



Article

# In Vitro Characterization of Periodontal Ligament Stem Cells Derived from Supernumerary Teeth in Three-Dimensional Culture Method

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**Abstract:** Objective: The aim of this study was to compare the characteristics of periodontal ligament stem cells derived from supernumerary teeth (sPDLSCs), cultured using a three-dimensional (3D) method and a conventional two-dimensional (2D) method. Methods: The morphology, viability, and osteogenic differentiation of the cells were analyzed. In addition, gene expression was analyzed by RNA sequencing, to characterize the functional differences. Results: The diameter of the 3D-cultured sPDLSCs decreased over time, but the spheroid shape was maintained for 7 days. The osteogenic differentiation was similar in the 2D and 3D. The gene expression related to the extracellular matrix (7.3%), angiogenesis (5.6%), cell proliferation (4.6%), inflammatory response (3.7%), and cell migration (3.5%) differed (p < 0.05). Conclusions: Within the limitations of this study, sPDLSCs varied in formation and function, depending on the culture method. In future, it is necessary to study tissue engineering using the advantages of 3D culture and the fewer ethical problems of supernumerary teeth.

**Keywords:** supernumerary teeth; periodontal ligament stem cell; three-dimensional culture; morphology; osteogenic differentiation; RNA sequencing



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#### 1. Introduction

Mesenchymal stem cells (MSCs) can be harvested from various human tissues, such as bone marrow, adipose tissue, and umbilical cord blood [1]. In addition, MSCs have been extracted from the periodontal ligaments of permanent teeth, primary teeth, and supernumerary teeth [2–4]. Periodontal ligament (PDL) represents a fibrous network, connecting the cementum of the tooth root and the alveolar bone [5]. It serves many functions, such as tooth support, nutrition, and protection. Periodontal ligament stem cells (PDLSCs) are easy to obtain and have a greater proliferation rate than bone marrow stem cells. PDLSCs are capable of differentiating into osteoblasts, cementoblasts, adipocytes, and chondrocytes, and can form a structure similar to periodontal ligaments in vitro [6–9].

In 2011, PDLSCs were obtained from a supernumerary tooth (sPDLSCs) [4]. The sPDLSCs show a greater colony-forming ability than bone marrow stem cells, and can differentiate into adipocytes and osteoblasts [10]. Expendable dental tissue, such as supernumerary teeth, may be a source of stem cells. Therefore, studies of the biological properties of PDLSCs obtained from various dental tissue are needed to optimize their regenerative effects.

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Cell culture is essential for the study of MSCs. In conventional two-dimensional (2D) cell culture methods, cells are cultured on the bottom of a culture-compatible polystyrene plate. Such cultures create an environment for studying biological processes or cell mechanisms under specific experimental conditions, and maintain various types of proliferation [11]. However, in nature, cells grow three-dimensionally (3D) rather than in a 2D plane. Therefore, it is difficult to study cell-to-cell signal transduction and the functions of cells in a conventional 2D culture environment [12]. To overcome these limitations, cell research using 3D culture is under investigation. Three-dimensional cultures have the advantage of emulating the original characteristics of the cell's environment, so that the cell can display form, function, and activity as close to naturally as possible [13,14]. In addition, 3D culture is an alternative to animal experimentation [15].

There are the following two general methods of 3D culture: scaffold and scaffold-free. The scaffold method involves creating a scaffold of microstructures that the cells can use to move, proliferate, differentiate, and remain in contact [15]. However, scaffolds have limitations that can negatively affect cell stability and behavior during incubation [16]. In the scaffold-free method, a pallet or centrifugation tube culture, low-adhesion plate culture, bioreactor, hanging drop culture, or pallet culture and liquid overlay are used to create 3D microstructures without scaffolding [11,15–17]. In these methods, the cells assemble an endogenous extracellular matrix to form their own preferred microenvironment [18,19].

Cells cultured in a 3D environment behave differently than those in a 2D environment [17]. For example, primary articular chondrocytes and hepatocytes cultured in a 2D culture rapidly lose their normal phenotypes, but in 3D cultures the normal phenotype is maintained [20]. In addition, 3D-cultured stem cells exhibit better osteoblastic, adipogenic, and neuronal differentiation [21]. Similarly, 3D-cultured human dental pulp cells show higher expression of osteocalcin, dentin sialophosphoprotein, and alkaline phosphatase [22]. The expression of these proteins is influenced by cell–cell and cell–matrix interactions, which are difficult to imitate in 2D culture. In addition, the expression of genes related to multi-lineage differentiation, such as Nanog and Oct4, as well as those related to pluripotency transcription factors, is higher in 3D-cultured cells. These studies demonstrate that cell culture conditions influence gene expression [17,23]. However, previous studies have usually used microarrays and polymerase chain reaction, and few studies have analyzed genome-wide expression.

The aim of this study was to compare the characteristics of sPDLSCs cultured using a 3D and 2D method. Morphology, viability, osteogenic differentiation, and gene expression were evaluated. These experiments would reveal what physical and functional properties the same cells would have in different culture systems.

