

Table S2. Results of quality assessment using the Newcastle-Ottawa Scale for a meta-analysis.

Study	Selection			Comparability		Outcome		
	Representativeness of the exposed cohort	Selection of the non-exposed cohort	Ascertainment of exposure	Demonstration that outcome of interest was not present at start of study	Comparability of cohorts on the basis of the design or analysis	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow up of cohorts
Hasegawa,2013		×	×	×	×	×	×	×
Jun,2013	×	×	×	×	×			×
Nakayama,2009	×	×	×	×	×	×		×
Neves,2012	×	×	×	×	×	×		×
Tachinami,2017	×	×	×	×	×	×	×	×
Qi, 2019		×	×	×	×	×	×	×
ueda,2012	×	×	×	×	×	×		×
shiratori,2013		×	×	×	×	×	×	

× means getting a star in this category, the comparability category can be awarded ××mostly.

