

A FEA-Based Methodology to Predict the Osteotome Wear Status during Nasal Bone Surgical Operations

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Abstract: A FEA-based methodology was developed in order to predict the wear status of an osteotome (surgical instrument) during its use in a lateral nasal bone osteotomy considering its fatigue strength. The latter parameter was determined by appropriate FEM-evaluation of the perpendicular impact test results. For the simulation of the surgical procedure, two scenarios were examined: (i) when utilizing a brand new osteotome and (ii) when utilizing an already used osteotome characterized by decreased fatigue strength. The actual nasal bone geometry used in the FEA model was obtained from a high-resolution, maxillofacial, computed tomography (CT) scan of a single patient. In both cases examined, depiction of fracture patterns for the osteotome and the nasal bone were obtained. The wear of a new osteotome and an already used osteotome was also calculated and compared. The developed von Mises stresses in both the osteotome and nasal bone were depicted. The proposed methodology allowed an accurate prediction of the critical number of impacts that the osteotome can receive during the lateral nasal osteotomy which is followed in all rhinoplasties. Based on the developed methodology, a preventive replacement of the osteotome before its extensive fracture can be determined, thereby minimizing the risk of postoperative complications.

Keywords: nasal bone; FEA-modelling; osteotome; fatigue; wear

1. Introduction

Modern rhinoplasty involves restoring both the external appearance of the nose and the functionality. Both procedures are equally important and for this, all functional abnormalities of the nose should be corrected in the same surgical procedure. The lateral nasal osteotomy is performed almost in all rhinoplasties.

To elucidate critical information for the biomechanics of the nose several researchers resort to FEM (Finite Element Method) analysis as a powerful modeling tool. Different surgical procedures, in the field of rhinoplasty, can be found in literature [\[1](#page-12-0)[–6\]](#page-12-1). For instance, Huang et al. [\[1](#page-12-0)[,2\]](#page-12-2) had simulated the surgical correction of cleft lip nasal deformity and the cleft lip rhinoplasty procedure in terms of stresses developed on several parts of the nose. FEM was also employed for modelling of the nasal septum with a view to facilitating the proper septal realignment and reconstruction [\[3\]](#page-12-3). FE analyses (FEA) of certain deformities of nose such as the inverted-V and the support of the nasal tip [\[4–](#page-12-4)[6\]](#page-12-1) were also reported.

Nevertheless, the lateral nasal osteotomy which constitutes a key step in almost all surgical procedures in rhinoplasty, has not been simulated yet by FEA methodologies. Due to this lack in

literature, the main motivation of this study was to establish a FEA-based methodology so as to simulate the lateral nasal osteotomy surgical procedure. The main underlying goal was to determine the stress distributions and deformations in the surgical instrument (osteotome) used, so as to predict the wear status of the instrument. Osteotomes, as a bone-cutting instruments applied in osteotomies during nasal bone surgical operations, are subjected to repetitive impact loads leading to a sudden and unexpected fatigue failure during their usage. As a result, worn osteotome replacement during a surgical operation is necessary, affecting the smooth handling of the scheduled surgical procedures and risking leaving a metal fragment in the patient and thus disturbing the good postoperative course of the patient.

It should be mentioned that FEM analysis of surgical instruments used in rhinoplasty has been given little attention by researchers, in contrast to the biomechanical analysis of the nose. Ghassemi et al. [\[7\]](#page-12-5) have compared a diamond instrument with a curved osteotome for performing a lateral nasal osteotomy in a clinical study. However, there was no accompanying FEM study, whereas the quality of the osteotomy was checked only visually. Experimental studies on the quality of the osteotomes in terms of sharpness have been reported [\[8](#page-12-6)[,9\]](#page-12-7) but again without any FE analysis of the surgical procedures.

