



Article Life Cycle Assessment of Oyster Farming in the Po Delta, Northern Italy

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Received: 14 August 2019; Accepted: 25 October 2019; Published: 30 October 2019



Abstract: Oysters represent an important portion of the world's total aquaculture production. In recent years, in Italy, oyster farming has progressively increased its role in the economic growth of the aquaculture sector and still has great potential for growth. As in any other production, oyster farming generates environmental impacts over an oyster's life cycle, due to material, energy, fuel, and water use. The aim of this work was to carry out a cradle-to-gate life cycle assessment (LCA) of 1 kg of fresh oysters of commercial size produced in the Po delta area, northern Italy. Two scenarios were considered. The current scenario provides for oyster seed purchasing from France and transport to Italy, whereas the alternative scenario includes in situ seed production in order to realize a complete local and traceable supply chain. Eco-indicator[®] 99-H and ReCiPe[®] midpoint (H) v.1.12 were used to perform the impact assessments. The overall impacts of the two scenarios were very similar and indicated that the main hotspots were the fattening and prefattening phases of farming, which were common in both scenarios. Focusing the analysis on the first stages, transport from France had a greater impact than did local seed production, emphasizing the importance of a short supply chain in aquaculture production.

Keywords: oyster farming; life cycle assessment; LCA; seed production

1. Introduction

Assuring appropriate food and nutrition security worldwide is a daunting challenge [1]. A fundamental issue for future development is if it is possible to obtain a food supply for a human population that is expected to exceed 9 billion by 2050 [2]. Undoubtedly, advances have been made in hunger decline, but often at the expense of the environment and placing large pressures on nature [3]. Direct and indirect land use effects, freshwater scarcity, deforestation, and biodiversity reduction are contributing to a general loss of sustainability and a reduced capacity to leave the same food supply opportunities for future generations [4]. Under this scenario, fisheries and aquaculture, the food industries that need to use soil and freshwater less [5], will be one of the greatest resources in supporting human nutrition for the next years [6]. Aquaculture contributes about 171×10^6 tons per year, about 2% of total food production, and supplies more than 15% of the total protein consumed [7]. Since the 1990s, many fish stocks have been overexploited [8], and catches are still above a level of sustainability [9]. In contrast, for the past five decades, the aquaculture sector has been increasing at a constant rate, now accounting for about 50% of all fishery products [7]: at a level of growth of about 5.8% per year, this overshoots both the population growth rate (1.07% per year) [7] and the food produced by agriculture (<2.0% per year) [10].

Shellfish, in particular, are becoming of growing importance, with 22% of the overall world aquaculture production [11]. Even though East Asia largely dominates the global harvest, the EU

is gaining significantly in oyster (*Crassostrea gigas* and *Ostrea edulis*), mussel (*Mytilus edulis* and *Mitilus galloprovincialis*), and clam (*Ruditapes* spp.) production [12]. Besides production volume, mollusks could be a potential key resource, because on the one hand, they provide a highly nutritious and protein-rich food, and on the other hand, they do not require additional feed or freshwater input (as, for example, fish and crustaceans do) and only need simple and low-energy-eater culture technologies [13]. Moreover, mollusk culture can provide several ecosystem services to the surrounding environment, including water quality preservation, coastal maintenance, seabed settling, and nutrient cycling and sequestration [14]. It can be said that shelled mollusk aquaculture can be recommended as one of the more sustainable and low-impact "food sources of the future" [15].

Indeed, France is the EU leader for oyster production (about 125,000 tons per year), Spain for mussels (about 209,000 tons per year), and Italy for clams (about 32,000 tons per year) [16]. Even though oyster farming was born on the Italian peninsula and was performed by the Romans in the first century BC [17], only recently has Italy invested in oyster farming to meet an increasing consumer demand, with an increased production of about 300% in a few years [18]. In fact, despite the minimal Italian production of oysters, consumers increasingly value their particular taste, making this a very promising and highly valuable sector [19].

For a better understanding of the potential of market expansion and the environmental concerns about mollusk aquaculture, life cycle assessments (LCAs) have been more frequently used to draw out best practices and to calculate the environmental impact of products and process [20]. A LCA is an International Organization for Standardization (ISO)-standardized accounting framework used to develop a "cradle-to-grave" assessment of the potential environmental impacts deriving from the use of energy, water, and material inputs [21]. While LCAs in the agriculture sector are relatively well established [22,23], the application of this tool for evaluating aquaculture production systems is a more recent phenomenon [24]. To date, LCA researchers have examined fish products [25–28] and shelled mollusks (mussels) [29,30]. The studies have suggested that LCAs could be appropriate to evaluate eco-friendliness and the environmental impacts of seafood products. Oysters already account for more than 30% of the overall production of mollusks worldwide, and they are therefore relevant for the whole seafood sector [31], but to the best of the authors' knowledge, besides a report published by the Scottish Aquaculture Research Forum on the carbon footprint of Scottish oyster farming [32], only one unique paper has been published in the international literature that has applied an LCA to oyster farming in Brazil [33]. In 2016, the Italian production of oysters was assessed at a level of about 6300 tons [34], using almost exclusively oyster seeds supplied from abroad, France in particular. A few attempts have been recently performed to set up an in-house hatchery, with promising results [35].