# 2. Materials and Methods

#### 2.1. 2D and 3D Culture of Human sPDLSCs

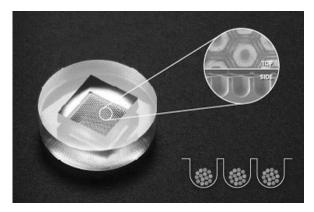
sPDLSCs were purchased from Cell Engineering for Origin (Seoul, Korea). They were cultured in a 37  $^{\circ}$ C incubator with an atmosphere containing 5% CO<sub>2</sub> in Dulbecco's modified Eagle's medium (DMEM; Gibco, Waltham, MA, USA). After three to four passages, the cells were split and thereafter grown in 2D or 3D cultures.

The formation of stem cell spheroids in 3D culture was performed with Stemfit 3D (Prosys Stemfit 3D<sup>®</sup>, Prodizen, Seoul, Korea; Figure 1). Cells  $(1.2 \times 10^6)$  were seeded in a concave micromold and cultured in DMEM in a 37 °C incubator with an atmosphere containing 5% CO<sub>2</sub>.

## 2.2. Morphology

The 2D-cultured cells and the spheroids formed in 3D culture were observed at 1, 3, 5, and 7 days under a fluorescence microscope (JuLI; Nanoentek, Seoul, Korea).

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**Figure 1.** Stemfit  $3D^{\textcircled{8}}$  uses a non-adhesive plate with a polydimethylsiloxane-based concave micromold 600  $\mu$ m in diameter. It can control the size of spheroids and enhance their long-term stability.

# 2.3. Assays of Cell Viability

The cell counting kit-8 assay (CCK-8; Dojindo Molecular Technologies, Kumamoto, Japan) and live/dead viability/cytotoxicity kit for mammalian cells (Invitrogen, Carlsbad, CA, USA) were used to quantify cell proliferative ability. The CCK-8 assay is based on the activation of 1-methoxy phenazinium methylsulfate by nicotinamide adenine dinucleotide phosphate (NADP) and nicotinamide adenine dinucleotide phosphate hydrogen (NADPH) produced by dehydrogenase in living cells. Water-soluble tetrazolium salt, 2-(2-methoxy-4-nitrophenyl)-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H tetrazolium, and monosodium salt (WST-8) are reduced to orange formazan; therefore, the amount of WST-8 formazan produced by dehydrogenases is directly proportional to the number of viable cells.

The live/dead assay quantifies living and dead cells by measuring their esterase activity and plasma membrane integrity. The non-fluorescent dye calcein AM is converted into a fluorescent calcein that fluoresces in the presence of esterase in living cells, producing a uniform green fluorescence. Ethidium homodimer-1 enters dead cells through damaged membranes and binds with nucleic acids to produce red fluorescence.

The 2D- and 3D-cultured sPDLSCs were seeded at a density of  $1.0 \times 10^5$  per well on a six-well plate and subjected to live/dead assay on days 3, 5, and 7. Images were obtained with a fluorescence microscope (IX71; Olympus, Tokyo, Japan). CCK-8 assay was performed on days 1, 3, 5, and 10, and the absorbance at 450 nm was measured with a Benchmark Plus multiplate spectrophotometer (Bio-Rad, Hercules, CA, USA).

## 2.4. Osteogenic Differentiation

After 2D or 3D culture, sPDLSCs were cultured in osteo-inductive medium (osteo group) or basal medium (control group) to confirm their ability to differentiate into bone cells. The osteo group was cultured for 2 weeks in osteo-inductive medium with 15% fetal bovine serum, 250  $\mu L$  gentamycin reagent solution (final concentration 5  $\mu g/mL$ ), 5 mL filtered *L*-ascorbic acid (final concentration 10 mM), and 5 mL filtered dexamethasone. Alizarin red S (ARS) staining was performed to visualize calcium formation for evaluating differentiation. Cells were fixed in ice-cold 70% ethanol for 15 min, stained with ARS solution for 3 min, washed, and observed under an optical microscope. For quantitative evaluation of hard tissue formation, 10% cetylpyridinium chloride was added for 10 min, and the ARS stain was extracted and transferred to a 96-well plate. The absorbance was measured at a wavelength of 562 nm with a Benchmark Plus multiplate spectrophotometer (Bio-Rad).

# 2.5. Gene Expression

## 2.5.1. RNA Isolation

RNA was isolated from 2D- and 3D-cultured sPDLSCs on day 5 with RiboEx (GeneAll, Seoul, Korea), and RNA quality was assessed with an Agilent 2100 bioanalyzer with the RNA 6000 nano chip (Agilent Technologies, Amstelveen, The Netherlands). RNA

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quantification was performed with an ND-2000 spectrophotometer (Thermo, Waltham, DE, USA).

## 2.5.2. Library Preparation and Sequencing

Libraries of control and test RNA were constructed with the QuantSeq 3′ mRNA-Seq library prep kit (Lexogen, Vienna, Austria) according to the manufacturer's instructions. In brief, 500 ng RNA was prepared, hybridized to an oligo-dT primer containing an Illumina-compatible sequence at its 5′ end, and subjected to reverse transcription. After degradation of the RNA template, second-strand synthesis was initiated with a random primer containing an Illumina-compatible linker sequence at its 5′ end. The double-stranded library was purified with magnetic beads to remove all reaction components. Next the library was amplified to add the complete adapter sequences required for cluster generation. The finished library was purified to remove PCR components. High-throughput sequencing was performed as single-end 75 bp sequencing using a NextSeq 500 sequencer (Illumina, San Diego, CA, USA).

