialized and with that given final form and meaning ... In contrast, False Self art suggests that the self is 'finished,' that is, a static, unchangeable social product" (Kuspit 2020). Not that Pollock settled for the public's perception of his art. The public, he was convinced, had never understood his artistic quest. However, had he not now brought that quest to an end? "We're part of the one, making it whole. That's enough, being part of something bigger". The fact that Pollock had given himself over to the "weak mysticism" of a "cosmic I" in 1950 Rosenberg found unforgivable (Rosenberg 1952, p. 48). Earlier Pollock appeared to exercise this constant No, pushing from one possibility to the next as he worked his way through the abstract poured paintings of 1947–1949 to Lavender Mist and beyond. However, had something qualitatively different not happened in Pollock's art in 1950 that does invite understanding of the three monumental paintings as a kind of homecoming? The myth of destruction-creation encoded in *Moon Woman Cuts the Circle* had come to a kind of conclusion in a monumental expression of the One and the All. For Rosenberg, this grand summation smacked of the Absolute, of God. Seeming to aim his judgment against the huge canvases of 1950, he wrote "When a tube of paint is squeezed by the Absolute, the result can only be a Success ... The result is an apocalyptic wallpaper" (Rosenberg 1952, p. 49), an expression of impotent megalomania rather than transformative choice. Kuspit's description of Autumn Rhythm, as it appeared in the 1951 Vogue magazine, as wallpaper comes to mind, not even apocalyptic wallpaper, just wallpaper: "expensive kitsch".

7. Museum and Church

Every artist seeks a public, and he or she wants to be recognized and understood. Pollock was no exception. In 1939 his personal problems accompanied by drinking had led to his Jungian psychotherapy; by the fall of 1948, he had finally managed to go on the wagon and the response to his newly embraced practice of pouring had been encouraging. He now wanted to reach a wider public. So, when a sequence of events, precipitated by Greenberg, led to Life Magazine asking to do an article on his art in 1949, he and Lee Krasner, aware of the risks, but wanting exposure and needing money, accepted. 42 At the Museum of Modern Art's October 1948 "Round Table on Modern Art", organized by the staff of Life with the goal of publishing the proceedings as part of their policy to educate their readers, Greenberg had praised one of Pollock's 1947 poured paintings, Cathedral, as "one of the best paintings recently produced in this country" (Davenport 1948, p. 62). This led to Life's proposal to do an article on Pollock and his art. In the October 1947 issue of the British journal Horizon, Greenberg had declared: "the most powerful painter in contemporary America and the only one who promises to be a major one ... is Jackson Pollock" (Greenberg 1947b, p. 170). This the title of the Life article, when it appeared in the 8 August 1949 issue, inverted and turned into a question: "Jackson Pollock: Is he the greatest living painter in the United States?" In acknowledging the range of responses to Pollock's strange art the text was even-handed: leading with the claim made by "a formidably high-brow New York critic" (Greenberg), to "interesting, if inexplicable, decoration", to "unpalatable as yesterday's macaroni". A few biographical facts and excerpts from his 1947 statement about his pouring technique, interspersed with some mocking words—"drools" (accompanying the staged photographs of Pollock demonstrating his technique), "dribbles", "scrawls"—completed the two and one/half page spread (Figure 21) (See Seiberling 1949). Arts 2023, 12, 54 23 of 33



Figure 21. Pollock in front of his painting *Summertime* 1948, photograph for the article "Jackson Pollock", LIFE, 8/8/49 ©1949. Used with permission. Photograph by © Arnold Newman Properties/Getty Images.

Donald Kuspit asserts that Pollock through this article willingly "became a public 'personality'", thus betraying his true self and beginning a process of turning his art into kitsch. However, as we have seen, Pollock was not concerned to advance the solitary project of art for art's sake. He thought of himself as an artist–alchemist on a goal-directed spiritual quest. Harold Rosenberg, who knew more of this aspect of Pollock's project, years later declared that Pollock "preferred to play the laconic cowboy—a disguise that both protected him from unwanted argument and hid his shamanism behind the legendary he-man of the West" (Rosenberg 1967, p. 131). Here, too, we meet with the suggestion that Pollock presented himself falsely. Rosenberg is referring to the photograph, taken for *Life* by Arnold Newman, of Pollock, a "brooding, puzzled looking man", standing leaning back, arms folded, dressed not in an artist's smock, but in dungarees, a cigarette dangling from his lips, in front of *Summertime*, 1948, then known as *Number 9A*, 1948. The by-line reads the painting "sells for \$1800 or \$100 a foot. Critics have wondered why Pollock happened to stop this painting where he did. The answer: his studio is only 22 feet long".

This presentation of *Summertime* with its implication of painting as wallpaper sold by the foot contrasts with the radically different public life envisioned for the painting in Peter Blake and Jackson Pollock's model for an Ideal Museum on which they were working to be shown in the November 1949 exhibition at the Betty Parson's Gallery (Figure 22) (See Langhorne 2011). There, Blake used the photograph of *Summertime* taken by *Life* and placed it between two vertical mirrors at each end of the canvas, its dancing rhythms extending out to infinity. Had the museum been built and placed as envisioned out in open nature, these rhythms would have dramatized Pollock's sense of being part of nature. When Lee Krasner first introduced her teacher Hans Hofmann to Pollock in 1942, Hofmann is said to have reacted at once to the paintings, "You do not work from nature". Pollock's answer: "I am nature". ⁴³ Realizing that the statement could be misunderstood—"People think he means he's God"—Krasner explained: "He means he's total. He's undivided. He's one with nature, instead of 'That's nature over there, and I'm here'" (Krasner, quoted in Wallach 1981). Here, we have a statement about Pollock's sense of self, beautifully realized in the Ideal Museum (Figure 22).

Arts 2023, 12, 54 24 of 33



Figure 22. Peter Blake, "Ideal Museum" for Jackson Pollock's work, 1949. © Peter Blake. All rights reserved, DACS/Artists Rights Society (ARS), New York 2022. Original model lost. Replica fabricated by Patrick Bodden, with sculptures by Susan Tamulevich, 1994–1995. Reconstructed model in landscape. Made possible by a grant from the Graham Foundation for Advanced Studies in the Fine Arts. Photograph by Jeff Heatley, collection of the Pollock-Krasner House and Study Center, East Hampton, N.Y. *Summertime* is visible on the extreme right.

