



# Environmental Impacts of the Beef Production Chain in the Northeast of Portugal Using Life Cycle Assessment

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Received: 21 September 2018; Accepted: 17 October 2018; Published: 19 October 2018



**Abstract:** The beef supply chain has multiple negative impacts on the environment. A method widely used to measure impacts from both the use of resources and the emissions generated by this sector is the life cycle assessment (LCA) (ISO 14040). This study aimed to evaluate a semi-intensive system (SIS) and an extensive organic system (EOS), combined with two different slaughterhouses located in the northeast of Portugal. The studied slaughterhouses are similar in size but differ in number of slaughters and in sources of thermal energy: natural gas (Mng) vs. biomass pellets (Mp). Four categories of environmental impact were evaluated: global warming potential (GWP), acidification potential (AP), eutrophication potential (EP), and photochemical ozone creation potential (POCP). As expected, higher impacts were found for SIS for all studied impact categories. Slaughterhouse activities, fertilizer production, and solid waste treatment stages showed little contribution when compared to animal production. Concerning the slaughterhouses activities, the main sources of environmental impact were the use of energy (electric and thermal) and by-products transportation.

Keywords: animal production systems; environmental footprint; LCA; slaughterhouses; sustainability

# 1. Introduction

As global meat production continues to grow, high amounts of energy and water are used, releasing large quantities of waste and gaseous emissions into the environment. As a consequence, this agro-industrial sector has been facing significant market and social pressures to minimize its negative environmental impacts in order to become more eco-efficient. The need for balancing economic growth with environmental protection has become a major goal over the last decades [1].

According to United States Department of Agriculture [2], world beef production is approximately 60 million tons of carcass weight per year. The largest meat production country is the United States of America, with 19.0% of world production, followed by Brazil, with 15.3%, and the European Union (EU), with 13.0%.

In Portugal about 88,645 tons of beef are slaughtered per year, representing 70% of the needs of the internal market. The annual national consumption of meat is approximately 111.2 kg per person, of which about 17.9 kg are beef [3].

There are large variations in agricultural structure and in the use of the resources in the different beef production systems and, as a consequence, so are the dissimilarities in pollution load released into the environment. The most common animal production systems are based on the use of either



intensive or extensive exploitations, depending on the level of technology used. In addition to these two production methods, there are alternative organic production systems, which seek to privilege the environmental protection with positive impacts on agricultural ecosystems [4].

When addressing the complexity of the meat production sector and its demand for resources, it is important to assess its interactions with the environment and evaluate its effects on ecosystems and other environmental impacts.

Therefore, there is the need for a holistic analytical approach to quantify the use of resources, emissions, and other significant environmental aspects of this sector and to highlight opportunities for product system improvements. Life Cycle Assessment (LCA) presents an important set of tools to quantify, evaluate, compare, and improve products and services in terms of their potential environmental impacts [5]. In LCA, all stages related to the products' life cycle may be studied, including raw materials extraction, various stages of production and distribution, its use or consumption and the final stages leading to its disposal in the environment. The methodology is standardized for global environmental management through the ISO 14040:2006 [6] and 14044:2006 [7] standards. LCA is a tool that takes into account the triple bottom line (economic performance, environmental balance, and society needs). Thus, this tool of analysis of environmental impacts is not only based on environmental loads, but also on social and economic impacts. Life cycle sustainability assessment represents the evaluation of all environmental, social, and economic negative impacts and benefits of a product throughout its life cycle and how to use the result to support decision-making processes [8]. This tool can still allow farmers and other producers to respond to consumer and environmental groups regarding the environmental footprints of agricultural products.

There are several studies addressing the environmental impacts of beef production through LCA [9–12]. Most studies focus on 2–9 beef production systems and used LCA to evaluate global warming potential, whereas fewer studies evaluated eutrophication potential, acidification potential, land use, and energy use [13]. However, there is still a gap in the knowledge regarding animal production and slaughtering systems in the Iberian Peninsula [14]. In addition, there is still little knowledge regarding organic systems.

The aim of this study was to compare a semi-intensive system (SIS) and an extensive organic system (EOS) of bovine cattle, combined with slaughterhouses with different energy systems, namely natural gas boiler (Mng) and pellets boiler (Mp), and located in the northeast of Portugal.

# 2. Life Cycle Assessment Applied: State of the Art

The application of the LCA tool makes possible to calculate the impact of the productive chain on the environment and expresses the results through different impact categories (e.g., energy resources, climate changes, and toxicological effects) [15]. LCA is a relatively recent, fast-growing method and has become a standard and cutting-edge tool for investigating the environmental performance of a wide range of human processes [16]. Due to its strict definition, LCA is one of the most accepted tools in the study and measurement of the environmental impacts associated with products and services [17].

The application of the LCA tool has several advantages [18]: allows identifying and comparing different types of impacts; allows to present a situation where the economy, technology, and environment are in the same level of priorities; allows public participation; allows analyzing environmental balances, quantifying environmental discharges (air, water and soil), assessing the human and ecological effects of consumption of products and services.

The LCA has been used for the environmental evaluation of milk production [19,20], pork [21,22], beef [23,24], and other agricultural products [25,26]. However, the LCA system has some limitations regarding its application. Often, in order to make the study feasible, it is necessary to simplify some aspects that can significantly affect the results [27]. The simplification of the aspects and the insufficient data collected sometimes leads to an underestimation of the impacts caused by the product/service process. To minimize these impacts in LCA studies, more databases have been created with a broad spectrum of information across different product/service sectors.

