



# From Code to Cure: The Impact of Artificial Intelligence in Biomedical Applications

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## 1. Introduction

Artificial intelligence (AI), a branch of computer science, involves developing intelligent computer programs to mimic human intelligence and automate various processes. AI has various applications in healthcare, robotics, speech recognition, data analytics, biomedical research and in many more fields. Machine learning (ML) and deep learning (DL) are subsets of AI that can be utilized to analyze vast biological datasets, and play a pivotal role in identifying complex genetic patterns, understanding disease outcomes, developing personalized medicine, accelerating drug discovery, and enhancing our understanding of biological processes. In supervised machine learning, the classifier is trained using already labelled or known datasets to predict the classes of unknown datasets. Unsupervised learning, another type of machine learning, does not require already known class labels and it tries to learn by itself by recognizing patterns in the given datasets and it uses clustering to group the samples based on their similarities [1,2]. These machine learning algorithms include Random Forest, Decision Tree, Nearest Neighbour, Neural Network and Support Vector Machine (SVM). Deep learning consists of multiple layers called neurons, which mimic the human brain. The DL architecture includes the input layer, output layer and multiple hidden layers. Convolutional Neural Networks (CNN), Recurrent Neural Networks (RNN) and Stochastic Neural Networks (SNN) are some of the common types of DL [1].

## 2. Applications of Machine Learning and Deep Learning

Machine-learning and deep-learning-based models have increased applications in the field of biology, including genomics, proteomics, drug discovery and development, disease diagnostics and prediction, and biological text mining. ML-based models can be used in the study of protein structures such as AlphaFold and AlphaMissense [3,4], which use an AI-based approach to determine the tertiary structure of a protein and to identify the mutational status of a protein, which may be the cause of various diseases, and in drug discovery. With the advancements in next-generation sequencing, models trained using these data can also assist the researchers in an accurate diagnosis of the disease and in devising a treatment strategy according to the individual's genetic status. ML and DL models are being developed to help in the early detection of diseases such as cancer, cardiac arrest [5], childhood obesity [6] and many more.

Drug discovery is a complex process and it takes around 10 to 15 years for a drug to be developed and to reach the end users. AI models can be applied in various stages of drug discovery and development processes, such as target identification and structure prediction, drug design and their property prediction, drug activity and toxicity prediction, virtual screening, etc. Bai et al. [7] developed a software, MolAICal (version 1.3), for designing 3D drug molecules based on the binding pockets of the target protein using deep learning models and classical programming. Chemprop [8] and Deep Docking [9] are used for predicting the chemical properties of the drug and to perform virtual screening by docking,



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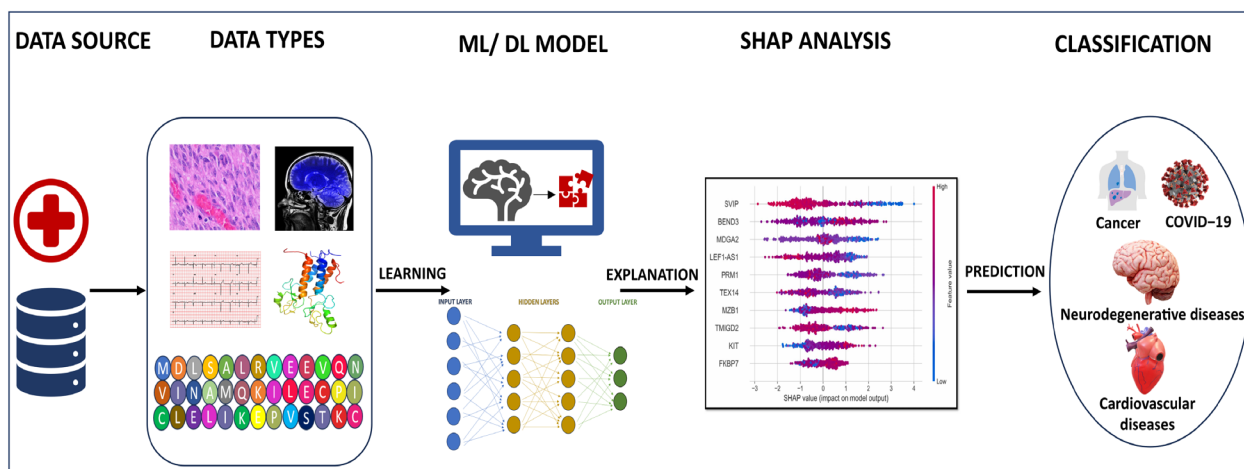
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respectively, based on machine learning models. Figure 1 illustrates the workflow for developing AI-based algorithms in healthcare. It includes a construction of datasets, the development of models and the retrieval of important features and prediction.