While presenting a misleading image of the artist, the *Life* article did bring Pollock public fame and sales. The American he-man and his art caught the imagination of the readers of *Life*. He even received fan-mail! (Naifeh and Smith 1989, p. 596). Challenged by the question posed by the article "Is he the greatest living painter in the United States?", Pollock created in the summer of 1950, *Number 32*, *One* and *Autumn Rhythm*, gigantic statements of his spiritual convictions that he hoped would resonate with the public. These represent not a betrayal, but the culmination of his personal quest.

One person open to the spiritual dimension of Pollock's art was Tony Smith, then still an architect, who had become a close friend. When Alfonso Ossorio, an artist and neighbor of the Pollocks, who had worked on a mural for a Catholic chapel in the Philippines, was shocked to discover on his return to East Hampton in the spring of 1950 that there was not a single private Catholic chapel on Long Island (Naifeh and Smith 1989, p. 607 and Carmean 1978, p. 122), Smith, a fellow Catholic, suggested to Ossorio that he design a church that would call for six of Pollock's classic poured paintings. 44 Ossorio responded positively and Pollock, too, was intrigued by the proposal. On 6 January 1951, he wrote Ossorio that Smith would "get to the drawings soon". Later in January, he questioned Ossorio, "have you seen the Matisse Church [in Vence, France] and design?" In late February he wrote him "nothing new on the church" (Pollock 1951). Not until August 1952 did Smith, Ossorio, and Pollock meet with a group of prominent Catholics sympathetic to modernist art, including James Johnson Sweeney, who had just become the second director of the Guggenheim Museum, Maurice Lavannoux, the editor of Liturgical Arts, Father Ford of Columbia University, Rosalind Constable of Time/Life, and Otto and Eloise Spaeth to present the completed design and model (Naifeh and Smith 1989, p. 681). Certainly Sweeney would have been a sympathetic respondent. He had been, when a curator at MOMA in 1943, an early supporter of Pollock. Peggy Guggenheim, who had given Pollock his first oneman show that year, even remarked referring to Sweeney that she felt Pollock was "our spiritual offspring" (Naifeh and Smith 1989, p. 464). Sweeney's continuing curatorial work emphasized a connection between modernist aesthetics and mystical traditions. 45

Presented was a schematic drawing (Figure 23) showing a ground plan of the church and an elevation in section, along with a small three-dimensional model. ⁴⁶ The design was based on a series of interconnecting, equal-size hexagonal spaces, but for the baptistery, elevated on piloti and approached by a ramp. The altar was to be under the glassed hexagonal dome in the center, reflecting Smith's and Ossorio's enthusiasm for the new "popularization" of faith, where participants would see the priest celebrating the mass. ⁴⁷ Lee Krasner recalls that Pollock's paintings were to be mounted (or perhaps suspended)

Arts 2023, 12, 54 25 of 33

similar to what had been projected for the Ideal Museum. Here, however, the paintings would form a hexagon, a kind of sacred enclosure.

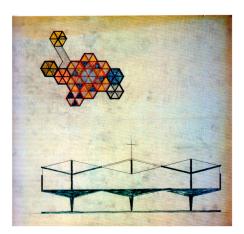


Figure 23. Tony Smith's plan for a Catholic church, 1951–1952, © 2022 Tony Smith Estate/Artists Rights Society (ARS), New York. The upper portion represents the church's ceiling, the lower, a central cross-section.

Smith's ambition for modernist architecture was the perfection of a universal language of form that would open the material enclosure to an abstract experience of Spirit. The hexagonal cell, as the universal module, was to provide an organic unity that would blend with the conceptual unity of a floating, luminous space (Krauss 1982, p. 128). In 1950, architect and painter seemed to share an abstract aesthetic that Smith was intent on putting to work in his church. In later interviews with William Rubin, Smith spoke "about a project to house the allover classic pictures, which would look splendid 'like a cathedral,'" as indeed the project would have: six classic poured paintings surrounding the congregation, lit by the light flooding from the central glassed hexagonal dome.

Pollock is said to have flirted with the idea of becoming Catholic in the summer of 1952.⁴⁸ In their many discussions that summer and earlier,⁴⁹ Smith might well have pointed out to Pollock the analogy between Jungian thinking and Catholicism to which Jung himself devotes the penultimate chapter of *The Integration of the Personality:* "The Idea of Redemption in Alchemy". In this chapter, Pollock found the illustration of the tail-biting serpent, "the One, the All", that had set him on the path of his alchemical quest. Catholic liturgy and alchemy share, Jung says, the transformative process of death-rebirth. As the mass symbolically reenacts both Christ's crucifixion and resurrection in the breaking of the wafer and the drinking of the wine to effect a rebirth of spirit in the communicant, so the breaking down of matter in alchemy initiates the transformative process of the realization of spirit-matter, in the human psyche a more fully realized consciousness (Jung 1939, pp. 234, 236, 261). Pollock's preoccupation with the death-rebirth cycle and its distillation in the trilogy of paintings of 1950 could thus, it would seem, in its abstractness serve the spirit of a Catholic church. However, as Spaeth, one of the Catholic group to whom Ossorio, Smith, and Pollock presented the project, later remarked, it was the very abstractness of the project that led in August 1952 to its rejection. Jung himself had noted the irreconcilable distinction between Christianity and alchemy, between collective faith and individual consciousness, and warned of the dangers of an individual over-identifying with the substance to be transformed. Jung clarifies: "for the Christian *opus* is . . . to the honour of the redeeming God, on the part of the man who needs redemption; while the alchemistic *opus* is the labour of man the redeemer in the cause of the divine world-soul that sleeps in matter and awaits redemption" (Jung 1939, p. 270). Pollock was an artistalchemist, not a Catholic. He did not look to God for redemption; with his art, he wanted to redeem himself. He even went so far as to exclaim in a particularly truculent statement to his friend Jeffrey Potter: "Fuck all the God shit! Way I see it, we're part of the one, making

Arts 2023, 12, 54 26 of 33

it whole" (Potter 2000, p. 89). Or "Why give Him—faith—a name? Like titling work—isn't one, or The One, enough?" (Potter 1985, p. 88).

