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*Supplementary material*

## Natural extracts to augment energy expenditure as a complementary approach to tackle obesity and associated metabolic alterations.

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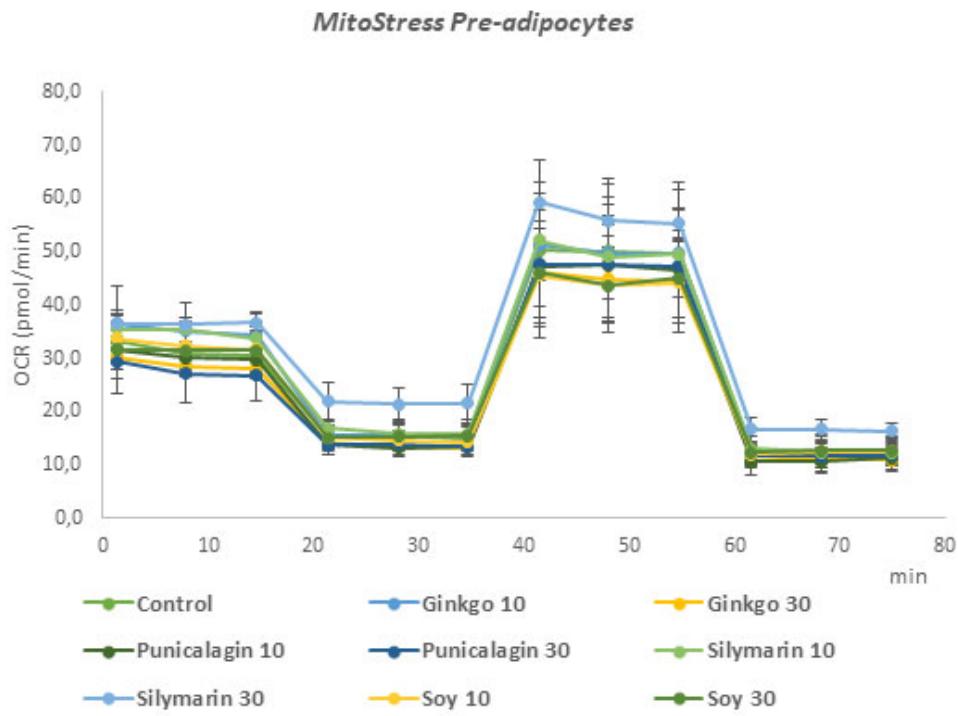
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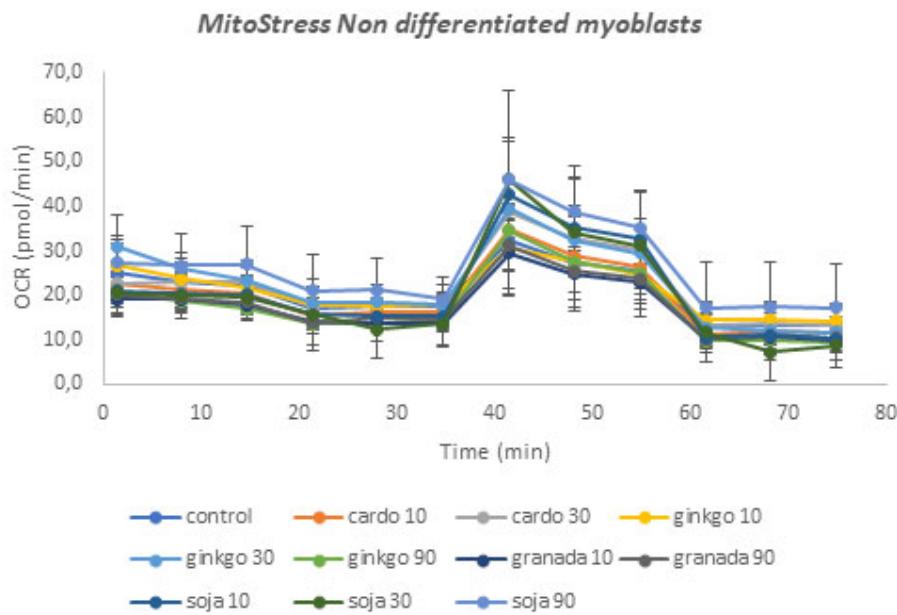
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\* Equal contribution



**Figure S1.** Effect of the extracts on mitochondrial oxidative phosphorylation of humannon-differentiated pre-adipocytes.



