

List of Excluded Studies with reasons for exclusion (n=33)

Limited focus on study outcome	(n=7)
Gender Specific outcome	(n=1)
Type of Study	(n=6)
Limited focus on the study population outcome	(n=18)
Same study participants used in study	(n=1)

References	Reason for Exclusion
1. Midence, L., Mola, A., Terzic, C. M., Thomas, R. J., & Grace, S. L. (2014). Ethnocultural diversity in cardiac rehabilitation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 34(6), 437–444. https://doi.org/10.1097/HCR.0000000000000089	Type of study
2. Valencia, H. E., Savage, P. D., & Ades, P. A. (2011). Cardiac Rehabilitation Participation in Underserved Populations. https://doi.org/10.1097/HCR.0b013e318220a7da	Type of study
3. <u>Vanzella, L. M.</u> , Oh, P., Pakosh, M., & Ghisi, G. L. M. (2021). Barriers to Cardiac Rehabilitation in Ethnic Minority Groups: A Scoping Review. <i>Journal of Immigrant and Minority Health</i> , 23(4), 824–839. https://doi.org/10.1007/s10903-021-01147-1	Type of study
4. Zhang, L., Gallagher, R., Ding, D., & Neubeck, L. (2018). Self-management Following a Cardiac Event in People of Chinese Ethnicity Living in Western Countries: A Scoping Review. <i>Journal of Immigrant and Minority Health</i> , 20(3), 744–754. https://doi.org/10.1007/s10903-017-0584-6	Type of study
5. Gupta, S. S., Aroni, R., & Teede, H. (2017). Experiences and Perceptions of Physical Activity among South Asian and Anglo-Australians with Type 2 Diabetes or Cardiovascular Disease: Implications for Clinical Practice. <i>Qualitative Health Research</i> , 27(3), 391–405. https://doi.org/10.1177/1049732316660690	Limited focus on study outcome
6. <u>Lord, H.</u> , MacPhail, C., Cherry, J., & Fernandez, R. (2021). Perceptions of Aboriginal and Torres Strait Islander Australians toward cardiovascular primary prevention programs: A qualitative systematic review. <i>Public Health Nursing</i> , 38(2), 197–211. https://doi.org/10.1111/phn.12837	Limited focus on study outcome

7. Ellis, K. R., Young, T. L., Carthron, D., Simms, M., McFarlin, S., Davis, K. L., Dave, G., Corbie-Smith, G., & Cené, C. (2019). Perceptions of Rural African American Adults About the Role of Family in Understanding and Addressing Risk Factors for Cardiovascular Disease. <i>American Journal of Health Promotion</i> , 33(5), 708–717. https://doi.org/10.1177/0890117118799574	Limited focus on the study population outcome
8. Bäck, M., Öberg, B., & Krevers, B. (2017). Important aspects in relation to patients' attendance at exercise-based cardiac rehabilitation - facilitators, barriers, and physiotherapist's role: A qualitative study. <i>BMC Cardiovascular Disorders</i> , 17(1), 1–10. https://doi.org/10.1186/s12872-017-0512-7	Limited focus on the study population outcome
9. Evans, A. B., & Crust, L. (2015). 'Some of these people aren't as fit as us ...': experiencing the ageing, physically active body in cardiac rehabilitation. <i>Qualitative Research in Sport, Exercise and Health</i> , 7(1), 13–36. https://doi.org/10.1080/2159676X.2014.908945	Limited focus on the study population outcome
10. Hanna, A., Yael, E. M., Hadassa, L., Iris, E., Eugenia, N., Lior, G., Carmit, S., & Liora, O. (2020). 'It's up to me with a little support' – Adherence after myocardial infarction: A qualitative study. <i>International Journal of Nursing Studies</i> , 101, 103416. https://doi.org/10.1016/j.ijnurstu.2019.103416	Limited focus on the study population outcome
11. Jackson, A. M., McKinstry, B., Gregory, S., & Amos, A. (2012). A qualitative study exploring why people do not participate in cardiac rehabilitation and coronary heart disease self-help groups, and their rehabilitation experience without these resources. <i>Primary Health Care Research & Development</i> , 13(1), 30–41. https://doi.org/10.1017/S1463423611000284	Limited focus on the study population outcome
12. Lesage-Moussavou-Nzamba, M., Houle, J., & Trudeau, F. (2020). Participants Perspectives of a Primary Exercise-Based Prevention Program for Cardiac Patients: A Prepost Intervention Qualitative Case Study. <i>Rehabilitation Research and Practice</i> , 2020. https://doi.org/10.1155/2020/6215428	Limited focus on the study population outcome
13. Madden, M., Furze, G., & Lewin, R. J. P. (2011). Complexities of patient choice in cardiac rehabilitation: Qualitative findings. <i>Journal of Advanced Nursing</i> , 67(3), 540–549. https://doi.org/10.1111/j.1365-2648.2010.05509.x	Limited focus on the study population outcome
14. Rouleau, C. R., King-shier, K. M., Tomfohr-madsen, L. M., Aggarwal, S. G., Arena, R., Campbell, T. S., Rouleau, C. R., King-shier, K. M.,	Limited focus on the study population outcome