8. A Dream of Alchemy Shattered

Pollock's exploration of oneness was documented by Hans Namuth, a photographer for Harper's Bazaar. At a July 1 art opening in East Hampton Namuth asked Pollock if he could photograph him painting (Karmel 1998, p. 89). After some convincing, Pollock said yes. He promised Namuth that he would start a new painting for him. Some weekends later, Namuth arrived, only to be greeted with the news that the painting on which he had been working, One, was finished. It was still wet when they went into the studio. Namuth recalls: "I looked aimlessly through the ground glass of my rolleiflex and began to take a few pictures. Pollock looked at the painting. Then, unexpectedly, he picked up a can and paintbrush and started to move around the canvas. It was as if he suddenly realized the painting was not finished. His movements, slow at first, gradually became faster and more dance-like as he flung black, white, and rust colored paint onto the canvas" (Namuth 1980). "It was a great drama, the flame of explosion when the paint hit the canvas; the dance-like movement; the eyes tormented before knowing where to strike next; the tension; then the extension again ... " (Namuth 1951). Namuth continued to document Pollock painting Autumn Rhythm in still photos, which were published in Portfolio 1951; five of these also accompanied Goodnough's interpretative text on Pollock painting in the May 1951 Art News. 50 They helped determine the public's perception of Pollock as an action painter in Rosenberg's sense.

In August, Pollock agreed to Namuth's suggestion that he make a film of Pollock painting that would bring Pollock's work to a broader public. An excerpt from the resulting film Jackson Pollock has been viewed 1,162,715 times on YouTube since December 1, 2006 when it was posted!⁵¹ The still photographs had captured the aspect of action, of dance; the next step was to film Jackson in motion (Naifeh and Smith 1989, p. 647). This led to the making of three films: an unfinished black and white film, another shot in color outdoors as Pollock worked on a canvas resting on a concrete base, and a third showing him painting directly on glass. In the making of the second film, Pollock had committed himself to following Namuth's directives. "Should I do it now, Hans?" became a refrain (Naifeh and Smith 1989, pp. 648–49). Due to the suggestions of Paul Falkenburg, a professional film editor they had brought on board to give advice as the film proceeded, filming sessions for the third film stretched over five or six weekends. Namuth felt that something was missing in the second film: Jackson's face in full view (Namuth 1980). The solution was to film Jackson painting directly on glass, his face in view as he painted. The 4×6 -foot sheet of glass onto which Pollock painted what became Number 29, 1950 was put on tall supports, Namuth with his camera squeezed in below, only able to capture the lower right-hand segment of the composition.⁵² In the sequence that makes it into the final film, we look up with Namuth through the camera lens at Jackson's face as he spreads collage elements onto the surface of the clear glass, a spreading coil of string, shapes cut from wire mesh, strips of colored glass, a bright orange rectangle among them. Responding to them, Pollock pours aluminum paint directly from a small can.

The experience of being filmed as he created this composition, in the end, left Pollock deeply dissatisfied. There were false starts. One such false start made it into the final film. He pours paint directly down on the clean glass, weaving beautifully modulated lines through which one sees Pollock's face and the blue of the sky beyond (Figure 24).

Arts 2023, 12, 54 27 of 33

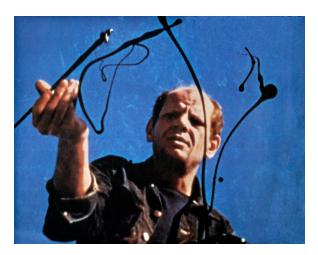


Figure 24. Pollock working on a painting on glass, in November of 1950. Frame from a color film by Hans Namuth and Paul Falkenburg. Pollock ultimately erased this version of the painting.

But then as he proceeds, he "lost contact" with the painting as he explained in his own voice in the voice-over accompanying the shot, and is seen wiping out the painting.⁵³ In another sequence, his strained face visible, he begins again, this time with the collage elements.

The last filming session occurred on a cold afternoon with wind blowing, one reason for Pollock's close work of pouring paint from the can, the wind having earlier played havoc with his lariats of paint. When they finally finished, they embraced, "We are done! It's great, it's marvelous!" (Namuth 1980). What had they achieved? They had finished the ingredients for the eleven-minute film that now would have its own compositional order: first Jackson painting as his dog Gyp sits nearby; then Jackson's shadow flinging paint dramatically onto a canvas; *Summertime* being pulled slowly beneath the camera; Jackson tacking *Summertime* onto the wall of Betty Parson's Gallery; the music of a cello leads into the last section of the film, the painting on glass.

The filming left Pollock feeling violated. The process of painting, which depended so much on contact with a rhythmic flow of energy had been constantly interrupted, the spontaneity on which his art depended now glaringly bound by the dictates of the camera and film-making. Pollock felt strangely distanced from himself. When he and Namuth came in from the chill of the November day on which they completed the filming, Jackson, who since the fall of 1948 had been on the wagon, self-destructively poured himself a tumbler full of bourbon, then another. He began to taunt Namuth. "You're a phony. I'm not a phony. You're a phony". The words betray self-doubt and doubt about Namuth's understanding of what he was up to. Namuth has testified to the great love that Pollock expressed towards his wife and the community of his friends that summer (Namuth 1980). However, others remarked on the way Pollock isolated himself in his studio "like a monk in his cell". Had Namuth understood anything about Pollock's lonely struggle to give expression to the One and the All? The filming had reduced him to an actor playing himself. What was his true self? Had he healed himself with his art? Was he a seer, in touch with the Absolute? No! Only a painter, responding to the stops and starts of Namuth's directives.

When the ten guests that he and Lee had invited to share a celebratory Thanksgiving dinner were seated, Pollock, now more drunk, continued the taunting. "You know I'm not a phony. I'm not a phony, but you're a phony". His self-doubt made it impossible for him to join in the festivities. Clutching the end of the table with both hands, he looked at Namuth. "Should I do it now?" Again "Now?" and proceeded to heave the heavy table into the air, the feast crashing to the floor, as did his self-image as an artist–alchemist. To Dr. Violet de Laszlo, his second Jungian therapist with whom he had worked from Fall 1940 to 1943, who happened to be having dinner that evening with friends nearby, he poured out his agony when he saw her later that evening. She wanted to comfort him, but she recalls

Arts 2023, 12, 54 28 of 33

"There was nothing I could do. I had a feeling this depression was permanent. It was like he was at the end of his life". 56

Was Pollock a phony after all? Had he, in giving monumental expression to the One and the All raised but another golden calf? Was his faith a false faith? Pollock certainly was sincere in the pursuit of his personal quest, which with the trilogy he had brought to a triumphant conclusion; and not only his personal quest, but, without intending it, the modernist project as Greenberg understood it, and he had become famous. What now? Potter recalled that later in the winter of 1953–1954 he asked Jackson how it felt "to have really made it". The answer was, "Lousy . . . When you've done it, turns out you're done for—in yourself you're nowhere and no one . . . " (Potter 1985, p. 192).