This study was principally aimed at providing the first attempt to evaluate the environmental impacts of Italian oyster farming, from seed hatching to final packaging for the market, comparing the two upstream phases of purchasing seeds from France or producing seeds in a local hatchery. Moreover, the analysis was focused on an identification of the main hotspots of the supply chain in order to encourage the implementation of completely local sustainable production.

2. Materials and Methods

2.1. Description of the Case Study

The cultivation plant is located in Goro, in the Po river delta on the northeastern coast of Italy within the 3-mile zone from the coast under offshore conditions from the Adriatic Sea (Figure 1). It was developed in the last 4–5 years and produces about 10% of the oysters (*Crassostrea gigas*) farmed in Italy (8–10 tons/year).



Figure 1. Location of the oyster culture leases on the northeastern coast of Italy (**a**) in Sacca di Goro (**b**). The positions of the two sites (for seed-oyster hatching (SH) and for off-shore oyster growing (LL)) are indicated.

Crassostrea gigas originates from the Atlantic Ocean and was introduced decades ago to the Adriatic coast for aquaculture scope. The breeding cycle starts with a phase of oyster prefattening (from about 10 to 30 mm long, 4 months), after which comes fattening (from 30 to 70–80 mm long, 8 months). Both prefattening and fattening are carried out in a long-line plant (Figure 2). Oyster farming lasts 12 months, and including in situ seed production, farming takes 16 months, from July/August to November of the following year.



Figure 2. Simplified scheme of the main principles of a submerged long-line plant for oyster end-fattening: 1, head-buoys; 2, buoys; 3, anchoring blocks; 4, floating system; 5, span; 6, mooring; 7, baskets for oyster fattening; 8, trays for oyster prefattening.

A long-line plant is set up with a number of vertical ropes connected to a floating system, which is kept in suspension with emerging buoys. The system is maintained anchored to the seabed by concrete blocks (1200-kg anchoring blocks). Oysters are cultured in vertically stacked, multistory baskets composed of five plastic trays (40 cm in diameter, 10 cm of height) placed one on top of the other and fixed on the flotation system. Mooring lines and ropes keep the unit attached to each concrete block. Each unit measures about 800 m for a total of 3 parallel units 5 m from each other. The overall sea occupation is about 120,000 m². To permit the correct water flow through the grids and for the adequate growth of mollusks, during the farming, trays and baskets are regularly checked to detach any clogging.

For the current scenario, oyster seeds were purchased at L'Epine (Ile de Noirmountier, France), 1596 km from Goro. For the alternative scenario, there was the opportunity to set up an in situ nursing and hatching phase to realize a complete local supply chain (excluding the contribution of French

seeds). After end-fattening, mature oysters were harvested, selected, and packaged for market, with an average production loss of about 50%.

The number of seeds in both scenarios was about 200,000 spats, for a final production of about 100,000 oysters of commercial size (about 8 tons/year), corresponding to the annual production of the farm.

2.2. The LCA Framework

In an LCA, all consumed resources and emissions to the environment at all stages of the life cycle of a product or a process within specific boundaries are accounted for and evaluated, generally from the extraction of raw material to various end-of-life scenarios (i.e., waste, reuse, and recycling). An LCA consists of four stages: (1) the definition of the objective and scope; (2) a life cycle inventory; (3) an impact assessment; and (4) an interpretation of the results. Such an analysis allows for the management of the most important impacts throughout the entire product's life cycle.

2.2.1. Goal and Scope Definition

The first step of an LCA is to define the goal and the scope. The aim of this study was to calculate the potential environmental impacts associated with oyster farming from seed to commercial size. In particular, the following aims were pursued:

- Identification of the main hotspots existing under the current farming conditions described above; and
- Comparison of the current scenario of oyster seed supply from France to an alternative in situ hatching.

The target audiences of this study are the stakeholders of the oyster industry sector, policy-makers, and those involved in LCAs and aquaculture.

The process within the system boundaries for the two scenarios and the main flows for oyster farming are summarized in Figure 3. Both scenarios share four stages: (1) the nursing and hatching of seed; (2) the prefattening of seeds; (3) fattening; and (4) selection and packaging. The second scenario provides for completely local farming, including in situ stage 1.

A supplier gate-to-gate assessment was applied in the first scenario because data on nursing and hatching in L'Epine were not available (including the transport of seed to Goro). A cradle-to-gate assessment was performed in the alternative scenario, including all energy and material inputs used to produce spats. It is worthwhile to specify that the construction of local nursing and hatching buildings was excluded from the impact calculations because they already exist and have been used for other activities in aquaculture for decades. Similarly, oyster waste was not included, because it is usually thrown back into the sea. The possible valorization of oyster waste or oyster shells is beyond the scope of this article.