In summary, this work aims at developing a FEA-based methodology in order to predict the osteotome wear status during lateral nasal bone surgery. In this context, a FEA model was developed using ANSYS software in order to simulate dynamically the osteotome penetration into the nasal bone. The dependence upon the accumulated number of impacts' fatigue strength was a variable parameter in the developed FEA-model. To simulate the crack formation and propagation in both materials (osteotome and nasal bone), it is presumed that the developed von Mises stresses have to exceed the maximum fatigue stress limit. For the osteotome material examined, the latter parameter (fatigue stress limit) was experimentally determined by conducting perpendicular impact tests supported by appropriate FEM calculations [\[10](#page-12-8)[,11\]](#page-12-9). Based on the developed methodology, the critical number of impacts for a preventive replacement of the osteotome before its extensive fracture can be determined. The latter depends upon the osteotome material properties and geometry. A depiction of fracture patterns in both the osteotome and nasal bone is also feasible by the employment of this FEA-supported methodology.

2. Materials and Methods

2.1. Lateral Nasal Osteotomy Surgical Procedure to be Modelled by FEM

Traditional methods of performing osteotomies rely on making low, symmetrical lateral bony cuts along the nasal bone. To perform a lateral nasal osteotomy two techniques are commonly used by surgeons, the internal continuous osteotomy (linear technique) and the external perforating osteotomy. The latter method results in extensive edema and significant injury of the nasal mucosa [\[12\]](#page-12-10). Therefore, the preferred method of most surgeons is internal continuous osteotomy and was thus chosen to be modeled by FEM for this study.

The surgical maneuvers, when performing an internal continuous lateral osteotomy follow a certain pattern (learning curve) [\[13\]](#page-12-11). Figure [1](#page-2-0) shows the different curves for such a lateral nasal osteotomies (low-to-low, low-to-high, high-to-low-to-high), along with a schematic representation of a continuous (internal) lateral nasal osteotomy. The most widely accepted path of the internal continuous lateral osteotomy follows a low-to-low pathway. Although this approach is standard, it should be mentioned that the selection of osteotomy type is evaluated individually for every patient [\[13\]](#page-12-11). The osteotome is used to perform a transnasally (continuous) bony cut, creating a single fracture along the lateral portion of the nasal bones.

Figure 1. Path of a straight osteotome during lateral nasal bone surgery. **Figure 1.** Path of a straight osteotome during lateral nasal bone surgery.

performing a low-to-low lateral osteotomy. A straight osteotome was chosen as the surgical instrument. The nasal bone has a small thickness (ca. 0.25mm) and is a very fragile bone. Therefore, during the lateral osteotomy, the instrument is placed vertical to the thickness of the nasal bone (Figure [1\)](#page-2-0) and repetitive impacts are exercised on the osteotome by the surgeon using a special mallet resulting in a extending to have a realistic nasal bone fracture. Therefore, as a case study, the virtual cut of the nasal bone in the FE model was planned by

For simulating this procedure precisely, it is necessary to have the actual geometry of the nasal bone depicting the critical features such as bone thickness and bony nasal pyramid projection. In Figure [2](#page-3-0) schematic representation of the methodology followed in this study for accurately simulating the lateral osteotomy is depicted. The first step was to accurately capture the nose geometrical features in order to have a realistic nasal bone model. This was achieved by using a computed tomography (CT) scan. Subsequently, the geometry of the osteotome was appropriately measured to capture critical characteristic of the cutting edge of the instrument and designed in a 3D CAD (Computer Aided Design)-software (Autodesk Inventor 2017). The osteotome's material properties were necessary as input data for the FE model. This information was attained after conducting experiments using an impact tester to obtain the Woehler diagram of the material, depicting the fatigue stress limits of the osteotome. Appropriate boundary conditions were applied in the FE model of the osteotome and nasal bone (which are discussed in detail in the subsequent sections). The results obtained, allowed the visual depiction of von Mises stress fields and the fracture patterns of both the osteotome and the nasal bone. Finally, the validation of the FEM-calculated results was performed by comparison with experimental results and clinical data for the osteotome.