"I've done it, I've done it, you fucking whore! What more do they want from me, what do they want?" Pollock asked this angry despairing question of Lee Krasner, his wife and artistic muse, in the winter of 1954–1955, well after he had turned from the great abstract poured paintings back to imagery in early 1951. "It" implies that Pollock did have a clear idea of what his art was meant to achieve. From the very beginning, he had wanted art to be more than just art. He had expected it to fill a spiritual void. Misled by Graham and Jung, he had endowed his personal project of healing himself with his art with a quasi-religious universal significance, understanding alchemy too literally. However, it was just a dream, as Pollock himself acknowledged in a painting of 1953: Portrait and a Dream (Figure 25).



Figure 25. Jackson Pollock, *Portrait and a Dream*, 1953. Oil on canvas, 148.59 cm × 3 m 42.26 cm, Dallas Museum of Art. Gift of Mr. and Mrs. Algur H. Meadows and the Meadows Foundation, Incorporated. © 2022 The Pollock-Krasner Foundation/Artists Rights Society (ARS), New York.

In the panel on the right is a self-portrait when he was not sober as he said to a friend, one eye of his head barely hinted at, buried in a gray field struck through by a downwardpointing red arrow (Landau 1989, pp. 217-18). This simulated blinding is accompanied on the left panel done in the black and white style begun in 1951 by the "dream". There, we see in the upper left the head of a humanoid creature facing left; it holds a distinctive dagger visible on the middle-left edge of the canvas, its aggressive presence reinforced by the upward diagonal leading towards it. To Lee Krasner, he explained that the upper right-hand corner of the left panel had to do with "the dark side of the moon". 58 There, we see clearly an upturned crescent on top of which Pollock made effacing black markings. The sacrificial act of blinding that had occurred in Moon Woman Cuts the Circle in 1943 that released the flow of transformative energy in his alchemist's journey was now as his title tells us but a "dream"—not a "dream vision", just a dream. The public appreciated the artist but remained deaf to what he felt to be the deeper significance of his art. It had no interest in a mystical Pollock. However, Pollock came to see that while only Graham may have understood what he had been up to, what he had pursued was a dream of spiritual fulfillment that could not be realized, given the modern world.

Although, as Kuspit points out, Pollock's art was appropriated and debased by the public, its significance goes beyond such appropriation. It cannot be dismissed as kitsch. Greenberg was right: Pollock's poured paintings mark a high point in the history of

Arts 2023, 12, 54 29 of 33

art: the climactic conclusion of the modernist project. However, this achievement was fueled by the fundamentally religious need to transform seemingly mute material into something spiritual and precious. From the early 1940s on, Pollock approached painting as an alchemist, seeking to wrest meaning from matter. ⁵⁹ The positivism of Greenberg's modernist appreciation of Pollock, embraced by Kuspit, does not do justice to what made Pollock Pollock Pollock. What made Pollock Pollock is his quasi-religious pursuit of meaning in matter, which had to come to a tragic end when he not only felt that this pursuit could be brought to a successful conclusion but also felt that he had achieved it. It cannot be achieved. We are pilgrims, ever in search of what will finally satisfy us. What he had achieved pursuing meaning in matter is create great art. In a metaphorical sense, great painters will always be would-be alchemists (See Elkins 1999), and, especially we moderns living in a disenchanted world, remain in need of their alchemy.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Data Availability Statement: The data used in this study are available in published sources.

Acknowledgments: The author would like to thank those individuals whose assistance was critical in finishing this essay: Gregory Gilbert for his invitation to contribute to his issue and for his wise council; the external readers for ARTS for their constructive comments; Helen Harrison for her attention to detail; Karsten Harries for his loving support.

Conflicts of Interest: The author declares no conflict of interest.

Notes

- See Rubin (1979a, 1979b, p. 78). For a summary of Rubin's arguments, see Leja (1993), pp. 125–26.
- Varnedoe (1998), p. 60. New Year's in 1944 was not in fact a "defining moment". Varnedoe refers erroneously to the date Pollock's Mural 1943 was supposedly installed. Subsequent research has established that it was in place before his exhibition opened on 9 November 1943. See Potter (2000), p. 89.
- For date of creation, Naifeh and Smith (1989), p. 614.
- On titling, see Remarks, CR 205, in O'Connor and Thaw (1978), vol. 2, p. 86.
- This weighted density is pointed out by Carmean (1978), p. 139 and Rohn (1987), p. 57.
- ⁶ I use Karmel's terminology. Karmel (1998), p. 120.
- Nicholas Carone, quoted in Potter (1985), p. 183.
- Interview with Bultman, Naifeh and Smith (1989), p. 551.
- ⁹ Kadish, quoted in Potter (1985), p. 42.
- Manuel Tolegian, quoted in Potter (1985), p. 29.
- 11 Interview with Lee Krasner, in du Plessix and Gray (1967), p. 50.
- Graham (1937). On admiration, see Langhorne (1998), p. 48.
- For this alchemical interpretation, I draw on Wirth (1931), pp. 9–11, 31, 36, 64. Leja emphasizes the cultural turn to the irrational, mystical, and spiritual in the late 1930s as part of what he names "Modern Man Discourse". While he explores Pollock's attraction to Modern Man texts and to Jung as instances of this discourse, he does not consider Pollock's attraction to John Graham's interest in alchemy. See Leja (1993), pp. 95, 175–91, 231–43.
- About one-fifth of the 82 drawings that Pollock gave his Jungian analyst Dr. Henderson during the course of their meetings from early 1939 through the summer of 1940 are directly influenced by *Guernica*. See CR 487–555 in O'Connor and Thaw (1978), vol. 3, pp. 74–117.
- On Graham as Pollock's guru, see Kadish, Interview with Ellen Landau, New York, May 2, 1979, in Landau (1989), p. 81.
- See Interview with Henderson, Naifeh and Smith (1989), p. 333. For mandalas of the Golden Flower, see plates 1 and 4 in "Description Of The Plates" in (*The Secret of the Golden Flower* 1975, p. 138).
- ¹⁷ Interview with Busa, Naifeh and Smith (1989), p. 333. On anima and animus, see Jung (1931), pp. 115, 129.
- See undated drawing *Portrait of a Woman with the Third Eye of Perception*, yet another cross-eyed woman where a third eye floats free, illustrated in (*John Graham: Sum Qui Sum* 2005, p. 97).
- ¹⁹ Graham (1972), p. 11. In *Omphale* c. 1943, illustrated in (*John Graham: Sum Qui Sum* 2005, p. 110), the wound, bleeding on the neck of the beautiful cross-eyed woman, is more prominent.

