Supplementary material for

Sex-specific associations of brain-derived neurotrophic factor and cardiorespiratory fitness in the general population by Schmalhofer et al.

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	-		Males			Females	
Variable	DF	VIF for	VIF for	VIF for	VIF for	VIF for	VIF for
		VO₂peak	VO₂peak/kg	VO₂@AT	VO ₂ peak	VO₂peak/kg	VO₂@AT
Intercept	1	0	0	0	0	0	0
Response variable	1	1.84602	2.15087	1.29499	1.63618	1.86427	1.23074
Age	1	1.69128	1.74452	1.24157	1.54406	1.55876	1.29044
Body fat in kg	1	1.51361	1.81096	1.49444	2.07041	2.62105	2.0471
Body lean mass in kg	1	1.68868	1.45687	1.5927	2.32168	1.99691	2.14338
Current smoking	1	1.19257	1.19849	1.14676	1.17619	1.17861	1.18316
Physical inactivity	1	1.07513	1.07611	1.06311	1.07965	1.0777	1.05586
Depression 1	1	1.17758	1.17648	1.15798	1.28807	1.28803	1.28797
Depression 2	1	1.14436	1.14526	1.14208	1.28719	1.28718	1.2872
Platelet count	1				1.06015	1.06011	1.06023

Suppl. Table 1 – Variance inflation factors (VIF) for the different models. VO_2 peak – peak oxygen consumption, VO_2 peak/kg – peak oxygen consumption normalized to body weight, $VO_2@AT$ – oxygen consumption at the aerobic threshold

Suppl. Figure 1



Suppl. Figure 1 – Histograms show the distribution of BDNF in males (A) and females (B).

Suppl. Figure 2 – Fit diagnostics for the association between BDNF and VO₂peak in males.



Suppl. Figure 2 – Fit diagnostics for the association between BDNF and VO₂peak in males. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.



Suppl. Figure 3 – Fit diagnostics for the association between BDNF and VO₂peak in females.

Suppl. Figure 3 – Fit diagnostics for the association between BDNF and VO₂peak in females. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.





Suppl. Figure 4 – Fit diagnostics for the association between BDNF and VO₂peak/kg in males. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.





Suppl. Figure 5 – Fit diagnostics for the association between BDNF and VO₂peak/kg in females. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 6 – Fit diagnostics for the association between BDNF and VO₂@AT in males.



Suppl. Figure 6 – Fit diagnostics for the association between BDNF and VO₂@AT in males. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 7 – Fit diagnostics for the association between BDNF and VO₂@AT in females.



Suppl. Figure 7 – Fit diagnostics for the association between BDNF and VO₂@AT in females. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 8 – Fit diagnostics for the association between BDNF and VO₂peak in males with additional adjustment for platelets.



Suppl. Figure 8 – Fit diagnostics for the association between BDNF and VO₂peak in males with additional adjustment for platelets. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 9 – Fit diagnostics for the association between BDNF and VO₂peak in females with additional adjustment for platelets.



Suppl. Figure 9 – Fit diagnostics for the association between BDNF and VO₂peak in females with additional adjustment for platelets. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 10 – Fit diagnostics for the association between BDNF and VO₂peak/kg in males with additional adjustment for platelets.



Suppl. Figure 10 – Fit diagnostics for the association between BDNF and VO₂peak/kg in males with additional adjustment for platelets. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 11 – Fit diagnostics for the association between BDNF and VO_2 peak/kg in females with additional adjustment for platelets.



Suppl. Figure 11 – Fit diagnostics for the association between BDNF and VO₂peak/kg in females with additional adjustment for platelets. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 12 – Fit diagnostics for the association between BDNF and $VO_2@AT$ in males with additional adjustment for platelets.



Suppl. Figure 12 – Fit diagnostics for the association between BDNF and VO₂@AT in males with additional adjustment for platelets. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.

Suppl. Figure 13 – Fit diagnostics for the association between BDNF and VO₂@AT in females with additional adjustment for platelets.



Suppl. Figure 13 – Fit diagnostics for the association between BDNF and VO₂@AT in females with additional adjustment for platelets. Residual vs. predicted value, RStudent vs. predicted value, Rstudent vs. leverage, residual vs. quantile, predicted vs. observed, Cook's D and residual distribution plots.