

**Table S2.** Quality assessment of included studies.

Studies	Criteria from the Mixed Methods Appraisal Tool																								
	1.1	1.2	1.3	1.4	1.5	2.1	2.2	2.3	2.4	2.5	3.1	3.2	3.3	3.4	3.5	4.1	4.2	4.3	4.4	4.5	5.1	5.2	5.3	5.4	5.5
Abed, 2021																0	0	0	0	1					
Carr, 2009											0	1	0	0	1										
Cowdell, 2011	1	1	1	1	1																				
Giua, 2021																1	1	1	1	1					
Hammarstrom, 1995											1	1	0	0	1										
Issa, 2016																0	0	1	1	0					
Jairoun, 2020																1	1	1	1	1					
Kaneko, 2014																1	0	1	0	1					
Koster, 2019	1	1	0	1	1																				
Koster, 2021											1	1	1	0	1										
Lambrecht, 2019																1	0	0	1	1					
Lau, 2017	1	1	1	1	1											1	0	1	0	1	1	1	1	1	0
Lindblad, 2006	1	1	1	1	1																				
Manahan, 2011																0	0	0	1	1					
Oishi, 2019																0	0	1	1	1					
Raffin, 2016																1	1	1	0	1					
Salzmann, 2020																1	0	0	0	1					
Smith, 2016											0	0	1	0	1										
Teixeira, 2021																0	1	1	0	1					

Thandar, 2019																1	0	1	0	1					
Tucker, 2012																1	0	1	0	1					
Tucker, 2013																1	0	1	0	1					
Tucker, 2017	1	1	1	1	1											0	0	1	0	1	1	0	1	0	1

### Scores of studies

<b>Quantitative Studies</b>	<b>Score<sup>x</sup></b>
Abed, 2021	1
Carr, 2009	2
Giua, 2021	5
Hammarstrom, 1995	3
Issa, 2016	2
Jairoun, 2020	5
Kaneko, 2014	3
Koster, 2021	4
Lambrecht, 2019	3
Manahan, 2011	2
Oishi, 2019	3
Raffin, 2016	4
Salzmann, 2020	2
Smith, 2016	2
Teixeira, 2021	3
Thandar, 2019	3
Tucker, 2012	3
Tucker, 2013	3
<b>Qualitative Studies</b>	<b>Score<sup>x</sup></b>
Cowdell, 2019	5
Koster, 2019	4
Lindblad, 2006	5
<b>Mixed-Methods Studies</b>	<b>Score<sup>x</sup></b>
Lau, 2017	3
Tucker, 2017	2

<sup>x</sup>0-1= low quality; 2-3= medium quality; 4-5= high quality