Arts 2023, 12, 54 30 of 33

Krasner (1979), p. 39. The illustration of the serpent or alchemical dragon appears in Jung (1939), Plate VII, opposite p. 227. Dr. Henderson remembers in 1939–1940 pointing out to Pollock "a mandala with the image of a tail-biting snake representing integration". Henderson, quoted in Naifeh and Smith (1989), p. 333.

- Krasner (1979), p. 39. Krasner's testimony undermines Rubin's (1979) criticism of Langhorne's Jungian reading of *Moon Woman Cuts the Circle* that Pollock did not have access to that Jungian text. See Rubin (1979), p. 116, and Langhorne (1979).
- Interview with Lee Krasner, in Munro (1979), p. 114.
- See Jung (1939), pp. 46–47. The role of splitting matter open in initiating alchemical transformation would have been familiar to Pollock, as it is the theme of the central panel of *A Dissertation on Alchemy*, a WPA mural painted in December 1936–August 1937 for a Chemistry Building in San Francisco by his close friend Reuben Kadish. For illustration, see http://www.reubenkadish.org/Paintings/PAINTING14.htm, accessed on 13 February 2023.
- Bultman (1980) remembers Pollock's fascination with the shamanic "dream vision" ceremonies as practiced by the Plains Indians. Pollock owned the American Ethnology volume with James O. Dorsey's lengthy and gripping descriptions of vision seeking, sacrifice and self-torture, and the sun dance as practiced by the Plains Indian Sioux tribe. See Dorsey (1889–1890), pp. 435–37, 450, and pl. XLVI. On Pollock's early interest in shamanism, see Langhorne (1989), pp. 78–82. For an overview of Pollock's interest in American Indian art and culture, especially shamanism, see Rushing (1987), and Rushing (1995), pp. 169–90. For a consideration of Pollock's work through the lens of shamanism, see Polcari (2008) and Polcari (2017) http://stephenpolcari.com/squarespacesite/Shamanism.htm, accessed on 13 February 2023. Also see Firestone (2017). Tony Smith who became close to Pollock in 1948 recalled that Pollock more particularly associated blinding with vision. Smith (1973).
- In several earlier drawings, CR 610, c. 1939–1942 and CR 635, c. 1939–1942, Pollock had depicted the diamond as located within the body of the female.
- Interview with Patsy Southgate, in Potter (1985), p. 188.
- The words "woman/life//effort/reality" reference Pollock's personal problems with women in general, rooted in his relationship with his mother in particular, accompanied around 1938 by a growing and self-destructive alcoholism. These problems led to his Jungian psychotherapy, in 1939–1940 with Dr. Henderson who "offered Pollock the Jungian faith in 'a psychic birth-death-rebirth cycle'," then in 1940–1943 with Dr. Violet de Laszlo, who explained to Pollock the concept of rebirth in order "to give him hope and confidence". See Gordon (1980), p. 44 and Langhorne (1989), pp. 70–71.
- Bultman stresses that Pollock understood "the psychological implications of alchemy as growth," even as "individuation". Bultman (1973, 1980).
- For an extensive discussion of "Jung and the Psychomythic Quest" and its relationship to Pollock's *Male and Female* and *Moon Woman Cuts the Circle*, see Polcari (1991), pp. 16–20, 43–45, 245–47. While he describes the erotic aspect of the first and the ritual violence in the second, he does not recognize the transformative dynamism of the death-rebirth cycles as they propel Pollock towards his goal of a more complete union.
- For Composition with Pouring I as a wedding present, see Remarks, CR 92 in O'Connor and Thaw (1978), vol. 1, p. 82.
- Katz (2007), p. 66. See *Electrical Discharges* illustrated in Landau (2007), p. 31.
- Interview with Tibor de Nagy, Naifeh and Smith (1989), p. 609.
- When Goodnough's observations were published they were misleadingly illustrated with later photographs made by Namuth of Pollock painting *Autumn Rhythm*, which was also incorrectly referred to as *Number 4*, 1950. Despite a discrepancy regarding Pollock's use of aluminum or grey paint, Stuckey accepts Goodnough's essay as a valuable eyewitness account of Pollock at work. Stuckey (2013), pp. 19, 26–27, 45.
- Jung (1939), p. 227. The same principle underlies (*The Secret of the Golden Flower: A Chinese Book of Life* 1975), pp. 12, 27, 73, 74.
- While Clark (1998), pp. 336–41, notes Pollock's attraction to "oneness," "totality," and interspersed engagement with "dissonance," I point to Pollock's purposeful engagement with death-rebirth cycles as he drives toward a final statement of One as the goal of his alchemical quest, a goal that once achieved helps to explain the ending in 1950 of the period of his abstract poured paintings.
- ³⁶ Carmean (1978), p. 140. For analysis of *Autumn Rhythm* from photo-composites, see Karmel (1998), pp. 119–24.
- See Karmel (1998), pp. 121, 124, on central circular configuration, reinforcement of left figure, and on lozenge.
- On technique, see Pollock (1950), p. 251; on "never get the point," see Pollock (1956).
- ³⁹ Dr. Wayne Barker in Potter (1985), p. 180.
- For a nuanced exploration of Rosenberg's understanding of action painting as a commitment to self-creation rather than to self-expression, see Slifkin (2013), p. 144.
- Rosenberg had met Sartre in 1946. See Gibson (1990), p. 43.
- For a thorough historiographic study of the *Life* article, see Collins (1991).
- This statement was reiterated in 1944. See Bultman, quoted in Potter (1985), p. 77.
- Lee Krasner in conversation with Carmean (1978), p. 122, n. 40. Krauss (1982), p. 129.