The application of the LCA methodology is carried out in four stages: (1) Definition of the objective and scope; (2) Inventory analysis; (3) Impact assessment, and (4) Interpretation of results. The definition of scope is the starting point of the LCA since it is at this stage that the necessary resources are defined to achieve the objectives of the study. Also at this stage, the system boundary and the scope are defined, identifying the fundamental processes of the productive system to be included, and establishing the level of detail of the study.

Life cycle inventory analysis is the second stage of a LCA. This step includes the collection of data and the quantification the inputs and outputs of a production system in order to achieve the proposed objectives of the study. The main data collected are energy, transport, raw materials, emissions to air, soil, and water, effluents, and wastes [28].

In the life cycle impact assessment phase, the impact category is selected and the potential environmental impacts are calculated for each category. In the livestock sector, the most recurrent categories of impacts are global warming, acidification, eutrophication and energy consumption [24,29,30]. In LCA, all relevant emissions and resources used throughout the life cycle of a product are aggregated and expressed per functional unit [31]. The characterization factors can be obtained through a methodology proposed by the CML 2001 model [32]. The CML 2001 is an impact assessment method that restricts the quantitative modeling at the initial stages in the cause-effect chain to limit uncertainties.

Finally, the interpretation phase of the life cycle methodology should provide conclusions, recommendations, and decision-making orientations, taking into account the initial objective and scope of the work.

#### 3. Materials and Methods

#### 3.1. General Systems Characteristics

The two systems analyzed in this study are located in the northeast of Portugal: a semi-intensive system (SIS) and an extensive organic system (EOS) (Figure 1). In the SIS, the birth of the animals takes place throughout the year and each calf is weaned at 7–9 months of age. The replacement rate is 12 to 15% per year and calf mortality between birth and weaning is 5%. In this system, the age of the first calving is between 24 and 27 months and the slaughter age is 7 to 9 months for calves. The diet for each category of animal is composed mainly of local hay and concentrated feeds. The waste products are retained in the housings, processed, and subsequently spread in the field. Rearing and finishing occur with the animals in free housing (Table 1).

In the EOS, cows spend their life in the pasture. Weaning occurs between 6 and 8 months of age depending on the month of birth and especially on pasture availability during the year. The replacement rate is 8 to 10% and calf mortality between birth and weaning is 2%. In EOS, the age of slaughter is between 6 and 8 months for calves. Animal feed is, including grazing and food produced on the farm itself, predominantly made up of straw and hay, in addition to the use of commercialized concentrated feed. As animals graze most of the time, manure is soon disposed in the pasture. Rearing and finishing occur partly with animals in feedlot and in free housing (Table 1).

Pastures for both SIS and EOS were considered as kept in a natural state, although with occasional fertilization with calcium superphosphate 18%, in the amount of 200 kg per ha with application once every 2–3 years. This operation lasts on average about 30–40 min per ha.

Slaughterhouses processes several types of animals, including cattle, goats, sheep, and pigs. However, this study aimed to perform a LCA of beef production only. The slaughterhouses studies with different energy systems were: slaughterhouse with natural gas boiler (Mng) and slaughterhouse with pellets boiler (Mp).

The slaughtering process for Mng takes 28 h of work per week, with approximately 500,000 kg of beef slaughtered per year, coming from approximately 2700 units of cattle entering the slaughter system. The boiler uses natural gas to produce hot water and so does the blood cooker.

On the other hand, Mp also has 28 h of work per week and slaughters approximately 800,000 kg of beef per year, coming from approximately 4000 units of cattle. The main fuel for the boiler is pellets. In addition, the slaughterhouse has a propane-fueled boiler, which is used only as backup in the absence of pellets.



Figure 1. Description of the system boundary of the life cycle assessment (LCA) for beef production.

 Table 1. Main characteristics of the production systems studied.

Information	SIS	EOS
Weaning	7–9 months	6–8 months
Replacement rate	12-15%	8-10%
Fertilization rate	100%	90%
Mortality of animals	5%	2%
Waste transportation	100 km	60 km
Number of cows	45	100
Number of heifers (6 to 24 months)	3	-
Number of bulls	1	2
Number of calves (8 months)	40	88

SIS, semi-intensive system; EOS, Extensive organic system.

## 3.2. System Boundary, Allocation, and Functional Unit

This study considered the production chain of cattle from feed production to the slaughterhouse, with the respective transport, energy production, fertilizer production, and incineration as a treatment for the generated meat residues (Figure 1).

Processes were chosen considering the availability of reliable data. This LCA aimed to represent at least 95% of the total mass, 90% of the total energy inputs [33] and all inputs of environmental relevance in the beef production chain. Some data was not considered including cleaning agents, tools used in the construction of stables and other works, animal vaccines, and transportation of the final consumer to the butcher shop.

Allocation consisted on the subdivision of process impact factors between the main products and by-products of the system. This analysis strategy is used when the system generates more than one product. Thus, the allocation applied to this study was based on the weight of the animals [34].

To provide a basic measure for the interpretation and comparison of results, the functional unit (FU) used was 1 kg of beef carcass leaving the slaughterhouse.

#### 3.3. Life Cycle Inventory Analysis

For the life cycle inventory analysis, the main inputs of the processes, defined as the resources used, and outputs to the environment (emissions) related to beef production were taken into consideration.

The inputs are based mainly on data collected from questionnaires applied to business owners, with additional data from experts in the different stages of the production stream. Some bibliographic references and databases from GaBi 6.0 software (Thinkstep, Leinfelden-Echterdingen, Germany) were also used. The primary data includes averages of data collected for two representative years (Table 2).