# 2.5.3. Data Processing for the Identification of Differentially Expressed Genes

QuantSeq 3′ mRNA-Seq reads were aligned with Bowtie 2. Bowtie 2 indices were generated from a genome assembly sequence or the representative transcript sequences for aligning the genome and transcriptome. The alignment file was used to assemble transcripts, estimate their abundance, and detect the differential expression of genes. Differentially expressed genes were identified based on counts from unique and multiple alignments using coverage in BEDtools. The read count data were processed based on the quantile normalization method with EdgeR in R (R Development Core Team, Vienna, Austria) with Bioconductor.

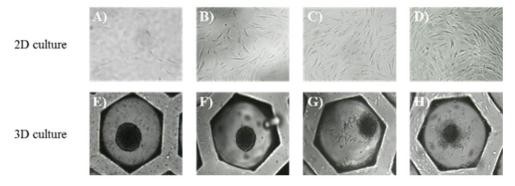
# 2.6. Statistical Analyses

Statistical analyses were performed with SPSS version 25.0 (IBM, Armonk, NY, USA). One-way analysis of variance (ANOVA) and the Scheffé post hoc test were performed to compare absorbance values. p < 0.05 was considered indicative of statistical significance.

#### 3. Results

## 3.1. Morphology

The sPDLSCs grown in the 2D culture exhibited a bipolar and stellate form, were attached to the plate, and increased in number over time (Figure 2A–D). The sPDLSCs grown in the 3D culture aggregated and became spheroid for about 24 h (Figure 2E). Although the diameters of the spheroids decreased significantly over the first 5 days (75.3%), they maintained their shape (Figure 2E–H).

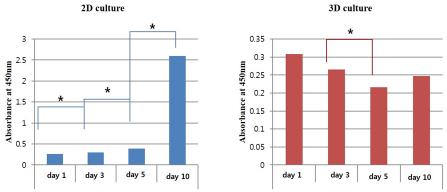


**Figure 2.** Morphology, days 1–7. **(A–D)** Morphology of sPDLSCs at days 1, 3, 5, and 7 in 2D cultures (magnification, ×200). The sPDLSCs increased in number over time. **(E–H)** Spheroid of sPDLSCs at days 1,3,5, and 7 in 3D cultures (magnification, ×200). The sPDLSCs aggregated and became spheroid for about 24h **(E)**. Diameters of the spheroids decreased significantly over the time.

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## 3.2. Cell Viability

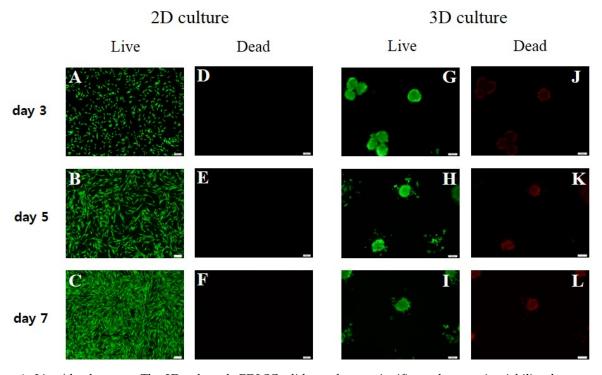
The absorbance of 2D-cultured sPDLSCs increased significantly over time, from 0.26 to 2.60 (Figure 3). In particular, it increased exponentially on day 10 (p < 0.05). By contrast, the absorbance of 3D-cultured sPDLSCs decreased over time, from 0.31 to 0.25. This decrease was significant from days 3 to 5 (p < 0.05), but not between days for the first 3 days (p > 0.05). At day 10, the absorbance increased slightly, but not significantly (p > 0.05).



\* p < 0.05 comparison with the control group; Schaffe's post hoc test following one-way ANOVA.

**Figure 3.** Results of CCK-8 assays. The 2D-cultured sPDLSCs showed an increase in absorbance and 3D-cultured sPDLSCs showed a significant decrease in absorbance from day 1 to day 5. The absorbance of 3D-cultured sPDLSCs increased non-significantly on day 10. \* p < 0.05; Scheffé post hoc test following one-way ANOVA.

The 2D-cultured sPDLSCs did not show a significant decrease in viability; however, the cell viability decreased significantly in the center of the spheroids in the 3D culture (Figure 4).

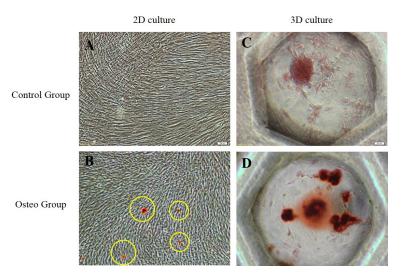


**Figure 4.** Live/dead assays. The 2D-cultured sPDLSCs did not show a significant decrease in viability; however, the cell viability decreased significantly in the center of the spheroids in the 3D culture. (**A–F**) Live/dead assay results for 2D-cultured sPDLSCs at days 3, 5, and 7 (magnification, ×100). The number of cells increased, and no dead cells were observed. (**G–L**) Live/dead assay results for 3D-cultured sPDLSCs at days 3, 5, and 7 (magnification, ×100). The number of dead cells in the center of spheroids increased with decreasing spheroid diameter.

