



Article

# Nanocantilevers with Adjustable Static Deflection and Significantly Tunable Spectrum Resonant Frequencies for Applications in Nanomechanical Mass Sensors

Ivo Stachiv <sup>1,2,\*</sup> and Petr Sittner <sup>2</sup><sup>1</sup> School of Sciences, Harbin Institute of Technology—Shenzhen Graduate School, Shenzhen 551800, China<sup>2</sup> Institute of Physics, Czech Academy of Sciences, 18221 Prague, Czech Republic; sittner@fzu.cz

\* Correspondence: stachiv@fzu.cz; Tel.: +420-586532427

Received: 19 December 2017; Accepted: 14 February 2018; Published: 17 February 2018

**Abstract:** Nanocantilevers have become key components of nanomechanical sensors that exploit changes in their resonant frequencies or static deflection in response to the environment. It is necessary that they can operate at a given, but adjustable, resonant frequency and/or static deflection ranges. Here we propose a new class of nanocantilevers with a significantly tunable spectrum of the resonant frequencies and changeable static deflection utilizing the unique properties of a phase-transforming NiTi film sputtered on the usual nanotechnology cantilever materials. The reversible frequency tuning and the adjustable static deflection are obtained by intentionally changing the Young's modulus and the interlayer stress of the NiTi film during its phase transformation, while the usual cantilever elastic materials guarantee a high frequency actuation (up to tens of MHz). By incorporating the NiTi phase transformation characteristic into the classical continuum mechanics theory we present theoretical models that account for the nanocantilever frequency shift and variation in static deflection caused by a phase transformation of NiTi film. Due to the practical importance in nanomechanical sensors, we carry out a complete theoretical analysis and evaluate the impact of NiTi film on the cantilever Young's modulus, static deflection, and the resonant frequencies. Moreover, the importance of proposed NiTi nanocantilever is illustrated on the nanomechanical based mass sensors. Our findings will be of value in the development of advanced nanotechnology sensors with intentionally-changeable physical and mechanical properties.

**Keywords:** NiTi film; shape memory alloy; phase transformation; nanocantilever; resonant frequency; static deflection; mass sensors; nanoresonator

## 1. Introduction

Nanocantilevers have emerged as the fundamental components of micro(nano)-electromechanical systems (MEMS/NEMS), such as nanomechanical-based mass sensors [1–5]. It is the unprecedented physical and mechanical properties of materials in micro-(nano) dimensions that enable for the extraordinary high sensitivity and frequency stability. There are two different sensing principles of nanocantilever-based sensors. First, one utilizes the measurement of changes in a cantilever static deflection, i.e., the so-called “static mode” [6], whereas the second one enables evaluating the measured quantities from changes in the sensor frequency response, i.e., “dynamic mode” [7]. To determine the measured quantities, it is required that cantilever operates at given ranges of static deflection and resonant frequencies. Furthermore, for the dynamic mode, the cantilever must also exhibit a linear response to external stimuli [8–10] and, consequently, its sensitivity is then determined by the resonant frequencies [11].

In order to design these mechanical devices so that they can reach the required sensitivity and/or to keep the desired operating conditions during its lifetime, it is often necessary to compensate for changes in either the cantilever static deflection or the resonant frequencies that are caused by the fabrication tolerances and the unwilling environmental effects such as humidity and pressure [12]. For dynamic mode several methods capable of correcting the cantilever resonant frequencies have been proposed [12–14]. However, if we exclude the nanocantilevers made of extraordinary materials, like graphene or carbon nanotubes, then the common active resonant frequency tuning methods, such as piezoelectric or electrostatic ones allow usually only for a weak correction of the fundamental (first) resonant frequency, i.e., hundreds of Hz [9]. This is due to the fact that both of these methods mainly generate a relatively small in-plane stress on the cantilever surface, which causes only weak changes in the cantilever effective stiffness near its clamped end [15]. The impact of the mechanical stress on the resonant frequency strongly decreases with an increase of the vibrational mode [16,17]. Therefore, within a linear dynamic range, these two methods do not enable tuning of the resonant frequencies of higher vibrational modes. We must emphasize here that, in general, created in-plane stresses on the cantilever surface can also be large. For instance, the power intensity changes of the laser light used for probing the mechanical state of the cantilever resonator generates the in-plane surface stresses due to heating, which can result in large non-linear shifts of the cantilever resonant frequencies [18].

A low tunability of the nanocantilever resonant frequencies within the linear dynamic range limits their widespread use in high frequency operating linear sensors. Moreover, many other nanotechnology applications such as RF filters, power generators or amplifiers would benefit from cantilevers with significantly tunable spectrum of the resonant frequencies [19].

Nitinol (NiTi) is a metallic alloy that exhibits the unique functional properties like the shape memory effect and the superelasticity [20,21]. These properties are the result of a reversible diffusionless martensitic transformation driven by temperature and/or stress. The variation of both temperature and stress is involved in the shape memory effect, while the superelasticity involves only a stress-driven transformation [22–24]. The superelasticity is by far the most useful property, mainly in medical applications like stents [25]. There exist one-/two-way memory effects. The one-way shape memory effect represents a heating-induced reversal of shape of a deformed NiTi component in the absence of stress. The two-way memory effect the NiTi involves the memory of both low- and high-temperature shapes. The two-way memory effect is not an intrinsic property, but requires so-called “training” and, as such, the low-temperature strain in NiTi can easily become unstable [26]. The superelastic property of NiTi consists of the reversibility of a large deformation upon loading-unloading at constant temperature, i.e., up to ~5% for micro-/nanopillars and thin films [27]. It shall be pointed out that this large reversible deformation is a result of the reversible motion of phase interfaces during the phase transformation allowing the NiTi to return to the original shape after removal of the applied strain. The superelasticity can, thus, be exploited to generate the large flexural deflection of the NiTi cantilever vibrating at a constant temperature [21].

NiTi thin films have been conventionally used for microactuation in MEMS due to the high energy density involved [28]. Since the current NiTi actuators are set into motion by the martensitic transformation activated periodically by heating and cooling, the achievable actuating speed is low, just a few Hz, since thermal actuation also requires slow, natural cooling, which limits the achievable actuation frequencies [29,30]. As such, the majority of studies carried out so far on NiTi thin films focused on the variation of the NiTi film’s mechanical and physical properties with the slowly varying temperature and stress [31–33]. When temperature and stress varies quickly (>10 Hz), additional problems with the periodically-generated/absorbed latent heat and dissipated heat accumulation appear [34]. The heat exchange between the nanocantilever and environment affects the potential use of NiTi thin films in tunable high-frequency nanoresonators, such as ultrasensitive physical and chemical sensors or RF filters. However, as the displacement amplitudes in vibrating nanoresonators tend to be small, and heat exchange is fast, there is a good chance that the impact of the heat effect is

not that critical, as in the case of bulky NiTi elements. To date, no systematic study on NiTi thin films for nanomechanical-based actuators and sensors have yet been performed.

In response to this challenge, we carried out the systematic theoretical investigations of nanocantilevers that take advantage of both the commonly-used nanotechnology elastic substrate materials, such as Si, SiO<sub>2</sub>, or Si<sub>3</sub>N<sub>4</sub> (silicon nitride), and the NiTi alloys in a thin film form. A dedicated theoretical model that accounts for the variable elasticity of sputtered NiTi film and the interlayer internal stress between the film and the elastic substrate has been put forward. Then, based on the results, the impact of a phase-transforming NiTi film on the achievable changes in the cantilever effective Young's modulus, static deflection, and the resonant frequencies is determined. The elastic substrate guarantees not only the high-frequency actuation (up to tens of MHz) but, due to a variation in the interlayer stress during a phase transformation of NiTi, it can also withstand non-negligible changes in static deflection [35]. The variable Young's modulus of the NiTi film results in changes in the cantilever effective modulus and, correspondingly, in contrast to piezoelectric or electrostatic methods, it provides the extraordinarily high tunability of the multiple consecutive resonant frequencies of the designed nanocantilever. In addition to the unprecedented high frequency tunability, the NiTi nanocantilevers can be potentially used as sensors for multiple mass determinations, and for adsorbate molecule mass and stiffness measurements, as will be shown below. These examples will be of practical value to users of real-time nanomechanical-based mass sensors. Present theoretical models and analysis can also serve as a simple guide for further design of the nanomechanical sensors and actuators with changeable physical properties and tunable spectra of the resonant frequencies utilizing shape memory alloy (SMA) elements and films.

For the reader's convenience, this paper begins with a brief introduction to NiTi film properties and NiTi nanocantilever preparation. In the second part of the paper a dedicated theoretical model accounting for a phase-transforming NiTi film is presented. In the third part of the paper, the role of a phase-transforming NiTi film on the effective Young's modulus, static deflection and resonant frequencies of the designed NiTi nanocantilever is evaluated and, in the last part of the paper, examples of NiTi nanocantilevers for use as real-time mass sensors are given.

## 2. NiTi Film Preparation Methods and Properties

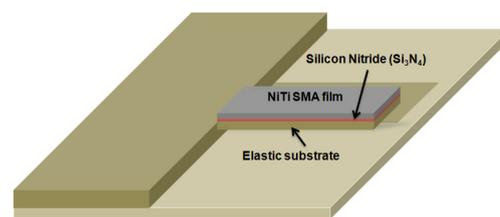
The NiTi films are prepared either by the vacuum magnetron sputtering method [23] or the bias target beam deposition method [36]. A uniform surface oxide layer independent of film thickness is naturally created on the free surface of a sputtered NiTi film. With a decrease of the film thickness, microstructure of the film changes and the oxide layer starts to affect its mechanical properties. Consequently, at film thicknesses of about 100 nm, the transformation behavior of NiTi starts to deviate from that known for bulk NiTi [27,32]. To prevent interdiffusion between the substrate and NiTi film, a thin interlayer made of Si<sub>3</sub>N<sub>4</sub> must be deposited on the substrate prior sputtering the NiTi film. Furthermore, NiTi films sputtered at relatively low temperatures are amorphous. In order to obtain phase-transforming crystalline films, they have to be crystallized by suitable heat treatment [23,27]. This is done by heating the cantilever with sputtered NiTi film to a temperature of about 500 °C for several minutes. Alternatively, the NiTi films can be also produced by sputtering at high temperatures [37]. The thermal coefficient expansion (CTE) of NiTi is essentially higher than that of the commonly-used nanocantilever substrate materials; therefore, once the cantilever is cooled to room temperature a tensile stress is typically generated in the NiTi film upon cooling. This stress can be partially relaxed either if the NiTi starts to transform martensitically or the designed NiTi cantilever starts to bend upon cooling. The tensile stress in the NiTi film is balanced by the compressive stress in the substrate. Importantly, this internal stress in the cantilever can lead to a sharp decrease of the linear dynamic regime or to the non-linear vibration [8,38]. The low temperature sputtering followed by a heat treatment would be, therefore, the preferable route for most nanotechnology applications.

The density of the NiTi film is approximately 6.45 g/cm<sup>3</sup> and does not change with temperature. However, the Young's modulus of NiTi depends strongly on temperature. At low temperatures, NiTi

film is in the martensite phase and the modulus ranges from 25 GPa to 40 GPa. Then, upon heating, the martensite starts transforming to an austenite phase and, correspondingly, the Young's modulus increases. When martensite is fully transformed to the austenite, the Young's modulus of NiTi reaches 60 GPa to 83 GPa. The martensitic transformation in 200-nm thick NiTi film sputtered on 200 nm thick  $\text{Si}_3\text{N}_4$  substrate has been also observed just above room temperature, i.e., from 25 °C to 35 °C [32].

### 3. Theory

In this section, we present, based on the continuum mechanics theory and transformation characteristics of NiTi SMA, general theoretical models that enable accurate predictions of the static and dynamic deflections of a nanocantilever with a sputtered phase-transforming NiTi film. A schematic of the NiTi nanocantilever considered in this work is given in Figure 1. Despite the fact that the analysis is primarily carried out for NiTi films sputtered on Si,  $\text{SiO}_2$ , or  $\text{Si}_3\text{N}_4$  nanocantilevers, the obtained results are general and, hence, they are also valid for any other common nanotechnology used nanocantilever elastic materials. Densities and Young's moduli of Si,  $\text{SiO}_2$ , and  $\text{Si}_3\text{N}_4$  considered in the present work are 2.33, 2.2, and 3.2 g/cm<sup>3</sup>, and 169, 69, and 310 GPa, respectively.



