



Vapor-Stripping and Encapsulating to Construct Particles with Time-Controlled Asymmetry and Anisotropy

Ting-Ying Wu ^{1,†}, Chendi Gao ^{2,†}, Man-Chen Huang ³, Zhi Zhang ², Peng-Yuan Wang ⁴, Hsun-Yi Chen ^{3,*}, Guosong Chen ^{2,*} and Hsien-Yeh Chen ^{1,5,6,*}

- ¹ Department of Chemical Engineering, National Taiwan University, Taipei 10617, Taiwan; tilee824@gmail.com
- ² The State Key Laboratory of Molecular Engineering of Polymers, Department of Macromolecular Science, Fudan University, Shanghai 200433, China; 17110440002@fudan.edu.cn (C.G.); 18110440016@fudan.edu.cn (Z.Z.)
- ³ Department of Biomechatronics Engineering, National Taiwan University, Taipei 10617, Taiwan; jenny22930794@gmail.com
- ⁴ Center for Human Tissues and Organs Degeneration, Institute of Biomedicine and Biotechnology, Shenzhen Institutes of Advanced Technology, Chinese Academy of Sciences, Shenzhen 518055, China; py.wang@siat.ac.cn
- ⁵ Molecular Imaging Center, National Taiwan University, Taipei 10617, Taiwan
- ⁶ Advanced Research Center for Green Materials Science and Technology, National Taiwan University, Taipei 10617, Taiwan
- * Correspondence: hsunyichen@ntu.edu.tw (H.-Y.C.); guosong@fudan.edu.cn (G.C.); hsychen@ntu.edu.tw (H.-Y.C.); Tel.: +886-233-669-476 (H.-Y.C.)
- + Ting-Ying Wu and Chendi Gao contributed equally to this work.

Received: 13 November 2020; Accepted: 14 December 2020; Published: 18 December 2020



Abstract: An innovative chemical vapor sublimation and deposition (CVSD) process was shown to produce nanoscale anisotropic hybrid materials. Taking advantage of controlled thermodynamic properties and the mass transfer of molecules, this process allowed for water vapor sublimation from an iced template/substrate and stagewise vapor deposition of poly-p-xylylene onto the sublimating ice substrate. In this study, the use of sensitive soybean agglutinin (SBA) protein tubes was demonstrated as an example to prepare the anisotropic hybrid material based on the CVSD process. The rationale of a timing parameter, Δt , was controlled to program the sublimation of the SBA-ice templates and the deposition of poly-*p*-xylylene during the CVSD process. As a result of this control, a stripping stage occurred, during which SBA tubes were exposed on the particle surface, and a subsequent encapsulation stage enabled the transformation of the ice templates into a nanometer-sized anisotropic hybrid material of poly-*p*-xylylene as the matrix with encapsulated SBA tubes. The timing parameter Δt and the controlled stripping and encapsulating stages during CVSD represent a straightforward and intriguing mechanism stemming from physical chemistry fundamentals for the fabrication of hybrid materials from sensitive molecules and with predetermined sizes and asymmetrical shapes. A simulation analysis showed consistency with the experimental results and controllability of the timing mechanism with predictable particle sizes.

Keywords: vapor sublimation; vapor deposition; nanoparticle; anisotropic material; timed control

1. Introduction

Anisotropic micro- and nano-objects enable dissimilar and multiple properties in physical, chemical, and biological aspects, thereby offering unrivaled synergistic multifunctional properties



compared to the simple functions usually found in conventional isotropic materials. These advanced anisotropic materials have been shown to be useful in a wide range of applications as energy materials, optical materials, and biomaterials [1–3]. Many review articles have outlined recent progress in the fabrication processes and the promising applications of these anisotropy materials [4–9].