Air emissions data associated with burning fossil fuels were estimated based on emission factors from the literature [35]. Data on  $CH_4$  and  $N_2O$  emissions from animal waste and enteric fermentation were taken from IPCC [36]. Emissions from waste to water bodies receptors were calculated considering the maximum values established by the Portuguese Law [37].

Electrical energy consumption was considered throughout the entire process of beef production, from animal production to slaughter at the slaughterhouse. Data on the inputs and outputs of power energy were obtained from the database from the GaBi 6.0 software and the questionnaires were provided by the companies.

The GaBi 6.0 database was also applied to estimate inputs and outputs related to transportation between the livestock farm and the slaughterhouse (approximately 50 km), fertilizer production, and displacement of waste generated for incineration and slaughterhouse boiler. Impacts from these processes were estimated based on data from Portugal, the European Union, or both. Concentrated feed production was not considered in this study because of its low overall relevance to environmental impacts as reported in the study by Tichenor et al. [38].

## 3.4. Life Cycle Impact Assessment (LCIA)

There are several categories of environmental impact that can be related to meat production activities, however in the present study, environmental impact categories were restricted to global warming potential (GWP), acidification potential (AP), eutrophication potential (EP), and photochemical ozone creation potential (POCP). The life cycle impact assessment (LCIA) followed the methodology CML 2001, proposed by Guinée et al. [32] and updated for the year 2016 [39].

Stage	Sub-System	SIS	EOS
Animal feed	Input		
	Barley (kg)	0.010	0.100
	Calcium carbonate (kg)	0.020	0.012
	Calcium oxide (kg)	0.011	0.090
	Corn (kg)	0.040	0.249
	Dicalcium phosphate (kg)	0.002	0.001
	Fertilizer (kg)	0.031	0.067
	Land use (ha)	20	100
	Mineral salt (kg)	0.006	0.004
	Soy (kg)	0.050	0.031
	Sunflower meal (kg)	0.060	0.05
	Superphosphate (kg)	0.020	0.035
	Water (kg)	0.006	0.006
	Wheat (kg)	0.150	0.200
		Output	
	Animal feed (kg)	2.11	3.42
	$CH_4$ (air emissions) (kg)	$4.38 imes10^{-5}$	$4.60 imes10^{-6}$
	CO (air emissions) (kg)	$1.16 imes10^{-4}$	$6.23  imes 10^{-5}$
	$CO_2$ (air emissions) (kg)	0.78	0.40
	VOCs (air emissions) (kg)	$3.59  imes 10^{-5}$	$2.00  imes 10^{-5}$
	$NO_x$ (air emissions) (kg)	$6.72  imes 10^{-4}$	$1.61  imes 10^{-4}$
Animal production		Input	
	Animal feed (kg)	2.11	3.42
	Electricity (kWh)	$5.44 imes10^{-4}$	$2.37 imes10^{-4}$
	Water (kg)	0.01	0.024
	Young animal (kg)	0.51	0.60

Table 2. Inventory data from animal production processes expressed in kg per kg of functional unit (FU).

Stage	Sub-System	SIS	EOS
	Output		
	Animal for slaughter (kg)	1.80	1.80
	$CH_4$ (air emissions) (kg)	0.483	0.366
	VOCs (air emissions) (kg)	0.067	0.024
	$N_2O$ (air emissions) (kg)	0.03	0.021
	$NH_3$ (air emissions) (kg)	0.101	0.044
	Manure (kg)	0.026	0.010
	Nitrate (water emission) (kg)	0.267	0.184
	Phosphate (water emission) (kg)	0.081	0.078
	Wastewater (kg)	0.011	0.023
	Solid waste (kg)	$4.62  imes 10^{-3}$	$3.55  imes 10^{-3}$
Slaughterhouse		Mng	Мр
	Ι	nput	
	Animal for slaughter (kg)	1.80	1.80
	Electricity (kWh)	0.146	0.080
	Technical Energy (kWh)	0.252	0.217
	Water (kg)	$7.59 imes10^{-3}$	$4.29  imes 10^{-3}$
	0	utput	
	Air emissions	Gabi 6.0 softwa	re database [40]
	Beef (kg)	1	1
	BOD (water emissions) (kg)	0.004	0.005
	Nitrate (water emissions) (kg)	$6.07 imes10^{-4}$	$3.43 imes10^{-4}$
	Wastewater (kg)	$7.59  imes 10^{-3}$	$4.29 imes10^{-3}$
	Solid wastes (kg)	0.070	0.061

Table 2. Cont.

VOCs, volatile organic compounds; Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler; BOD, biochemical oxygen demand.

# 4. Results and Discussion

#### 4.1. Global Warming Potential (GWP)

Greenhouse gas (GHG) emissions from SIS and EOS are shown in Figure 2. The global results were 22.3 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for SIS and 16.4 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for EOS. Results for SIS regarding GWP are close to those estimated in studies such as Lupo et al. [41] with 23.0 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for the USA, Ruviaro et al. [42] with estimates of 23.4 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for beef production in Brazil, or Mogensen et al. [43] with 23.1 kg CO<sub>2</sub>-eq kg<sup>-1</sup> in Denmark and 25.4 kg CO<sub>2</sub>-eq kg<sup>-1</sup> in Sweden. Nguyen et al. [44] reported results between 16.0 and 27.3 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for the European Union. According to Leip et al. [45], the average GHG emissions from the production of ruminants in the European Union, including feed production, is approximately 20–23 kg CO<sub>2</sub>-eq kg of meat and the average is 22.2 kg CO<sub>2</sub>-eq kg<sup>-1</sup> to beef produce.