**Figure S2.** Effect of the extracts on mitochondrial oxidative phosphorylation of human non differentiated myoblasts.

**Table S1.** List of Taqman probes used in the study.

<b>GENES</b>	<b>Thermofisher probe's code</b>
<i>ADRB1</i>	Hs02330048_s1
<i>AGT</i>	Hs01586213_m1
<i>LEPR</i>	Hs00174497_m1
<i>LPL</i>	Hs00173425_m1
<i>MTHFR</i>	Hs01114487_m1
<i>PPAR<math>\gamma</math></i>	Hs01115513_m1
<i>TCF7L2</i>	Hs01009044_m1
<i>UCP2</i>	Hs01075227_m1
<i>ACE</i>	Hs00174179_m1
<i>CLOCK</i>	Hs00231857_m1
<i>COL5A1</i>	Hs00609133_m1
<i>HFE</i>	Hs05045803_s1
<i>HIF1A</i>	Hs00153153_m1
<i>PPARA</i>	Hs00947536_m1
<i>PPARGC1A</i>	Hs00173304_m1
<i>AHR</i>	Hs00169233_m1
<i>BNC2</i>	Hs00417700_m1
<i>DLGAP1</i>	Hs00191052_m1
<i>COMT</i>	Hs00241349_m1
<i>IL4-R</i>	Hs00965056_m1
<i>HLA-DQA1</i>	Hs03007426_mH
<i>MCM6</i>	Hs00962418_m1
<i>ABCA1</i>	Hs01059137_m1
<i>FTO</i>	Hs01057139_g1
<i>MC4R</i>	Hs00271877_s1
<i>TMEM18</i>	Hs00894216_m1
<i>GNPDA2</i>	Hs00385682_m1
<i>KCTD15</i>	Hs00225337_m1
<i>ETV5</i>	Hs00927557_m1
<i>NPY</i>	Hs00173470_m1
<i>APOA5</i>	Hs00364830_m1
<i>GCKR</i>	Hs00386984_m1
<i>CD36</i>	Hs00354519_m1
<i>B2M</i>	Hs00187842_m1
<i>GAPDH</i>	Hs02786624_g1

**Table S2.** List of primers used in the study.

<b>GEN</b>	<b>FORWARD PRIMER</b>	<b>bp</b>	<b>REVERSE PRIMER</b>	<b>bp</b>	<b>SPECIE</b>
<i>MYOG</i>	TCAACCAGGAGGGAGCGTGA	19	TCTGTAGGGTCAGCCGTGAG	20	human
<i>MEF2</i>	AACAAAGCCCTCAGCAGGT	19	ACTTGACAGCTCAGTTCCC	20	human
<i>UCP1</i>	ACAGAAGGGCGGATGAACT	20	CTTGCTCTAACTAGGTGCTG	23	human
<i>TFAM</i>	ATGGCGTTCTCGAAGCAT	20	TCCGCCCTATAAGCATCTTGA	21	human
<i>PPARG</i>	ACCAAAGTCAATCAAAGTGG	22	ATGAGGGAGTTGGAAGGCTCT	21	human
<i>UCP3</i>	AAGGTCCGATTTCAGGCCAG	20	GCGATGGTCTGTAGGCAGTC	20	human
<i>C/EBPa</i>	TATAGGCTGGCTCCCCCT	20	AGCTTCTGGTGTACTCGG	20	human
<i>ATP2A1</i>	AAACCACGGAGGAATGTTGG	21	AGCTCATTGAGGCCGTATTTC	21	human
<i>MYH2</i>	AGAAAATTCGATGGACCTAGA	22	CCAAGTGCCTGTTCATCTTC	21	human
<i>FABP4</i>	ACTGGGCCAGGAATTGACG	20	CTCGTGGAAAGTGACGCCCT	19	human
<i>Cidea</i>	TTATGGGATCACAGACTAACCGA	23	TGCTCTGTATGGTTGGAGA	21	human
<i>Ckmt2</i>	GACCCCGTCATCAAACTAAGAC	22	AGCACGTAATGCTCGTGAAC	21	human
<i>Lep</i>	TGCCCTCCAGAACGTGATCC	21	CTCTGTGGAGTAGCCTGAAGC	21	human
<i>PRDM16</i>	CGATGCCGACTTTGGGAG	20	GTGGAGAGGAGTGTCTTCGG	20	human
<i>PGC1a</i>	ATTGGAGCCCCATGGATGAA	20	GCGGCTGTTACTCTCTCTCC	20	human
<i>CPT1A</i>	CTCAGTGGAGCGGATGTTT	20	TGCTGTCTCATGTGCTGG	20	human
<i>LDLR</i>	CAGCTACCCCTCGAGACAGA	20	CACTGTCGAAGCCTGTTCT	20	human
<i>IRS1</i>	GCAACCAGAGTGCCAAAGTG	20	GCACGTGGTGTGAGGAGAA	20	human
<i>FASN</i>	TATGAAGCCATCGTGGACGG	20	GAAGAAGGAGAGCCGGTTGG	20	human
<i>UCP2</i>	GACCATTGCCAGAGAGGAAG	20	GAAGTGGCAAGGGAGGTAT	20	human
<i>FNDC5</i>	CGTGGTCTGTTCATGTGGG	20	GGTCTTGCCTCACCTTGCT	20	human
<i>BDNF</i>	TAACGGCGGCAGACAAAAAGA	21	TGCACTTGGTCTCGTAGAAGTAT	23	human
<i>IL6</i>	CCTGAACCTTCCAAAGATGGC	21	TTCACCAAGGCAAGTCTCTCA	21	human
<i>SIRT1</i>	TGTGTCTAGGTTAGGTGGTGA	22	AGCCAATTCTTTGTGTTCGTG	23	human
<i>B2M</i>	GATGAGTATGCCGTGCTGT	20	TGCGGCATCTCAAACCTCC	20	human