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## 3.3. Stemness and Osteogenic Differentiation

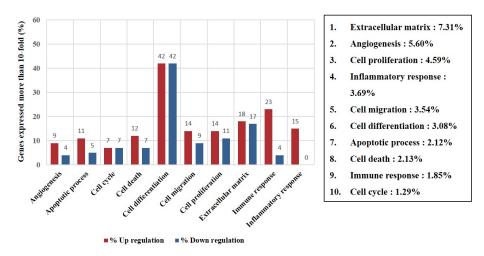
ARS staining revealed significant extracellular calcium deposits in both the 2D and 3D cultures, which was indicative of osteogenic differentiation (Figure 5). Compared to the control group, the absorbance of the ARS stain extract was 2.3 in the 3D group, which was slightly higher than in the 2D group.



**Figure 5.** Evaluation of osteogenesis in 2D- and 3D-cultured sPDLSCs (magnification, ×200). **(A)** Control group of 2D-cultured sPDLSCs in basal media. **(B)** Osteo group of 2D-cultured sPDLSCs in osteogenic media. ARS staining revealed significant extracellular calcium deposits (yellow circles). **(C)** Control group of 3D-cultured sPDLSCs in basal media. **(D)** Osteo group of 3D-cultured sPDLSCs in osteogenic media.

## 3.4. Identification of Differentially Expressed Genes and Gene Ontology Analyses

The expression of 25,737 differentially expressed genes in the 2D- and 3D-cultured sPDLSCs was examined. Of these, 5664 genes, related to cell function, immunity, inflammation, and the extracellular matrix, were selected for further analyses. The expression of 89 genes (58.9%) was upregulated, and that of 62 genes (41.1%) was downregulated in the 3D culture compared to in the 2D culture. The genes up- or downregulated were related to the extracellular matrix (ECM; 7.3%), angiogenesis (5.6%), cell proliferation (4.6%), inflammatory response (3.7%), and cell migration (3.5%; Figure 6). The genes in the 3D-cultured sPDLSCs that showed at least a 50-fold increase or decrease in expression compared to the 2D-cultured sPDLSCs are listed in Tables 1 and 2.



**Figure 6.** Expression of filtered gene categories. Distribution and ratio of genes in 10 selected categories with 10-fold increased expression (p < 0.05).

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 $\textbf{Table 1.} \ \ \textbf{Genes upregulated more than 10-fold in 3D-compared to 2D-cultured sPDLSCs.}$ 

Gene Name	Fold Change	Description	Related Function
AREG	1172.7	Amphiregulin	Cell differentiation, cell proliferation
SMOC1	1161.3	SPARC-related modular calcium binding 1	Extracellular matrix
MMP1	829.2	Matrix metallopeptidase 1	Cell migration, extracellular matrix
STC1	791.3	Stanniocalcin 1	Cell differentiation, cell proliferation
MMP10	349.8	Matrix metallopeptidase 10	Extracellular matrix
PGF	341.9	Placental growth factor	Angiogenesis
PTGS2	195.6	Prostaglandin-endoperoxide synthase 2	Angiogenesis, cell differentiation, inflammatory response
COL5A3	173.4	Collagen type V alpha 3	Extracellular matrix
IL24	156.0	Interleukin 24	Apoptotic process, cell death
FRZB	119.4	Frizzled-related protein	Cell differentiation
BMP2	112.8	Bone morphogenetic protein 2	Cell differentiation, cell proliferation, inflammatory response
SFRP2	104.5	Secreted frizzled-related protein 2	Angiogenesis, apoptotic process, cell death, cell differentiation, cell proliferation, extracellular matrix
FGL2	98.6	Fibrinogen-like 2	Immune response
IER3	97.3	Immediate early response 3	Apoptotic process, cell death
TFPI2	94.9	Tissue factor pathway inhibitor 2	Extracellular matrix
DPT	83.6	Dermatopontin	Extracellular matrix
NR4A2	82.5	Nuclear receptor subfamily 4 group A member 2	Cell differentiation, cell migration
TNC	82.1	Tenascin C	Cell differentiation, extracellular matrix
NPNT	73.8	Nephronectin	Cell differentiation, extracellular matrix
NDP	64.7	Norrie disease (pseudoglioma)	Cell proliferation, extracellular matrix
ACKR4	64.5	Atypical chemokine receptor 4	Immune response
IL18R1	63.5	Interleukin 18 receptor 1	Cell differentiation, immune response
MMP8	62.5	Matrix metallopeptidase 8	Extracellular matrix
SPRY1	61.6	Sprouty RTK signaling antagonist 1	Cell cycle, cell differentiation
RGS2	61.4	Regulator of G-protein signaling 2	Cell cycle, cell differentiation
IL1R1	60.3	Interleukin 1 receptor type 1	Immune response
PTGS1	60.3	Prostaglandin-endoperoxide synthase 1	Inflammatory response
SPON1	53.6	Spondin 1	Extracellular matrix
EDNRB	52.4	Endothelin receptor type B	Cell differentiation, cell migration
PECAM1	49.3	Platelet and endothelial cell adhesion molecule 1	Angiogenesis, cell differentiation, cell migration
IL1RN	46.1	Interleukin 1 receptor antagonist	Immune response, inflammatory response
PRDM1	44.6	PR domain 1	Cell differentiation, cell proliferation, immune response
CHST2	42.1	Carbohydrate sulfotransferase 2	Inflammatory response
APOE	40.0	Apolipoprotein E	Cell differentiation, extracellular matrix
NOX4	38.8	NADPH oxidase 4	Cell differentiation, inflammatory response
SNAP25	38.2	Synaptosome-associated protein 25 kDa	Cell differentiation, immune response
TNN	36.8	Tenascin N	Cell differentiation, extracellular matrix
VAV3	34.8	VAV guanine nucleotide exchange factor 3	Angiogenesis, cell migration
BCL2A1	31.5	BCL2-related protein A1	Apoptotic process, cell death
JUP	30.3	Junction plakoglobin	Cell death, cell differentiation, cell migration, extracellular matrix, immune response
AKR1C1	30.3	Aldo-keto reductase family 1, member C1	Cell differentiation
NRN1	29.8	Neuritin 1	Cell differentiation
ITGA2	28.6	Integrin subunit alpha 2	Cell differentiation, cell migration, cell proliferation
SLC1A3	28.3	Solute carrier family 1 member 3	Cell differentiation