**Figure 1.** A schematic layout of NiTi/elastic substrate composite nanocantilever.

If temperature varies through the transformation range, the Young's modulus of the NiTi film, as well as the interlayer stress between the film and substrate exhibits hysteresis, i.e., it is important to distinguish whether the current temperature was reached by cooling or heating [35]. This hysteresis, originating from the martensitic phase transformation, depends on the chemical composition, deposition, and annealing temperatures, etc. [20]. It shall be pointed out that the hysteresis width corresponding to cubic to monoclinic martensitic transformation is about 30–40 °C for common NiTi alloys. Fortunately, in the case of the NiTi thin film deposited on the elastic substrate, including the present case, the transformation range is extended and the physical properties vary with temperature with a small “effective” hysteresis of only a few degree Celsius [39]. This is the consequence of the constraint on film deformation/transformation exerted from the elastic constraint. In addition, the linear part of temperature dependency of the internal stress and Young's modulus can differ for cooling and heating. In order to account for this in the present models, it is necessary to find dependencies of the Young's modulus and interlayer stress on temperature for both parts of hysteresis experimentally. These measurements can be done, for instance, by the resonant methods [40] or nanoindentation [41]. In comparison to known piezoelectric or electrostatic tuning methods, where the in-plane stresses are generated mainly in a near vicinity of the cantilever clamped end [9], the interlayer internal stress originated from a phase transformation of NiTi film does create in-plane stresses over the entire cantilever length resulting in the static deflection and the axial loading  $F_\sigma \approx \sigma W T_2$ , where  $W$  is the cantilever width,  $T_2$  is the NiTi film thickness, and  $\sigma$  is the temperature-dependent average interlayer internal stress [42]. For ultrathin films deposited on a relatively thick elastic substrate  $T_2 \rightarrow 0$  and  $F_\sigma \rightarrow 0$ , and, as expected, the surface stress dominates the cantilever response and the modified Stoney's equation can be used to predict the cantilever deflection [43]. Nevertheless this equation does not account for the variable elasticity of the sputtered NiTi film; therefore, it cannot be, in principle, used to predict the static deflection of nanocantilever with the NiTi film of an arbitrary thickness. The required general dependency of cantilever deflection on the interlayer stress and the variable elasticity of NiTi film for various film thicknesses can be derived from a three-dimensional model

by following the approach given in [44]. Shortly, at first a position of the neutral axis is determined. Then, a relationship between the normal stress and a curvature of considered two layered plate can be obtained, and after some simplifications and assumptions, e.g., stress in the film is isotropic and homogeneous, the desired expression-related bending of the cantilever with stress can be found. Now, omitting cumbersome calculations, the general relationship among stress, film elasticity, and the cantilever static deflection can be written as:

$$z = \frac{3(1 - \nu_1)(1 - \nu_2)(1 + \eta)\eta L^2}{[(1 - \nu_2) + (1 - \nu_1)\zeta\eta^3]E_1 T_1} \sigma, \quad (1)$$

where  $z$  is the temperature dependent “effective” cantilever deflection,  $L$  is the length of cantilever,  $E$  is the Young’s modulus,  $T$  is the thickness,  $\eta = T_2/T_1$  is the thickness ratio,  $\zeta = E_2/E_1$  is the modulus ratio,  $\nu$  is the Poisson’s ratio, and subscripts 1 and 2 stand for the elastic substrate and NiTi film, respectively.

For the vibrational amplitude that is much smaller than any of the cantilever length scale, the governing equation for the elastic deformation of the multilayered cantilever beam performing the flexural oscillations takes the following general form [45]:

$$A_1 \frac{\partial^2 u(x, t)}{\partial t^2} + \left( A_2 - \frac{A_3^2}{A_4} \right) \frac{\partial^4 u(x, t)}{\partial x^4} \pm F_T \frac{\partial^2 u(x, t)}{\partial x^2} = F_{\text{ext}}(x, t). \quad (2)$$

Here  $A_1 = \sum_{i=1}^N \rho_i S_i$ ,  $A_2 = \sum_{i=1}^N E_i \int_{\Gamma_i} u^{*2} dS$ ,  $A_3 = \sum_{i=1}^N E_i \int_{\Gamma_i} u^* dS$ , and  $A_4 = \sum_{i=1}^N E_i S_i$ ,  $u(x, t)$  are the dynamic deflection functions of the multilayered cantilever beam,  $x$  is the spatial coordinate along the length of the beam,  $t$  is the time,  $N$  is the number of the beam material layers,  $S$  is the cross-sectional area of the beam,  $\rho_i$  and  $E_i$  are the volumetric mass density and the Young’s modulus of the  $i$ -th material layer,  $u^*$  is the local coordinate in the lateral direction,  $\Gamma_i$  is the  $i$ -th region of the beam cross-section,  $\pm F_T$  stands for the resulting compressive/tensile axial load caused by the multiple physical and material effects, such as the residual stress, the CTE difference between each of the deposited material layer and, in our case, it also includes stresses originating from sputtering and a phase transformation of NiTi film, and  $F_{\text{ext}}(x, t)$  is the external force per unit length, including driving and dissipative forces [46].

For nanocantilevers made of an elastic substrate and the sputtered phase-transforming NiTi film (see Figure 1)  $N = 2$ ,  $F_T \approx F_\sigma$  is the tensile interlayer internal stress from NiTi [35,42],  $A_1 = W[\rho_1 T_1 + \rho_2 T_2 H]$ ,  $A_2 = (W/12)[E_1 T_1^3 + (3E_1 T_1 T_2^2 + 3E_2 T_1^2 T_2 + E_2 T_2^3)]$ ,  $A_3 = (W/2)T_1 T_2 (E_2 - E_1)$  and  $A_4 = W[E_1 T_1 + E_2 T_2 H]$ . It shall be pointed out that, for Si and SiO<sub>2</sub> substrates, the interlayer film made of Si<sub>3</sub>N<sub>4</sub> can be neglected since its thickness is essentially smaller than the thicknesses of the silicon and NiTi layers. The boundary conditions are the usual clamped-free end conditions with accounting for axial load:

$$u(x, t)|_{x=0} = 0, \frac{\partial u(x, t)}{\partial x}|_{x=0} = 0, \frac{\partial^2 u(x, t)}{\partial x^2}|_{x=L} = 0, \left( A_2 - \frac{A_3^2}{A_4} \right) \frac{\partial^2 u(x, t)}{\partial x^2}|_{x=L} - F_\sigma \frac{\partial u(x, t)}{\partial x}|_{x=L} = 0. \quad (3)$$

Solving Equation (2) with due account for the boundary conditions given by Equation (3) and  $F_{\text{ext}}(x, t) = 0$  yields the desired spectrum of the resonant frequencies:

$$f = \frac{\gamma_n^2}{2\pi L^2} \sqrt{\frac{E_1 T_1^2 r(\zeta, \eta)}{12\rho_1(1 + \mu\eta)}}. \quad (4)$$

Here,  $r(\zeta, \eta) = [\zeta^2 \eta^4 + 4\zeta\eta(1 + 1.5\eta + \eta^2) + 1]/(1 + \zeta\eta)$   $\mu = \rho_2/\rho_1$  and  $\gamma_n^2$  are the dimensionless resonant frequencies obtained as the positive roots of:

$$\left( 1 + \frac{b^4}{2q_1^2 q_2^2} \right) \cosh q_1 \cos q_2 + 1 + \frac{b^2}{2q_1 q_2} \sinh q_1 \sin q_2 = 0, \quad (5)$$

where  $q_{1,2} = \sqrt{\pm \frac{b^2}{2} + \sqrt{\frac{b^4}{4} + \gamma^4}}$  and  $b \approx (L/T_1)\sqrt{12\sigma\eta/(E_1r(\xi, \eta))}$  is the stress induced “tension parameter”, which accounts for the temperature-dependent average interlayer internal stress variation caused by the sputtered phase-transforming NiTi film.

#### 4. Results and Discussion

##### 4.1. Impact of Phase-Transforming NiTi Film on the Cantilever Effective Young’s Modulus and Static Deflection

In this section, we use the above theory to examine the impact of phase-transforming NiTi film on the effective Young’s modulus and static deflection of the NiTi nanocantilever. To begin, we note that the term  $(A_2 - (A_3^2/A_4))$  in Equation (2) stands for the flexural rigidity of the multilayered cantilever that, for a two layered nanocantilever, i.e., NiTi film sputtered on elastic substrate, yields:

$$D_F = (1/12)WT_1^3E_1r(\xi, \eta). \quad (6)$$

The flexural rigidity of any rectangular beam is given as  $(1/12) WT^3E$  [47], thus, the effective Young’s modulus of the cantilever with accounting for variable elasticity of a phase-transforming NiTi film cannot be directly retrieved from Equation (6). However, by introducing the following dimensionless thickness parameters  $h_1 = T_1/T_T$ ,  $h_2 = T_2/T_T$  and  $T_T = T_1 + T_2$  Equation (6) can be rewritten in the following way:

$$D_F = (1/12)WT_T^3E_1r(\xi, \eta)/T_1^3. \quad (7)$$

Now, as it is evident from structure of Equation (7), the term  $(1/12)WT_T^3$  is nothing other than the moment of inertia of the nanocantilever and, consequently, the term  $E_1r(\xi, \eta)/T_1^3$  can be viewed as the effective Young’s modulus of the nanocantilever with sputtered phase-transforming NiTi film, which can be expressed as:

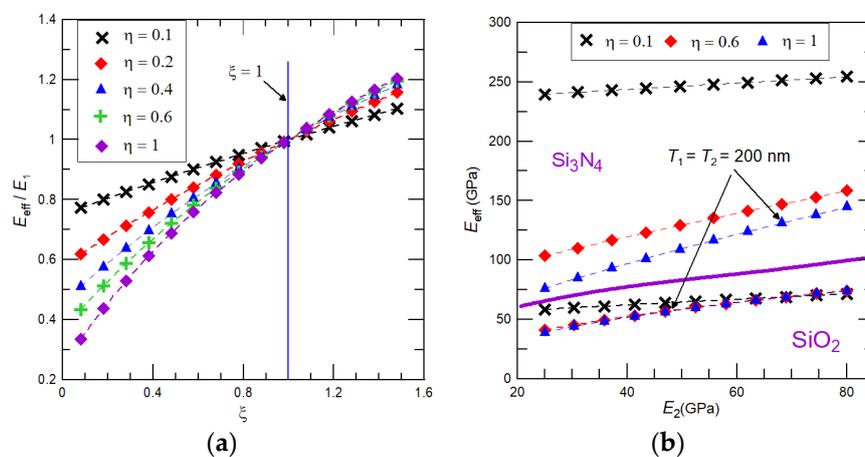
$$E_{\text{eff}} = \frac{E_1^2h_1^4 + E_2^2h_2^4 + 4E_1E_2h_1^3h_2 + 6E_1E_2h_1^2h_2^2 + 4E_1E_2h_1h_2^3}{E_1h_1 + E_2h_2}. \quad (8)$$

The variable elasticity of sputtered NiTi film related to its martensitic transformation yields changes in the cantilever effective Young’s modulus, which exact value depends on the substrate and film thicknesses and corresponding moduli. It shall be pointed out that the martensitic transformation of NiTi film does not change the Young’s modulus of the cantilever elastic substrate. Hence, it is useful for a further analysis of the one to consider variations in the cantilever effective Young’s modulus as its ratio to a known substrate Young’s modulus:

$$E_{\text{eff}}/E_1 = \frac{1 + \xi^2\eta^4 + 4\xi\eta(1 + 1.5\eta + \eta^2)}{(1 + \xi\eta)(1 + \eta^3)}. \quad (9)$$

The relative changes in cantilever Young’s modulus depends on the combination of temperature-dependent dimensionless modulus parameter  $\xi$  and the film to substrate thickness ratio represented by  $\eta$ . Equation (9) discloses that the modulus variation depends strongly on film thickness (as  $\eta^4$ ) and less significantly on the modulus ratio (as  $\xi^2$ ). Hence, it can be expected that, for ultrathin films, the impact of the NiTi phase transformation on the cantilever effective Young’s modulus is negligibly small. Indeed, results presented in Figure 2a reveal that, for  $\eta \leq 0.2$ ,  $E_{\text{eff}}$  depends linearly on the dimensionless modulus ratio  $\xi$ . As such, the variation of cantilever effective modulus can be considered to be almost independent on the martensitic transformation in NiTi film. Nevertheless, with a further increase of film thickness, the impact of NiTi phase transformation starts to notably affect the effective Young’s modulus. For  $0.2 < \eta < 0.5$  the quadratic dependency and for

$0.5 \leq \eta$  the cubic dependency of the cantilever effective Young's modulus are found. It is important to note that with an increase of substrate stiffness changes in the dimensionless modulus parameter  $\xi$  decreases and, consequently, for a given thickness ratio  $\eta$ , the dependency of  $E_{\text{eff}}$  on NiTi film during its phase transformation is almost linear, but cannot be neglected. For illustration, dependencies of the cantilever effective Young's modulus as a function of the variable NiTi film modulus for two different substrate materials  $\text{SiO}_2$  and  $\text{Si}_3\text{N}_4$ , and three different film-to-substrate thickness ratios 0.1, 0.6, and 1 are shown in Figure 2b. As expected for  $\text{Si}_3\text{N}_4$ , almost linear dependency of  $E_{\text{eff}}$  on the NiTi film modulus is observed for all considered values of  $\eta$ , while, for  $\text{SiO}_2$ , the linear dependency is realized only for  $\eta = 0.1$ ; for the  $\text{SiO}_2$  substrate and  $\eta = 0.6$  and 1, the cubic dependency is found. Figure 2b also reveals that, for a given film thickness, essentially larger variation of the cantilever effective Young's modulus can be reached by sputtering NiTi film on stiff substrate materials, like  $\text{Si}_3\text{N}_4$ . For  $\eta = 1$ , e.g., a cantilever of  $T_1 = T_2 = 200$  nm, the achievable changes in the cantilever effective Young's modulus due to a phase transformation of the NiTi film are, for  $\text{Si}_3\text{N}_4$  and  $\text{SiO}_2$  substrates, 70 GPa and 40 GPa.