Exciting combinations used to access anisotropy across the building blocks of distinct materials have generated complexity with regard to a new dimension of combined physical (geometrical) properties and chemical (material) functionalities. Although successfully predicted [2], there are challenges regarding different thermodynamic complexities, such as intermolecular interactions between diverse molecules in composited systems [10,11], unfavorable and phase-separated boundaries, compromised functionality due to structural disorders, and limited experimental methods for the fabrication of sophisticated and sensitive anisotropic materials. Currently, existing methods for producing these materials include colloidal assembly [12], the application of postmachinal force to reshape structures [13,14], the application of regional modifications to create directional patches [15,16], and electrified jetting with combined jetting solutions (cojetting) [17,18]. Specific limitations, however, include restricted sizes and low yields, problematic intermolecular interactions, e.g., chemical reactions or physical bindings, causing various forms of aggregations, and uncontrollable diffusion or phase separation, resulting in undesired cross-boundary issues in each component composed of sensitive structures, which are subjected to irreversible deconstruction and denaturation during the fabrication process. These problems still limit the construction of anisotropic materials composed of sensitive structures and delicate functionalities, and novel approaches to produce these anisotropic materials easily with high yields are still in great demand. Chemical vapor sublimation and deposition (CVSD) is a unique and versatile technique to construct porous materials with sizes ranging from centimeters to nanometers [19,20]. This technique has been successfully employed for vapor-depositing a poly-*p*-xylylene polymer system on an iced template substrate. Compared to the stationary substrates used in conventional vapor deposition, the CVSD deposition occurred on a dynamic sublimation substrate, where shrinkage in the volume and perimeter of the sublimating substrate caused a mobile surface in the direction of shrinkage. The resulting poly-*p*-xylylene deposition on this mobile substrate enabled not only the planar coverage of poly-*p*-xylylene on the substrate surface, but also allowed for deposition into the third depth dimension due to the mobile substrate, resulting in a three-dimensional bulk material of poly-p-xylylene. Whereas past studies have exploited a refined CVSD approach to form nanometer-sized objects [19,21], we found that CVSD on a mixed solution of a solid template containing nonvolatile components can result in the construction of an anisotropic material final product (Figure 1). Two stages were proposed to fabricate the anisotropic object by CVSD and were controlled by a programmable time (Δt) parameter to regulate the sublimation and deposition in the stripping stage and the encapsulation stage during the CVSD process, i.e., an iced template was subjected to sublimation to evaporate water molecules, and the same template was subjected to vapor-deposited poly-*p*-xylylene to transform the template into a poly-*p*-xylylene matrix for encapsulation of the SBA protein tubes. CVSD offers the same advantages as the conventional chemical vapor deposition process, i.e., no solvent, dry process, and conformal deposition with respect to the substrate topology and geometry [22–24]. Additionally, it provides (1) controlled unsteady-state mass transport by using a sublimation substrate, avoiding problematic intermolecular and phase separation issues, (2) a time-dependent control parameter to independently regulate the mass transport of each component in the sublimation phase and the deposition phase during CVSD, enabling the construction of the final anisotropic object with tunable bulk size and/or geometric shape, and (3) the predetermined distribution of the solute phases (one or multiple), eliminating stresses from interphase and intermolecular interactions due to changes in concentrations and rehydration, which frequently occur in conventional solution-based systems [25,26] and freeze-dried products [27,28], enabling the preservation of the delicate function and structure of sensitive molecules.



Figure 1. Illustration of the CVSD fabrication process to construct anisotropic nanomaterials. A time-dependent (Δt) control parameter was used to control both the stripping stage and encapsulating stage during CVSD to tune the final hybrid products with a determined size and dimensional configuration.

2. Materials and Methods

2.1. Preparation Process of SBA Protein Tubes

First, 4-(2-Hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) buffer was prepared by dissolving 0.952 g HEPES and 0.468 g NaCl into 200 mL pure water ([HEPES] = 20 mM and [NaCl] = 40 mM). The pH of the buffer was adjusted by adding 1 mM NaOH solution until a value of 7.2 was achieved. The SBA protein, CaCl₂, MnCl₂ and the ligands were dissolved in buffer separately and kept at 4 °C for one day. All solutions were filtered through a 0.22 µm membrane before use. The SBA tube sample was generated by simply mixing these solutions and adjusting the final concentration of the sample to [SBA] = 0.1 mM, [ligand] = 0.1 mM, [CaCl₂] = 5 mM, [MnCl₂] = 5 mM), [HEPES] = 20 mM and [NaCl] = 40 mM. The formation of these SBA protein assemblies was induced by dual-supramolecular interactions: carbohydrate–protein interactions occurred first between the protein and N-acetyl- α -D-galactosamine on the ligand, followed by rhodamine dimerization between two ligands. The protein tubes were formed in 48 h, and their length gradually increased with increasing time. These protein tubes remained stable for more than one year at 4 °C in a mild neutral pH = 7.2 buffer solution.