Tomfohr-madsen, L. M., Aggarwal, S. G., Arena, R., & Campbell, T. S. (2017). A qualitative study exploring factors that influence enrollment in outpatient cardiac rehabilitation. <i>Disability and Rehabilitation</i> , 0(0), 000. https://doi.org/10.1080/09638288.2016.1261417	
15. Saeidi, M., Soroush, A., Komasi, S., Moemeni, K., & Heydarpour, B. (2015). Attitudes toward cardiovascular disease risk factors among patients referred to a cardiac rehabilitation center: Importance of psychological attitudes. <i>Shiraz E Medical Journal</i> , 16(7), 1–3. https://doi.org/10.17795/semj22281	Limited focus on the study population outcome
16. Schröder, S. L., Fink, A., & Richter, M. (2018). Socioeconomic differences in experiences with treatment of coronary heart disease: A qualitative study from the perspective of elderly patients. <i>BMJ Open</i> , 8(11), 1–8. https://doi.org/10.1136/bmjopen-2018-024151	Limited focus on the study population outcome
17. Hooman Shahsavari ¹ , Mohsen Shahriari ² , Nasrollah Alimohammadi Motivational factors of adherence to cardiac rehabilitation Hooman Shahsavari ¹ , Mohsen Shahriari ² , Nasrollah Alimohammadi	Limited focus on the study population outcome
18. Ades, P. A., Khadanga, S., Savage, P. D., & Gaalema, D. E. (2022). Enhancing participation in cardiac rehabilitation: Focus on underserved populations. <i>Progress in Cardiovascular Diseases</i> , 70, 102–110. https://doi.org/10.1016/j.pcad.2022.01.003	Type of study
19. Chauhan, U. et al. (2010) 'Improving Care in Cardiac Rehabilitation for Minority Ethnic Populations', <i>European Journal of Cardiovascular Nursing</i> , 9(4), pp. 272–277. doi: 10.1016/j.ejcnurse.2010.03.004.	Limited focus on the study population outcome
20. Brown, A. (2010). Acute Coronary Syndromes in Indigenous Australians: Opportunities for Improving Outcomes Across the Continuum of Care. <i>Heart Lung and Circulation</i> , 19(5–6), 325–336. https://doi.org/10.1016/j.hlc.2010.02.011	Limited focus on the study population outcome
21. Galdas, P. M., Oliffe, J. L., Wong, S. T., Ratner, P. A., Johnson, J. L., & Kelly, M. T. (2012). Canadian Punjabi Sikh men's experiences of lifestyle changes following myocardial infarction: Cultural connections. <i>Ethnicity and Health</i> , 17(3), 253–266. https://doi.org/10.1080/13557858.2011.610440	Gender specific

