

Figure S1 Annex: The HLS-EU-Q47 of the HLS-EU Consortium for the European Health Literacy Survey (HLS-EU)

| HLS-EU-Q47 | | | | | | | |
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| Item no. | Relation to HLS-EU matrix | On a scale from very easy to very difficult, how easy would you say it is to: ... | 1 Very difficult | 2 Difficult | 3 Easy | 4 Very easy | 5 (Don't know - to be used by interviewer only) |
| 1 | Healthcare/ Access information | find information about symptoms of illnesses that concern you? | | | | | |
| 2 | Healthcare/ Access information | find information on treatments of illnesses that concern you? | | | | | |
| 3 | Healthcare/ Access information | find out what to do in case of a medical emergency? | | | | | |
| 4 | Healthcare/ Access information | find out where to get professional help when you are ill? | | | | | |
| 5 | Healthcare/ Understand information | understand what your doctor says to you? | | | | | |
| 6 | Healthcare/ Understand information | understand the leaflets that come with your medicine? | | | | | |
| 7 | Healthcare/ Understand information | understand what to do in a medical emergency? | | | | | |
| 8 | Healthcare/ Understand information | understand your doctor's or pharmacist's instruction on how to take a prescribed medicine? | | | | | |
| 9 | Healthcare/ Appraise information | judge how information from your doctor applies to you? | | | | | |
| 10 | Healthcare/ Appraise information | judge the advantages and disadvantages of different treatment options? | | | | | |
| 11 | Healthcare/ Appraise information | judge when you may need to get a second opinion from another doctor? | | | | | |
| 12 | Healthcare/ Appraise information | judge if the information about illness in the media is reliable? | | | | | |
| 13 | Healthcare/ Apply information | use information the doctor gives you to make decisions about your illness? | | | | | |
| 14 | Healthcare/ Apply information | follow the instructions on medication? | | | | | |
| 15 | Healthcare/ Apply information | call an ambulance in an emergency? | | | | | |
| 16 | Healthcare/ Apply information | follow instructions from your doctor or pharmacist? | | | | | |
| 17 | Disease prevention/ Access information | find information about how to manage unhealthy behaviour such as smoking, low physical activity and drinking too much? | | | | | |
| 18 | Disease prevention/ Access information | find information on how to manage mental health problems like stress or depression? | | | | | |
| 19 | Disease prevention/ Access information | find information about vaccinations and health screenings that you should have? | | | | | |
| 20 | Disease prevention/ Access information | find information on how to prevent or manage conditions like being overweight, high blood pressure or high cholesterol? | | | | | |
| 21 | Disease prevention/ Understand information | understand health warnings about behaviour such as smoking, low physical activity and drinking too much? | | | | | |
| 22 | Disease prevention/ Understand information | understand why you need vaccinations? | | | | | |
| 23 | Disease prevention/ Understand information | understand why you need health screenings? | | | | | |
| 24 | Disease prevention/ Appraise information | judge how reliable health warnings are, such as smoking, low physical activity and drinking too much? | | | | | |

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| 25 | Disease prevention/ Appraise information | judge when you need to go to a doctor for a check-up? | 1 Very difficult | 2 Difficult | 3 Easy | 4 Very easy | 5 (Don't know - to be used by interviewer only) |
| Item no. | Relation to HLS-EU matrix | <i>On a scale from very easy to very difficult, how easy would you say it is to: ...</i> | | | | | |
| 26 | Disease prevention/ Appraise information | judge which vaccinations you may need? | | | | | |
| 27 | Disease prevention/ Appraise information | judge which health screenings you should have? | | | | | |
| 28 | Disease prevention/ Appraise information | judge if the information on health risks in the media is reliable? | | | | | |
| 29 | Disease prevention/ Apply information | decide if you should have a flu vaccination? | | | | | |
| 30 | Disease prevention/ Apply information | decide how you can protect yourself from illness based on advice from family and friends? | | | | | |
| 31 | Disease prevention/ Apply information | decide how you can protect yourself from illness based on information in the media? | | | | | |
| 32 | Health promotion/ Access information | find information on healthy activities such as exercise, healthy food and nutrition? | | | | | |
| 33 | Health promotion/ Access information | find out about activities that are good for your mental well-being? | | | | | |
| 34 | Health promotion/ Access information | find information on how your neighbourhood could be more health-friendly? | | | | | |
| 35 | Health promotion/ Access information | find out about political changes that may affect health? | | | | | |
| 36 | Health promotion/ Access information | find out about efforts to promote your health at work? | | | | | |
| 37 | Health promotion/ Understand information | understand advice on health from family members or friends? | | | | | |
| 38 | Health promotion/ Understand information | understand information on food packaging? | | | | | |
| 39 | Health promotion/ Understand information | understand information in the media on how to get healthier? | | | | | |
| 40 | Health promotion/ Understand information | understand information on how to keep your mind healthy? | | | | | |
| 41 | Health promotion/ Appraise information | judge where your life affects your health and well-being? | | | | | |
| 42 | Health promotion/ Appraise information | judge how your housing conditions help you to stay healthy? | | | | | |
| 43 | Health promotion/ Appraise information | judge which everyday behaviour is related to your health? | | | | | |
| 44 | Health promotion/ Apply information | make decisions to improve your health? | | | | | |
| 45 | Health promotion/ Apply information | join a sports club or exercise class if you want to? | | | | | |
| 46 | Health promotion/ Apply information | influence your living conditions that affect your health and wellbeing? | | | | | |
| 47 | Health promotion/ Apply information | take part in activities that improve health and well-being in your community? | | | | | |