2.2. Fabrication Process

The synthesized SBA protein tube solution with a concentration of 0.1 mmol/L was used to prepare the ice-particle templates. Droplets of the solution were formed by spraying the solution onto a hydrophobic poly(tetrafluoroethylene) (PTEF) substrate. A solidification procedure using a liquid nitrogen bath was performed to transform the solution droplets into iced particles. These ice particles served as templates for the subsequent CVSD process. The ice particles were placed in a homemade vapor deposition chamber [23,24] for the sublimation and deposition processes. The processing conditions were a pressure of 150 mTorr and at a deposition temperature of 4 °C. For the vapor deposition of poly-*p*-xylylene, polymerization from a precursor dichloro-[2,2]-paracyclophane (Galxyl C, Galentis, Marcon, Italy) was performed by vaporizing the precursor at approximately 120 °C, followed by a higher temperature of 650 °C to pyrolyze the vapor precursor into quinodimethane radicals. The deposition and polymerization finally occurred in a cooled sample holder at 4 °C. Argon carrier gas at a flow rate of 15 sccm was used during the process to deliver the vapor precursors

and the radicals. A deposition rate of 0.5 Å/s was monitored by in situ quartz crystal microbalance (QCM) equipment (STM-100/MF, Sycon Instruments, East Syracuse, New York, NY, USA) mounted on the deposition chamber.

2.3. Characterizations

The vapor compositions during the CVSD fabrication process were characterized by real-time mass spectrometry with a residual gas analyzer (RGA, HAL RC 511, Hiden Analytical, Warrington, UK). The operation conditions were a pressure of 10^{-7} mbar, an electron ionization energy of 70 eV and an ionization emission current of 20 μ A. The mass detection range was from 0 amu to 400 amu. SEM images were recorded with a NovaTM NanoSEM (FEI, Hillsboro, OR, USA) at a primary voltage of 10 eV and emission current of 204 µA with an Everhart-Thornley detector (ETD). Negative TEM images were obtained by staining the samples with 1 wt% uranyl acetate for 10 s. The TEM experiments were then performed with an H-7650 TEM (Hitachi, Tokyo, Japan) at 25 kV, and the images were captured by a Veleta TEM camera (Olympus, Tokyo, Japan). Cryo-TEM samples were obtained using Vitrobot (Thermo Fisher, Waltham, MA, USA) then transferred to Fischione 2550 Cryo transfer holder (Fischione, Export, PA, USA) and images were captured under 200 kV by a Tecnai TF20 TEM (FEI, Hillsboro, OR, USA). AFM experiments were acquired by a nanoscope IIIa (Veeco, Edina, MN, USA) in tapping mode using silicon nitride tips (Bruker, Billerica, MA, USA) with a tip radius of 12 nm and a spring constant of 0.04 N/m. FT-IR spectra of the fabricated particle samples were recorded by a Spectrum 100 spectrometer (PerkinElmer, Waltham, MA, USA) equipped with an advanced grazing angle specular reflectance accessory (AGA, PIKE Technologies, Fitchburg, WI, USA) equipped with a liquid nitrogen-cooled MCT detector. The recorded spectra ranged from 600 to 4500 cm⁻¹ with 16 scan times at 4 cm⁻¹ resolution. An IX71 fluorescence microscope (Olympus, Center Valley, PA, USA) equipped with a Lumen200 200 W fluorescence lamp (Prior, Cambridge, UK) was used to detect the ligand within the SBA proteins, and a VK-9500 3D profile microscope (Keyence, Osaka, Japan) was also used to analyze the morphology and height of the fabricated particle samples.

2.4. Simulations

A simulation of the sublimation of an ice particle was performed and constructed with COMSOL Multiphysics, and two-dimensional (2D) and three-dimensional (3D) finite element analysis were applied. The deformed geometry method was employed to trace the sublimation interface. The model framework was constructed based on the assumption of homogeneous and isotropic composition of the ice particle with a symmetric and spherical geometry. The velocity of the deformed interface was derived based on mass and heat balance and was given by:

$$N\Delta H_{sub} = V_S \rho_{ice} \Delta H_{sub} = Q_S \tag{1}$$

where *N* is the mass flux of water vapor, ΔH_{sub} is the latent heat of sublimation of ice, which is determined by the Clapeyron equation [29] since we assumed that the frozen ice phase is in equilibrium with the water vapor at the ice-air interface, V_S is the interface velocity, ρ_{ice} is the density of ice, and Q_S is the heat flux at the interface. The interface velocity was determined by the Stefan condition [30] and arbitrary Lagrangian–Eulerian (ALE) formulation [31]. The saturation vapor pressure at the boundary was obtained from the real-time mass detector, which is measured to be 5×10^{-8} torr. The general and reasonable diffusion coefficient assumed a constant dependence on temperature [32]. The bulk and interface temperatures were room temperature (20 °C) and at a phase change temperature of water at 150 mTorr, respectively.