A functional unit (FU) is defined by ISO standards as a quantified performance of a product system and is used as a reference unit from which all environmental impacts are quantified. The FU chosen for the assessment of oyster farming was 12 oysters at farm gate, which corresponded to 1 kg of commercial fresh oysters for market. This farm gate measure was the FU used in de Alvarenga et al. [33].

2.2.2. Life Cycle Inventory

Data for an assessment of seed production, oyster cultivation, selection, and packaging were gathered in 2019 based on the personal experiences of the authors and interviews with local oyster farmers (Table 1), and these are referred to as the average of the last 5 years of production.



Figure 3. System boundaries used in the life cycle assessment (LCA) of oyster production in Goro under the two proposed scenarios: (a) the current scenario (purchasing seed from France); and (b) the alternative scenario (local nursing and hatching). The boxes represent processes (solid box = foreground process; dashed box = background process; dash–dot box = raw material production process/electricity production), and gray circles represent products. Solid arrows depict mass flows, and dashed lines indicate energy flows.

Table 1. Inventory of main inputs for the two different scenarios: seed from France and local seed
production. The value 0 tons km means that the contribution of transport is negligible, since the
supplier is located in Goro. The transport of raw materials to suppliers was not included in the analysis.
All inputs are referred to in terms of 12 fresh oysters for production (1 kg of oysters).

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Emissions to air
Carbon dioxide (kg) 0.506 0.001
Nitrous oxide (kg) $0.0014 5.29 \times 10^{-6}$
Sulfur dioxide (kg) 0.0008 0.0006
Methane (kg) 3.26×10^{-6} 3.48×10^{-6}
Nonmethane volatile organic carbon (NMVOC)
(kg) 0.0025 0.0025
Particulates $< 2.5 \mu$ (kg) 0.00023 0.00023
Particulates >10 μ (kg) 4.78 \times 10 ⁻⁵ 4.51 \times 10 ⁻⁵
Particulates >2.5 μ and <10 μ (kg) 6.86 \times 10 ⁻⁵ 6.63 \times 10 ⁻⁵
Emissions to water
Adsorbable organic halogen as Cl (AOX) (kg) 1.84×10^{-9}
Biochemical oxygen demand (BOD) (kg) 0.00062
Heat, waste (MJ) 6.79×10^{-5}
Nitrate (kg) 2.21×10^{-6}

* The contribution of energy to transport is related to the need for refrigeration.

The off-shore long-line plant was accessed with a wooden barge (10 m) specifically used for oyster culturing. The overall number of boat runs offshore for checking and harvesting activities is about 110 per year, 30 for prefattening and 80 for fattening, using diesel as fuel. The ropes are made of nylon,

and HDPE (High Density Polyethylene) is the main component of trays, baskets, buoys, and tanks. HDPE tanks and tubs are completely recyclable, whereas HDPE buoys, baskets, and trays are waste after use because of the accumulation of organic fouling. Technical clothing consists of PVC (Polyvinyl chloride) diving vests, rubber gloves, and boots.

The life spans of materials are 15 years for HPDE tubs and the glass fiber tanks used in seed production; 8 years for buoys, ropes, trays, and baskets; and 3 months to 2 years for clothing and gears. Boat and long-line plant life was estimated at 30 and 50 years, respectively. When possible, the end-of-life scenario of complete recycling was considered for plastics.

Electricity consumption is caused by seawater pumps and by the equipment inside the building where nursing and hatching are carried out. The yearly amount of fuel and electricity consumption was estimated based on data provided by farmers relative to the year 2018. The electricity is provided by a PV (photovoltaic) plant already installed in the building. In addition, 100 L of nutrient broth is necessary for seed feeding (freshwater solution of salts and vitamins) [36].

CO₂ is supplied using a loaded/empty mode, so the impact of cylinders was neglected. On the other hand, background processes and raw material/electricity production were taken into account through the use of the Ecoinvent 3.6[®] database (Zurich, Switzerland) [37]. The estimated distance from L'Epine to Goro was assumed to be covered by a 16–32 tons Euro-5 refrigerated truck. The total (inputs and outputs) background process requirements for the two scenarios are reported in the Supplementary Materials (Tables S1 and S2).

2.2.3. Life Cycle Inventory Assessment (LCIA)

For the LCIA, the Ecoindicator[®] 99-H (PRé Consultants, Amersfoort, The Netherlands) method was used [38] (the hierarchic version), as well as the ReCiPe[®] midpoint (H) v.1.12 method [39]. The hierarchical (H) perspective was chosen because it is based on the most common policy principles with regard to time frame and other issues and is thus often encountered in scientific models. Open-LCA[®] 1.8.0 software, an open source software package developed by GreenDelta (Berlin, Germany), was used for the overall LCA modeling. The selected impact categories are reported in Table 2. Allocation was not necessary because we considered oysters to be a unique process output.