Arts 2023, 12, 54 31 of 33

For an overview of mysticism in a modernist context and Sweeney's curatorial engagement with the *coincidentia oppositorum*, as well as a continuing resistance to their admission into the theoretical discourse of modernist art history, see Brennan (2010), pp. 16–29.

- The model is illustrated in Storr (1998), p. 40, ill. p. 54.
- Ossorio in conversation with Carmean (1982), pp. 112, and 122, n. 8.
- Friedman (1972), p. 203, and Interview with Ossorio, Naifeh and Smith (1989), p. 688.
- Smith was a Catholic conversant with Jung, shamanism, and oriental philosophies. Naifeh and Smith place Pollock's quizzing of Tony Smith on Oriental philosophies and reliving his earlier flirtations with Krishnamurti and Jung, as recollected by Jane Smith, in summer 1952. Naifeh and Smith (1989), p. 688.
- For a discussion of the impact of Namuth's still photos of the painting of *Autumn Rhythm* on Goodnough's article in *Art News* and on Rosenberg's "The American action painters," see Karmel (1998), pp. 94–99.
- 51 See https://www.youtube.com/watch?v=CrVE-WQBcYQ, accessed 13 February 2023.
- For section of composition actually filmed, see Karmel (1998), pp. 112–13, figure 50.
- Pollock narration, quoted in Karmel (1998), p. 112.
- Pollock, quoted in Naifeh and Smith (1989), p. 652.
- Interview with Vita Peterson, in Naifeh and Smith (1989), p. 610.
- Dr. Violet de Laszlo, quoted in Naifeh and Smith (1989), p. 653.
- Interview with Nicolas Carone, who witnessed this scene, in Potter (1985), p. 193.
- Lee Krasner, quoted in Friedman (1969), p. 8.
- For a different assessment of Pollock and alchemy, see Clark (1998). "Pollock's drip paintings, when they started, and maybe even as they continued, were alternately *Alchemy* and *Sea Change—Alchemy* always failing, *Sea Change* never". p. 401. For Clark, as a materialist, alchemy must always fail. He would like to see Pollock, rather, as a great lyric artist who, like William IX of Aquitaine, a medieval troubadour, desires to "make a poem out of [about] nothing at all". p. 299.

References

Atkins, Will. 2022. Endless Metamorphosis: Surrealism and Alchemy. In *Surrealism and Magic: Enchanted Modernity*. Edited by Peggy Guggenheim Collection and Museum Barberini Potsdam. New York: Prestel, pp. 137–41.

Brennan, Marcia. 2010. Curating Consciousness: Mysticism and the Modern Museum. Cambridge: MIT Press.

Bultman, Fritz. 1973. Interview with Elizabeth L. Langhorne. March 25.

Bultman, Fritz. 1980. Interview with Elizabeth L. Langhorne. February 1.

Carmean, E. A. 1978. Jackson Pollock: Classic Paintings of 1950. In *American Art at Mid-Century: The Subjects of the Artist*. Washington, DC: National Gallery of Art, pp. 127–53.

Carmean, E. A. 1982. The Church Project: Pollock's Passion Themes. Art in America 70: 110-22.

Clark, T. J. 1998. Farewell to an Idea: Episodes from a History of Modernism. New Haven: Yale University Press.

Coddington, James. 1999. No Chaos Damn It. In *Jackson Pollock: New Approaches*. Edited by Kirk Varnedoe and Pepe Karmel. New York: Harry N. Abrams, pp. 101–15.

Colburn, Boulton. n.d. Frederick J. Schwankovsky. Typescript, Artist File. Laguna Beach: Laguna Beach Art Museum.

Collins, Bradford R. 1991. Life Magazine and the Abstract Expressionists, 1948–1951: A Historiographic Study of a Late Bohemian Enterprise. *Art Bulletin* 73: 283–308. Available online: https://www.tandfonline.com/doi/pdf/10.1080/00043079.1991.10786754 ?needAccess=true (accessed on 13 February 2023). [CrossRef]

Davenport, Russell W. 1948. A Life Round Table on Modern Art. Life 25: 56-79.

Dorsey, James O. 1889–1890. A Study of Siouan Cults. *Annual Report, Bureau of American Ethnology of Smithsonian Institution* 11: 361–544. Available online: https://www.gutenberg.org/files/48635/48635-h/48635-h.htm (accessed on 13 February 2023).

du Plessix, Francine, and Cleve Gray. 1967. Who was Jackson Pollock? Art in America 55: 48-59.

Elkins, James. 1999. What Painting Is. How to Think about Oil Painting, Using the Language of Alchemy. London and New York: Routledge. Available online: https://monoskop.org/images/9/98/Elkins_James_What_Painting_Is_2000.pdf (accessed on 13 February 2023).

Firestone, Evan R. 2017. *Animism and Shamanism in Twentieth-Century Art: Kandinsky, Ernst, Pollock, Beuys.* London and New York: Routledge. Friedman, B. H. 1969. An Interview with Lee Krasner Pollock. In *Jackson Pollock: Black and White.* New York: Marlborough-Gerson Gallery.

Friedman, B. H. 1972. *Jackson Pollock: Energy Made Visible*. New York: McGraw Hill. Available online: https://openlibrary.org/books/OL788747M/Jackson_Pollock (accessed on 13 February 2023).

Gibson, Ann Eden. 1990. Issues in Abstract Expressionism: The Artist-Run Periodicals. Ann Arbor: UMI Research Press.

Goodnough, Robert. 1951. Pollock paints a picture. Art News 50: 38–41, 60–61.

Gordon, Donald. 1980. Department of Jungian Amplification. Art in America 68: 43–53.

Graham, John D. 1937. Primitive Art and Picasso. Magazine of Art 30: 236–39, 260.

Arts **2023**, 12, 54 32 of 33

Graham, John D. 1961. Excerpts from an Unfinished Manuscript Titled 'Art'. Art News 61: 47-48, 57-58.

Graham, John D. 1971. System and Dialectics of Art. Edited by Marcia E. Allentuck. Baltimore: John Hopkins Press.

Graham, John. 1972. Autoportrait. Edited by Basel and Martha King. Mulch 2: 1–11.