3. Results and Discussion

Delicate soybean agglutinin (SBA) protein assemblies were fabricated by the ligand strategy following previously reported procedures, and were used for the generation of the proposed anisotropic

object due to their unique structure, which is symmetric and tubular in three dimensions. Briefly, SBA assemblies were constructed utilizing the specific sugar-binding capability of its four monomers in the presence of Mn²⁺ and Ca²⁺ [33]. Through the assistance of a developed ligand composed of N-acetyl- α -D-galactosamine, ethylene oxide spacer and rhodamine B, a self-assembled SBA tetramer structure with a helical tube with a diameter of approximately 20 nm and a length of 100–2000 nm was generated. The synthesized SBA was characterized with dynamic light scattering (DLS) and Cryo-TEM (cryogenic transmission electron microscopy), and the results showed an SBA tube approximately 250 nm in size and 26 nm in diameter (Figure 2a,b). Suspension solutions of the synthesized SBA protein tubes with a defined composition were then prepared to form droplets on hydrophobic surfaces [21] and transformed into solidified protein solution particles by a temperature solidification process, e.g., liquid nitrogen or dry ice bath, resulting in a sublimation template for the CVSD process used in this study. The thermodynamic conditions (approximately 0.2 mbar and 20 °C) of the CVSD operation favored the transformation of the solid-phase water component (ice) of the solidified protein solution into water vapor, similar to the generation of CO₂ vapor from dry ice in ambient conditions [34] or to the freeze-drying process to evaporate the water (or solvent) phase from a solution mixture used in many purification and processing operations [35,36]. Under the CVSD conditions, water molecules were evaporated by sublimation from the solid iced particles, whereas the nonsublimating protein molecules retained their controlled distribution on the substrate and were seamlessly encapsulated into the deposited polymer structure [20,21].



Figure 2. (a) DLS and (b) Cryo-TEM data showed that the fabricated SBA tubes were approximately 234.3 \pm 26.3 nm in length and 26 nm in diameter. (c) Droplets of protein solution were formed on a hydrophobic surface. A measured water contact angle value of 137.3 \pm 6.5 degrees was shown in the inset. (d) Mass spectrometric analysis of vapor composition during the CVSD process. Characteristic peaks at approximately 18 amu (water molecule), 104 amu (quinodimethane), and 139 amu (chloro-quinodimethane) were detected.

The construction of the proposed anisotropic objects was therefore established by CVSD with a controllable two-stage process: (i) stripping stage, (ii) encapsulating stage, where the time-dependent parameter, Δt , was used to control the sublimation degree of the sublimated ice template, and the elapsed time was propositional to the sublimated volume of shrinkage. More specifically, in the stripping stage, the protein molecules were used as a nonsublimation-solute system in the ice particles with the sublimating water molecules (solvent system). The sublimation of water molecules resulted in a smaller volume and receding interface perimeters of the ice particles, where the protein molecules were located towards the outer particle surfaces, while in the encapsulating stage, the vapor deposition of poly-*p*-xylylene occurred stagewise (after the same programmed time), and the remaining volume (mass) of the sublimating ice particles was transformed into porous structures of poly-*p*-xylylene, which was used a matrix for the encapsulation of the protein molecules without affecting their configuration and structure. Compared to the stripping stage, during which mass transport flux only occurred in one (outward) direction through sublimation, the encapsulating stage additionally involved the mass flux of deposited poly-p-xylylene into the system onto the sublimating template/substrate, which led to a transformation through the replacement of vaporized water molecules with the deposited poly-*p*-xylylene molecules. The stagewise stripping and encapsulating processes finally resulted in the proposed anisotropic nanoparticle product, which was composed of poly-*p*-xylylene as the matrix and distributed SBA proteins within the poly-*p*-xylylene structure. In the experiments, symmetrical sphere ice particles of the described protein solution were prepared by forming droplets on hydrophobic surfaces (water contact angle approximately 137.3 ± 6.5 degrees, Figure 2c) followed by a solidification process using a liquid nitrogen bath. The ice particles served as sublimation templates, and the operation time ($\Delta t_1, \Delta t_2, \Delta t_3, \dots$) was controlled and resulted in emerging and eventually exposed nonvolatile components of the protein solutes by the time-dependent shrinkage of the ice perimeter due to sublimation in the two-stage process of the fabrication process. The controllable Δt parameter regulated the timing of the sequences (i) and (ii) during the fabrication process and determined the aspect ratio and shape of the finalized (hybrid-) nanoparticle products. A real-time mass spectroscopic gas analyzer was used to monitor the vapor composition (Figure 2d), and the correspondent species including water vapor (18 amu), carrier gas of argon (40 amu), derivatives of quinodimethanes (104 amu and 139 amu) were detected in the studied vapor system of the CVSD fabrication process. A more systematic analysis of the changes in mass was further performed to verify the controllability of time during the stripping and encapsulating stages in the CVSD process. As revealed in Figure 3, the detection of an increased level of water vapor (18 amu) indicated the occurrence of sublimation in the stripping stage, and similarly, a vaporized chloro-quinodimethane precursor (139 amu) was detected to indicate the initiation of deposition in the encapsulation stage. The timing parameter, with values of $\Delta t_1 = 60$ s, $\Delta t_2 = 120$ s, and $\Delta t_3 = 185$ s, was shown to control and program both the stripping stage and the encapsulating stage, resulting in changes in the vapor compositions at the selected and designated times. From a chemical point of view, characterizations for the resultant hybrid particles products were also performed by using FT-IR analysis. As shown in Figure 4, the recorded spectra showed the characteristic –C–Cl and –C–H bands from poly-*p*-xylylene, similar to other reported poly-*p*-xylylene systems. For the hybrid product comprised both SBA and poly-*p*-xylylene, despite possible overlapped peaks of -C=O and -C-O with the -C-Cl peaks, additional -N-H and –O–H bands from solely SBA were detected and confirmed the successful fabrication of the hybrid materials of poly-p-xylylene/SBA.



