

Table S1: The impact of HFD rich in saturated fats on gut microbiota composition in animals. Most significant and relevant changes are reported.

| Ref. | Model | Lipid source | α -Diversity | Phylum | | | | Family | | | | | | Genus | | | | | |
|---------------|-------|--------------|---------------------|------------|---------------|----------------|----------------|------------------------------------|------------------------------------|---------------|--|----------------|---|----------------|--------------------------------------|--|--|--------------------|-------------------------|
| | | | | Firmicutes | Bacteroidetes | Proteobacteria | Actinobacteria | Ruminococcace <small>ae</small> | Lachnospirace <small>ae</small> | Rikenellaceae | Desulfovibrion <small>aceae</small> | Bacteroidaceae | Erysipelotricha <small>aceae</small> | Prevotellaceae | Enterobacteriac <small>ae</small> | <i>Bifidobacterium</i> <small>sma</small> | <i>Lactobacillus</i> <small>sma</small> | <i>Allobaculum</i> | <i>Clostridium</i> spp. |
| ¹ | mice | Palm oil | / | ↑ | ↓ | ↑ | ↓ | | | | | | | | | | | | |
| ² | mice | Lard | / | | | | | | | | | | | | | | | | |
| ³ | mice | SFA | / | | | | | | ↑ | | | | ↑ | | | | | | |
| ⁴ | mice | Palm oil | ↓ | ↑ | ↓ | | | | | | | | | | | | | | ↑ |
| ⁵ | mice | Milk fats | / | ↑ | ↓ | ↑ | | | | | | | | | | | | | |
| ⁶ | mice | HFD | / | | | | | | | | | | | | ↓ | ↓ | | ↑ | |
| ⁷ | mice | butter | ↓ | | ↓ | | | | | | | ↑ | | | | | ↑ | | |
| ⁸ | mice | Lard | ↑ | | | | | | ↑ | ↓ | ↓ | ↑ | | | | | | | |
| ⁸ | mice | Palm oil | ↑ | | | | | | ↑ | ↑ | ↓ | ↑ | | | | | | | |
| ⁹ | mice | HFD | / | ↑ | ↓ | ↓ | | ↑ | | ↑ | | ↓ | | ↓ | ↑ | ↓ | | | |
| ¹⁰ | mice | HFD | ↓ | ↑ | ↓ | ↑ | | ↑ | ↑ | | | | | | | ↓ | | | |
| ¹¹ | mice | HFD | / | | | | | | | | | ↓ | | ↑ | ↓ | ↓ | ↑ | ↑ | ↑ |

| | | | | | | | | | | | | | | | | | | |
|---------------|------|--------------|---|---|---|---|--|--|--|---|--|--|--|--|---|---|---|---|
| ¹² | hens | HFD | / | ↑ | ↓ | | | | | | | | | | | | | |
| ¹³ | rats | HFD | ↓ | | | | | | | | | | | | ↑ | | | |
| ¹⁴ | mice | Coconut oil | / | ↑ | ↓ | | | | | | | | | | | ↑ | ↑ | ↑ |
| ¹⁵ | mice | Rapeseed oil | / | ↓ | ↑ | ↓ | | | | ↓ | | | | | | ↓ | | |
| ¹⁶ | rats | Coconut oil | ↓ | ↓ | ↑ | | | | | | | | | | ↑ | | ↑ | |

/ no significant difference or not analysed; ↑ increase; ↓ decrease

Table S2: The impact of TFA (trans fatty acids) on gut microbiota composition in animals. Most significant and relevant changes are reported.

| Ref. | Model | Lipid source | α-diversity | Phylum | | | | Family | | | | | Genus | |
|---------------|-------|--------------------------|-------------|------------|---------------|----------------|----------------|-----------------|-----------------|-----------------|---------------|----------------|---------------------|---|
| | | | | Firmicutes | Bacteroidetes | Proteobacteria | Actinobacteria | Deferribacteres | Ruminococcaceae | Lachnospiraceae | Rikenellaceae | Bacteroidaceae | Desulfovibrionaceae | |
| ¹⁷ | mice | hydrogenated soybean oil | ↓ | | ↓ | ↑ | ↑ | ↓ | ↓ | ↓ | ↓ | ↓ | ↑ | ↑ |
| ¹⁸ | rats | hydrogenated soybean oil | / | ↑ | ↓ | ↑ | | | | | | | | |

/ no significant difference or not analysed; ↑ increase; ↓ decrease

Table S3: The impact of MUFA (monounsaturated fatty acids) on gut microbiota composition in animals. Most significant and relevant changes are reported.