Greenberg, Clement. 1939. Avant-Garde and Kitsch, *Partisan Review*, Fall 1939. In *The Collected Essays and Criticism*. Edited by John O'Brian. Chicago: University of Chicago Press, vol. 1, pp. 11–14.

Greenberg, Clement. 1947a. Review of Exhibitions of Jean Dubuffet and Jackson Pollock, *The Nation*, 1 February 1947. *The Collected Essays and Criticism* 2: 122–25.

Greenberg, Clement. 1947b. The Present Prospects of American Painting and Sculpture, *Horizon*, October 1947. *The Collected Essays and Criticism* 2: 160–70.

Greenberg, Clement. 1947c. "Review of Exhibitions of Hedda Sterne and Adolph Gottlieb," *The* Nation, 6 December 1947. *The Collected Essays and Criticism* 2: 187–89.

Greenberg, Clement. 1948. Review of Exhibitions of Worden Day, Carl Holty, and Jackson Pollock, *The Nation*, 24 January 1948. *The Collected Essays and Criticism* 2: 200–3.

Greenberg, Clement. 1952. Jackson Pollock's New Style, Harper's Bazaar, February. The Collected Essays and Criticism 3: 106.

Greenberg, Clement. 1960. Modernist Painting. The Collected Essays and Criticism 4: 85–93.

Greenberg, Clement. 1962. How Art Writing Earns Its Bad Name, Encounter 19 (6). The Collected Essays and Criticism 4: 135-44.

Greenberg, Clement. 1968. Interview with James Valliere. In *Such Desperate Joy; Imagining Jackson Pollock*. Edited by Helen A. Harrison. New York: Thunder's Mouth Press.

Jinarajadasa, C. 1931. Practical Religion. *World Theosophy, A Journal Devoted to the Art of Living* 12: 921–22. Available online: http://iapsop.com/archive/materials/world_theosophy/world_theosophy_v1_n12_dec_1931.pdf (accessed on 13 February 2023).

John Graham: Sum Qui Sum. 2005. Exhibition Catalogue. New York: Allan Stone Gallery.

Jung, Carl G. 1931. Commentary. In *The Secret of the Golden Flower: A Chinese Book of Life 1975*. Translated by Richard Wilhelm. London and New York: Causeway Books.

Jung, Carl G. 1939. The Integration of the Personality. New York: Farrar and Rhinehart.

Karmel, Pepe. 1998. Pollock at Work: The Films and Photographs of Hans Namuth. In *Jackson Pollock*. Exhibition. New York: Museum of Modern Art, pp. 87–137.

Karmel, Pepe. 1999. A Sum of Destructions. In *Jackson Pollock: New Approaches*. Edited by Kirk Varnedoe and Pepe Karmel. New York: Harry N. Abrams, pp. 71–99.

Katz, Jonathan D. 2007. Jackson Pollock's Vitalism: Herbert Matter and the Vitalist Tradition. In *Pollock Matters*. Edited by Ellen G. Landau and Claude Cernuchi. Boston: McMullen Museum of Art Boston College, pp. 59–89.

Kozloff, Max. 1965. An Interview with Matta. *Artforum* 4: 23–26.

Krasner, Lee. 1979. Interview with Barbara Novak, Transcription of an Unpublished WGBH-TV Interview 39. Papers of Lee Krasner Pollock, Archives of American Art. Available online: https://www.aaa.si.edu/collections/jackson-pollock-and-lee-krasner-papers-8943/subseries-2-3/box-10-folder-5 (accessed on 13 February 2023).

Krauss, Rosalind. 1982. Contra Carmean: The Abstract Pollock. Art in America 70: 122–31.

Kuspit, Donald. 2020. Donald Kuspit on Avant-Garde and Kitsch: Re-Thinking an Old Distinction and Its Fate. *Noah Becker's Whitehot Magazine of Contemporary Art*, April 11. Available online: https://whitehotmagazine.com/articles/thinking-old-distinction-its-fate/4579 (accessed on 27 September 2022).

Landau, Ellen G. 1989. Jackson Pollock. New York: Abrams.

Landau, Ellen G. 2007. Action/Re-Action: The Artistic Friendship of Herbert Matter and Jackson Pollock. In *Pollock Matters*. Edited by Ellen G. Landau and Claude Cernuchi. Boston: McMullen Museum of Art Boston College, pp. 9–57.

Langhorne, Elizabeth Lawrence. 1977. A Jungian Interpretation of Jackson Pollock's Art through 1946. Ph.D. dissertation, University of Pennsylvania, Philadelphia, PA, USA. Available online: https://www.proquest.com/dissertations-theses/jungian-interpretation-jackson-pollocks-art/docview/302833309/se-2?accountid=15172 (accessed on 13 February 2023).

Langhorne, Elizabeth L. 1979. Jackson Pollock's 'The Moon Woman Cuts the Circle'. Arts Magazine 53: 128–37.

Langhorne, Elizabeth L. 1989. Pollock, Picasso and the Primitive. Art History 12: 66-92. [CrossRef]

Langhorne, Elizabeth L. 1998. The Magus and the Alchemist: John Graham and Jackson Pollock. *American Art* 12: 46–67. [CrossRef] Langhorne, Elizabeth L. 2011. Pollock's Dream of a Biocentric Art: The Challenge of His and Peter Blake's Ideal Museum. In *Biocentrism and Modernism*. Edited by Oliver Botar and Isabel Wunsche. Farnham: Ashgate Press, pp. 227–38.

Leja, Michael. 1993. Reframing Abstract Expressionism: Subjectivity and Painting in the 1940's. New Haven: Yale University Press.

Leja, Michael. 2016. Abstraction, Representation, and Jackson Pollock's Aesthetics of Conflict. In *The Figurative Pollock*. Edited by Nina Zimmer. Basel: Kunstmuseum, Munich, London and New York: Prestel, pp. 23–37.

Mancusi-Ungaro, Carol C. 1999. Jackson Pollock: Response as Dialogue. In *Jackson Pollock: New Approaches*. Edited by Kirk Varnedoe and Pepe Karmel. New York: Harry N. Abrams, pp. 117–53.

Munro, Eleanor. 1979. Originals: American Women Artists. New York: Simon and Schuster.