Impact Category	Unit
Human health: total	DALY *
Human health: climate change	DALY
Human health: carcinogenic	DALY
Human health: respiratory effects caused by chemical substances	DALY
Human health: ozone layer depletion	DALY
Ecosystem quality: total	PDF m ² year **
Ecosystem quality: sea conversion	PDF m ² year
Ecosystem quality: sea occupation	PDF m ² year
Ecosystem quality: acidification and eutrophication	PDF m ² year
Ecosystem quality: ecotoxicity	PDF m ² year
Resources: total	MJ surplus energy ***
Resources: fossil fuels	MJ surplus energy
Resources: minerals	MJ surplus energy

Table 2. Impact categories considered in this study.

Notes: * DALY = disability-adjusted life year, a measure of overall disease burden, expressed as the number of years lost due to ill health, disability, or early death. ** PDF m^2 year = The potentially disappeared fraction represents the fraction of species that disappear from 1 m^2 of earth surface over one year. *** MJ surplus energy = a measure of the amount of energy extracted or needed to extract a resource.

2.2.4. Uncertainty Analysis

It is especially difficult to define life cycle invetories (LCIs) for aquaculture because practices differ among farms as a function of farmers' knowledge. As a consequence, uncertainty is high,

which may call the validity and robustness of LCA results into question. It is necessary to consider these uncertainties to better assess the accuracy of LCI and LCA calculations. Uncertainties in LCA are associated with input data in the LCI (e.g., data variability, incorrect estimates, outdated or unrepresentative data, measurement errors), modeling assumptions, and characterization and/or normalization factors [40]. We performed 1000 Monte Carlo simulations, the method most commonly applied in LCA uncertainty analysis [41]. In a Monte Carlo analysis, the values of inputs and outputs are dependently sampled from unit process distributions for a fixed number of iterations and then aggregated into LCA results to produce a range of possible results. The uncertainty ranges calculated estimated the uncertainty in impacts generated by producing 12 fresh oysters (i.e., 1 kg of fresh oysters) and could be useful when comparing results to those of similar farms.

3. Results and Discussion

The LCIA results for both scenarios are presented in Table 3.

Impact Category	Current (Seeds from France)	Alternative (Seeds In Situ)	Unit
Human health: total	0.0104	0.0104	DALY
Human health: climate change	0.0101	0.0101	DALY
Human health: carcinogenic	7.26×10^{-6}	7.26×10^{-6}	DALY
Human health: respiratory effects caused by chemical substances	2.31×10^{-6}	2.31×10^{-6}	DALY
Human health: ozone layer depletion	1.26×10^{-10}	1.26×10^{-10}	DALY
Ecosystem quality: total	0.0298	0.0298	PDF m ² year
Ecosystem quality: sea conversion	0.0011	0.0011	PDF m ² year
Ecosystem quality: sea occupation	0.0023	0.0023	PDF m ² year
Ecosystem quality: acidification and eutrophication	0.0316	0.0315	PDF m ² year
Ecosystem quality: ecotoxicity	0.0002	0.0002	PDF m ² year
Resources: total	0.7544	0.7543	MJ surplus energy
Resources: fossil fuels	0.7467	0.7466	MJ surplus energy
Resources: minerals	0.0077	0.0077	MJ surplus energy

Table 3. Impact categories considered in this study.

It is quite surprising that both scenarios showed almost identical environmental impacts in all categories, and, generally speaking, of very low value. The use of Ecoindicator® 99-H permits the evaluation of end-point impact categories in terms of damage to humans, resources, and ecosystems. In particular, the category human health refers to the theoretical concept that people should live their own genetically established lives, without interference by transmitted illnesses, disabilities, or premature deaths due to environmental causes. Otherwise, *ecosystem quality* is related to the idea that anthropogenic effects should not act on plant and animal survivor capacity or on their geographical distribution. Finally, the category resources permits an evaluation of the amount of nonrenewable resources the present population consumes, limiting their availability to future generations. An impact of 0.0101 disability-adjusted life years (DALYs) on human health means that oyster farming could contribute to the loss of about 5.5 days of life distributed over the overall population (not per person) [42]. As a reference, a default DALY value of 13 is usually adopted for the most severe effects on human health due to carcinogenic agents [43]. In our case, the effect on human health was so low it could be considered irrelevant, not due to the oyster culture itself but due to the indirect effect of climate change, i.e., due to the altered frequency and/or intensity of extreme weather events, local ecology of waterborne and foodborne infective agents, or the level of air pollution. Otherwise, the main contribution to ecosystem quality damage was represented by acidification and eutrophication due to ammonia, nitrogen oxides, and sulfur oxide emissions to the air from diesel fuel burning and the HDPE production process. The damage expressed in terms of the potentially disappeared fraction (PDF) can be