2.2. Construction of Nasal Bone Model

A high-resolution, maxillofacial, computed tomography scan of a single adult female patient was used to generate the soft-tissue and bone reconstructions of the nasal model using image processing software (InVesalius 3.1.1). To attain this target, dicom images obtained by computed tomography of a human head were used (see Figure [3\)](#page-3-1). A medical CT Scanner (AQUILION 16 manufactured by Toshiba) was used. The entire head was sliced at 0.6-mm intervals. Standard and approved clinical techniques were used to obtain the desired CT scan.

create boundaries (adaptive segmentation technique). The polarity rule was applied in boundary *2.2. Construction of Nasal Bone Model* the segmentation of the images and the creation of appropriate boundary conditions, was the digital $\frac{1}{2}$ high-resolution, maximum scale, computed to move $\frac{1}{2}$. In this step the 2D computed depiction of measurements, and quantitative analysis (see Figure [3\)](#page-3-1). In this step the 3D-geometrical depiction of The 3D geometrical model of the nasal bone was created through computer-based image reconstruction. More specifically, the dicom images (around 160 dicom images which were compiled into a 3D stack) were segmented to distinguish between the nasal bone and the rest of the facial model (soft tissue). This segmentation function used the image's (dicom file) gray-scale range to topology to indicate which part was included and which part was excluded. The next step, after stacking of the dicom images so as to create a 3D geometrical volume of the nasal bone for visualization,

the nasal bone can be derived by connecting the boundaries from all image slices. A polygon-based 3D geometrical depiction can thus be created (STL (Stereolithography) file from the defined object boundaries). This polygon based 3D model was comprised of faces in form of triangles and polygons. Each triangular face had 3 points (x, y, z) for the 3 corners thus creating a set of points (point cloud) which can be connected with each other to form a triangulated mesh. This polygonal-based 3D surface model of the nasal bone served only for qualitative analysis and visual depiction.

Figure 2. Methodology used to model the lateral nasal osteotomy surgical procedure.

Figure 3. Three-dimensional (3D) depiction of the nasal bone by appropriate processing of dicom **Figure 3.** Three-dimensional (3D) depiction of the nasal bone by appropriate processing of dicom images obtained from computed tomography (CT) scan of a head. images obtained from computed tomography (CT) scan of a head.

The next step was to create the 3D-surface of the nasal bone in order to insert it in the FEA model (see Figure 4). For this reason the STL file was processed (Autodesk Meshmixer) to control the final number of triangular faces and therefore reduce the file size. The goal was to simplify and smooth the 3D geometrical model of the nasal bone while simultaneously retaining a high degree of resolution, i.e., keeping the 3D geometry of the model as close as possible to the original. It should be mentioned that the 3D digital images, depicted in the STL file, cannot be directly imported in most of series and the images and the images and the creation of approximate boundary $\frac{1}{2}$ the commercial FE software packages. Thus, the 3D polygonal model (STL file) was converted to a $3D$ surface model (see Figure [4\)](#page-4-0). More specifically, the STL surface of the nasal bone was exported and translated to computer-aided drawing (CAD) data. Analytically, it was first imported in a CAD software package as a *.dxf file where the triangular faces of the STL surface were replaced with solid

surfaces creating a 3D surface model. The 3D surface model was processed so as to exclude any damaged triangle surface (e.g surfaces that intersected or that are abnormal) and create a fault-free 3D surface model of the nasal bone. Subsequently, this 3D surface model of the nasal bone was translated to *.SAT file and imported into a finite element analysis program (ANSYS 18.0) creating the final 3D solid model of the nasal bone. This procedure has successfully been applied for creating 3D models of
motel foam [14.15] the final $[14,15]$ $[14,15]$. $3¹⁴$.