**Figure 2.** (a) Variation of the relative effective Young's modulus of the cantilever, i.e.,  $E_{\text{eff}}/E_s$ , as a function of the temperature-dependent NiTi film Young's modulus represented through the dimensionless modulus ratio  $\xi$  for different thickness ratios  $\eta$ ; and (b) the cantilever effective Young's modulus as a function of the NiTi thin film modulus for two different substrate materials,  $\text{SiO}_2$  and  $\text{Si}_3\text{N}_4$ .

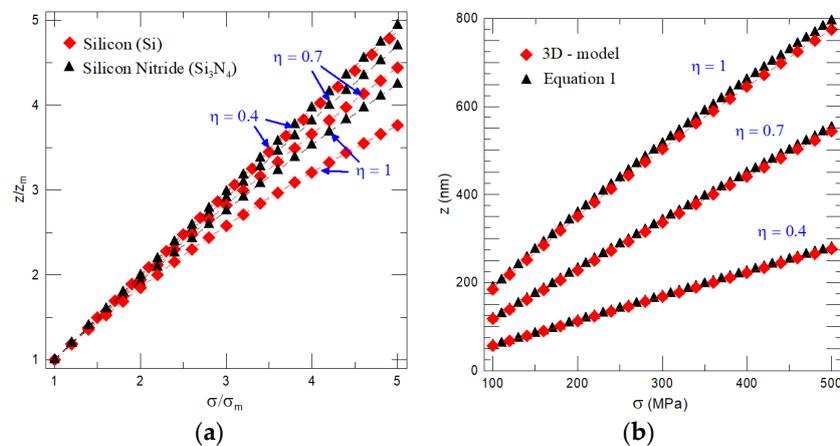
Heating of the NiTi film is essentially faster than cooling [20,21], therefore, to set up the desired operating conditions by heating would be preferable for the majority of the nanotechnology applications. As such, we use the martensite phase in the NiTi film as the NiTi cantilever initial state. Then, the relative change in the cantilever deflection, accounting for variations in the interlayer stress and elasticity during a phase transformation of NiTi film from martensite to austenite, obtained from Equation (1) reads:

$$z/z_m = \frac{(1 - \nu_2) + (1 - \nu_1)\xi_m\eta^3}{(1 - \nu_2) + (1 - \nu_1)\xi\eta^3} \frac{\sigma}{\sigma_m}, \quad (10)$$

where subscript m stands for the NiTi film in the martensite phase.

As can be seen from Equation (10), the cantilever deflection depends linearly on the interlayer stress and it is inversely proportional to the combination of NiTi film thickness and Young's modulus as  $(\xi\eta^3)^{-1}$ . Consequently, it can be easily concluded that for thin films, i.e.,  $\eta \ll 1$ , changes in the static deflection of cantilever depend only on variation in the interlayer stress, i.e.,  $\xi\eta^3 \rightarrow 0$ . Dedicated calculations presented in Figure 3a demonstrate that the assumption of "thin NiTi film" holds for a cantilever with  $\eta \leq 0.4$ , whereas, for a cantilever with a thickness ratio  $\eta > 0.4$ , the variation in the NiTi Young's modulus comes into play and results in a weak, but not negligible, decrease of the cantilever's

deflection. The achievable static deflection calculated by Equation (1) and the three-dimensional model (3D model) for the cantilever made of silicon nitride substrate of length  $6 \mu\text{m}$ , thickness  $250 \text{ nm}$ , and width of  $900 \text{ nm}$  with sputtered NiTi film of three different thicknesses is given in Figure 3b. As expected, for  $\eta = 0.4$ , cantilever deflection depends only on the variation in the interlayer stress and with a further increase of NiTi film thickness,  $\eta = 0.7$  and  $1$ , the weak non-linear decrease of the achievable static deflection is observed. For given cantilever properties and dimensions, Equation (1) yields the upper limit of static deflection, i.e., deflection predicted by theory (Equation (1)), is higher than the one obtained by a 3D model. The discrepancy between theory and the 3D model is due to a “plate approximation” used to derive Equation (1) [47] and, as it can be expected, it decreases with a decrease of film thickness represented by a thickness ratio  $\eta$  (see Figure 3b). Note that theoretical predictions given in Figure 3a,b also agree qualitatively with experiments obtained by a curvature measurement method for NiTi thin films [48] and, correspondingly, it allows us to confirm the validity of the derived expressions (Equations (1) and (10)) used for general prediction of the cantilever static deflection caused by a phase-transforming NiTi film.



**Figure 3.** (a) Change in relative deflection  $z/z_m$  as a function of the temperature dependent tensile interlayer stress for different thickness ratios  $\eta$ ; (b) estimated static deflections of the cantilever made of  $\text{Si}_3\text{N}_4$  of  $L = 6 \mu\text{m}$ ,  $W = 900 \text{ nm}$  and  $T_1 = 250 \text{ nm}$  for three different NiTi film thicknesses as a function of the temperature dependent interlayer stress calculated by Equation (1) and the 3D model.

#### 4.2. Impact of Phase-Transforming NiTi Film on the Cantilever Resonant Frequencies

Here we use the theoretical model to evaluate the effect of a phase-transforming NiTi film on the cantilever resonant frequencies, i.e., “dynamic deflection”. Accounting for Equation (4), the relative frequency shift of cantilever with sputtered phase-transforming NiTi film can be expressed as:

$$\Delta f/f_m = \left( \frac{\gamma}{\gamma_m} \right)^2 \sqrt{\frac{r(\xi, \eta)}{r(\xi_m, \eta)}} - 1, \quad (11)$$

where  $f_m$  and  $\gamma_m$  are the resonant frequencies of the  $n$ -th mode of the cantilever with NiTi film in the martensite phase and  $\Delta f = f - f_m$ . Equation (11) clearly shows that, for the cantilever, the resonant frequency shift depends directly on the variable elasticity of NiTi represented by  $r(\xi, \eta)$  and indirectly on the interlayer internal stress  $\sigma$  represented by the stress-induced tension parameter  $b$  (see the structure of Equation (5)). We notice here that the impact of stress on the resonant frequency shift decreases with an increase of the vibrational mode, whereas the variable elasticity of the NiTi film is independent of the considered vibrational mode [16]. As a result, it can be easily concluded that by sputtering a phase-transforming NiTi film on the common nanocantilever materials it is possible to significantly tune multiple consecutive resonant frequencies of the designed NiTi nanocantilever.

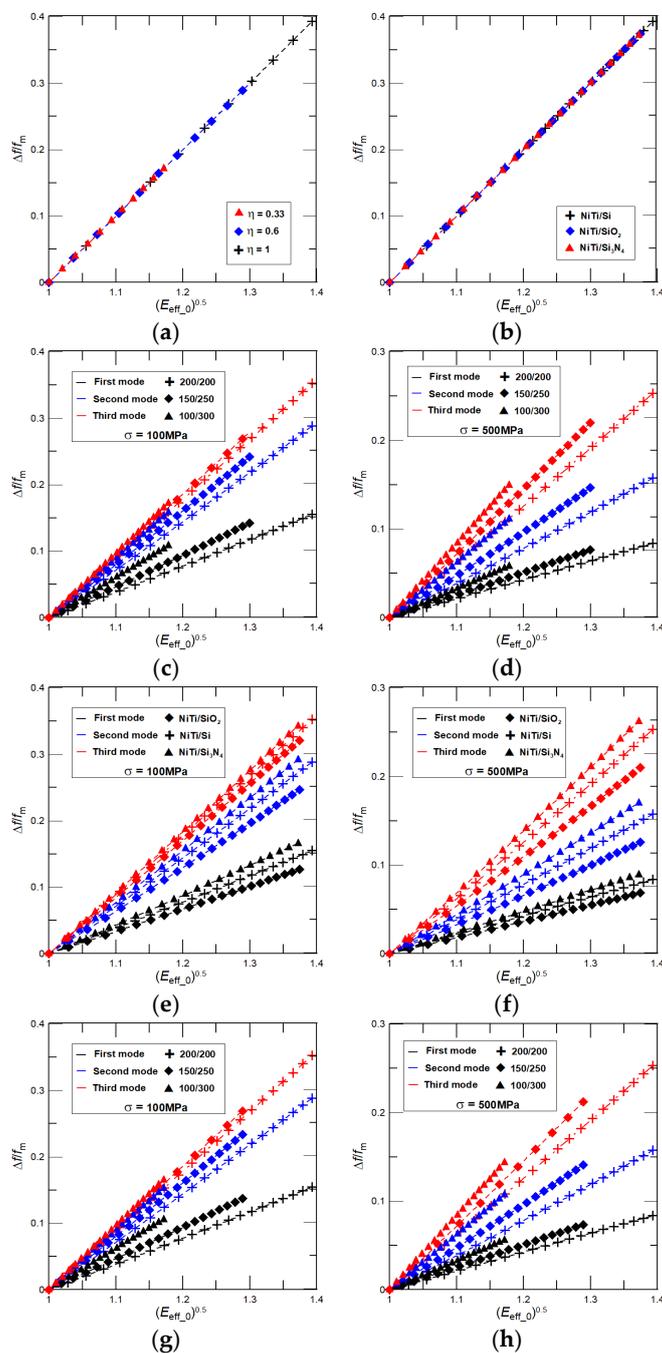
We now define the dimensionless parameters that would help us to examine the frequency response of the nanocantilever of an arbitrary material properties and dimensions with due account for sputtered phase-transforming NiTi film of arbitrary values of the interlayer internal stress and the Young's modulus. As is evident from Equations (4), (5), and (11), the natural dimensionless parameters can be easily defined as follows:

$$b_0 = \frac{b}{b_m} = \sqrt{\frac{\sigma}{\sigma_m} \frac{r(\xi_m, \eta)}{r(\xi, \eta)}}, E_{\text{eff}_0} = \frac{E_{\text{eff}}}{E_{\text{eff}_m}} = \frac{r(\xi, \eta)}{r(\xi_m, \eta)}, \sigma_0 = b_0^2 E_{\text{eff}_0} = \frac{\sigma}{\sigma_m} \quad (12)$$

From Equations (11) and (12) it can be concluded that if a phase transformation of NiTi film is realized without any interlayer stress, i.e.,  $\sigma = 0$ , then the relative frequency shift is independent of the considered vibrational mode, as well as the cantilever length, width, and density. The relative frequency shift would be just linearly proportional to changes in the cantilever effective Young's modulus caused by a variable elasticity of NiTi film as  $E_{\text{eff}_0}^{1/2}$ . For a further analysis we consider only a linear part of the hysteresis with the NiTi film Young's modulus ranges from 25 (martensite) to 80 (austenite) GPa. We note here that the identical linear increase of the NiTi Young's modulus was used previously for the estimation of  $E_{\text{eff}}$  (see Figure 2b). Figure 4a,b present results for the relative frequency shift as a function of  $E_{\text{eff}_0}^{1/2}$  calculated by Equation (11) for  $\sigma = 0$  and: (i) a NiTi/Si nanocantilever of three different lengths  $L = 6, 8, \text{ and } 10 \mu\text{m}$  and three thickness ratios,  $\eta = 0.33, 0.6, \text{ and } 1$ , i.e.,  $T_1 = 300$  ( $T_2 = 100$ ), 250 (150), and 200 (200) nm (see Figure 4a); and (ii) NiTi/Si, NiTi/SiO<sub>2</sub>, and NiTi/Si<sub>3</sub>N<sub>4</sub> nanocantilevers of  $L = 6, 8, \text{ and } 10 \mu\text{m}$  and  $\eta = 1$ , i.e.,  $T_1 = T_2 = 200$  nm. The width of all considered cantilevers is 900 nm. As it is predicted by the model, a general linear dependency of  $\Delta f/f_m$  on  $E_{\text{eff}_0}^{1/2}$  independent on the considered vibrational mode, cantilever size, and properties is obtained. Figure 4a also shows that, in accordance with theory, the achievable relative frequency shift increases with an increase of  $\eta$ .