Figure 3. Real-time mass spectrometry analysis of the vapor compositions during the CVSD process showed controllable timing of Δt_1 , Δt_2 , Δt_3 , with corresponding regulations of vapor compositions in the stripping stage and the encapsulating stage.



Figure 4. FT-IR spectra showed the chemical composition of the fabricated anisotropic composite particles with poly-*p*-xylylene as the matrix and the encapsulated SBA proteins. Spectra were also recorded for pure poly-*p*-xylylene and pure SBA for comparison.

A simulation analysis was then performed to understand the timing mechanism during the CVSD and to rationalize the controllability of the geometrical properties vs. the Δt parameters. Taking advantage of the similarity of a freeze-drying process with the ice-template sublimation process of the current system during the proposed stripping stage, a reported mathematical freeze-drying model was used in the simulations [37]. Our model framework was designed according to the proposed dimensional scale of an ice particle system, and the simulated dimensional and temporal information was collected. Briefly, a spherical ice particle was initiated and coupled through heat and mass transfer mechanisms in its sublimation process, and the moving sublimation boundary was treated as a sharp interface. The interfacial temperature was obtained by the saturation vapor pressure, while the interface velocity was determined by the normal heat flux difference at the interface. The processing pressure of the CVSD process was used as the pressure of the external environment of the ice sphere. Although the SBA tubes were described as nonsublimating solutes within the ice template, they were sparsely distributed and nonreactive during the CVSD process. Therefore, the SBA proteins should have a limited effect on the sublimation process in the simulation. The simulation results were consistent with the experimental results, for example, a $\Delta t = 60$ s reduced the size of an ice particle from the initial $50 \,\mu\text{m}$ to $32 \,\mu\text{m}$, $160 \,\text{s}$ resulted in a size decrease to $5 \,\mu\text{m}$, $177 \,\text{s}$ to $500 \,\text{nm}$, and $178 \,\text{s}$ to $250 \,\text{nm}$, as shown in Figure 5a. After the stripping stage, with the determined dimension configurations according to the set Δt , the subsequent encapsulating stage initiated the transformation by inducing mass transfer of poly-*p*-xylylene through vapor deposition (in contrast to retrograding mass transfer by sublimation) onto the sublimating ice particle. The final asymmetrical nanoparticles were obtained by replacement of the remaining ice/water molecules with the aforementioned polymerized poly-*p*-xylylene molecules. As revealed in Figure 5b, combinations of characterization techniques, including optical microscopy, scanning electron microscopy (SEM), transmission electron microscopy (TEM), and AFM, showed that the encapsulation and poly-*p*-xylylene deposition occurred by retrograding the outer surface of the ice particles, thereby exposing the protein to the particle surface, and a time-dependent configuration of the size and the exposed protein-assembly dimensions was found, which was consistent with the simulation results. Particles with 38.3 \pm 8.6 µm size were fabricated when $\Delta t = 60$ s, 6.3 \pm 1.6 µm when $\Delta t = 160 \text{ s}, 608.3 \pm 56.8 \text{ nm}$ when $\Delta t = 177 \text{ s}, \text{ and } 294.3 \pm 38.6 \text{ nm}$ when $\Delta t = 178 \text{ s}; \text{ a first-order linear}$ correlation of Δt vs. length ($\sqrt[3]{\Delta V}$) was found, which supported the simulation data and the reported results [19]. The fabricated anisotropic particle structure was preserved without compromising the delicate SBA tube structure, and a tube diameter of approximately 40 nm were found to be consistent with the prepared SBA tube dimension in the solution phase. The approximately 14 nm-increased diameter thickness (from 26 nm of a bare SBA tube to 40 nm) was found to be comparable to the deposited thickness of poly-p-xylylene and was due to the deposition on the nonsublimating SBA tube, analogous to conventional poly-*p*-xylylene depositions on a solid substrate [22,38]. To compare the results, the time-dependent particle sizes based on the simulation trajectory and the fabricated particles are plotted in Figure 6, and a recorded simulation video showing a sublimating ice particle template with respect to the elapsed time is included in the supporting information.