Figure 4. $\frac{1}{2}$ surface model of the nasal bone from the corresponding STL file. **Figure 4.** Creation of a 3D surface model of the nasal bone from the corresponding STL file. **Figure 4.** Creation of a 3D surface model of the nasal bone from the corresponding STL file.

2.3. Geometry and Mechanical Properties of the Osteotome

The instrument geometry and its mechanical properties were modeled next. A 3-mm straight osteotome, commonly used for rhinoplasty surgical procedures, was used as a case study in this work. The geometry of the straight osteotome along with its mechanical properties applied in the developed FEA-model, are shown in Figure [5.](#page-4-1) As a reference material for the osteotome, a stainless steel 316L was considered. For determining its mechanical properties, nanoindentations were conducted using a FISCHERSCOPE H100 device, coupled with appropriate FEM-simulations [16]. For excluding the specimen roughness effect on the results accuracy, 30 measurements per nanoindentation were carried out, thus stabilizing the moving average of the indentation depth versus the indentation force. The load-displacement diagram as well as the extracted mechanical characteristics are shown in the right part of Figure 5. *2.3. Geometry and Mechanical Properties of the Osteotome*

Figure 5. The applied osteotome geometry and its mechanical properties. **Figure 5.** The applied osteotome geometry and its mechanical properties. Figure 5. The applied osteotome geometry and its mechanical properties.
 Figure 5. The applied osteotome geometry and its mechanical properties.

For investigating the potential of the instrument material to withstand the repetitive dynamic loads as it penetrates the nasal bone, it is necessary to know its fatigue strength. The fatigue strength of 316L stainless steel was assessed via perpendicular impact tests and appropriate FEM simulations [\[10,](#page-12-8)[11\]](#page-12-9). The impact tester device was designed and manufactured by the Laboratory for Machine Tools and Manufacturing Engineering of the Aristotle University of Thessaloniki in conjunction with the company Impact-BZ (see Figure [6a](#page-5-0)) (London, UK) [\[17\]](#page-13-3). A ceramic ball of 5 mm diameter penetrates repetitively into the specimen under an adjustable maximum load. With the aid of a proportional, integral and differential (PID) controller, the output voltage of a variable transformer, through a direct current (DC) motor is adjusted to attain constant impact force peaks throughout the entire test duration. Moreover, measurements of current, forces, temperatures, and further process parameters are conducted and monitored. The sense of current software conducted and monitored, the sense of current, forces, temperatures, temperatures, temperatures, temperatures, temperatures, temperatures, and further processes of

Figure 6. (a) The applied impact tester. (b) Characteristic imprint after perpendicular impact test on stainless steel 316L at load of 15 N and 10⁶ impacts. (**c**) Smith and Woehler diagrams of stainless 316L. steel 316L.

A characteristic imprint, scanned by white light via confocal microscopy, at a load of 15 N after $10⁶$ impacts is shown in Figure [6b](#page-5-0). The material removal starts at a remaining imprint depth of approximately equal to the double of the insert's arithmetic roughness Ra. This happens for avoiding approximately equal to the double of the insert's arithmetic roughness Ra. This happens for avoiding the interpretation of surface asperity's damages as material damages. The critical impact force for fatigue damage initiation after 106 impacts for stainless steel 316L amounts to 15 N. A way to present fatigue damage initiation after 10⁶ impacts for stainless steel 316L amounts to 15 N. A way to present fatigue data of the stainless steel 316L is offered by the Smith-like diagram, where both S_{max} and S_{min} are plotted as a function of the mean stress S_m . Smith diagram presents the maximum load alterations $\overline{S_m}$ versus its mean value for a fatigue safe operation of a stressed material (see Figure 6c). The Woehler versus its mean value for a fatigue safe operation of a stressed material (see Figure [6c](#page-5-0)). The Woehler diagram applied in the present study illustrates the fatigue safe maximum stress versus the number diagram applied in the present study illustrates the fatigue safe maximum stress versus the number of repetitive loads alternating from zero up to a maximum value. The latter diagram is important in order to know the fatigue failure stress of stainless steel 316L after a certain accumulated number of impacts.
— The dependent critical fatigue stress upon the accumulated number of impacts of the osteotome was used as an input parameter in the developed FEA-model for describing its wear evolution during its vertical to impact with the nasal bone, as it will be further explained.