If there is an interlayer internal stress in the prepared NiTi nanocantilever that, however, does not significantly vary during the phase transformation of the NiTi film, i.e.,  $\sigma \neq 0$  and  $\sigma \sim \text{constant}$ , then, for the higher vibrational modes, a significant increase of the achievable frequency shift  $\Delta f/f_m$  is found as shown for the NiTi/Si nanocantilever of  $\eta = 0.33, 0.6, \text{ and } 1$ , and a low interlayer internal stress, i.e.,  $\sigma = 100$  MPa, in Figure 4c and for a large stress value, i.e.,  $\sigma = 500$  MPa, in Figure 4d, and also for NiTi/Si, NiTi/SiO<sub>2</sub>, and NiTi/Si<sub>3</sub>N<sub>4</sub> nanocantilevers of  $T_1 = T_2 = 200$  nm in Figure 4e ( $\sigma = 100$  MPa) and Figure 4f ( $\sigma = 500$  MPa). Moreover, the following two additional key features are also evident from Figure 4c–f: (i) a linear dependency of  $\Delta f/f_m$  on  $E_{\text{eff}_0}^{1/2}$ , and (ii) the achievable tunability of  $\Delta f/f_m$  decreases (increases) with an increase of the interlayer internal stress value (the NiTi film thickness represented by  $\eta$ ). Both of these features, as well as the significant increase of the achievable frequency shift  $\Delta f/f_m$  for the higher vibrational modes, are related to the variable elasticity of the NiTi film. The Young's modulus of NiTi film during its phase transformation increases causing a linear increase of the relative frequency shift on  $E_{\text{eff}_0}^{1/2}$  as shown in Figure 4a,b. At the same time, for given constant values of  $\sigma$ , the tension parameter  $b$  decreases with an increase of the NiTi film Young's modulus, i.e.,  $b \sim (\sigma/E_{\text{eff}})^{0.5}$ ,  $E_{\text{eff}} > E_{\text{eff}_m}$  and  $b_m > b$ , resulting in a decrease of the dimensionless resonant frequencies  $\gamma^2$ . For simplicity, we suppose that  $b$  causes a small decrease in the dimensionless resonant frequency, i.e.,  $\gamma \approx \gamma_m - a_1 b^2$ ,  $a_1 b^2 \ll 1$ , where  $a_1$  is some constant,  $\gamma^2 \approx \gamma_m^2(1 - 2 a_1 b^2/\gamma_m)$  and  $(\gamma/\gamma_m)^2 \approx 1 - 2 a_1 b^2/\gamma_m$ . Hence, for a constant  $\sigma$  with an increase of the considered vibrational mode the dimensionless resonant frequency of cantilever with NiTi in martensite state  $\gamma_m$  also increases shifting  $(\gamma/\gamma_m)^2$  to the higher values and, in a limiting case,  $\gamma_m \rightarrow \infty$ ,  $(\gamma/\gamma_m)^2 \approx 1$  and  $\Delta f/f_m \sim E_{\text{eff}_0}^{1/2}$ . Now, for the same vibrational mode, the higher values of the interlayer internal stress cause a decrease of the relative frequency shift and, in a limiting case,  $\sigma \rightarrow \infty$  and  $(\gamma/\gamma_m)^2 \rightarrow 0$ , yielding a sharp decrease of the achievable frequency shift  $\Delta f/f_m$ , as evident from Figure 4d or Figure 4f. A good agreement between the present theoretical predictions, i.e., the analytical model, and the finite element simulations (FEM) presented in Figure 4g,h has been also

found. For example, for the NiTi/Si nanocantilever discrepancy between the analytical model and FEM results is within a few percent.



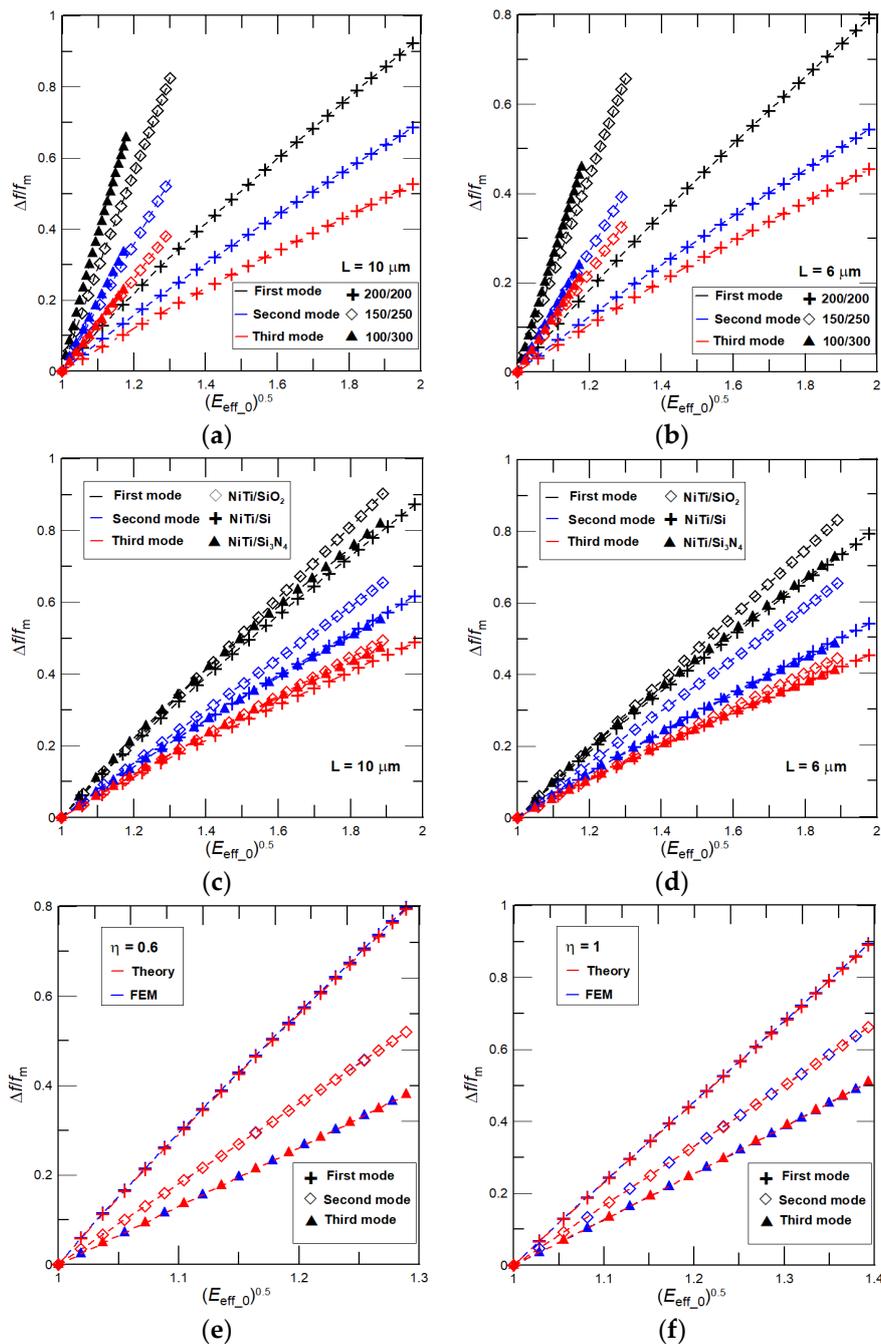
**Figure 4.** Relative frequency shift  $\Delta f/f_m$  as function of  $(E_{eff_0})^{0.5}$  calculated for: (a)  $\sigma = 0$  and a NiTi/Si nanocantilever of different thickness ratios  $\eta = 0.33, 0.6,$  and  $1$ ; (b)  $\sigma = 0$  and NiTi/Si, NiTi/SiO<sub>2</sub>, and NiTi/Si<sub>3</sub>N<sub>4</sub> nanocantilevers of  $\eta = 1$ . Both results show independency of  $\Delta f/f_m$  on the cantilever geometry and properties (as predicted by theory). The dependence of  $\Delta f/f_m$  on  $(E_{eff_0})^{0.5}$  by Equation (11) for the NiTi/Si nanocantilever of  $\eta = 0.33, 0.6,$  and  $1,$  and (c)  $\sigma = 100$  MPa, and (d)  $\sigma = 500$  MPa. The dependence of  $\Delta f/f_m$  on  $(E_{eff_0})^{0.5}$  was calculated by Equation (11) for NiTi/Si, NiTi/SiO<sub>2</sub>, and NiTi/Si<sub>3</sub>N<sub>4</sub> nanocantilevers of  $\eta = 1$  and (e)  $\sigma = 100$  MPa, and (f)  $\sigma = 500$  MPa.  $\Delta f/f_m$  as a function of  $(E_{eff_0})^{0.5}$  for the NiTi/Si nanocantilever of  $L = 10 \mu\text{m}, W = 900 \text{ nm},$  and  $\eta = 0.33, 0.6,$  and  $1$  predicted by FEM and (g)  $\sigma = 100$  MPa, and (h)  $\sigma = 500$  MPa.

We must emphasize here that when NiTi is sputtered at high temperature followed by cooling to room temperature, the CTE mismatch between the film and substrate results in the tensile interlayer internal stress that decreases with an increase of temperature. At the same time, the martensite phase of NiTi will be moved back to the austenite causing an increase of stress. The interplay among these two stresses, as well as other interface stresses can result, for some configurations and temperature ranges, in a constant value of the resulting average internal interlayer stress [35].

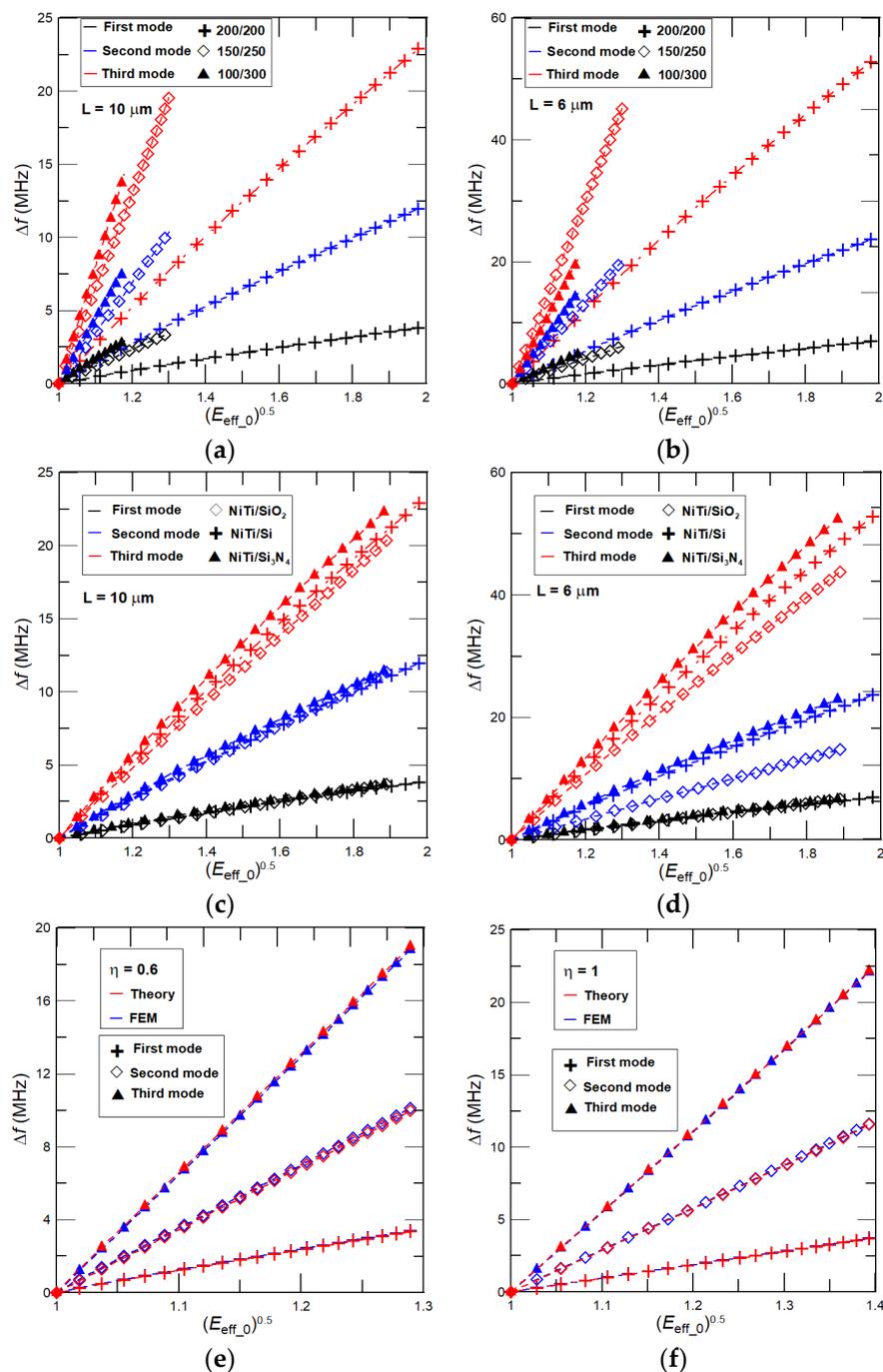
If NiTi is sputtered at a low temperature and followed by heat treatment, then the phase transformation of NiTi film causes an increase of both the cantilever effective Young's modulus  $E_{\text{eff}}$  and the interlayer internal stress  $\sigma$ . As a result, the frequency shift  $\Delta f/f_m$  depends on combination of a linear increase of  $E_{\text{eff}_0}^{0.5}$  and a non-linear variation of  $(\gamma/\gamma_m)^2$  that is proportional to the interplay between the stress induced parameter  $b$  and the effective elasticity  $E_{\text{eff}}$  (see Equations (11) and (12)). At first, let us consider that the phase transformation of the NiTi film is accompanied with a large linear variation of the interlayer internal stress ranging from 100 MPa (martensite) to 500 MPa (austenite) [32]. Then, for the considered nanocantilevers' dimensions and properties, and ranges of the NiTi Young's moduli and interlayer stresses, the dimensionless stress-induced tension parameter  $b_0 = (\sigma_0/E_{\text{eff}_0})^{0.5}$  increases with temperature from 1 (NiTi in martensite) to about 2.52 (NiTi in austenite), i.e.,  $\sigma_0$ , is from 1 to 5 and  $E_{\text{eff}_0}$  is from 1 to about 1.98 (for NiTi sputtered on Si substrate of  $\eta = 1$ ). An increase of  $b_0$  shifts the dimensionless resonant frequencies  $\gamma^2$  to the higher values and, correspondingly, it enables the extraordinary high-frequency tunability of, particularly, the fundamental resonant frequencies, which is four times higher than the tunability obtained for a constant stress. Importantly, for higher vibrational modes, the impact of stress on the frequency response decreases resulting in the lowering of the achievable  $\Delta f/f_m$  (see Figure 5). The higher frequency tunability can be also achieved by increasing the nanocantilever length. Additionally, an increase of  $\sigma_0$  is essentially faster than of  $E_{\text{eff}_0}$ , thus, the weak non-linear dependency of  $\Delta f/f_m$  on  $E_{\text{eff}_0}^{0.5}$  can be observed as also shown in Figure 5.