**Figure 1.** Workflow and application of AI in healthcare. The input data for training the ML/DL model can be obtained from databases and hospitals. These data may include next generation sequencing data, sequence and structural information of proteins, scan images, ECG, histopathology images and electronic health records of the patients. The model trained using these datasets may be able to identify or diagnose a disease condition for an unknown sample. Further, explainable AI techniques including SHAP analysis are used to identify the features responsible for the prediction.

### 2.1. ML and DL in Cancer

Egwom et al. [10] developed an LDA-SVM-based machine learning model for the classification of breast cancer. They showed that using median values of the attributes, instead of mean, for filling the missing values and applying linear discriminant analysis (LDA) for feature extraction, increases the prediction accuracy. Carreras et al. [11] developed a multilayer perceptron analysis model to predict the prognosis of follicular lymphoma using random number generation, which produces multiple unique neural networks to identify the pathogenic marker genes for the disease. A deep learning model, Sturgeon, was developed using methylation profiles for classifying Central Nervous System (CNS) tumours, and is capable of classifying the tumour subtype with a turnaround time of 60–90 min [12]. Further, a predictive analytic model was developed to predict the Caspase-8 levels in B-cell lymphoma based on the patterns observed in the expression of other genes [13].

CanProSite [14] and MutBLESS [15] web servers were developed to predict the susceptible sites in cancer based on deep learning models. CanProSite [14] was used to identify the driver mutations in lung cancer, whereas MutBLESS [15] was developed to identify mutations in 22 different types of cancer, which were classified into 6 classes, namely breast cancer, endometrial carcinoma, acute myeloid leukaemia, stomach cancer, skin cancer and other types. These models showed high accuracy in predicting the cancer-prone regions, which will aid in the development of therapeutic strategies. GBMDriver [16] is a brain-tumour-specific machine-learning method that utilizes the information of predicted secondary structures of amino acid residues present in protein sequences and identifies driver and passenger mutations. On the other hand, for the prediction of the functional impact of mutations, several methods, including AlphaMissense [4], FATHMM [17], Mutation Assessor [18], SIFT [19], PROVEAN [20] and CADD [21], have been developed.

### 2.2. Application in COVID-19 and Neurodegenerative Diseases

Deep learning architectures have also been used for the early detection of pneumonia using computed tomography [22] and X-ray [23] in COVID-19 patients. Such a system helps

in the identification of important clinical markers as well as accurate clinical prognosis. Montazeri et al. [24] manually curated data from the reported literature and showed that machine-learning-based models developed for the detection of COVID-19 using clinical images have excellent discriminative performance; however, these models are sometimes at a high risk of bias. Further, machine learning models have been developed to identify the regions that are prone to mutation (either high or low) in the SARS-CoV-2 virus as well as classifying high and low escape mutations using sequence and structure-based properties such as interaction energy, inter-residue contacts, predicted binding free energy change, surface accessibility, stability and sequence conservation [25,26].

Prado and Rojas [27] developed an SVM-based classifier for the early detection of Alzheimer's disease using Principal Component Analysis (PCA) for feature selection and showed that the performance is better than the CNN model. The VEPAD webserver was developed using a Random Forest classifier for the prediction of deleterious and neutral variants in Alzheimer's disease [28]. Kulandaisamy et al. [29] proposed a method for identifying disease-causing mutations in proteins which are involved in Alzheimer's disease using conservation scores, the position-specific scoring matrix (PSSM) profile, hydrophobicity, amino acid substitution matrices and neighbouring residue information. Keles et al. [30] developed a DL-based model for COVID-19 diagnosis and retrained the same for detecting Parkinson's diseases (PD) using SPECT (Single Photon Emission Computed Tomography) images.

### 2.3. Applications in Omics

The advancements in sequencing techniques have resulted in the generation of a huge volume of data, which requires machine learning models for interpretation and prediction. These omics data include transcriptomics, proteomics, metabolomics and genomics, which are widely used in the healthcare sector for the early diagnosis of the diseases, biomarker identification, understanding of the molecular mechanism of diseases and in drug discovery. Further, they play an important role for personalised medicine.

DEGnext, a CNN-based machine-learning model, was developed to classify the differentially expressed genes obtained from the RNA sequence data into up- and downregulated genes. They adopted the transfer learning technique to overcome the limitations of the ML model for processing RNA-Seq data, such as low sample size [31]. Bostanci et al. [32] used RNA sequence data of extracellular vesicles to develop machine-learning and deep-learning models to classify colorectal cancer based on the disease condition (presence/absence) and stage of the cancer. They compared different ML and DL models and showed that the performance of the model depends on features used for the classification.