Figure 5. (a) Simulation results showed that $\Delta t = 60$ s reduced an initial 50 µm ice particle to 32 µm, $\Delta t = 160$ s to 5 µm, $\Delta t = 177$ s to 500 nm, and a $\Delta t = 178$ s to 250 nm. (b) Combinations of characterizations by optical microscopy (OM), SEM, TEM, and AFM of the fabricated anisotropic nanoparticles. Controlled sizes and geometries are shown with respect to the specified Δt .



Figure 6. Controlled particle size based on the programmed time-parameter during the two-stage CVSD fabrication process. The simulation and experimental results were mutually consistent. The data points were expressed as the mean value and the standard deviation based on three independent experiments.

4. Conclusions

In summary, controlling material anisotropy and asymmetry is a fascinating technique adopted from nature which offers superior and diverse properties derived from both the chemical and physical compartments of the materials. The current study demonstrated the challenge of inducing a sensitive, self-assembled SBA protein into a vapor-deposited poly-*p*-xylylene structure that was fabricated via a two-staged stripping and encapsulating process. The reported process employed a vapor-phase construction process using water and ice as templates, and the controllable timing parameter with controlled thermodynamic conditions and mass transport, particularly in the vapor

phases of sublimation and deposition, offering flexible control over the particle sizes and aspect ratios in the nanometer range. The sizes of the fabricated anisotropic materials were shown to range from approximately 57 μ m to 294 nm, and the simulation results were able to accurately predict the size of fabrication (from 50 μ m to 250 nm). With the ability to extend this straightforward CVSD process to other nonsensitive materials (functional materials), we foresee the development of prospective anisotropic and asymmetric materials with unlimited functional products and applications in materials sciences.

Author Contributions: Conceptualization, H.-Y.C. (Hsien-Yeh Chen), H.-Y.C. (Hsun-Yi Chen), P.-Y.W., and G.C.; methodology, H.-Y.C. (Hsien-Yeh Chen) and T.-Y.W.; software, T.-Y.W. and M.-C.H.; validation, T.-Y.W., H.-Y.C. (Hsien-Yeh Chen), and P.-Y.W.; formal analysis, T.-Y.W. and C.G.; investigation, T.-Y.W. and C.G.; resources, T.-Y.W., C.G., P.-Y.W., and Z.Z.; data curation, T.-Y.W.; writing—original draft preparation, T.-Y.W., C.G., H.-Y.C. (Hsien-Yeh Chen), H.-Y.C. (Hsun-Yi Chen), and G.C.; writing—review and editing, T.-Y.W. and H.-Y.C. (Hsien-Yeh Chen); visualization, T.-Y.W. and H.-Y.C. (Hsien-Yeh Chen); supervision, H.-Y.C. (Hsien-Yeh Chen); upervision, H.-Y.C. (Hsien-Yeh Chen), H.-Y.C. (Hsien-Yeh Chen), and G.C.; funding acquisition, H.-Y.C. (Hsien-Yeh Chen), H.-Y.C. (Hsien-Yeh Chen), H.-Y.C. (Hsien-Yeh Chen), and G.C. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the Ministry of Science and Technology of Taiwan, grant number MOST 108-2221-E-002-169-MY3, MOST 108-2218-E-007-045, and MOST 109-2314-B-002-041-MY3. This work was further supported by the "Advanced Research Center for Green Materials Science and Technology" from The Featured Area Research Center Program within the framework of the Higher Education Sprout Project by the Ministry of Education (107 L9006) and the Ministry of Science and Technology in Taiwan (MOST 109-2634-F-002-042). The work was also funded by the NSFC of China, Grant number 51721002, 21861132012, 91956127, and 21975047.