In Figure 6 we present complementary results for the absolute frequency shift  $\Delta f$  in nanocantilevers caused by the phase transformation of NiTi film. Here, we consider the identical nanocantilevers, stresses, and NiTi properties that have been used to analyze the effect of NiTi film on  $\Delta f/f_m$ . As expected, the absolute frequency shifts increase (decrease) with the considered vibrational mode (decrease with NiTi film thickness represented by  $\eta$ ). For instance, for a nanoresonator of  $L = 6 \mu\text{m}$  and the NiTi film of phase transformation characteristics used in the present manuscript for analysis, the theoretically achievable extraordinary high-frequency tunability of the first resonant frequency of about 7 MHz is predicted by the present analytical model.

It is worth noting that for a nanomechanical resonator clamped at both ends, i.e., a suspended beam, the impacts of variable elasticity of NiTi and the interlayer stress on the resonant frequencies is essentially higher than for the cantilever beam case considered here. For example, for a nanoresonator of  $L = 6 \mu\text{m}$ , the tunability of 16 MHz (~30%) is calculated by an analytical model, i.e., for a doubly-clamped beam generated interlayer internal stress cannot be due to the clamped-clamped ends partially released and, as a result, its effect on the frequency shift is essentially stronger than the one for the nanocantilever. In addition, good agreements between resonant frequencies calculated by Equations (4) and (11), and predicted from the FEM simulations are found (see Figure 5e,f and Figure 6e,f). For NiTi/Si nanocantilevers of  $\eta = 0.6$  and 1, the difference between  $\Delta f$  obtained from FEM and the analytical model is within several percent. The resonant frequencies predicted by FEM are higher than those obtained by the present theory.



**Figure 5.** Relative frequency shift  $\Delta f/f_m$  as function of  $(E_{eff_0})^{0.5}$  calculated by Equation (11) for NiTi/Si nanocantilevers of  $\eta = 0.33, 0.6$ , and  $1$ , and length (a)  $L = 10 \mu\text{m}$  and (b)  $L = 6 \mu\text{m}$ . The dependency of  $\Delta f/f_m$  on  $(E_{eff_0})^{0.5}$  for NiTi/Si, NiTi/SiO<sub>2</sub>, and NiTi/Si<sub>3</sub>N<sub>4</sub> nanocantilevers of  $\eta = 1$  and (c)  $L = 10 \mu\text{m}$  and (d)  $L = 6 \mu\text{m}$ . The dependency of  $\Delta f/f_m$  on  $(E_{eff_0})^{0.5}$  obtained by the analytical model and FEM for NiTi/Si nanocantilevers of  $W = 900 \text{ nm}$ ,  $L = 10 \mu\text{m}$  and (e)  $\eta = 0.6$  and (f)  $\eta = 1$ .



**Figure 6.** Absolute frequency shift  $\Delta f$  as function of  $(E_{\text{eff}_0})^{0.5}$  calculated for NiTi/Si nanocantilever of  $\eta = 0.33, 0.6,$  and  $1$ , and length (a)  $L = 10 \mu\text{m}$  and (b)  $L = 6 \mu\text{m}$ . Dependency of  $\Delta f$  on  $(E_{\text{eff}_0})^{0.5}$  for NiTi/Si, NiTi/SiO<sub>2</sub>, and NiTi/Si<sub>3</sub>N<sub>4</sub> nanocantilevers of  $\eta = 1$  and (c)  $L = 10 \mu\text{m}$  and (d)  $L = 6 \mu\text{m}$ ;  $\sigma_0 = 1$  to  $5$ . Comparisons of  $\Delta f$  on  $(E_{\text{eff}_0})^{0.5}$  predicted by present analytical model and FEM for NiTi/Si nanocantilevers of  $W = 900 \text{ nm}$ ,  $L = 10 \mu\text{m}$ , and (e)  $\eta = 0.6$  and (f)  $\eta = 1$ .

Phase transformation of NiTi films that is accompanied with a large variation in the interlayer internal stress enabled us to evaluate the maximum theoretically-achievable resonant frequency tunability of the nanocantilever with due account for a phase-transforming NiTi film. Noticing here that during phase transformation of the NiTi film the moderate variation in the interlayer internal stress is often realized [28,35]. In general, the tension parameter  $b_0$  is proportional to the ratio of

stress to the effective modulus variations as  $(\sigma + \Delta\sigma)/(E_{\text{eff}_0} + \Delta E_{\text{eff}_0})$ , where  $\Delta\sigma$  and  $\Delta E_{\text{eff}_0}$  are the stress and modulus changes caused by a phase transformation of NiTi. For given changes in  $\Delta E_{\text{eff}_0}$ , the lower variation in  $\Delta\sigma$  results in smaller values of  $b_0$  and, in a limiting case,  $\Delta\sigma = 0$  and  $\sigma = \text{const.}$ ,  $\Delta f/f_m$  depends just on  $E_{\text{eff}_0}^{0.5}$ , and the considered vibrational modes are as shown previously in Figure 4c–f. Hence, for moderate variation of  $\sigma$ , the tension-induced parameter  $b_0$  can either weakly increase, decrease, or change non-monotonically. For the reader's convenience, we present in Figure 7a,b the theoretically-achievable frequency shifts of  $\Delta f/f_m$  and  $\Delta f$  as functions of  $b_0$  for NiTi/Si nanocantilevers of  $L = 10 \mu\text{m}$  and thickness ratios of  $\eta = 0.33$  and  $1$ ,  $\sigma_m = 100 \text{ MPa}$ , and  $\Delta\sigma = 150, 100, 50$ , and  $25 \text{ MPa}$ . The expected non-monotonic variation in  $b_0$  can be found for  $\eta = 1$  and  $\Delta\sigma = 100 \text{ MPa}$ .

The NiTi films with high interlayer internal stress variation are of practical value for nanomechanical devices that are intended to operate at two significantly different resonant frequencies, i.e., “bistable” resonators. To ensure these resonators operate at desired values of the resonant frequencies, it is necessary that the NiTi film is either in the austenite or martensite phase. In this case, there would not be a shift in the cantilever resonant frequencies caused by a small variation of stress due to the unwilling temperature fluctuations. NiTi nanocantilevers with moderate interlayer stress can be used either to compensate for the frequency shift caused by drifting of the external temperature or in various actuators and sensors, where continuous tunability of the several consecutive resonant frequencies would be beneficial. In this case, the accuracy and application potential of these devices depends strongly on the NiTi phase transformation temperatures and uncertainties in the interlayer internal stress and NiTi elasticity that are caused by errors (fluctuation) in the setting of the temperature during the device operating conditions. To ensure that NiTi nanocantilevers with continuously-tunable resonant frequencies can be used in nanotechnology applications, we now examine the effect of uncertainties in temperature on the variation of the interlayer internal stress, NiTi elasticity and the nanocantilever fundamental resonant frequencies. For NiTi film sputtered at a low temperature, the interlayer stress and the NiTi Young's modulus increase linearly with an increase of temperature during NiTi film phase transformation. Computations carried out over large ranges of the interlayer internal stresses and NiTi Young's moduli, different transformation temperatures, and nanocantilever dimensions and properties reveal that there exists a linear dependency of a relative change in the interlayer internal stress and/or the NiTi Young's modulus on the uncertainties in temperature setup as:

$$\frac{\Delta\sigma_T}{\sigma_{\text{max}}} = \frac{\Delta E_2}{E_{2\text{max}}} = \frac{\Delta T}{T_{\text{max}}} \quad (13)$$

where  $\Delta\sigma_T$ ,  $\Delta E_2$ , and  $\Delta T$  are the variations in NiTi stress, Young's modulus and temperature,  $\sigma_{\text{max}} = \sigma_a - \sigma_m$ ,  $E_{2\text{max}} = E_a - E_m$ ,  $T_{\text{max}} = T_a - T_m$ , and subscript “a” stands for the NiTi film in the austenite phase. From Equation (13) we can conclude that, for a given inaccuracy in temperature due to thermal fluctuations, the lower error in  $\sigma$  can be achieved for NiTi films with a moderate and/or weak variation in the interlayer internal stress during its phase transformation or for NiTi film that the phase transformation is relatively slow, as given in Figure 7c. Noticing only that for common uncertainties in the temperature setting, the error in NiTi elasticity is negligibly small.

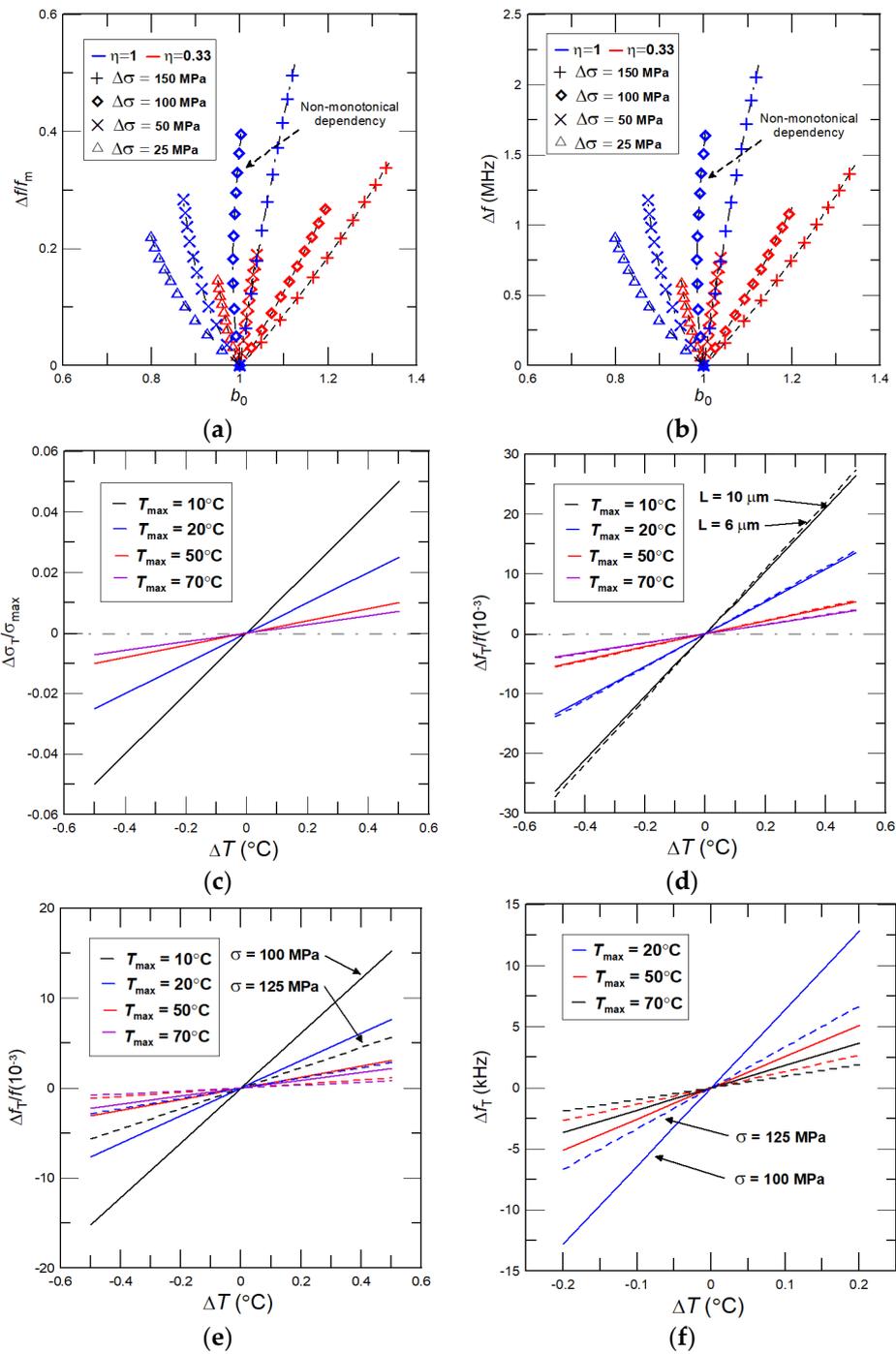
The interlayer internal stress does affect through the stress induced tension parameter  $b$  only the dimensionless resonant frequencies  $\gamma^2$  (see Equation (5)). As such, the inaccuracies in the temperature setup yield the errors in  $\sigma$  and, consequently, they cause small uncertainties in the cantilever resonant frequencies. If the error in stress  $\Delta\sigma$  due to the temperature fluctuation  $\Delta T$  is small, i.e.,  $\Delta\sigma \ll \sigma$  and  $\Delta E_2 \approx 0$ , then  $\Delta b/b \approx 0.5 \Delta\sigma/\sigma$ . For moderate interlayer stress, the dimensionless resonant frequencies calculated by Equation (5) can be accurately approximated as  $\gamma^2 \approx \gamma_B^2 + a_2 b^2 + a_3 b$ , where  $\gamma_B^2$  are the resonant frequencies without tension  $\gamma_B^2 = 3.516 \dots$ ,  $a_2 = 0.2375$ , and  $a_3 = 0.5547$  [17].