interpreted as the potential fraction of species of vegetation that has a high probability of disappearing due to unfavorable conditions caused by the combined effects of acidification and eutrophication [44]. The output inventory results show that both scenarios of 1 kg of oyster production generate emissions to the air of 9.6×10^{-5} kg of ammonia, 3.0×10^{-4} of nitrogen oxides (NOx), and 5.2×10^{-4} kg of sulfur oxides (SOx). The value of 0.0312 PDF m² year was derived from the specific contributions of 0.0016 PDF m² year from ammonia, 0.0162 PDF m² y from NOx, and 0.0054 PDF m² year from SOx, corresponding to 11.24, 3.29, and 0.61 PDF m² y per kg of emitted substance. These values are far below the reference for ecosystem damage reported in the "Eco-Indicator 99 Methodology" report [44], that is, 25.94, 9.52, and 1.73 PDF m² year per kg, respectively. To have a comparative reference of the impact of oyster culture, we compared these results to other aquaculture productions, such as Finnish rainbow trout [45] and Spanish turbot [46], which were taken as a reference due to their large diffusion in the global market. The production of 1 kg of rainbow trout generates emissions into the air of 3.8×10^{-4} kg of ammonia, 5.8×10^{-3} of nitrogen oxides (NOx), and 1.8×10^{-3} kg of sulfur oxides (SOx), and the production of 1 kg of turbot burdens the air with 5.2×10^{-3} of nitrogen oxides (NOx) and 3.9×10^{-3} kg of sulfur oxides (SOx), which means an order of magnitude more in both cases with respect to oysters. It is obvious that a comparison of the edible parts of the two productions, namely oyster flesh and salmon fillets, would give even more of an extreme difference between oysters and salmon, underlining the intrinsic great value of oyster culture in terms of sustainability when compared to fish culture.

The Eco-Indicator 99 method does not consider the quantity of resources as such, but rather it provides indirect indicator. In our case, we can say that oyster farming requires abiotic resources, which determines the need for 0.76 MJ of surplus energy, which is consumed during supplying [47]. In particular, energy is needed for the extraction and production of fossil fuels and for the mining, grinding, and purification of minerals due to diesel fuel and plastic production, respectively.

Figure 4 shows the environmental impacts due to equipment and facilities as contribution trees for the two scenarios. In particular, it shows the relative contribution of equipment and facilities in terms of damage to human health, the damage to ecosystem quality and the damage to resources. It is clear that barges have the most impact, as confirmed by the results of carbon footprints reported in Reference [32], followed by the wooden cassettes for commercial packaging and the baskets for fattening. The contribution of the other equipment and facilities (ropes, trays for prefattening, and the long-line plant) are almost negligible (<1%). During one oyster production cycle, a barge is used about 110 times, covering an overall distance of about 1200 km and consuming about 800 l of diesel fuel per year. The baskets for fattening have a significant impact because they must be considered as nonrecyclable special waste due to the unremovable organic fouling that is deposited within the grids, even though they have an average lifespan of 8 years. In addition, in the case of the wooden cassettes, they cannot be reused, and in this analysis, they must be considered as one-way packaging. The use of technical clothing has a negligible impact on the overall supply chain. The blue and orange bars in Figure 4, which correspond to the current and alternative scenarios, respectively, are almost perfectly superimposed, because they differ only for the phases before prefattening and fattening (how to supply the seed). Apparently, any equipment and facilities used during oyster seed transport from France or during local oyster seed production have no significant effect on the overall oyster farming process impact.



Figure 4. Results of LCIA method (Ecoindicator), expressed in terms of contribution trees for the three damage categories, human health, and ecosystem quality (comparing the current and alternative scenarios).

Meanwhile, the impact derived from the use of equipment and facilities is very similar in the case of effects on human health, on ecosystem quality, and on category resources, which refers specifically to the use of resources, assuming a great impact of all nonrecyclable materials such as HDPE and wood compared to steel and other materials for barge construction.

Looking at the observations, it is not surprising that fattening is the most impactful step of farming (accounting for 74.5% on average of the three categories for the current scenario and 73.8% for the alternative scenario), followed by prefattening (13.1% for the current scenario and 13.0% for the alternative scenario), which is principally caused by the use of a barge in both cases. Oyster seed transport from France and local oyster seed production were confirmed to definitely account for a very low contribution of 0.13% and 0.10%, respectively. However, it is worthwhile pointing out that we did not compare the two different seed production processes, but rather the current production mode and the alternative local production (just the transport from France to Goro, not including production in the French farm in the current scenario, with effective complete local hatching and nursing in the alternative scenario). We neglected the contribution of step-seed production in France, because extending the boundaries to just the transportation was enough to support our conclusion that in-house seed production would be more convenient from an environmental point of view. Including the seed production in France would only have worsened and not changed the results. We compared two production systems rather than two processes with the same boundaries, with the aim of understanding which one should be chosen. As was the case in the "Joint research Centre (JRC) Recommendations" [48], we compared two systems that are not fully comparable, where comparability and equivalence are principally a matter of personal perception.

