

*Supplementary Materials of:*

# **Serum steroid profiling by liquid chromatography–tandem mass spectrometry for rapid confirmation and early treatment of Congenital Adrenal Hyperplasia: a neonatal case report.**

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### **Materials, samples collection and preparation for serum steroid profile by LC-MS/MS**

Cortisol (CORT), corticosterone (CCONE), 11-deoxycortisol (11-DECOL), 4-androstene-3,17-dione (ADIONE), testosterone (TESTO), 17 $\alpha$ -hydroxyprogesterone (17-OHP), Progesterone (PROG), and relative internal standard ( $^2\text{H}_3$ -CORT,  $^2\text{H}_8$ -CCONE,  $^2\text{H}_5$ -11-DECOL,  $^2\text{H}_5$ -ADIONE,  $^2\text{H}_5$ -TESTO,  $^2\text{H}_8$ -17-OHP,  $^2\text{H}_9$ -PROG) were purchased from CHS<sup>TM</sup> MSMS Steroids Kit, PerkinElmer® (Turku, Finland).

Serum from the patient was collected at Neonatology Department in Chieti Hospital (Italy) using Vacutainer with plain red top cup (Anamedica) for venipuncture (glass tube). Sample was maintained at room temperature ( $23 \pm 1$  °C) to allow sample coagulation and centrifuged at 4 °C for 15 min at 1400 g. Serum was recovered, avoiding the fluid immediately above the buffy coat layer, and collected in polypropylene tubes.

Each endogenous steroid (1 mg) was dissolved in ethanol and stored at  $-20$  °C. Stock solutions were diluted in methanol/water 50:50 to obtain a final concentration of 0.03  $\mu\text{M}$  (tuning solution). The internal standard mixture (IS mix) from PerkinElmer® kit was reconstituted with 1.25 mL of ACN. Daily Precipitation Solution (DPS) containing Internal Standards was prepared by diluting 1:100 the IS mix with ACN with 0.1% formic acid. Calibrators and quality controls (QCs) were in human serum and were from CHS<sup>TM</sup> MSMS Steroids Kit, PerkinElmer® (Turku, Finland). Concentration levels (ng/mL) for calibrators and QC materials of each steroid monitored in the LC-MS/MS method of analysis are summarized in Supplementary Table S1.

**Table S1**

Analytes	Calibration Levels (ng/mL)							QC Levels (ng/mL)		
	L1	L2	L3	L4	L5	L6	L7	QC1	QC2	QC3
CORT	1.51	3.61	8.66	20.8	51.7	129	320	4.32	21.6	160
CCONE	0.29	0.70	1.68	4.03	10.0	24.9	62.0	0.84	4.18	31.0
11-DECOL	0.08	0.20	0.49	1.17	2.91	7.23	18.0	0.24	1.21	9.0
ADIONE	0.08	0.20	0.49	1.17	2.91	7.23	18.0	0.24	1.21	9.0
TESTO	0.03	0.08	0.20	0.47	1.16	2.89	7.20	0.10	0.49	3.60
17-OHP	0.12	0.29	0.70	1.69	4.20	10.5	26.0	0.35	1.75	13.0
PROG	0.12	0.29	0.69	1.72	4.27	10.6	26.5	0.36	1.78	13.2

**Table S1:** Concentration levels (ng/mL) for calibrators and QC materials of each steroid monitored in the LC-MS/MS method of analysis are summarized.

For steroids quantification by LC-MS/MS analysis, 200  $\mu\text{L}$  of DPS containing IS were added to 100  $\mu\text{L}$  of serum sample, calibrators and QCs, as already reported [1]. Each sample was gently mixed (20 °C, 15 min) in a Thermomixer (Eppendorf®) and then centrifuged (4210 rcf, 20 °C, 30 min). The supernatant (175  $\mu\text{L}$ ) was transferred into a new 1.5 mL tube and dried in a SpeedVac for 30 min. The residue was then reconstituted with 125  $\mu\text{L}$  of  $\text{H}_2\text{O}/\text{CH}_3\text{OH}$  60:40,

gently mixed in a Thermomixer (20 °C, 15min), briefly centrifuged and supernatant transferred into polypropylene vial (Waters Corporation). The vials were capped, and placed in the system autosampler for the LC-MS/MS analysis.