Then, the error in the dimensionless resonant frequencies with due account for the error in  $\Delta\sigma$  can be obtained as follows:

$$\frac{\Delta\gamma}{\gamma} = \frac{1}{4} \left( \frac{2a_2b + a_3}{\gamma_B^2 + a_2b^2 + a_3b} \right) \frac{\Delta\sigma_T}{\sigma} \quad (14)$$

Equation (14) indicates that the error in desired frequency shift depends linearly on the uncertainties in temperature set up represented through the error in the interlayer internal stress  $\Delta\sigma$ . Furthermore, the stress induced tension parameter is proportional to the interlayer internal stress and the cantilever length as  $b \sim \sigma^{1/2}L$ , therefore, by increasing the cantilever length and/or stress, the parameter  $b$  also shifts to the higher values. At the same time, the denominator  $\gamma_B^2 + a_2b^2 + a_3b$  in Equation (14) increases essentially faster than the numerator  $2a_2b + a_3$ . As a result, for given uncertainties in the temperature setup, the lower error in the resonant frequencies can be easily achieved by increasing the cantilever length or utilizing the nanocantilevers with high initial values of interlayer internal stress, i.e.,  $\sigma_m$  is high. To confirm these important results, we also perform computations for large ranges of the nanocantilevers' dimensions, properties, interlayer internal stresses, different transformation temperature ranges, and uncertainties in  $\Delta\sigma_T$  and  $\Delta E_2$ , and present the relative  $\Delta f_T/f$  and absolute  $\Delta f_T$  frequency shifts for different inaccuracies in the temperature setup in Figure 4d–f. Importantly, these numerical computations are in good agreement with theoretical predictions obtained from Equations (13) and (14). For example, for a NiTi/Si nanocantilever of  $\eta = 1$ , i.e.,  $T_1 = T_2 = 200$  nm, of length  $L = 10$   $\mu\text{m}$ , with moderate variation in the interlayer internal stress ranging from  $\sigma = 100$  MPa to  $\sigma = 200$  MPa, the absolute frequency shifts  $\Delta f_T$  (uncertainties in resonant frequency measurements) for  $\sigma = 100$  MPa,  $\Delta T = 0.01$  and transformation temperature  $T_{\text{max}} = 20$   $^{\circ}\text{C}$  ( $50$   $^{\circ}\text{C}$ ) are  $\sim 1.123$  (0.45) kHz. Once stress reached the value of 200 MPa, then the error in frequency shift sharply decreases (almost two times) and for  $T_{\text{max}} = 20$   $^{\circ}\text{C}$  ( $50$   $^{\circ}\text{C}$ )  $\Delta f_T \approx 0.67$  (0.27) kHz. For identical nanocantilever with stress ranging from 100 MPa to 125 MPa,  $\Delta T = 0.01$  and  $T_{\text{max}} = 50$   $^{\circ}\text{C}$  the error in frequency determination of  $\sim 100$  Hz can be easily achieved. Our results reveal that by using: (i) the higher initial stress values  $\sigma_m$ ; (ii) longer nanocantilevers; and/or (iii) increasing the transformation temperature ranges, the impact of thermal fluctuations on the nanocantilever resonant frequencies can be efficiently suppressed to values that are comparable with the usual errors obtained for piezoelectric and/or electrostatic frequency tuning methods [9]. These findings are of practical importance in the design of the nanocantilever-based sensors and actuators with significantly changeable spectra of the resonant frequencies utilizing the phase transformation of sputtered NiTi films.

For NiTi cantilevers designed at high temperature, the interplay between stress from CTE and stress originated from a phase transformation of NiTi operating around room temperature can also generate a non-monotonic variation in the interlayer internal stress resulting in the non-monotonic dependency of  $\Delta f/f_m$  on temperature. In addition, despite the fact that the nanocantilever-based sensors and actuators utilizing the unique properties of phase-transforming NiTi film have not yet been experimentally studied, the validity of the general theoretical model represented by Equations (4), (5), and (11) were recently reinforced by experiments carried out on the microcantilevers with NiTi films sputtered at a high temperature [37]. In accordance with model, the expected non-monotonic dependency of  $\Delta f/f_m$  on temperature were observed and  $\Delta f$  increases with an increase of the considered vibrational mode. These experiments can, therefore, be used to verify the validity and robustness of the theoretical analysis and predictions carried out in the present work.



**Figure 7.** (a) Relative frequency shift  $\Delta f/f_m$  and (b) absolute frequency shift  $\Delta f$  as function of  $b_0$  for different moderate variations in the interlayer stress predicted for NiTi/Si nanocantilever of  $L = 10 \mu\text{m}$ ,  $\eta = 0.33$ , and 1, and  $\sigma_m = 100 \text{ MPa}$ ; (c) dependency of the relative error in the interlayer internal stress  $\Delta\sigma/\sigma_{\text{max}}$  on uncertainties in temperature  $\Delta T$  for different NiTi transformation temperature ranges  $T_{\text{max}}$ ; dependency of error in the relative frequency shift  $\Delta f_T/f$  of the NiTi/Si nanocantilever on  $\Delta T$  for different  $T_{\text{max}}$  for (d)  $L = 10$  and  $6 \mu\text{m}$ ,  $\sigma = 100 \text{ MPa}$ , and  $\sigma_{\text{max}} = 100 \text{ MPa}$ , and (e)  $L = 10 \mu\text{m}$ ,  $\sigma = 100$ , and  $125 \text{ MPa}$ , and  $\sigma_{\text{max}} = 25 \text{ MPa}$ ; (f) dependency of error in  $\Delta f_T$  of the NiTi/Si nanocantilever of  $L = 10 \mu\text{m}$ ,  $\sigma = 100$ , and  $125 \text{ MPa}$ , and  $\sigma_{\text{max}} = 25 \text{ MPa}$  on  $\Delta T$  for different  $T_{\text{max}}$ ; for all cases  $\sigma_m = 100 \text{ MPa}$ .

### 4.3. Nanocantilever Based Mass Spectrometry Utilizing the Phase Changeable NiTi Films

Using the above theoretical results, we now demonstrate the potential behind the NiTi nanocantilevers based devices. Particularly, we focus on the nanomechanical resonant based sensors, where the adsorbate mass(es) is (are) determined from changes in the cantilever frequency spectrum (see for example reviews [6,7]). Let us consider two commonly realized scenarios of chemical and biological adsorbate binding: (i) one or multiple adsorbate masses are attached to the cantilever resonator; i.e., for this scenario the total mass (sizes) of adsorbate molecules  $m_\Sigma$  ( $d_\Sigma$ ) is essentially smaller than the mass (dimensions) of the cantilever resonator  $M$  ( $L$ ) [49]; and (ii) the adsorbate forms the uniform material layer on top of the nanocantilever [50].

For the first scenario the general method of multiple mass determinations by means of the axially-loaded cantilever resonators has been already proposed [11]. Briefly, each of the adsorbate masses do not change the cantilever stiffness, but do create an additional mass at a given location  $h_j$ . To account for the frequency shift due to the adsorbates, the following matching conditions are imposed:

$$u(h_{i-}, t) = u(h_{i+}, t), \frac{\partial u(h_{i-}, t)}{\partial x} = \frac{\partial u(h_{i+}, t)}{\partial x}, \frac{\partial^2 u(h_{i-}, t)}{\partial x^2} = \frac{\partial^2 u(h_{i+}, t)}{\partial x^2}, \quad (15)$$

$$D_F \left( \frac{\partial^3 u(h_{i-}, t)}{\partial x^3} - \frac{\partial^3 u(h_{i+}, t)}{\partial x^3} \right) - F_\sigma \left( \frac{\partial u(h_{i-}, t)}{\partial x} - \frac{\partial u(h_{i+}, t)}{\partial x} \right) = m \frac{\partial^2 u(h_{i+}, t)}{\partial t^2}.$$

Here, subscript  $i$  stands for  $i$ th—attached mass and the subscripts  $+$  and  $-$  stand for the mass location to the direction of the free and clamped ends, respectively. Then, solving Equation (2) for boundary and matching conditions given by Equations (3) and (15) yields the following transcendental equation:

$$\left( 1 + \frac{b^4}{2q_1^2 q_2^2} \right) \cosh q_1 \cos q_2 + 1 + \frac{b^2}{2q_1 q_2} \sinh q_1 \sin q_2 - \frac{1}{2} \frac{q_1^5 B_0}{B_1 q_2^2} \sum_{i=1}^N \varepsilon_i \sum_{j=1}^{m_\Sigma} H(q, h_j) = 0, \quad (16)$$

where  $\varepsilon = m/M$  and  $H(q, h) = B_2^4 G_0(qh) + B_2^3 \{ \cosh q_1 h \sin [q_2(L - h)] \cos q_2 + \sinh q_1 h \sinh [q_1(L - h)] \sin q_2 \} + B_2^2 \{ G_0(q) - G_0[q(L - h)] - \cosh q_1 h \cos [q_2(L - h)] \sin q_2 \} + B_2 G_1[q(L - h)] + B_2^5 B_3 \sin q_2 \{ \cos q_2 + \sin q_2 h \sin [q_2(L - h)] \} + B_2^4 B_3 \{ G_0[q(L - h)] - (\sinh q_1 + \sin q_2) \cos [q_2(L - h)] \cos q_2 h \} + B_2^3 B_3 \{ G_1(q) + \cosh [q_1(L - h)] \sin q_2 h \cos q_2 \} - B_2^2 B_3 \{ G_0(qh) + \sinh q_1 \sin q_2 h \sin [q_2(L - h)] + \cosh [q_1(L - h)] \cos q_2 h \sin q_2 \} + B_2 B_3 G_1(qh) - \cosh q_1 h \cosh [q_1(L - h)] \sin q_2 + (b/q_2)^2 \{ B_1^2 [G_0(qh) - \sinh (q_1 h) \cosh (q_1(L - h)) \cos q_2] + B_2 [G_1(q) + G_1(qh) - G_1(q(L - h))] + B_2^3 B_3 [G_1(q(L - h)) - \cosh q_1 \cos (q_2 h) \sin (q_2(L - h))] + B_2^2 B_3 [G_1(q(L - h)) + G_1(qh) - G_1(q)] + B_2 B_3 [\cosh q_1 \sin (q_2 h) \cos (q_2(L - h)) - G_1(qh)] + \cosh (q_1 h) \sinh (q_1(L - h)) \cos q_2 - G_0(q(L - h)) \} \}, B_0 = (b/q_1)^2 - 1, B_1 = q_1^2 + q_2^2, B_2 = q_2/q_1, B_3 = [(b/q_1)^2 + B_2^2]/B_0,  $G_0(z) = \sinh z_1 \cos z_2$ , and  $G_1(z) = \cosh z_1 \sin z_2$ . Then, accounting for small mass ratio(s), i.e.,  $\varepsilon_\Sigma \ll 1$ , the desired cantilever frequency shift due to  $N$  attached masses can be written in the following way [11]:$

$$\frac{\Delta f_{\text{add}}}{f} = \frac{\gamma^2 - \gamma_{\text{add}}^2}{\gamma^2} = 2\varepsilon_\Sigma \alpha_\Sigma(h_j, \gamma), \quad (17)$$