Focusing on the comparison between transportation and production (Figure 5), it is evident that local production had, overall, a lesser impact than did transportation from a place about 2000 km away. It can be imagined that including French oyster hatcheries in the overall impact of the current scenario

would be higher than the impact herein calculated. Moreover, the general positive effect of setting up a completely local oyster farming supply chain has to be taken into account.



Figure 5. Comparison between environmental impacts of transport from France and local seed production (LCIA: Ecoindicator[®]) (impact categories with values $<10^{-7}$ were neglected as a single column but were included in the total values).

Except for categories related to sea conversion and occupation, for all impact categories, transport had a greater impact, surely due to diesel fuel consumption and the energy needed for refrigeration of the truck.

Impacts related to local production are caused by the use of plastic tubs and tanks, the supply of feed for spats, and the use of electric energy for pumps and building. Anyway, as mentioned above, all plastics are recyclable, and electric energy is supplied by a PV plant: de Alvarenga et al. [33] reported very low impacts for seed and oyster production, but they completely neglected inputs derived from the use of materials, feed, and cultivation plants, taking into account only water consumption, electricity, barges, and sea occupation.

The main evidence in this analysis was indeed the fact that a local supply chain permits the avoidance of a high burden of road transport, while assuring the complete traceability of the products. This, therefore, further strengthens the importance of a short supply chain in the production of primary goods, in particular in aquaculture.

Due to variations in the data collected as well as some estimates and assumptions used in this study, the Monte Carlo method was introduced to develop a statistical dispersion of the calculated outputs of the assessing model. The Monte Carlo analysis evaluates how the propagation of input variation is reflected in output values. The resulting output value corresponding to the impact category presents a mean value with a corresponding standard deviation (Table 4).