| Ref. | Model | Lipid source | α -diversity | Phylum | | | Family | | | Genus | | | | |
|---------------|-------|----------------------|---------------------|------------|---------------|----------------|----------------|-----------------|-----------------|---------------------|----------------|-----------------------------|---------------------------|-------------------------|
| | | | | Firmicutes | Bacteroidetes | Proteobacteria | Actinobacteria | Ruminococcaceae | Lachnospiraceae | Erysipelotrichaceae | Prevotellaceae | <i>Bifidobacterium</i> spp. | <i>Lactobacillus</i> spp. | <i>Clostridium</i> spp. |
| ¹ | mice | Olive oil | / | ↑ | ↓ | ↓ | ↓ | | | ↑ | | | | |
| ⁷ | mice | Olive oil | ↓ | | | | | | | ↑ | ↑ | | ↑ | |
| ¹⁹ | rats | Olive oil | ↑ | ↑ | ↓ | | ↓ | ↑ | ↑ | | | ↑ | | |
| ²⁰ | mice | Oleic acid compounds | / | ↓ | ↑ | | | | | | | ↑ | ↓ | |
| ⁴ | mice | Olive oil | / | ↓ | ↑ | | | | | | | | | ↓ |

/ no significant difference or not analysed; ↑ increase; ↓ decrease

Table S4: The impact of PUFA-n-3 (polyunsaturated fatty acids-omega3) on gut microbiota composition in animals. Most significant and relevant changes are reported.

| Ref. | Model | Lipid source | α -diversity | Phylum | | | Family | | | Genus | | | | | | | | | |
|---------------|-------|-------------------|---------------------|------------|---------------|----------------|----------------|------------------------|---------------------|---------------------|---------------|----------------|------------------------|------------------------|-------------------------|--------------|------------------|-------------|-----------|
| | | | | Firmicutes | Bacteroidetes | Proteobacteria | Actinobacteria | Deltaproteobact ria | Ruminococcace ae | Lachnospiracea e | Rikenellaceae | Bacteroidaceae | Enterobacteriace ae | Bifidobacteriace ae | Erysipelotrichac eae | Turicibacter | Clostridium spp. | Akkermansia | Bilophila |
| ²¹ | mice | n-3 | / | | | | | | | | | | | | | | | | |
| ¹ | mice | Flaxseed/fish oil | ↑ | | | ↓ | ↑ | | ↑ | ↑ | | ↓ | | ↑ | ↑ | | | | |
| ²² | mice | Fish oil | / | ↓ | | | | | | | | | | | | | | | ↓ |
| ²³ | mice | Fish oil | ↓ | | ↓ | | ↑ | ↑ | | | | | | ↑ | ↑ | | ↑ | ↑ | ↑ |
| ³ | mice | n-3 | / | | | | | | | | | | | ↑ | ↑ | ↑ | ↑ | ↓ | ↑ |
| ²⁴ | mice | n-3 | ↓ | ↓ | ↑ | | | | | | | ↓ | | ↑ | ↑ | | | | |
| ²⁰ | mice | EPA/DHA | / | ↑ | | | | | | | | | ↑ | ↑ | | | | | |
| ²⁵ | Rats | Low n-6/n-3 | ↑ | | | | ↓ | | | | | | | ↑ | | | | | |

/ no significant difference or not analysed; ↑ increase; ↓ decrease

Table S5: The impact of PUFA-n-6 (polyunsaturated fatty acids-omega6) on gut microbiota composition in animals. Most significant and relevant changes are reported.

| Ref. | Model | Lipid source | α -diversity | Phylum | | | Family | | | Genus | | | | | | | | | | | |
|---------------|--------------|---------------|---------------------|------------|---------------|----------------|----------------|-----------------|-----------------|---------------|----------------|---------------------|----------------|--------------------|-----------------------------|---------------------------|--------------------|---------------------|-------------------------|--------------------|----------------------|
| | | | | Firmicutes | Bacteroidetes | Proteobacteria | Actinobacteria | Ruminococcaceae | Lachnospiraceae | Rikenellaceae | Bacteroidaceae | Erysipelotrichaceae | Prevotellaceae | Enterobacteriaceae | <i>Bifidobacterium</i> spp. | <i>Lactobacillus</i> spp. | <i>Allobaculum</i> | <i>Turicibacter</i> | <i>Clostridium</i> spp. | <i>Akkermansia</i> | <i>Oscillibacter</i> |
| ²⁶ | Weaning mice | Soy oil | / | | | | | | | | | | | | ↓ | ↑ | | | ↑ | ↑ | |
| ¹⁴ | mice | Soy oil | / | | | | | | | | | | | | | ↑ | | | | | |
| ²¹ | mice | n-6 | / | | | | | | | | | | | | | | | ↑ | | | |
| ¹ | mice | Safflower oil | / | | | | | ↑ | ↓ | ↓ | ↑ | | | | ↑ | | ↑ | | | ↑ | |
| ³ | mice | n-6 | / | | | | | ↑ | | | | ↑ | | | ↓ | ↓ | ↓ | | | ↑ | ↑ |
| ⁴ | mice | Safflower oil | / | ↑ | | | | | | | | | | | | | | ↑ | | | |
| ⁵ | mice | Safflower oil | / | ↑ | ↓ | ↑ | ↑ | | | | | | | | | | | | | | |
| ²⁵ | rats | High n-6/n-3 | ↑ | | | | ↓ | | | | | | | | ↓ | | | | | | |

/ no significant difference or not analysed; ↑ increase; ↓ decrease

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