**Figure 2.** Greenhouse gas (GHG) emissions for the SIS and EOS systems of animal production, expressed in kg  $CO_2$ -eq kg<sup>-1</sup> of FU. Note: SIS, semi-intensive system; EOS, extensive organic system.

GHG emissions estimated for EOS are close to those presented by Casey and Holden [46], who obtained emissions 13.8 kg  $CO_2$ -eq kg<sup>-1</sup> when studying different animal production systems. In addition, the authors argue that different animal production may reduce GHG emissions, but this should not affect meat production, while trying to find the balance between production and environmental protection. Peters et al. [47], using Australian case studies, found 17.5 kg  $CO_2$ -eq kg<sup>-1</sup>, Williams et al. [48] found 18.2 kg  $CO_2$ -eq kg<sup>-1</sup> for the United Kingdom (UK), and Alig et al. [49] found 14.8 kg  $CO_2$ -eq kg<sup>-1</sup> for Switzerland; all of these studies reported similar results for GHG emissions in EOS. Organic animal production appears as a valuable alternative that can meet the need for promoting low environmental impact production. Studies carried out by Haas et al. [50] in Germany and by Wood et al. [51] in Australia concluded that a transition to organic production could be a viable way to reduce energy use and GHG emissions.

Figure 3 shows the main GHG emissions for SIS and EOS systems. CH<sub>4</sub> from the enteric fermentation process represents 60.5% and 62.8% of the total GHG emissions for SIS and EOS, respectively. However, when analysis is based on the absolute emission values, potentially higher CH<sub>4</sub> emissions are found in SIS (13.5 kg CO<sub>2</sub>-eq kg<sup>-1</sup>) when compared with those from EOS (10.3 kg CO<sub>2</sub>-eq kg<sup>-1</sup>). These results are consistent with research addressing enteric fermentation with a weight of 40–70% of the total GHG emissions [52]. Moreover, Salvador et al. [20] addressing the environmental impact of organic and conventional small-scale production in mountain areas estimated contributions from enteric CH<sub>4</sub> of 52.8% for EOS and 48.6% for SIS. Similar proportions were obtained in studies developed by Meier et al. [25] in which the EOS systems enteric CH<sub>4</sub> contribution to GHG emissions was 55% and 50% for SIS. These authors argued that such higher CH<sub>4</sub> emissions are a consequence of forage based diets used in the organic system.



**Figure 3.** Percentage contribution to GHG emission from the main processes involved in SIS and EOS. Note: SIS, semi-intensive system; EOS, extensive organic system.

Nitrous oxide (N<sub>2</sub>O) emitted from the manure handling accounted for 35.9% (SIS) and 34.7% (EOS) of the total emissions. These results are at the upper limit of the interval presented in Cerri et al. [53], which reported a contribution in N<sub>2</sub>O to the GHG between 19–33%. In this sense, the feed composition in the different varieties of exploitation can affect the flow of N<sub>2</sub>O emitted into the atmosphere. The protein content consumed by the cattle affects the digestion of nitrogen and the amount of nitrogen gaseous emission that are excreted [54].

Emissions from the use of fuel and electric energy, mostly  $CO_2$ , have low contributions, 3.5% in SIS and 2.5% in EOS. Wiedemann et al. [55], in a study to estimate GHG emissions in Australian beef cattle industry, found  $CO_2$  contributions to be in the range of 3–5% from fossil fuels and electrical energy used. It seems clear that direct and indirect  $CO_2$  emissions from fuel and electricity use represent a relatively small part of the carbon footprint in beef production chain [56]. Transport and treatment of meat waste by incineration also appear to have little relevance in this category of environmental impact [29].

Hyslop [57] carried out simulations for the UK context to evaluate strategies to reduce GHG emissions and concluded that short-term finishing systems, linked to higher production efficiency using feeding stuffs, could substantially reduce GHG. The development of management techniques for the productive systems and the increase in quality of the feeding of animals could reduce the enteric emissions of methane by up to 22% [58].

Furthermore, there may be substantial reductions in GHG emissions in animal production through genetic screening, forage selection and management, inhibition of methane, and animal care [59]. Another solution to reduce these GHG emission is to improve the production and intensification of pastures to reduce the fattening time before animal slaughter [60].

Figure 4 shows the direct and indirect GHG emissions from the slaughterhouse with natural gas boilers (Mng) and from the slaughterhouse with a pellet boiler (Mp). Emissions of GHG per functional unit were similar in both slaughterhouses and relatively low when compared to GHG emissions from farming 0.233 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for Mng and 0.285 kg CO<sub>2</sub>-eq kg<sup>-1</sup> for Mp (includes all emissions).



Carbon dioxide Methane Nitrous oxide

**Figure 4.** GHG emissions from slaughterhouses with natural gas boiler (Mng) and pellet boiler (Mp/Mp (neutral C)).

The use of pellets is commonly regarded an energy consumption that reduces GHG emission. Pellets used as biomass fuels are generally considered to be carbon-neutral due to the production of wood and the accumulation of  $CO_2$  for their growth [61–63].

Mogensen et al. [64] estimated GHG emissions throughout the beef production system, from food production to slaughter, with a global amount of 19 kg  $CO_2$ -eq kg<sup>-1</sup>, and only 0.2 kg  $CO_2$ -eq kg<sup>-1</sup> was inputted to processes taking place at the slaughterhouse.