where  $\Delta f_{\text{add}} = f - f_{\text{add}}$ ,  $f_{\text{add}}$  are the cantilever resonant frequencies with accounting for the adsorbate masses,  $\varepsilon_\Sigma = m_\Sigma/M$  is a mass ratio accounting for attached masses,  $\alpha_\Sigma(h_j, \gamma) = \frac{1}{4} \frac{H(q, h_j)}{B_2^4 H_D(q, h_j)}$  is the “mode shape function” and  $H_D(q, h) = -2b^4/(B_1 B_4) \cdot (1 - \cosh q_1 \cos q_2) + 2(2q_1/B_1 + B_1/B_4) \cdot (\cosh q_1 \cos q_2 + 1) + [1 + b^2/(2q_2^2) + b^4/(2q_1 B_4)] \sinh q_1 \cos q_2 - [1/B_2 - b^2/(2q_1 q_2) + b^4/(2q_2 B_4)] \cosh q_1 \sin q_2 + [B_1/(q_1 q_2 B_4) + 4/(q_2 B_3)] \sinh q_1 \sin q_2$  and  $B_4 = q_1 q_2^2$ . Equation (17) enables one to decouple the effect of masses represented by  $\varepsilon_\Sigma$  and their positions of attachment given by  $\alpha_\Sigma(h_j, \gamma)$ . Once the adsorbate masses are attached to the nanocantilever surface their positions are given and do not change during measurements, and  $\alpha_\Sigma(h_j, \gamma)$  depends only on the known dimensionless resonant

frequency of the unloaded resonator as  $\gamma$ . Let us suppose only one attached mass on the nanocantilever. Then, two measured frequency shifts yield the following inequalities  $\Delta f_{\text{add}_F1}/f_{F1} = 2\varepsilon\alpha(h, \gamma_{F1})$  and  $\Delta f_{\text{add}_F2}/f_{F2} = 2\varepsilon\alpha(h, \gamma_{F2})$ , subscripts F1 and F2 stand for two different allied axial force values. They results in  $[(\Delta f_{\text{add}_F2}/f_{F2})/(\Delta f_{\text{add}_F1}/f_{F1})] = \alpha(h, \gamma_{F2})/\alpha(h, \gamma_{F1})$  and for known  $\gamma_1$  and  $\gamma_2$  the position of mass attachment  $h$  is found. Plugging known values of  $h$  in Equation (17) and accounting for the one of the measured shifts, i.e.,  $\Delta f_{\text{add}_1}/f_1$  or  $\Delta f_{\text{add}_2}/f_2$ , the mass ratio  $\varepsilon$  and, consequently, the attached mass  $m$  can be determined. It is evident that to determine each adsorbate position of attachment and, afterward, the desired mass requires measurement of at least two resonant frequencies under different axial forces. In addition, it is a necessary condition that  $\alpha_{F1}(h, \gamma_{F1})$  varies significantly from  $\alpha_{F2}(h, \gamma_{F2})$ . It has been shown that, to fulfill this important condition, requires  $b > 3$ , i.e., for  $b \leq 3$  the  $\alpha(h, \gamma)$  does not notably change from the mode shape known for cantilever without axial load [11].

The usual electrostatic and piezoelectric tuning methods enable only a small correction of the cantilever fundamental resonant frequencies, therefore, for the same vibrational mode the mode shape function  $\alpha(h, \gamma)$  can be considered constant and, as such, the method of multiple mass determinations by axially-loaded nanocantilevers does not work. Noticing only that for current nanotechnology cantilevers at least three consecutive resonant frequencies are needed to determine each of the adsorbate masses, limiting their usage to only either a single mass [49], or a couple of mass determinations in a real-time [51]. However, as one can expected, this serious drawback can be easily overcome by means of phase-changeable NiTi nanocantilevers. For example, for NiTi/Si nanocantilevers of  $L = 10 \mu\text{m}$ ,  $T_1 = T_2 = 200 \text{ nm}$  and  $W = 900 \text{ nm}$  in the martensite phase, where  $\sigma_m = 100, 300, 500 \text{ MPa}$ , the tension parameters  $b_m = 2.57, 4.45, \text{ and } 5.74$ , while, for the austenite phase, where  $\sigma_a = 125, 325, \text{ and } 525 \text{ MPa}$ , i.e., a low interlayer internal stress variation of  $\Delta\sigma = 25 \text{ MPa}$ ,  $b_m = 2.04, 3.29, \text{ and } 4.18$ . As such, for  $\sigma_m$  ( $\sigma_a$ ) = 140 (270) MPa,  $b > 3$  and the nanocantilever with sputtered phase-transforming NiTi film indeed enable multiple mass spectrometry in real-time. As one can expect, to determine  $N$  attached masses requires the measurement of  $P$  shifts of the fundamental resonant frequency of the NiTi film-based nanomechanical resonator, i.e.,  $P \geq 2N$ . The different shifts of the fundamental resonant frequencies are obtained by intentionally changing the effective Young's modulus of the NiTi film and the corresponding interlayer stress between the NiTi film and the elastic substrate. It means that each frequency shift is measured for a given predetermined temperature that can be controlled by for instance thermostat. Interestingly, the weak hysteresis of NiTi film enables one to obtain two different frequency shifts for the same temperatures, i.e., the experiments can be done by combining heating and cooling. Once the required number of frequency shifts is obtained, then, similarly to single mass determination, we again seek positions  $h_j$  and the mass ratios  $\varepsilon_\Sigma$  that satisfy Equation (17). However, for multiple attached masses, the most likely attachment positions and, afterwards, the desired attached masses, can be obtained only numerically (see [11] and [46]). The dimensionless sensitivity of NiTi nanocantilever-based mass sensors is given by [11]:

$$S = \frac{\gamma^2 - \gamma_{\text{add}}^2}{\varepsilon}. \quad (18)$$

Interestingly, Equation (18) indicates that the mass sensitivity increases with an increase of  $\gamma^2$ . Hence, for NiTi nanocantilever-based mass sensors, the higher value of  $\sigma_m$  does not only notably reduce the uncertainties in frequency measurement caused by the temperature fluctuation, but also enhance the mass sensitivity. For instance, for the above-considered NiTi/Si nanocantilever, the adsorbate mass of  $\varepsilon = 10^{-3}$  attached at  $h = 0.8L$  yields for  $\sigma_m$  ( $\sigma_a$ ) = 300 (325) MPa a sensitivity  $S = 7.3$  (7.5), whereas, for  $\sigma_m$  ( $\sigma_a$ ) = 500 (525) MPa, the sensitivity is 8.6 (8.8), respectively.

For the second scenario, a uniform material layer formed by the adsorbate molecule on top of the nanocantilever surface causes a variation in both cantilever mass and stiffness. The adsorbate mass shifts the resonant frequencies to lower values, i.e.,  $\Delta f_{\text{add}}/f = -m/(2M)$ , where the “-” sign denotes a decrease of the resonant frequency, while its “effective spring (or force) constants” result in an increase of the resonant frequencies;  $\Delta f_{\text{add}}/f = k/(2K)$ , where  $k$  and  $K$  are the “spring” constants of the adsorbate

and nanocantilever [52,53]. The frequency shift due to adsorbate mass is then a combination of both effects and, in some cases, the adsorbate can cause either an increase of the resonant frequencies or no any detectable frequency shift [54]. For the conventional nanocantilever, its  $M$  and  $K$  are given, thus, it does not, in principle, allow the determination of the adsorbate mass from the measured flexural resonant frequency shifts, i.e., the effect of added mass and stiffness cannot be decoupled. For NiTi nanocantilevers only its mass is given, while its  $K$  can be intentionally changed by slowly varying the temperature, enabling to decouple the effect of adsorbate mass and stiffness on the cantilever resonant frequencies. For illustration, we suppose the following simple example: two different resonant frequency shifts  $\Delta f_{\text{add}_1}$  and  $\Delta f_{\text{add}_2}$  caused by adsorbate mass are measured by NiTi nanocantilever of two known different values  $K_1$  and  $K_2$ . For a uniform material layer formed on top of the cantilever, the frequency shift due to added  $m$  and  $k$  is  $\Delta f_{\text{add}}/f = k/(2K) - m/(2M)$ . It immediately implies that for  $K_1$  and  $K_2$  the  $k$  due to adsorbate yields  $k = \frac{(\Delta f_{\text{add}_1}/f_1) - (\Delta f_{\text{add}_2}/f_2)}{K_2 - K_1} K_1 K_2$  and, consequently, the desired adsorbate mass can be obtained as  $m = 2M \frac{(\Delta f_{\text{add}_1}/f_1) K_1 - (\Delta f_{\text{add}_2}/f_2) K_2}{K_2 - K_1}$ . Importantly, the theoretical model that explains the frequency response caused by the adsorbate molecule mass and its stiffness bound on an arbitrary location on the cantilever surface is given in [55]. Briefly, the effect of stiffness and mass can be decoupled by positioning the targeted molecule to places where each effect dominates, i.e., mass near the free end and stiffness near the cantilever clamped end. For molecules bound at arbitrary locations on the cantilever, the frequency shift can be calculated by the numerical method, e.g., Raleigh-Ritz [54,55], or analytically by following the approach given in [56] for natural frequencies of a string with an arbitrary number of piece-wise constant mechanical properties.

## 5. Conclusions

Nanocantilevers with significantly changeable Young's modulus, variable static deflection, and tunable resonant frequencies utilizing a phase transformation of NiTi thin films sputtered on an elastic substrate, such as  $\text{Si}_3\text{N}_4$ , Si, or  $\text{SiO}_2$ , were explored. The elastic properties of the sputtered NiTi film and the interlayer stress between the film and the substrate varying with temperature were linked to the martensitic phase transformation in the NiTi film. It was shown that the variation of temperature strongly affects the vibrational response of these nanocantilevers. Changes in cantilever static deflection are dominated by variations in the interlayer stress, while the variable elasticity of the NiTi film enables high-frequency tunability of even the cantilever at higher vibrational modes. In contrast to piezoelectric or electrostatic tuning mechanisms, the phase transformation of the NiTi film enables an extraordinarily high-frequency tuning of several tens of percent. It has been shown that errors in the resonant frequency determination caused by uncertainties in temperature can be significantly suppressed, for instance, by using the NiTi nanocantilevers of higher interlayer stress values. It was found that, for common temperature uncertainties, the error in the nanocantilever frequency setup is of the same magnitude ( $\Delta f \sim 100$  Hz) as is known for the conventional nanocantilevers that utilize the piezoelectric and/or electrostatic effects. Additionally, an application potential for NiTi nanocantilevers in real-time mass spectrometry was demonstrated on two different examples. The results are expected to be of particular value in studies of biomolecule adsorption on nanomechanical sensors [7] including changes in surface elasticity and surface stress, or in future developments of high-frequency operating sensors and actuators with intentionally-changeable properties utilizing smart memory alloys.

**Acknowledgments:** This work was supported by the Grant Agency of Czech Republic through GACR 15-13174-J and the additional support from HIT, Shenzhen is also acknowledged.

**Author Contributions:** Ivo Stachiv proposed the topic, developed the model, carried out the systematic investigation and analysis, and wrote the manuscript. Petr Sittner contributed with the scientific advice related to NiTi and a final correction of the manuscript.