Naifeh, Steven, and Gregory White Smith. 1989. Jackson Pollock: An American Saga. New York: Clarkson N. Potter.

Namuth, Hans. 1951. Jackson Pollock. In Portfolio: The Annual of the Graphic Arts. Cincinnati: Zebra Press.

Namuth, Hans. 1980. Photographing Pollock. In *Pollock Painting*. Edited by Barbara Rose. New York: Agrinde Publications.

Arts 2023, 12, 54 33 of 33

O'Connor, Francis V. 1965. The Genesis of Jackson Pollock: 1912 to 1943. Ph.D. dissertation, John Hopkins University, Baltimore, MD, USA.

O'Connor, Francis V., and Eugene V. Thaw, eds. 1978. *Jackson Pollock: A Catalogue Raisonné of Paintings, Drawings, and Other Works*. 4 vols. New Haven and London: Yale University Press, A number following CR refers to the number designated to each of Pollock's works in this Catalogue Raisonné.

Peggy Guggenheim Collection, and Museum Barberini Potsdam, eds. 2022. Surrealism and Magic: Enchanted Modernity. New York: Prestel. Polcari, Stephen. 1991. Abstract Expressionism and the Modern Experience. New York: Cambridge University Press.

Polcari, Stephen. 2008. Jackson Pollock et Le Chamanisme. Exhibition. Paris: La Pinacothèque de Paris.

Polcari, Stephen. 2017. *Jackson Pollock's Shamanism*. Available online: http://stephenpolcari.com/squarespacesite/Shamanism.htm (accessed on 13 February 2023).

Pollock, Jackson. 1947–1948. My Painting, Document 71 and Document 72. O'Connor and Thaw (1978) 4: 241.

Pollock, Jackson. 1950. Interview with William Wright, Document 87. O'Connor and Thaw (1978) 4: 248-51.

Pollock, Jackson. 1951. Letters from Pollock to Alfonso Ossorio, Documents 93–95. O'Connor and Thaw (1978) 4: 257–58.

Pollock, Jackson. 1956. Statement in Ruth Kligman, Love Affair. New York: William Morrow & Co., 1974, pp. 127–28, Document 114. O'Connor and Thaw (1978) 4: 275.

Pollock, Jackson. 1957. From Selden Rodman, Conversations with Artists, New York: Devin-Adair, Document 113. O'Connor and Thaw (1978) 4: 275.

Potter, Jeffrey. 1985. To a Violent Grave: An Oral Biography of Jackson Pollock. New York: G.P. Putnam's Sons.

Potter, Jeffrey. 2000. Jackson Pollock: Fragments of conversations and statements, selected, extracted and categorized, from his own notes 1949–56. In *Such Desperate Joy; Imagining Jackson Pollock*. Edited by Helen A. Harrison. New York: Thunder's Mouth Press, pp. 86–93.

Rohn, Matthew L. 1987. Visual Dynamics in Jackson Pollock's Abstractions. Ann Arbor: UMI Research Press.

Rose, Barbara. 1976. Arshile Gorky and John Graham: Eastern Exiles in a Western World. Arts 50: 62-70.

Rosenberg, Harold. 1952. The American action painters. Art News 51: 22–23, 48–50.

Rosenberg, Harold. 1967. Mythic Act. In *Such Desperate Joy; Imagining Jackson Pollock*. Edited by Helen A. Harrison. New York: Thunder's Mouth Press, pp. 129–35.

Rubin, William. 1979a. Pollock as Jungian Illustrator: The Limits of Psychological Criticism, Part I. Art in America 67: 104–23.

Rubin, William. 1979b. Pollock as Jungian Illustrator: The Limits of Psychological Criticism, Part II. *Art in America* 67: 72–91. [PubMed] Rushing, Jackson. 1995. *Native American Art and the New York Avant-Garde: A History of Cultural Primitivism*. Austin: University of Texas Press.

Rushing, W. Jackson. 1987. Ritual and Myth: Native American Culture and Abstract Expressionism. In *The Spiritual in Art: Abstract Painting* 1890–1985. Los Angeles: Los Angeles County Museum of Art, pp. 281–95.

Schwankovsky, F. J. 1928. The Strange in Modern Art. Laguna Beach South Coast News, November 2.

Schwankovsky, Frederick. 1965. Oral History Interview by Betty Hoag. March 1. Archives of American Art, Smithsonian Institution. Available online: https://www.aaa.si.edu/collections/interviews/oral-history-interview-frederick-schwankovsky-12611 (accessed on 13 February 2023).

Seiberling, Dorothy. 1949. Jackson Pollock: Is he the greatest living painter in the United States? Life 26: 42–45.

Slifkin, Robert. 2013. *Out of Time: Philip Guston and the Refiguration of Postwar American Art*. Berkeley: University of California Press. Smith, Tony. 1973. Interview with Langhorne. March 6. Available online: https://carljungdepthpsychologysite.blog/2023/01/25

/jackson-pollocks-alchemy-by-elizabeth-l-langhorne/#.ZA7aLx9ByUk (accessed on 27 September 2022).

Storr, Robert. 1998. A Man of Parts. In *Tony Smith: Architect, Painter, Sculptor*. New York: The Museum of Modern Art, pp. 10–35. Stuckey, Charles. 2013. *Pollock. One: Number 31, 1950*. New York: The Museum of Modern Art.

The Secret of the Golden Flower: A Chinese Book of Life. 1975. Translated by Richard Wilhelm. New York: Causeway Books.

Tuchman, Maurice, ed. 1987. *The Spiritual in Art: Abstract Painting 1890–1985*. Los Angeles: Los Angeles County Museum of Art. New York: Abbeville Press.

Varnedoe, Kirk. 1998. Comet: Jackson Pollock's Life and Work. In *Jackson Pollock*. Exhibition. New York: Museum of Modern Art, pp. 15–85.

Wallach, Amei. 1981. Out of Jackson Pollock's Shadow. Newsday New York, August 23.

Winnicott, Donald. 1960. Ego distortion in terms of true and false self. In *The Maturational Process and the Facilitating Environment: Studies in the Theory of Emotional Development*. New York: International Universities Press, Inc., pp. 140–57.

Wirth, Oswald. 1931. Le Symbolisme Hermetique Dans ses Rapports avec l'Alchemie et la Franc-Maconnerie. Paris: Edition Le Symbolisme.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.