2.4. The Developed FEA-Model

The developed FEA-model and the corresponding discretisations of all model parts are shown in Figure [7.](#page-6-0) Convergence studies were conducted to determine the optimal mesh density and attain a mesh independent grid [\[18\]](#page-13-4). Dependent upon the employed material, different solid elements were used. In the case of nasal bone due to its irregular shape, solid elements possessing a pyramid geometry were necessary to be used (solid 168) for generating the meshed volume. Moreover, rectangle solid elements (solid 164) were applied in the case of the instrument. In the osteotome center, where the impact takes place, the discretisation network is denser. Since both solid element types, which are the only available solid elements for an explicit dynamic analysis in ANSYS software, do not support the calculation of the developed forces during impact at different times, a different element type was used. different element type was used.

Figure 7. The developed FEA-model. **Figure 7.** The developed FEA-model.

between the instrument elements and the fixed nodes in its bottom surface describing the boundary conditions. The spring stiffness was set equal to the osteotome's elasticity modulus. By using the elastic spring elements, the developed impact loads at each time can be determined. Due to the usage of the spring elements in the instrument, a reverse parts' motion was simulated by the developed FEA-model compared to the real one, leading to the osteotome and nasal bone fracture. In this way, it was assumed that instead of the osteotome, the nasal bone is moving against the instrument. The time course of the nasal bone displacement is linked to a certain curve as shown in Figure [8.](#page-7-0) Every impact was considered to last 0.1 s. The following nonlinear equations [M]{ü}+ [K]{u}=[F], where [M] and [K] are the mass and stiffness matrix, governing the impact between the osteotome and the nasal bone, were solved using an iterative solution method. The equilibrium differential equations are integrated for incremental solution time steps of few milliseconds. Due to the employed explicit method, linear change in displacement over the time of each solution step between t_n and t_{n+dt} was considered. All solution steps were well-converged, indicating that all relevant equations have dropped below the default residual target of 10^{-5} [\[19](#page-13-5)[,20\]](#page-13-6). $\overline{0}$ and $\overline{1}$, $\overline{1}$ More specifically, linear elastic spring elements were generated (combi165) as a connection

Figure 8. The nasal bone displacement versus time considered in the FEM calculations. **Figure 8.** The nasal bone displacement versus time considered in the FEM calculations.

In the developed FEΑ-model, a surface-to-surface contact was applied for describing the In the developed FEA-model, a surface-to-surface contact was applied for describing the interface between the nasal bone and the instrument. In addition, an eroding contact was applied between instrument and nasal bone material $[21,22]$ $[21,22]$. In this way, elements involved in the contact definition are $\frac{1}{2}$ subjected to erosion (element deletion) according to a material failure criterion and not directly due to the eroding contact restrictions. The contact surface is updated as external elements are deleted. More specifically, in the FEM-calculations performed, it was assumed that each solid element of the osteotome can withstand an applied load, which leads to stresses lower than its critical fatigue stress.
--If the developed element stress during impact exceeds the critical fatigue stress, then the element is deleted for simulating the crack and debris formation. In the osteotome case, the critical fatigue stress case, the critical fatigue stress for osteotome element deletion is a variable parameter dependent upon the accumulated number of accumulated number of impacts. This parameter was approached by calculating its Woehler diagram impacts. This parameter was approached by calculating its Woehler diagram via perpendicular impacts tests and appropriate FEM simulation (see Figure [6\)](#page-5-0) [\[10\]](#page-12-8). Moreover, in the case of the nasal bone, the case of the nasal bone, the failure stress for element deletion was kept constant considering already failure stress for element deletion was kept constant considering already published results [\[23–](#page-13-9)[25\]](#page-13-10). In the FEA-model developed, the instrument material was described with piecewise linear plasticity $\overline{}$ and strain rate independent law (see Figure [5\)](#page-4-1), whereas the nasal bone as an elastic material with failure. The density of the nasal bone was determined considering the results shown in the computed tomography (Hounsfield Unit (HU)) and a related diagram describing a correlation between HU and mass density of bone [\[26,](#page-13-11)[27\]](#page-13-12). The density value was set to 1900 kg/m³. Bone was assigned to cortical bone properties (Young modulus: 15 GPa and Poisson ratio: 0.22) [\[23](#page-13-9)[–25\]](#page-13-10).