Impact Category	Mean	SD	CV%	Min	Max	Median	5%	95%
	Current Scenario							
Human health: total	1.11×10^{-2}	1.64×10^{-3}	13%	8.40×10^{-3}	1.64×10^{-2}	1.11×10^{-2}	8.64×10^{-3}	1.38×10^{-2}
Human health: climate change	1.11×10^{-2}	1.64×10^{-3}	13%	8.39×10^{-3}	1.63×10^{-2}	1.10×10^{-2}	8.63×10^{-3}	1.38×10^{-2}
Human health: carcinogenics	9.52×10^{-6}	4.14×10^{-6}	50%	2.40×10^{-6}	2.63×10^{-5}	9.00×10^{-6}	4.78×10^{-6}	1.69×10^{-5}
Human health: respiratory effects	3.40×10^{-6}	$6.14 imes 10^{-7}$	25%	2.18×10^{-6}	5.23×10^{-6}	3.33×10^{-6}	2.54×10^{-6}	$4.65 imes 10^{-6}$
Human health: ozone layer depletion	1.78×10^{-1}	6.00×10^{-11}	29%	8.32×10^{-11}	4.64×10^{-10}	1.71×10^{-10}	9.87×10^{-11}	2.86×10^{-10}
Ecosystems: total	4.38×10^{-2}	1.03×10^{-2}	36%	2.79×10^{-2}	9.14×10^{-2}	4.21×10^{-2}	3.15×10^{-2}	6.31×10^{-2}
Ecosystem quality: sea conversion	1.43×10^{-3}	$6.75 imes 10^{-4}$	42%	$6.61 imes 10^{-4}$	5.03×10^{-3}	1.26×10^{-3}	$7.69 imes10^{-4}$	3.22×10^{-3}
Ecosystem quality: sea occupation	2.61×10^{-3}	$7.99 imes 10^{-4}$	27%	1.24×10^{-3}	5.25×10^{-3}	2.48×10^{-3}	1.66×10^{-3}	4.19×10^{-3}
Ecosystem quality: acidification and eutrophication	3.98×10^{-2}	1.01×10^{-2}	39%	2.53×10^{-2}	8.73×10^{-2}	3.74×10^{-2}	2.77×10^{-2}	6.02×10^{-2}
Ecosystem quality: ecotoxicity	4.22×10^{-4}	$2.91 imes 10^{-4}$	64%	1.33×10^{-4}	2.77×10^{-3}	$3.58 imes 10^{-4}$	$2.20 imes 10^{-4}$	$8.25 imes 10^{-4}$
Resources: total	8.23×10^{-1}	1.31×10^{-1}	14%	5.57×10^{-1}	1.17	7.99×10^{-1}	6.69×10^{-1}	1.04
Resources: fossil fuels	8.15×10^{-1}	1.30×10^{-1}	14%	5.50×10^{-1}	1.16	7.92×10^{-1}	6.62×10^{-1}	1.04
Resources: minerals	8.03×10^{-3}	9.29×10^{-4}	11%	6.23×10^{-3}	1.09×10^{-2}	7.93×10^{-3}	6.62×10^{-3}	9.63×10^{-3}
					Alternative Scen	ario		
Human health: total	1.11×10^{-2}	1.41×10^{-3}	15%	7.69×10^{-3}	1.49×10^{-2}	1.10×10^{-2}	9.14×10^{-3}	1.36×10^{-2}
Human health: climate change	1.11×10^{-2}	1.41×10^{-3}	15%	$7.68 imes 10^{-3}$	1.49×10^{-2}	1.10×10^{-2}	9.13×10^{-3}	1.36×10^{-2}
Human health: carcinogenics	1.01×10^{-5}	5.00×10^{-6}	43%	3.06×10^{-6}	3.62×10^{-5}	8.80×10^{-6}	4.60×10^{-6}	1.96×10^{-5}
Human health: respiratory effects	3.50×10^{-6}	$8.60 imes 10^{-7}$	18%	2.20×10^{-6}	$9.20 imes 10^{-6}$	$3.34 imes 10^{-6}$	2.58×10^{-6}	5.00×10^{-6}
Human health: ozone layer depletion	1.73×10^{-10}	5.01×10^{-11}	34%	7.64×10^{-11}	4.43×10^{-10}	1.67×10^{-10}	1.14×10^{-10}	2.64×10^{-10}
Ecosystem quality: total	4.59×10^{-2}	1.67×10^{-2}	23%	2.87×10^{-2}	1.51×10^{-1}	4.23×10^{-2}	3.14×10^{-2}	6.82×10^{-2}
Ecosystem quality: sea conversion	$1.44 imes 10^{-3}$	$6.09 imes 10^{-4}$	47%	$6.88 imes 10^{-4}$	4.98×10^{-3}	1.30×10^{-3}	$8.07 imes10^{-4}$	2.75×10^{-3}
Ecosystem quality: sea occupation	2.51×10^{-3}	$6.87 imes 10^{-4}$	31%	1.19×10^{-3}	4.68×10^{-3}	2.37×10^{-3}	1.69×10^{-3}	4.02×10^{-3}
Ecosystem quality: acidification and eutrophication	4.20×10^{-2}	1.65×10^{-2}	25%	2.62×10^{-2}	1.48×10^{-1}	3.78×10^{-2}	2.80×10^{-2}	6.43×10^{-2}
Ecosystem quality: ecotoxicity	4.19×10^{-4}	$2.68 imes 10^{-4}$	69%	1.49×10^{-4}	$1.94 imes 10^{-3}$	$354 imes 10^{-4}$	$2.04 imes 10^{-4}$	8.31×10^{-4}
Resources: total	836×10^{-1}	1.19×10^{-1}	16%	5.71×10^{-1}	1.16	8.27×10^{-1}	6.70×10^{-1}	1.06
Resources: fossil fuels	8.28×10^{-1}	1.19×10^{-1}	16%	5.62×10^{-1}	1.15	8.20×10^{-1}	6.63×10^{-1}	1.05
Resources: minerals	8.26×10^{-3}	9.27×10^{-4}	12%	6.33×10^{-3}	1.04×10^{-2}	8.26×10^{-3}	$6.87 imes 10^{-3}$	1.01×10^{-2}

Table 4. Results of a Monte Carlo simulation for impact categories calculated for the current and alternative scenarios. CV, coefficient of variation

The results suggested that the fattening phase has the largest effect on ecosystem quality-related impacts, as suggested by the high coefficient of variation (CV), ecotoxicity in particular. The processes that have the highest weight on ecotoxicity during the fattening phase are related to reinforcing steel production and processing for barges ("reinforcing steel at plant, RER": 56.23% and 56.16% for current and alternative scenarios, respectively). Nevertheless, even with the high level of uncertainty in the ecotoxicity, the results suggest that 95% of the time the ecotoxicity impact is $<8.25 \times 10^{-4}$ for the current scenario and 8.31×10^{-4} for the alternative one, which is two orders of magnitude lower compared to the ecotoxicity found by de Alvarenga et al. [33].

In order to compare the alternative scenario, that is, completely local oyster farming, to other aquaculture production, we had to recalculate the impact using a widespread method, the ReCiPe midpoint (H) v.1.12 method (Table 5). We report the results only for climate change, terrestrial acidification, marine and freshwater eutrophication, and water depletion, because they are the principal four impact categories provided in the literature about LCAs in aquaculture.

Table 5. Environmental impacts per 1 kg of fresh oysters based on the ReCiPe midpoint (H) v.1.12 method.