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

References

- 1. Perro, A.; Reculusa, S.; Ravaine, S.; Bourgeat-Lami, E.; Duguet, E. Design and synthesis of Janus micro- and nanoparticles. *J. Mater. Chem.* **2005**, *15*, 3745–3760. [CrossRef]
- 2. Glotzer, S.C.; Solomon, M.J. Anisotropy of building blocks and their assembly into complex structures. *Nat. Mater.* **2007**, *6*, 557–562. [CrossRef] [PubMed]
- 3. Mitragotri, S.; Lahann, J. Physical approaches to biomaterial design. *Nat. Mater.* **2009**, *8*, 15–23. [CrossRef] [PubMed]
- Lee, K.J.; Yoon, J.; Lahann, J. Recent advances with anisotropic particles. *Curr. Opin. Colloid Interface Sci.* 2011, 16, 195–202. [CrossRef]
- Lattuada, M.; Hatton, T.A. Synthesis, properties and applications of Janus nanoparticles. *Nano Today* 2011, 6, 286–308. [CrossRef]
- 6. Wurm, F.; Kilbinger, A.F.M. Polymeric Janus Particles. Angew. Chem. Int. Ed. 2009, 48, 8412–8421. [CrossRef]
- 7. Walther, A.; Müller, A.H.E. Janus particles. Soft Matter 2008, 4, 663–668. [CrossRef]
- 8. Pawar, A.B.; Kretzschmar, I. Fabrication, Assembly, and application of patchy particles. *Macromol. Rapid Commun.* **2010**, *31*, 150–168. [CrossRef]
- 9. Li, W.; Palis, H.; Mérindol, R.; Majimel, J.; Ravaine, S.; Duguet, E. Colloidal molecules and patchy particles: Complementary concepts, synthesis and self-assembly. *Chem. Soc. Rev.* **2020**, *49*, 1955–1976. [CrossRef]
- 10. Hu, X.; Cebe, P.; Weiss, A.S.; Omenetto, F.; Kaplan, D.L. Protein-based composite materials. *Mater. Today* **2012**, *15*, 208–215. [CrossRef]
- 11. Välimäki, S.; Mikkilä, J.; Liljeström, V.; Rosilo, H.; Ora, A.; Kostiainen, M.A. Hierarchically ordered supramolecular protein-polymer composites with thermoresponsive properties. *Int. J. Mol. Sci.* 2015, *16*, 10201–10213. [CrossRef] [PubMed]
- 12. Evers, C.H.J.; Luiken, J.A.; Bolhuis, P.G.; Kegel, W.K. Self-assembly of microcapsules via colloidal bond hybridization and anisotropy. *Nature* **2016**, *534*, 364–368. [CrossRef] [PubMed]
- 13. Champion, J.A.; Katare, Y.K.; Mitragotri, S. Making polymeric micro- and nanoparticles of complex shapes. *Proc. Natl. Acad. Sci. USA* **2007**, *104*, 11901–11904. [CrossRef] [PubMed]