The LC-MS/MS system consisted of a HPLC Alliance HT 2795 Separations Module coupled to Quattro UltimaPt ESI tandem quadrupole mass spectrometer (Waters Corporation, Milford, MA, USA). The system operated in positive electrospray ionization mode using MassLynx v4.1 software (Waters Corporation, Milford, MA, USA). Autosampler injections of 50  $\mu$ L were made into sample loop in full mode, with a total run time of 18.00 minutes, injection to injection. For HPLC analysis, the Luna® 3  $\mu$ m C8, 100 Å, 50  $\times$  3mm column with Security Guard Cartridges, C8, 4.0  $\times$  2.0 mm as guard column (Phenomenex®, USA) was used. The mobile phase comprised a binary solvent system: 98% H<sub>2</sub>O and 2% MeOH (Solvent A) and 100% MeOH (Solvent B), both containing 0.025% of solvent additive (purchased with the kit). The initial solvent composition was 65% A and 35% B. The mobile phase gradient profile involved three steps: increasing from the initial conditions to 45% B within 4.0 min and then to 65% B within 9.0 min holding for 0.5 min before reaching 100% B until the end of the analysis. The flow rate was 0.35 mL/min and the column was maintained at 45 °C.

As already reported [2], the mass spectrometer ionization source settings were optimized for maximum precursor ion yields for each steroid. This was achieved by injecting the tuning solution for each individual compound. Functions 1-7 in Table S2 summarize all the parameters refer to the Multiple Reaction Monitoring (MRM) experiments created for each analyte. Two mass transitions were optimized for each analyte, with a single transition being used to monitor the corresponding deuterated internal standards. The first transition was used to quantify the target analyte and the second to qualify the identity of the target compound using a confirmatory ion ratio. The capillary voltage was 3.5 kV, source temperature was 120 °C, desolvation temperature was 400 °C, and the collision cell gas pressure was  $3.5 \times 10^{-3}$  mbar argon. The inter-channel and inter-scan delay times were 0.02 and 0.1 s, respectively. The dwell time was 0.45 s for CORT, 0.30 for CCONE and ADIONE, 0.25 for 11-DECOL, TESTO and 17-OHP, 0.35 for PROG. The same dwell time parameters as the ones of the endogenous compounds were used for the respective internal standards. Data processing and quantification were performed using the QuanLynx 4.1 software (Waters Corporation, Milford, MA, USA) provided with the instrument. Calibration was performed through linear regression with reciprocal fit weighting to ensure maximum accuracy at the lower concentration range.

**Table S2**

MRM Function	Time Window (min)	Analyte	Transitions (m/z)	Cone Volts	Coll Energy (eV)
1	5.0–8.5	CORT	363.2 > 120.8	100	20
		<i>CORT</i>	363.2 > 96.9	100	20
		<sup>2</sup> H <sub>3</sub> -CORT	366.2 > 120.8	100	20
2	8.0–10.5	CCONE	347.3 > 120.8	100	18
		<i>CCONE</i>	347.3 > 96.8	100	20
		<sup>2</sup> H <sub>8</sub> -CCONE	355.3 > 124.8	100	18
3	8.0–10.8	11-DECOL	347.3 > 108.8	100	22

		<i>11-DECOL</i>	347.3 > 96.8	100	20
		<sup>2</sup> H <sub>5</sub> -11-DECOL	352.3 > 112.8	100	22
4	9.7–12.0	<i>ADIONE</i>	287.2 > 96.9	100	18
		<i>ADIONE</i>	287.2 > 108.8	100	20
		<sup>2</sup> H <sub>5</sub> -ADIONE	292.2 > 99.9	100	18
5	10.5–13.0	<i>TESTO</i>	289.2 > 96.8	100	19
		<i>TESTO</i>	289.2 > 108.8	100	18
		<sup>2</sup> H <sub>5</sub> -TESTO	294.2 > 99.8	100	19
6	11.2–13.5	<i>17-OHP</i>	331.2 > 96.8	100	21
		<i>17-OHP</i>	331.2 > 108.9	100	23
		<sup>2</sup> H <sub>8</sub> -OHP	339.2 > 99.8	100	21
7	13.5–16.0	<i>PROG</i>	315.2 > 96.9	100	18
		<i>PROG</i>	315.2 > 108.8	100	19
		<sup>2</sup> H <sub>9</sub> -PROG	324.2 > 99.9	100	18