**Conflicts of Interest:** The authors declare no conflict of interest.

## References

1. Waggoner, P.S.; Craighead, H.G. Micro- and nanomechanical sensors for environmental, chemical, and biological detection. *Lab Chip* **2007**, *7*, 1238–1255. [[CrossRef](#)] [[PubMed](#)]
2. Stachiv, I.; Fedorchenko, A.I.; Chen, Y.-L. Mass detection by means of the vibrating nanomechanical resonators. *Appl. Phys. Lett.* **2012**, *100*, 093110. [[CrossRef](#)]
3. Arlett, J.L.; Maloney, J.R.; Gudlewski, B.; Muluneh, M.; Roukes, M.L. Self-Sensing Micro- and Nanocantilevers with Attonewton-Scale Force Resolution. *Nano Lett.* **2006**, *6*, 1000–1006. [[CrossRef](#)]
4. Stachiv, I. On the nanoparticle or macromolecule mass detection in fluid utilizing vibrating micro-/nanoresonators including carbon nanotubes. *Sens. Lett.* **2013**, *11*, 613–616. [[CrossRef](#)]
5. Fedorchenko, A.I.; Stachiv, I.; Wang, W.-C. Methods of viscosity measurement by means of vibrating micro-/nano-mechanical resonators. *Flow Meas. Instrum.* **2013**, *32*, 84–89. [[CrossRef](#)]
6. Boisen, A.; Dohn, S.; Keller, S.S.; Schmid, S.; Tenje, M. Cantilever-like micromechanical sensors. *Rep. Prog. Phys.* **2011**, *74*, 036101. [[CrossRef](#)]
7. Eom, K.; Park, H.S.; Yoon, D.S.; Kwon, T. Nanomechanical resonators and their applications in biological/chemical detection. *Phys. Rep.* **2011**, *503*, 115–163. [[CrossRef](#)]
8. Kozinsky, I.; Postma, H.W.C.; Bargatin, I.; Roukes, M.L. Tuning nonlinearity, dynamic range, and frequency of nanomechanical resonators. *Appl. Phys. Lett.* **2006**, *88*, 253101. [[CrossRef](#)]
9. Karabalin, R.B.; Villanueva, L.G.; Matheny, M.H.; Sader, J.E.; Roukes, M.L. Stress-Induced variations in stiffness of micro- and nanocantilever beams. *Phys. Rev. Lett.* **2012**, *108*, 236101. [[CrossRef](#)] [[PubMed](#)]
10. Stachiv, I. Impact of surface and residual stresses and electro-/magnetostatic axial loading on the suspended nanomechanical based mass sensors: A theoretical study. *J. Appl. Phys.* **2014**, *115*, 214310. [[CrossRef](#)]
11. Stachiv, I.; Fang, T.-H.; Jeng, Y.-R. Mass detection in viscous fluid utilizing vibrating micro- and nanomechanical mass sensors under applied axial tensile force. *Sensors* **2015**, *15*, 19351–19368. [[CrossRef](#)] [[PubMed](#)]
12. Zhang, W.-M.; Hu, K.-M.; Meng, G. Tunable micro- and nanomechanical resonators. *Sensors* **2015**, *15*, 26478–26566. [[CrossRef](#)] [[PubMed](#)]
13. Kafumbe, S.M.M.; Burdess, J.S.; Harris, A.J. Frequency adjustment of microelectromechanical cantilevers using electrostatic pull down. *J. Micromech. Microeng.* **2005**, *15*, 1033–1039. [[CrossRef](#)]
14. Karabalin, R.B.; Matheny, M.H.; Feng, X.L.; Defaÿ, E.; Le Rhun, G.; Marcoux, C.; Hentz, S.; Andreucci, P.; Roukes, M.L. Piezoelectric nanoelectromechanical resonators based on aluminum nitride films. *Appl. Phys. Lett.* **2009**, *95*, 103111. [[CrossRef](#)]
15. Lachut, M.J.; Sader, J.E. Effect of surface stress on the stiffness of cantilever plates: Influence of cantilever geometry. *Phys. Rev. Lett.* **2007**, *99*, 206102. [[CrossRef](#)] [[PubMed](#)]
16. Stachiv, I.; Zapomel, J.; Chen, Y.-L. Simultaneous determination of the elastic modulus and density/thickness of ultrathin films utilizing micro-/nanoresonators under applied axial force. *J. Appl. Phys.* **2014**, *115*, 124304. [[CrossRef](#)]
17. Stachiv, I.; Fang, T.-H.; Chen, T.-H. Micro-/nanosized cantilever beams and mass sensors under applied axial tensile/compressive force vibrating in vacuum and viscous fluid. *AIP Adv.* **2015**, *5*, 117140. [[CrossRef](#)]
18. Pini, V.; Tamayo, J.; Gil-Santos, E.; Ramos, D.; Kosaka, P.; Tong, H.-D.; van Rijn, C.; Calleja, M. Shedding light on axial stress effect on resonance frequencies of nanocantilevers. *ACS Nano* **2011**, *19*, 4269–4275. [[CrossRef](#)] [[PubMed](#)]
19. Massel, F.; Heikkilä, T.T.; Pirkkalainen, J.M.; Cho, S.U.; Saloniemi, H.; Hakonen, P.J.; Sillanpää, M.A. Microwave amplification with nanomechanical resonators. *Nature* **2011**, *480*, 351–354. [[CrossRef](#)] [[PubMed](#)]
20. Duerig, T.W.; Melton, K.N.; Stockel, D.; Wayman, C.M. *Engineering Aspects of Shape Memory Alloys*; Butterworth-Heinemann: New York, NY, USA, 1990.
21. Miyazaki, S.; Fu, Y.Q.; Huang, W.M. *Thin Film Shape Memory Alloys: Fundamentals and Device Applications*; Cambridge University Press: Cambridge, UK, 2009.
22. Sedmak, P.; Pilch, J.; Heller, L.; Kopeček, J.; Wright, J.; Sedlak, P.; Frost, M.; Sittner, P. Grain-resolved analysis of localized deformation in nickel-titanium wire under tensile load. *Science* **2016**, *353*, 559–562. [[CrossRef](#)] [[PubMed](#)]

23. Li, X.H.; Mao, S.C.; Zang, K.T.; Liu, Y.; Guo, Z.X.; Wang, S.B.; Zhang, Y.F.; Yin, X.Q. An in situ TEM study of the size effect on the thermally induced martensitic transformation in nanoscale NiTi shape memory alloy. *J. Alloys Compd.* **2014**, *588*, 337–342. [[CrossRef](#)]
24. Daly, S.; Ravuchandran, G.; Bhattacharya, K. Stress-induced martensitic phase transformation in thin sheets of Nitinol. *Acta Mater.* **2007**, *55*, 3593–3600. [[CrossRef](#)]
25. Duerig, T.; Pelton, A.; Stöckel, D. An overview of nitinol medical applications. *Mat. Sci. Eng. A* **1999**, *273*, 149–160. [[CrossRef](#)]
26. Huang, W.; Toh, W. Training two-way shape memory alloy by reheat treatment. *Mat. Sci. Lett.* **2000**, *19*, 1549–1550. [[CrossRef](#)]
27. Juan, J.M.S.; No, M.L.; Schuh, C.A. Superelasticity and Shape Memory in Micro- and Nanometer-scale Pillars. *Adv. Mater.* **2008**, *20*, 272–278. [[CrossRef](#)]
28. Kohl, M. *Shape Memory Microactuators*; Springer: Berlin/Heidelberg, Germany, 2004.
29. Song, S.-H.; Lee, J.-Y.; Rodrigue, H.; Choi, I.-K.; Kang, Y.J.; Ahn, S.-H. 35 Hz shape memory alloy actuator with bending-twisting mode. *Sci. Rep.* **2016**, *6*, 21118. [[CrossRef](#)] [[PubMed](#)]
30. Villanueva, A.; Joshi, K.; Blottman, J.; Priya, S. A bio-inspired shape memory alloy composite (BISMAC) actuator. *Smart Mater. Struct.* **2010**, *19*, 025013. [[CrossRef](#)]
31. Sittner, P.; Heller, L.; Pilch, J.; Curfs, C.; Alonso, T.; Favier, D. Young's modulus of austenite and martensite phases in superelastic NiTi wires. *J. Mater. Eng. Perform.* **2014**, *23*, 2303–2314. [[CrossRef](#)]
32. Lee, H.-J.; Ramirez, A.G. Crystallization and phase transformations in amorphous NiTi films for microelectromechanical systems. *Appl. Phys. Lett.* **2004**, *88*, 1146. [[CrossRef](#)]
33. Chluba, C.; Ge, W.; de Miranda, R.L.; Strobel, J.; Kienle, L.; Quandt, E.; Wutting, M. Ultralow-fatigue shape memory alloy films. *Science* **2015**, *348*, 1004–1007. [[CrossRef](#)] [[PubMed](#)]
34. Heller, L.; Sittner, P.; Pilch, J. Impact of Heat Effects on Superelasticity. In *International Conference on Martensitic Transformation (ICOMAT)*; Olson, G.B., Lieberman, D.S., Saxena, A., Eds.; John Wiley & Sons Inc.: Hoboken, NJ, USA, 2010. [[CrossRef](#)]
35. Fu, Y.; Du, H.; Zhang, S. Sputtering deposited TiNi films: Relationship among processing, stress evolution and phase transformation behaviors. *Surf. Coat. Technol.* **2003**, *167*, 120–128. [[CrossRef](#)]
36. Hou, H.; Hamilton, R.F.; Horn, M.-W.; Jin, Y. NiTi thin films prepared by biased target ion beam deposition co-sputtering from elemental Ni and Ti targets. *Thin Solid Films* **2014**, *570*, 1–6. [[CrossRef](#)]
37. Stachiv, I.; Sittner, P.; Olejnicek, J.; Landa, M.; Heller, L. Exploiting NiTi shape memory alloy films in design of tunable high frequency microcantilever resonators. *Appl. Phys. Lett.* **2017**, *111*, 213105. [[CrossRef](#)]
38. Villanueva, L.G.; Karabalin, R.B.; Matheny, M.H.; Chi, D.; Sader, J.E.; Roukes, M.L. Nonlinearity in nanomechanical cantilevers. *Phys. Rev. B* **2013**, *87*, 024304. [[CrossRef](#)]
39. Sittner, P.; Vokoun, D.; Dayananda, G.N.; Stalmans, R. Recovery stress generation in shape memory Ti<sub>50</sub>Ni<sub>45</sub>Cu<sub>5</sub> thin wires. *Mater. Sci. Eng. A* **2000**, *286*, 298–311. [[CrossRef](#)]
40. Stachiv, I.; Kuo, C.-Y.; Fang, T.-H.; Mortet, V. Simultaneous determination of the residual stress, elastic modulus, density and thickness of ultrathin film utilizing vibrating doubly clamped micro-/nanobeams. *AIP Adv.* **2016**, *6*, 045005. [[CrossRef](#)]
41. Ghidelli, M.; Sebastiani, M.; Collet, C.; Guillemet, R. Determination of the elastic moduli and residual stresses of freestanding Au-TiW bilayer thin films by nanoindentation. *Mater. Des.* **2016**, *106*, 436–445. [[CrossRef](#)]
42. Stachiv, I.; Sittner, P.; Jeng, Y.-R.; Vokoun, D. Active frequency tuning of the cantilever nanoresonator utilizing a phase transformation of NiTi thin film. *J. Vibroeng.* **2017**, *19*, 5161–5169. [[CrossRef](#)]
43. Jaccodine, R.J.; Schlegel, W.A. Measurement of strains at Si-SiO<sub>2</sub> interface. *J. Appl. Phys.* **1966**, *37*, 2429. [[CrossRef](#)]
44. Scharzer, N.; Richter, F. On the Determination of Film Stress from Substrate Bending: Stoney's Formula and Its Limits. 2006, pp. 1–17. Available online: <http://nbn-resolving.de/urn:nbn:de:swb:ch1-200600111> (accessed on 15 December 2017).
45. Zapomel, J.; Stachiv, I.; Ferfecki, P. A novel method combining Monte-Carlo-FEM simulations and experiments for simultaneous evaluation of the ultrathin film mass density and Young's modulus. *Mech. Syst. Signal Process.* **2016**, *66–67*, 223–231. [[CrossRef](#)]
46. Sader, J.E. Frequency response of cantilever beams immersed in viscous fluids with applications to the atomic force microscopy. *J. Appl. Phys.* **1998**, *84*, 64–76. [[CrossRef](#)]

47. Timoshenko, S.; Goodier, J.N. *Theory of Elasticity*, 2nd ed.; The Maple Press Comp.: New York, NY, USA, 1951.
48. Fu, Y.Q.; Zhang, S.; Wu, M.J.; Huang, W.M.; Du, H.J.; Luo, J.K.; Flewitt, A.J.; Milne, W.I. On the lower thickness boundary of sputtered TiNi films for shape memory application. *Thin Solid Films* **2006**, *515*, 80–86. [[CrossRef](#)]
49. Jensen, K.; Kwanpyo, K.; Zettl, A. An atomic-resolution nanomechanical mass sensor. *Nat. Nanotechnol.* **2008**, *3*, 533–537. [[CrossRef](#)] [[PubMed](#)]
50. Berger, R.; Lang, H.P.; Gerber, C.; Gimzewski, K.; Meyer, E. Surface stress in the self-assembly of alkenethiols on gold. *Science* **1997**, *276*, 2021–2024. [[CrossRef](#)]
51. Dohn, S.; Schmid, S.; Amiot, F.; Boisen, A. Position and mass determination of multiple particles using cantilever based mass sensors. *Appl. Phys. Lett.* **2010**, *97*, 044103. [[CrossRef](#)]
52. Kwon, T.Y.; Eom, K.; Park, J.H.; Yoon, D.S.; Kim, T.S.; Lee, H.L. In situ real time monitoring of biomolecular interactions based on resonating microcantilevers immersed in a viscous fluid. *Appl. Phys. Lett.* **2007**, *90*, 223903. [[CrossRef](#)]
53. Gupta, A.K.; Nair, P.R.; Akin, D.; Ladisch, M.R.; Broyles, S.; Alam, M.A.; Bashir, R. Anomalous resonance in a nanomechanical biosensor. *Proc. Natl. Acad. Sci. USA* **2006**, *103*, 13362–13367. [[CrossRef](#)] [[PubMed](#)]
54. Tamayo, J.; Ramos, D.; Mertens, J.; Calleja, M. Effect of the adsorbate stiffness on the resonance response of microcantilever sensors. *Appl. Phys. Lett.* **2006**, *89*, 224104. [[CrossRef](#)]
55. Ramos, D.; Tamayo, J.; Mertens, J.; Calleja, M. Origin of the response of nanomechanical resonators to bacteria adsorption. *J. Appl. Phys.* **2006**, *100*, 106105. [[CrossRef](#)]
56. Fedorchenko, A.I.; Stachiv, I.; Wang, A.-B.; Wang, W.-C. Fundamental frequencies of mechanical systems with *N*-piecewise constant properties. *J. Sound Vib.* **2008**, *317*, 490–495. [[CrossRef](#)]



© 2018 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).