Similarly, Desjardins et al. [65] reported that transport-associated GHG emissions for slaughter and slaughter operations were 0.18 kg  $CO_2$ -eq kg<sup>-1</sup>, or about 2% of GHG emissions from animal production. These results show that the environmental impact intensity related to GHG emissions in slaughterhouses is lower when compared to the animal production processes.

Therefore, the contributions and emissions to the GWP were lower than the Mng. For this study, total GHG emission values were reduced by 53% by neutralizing the output of carbon by the pellet boiler (from 0.285 kg CO<sub>2</sub>-eq kg<sup>-1</sup> to 0.134 kg CO<sub>2</sub>-eq kg<sup>-1</sup>).

Contributions by source of GHG emissions from the slaughter process can be observed in Figure 5. The use of inputs such as heat and electricity were the largest contributors (Mng with 75.0% and Mp with 77.5%), followed by the incineration of meat wastes (Mng with 20.5% and Mp with 16.6%) and of transport (4.5% for Mng and 5.9% for Mp). These results agree with those on the studies of Mogensen et al. [64] that analyzed different beef production systems, focusing on the slaughter phase.

Mp has a specific energy consumption lower than Mng. The amount of GHG emissions from the meat waste treatment process produced is also an indicator of the efficiency of the slaughter process, as it indirectly identifies the amount of waste that is destined for incineration. That means, that the lower the losses during the slaughter process, the greater the amount of meat available for commercialization.

Also relevant is the contribution of boiler emissions, in which Mp had higher GHG emission (58.0%) than Mng (34.9%) (Figure 5). Boiler combustion using natural gas as fuel provides a better energy yield, generates less waste emitted to the atmosphere, and, consequently, leads to an improvement in

air quality [66]. However, when the Mp (neutral C) is taken into account, the boiler decreases its contribution to 22% lower than the Mng.



**Figure 5.** Percentage contribution to GHG emissions of slaughtering from use of transport, incinerations, energy (electric and thermal). Note: Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler.

## 4.2. Acidification Potential (AP)

Table 3 indicates main results for the animal production systems under study for acidification potential (AP). SIS had 168.0 g SO<sub>2</sub>-eq kg<sup>-1</sup> for AP. In a study by Lupo et al. [41] using a model of LCA to estimate the environmental impacts associated with four different systems of North American beef production, an impact of 165 g SO<sub>2</sub>-eq kg<sup>-1</sup> was estimated for a semi-intensive system. In studies conducted by Nguyen et al. [44] in the EU, authors found AP values ranging from 101 to 210 g SO<sub>2</sub>-eq kg<sup>-1</sup>. In France, results for the AP were also close to those estimated in the present study, with a value of approximately 170 g SO<sub>2</sub>-eq kg<sup>-1</sup> [34].

Pollutant	SIS <sup>1</sup> (g SO <sub>2</sub> -eq kg <sup><math>-1</math></sup> )	EOS <sup>1</sup> (g SO <sub>2</sub> -eq kg <sup><math>-1</math></sup> )
Ammonia	167.00	70.40
nitrogen oxides	0.20	0.10
Sulfur dioxide	0.60	1.40
Others <sup>2</sup>	0.20	0.03
Total	168.00	71.90

**Table 3.** Acidification potential expressed in  $g \operatorname{SO}_2$ -eq kg<sup>-1</sup> for the SIS and EOS systems and individualized contribution of each pollutant.

<sup>1</sup> SIS, semi-intensive system; EOS, Extensive organic system; <sup>2</sup> Hydrogen chloride, phosphoric acid, hydrogen sulfide and nitric acid.

On the other hand, for EOS the estimated value of AP was 71.9 g SO<sub>2</sub>-eq kg<sup>-1</sup>, less than half the value found in the SIS system. The AP associated with beef production in organic or conventional systems with higher slaughter ages has additional impacts than in systems that obtain the ideal slaughter weight in less time [44,48]. There are several factors which justify these differences, including: (i) longer life to produce one kg of beef requires additional power and effort in soil maintenance and thus provides greater leaching of pollutants and gaseous emissions; (ii) higher production of manure per kg of beef in systems where the age of slaughter is highest increases the rate of nitrogen and ammonia losses. Williams et al. [48] compared ammonia losses for steers with slaughter ages from 22 to 24 months with steers from 18 to 20 months and found that in the first case the losses were higher. These results can also be explained by the different methods used in this study for modeling nitrogen and ammonia flows and emissions, since emissions of these constituents depends on the time of animal slaughter.

The difference in AP values may be related to the emissions of acidic pollutants from feed and higher emissions of ammonia (NH<sub>3</sub>) from manure [24]. The main acidifying pollutants of livestock are

NH<sub>3</sub> and SO<sub>2</sub> [67]. Acidifying pollutants affect soil, surface and groundwater, biological organisms, and other materials, causing fish mortality, forest decline, and erosion of buildings, among other effects [68].

The NH<sub>3</sub> emission factors related to the manure are higher for SIS system due to their storage in animal shelters, which is reflected in the higher AP in SIS compared to EOS. On the other hand, despite the higher contribution from cattle manure, the deposition of animal feces directly into the soil can result in a lower environmental impact (e.g., global warming, energy needs, land use, and eutrophication) than the application of synthetic fertilizers [69].

Agriculture, in particular livestock production, accounts for about 83.2% of ammonia emissions in the EU-28 [70]. Animal production was the major contributor to AP for both SIS and EOS (96.5% and 97.9%, respectively) (Table 4). These values are mainly a consequence of emissions from waste and the high amount of gases released by enteric fermentation [20]. Thus, NH<sub>3</sub> is one of the major contributors to AP in cattle production for slaughter (Table 3).