Impact Category	Alternative Scenario (Seed in situ)	Unit
Climate change	1.85	Kg CO ₂ eq
Terrestrial acidification	9.29×10^{-3}	Kg SO ₂ eq
Marine and freshwater eutrophication	1.38×10^{-3}	Kg PO ₄ eq
Water depletion	31.76	1

Unlike before, these are midpoint indicators that account for the "direct" impact of production outputs (i.e., emissions into the air and water) and not the potential damage to the overall environment. As can be seen in Table 6, oyster production is more sustainable, at least from an environmental point of view, than fish aquaculture, especially because oyster farming does not require a feeding supply during growth, which is the principal factor of vulnerability in fish farming. Otherwise, local oyster production seems to have environmental impacts similar to mussel farming in terms of kg CO₂ eq (12.8 × 10⁻³), but it has lower eutrophication potential (10.1 × 10⁻³ for mussels versus 1.38×10^{-3} found for oysters) (as reported by Iribarren et al.) [45].

Title	Climate Change (kg CO ₂ eq)	Eutrophication (kg PO ₄ eq)	Acidification (kg SO ₂ eq)	Water Dependence (m ³)	Ref.
Sea bass	11.00-17.00	$180-240 \times 10^{-3}$	$50 - 80 \times 10^{-3}$	190–396	Jerdi et al. [49]
Rainbow trout	2.24-13.62	$4.04-60.36 \times 10^{-3}$	$10.43 - 40.72 \times 10^{-3}$	-	Samuel-Fitwi et al. [50]
Sea bream	3.67	98.86	21.61	-	Adhau at al [51]
Sea bass	3.18	91.03	18.85	-	Aubou et al. [51]
Turbot	6.02	80×10^{-3}	50×10^{-3}	-	Aubin et al. [52]
Salmon	2.16	49×10^{-3}	20.4×10^{-3}	-	Pellettier et al. [53]

Table 6. Environmental impacts per 1 kg of fresh fish products.

In addition to food production and beyond the discussion of carbon sequestration (estimated at 441 kg CO₂/tons of oyster harvested) [32], oyster farming provides a series of other fundamental ecosystem services, such as the regulation of nitrogen levels in coastal areas [54]. Oysters, like other bivalves, can be cultivated in hypereutrophic coastal environments, which are affected by intense and harmful phytoplankton blooms. Evidence has been reported on bloom intensity and duration reduction where oysters are farmed, suggesting their positive effect as mitigating agents against coastal eutrophication [55].

Last but not least, oyster farming may also play an important role in benthic restoration and may represent a form of restoration of ecosystem services that was previously provided by overfished wild populations [56]. This is probably the most relevant positive effect of long-line oyster culturing. In fact, any productive activity brings area cover changes that usually turn out to be negative due to the leakage of naturality and wildness in favor of land/sea exploitation [57]. In the case of oyster culturing, although we were not able to account for it in the analysis, area cover occupation by the long-line turned into a provision of ecosystem services, since the sea area delimited by the long-line installation was interdicted to fishing activities, becoming a spawning and nursery ground for many species. At the same time, there were positive effects given by all the long-line structures, such as habitat and food niche diversification. These last terms deserve further research for proper inclusion in an LCA assessment.

4. Conclusions

An LCA of oyster farming was performed comparing the current scenario of production with seed purchased from France and an alternative scenario of a completely local supply chain from cradle-to-gate. In particular, our results demonstrate that the main hotspots are the fattening and prefattening stages of farming because of the use of barges and nonrecyclable plastic items. The LCA pointed out that, with respect to the current situation, local seed production provides several advantages, such as a lesser environmental impact and the possibility of improving the overall supply chain with complete local production. Furthermore, the results of this study strengthen the idea that an LCA could be effectively applied in the aquaculture sector to foster the development of environmentally sustainable production and improve the sustainable use of resources. Further improvements will be done in the near future, including different end-of-life scenarios for plastic items, i.e., the reuse, recycling, or disposal of materials. This work permitted us to identify the principal hotspot, which is undoubtedly the fattening phase. Some new productive solutions could be proposed and tested in order to reduce environmental impacts, e.g., barge use and fuel consumption optimization. Moreover, oyster production could become crucial for the economic development of some coastal areas: the real challenge will be to also include social and economic aspects and to realize an overall analysis of supply chain sustainability.

Supplementary Materials: The following are available online at http://www.mdpi.com/2079-9276/8/4/170/s1, Table S1: Total (inputs and outputs) background process requirements for the current scenario of oyster farming (amount cut-off of 0.1); Table S2: Total (inputs and outputs) background process requirements for the alternative scenario of oyster farming (amount cut-off of 0.1).

Author Contributions: Conceptualization, G.C. and E.T. (Edoardo Turolla); data and inventory, E.T. (Edoardo Turolla); methodology and formal analysis, E.T. (Elena Tamburini); writing—original draft preparation, E.T. (Elena Tamburini); writing—review and editing, all authors; supervision, E.A.F.

Funding: This research received no external funding.

Conflicts of Interest: The authors declare no conflicts of interest.

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