22. Grewal, K., Leung, Y. W., Safai, P., Stewart, D. E., Anand, S., Gupta, M., Parsons, C., & Grace, S. L. (2010). Access to cardiac rehabilitation among South-asian patients by referral method: A qualitative study. <i>Rehabilitation Nursing</i> , 35(3), 106–112. https://doi.org/10.1002/j.2048-7940.2010.tb00285.x	Limited focus on the study population outcome
23. Gupta, S. S., Aroni, R., & Teede, H. (2017). Experiences and Perceptions of Physical Activity among South Asian and Anglo-Australians with Type 2 Diabetes or Cardiovascular Disease: Implications for Clinical Practice. <i>Qualitative Health Research</i> , 27(3), 391–405. https://doi.org/10.1177/1049732316660690	Limited focus on study outcome
24. Jin, K., Neubeck, L., Koo, F., Ding, D., & Gullick, J. (2020). Understanding Prevention and Management of Coronary Heart Disease Among Chinese Immigrants and Their Family Carers: A Socioecological Approach. <i>Journal of Transcultural Nursing</i> , 31(3), 257–266. https://doi.org/10.1177/1043659619859059	Limited focus on study outcome
25. Maddocks, S., & Cobbing, S. (2017). Patients' experiences of and perspectives on phase 1 cardiac rehabilitation after coronary artery bypass graft surgery. <i>Physiotherapy Canada</i> , 69(4), 333–340. https://doi.org/10.3138/ptc.2016-39GH	Limited focus on study outcome
26. Nielsen, L. S., Angus, J. E., Lapum, J., Dale, C., Kramer-Kile, M., Abramson, B., Marzolini, S., Oh, P., Price, J., & Clark, A. (2012). "I can't just follow any particular textbook": Immigrants in cardiac rehabilitation. <i>Journal of Advanced Nursing</i> , 68(12), 2719–2729. https://doi.org/10.1111/j.1365-2648.2012.05975.x	Limited focus on the study population outcome
27. Piepoli, M. F., Corrà, U., Benzer, W., Bjarnason-Wehrens, B., Dendale, P., Gaita, D., McGee, H., Mendes, M., Niebauer, J., Zwisler, A. D. O., & Schmid, J. P. (2010). Secondary prevention through cardiac rehabilitation: From knowledge to implementation. A position paper from the cardiac rehabilitation section of the European association of cardiovascular prevention and rehabilitation. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 17(1), 1–17. https://doi.org/10.1097/HJR.0b013e3283313592	Type of paper
28. Poh, R., Ng, H. N., Loo, G., Ooi, L. S., Yeo, T. J., Wong, R., & Lee, C. H. (2015). Cardiac Rehabilitation after Percutaneous Coronary Intervention in a Multiethnic Asian Country:	Limited focus on the study population outcome

Enrollment and Barriers. Archives of Physical Medicine and Rehabilitation, 96(9), 1733–1738. https://doi.org/10.1016/j.apmr.2015.05.020	
29. Scotto, C. J., Waechter, D., & Rosneck, J. (2011). Factors affecting program completion in phase II cardiac rehabilitation. <i>Canadian Journal of Cardiovascular Nursing = Journal Canadien En Soins Infirmiers Cardio-Vasculaires</i> , 21(2), 15–20.	Limited focus on study outcome
30. Tuomisto, S., Koivula, M., Åstedt-Kurki, P., & Helminen, M. (2018). Family involvement in rehabilitation: Coronary artery disease—patients' perspectives. <i>Journal of Clinical Nursing</i> , 27(15–16), 3020–3031. https://doi.org/10.1111/jocn.14494	Limited focus on the study population outcome
31. Vilchinsky, N., Reges, O., Leibowitz, M., Khaskia, A., Mosseri, M., & Kark, J. D. (2018). Symptoms of Depression and Anxiety as Barriers to Participation in Cardiac Rehabilitation Programs among Arab and Jewish Patients in Israel. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 38(3), 163–169.	Limited focus on study outcome
32. Darr, A., Astin, F., & Atkin, K. (2008). Causal attributions, lifestyle change, and coronary heart disease: Illness beliefs of patients of South Asian and European origin living in the United Kingdom. <i>Heart and Lung: Journal of Acute and Critical Care</i> , 37(2), 91–104. https://doi.org/10.1016/j.hrtlng.2007.03.004	Same study participants used in study
33. Yates, B. C., Vazquez Hernandez, M. L., Rowland, S. A., Bainter, D. E., Schulz, P., & Hanson, C. K. (2018). A Qualitative Study of Experiences of Participants in Cardiac Rehabilitation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 38(4), E6–E9. https://doi.org/10.1097/HCR.0000000000000317	Limited focus on the study population outcome