Main Contributions	SIS <sup>1</sup> (%)	EOS <sup>1</sup> (%)	
Animal production	96.50	97.90	
Feed production	3.10	0.11	
Fertilizer production	0.38	1.94	
Others <sup>2</sup>	0.02	0.05	

**Table 4.** Main contributions to the acidification potential (AP) of the animal production systems (SIS and EOS) in percentage.

<sup>1</sup> SIS, semi-intensive system; EOS, Extensive organic system; <sup>2</sup> Transportation, production of electricity and treatment of meat waste by incineration.

Feed and fertilizer production had low contributions to the AP indicator in relation to the total animal production, both for SIS and EOS (Table 4).

Concerning the slaughter stage, estimated AP values were 0.32 and 0.37 g SO<sub>2</sub>-eq kg<sup>-1</sup> for Mng and Mp slaughterhouses, respectively (Figure 6).



**Figure 6.** Acidification potential expressed in g SO<sub>2</sub>-eq kg<sup>-1</sup> for the Mng and Mp slaughterers, including the contribution of each pollutant. Note: Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler.

AP was 16% higher for Mp than for Mng. The main differences expressed in quantitative terms were found for nitrogen oxides, with 0.166 g SO<sub>2</sub>-eq kg<sup>-1</sup> for Mng and 0.198 g SO<sub>2</sub>-eq kg<sup>-1</sup> for Mp, and for hydrogen chloride with 0.01 g SO<sub>2</sub> -eq kg<sup>-1</sup> for Mng and 0.0185 g SO<sub>2</sub>-eq kg<sup>-1</sup> for Mp (Figure 6).

The pollutants with the greatest contribution to the AP, both for Mng and Mp, were nitrogen oxides ( $NO_x$ ) and sulfur dioxide ( $SO_2$ ). In Mng,  $NO_x$  and  $SO_2$  accounted for about 92.5% of total AP while in Mp, the weight of these same pollutants represented 91.5% (Figure 6). Emissions of nitrogen and sulfur oxides into the atmosphere can lead to the formation of nitric acid and sulfuric acid, respectively. The fate of many of these acids is its deposition in terrestrial and aquatic ecosystems, reducing the pH of soils and waters [71].

Differences in AP values for slaughterhouses may be related to the type of fuel used in the boiler and the efficiency of the use of electric energy. Figure 7 shows the main contributions to the AP from Mng and Mp slaughterers. It is estimated that the contribution of the electric energy to the AP was lower in the Mp (21.9%) than in the Mng (43.1%), as for the former slaughterhouse, there was a higher production of slaughtered meat with a lower consumption of electricity. Conversely, the situation reverses with regard to the consumption of thermal energy, which is higher in Mp (Mp = 41.0% and Mng = 23.0%).



**Figure 7.** Percentage contribution of the main processes involved in the slaughter of animals to the AP. Note: Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler.

The contribution of the incineration of the meat residues to the AP was 10.0% for Mng and 7.7% for Mp. The highest emissions estimated for Mng were attributed to the highest amount of meat waste generated in Mng compared to Mp.

## 4.3. Eutrophication Potential (EP)

The contribution of animal production to the eutrophication potential (EP) impact category represented more than 96% of the total environmental impact of EP for both SIS and for EOS (Table 5). Huerta et al. [10] agree that animal production is the largest contributor to the EP, yet these authors attributed this amount to emissions from animal waste handling. SIS had emissions related to EP 25% higher than those observed in EOS (Table 5). Many studies show that EP is mainly caused by NH<sub>3</sub> emission and by leaching of NO<sub>3</sub><sup>-</sup> and PO<sub>4</sub><sup>3-</sup> [9,30,44].

**Table 5.** Potential eutrophication expressed in g PO<sub>4</sub>-eq kg<sup>-1</sup> of FU, for animal production of SIS and EOS.

g PO <sub>4</sub> -eq kg <sup>-1</sup>	Feed Production	Animal Production	Transport	Electricity	Incineration	Total
SIS <sup>1</sup>	3.23	151	0.00009445	0.0000676	0.000411	154
EOS <sup>1</sup>	4.65	118	0.00004358	0.00000197	0.0000316	123

<sup>1</sup> SIS, semi-intensive system; EOS, Extensive organic system.

Pelletier et al. [72], in a LCA study for three bovine production systems, estimated EP values between 104 and 142 g  $PO_4^{-3}$ -eq kg<sup>-1</sup>. EP values estimated by Nguyen et al. [44] to conventional systems of beef production in the EU ranged between 87 and 159 g  $PO_4^{-3}$ -eq kg<sup>-1</sup>. Cederberg and Darelius [73], in a study of organic bovine production for slaughter, obtained values ranging from 116 to 146 g  $PO_4^{-3}$ -eq kg<sup>-1</sup>. These emissions are generated mainly from animal waste and from the use of nitrogen or phosphate fertilizers in pasture.

The leaching of nitrate (NO<sub>3</sub><sup>-</sup>) and phosphate (PO<sub>4</sub><sup>3-</sup>) depends mainly on climatic and soil conditions, and may differ widely among countries or even regions of the same country [74]. This partially explains the large variation observed in EP among animal production systems.

The losses of NO<sub>3</sub><sup>-</sup> and PO<sub>4</sub><sup>3-</sup> from manure, either directly deposited on pasture by animals or stored in feedlot, were the largest contribution to eutrophic emissions for both systems (SIS of 71.1% and EOS of 82.7%) (Figure 8). Gaseous emissions at farm level, mainly NH<sub>3</sub> and N<sub>2</sub>O, associated to the deposition of manure on pasture, contributed to 23.6% (SIS) and 12.6% (EOS). The use of fertilizers contributed to 5.3% (SIS) and 4.7% (EOS) for the total EP values.