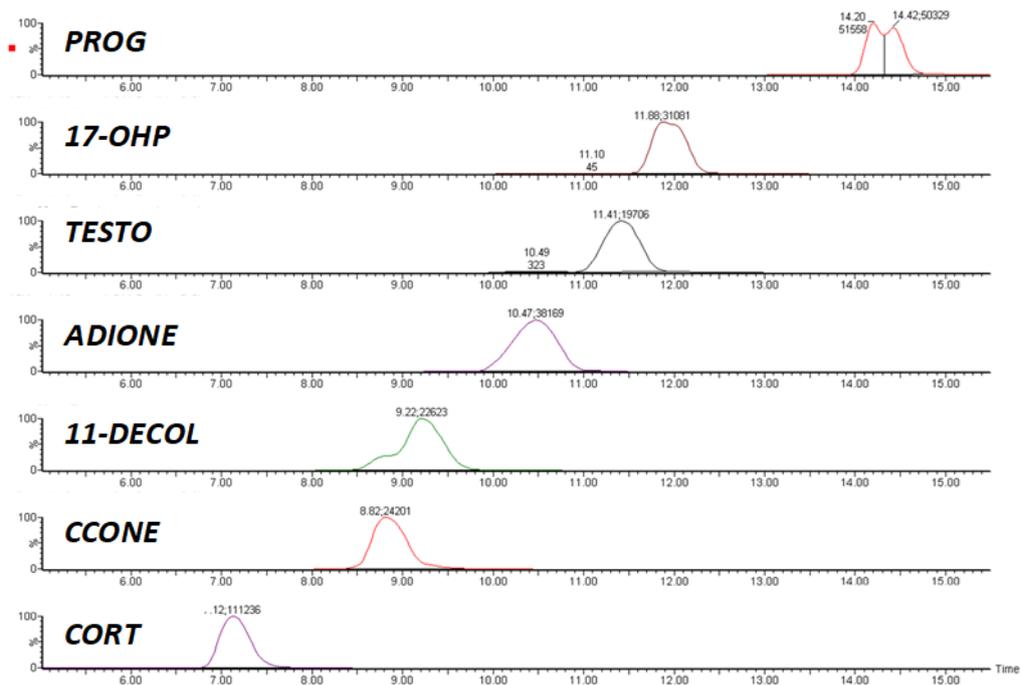
**Table S2:** MS/MS operating conditions. Multiple reaction monitoring (MRM) functions and settings for detection of steroids are shown. Italics denotes qualifier ion.

**Table S3**

	CORT	CCONE	11-DECOL	ADIONE	TESTO	17-OHP
(CV%)L1	-6.9	-4.6	-0.2	0.4	-19.8	-5.2
(CV%)L4	-2.3	-5.8	4.4	1.6	12.1	-7.2
(CV%)L7	-3.2	-3.3	7.9	1.4	3.9	5.9
<b>R<sup>2</sup></b>	<b>1</b>	<b>0.999</b>	<b>0.998</b>	<b>0.999</b>	<b>0.997</b>	<b>0.992</b>