- Rolland, J.P.; Maynor, B.W.; Euliss, L.E.; Exner, A.E.; Denison, G.M.; DeSimone, J.M. Direct fabrication and harvesting of monodisperse, shape-specific nanobiomaterials. *J. Am. Chem. Soc.* 2005, 127, 10096–10100. [CrossRef] [PubMed]
- 15. Chen, H.-Y.; Rouillard, J.-M.; Gulari, E.; Lahann, J. Colloids with high-definition surface structures. *Proc. Natl. Acad. Sci. USA* **2007**, *104*, 11173–11178. [CrossRef] [PubMed]
- 16. Zhang, Z.; Glotzer, S.C. Self-assembly of patchy particles. Nano Lett. 2004, 4, 1407–1413. [CrossRef] [PubMed]
- 17. Badrossamay, M.R.; Balachandran, K.; Capulli, A.K.; Golecki, H.M.; Agarwal, A.; Goss, J.A.; Kim, H.; Shin, K.; Parker, K.K. Engineering hybrid polymer-protein super-aligned nanofibers via rotary jet spinning. *Biomaterials* **2014**, *35*, 3188–3197. [CrossRef] [PubMed]
- 18. Lahann, J. Recent progress in nano-biotechnology: Compartmentalized micro- and nanoparticles via electrohydrodynamic co-jetting. *Small* **2011**, *7*, 1149–1156. [CrossRef]
- 19. Tung, H.-Y.; Guan, Z.-Y.; Liu, T.-Y.; Chen, H.-Y. Vapor sublimation and deposition to build porous particles and composites. *Nat. Commun.* **2018**, *9*, 2564. [CrossRef]
- Tung, H.-Y.; Sun, T.-P.; Sun, H.-Y.; Guan, Z.-Y.; Hu, S.-K.; Chao, L.; Chen, H.-Y. Construction and control of 3D porous structure based on vapor deposition on sublimation solids. *Appl. Mater. Today* 2017, *7*, 77–81. [CrossRef]
- Chiu, Y.-R.; Hsu, Y.-T.; Wu, C.-Y.; Lin, T.-H.; Yang, Y.-Z.; Chen, H.-Y. Fabrication of asymmetrical and gradient hierarchy structures of poly-*p*-xylylenes on multiscale regimes based on a vapor-phase sublimation and deposition process. *Chem. Mater.* 2020, *32*, 1120–1130. [CrossRef]
- 22. Chen, H.-Y. Micro- and nano-surface structures based on vapor-deposited polymers. *Beilstein J. Nanotechnol.* **2017**, *8*, 1366–1374. [CrossRef]
- 23. Chen, H.-Y.; Lin, T.-J.; Tsai, M.-Y.; Su, C.-T.; Yuan, R.-H.; Hsieh, C.-C.; Yang, Y.-J.; Hsu, C.-C.; Hsiao, H.-M.; Hsu, Y.-C. Vapor-based tri-functional coatings. *Chem. Commun.* **2013**, *49*, 4531–4533. [CrossRef] [PubMed]
- 24. Tsai, M.-Y.; Chen, Y.-C.; Lin, T.-J.; Hsu, Y.-C.; Lin, C.-Y.; Yuan, R.-H.; Yu, J.; Teng, M.-S.; Hirtz, M.; Chen, M.H.-C.; et al. Vapor-based multicomponent coatings for antifouling and biofunctional synergic modifications. *Adv. Funct. Mater.* **2014**, *24*, 2281–2287. [CrossRef]
- 25. Mezzenga, R.; Jung, J.-M.; Adamcik, J. Effects of charge double layer and colloidal aggregation on the isotropic–nematic transition of protein fibers in water. *Langmuir* **2010**, *26*, 10401–10405. [CrossRef] [PubMed]
- Kern, N.; Frenkel, D. Fluid-fluid coexistence in colloidal systems with short-ranged strongly directional attraction. J. Chem. Phys. 2003, 118, 9882–9889. [CrossRef]
- 27. Deng, Y.; Luo, Y.; Wang, Y.; Yue, J.; Liu, Z.; Zhong, Y.; Zhao, Y.; Yang, H. Drying-induced protein and microstructure damages of squid fillets affected moisture distribution and rehydration ability during rehydration. *J. Food Eng.* **2014**, *123*, 23–31. [CrossRef]
- Anchordoquy, T.J.; Izutsu, K.-I.; Randolph, T.W.; Carpenter, J.F. Maintenance of quaternary structure in the frozen state stabilizes lactate dehydrogenase during freeze-drying. *Arch. Biochem. Biophys.* 2001, 390, 35–41. [CrossRef]
- 29. Murphy, D.M.; Koop, T. Review of the vapour pressures of ice and supercooled water for atmospheric applications. *Q. J. R. Meteorol. Soc.* **2005**, *131*, 1539–1565. [CrossRef]
- 30. Alexiades, V.; Solomon, A.D. *Mathematical Modeling of Melting and Freezing Processes*; Hemisphere Publishing Corporation: Boca Raton, FL, USA, 1993.
- Jambon-Puillet, E.; Shahidzadeh, N.; Bonn, D. Singular sublimation of ice and snow crystals. *Nat. Commun.* 2018, 9, 6. [CrossRef]
- 32. Monteith, J.L.; Unsworth, M.H. *Principles of Environmental Physics*; Academic Press: Cambridge, MA, USA, 2013; pp. 25–35.
- 33. Yang, G.; Zhang, X.; Kochovski, Z.; Zhang, Y.F.; Dai, B.; Sakai, F.J.; Jiang, L.; Lu, Y.; Ballauff, M.; Li, X.M.; et al. Precise and reversible protein-microtubule-like structure with helicity driven by dual supramolecular interactions. *J. Am. Chem. Soc.* **2016**, *138*, 1932–1937. [CrossRef] [PubMed]
- 34. Zhang, X.-R.; Yamaguchi, H. An experimental study on heat transfer of CO₂ solid-gas two phase flow with dry ice sublimation. *Int. J. Therm. Sci.* **2011**, *50*, 2228–2234. [CrossRef]
- 35. Madihally, S.V.; Matthew, H.W.T. Porous chitosan scaffolds for tissue engineering. *Biomaterials* **1999**, 20, 1133–1142. [CrossRef]
- Deville, S. Freeze-casting of porous ceramics: A review of current achievements and issues. *Adv. Eng. Mater.* 2008, 10, 155–169. [CrossRef]

- 37. Lopez-Quiroga, E.; Antelo, L.T.; Alonso, A.A. Time-scale modeling and optimal control of freeze-drying. *J. Food Eng.* **2012**, *111*, 655–666. [CrossRef]
- Chen, H.-Y.; Lahann, J. Designable biointerfaces using vapor-based reactive polymers. *Langmuir* 2010, 27, 34–48. [CrossRef]

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).