Figure 8. Main contributors to EP in SIS and EOS. Note: SIS, semi-intensive system; EOS, Extensive organic system.

EP estimated for Mng and Mp slaughterhouses is shown in Figure 9. Regarding outputs, the flows that most influenced the EP were emissions to the aquatic environment, with 0.152 g  $PO_4^{-3}$ -eq kg<sup>-1</sup> for Mng and 0.149 g  $PO_4^{-3}$ -eq kg<sup>-1</sup> for Mp, coming mainly from the emissions of chemical oxygen demand (COD) and nitrate. Wastewater from slaughterhouses is considered as a potential pollutant because of its complex composition, with the presence of fats, proteins, and fibers from the slaughter process, as well as parts of the stomach and intestine of the animals [75].



□ COD ■ Oxides of nitrogen ■ Nitrate ■ Ammonia ■ Phosphate

**Figure 9.** EP associated to the Mng and Mp slaughterhouses, expressed in g  $PO_4^{-3}$ -eq kg<sup>-1</sup>. Note: Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler.

The analysis of Figure 10 shows that the largest contributions are related to the wastewater produced in the slaughterhouses for both Mng (74%) and Mp (70%).

The other relevant shares of emissions influencing EP are air emissions in the form of nitrogen oxides (Mng with 0.045 g  $PO_4^{-3}$ -eq kg<sup>-1</sup> and Mp with 0.053 g  $PO_4^{-3}$ -eq kg<sup>-1</sup>) and ammonia (Mng with 0.001 g  $PO_4^{-3}$ -eq kg<sup>-1</sup> and Mp with 0.002 g  $PO_4^{-3}$ -eq kg<sup>-1</sup>) (Figure 9). These gases come mainly from transportation, production of electricity, and emissions from boilers.

Differences in slaughterhouse contributions may be related to improved slaughter efficiency. The more the slaughter process can take advantage of meat material, avoiding wastes, the less substances are directed to wastewater and the lower the impact on the EP [76].



■ Wastewater ■ Boiler ■ Electricity ■ Transport ■ Incineration

**Figure 10.** Main contributions to the estimated EP for the Mng and Mp slaughterhouses. Note: Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler.

The percentage contribution of transports for Mng and Mp are, respectively, 10% and 13% (Figure 10). The values differ as a function of the distances traveled in both systems, so that the greater the distance between the slaughterhouse and the meat distribution center, the greater the contribution of this sector to the EP. The electric energy used for the beef slaughtering process had a contribution of 9% and 5% for Mng and Mp, respectively.

Finally, Mp pellet fuel boiler had a higher contribution (9%) to the EP than the natural gas boiler (4%) (Figure 10). The highest percentage of EP for boilers is mainly due to the presence of  $NO_x$ .  $NO_x$  emissions can cause health problems in addition to several environmental impacts such as photochemical pollution, acid rain, and eutrophication [77]. Thus, the boiler with natural gas supply had lower environmental impacts when compared to the EP for the slaughterhouse.

## 4.4. Photochemical Ozone Creation Potential (POCP)

Overall, the POCP was higher for SIS than for EOS. Volatile organic compounds (VOCs) are the air components that contributed the most to the POCP with 24.50 g  $C_2H_4$ -eq kg<sup>-1</sup> and 8.90 g  $C_2H_4$ -eq kg<sup>-1</sup>, followed by CH<sub>4</sub> with 2.90 and 2.20 g  $C_2H_4$ -eq kg<sup>-1</sup>, respectively for SIS and EOS (Table 6).

Pollutants (g C <sub>2</sub> H <sub>4</sub> -eq kg <sup>-1</sup> )	SIS <sup>1</sup>	EOS <sup>1</sup>
$CH_4$	2.9000	2.2000
CO	0.0035	0.0024
VOCs	24.5000	8.9000
NO <sub>x</sub>	0.0120	0.0074
SO <sub>2</sub>	0.0250	0.0540
Total	27.4000	11.2000

**Table 6.** Photochemical ozone creation potential (POCP) values, in g  $C_2H_4$ -eq kg<sup>-1</sup>, with the main pollutants for SIS and EOS.

<sup>1</sup> SIS, semi-intensive system; EOS, Extensive organic system.

The primary pollutants commonly found in urban environments are CO, CO<sub>2</sub> NO, SO<sub>2</sub>, and VOCs. Carbon compounds and nitrogen oxides are the precursors of tropospheric ozone through complex photochemical reactions [78]. Each compound has a contribution dependent on its concentration in the atmosphere, the relative proportion of precursors in the atmosphere and their reactivity [79].

In order to facilitate the comparison with POCP values reported in other studies, results estimated in this study by the CML 2001 model (g  $C_2H_4$ -eq kg<sup>-1</sup>) were converted to the ReCiPe model (kg VOCs-eq kg<sup>-1</sup>). As a consequence, the results of this study for total POCP emissions changed from 27.40 g  $C_2H_4$ -eq kg<sup>-1</sup> to  $6.99 \times 10^{-2}$  kg VOCs-eq kg<sup>-1</sup> in SIS and 11.20 g  $C_2H_4$ -eq kg<sup>-1</sup> to  $2.85 \times 10^{-2}$  kg VOCs-eq kg<sup>-1</sup> in EOS. Environmental impacts of combined milk and meat production in Norway were studied and the POCP values per kg of beef carcass were between  $8.88 \times 10^{-2}$  and  $9.45 \times 10^{-2}$  kg VOCs-eq kg<sup>-1</sup> [80]. For Zucaro et al. [12], the results for POCP in beef production were approximately  $3.40 \times 10^{-2}$  kg VOCs-eq kg<sup>-1</sup>.

