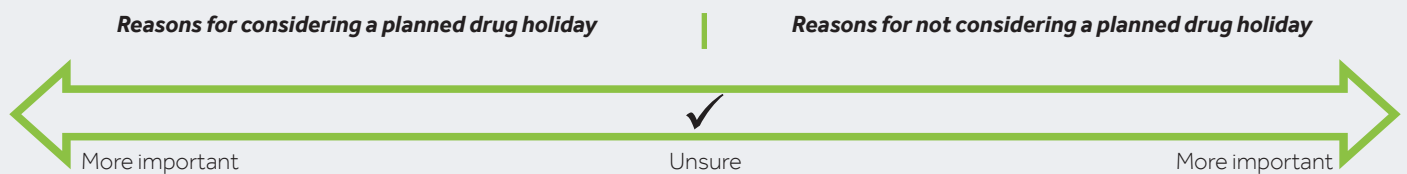


Deciding whether or not to consider a planned drug holiday from ADHD medication: parents' guide for decision-making

Your feelings: Your personal feelings are just as important as the medical facts. Think about what matters most to you in this decision. Do this by reading the following statements and placing a tick on the sliding scale to show where your feelings lie.

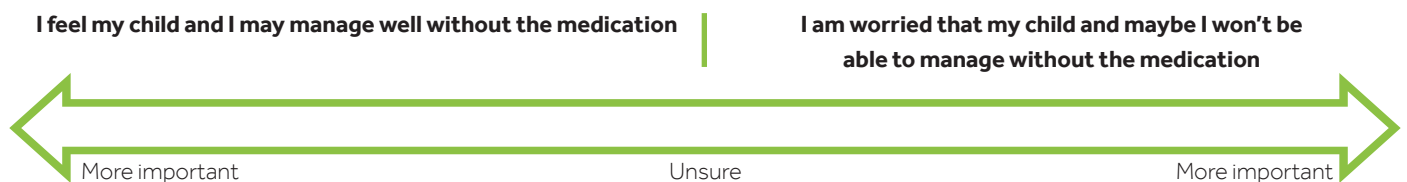
Examples:



Statement 1



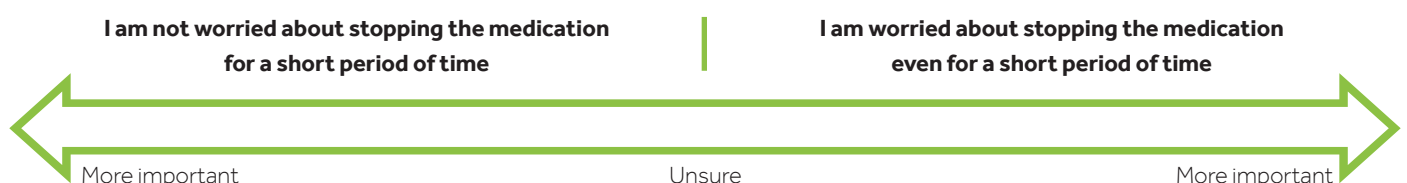
Statement 2



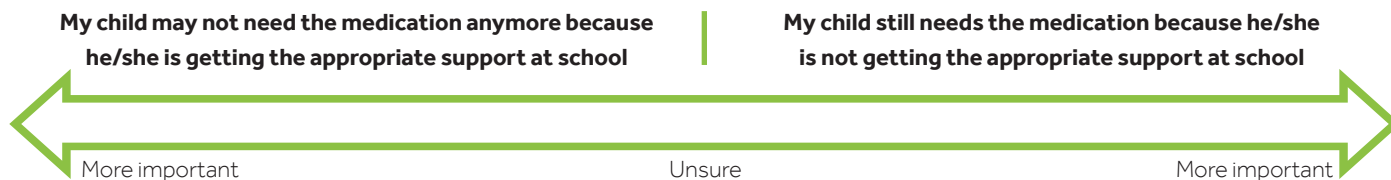
Statement 3



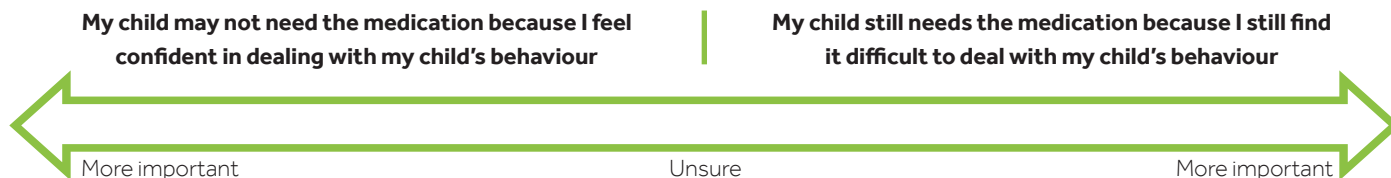
Statement 4



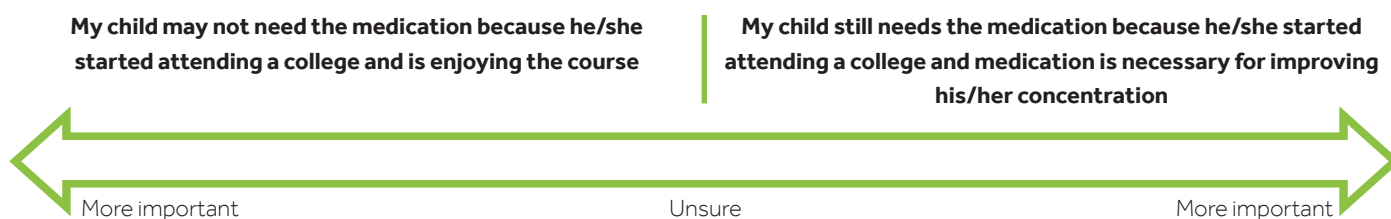
Statement 5



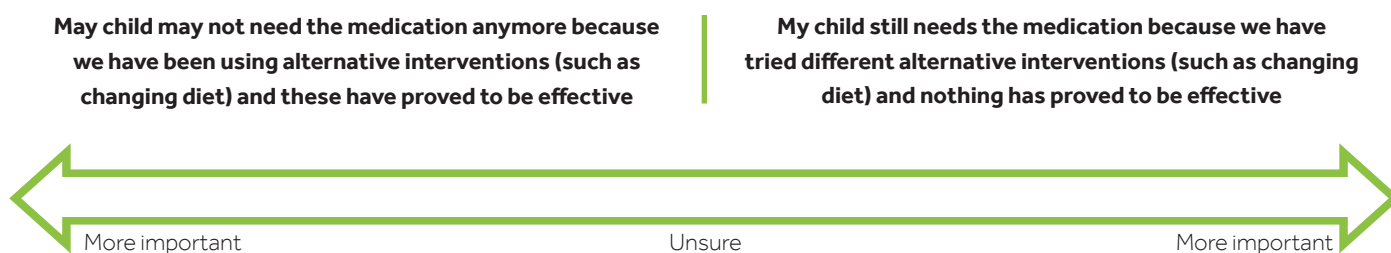
Statement 6



Statement 7



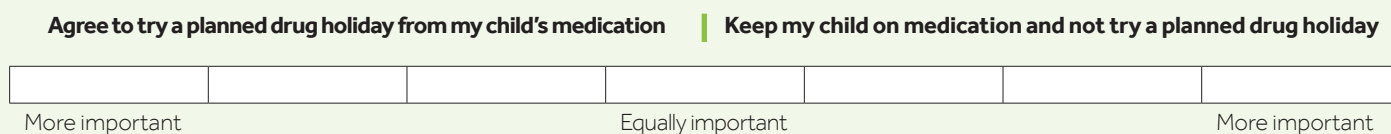
Statement 8



Other important reasons. Use this box to write down any other important reasons that matter most to you in this decision:

Your decision:

Now that you've thought about the facts and your feelings, you may have a general idea of where you stand on this decision. Show which way you are leaning towards right now:



Speak to your child's clinician about your decision and feelings.

You have now finished using this decision aid, thank you for your time.