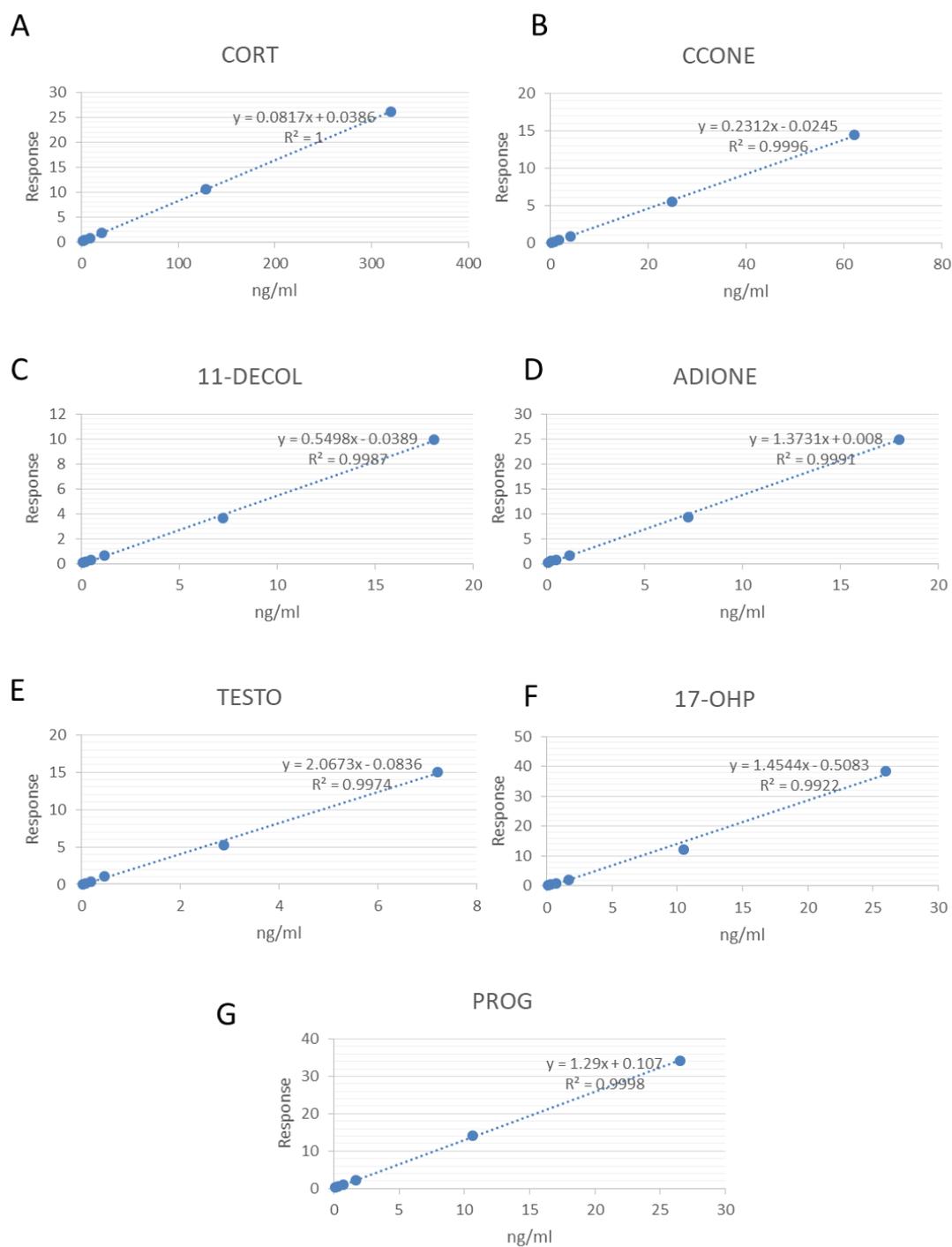
**Table S3:** Table shows CV% of calibrator levels at low (L1), medium (L4) and high (L7) concentration, as well as the R<sup>2</sup> related to the linear regression for each steroid monitored in the LC-MS/MS method.

**Figure S1**



**Figure S1:** Multiple Reaction Monitoring (MRM) chromatogram of Calibration Level L7 which contains depicting the quantifying transitions for CORT, CCONE, 11-DECOL, ADIONE, TESTO, 17-OHP and PROG.

**Figure S2:**



**Figure S2:** Figure shows the linear regression, calculated by using the instrumental response (y axis) vs the concentration in ng/mL (x axis) of the calibrator levels, for the evaluation of the method linearity and for the samples quantification. (A) linear regression for CORT; (B) linear regression for CCONE, (C) linear regression for 11-DECOL; (D) linear regression for ADIONE; (E) linear regression for TESTO; (F) linear regression for 17-OHP; (G) linear regression for PROG.

## References

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