25]. **3. Analytical Results**

An analytical description of the progressive instrument and nasal bone failure during the first each impact lasts 0.1 s. According to the diagram in Figure [8,](#page-7-0) every impact is associated with nasal each impact lasts 0.1 s. bone fracture of 1 mm. As the osteotome penetrates deeper into the nasal bone, the developed stresses each interact of Tham. The die estection performance deeper and the masar sente, are developed successes are increased. If the developed maximum stress during the impact is larger than the element critical bone fracture of 1 mm. As the osteotome person fracture of 1 mm. As the nasal bone, the nasal bone, the nasal bone, the developed stresses of the nasal bone, the developed stresses of the nasal bone, the developed stresses fatigue stress determined by the instrument Wohler diagram, the failure criterion is met and the related alumnation of the related accumulated 10 impacts via the developed FEA-model is shown in Figure [9.](#page-8-0) It was considered that element is deleted.

ecentent to detected.
The critical fatigue stress for fatigue damage initiation of a new instrument amounts to 3 GPa related range shees for range almage militation or a new modulation and antend include to 5 Gr and (see upper part of Figure [9\)](#page-8-0). Due to the increased fatigue properties of the new osteotome, only slight damages appear in the osteotome tip. In this way, after a cutting length of 10 mm (10 impacts), the wear of the osteotome amounts only to approximately 200 µm. The cutting ability of the osteotome remains unaffected, minimizing the risk of postoperative complications. In the same figure, the surface integrity of the fractured nasal bone is depicted. The latter is significantly affected by the osteotome tip geometry.

Figure 9. Developed von Mises stress fields at different times and thus accumulated number of **Figure 9.** Developed von Mises stress fields at different times and thus accumulated number of impacts in the nasal bone and surgical instrument when using a new osteotome.

a percentile decrease of 20% of the pristine critical fatigue stress for element deletion occurs according a percentile decrease of 20% of the pristine critical fatigue stress for element deletion occurs according to the applied stainless steel's Woehler diagram (see upper part of Figure [10\)](#page-9-0). According to the results to the results to the applied standers steel s worther diagram (see upper part of 1 gare 10). Theorems to the results shown in Figure [10,](#page-9-0) a comparably larger amount of elements are overloaded in a case of an already mount in Figure 10, a comparably higher amount of elements are overloaded in a case of an aready used osteotome. It has to be pointed out that in each incremental solution step the contact between the osteotome and the nasal bone is updated after the elements' deletion. As a consequence, the instrument osteotome and the nasal bone is updated after the elements' deletion. As a consequence, the instrument osteorisme and the nasal bone is apained anter the clements defector. The a consequence, the first affective wear propagates quickly, i.e., after 104 impacts and the developed wear width is over 2 mm. Moreover, owing to the damaged instrument tip after 104 impacts, the surface topography of the fractured nasal bone is characterized by many cracks and intense concavities. Since such a resulting surface of nasal bone is characterized by many cracks and intense concavities. Since such a resulting surface of nasal a percentile decrease of 20% of the pristine critical father critical factor of the principal father of the pri bone, due the usage of a rapidly worn instrument, is associated with potential postoperative problems,
 the instant replacement of the worn instrument is required. When an already used osteotome is employed after an accumulated number of 100 impacts, then

Figure 10. Developed von Mises stress fields at different times in the nasal bone and the surgical **Figure 10.** Developed von Mises stress fields at different times in the nasal bone and the surgical instrument when employing a used osteotome which has already been exposed to an accumulated instrument when employing a used osteotome which has already been exposed to an accumulated number of 100 impacts. number of 100 impacts.