Filho et al. [33] developed a web server using artificial intelligence to generate predictive models using omics data. The models were generated based on an evolutionary algorithm, which produces a list of biomarkers for the given input dataset, which is then used to predict the prognosis for the unknown samples. Li et al. [34] used radiomics features obtained from CT images to differentiate epithelial ovarian cancer types and showed that models developed using these features combined with clinical and radiological features had better performance than other models.

Further, machine learning is extensively applied in the field of metagenomics [1]. Metagenomics involves sequencing and the study of the entire genome of microorganisms in the natural environment to understand how the microbial community in the host influences various biological processes. Metagenomics involves many pre-processing steps and machine learning is commonly used in the classification and clustering steps [35]. Shen et al. [36] developed MEGMA (microbial embedding, grouping, and mapping algorithm), an unsupervised learning method, to convert high-dimensional metagenomic data into a two-dimensional microbiome map for each sample, which can be used as input for the subsequent analysis, such as biomarker identification and disease prediction.

### 3. Challenges in ML and DL

Although ML and DL models are used extensively in various domains, there are various drawbacks associated with them. DL models require large amounts of data and the quantity and quality of data play an important role in influencing the performance of a model. Another important drawback of these models is interpretability and transparency. It is difficult to identify the feature which explains the model's outcome due to complex mathematical calculations. Hence, these models are referred to as 'Black Box' models [2,37]. Also, it is very important to check the model overfitting and underfitting as the data imbalance is profound in biological datasets. Machine-learning and deep-learning models also need a high computing cost during model training. To improve the interpretability and transparency of these black box models, explainable AI models are currently used in various studies [38–47]. The collaboration of experts from biology, computer science and different fields can improve the transparency of such methods.

### 4. Explainable AI

Explainable AI models aim to provide reasons for a particular decision made by an AI model. It provides transparency, which is very important in the biomedical field where a decision (e.g., diagnosis) based on an AI model is understandable by the physician, along with the features that are responsible for arriving at the decision. These explainable AI models provide a means of visualization of the model's output [48]. Such methods use local and global explanations by illustrating predictions of individual instances or entire datasets that provide insights on general patterns learnt by the model. SHAP (SHapley Additive exPlanations) [49] and LIME (Local Interpretable Model-Agnostic Explanations) [50] are the most popular methods to represent feature importance.

Several explainable AI models have been developed for biomedical applications such as MRI scan images to predict the survival of brain tumours [38], ECG data to predict cardiovascular disorders [39] and risk factor identification of diabetic retinopathy [40]. In these studies, SHAP analysis has been incorporated to the AI models to interpret the outcome of the classifier. OncoNPC is an XGBoost-based classifier to predict cancer of unknown origin using features such as single nucleotide variant and copy number variation [41]. Ultsch et al. [42] developed an explainable AI-based method, ALPODS (algorithmic population descriptions), to classify high-dimensional biomedical data.

Explainable AI-based models were applied with different machine learning algorithms like Random Forest classifiers, and were developed to identify biomarkers for prostate cancer based on the gene expression values. They identified genes such as DLX1, MYL9, FGFR, CAV2 and MYLK, which can be used for prostate cancer screening [43]. Kumar et al. [44] developed an XGBoost model combined with Explainable AI to identify blood-based markers for the early detection of breast cancer. In both studies, the SHAP method was used to explain the outcome of the model.

Healthy individuals with no underlying heart conditions have been affected by heart-related issues after COVID-19. Hence, Agrawal et al. [45] developed an ECG-iCOVIDNet, a shallow CNN-based deep-learning model to differentiate the raw ECG data of the healthy and post-COVID-19-affected individuals to identify the variations in the ECG, and SHAP method was used to identify the ECG segment which was responsible for the model prediction. Kirboğa et al. [46] used the risk factor data such as cholesterol, age, blood pressure, etc., to train the machine-learning models for the early detection of cardiovascular diseases and showed that the XGBoost model combined with the SHAP method showed high accuracy in the prediction of the disease.

For the early detection of Alzheimer's disease (AD), Kamal et al. [47] developed machine-learning models using MRI images and gene expression microarray data. They showed that the Convolutional Neural Network (CNN) model and Support Vector Classifier (SVM) models showed better performance in AD classification using MRI images and expression data, respectively. The LIME method was used for interpreting the model's prediction.



## 5. Conclusions

Artificial Intelligence (AI) is widely applied in various domains of biology, including healthcare, and it holds immense promise for advancing complex biological systems and is shown to perform more efficiently than the existing methods. The ability of these methods to identify specific patterns, make predictions, and analyse large biological datasets using genomic information, protein sequences and structures, physicochemical properties, and histopathological images from patients has contributed significantly to various biological domains. Currently, significant importance is given to focusing on improving the explainable AI to fulfil the requirements of confidentiality, robustness, ethics, transparency, fairness and accountability of the developed methods. This will help in ensuring that the insights generated are understandable and actionable by healthcare professionals and clinicians.

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