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 Table 1. Cont.

Gene Name	Fold Change	Description	Related Function
SECTM1	27.7	Secreted and transmembrane 1	Immune response
CD7	27.2	CD7 molecule	Immune response
AKR1C2	27.1	Aldo-keto reductase family 1,	Cell differentiation
11111102	2,11	member C2	
AIM2	26.7	Absent in melanoma 2	Apoptotic process, cell death, immune response, inflammatory response
GPM6B	26.5	Glycoprotein M6B	Cell differentiation
ETV1	26.0	ETS Variant 1	Cell differentiation
			Angiogenesis, cell cycle, cell migration,
CXCL8	24.7	C-X-C motif chemokine ligand 8	immune response, inflammatory response Apoptotic process, cell death, cell
NKX2-5	24.5	NK2 homeobox 5	differentiation, cell proliferation
TNFAIP6	24.5	TNF-alpha-induced protein 6	Immune response, inflammatory response
NEFM	23.6	Neurofilament, medium polypeptide	Cell differentiation
CCL2	23.3	C-C motif chemokine ligand 2	Cell migration, immune response
KYNU	22.7	Kynureninase	Immune response
RANBP3L	22.5	RAN-binding protein 3-like	Cell cycle, cell differentiation
NTN1	21.6	Netrin 1	Apoptotic process, cell death, cell differentiation, cell migration, extracellular
			matrix
SEPT3	21.0	Septin 3	Cell cycle
GABRB2	20.4	Gamma-aminobutyric acid type A receptor beta2 subunit	Cell differentiation
EDNRA	20.3	Endothelin receptor type A	Angiogenesis, cell differentiation, cell proliferation
CHST1	19.5	Carbohydrate sulfotransferase 1	Inflammatory response
AFAP1L2	19.5	Actin filament-associated protein 1-like 2	Inflammatory response
CRYGD	19.4	Crystallin, gamma D	Cell differentiation
CMKLR1	18.6	Chemerin chemokine-like receptor 1	Immune response
WNT7B	17.4	Wnt family member 7B	Cell differentiation, cell proliferation, extracellular matrix
PTPRU	16.5	Protein tyrosine phosphatase, receptor type U	Cell differentiation
ITGB3	16.4	Integrin subunit beta 3	Angiogenesis, cell differentiation, cell migration
TNIEDCE01	155	Tumor necrosis factor receptor	Apoptotic process, cell death, cell
TNFRSF21	15.5	superfamily member 21	differentiation, immune response
		Neuronal tyrosine phosphorylated	
NYAP1	14.4	phosphoinositide-3-kinase adaptor 1	Cell differentiation
GRIN2A	13.3	Glutamate ionotropic receptor NMDA type subunit 2A	Cell differentiation
PHOX2B	12.8	Paired-like homeobox 2b	Cell differentiation, cell migration
GPR68	12.8	G-protein-coupled receptor 68	Inflammatory response
FPR1	12.7	Formyl peptide receptor 1	Cell migration, immune response, inflammatory response
EREG	12.6	Epiregulin	Angiogenesis, cell cycle, cell differentiation,
FGF7	12.5	Fibroblast growth factor 7	cell proliferation Cell proliferation
TNFSF10	12.1	Tumor necrosis factor superfamily	Apoptotic process, cell death, immune
LRP4	11.5	member 10 LDL receptor-related protein 4	response Cell differentiation
PTPN22	11.3	Protein tyrosine phosphatase,	Cell differentiation
		non-receptor type 22	
RNF152	11.3	Ring finger protein 152	Apoptotic process, cell death

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 Table 1. Cont.