An overview concerning the ability of a new instrument to withstand the impact loads during its penetration into the nasal bone is shown in Figure [11.](#page-10-0) It can be observed that the maximum wear at the instrument tip amounts only to 200 µm at the first 10 impacts due to the improved fatigue at the instrument tip amounts only to 200 μm at the first 10 impacts due to the improved rangue
properties of a new stainless steel instrument. However, after an accumulated number of 100 impacts, properties of a new standers steel instrument. However, after an accumulated number of 100 impacts, the deteriorated fatigue strength of the osteotome results in a rapid wear evolution. Hereupon, a wear the deteriorated fatigue strength of the osteotome results in a rapid wear evolution. Hereupon, a wear width larger than 2 mm develops and the osteotome can be considered as damaged. An overview concerning the ability of a new instrument to withstand the impact loads during

width larger than 2 mm develops and the osteotome can be considered as damaged. In order to validate the possibility of the FEA methodology developed to predict the osteotome wear status during the nasal bone surgical operation, the following procedure was conducted. In the first step, using a new osteotome manufactured from stainless steel, impacts were conducted on a rib bone of a chicken. The structure and the properties of the bone employed resembles the human nasal bone (which was considered as a cortical bone) [\[28\]](#page-13-13). By integrating a piezocrystal in the base and with the aid of an analog to digital converter, the developed forces for attaining a crack of approximately 1 mm were measured and amounted to approximately 21 N (see Figure [12a](#page-10-1)). Moreover, via the applied spring elements in the developed FEA-model, the time-dependent forces can be calculated as a function of the osteotome penetration into the nasal bone. The curve indicated in Figure [12b](#page-10-1) was approximated by full cubic regression of the calculated points describing the developed loads at certain impact times. The developed reaction force amounts to approximately 20 N for attaining a penetration depth of 1 mm during the impact. This value is similar to the measured one, verifying the potential of the developed FEA-methodology to predict the osteotome wear status during surgery of the nasal bone.

Figure 11. Maximum surgical instrument wear versus the time in the case of a new osteotome and **Figure** 11. after an accumulated number of 100 impacts.

Figure 12. (a) Measured force for attaining a crack of approximately 1 mm in a rib bone of a chicken. (b) Calculated impact forces versus the nasal bone displacement. (c) A characteristic image of a worn osteotome, which was clinically used. osteotome, which was clinically used.

Figure [12c](#page-10-1) illustrates a characteristic fracture of the cutting edge of a straight osteotome that was clinically used after ~100 impacts. The fracture pattern resembles that predicted by the FEA model (see Figure [10\)](#page-9-0). A comparison between the maximum measured wear and the predicted one by the developed FEA-model indicates similar values. Thus, the clinical data attained for the osteotome verify also the accuracy, trustworthiness and reliability of the proposed 3D FEM-based model for predicting the wear status of the osteotome during the nasal osteotomy.

4. Discussion

A lateral nasal osteotomy should be precise, reproducible and avoid irregular fragmentation of the nasal bone [\[7,](#page-12-5)[13\]](#page-12-11). Although the surgeon's experience and nasal bone anatomy are factors that need to be considered for obtaining the desired aesthetic outcome and for avoiding postoperative complications, the choice of proper surgical technique and accurate osteotome is considered a more crucial factor by many surgeons [\[7](#page-12-5)[,8\]](#page-12-6). Many studies have compared the different techniques of nasal osteotomies in terms of edema and postoperative ecchymosis [\[7](#page-12-5)[,29\]](#page-13-14). Other studies refer to predictability of fracture lines [\[29](#page-13-14)[,30\]](#page-13-15), prevention of the collapse of the nasal bones and prediction of the different fracture patterns of the nasal bone [\[4](#page-12-4)[,5](#page-12-12)[,31\]](#page-13-16).

