

Supplementary file #3: The scores of methodological quality for each study from PEDro scale

Study	PEDro ratings								Scores	Classification
	1	2	3	4	8	9	10	11		
Marques et al. [32]	1	1	0	1	1	1	1	1	6	Excellent
Mosti. et al. [4]	00	1	0	1	1	1	1	1	6	Excellent
Bemben & Bemben [31]	0	0	0	1	1	1	1	1	5	Good
Marques et al [11]	1	0	0	1	1	1	1	1	5	Good
Bemben et al [13]	0	0	0	1	1	1	1	1	5	Good
Whiteford et al [12]	1	1	0	1	1	1	1	1	6	Excellent
Bocalini et al [16]	1	1	0	1	1	1	1	1	6	Excellent