Gene Name	Fold Change	Description	Related Function
SOCS2	11.3	Suppressor of cytokine signaling 2	Cell differentiation
CXCL3	11.2	CXC motif chemokine ligand 3	Cell migration, immune response, inflammatory response
GEM	11.1	GTP-binding protein overexpressed in skeletal muscle	Cell cycle, immune response
ZNF443	10.8	Zinc finger protein 443	Apoptotic process, cell death
MGP	10.7	Matrix Gla protein	Extracellular matrix
TNIK	10.5	TRAF2 and NCK interacting kinase	Cell differentiation
NR4A3	10.3	Nuclear receptor subfamily 4 group A member 3	Cell differentiation, cell proliferation, immune response
CSGALNACT1	10.3	Chondroitin sulfate N-acetylgalactosaminyltransferase 1	Cell proliferation
CTSS	10.3	Cathepsin S	Immune response

**Table 2.** Genes downregulated >10-fold in 3D- compared to 2D-cultured sPDLSCs.

Gene Name	Fold Change	Description	Related Function
ACAN	177.4	Aggrecan	Cell differentiation, extracellular matrix
NGF	136.7	Nerve growth factor	Apoptotic process, cell death, cell differentiation
HAPLN1	106.0	Hyaluronan and proteoglycan link protein 1	Extracellular matrix
NPR3	102.8	Natriuretic peptide receptor 3	Cell proliferation
CTNND2	86.6	Catenin delta 2	Cell differentiation
ADM2	81.4	Adrenomedullin 2	Angiogenesis
TRIM67	58.4	Tripartite motif containing 67	Cell differentiation
ADAMTS14	55.6	ADAM metallopeptidase with thrombospondin type 1 motif 14	Extracellular matrix
DLGAP5	52.7	Discs large homolog-associated protein 5	Cell cycle, cell proliferation
ADRA1B	45.1	Adrenoceptor alpha 1B	Cell proliferation
LGR5	45.1	Leucine-rich repeat-containing G-protein-coupled receptor 5	Cell differentiation, cell proliferation
TENM2	41.3	Teneurin transmembrane protein 2	Cell differentiation
SLITRK1	41.2	SLIT and NTRK like family member 1	Cell differentiation
MAP2	38.3	Microtubule associated protein 2	Cell differentiation
IL7R	35.5	Interleukin 7 receptor	Cell differentiation, cell proliferation, immune response
GLI1	33.3	GLI family zinc finger 1	Cell differentiation
KRT33B	32.6	Keratin 33B	Cell death, cell differentiation
COL1A1	27.8	Collagen type I alpha 1	Cell differentiation, cell migration, extracellular matrix
HILS1	25.5	Histone linker H1 domain, spermatid-specific 1 (pseudogene)	Cell differentiation
ANK2	25.5	Ankyrin 2, neuronal	Cell differentiation
PRELP	25.0	Proline/arginine-rich end leucine-rich repeat protein	Cell differentiation, extracellular matrix
KRT34	23.2	Keratin 34	Cell death, cell differentiation
TTK	19.6	TTK protein kinase	Cell cycle
ASB2	18.7	Ankyrin repeat and SOCS box-containing 2	Cell differentiation
PSG1	17.8	Pregnancy-specific beta-1-glycoprotein 1	Cell migration
ASPN	16.9	Asporin	Extracellular matrix
RSPO2	16.5	R-Spondin 2	Cell differentiation

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Table 2. Cont.

Gene Name	<b>Fold Change</b>	Description	Related Function
TAGLN	15.7	Transgelin	Cell differentiation
FBN2	15.3	Fibrillin 2	Extracellular matrix
LOX	15.1	Lysyl oxidase	Extracellular matrix
SEMA3D	14.4	Semaphorin 3D	Cell differentiation
LEP	14.0	Leptin	Cell differentiation, cell migration
COL6A6	13.6	Collagen type VI alpha 6	Extracellular matrix
MMP15	13.6	Matrix metallopeptidase 15	Extracellular matrix
CREB3L1	13.5	cAMP-responsive element-binding protein 3-like 1	Cell differentiation
EFHD1	13.5	EF-hand domain family member D1	Cell differentiation
KRTAP1-5	13.4	Keratin-associated protein 1-5	Cell differentiation
ANLN	13.3	Anillin actin-binding protein	Cell cycle, cell differentiation, cell migration
HLA-DMA	13.1	Major histocompatibility complex, class II, DM alpha	Immune response
MKI67	13.0	Marker of proliferation Ki-67	Cell cycle, cell proliferation
GDF6	12.9	Growth differentiation factor 6	Cell death, cell differentiation
ANKRD1	12.7	Ankyrin repeat domain 1	Cell differentiation
BCL2	12.6	B-cell CLL/lymphoma 2	Cell death, cell differentiation, cell proliferation
RIMS1	12.5	Regulating synaptic membrane exocytosis 1	Cell differentiation
ECM2	12.4	Extracellular matrix protein 2	Cell differentiation, extracellular matrix
TUBB2B	12.2	Tubulin beta 2B class IIb	Cell differentiation, cell migration
CLDN1	12.0	Claudin 1	Cell differentiation, immune response
AURKB	11.7	Aurora kinase B	Cell cycle
RTN1	11.6	Reticulon 1	Cell differentiation
BCAT1	11.6	Branched chain amino acid transaminase 1	Cell cycle, cell proliferation
KIRREL3	11.5	Kin of IRRE-like 3 (Drosophila)	Cell differentiation, cell migration
SLC4A5	11.2	Solute carrier family 4 member 5	Cell differentiation
MYC	11.1	v-Myc avian myelocytomatosis viral oncogene homolog	Cell cycle, cell differentiation, cell proliferation, immune response Angiogenesis, apoptotic process, cell death,
CYR61	11.0	Cysteine-rich angiogenic inducer 61	cell differentiation, cell migration, cell proliferation, extracellular matrix
CCBE1	11.0	Collagen and calcium-binding EGF domains 1	Angiogenesis, extracellular matrix
TPM1	10.6	Tropomyosin 1 (alpha)	Cell differentiation
CHAC1	10.5	ChaC glutathione-specific gamma-glutamylcyclotransferase 1	Apoptotic process, cell death, cell differentiation Angiogenesis, cell differentiation, cell
CTGF	10.4	Connective tissue growth factor	migration, cell proliferation, extracellular matrix
NAV2	10.3	Neuron navigator 2	Extracellular matrix
ETV7	10.2	ETS Variant 7	Cell differentiation
CLEC3B	10.1	C-type lectin domain family 3 member B	Extracellular matrix
MATN2	10.1	Matrilin 2	Cell differentiation, cell migration, extracellular matrix