Animal production was identified as the subsystem of the beef value chain with the highest POCP (Table 7), mainly due to emissions from waste and enteric fermentation which emit large amounts of gases influencing POCP [81]. Similar results were also obtained in study conducted in Portugal on cattle for milk production, in which the authors attributed emissions mainly to  $CH_4$  and enteric fermentation of animals [82]. Other processes associated to beef production had low relevance when compared to animal production.

Table 7. Main contributors to the POCP of the SIS and EOS systems.

Process	SIS <sup>1</sup> (%)	EOS <sup>1</sup> (%)
Animal production	99.700	99.300
Feed production	0.098	0.121
Fertilizer production	0.104	0.561
Others <sup>2</sup>	0.098	0.018

<sup>1</sup> SIS, semi-intensive system; EOS, Extensive organic system; <sup>2</sup> Includes the production of electricity, transport and treatment of meat waste by incineration.

Results regarding the impacts of slaughterhouses in POCP showed negative values in some activities of the beef slaughter process, especially in the boiler, electricity, and incineration of solid waste. These values can be explained by the higher emissions of NO which reacts with atmospheric ozone, reducing its formation and, consequently, causing a negative effect on POCP [83].

VOCs were the most relevant contributor to the POCP of the slaughterers, with 0.0153 g  $C_2H_4$ -eq kg<sup>-1</sup> for Mng and 0.020 g  $C_2H_4$ -eq kg<sup>-1</sup> for Mp. VOCs are known ingredients in the photochemical production of tropospheric ozone (O<sub>3</sub>) in the presence of nitrogen oxides (NO<sub>x</sub>) and sunlight [84].

The transport of meat waste from the slaughterhouse to the distribution center appears as the largest contributor to POCP (Figure 11). Generally, VOCs are emitted by vehicles through three ways [85]: (i) exhaust emission from the engine consisting of unburned fuel and the VOCs generated by fuel combustion during vehicle operation; (ii) evaporative emissions, from fuel vapor escaping from vehicles; and (iii) release of VOCs from vehicle equipment, including plastic panels, leather seats, rubber tires, etc.



**Figure 11.** Main contributions of the processes involved for the POCP estimated for the Mng and Mp slaughterhouses. Note: Mng, slaughterhouse with natural gas boiler; Mp, slaughterhouse with pellet boiler.

## 5. Conclusions

This study showed the main environmental impacts caused by the production of beef in Portugal. Results add to regional knowledge accuracy and enable benchmarking between products from multiple regions. Moreover, for beef production, regionalization of inventories and results is required to guarantee that the LCA framework meets the original characteristics of the study.

There are many difficulties in conducting LCA tool for food products. The ideal would be a comprehensive study including agricultural production, industrial processing, storage and distribution, packaging, consumption, and waste management. However, all these sets form a large and complex system. In addition, the LCA study involves many scientific disciplines and requires extensive multidisciplinary knowledge. Despite the limitations of LCA, this methodology is still a unique analysis to quantify environmental impacts caused by the products and services of human activities. In addition, with this tool it is possible to interpret the results and take an attitude to minimize the influence of the impacts on the environment.

Results show that the environmental impacts of SIS and EOS are different. SIS had greater environmental impacts for all categories analyzed when compared to EOS. Such difference is related to higher emissions of methane, nitrous oxides, ammonia, and phosphate derived mainly from enteric fermentation and manure management. The slaughter of animals, fertilizer production and treatment of solid waste presented little significance for the environmental impacts studied when compared with the contributions of animal production.

Regarding the slaughterhouses studied, Mng presented the largest contributions mainly to GWP and POCP. The main contributions were related with the use of energy (electric and thermal) and by-products transportation. Energy efficiency measures can be implemented to minimize all impacts, such as the use of renewable energy sources and the reuse of heat generated by boilers. The impacts generated by transport can also be minimized by reducing the distances between slaughter units and meat waste treatment units.

The EOS has lower environmental impacts than SIS, indicating that a transition to organic farming could be a viable way to reduce emissions to the environment. For SIS, a possible alternative to minimize environmental impacts may be achieved by increasing animal weight gain in a shorter time and improve animal production efficiency.

The comparison of environmental performance with the economic evaluation for production systems and slaughter systems should be considered in future work using decision support models that allow integration and optimization between environmental and economic variables. Furthermore, future studies on the use of alternative sources in feed production and the application of the mitigating measures should be performed to corroborate the environmental benefits of the same.

**Author Contributions:** Conceptualization and methodology: P.H.P., A.G., and M.F.; Data collection: F.S. and M.F.; Data validation: F.S. and M.F.; Writing—Original draft preparation: P.H.P.; Writing—Review: A.G., T.D.B., and M.F.; Supervision: M.F.

**Funding:** This research was supported by the project ECODEEP (Eco-efficiency and Eco-management in the Agro Industrial sector, FCOMP-05-0128-FEDER-018643) and the Foundation for Science and Technology (FCT, Portugal) and FEDER under Programme PT2020 for financial support to CIMO (UID/AGR/00690/2013).

**Acknowledgments:** The authors also like to thank the farmers and companies for their cooperative attitude and for having provided relevant data for this research.

Conflicts of Interest: The authors declare no conflict of interest.

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