However, to the best of our knowledge there are no studies in literature referring to the quality of the surgical instruments, e.g., the osteotome and specifically the cutting edge of the osteotome so as to achieve the desired cosmetic result of the lateral nasal osteotomy. For the first time, a FEA-based methodology is introduced to simulate the lateral nasal osteotomy. The proposed FE model can simulate the fracture patterns of both the nasal bone and osteotome and can offer a visual depiction of the von Mises stress distributions developed. This information can facilitate the proper selection of the osteotome used during the surgical procedure (in terms of geometry and size). Additionally, it can offer valuable information for re-designing osteotomes (e.g., finding critical values and geometries of cutting edge), in order to minimize the damage of nasal bone and consequently minimize post-operative edema.

The decision for replacement of an osteotome is usually taken by the individual surgeon, thus the individual surgeon's judgment plays a key factor but it also raises certain risks. A worn (reused) osteotome requires more force to be used during the light "tap tap" of the mallet throughout the osteotomy procedure and can lead to extensive and abnormal fracture of the nasal bone (see Figure [10\)](#page-9-0). This complicates its precise handling by the surgeon and can make it difficult to follow the defined fracture patterns. Moreover the risk of provoking extra undesirable micro-fractures and irregularities in the nasal bone is high as denoted by the FEA-model (Figure [10\)](#page-9-0). An ideal osteotome allows for less force to be used during the osteotomy, and provides accurate, predictable and reproducible aesthetic and functional outcome [\[1](#page-12-0)[,9\]](#page-12-7). Moreover, there is less risk of wounding the soft-tissue and causing postoperative complications.

Nowadays, the osteotome is presumed to be a disposable instrument by surgeons. Nevertheless, there is luck of certain protocols and well-defined "correct" frequency for replacing an osteotome. One significant key finding of this research is that the introduced FEA-based methodology can provide a general guideline and suggestions that can afford the rhinoplasty surgeon with important quantitative information, concerning the wear status of the osteotome, so as to maximize its usability and ensure that it will function correctly during critical surgical maneuvers.

The agreement of the FEM-calculated results with the experimental ones (measured by the force to penetrate the bone at a specific length (Figure [12a](#page-10-1),b)) verify that the proposed 3D FE-model is able to generate veritable and trustworthy results on the wear status of the osteotome during a lateral nasal osteotomy. The visual resemblance of the fracture patterns between a clinically used osteotome and those depicted by the FE-model serves as an additional verification of the accuracy of the FEA-based methodology introduced (Figure [12c](#page-10-1)). Nevertheless, when considering the fracture pattern of the nasal bone it should be mentioned that the proposed FEA model depicts only the virtual situation. Therefore, supplementary clinical evaluations depicting the nasal bone fracture are needed to validate the fidelity of the FE prediction clinically in the case of the nasal bone.

In summary, the developed FEA-based methodology has potentially important implications for both rhinoplasty surgeons, in term of surgical planning and aesthetic outcome as well as for engineers in terms of instrument/osteotome design.

5. Conclusions

This paper presents a FEA-based methodology for the prediction of osteotome damage status during nasal bone surgical operations. The methodology developed offers a prediction of critical number of impacts which can be used for preventive replacement of the osteotome before its extensive fracture, thus maximizing the osteotome's usability and ensuring that it will function efficiently and correctly during critical surgical maneuvers. Depiction of fracture patterns and developed von Mises stresses for the osteotome and the nasal bone were also obtained. This information has potentially important implications for rhinoplasty, instrument/osteotome design, surgical planning and aesthetic outcome.

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