# 4. Discussion

A scaffold-free 3D culture method, Stemfit  $3D^{\$}$ , was used for the 3D culture of sPDLSCs, and was compared to a traditional 2D culture. The analyses of morphology, viability, osteogenic differentiation, and gene expression confirmed that the functions and characteristics of the sPDLSCs varied depending on the culture method.

Stemfit  $3D^{\circledR}$  uses a non-adhesive plate, which is  $600~\mu m$  in diameter, with a poly dimethylsiloxane-based concave micromold. Concave micromolds were used because they

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accelerate cell aggregation compared to other methods (plane, cylindrical), and the cells form spheroids of uniform size that are easily harvested [2]. Moreover, 3D culture methods that use low-adhesive plates have lower long-term stability than other methods, because of the difficulty limiting the size of the spheroids [21]. However, because Stemfit 3D<sup>®</sup> can control the size of the spheroids, it shows improved stability over a longer period. Because of its economy, its ease of use, and the stability of the spheroids, Stemfit 3D<sup>®</sup> is commonly used in stem cell cytology and studies of other types of cells [3,4].

The diameter of the sPDLSC spheroids in the 3D culture decreased (75.3%) over the first 5 days, and decreased more slowly thereafter. The initial reduction in diameter was caused by cell aggregation and organization, but the subsequent reduction appears to have been a result of restricted nutrients and oxygen. Several models for the transport of nutrients, oxygen, and waste in spheroids have been verified [8]. When the diffusion of oxygen is limited, avascular tissue forms, and inefficient transport results in the accumulation of metabolic waste and the formation of a necrotic core at the center of the spheroid [10,12,14]. Several studies on MSC spheroids, including ones by Hildebrandt et al. [14], who investigated human MSCs, and by Yamaguchi et al. [18], who evaluated rat MSCs, have reported that spheroids form within 1 day and that their diameters decrease over time. However, Lee et al. [19] reported that the diameter of human dental pulp stem cell spheroids, cultured on a six-well non-adhesive plate, increased over time. This discrepancy is due to the different culture methods used. Hildebrandt et al. [14] and Yamaguchi et al. [18] independently cultured MSCs in a small volume of medium, or used the scaffold method, whereas Lee et al. [19] used a relatively large volume of medium. It is possible that spheroid-spheroid interactions may increase the diameter of the spheroids, but further study is needed.

CCK-8 and live/dead assays were used to confirm the proliferative ability and viability of 3D-cultured sPDLSCs; these are frequently used in 2D culture experiments [22,23]. The CCK-8 assay revealed that the absorbance of the 2D culture increased over time, and that of 3D culture tended to decrease over time. This was probably due to continued proliferation of cells in the 2D environment, whereas in the 3D environment the differentiation rate decreased as a result of restricted nutrients and oxygen in the center of the spheroids [20]. In addition, in the 3D culture, the number of dead cells in the center of the spheroids increased slightly over time. Similarly, in one study, spheroids of human MSCs in pallet culture maintained a stable internal structure for one month. However, a necrotic area developed in the center of the spheroids, with a loss of proliferation, impaired structural stability, and decreased cell-to-cell contact at two months [20]. Although quantitatively evaluating 2D and 3D culture methods is difficult [24], these results support the notion that the characteristics of 3D-cultured cells are fundamentally different from those of 2D-cultured cells.

Three-dimensional culture improves osteogenic differentiation compared to 2D culture. In addition, the intercellular interactions of embryonic stem cells are enhanced in a 3D environment [25]. For example, progenitor cells derived from the salivary gland can differentiate into hepatocytic and pancreatic islet cell lineages only when cultured in a 3D environment [26]. For this reason, 3D culture has attracted attention in stem cell biology and oncology, as well as in dentistry [12]. For example, 3D-cultured dental pulp stem cells or gingiva/papilla-derived stem cells show higher ALP activity than those grown in 2D culture [3,6,7]. In addition, the expression of genes associated with bone formation, such as BMP2, RUNX2, and dentine sialophosphoprotein, is increased in 3D-cultured cells [19].

The expression of BMP2 was upregulated 112.8-fold in 3D culture compared to in 2D culture. However, compared to our previous studies, the expression of osteogenic differentiation factors, such as RUNX2 and BMP2, tended to be lower in sPDLSCs than in pPDLSCs. Therefore, sPDLSCs can differentiate in 2D and 3D cultures, but their osteogenic differentiation is lower than that of cells extracted from permanent teeth.

