

SUPPLEMENTARY MATERIAL

Methodology for the Determination of Fruit, Vegetable, Nut and Legume Points for Food Supplies without Quantitative Ingredient Declarations and its Application to a Large Canadian Packaged Food and Beverage Database

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Table S1. Distribution of fruit, vegetable, nut, legume and olive oil, walnut oil and rapeseed oil (FVNL) points as defined by the Nutri-Score system, presented for the total sample and by food category^a.

Food category ^a	Number of products	Mean (SD)	Distribution of FVNL points				
			Min	25 th	50 th	75 th	Max
TOTAL	17,337	1.0 (2.0)	0	0	0	1	10
A. Bakery products	2,775	0.2 (0.7)	0	0	0	0	5
B. Beverages	852	0.4 (1.5)	0	0	0	0	10
C. Cereals and other grain products	1,276	0.2 (0.9)	0	0	0	0	5
D. Dairy products	1,498	0.1 (0.4)	0	0	0	0	5
E. Desserts	679	0.1 (0.5)	0	0	0	0	2
F. Dessert toppings and fillings	94	0.5 (0.9)	0	0	0	2	2
G. Eggs and egg substitutes	61	0.0 (0.2)	0	0	0	0	1
H. Fats and oils	656	0.1 (0.4)	0	0	0	0	5
I. Marine and fresh water animals	446	0.0 (0.2)	0	0	0	0	2
J. Fruit and fruit juices	1,061	4.0 (2.8)	0	2	4	5	10
K. Legumes	188	5.0 (1.3)	1	5	5	5	5
L. Meat, poultry, their products and substitutes	962	0.1 (0.4)	0	0	0	0	5
M. Miscellaneous	558	0.1 (0.7)	0	0	0	0	5
N. Combination dishes	1,139	0.4 (0.7)	0	0	0	1	5
O. Nuts and seeds	255	5.0 (1.1)	0	5	5	5	5
P. Potatoes, sweet potatoes and yams	132	0.0 (0.0)	0	0	0	0	0
Q. Salads	130	3.0 (2.2)	0	0	5	5	5
R. Sauces, dips, gravies and condiments	1,250	1.0 (1.4)	0	0	1	2	5
S. Snacks	865	2.0 (2.1)	0	0	0	5	5
T. Soups	480	0.6 (0.9)	0	0	0	1	5
U. Sugars and sweets	1,109	0.7 (1.2)	0	0	0	1	5
V. Vegetables	871	5.0 (1.1)	0	5	5	5	10

^aFood categories are defined in Health Canada's Table of Reference Amounts for Food [26].