RNA sequencing was conducted to analyze the gene expression profiles of sPDLSCs grown in 2D and 3D cultures. Analyses of gene expression profiles by microarray or PCR

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are limited by the fact that only selected genes can be identified. Because RNA sequencing captures a wider range of active genes, it is possible to detect small changes in expression with a limited amount of transcript [27].

The RNA sequencing results showed that the expression of genes related to the ECM, angiogenesis, cell proliferation, and the inflammatory response (such as AREG, SMOC1, MMP1, STC1, MMP10, PGF, and PTGS2) was very high. Indeed, 3D-cultured MSCs reportedly exhibit increased expression of genes related to angiogenesis, inflammation, and proliferation, such as TGS-6, IL24, VEGF, FGF-2, CXCR4, MCP3, RANTES, EGF, and SDF [21]. The increased expression of angiogenic genes is confirmed by the observation that 3D-cultured MSCs had greater angiogenic effects than 2D-cultured MSCs, enhancing tissue regeneration [28]. In addition, 3D-cultured MSCs show increased expression of genes related to osteogenesis and adipogenesis, such as RUNX-2, BMP2, OXC, OC, OPN, COLI, OCN, DDPP, DMP1, LPL, FABP4, PLN4, and PPARr [15,18,19]. These genes promote adipogenic and osteogenic differentiation by increasing the production of ECM proteins and endogenous growth factors.

The initial coalescence of spheroids is caused by caspase-dependent IL-1 autocrine signaling, which upregulates EGR2 [16]. In this study, the 3D-cultured sPDLSCs showed upregulated expression of EGR2 (2.3-fold). In addition, expression of EGR1 and EGR3 increased 5.4- and 9.7-fold, respectively. Similarly, immunomodulators, such as TN-FAIP6 (24.5-fold), are reportedly upregulated in response to IL1 autocrine signaling in 3D spheroids [29,30]. In the center of spheroids, where the apoptosis zone is formed as a result of nutrient and oxygen limitation, hypoxia- and apoptosis-related genes, such as VEGFA and hypoxia-inducible factor (HIF), are upregulated. In this study, hypoxia-associated genes, such as VEGFA (6.1-fold) and HIF3A (2.0-fold), and apoptosis-related genes, such as IL24 (156-fold) and COMP (SFRP2), were highly upregulated in the spheroids. In addition, the expression of genes related to angiogenesis, such as PGF (341-fold) and PTGS2 (195.6-fold), was highly upregulated. These results are consistent with the observation that over time, the apoptotic zone of the spheroid increased and the surface proliferation zone decreased.

This study has several limitations. First, the decreased diameter and reduced proliferative ability of the 3D-cultured sPDLSCs may have been a result of their inherent characteristics or the morphologic characteristics of the spheroid, which hamper the supply of nutrients and oxygen, and the discharge of waste products. Our results are compatible with those of other studies that used 3D pallet cultures, low-adhesive plates, or scaffolds. In this regard, it may be necessary to compare other 3D methods, such as a bioreactor. Second, it may not have been optimal to use assays optimized for a 2D environment to evaluate 3D-cultured cells. For example, the CCK-8 assay involves measuring the color change caused by the dehydrogenation of water-soluble tetrazolium salts by living cells. Therefore, it is not ideal for comparing the absorbance of 2D and 3D cultures quantitatively, because the number of cells contacting the solution differs. It is difficult, or impossible, to find protocols and assays optimized for 3D-cultured sPDLSCs, so further research is needed to establish optimized methods for analyzing 3D-cultured cells. Third, this was a pilot study of 2D- and 3D-cultured sPDLSCs, and so the sample was small. Fourth, several prior studies on spheroid morphology involved observations over only 5–7 days. In the previous work of this research team, pPDLSCs were observed for 20 days to confirm their long-term stability [9]. However, the long-term stability of sPDLSC spheroids was not evaluated in this study. Therefore, further investigation of the long-term stability of sPDLSC spheroids is needed.

We found that 3D-cultured sPDLSCs exhibit a different gene expression profile, morphology, and physiology compared to identical 2D-cultured cells. Our results contribute to the development of optimized methods for the 3D culture of dental stem cells.

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## 5. Conclusions

Supernumerary teeth, as expendable dental tissue, may be ethically less restrictive for clinical use than permanent teeth. Thus, they could be a good source of stem cells. Within the limitations of this study, we confirmed that the function of sPDLSCs varies depending on the culture method used. In addition, 3D-cultured sPDLSCs have greater stemness than 2D-cultured sPDLSCs. Our findings accelerate the development of regenerative medicine using MSCs derived from expendable tissue, including supernumerary teeth. Further studies that aim to enable the clinical application of 3D-cultured sPDLSCs are warranted.

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# **Summary of Abbreviations**

Abbreviations	Definition
2D	Two-dimensional
3D	Three-dimensional
ARS	Alizarin red S
ECM	Extracellular matrix
HIF	Hypoxia inducible factor
MSCs	Mesenchymal stem cells
NADP	Nicotinamide adenine dinucleotide phosphate
NADPH	Nicotinamide adenine dinucleotide phosphate hydrogen
PDL	Periodontal ligament
PDLSCs	Periodontal ligament stem cells
sPDLSCs	periodontal ligament stem cells derived from supernumerary teeth

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