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# Revolutionizing Animal Care: Enriching the Lives of Companion Animals and Equids through Advanced Rehabilitation Techniques

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Deadline for manuscript submissions: **20 December 2024** 

## Message from the Guest Editors

The increasing interest and advances in rehabilitation techniques such as physical therapy, stretching, and hydrotherapy for companion animals and equids marks a transformative moment in veterinary care. Our research and observations have illuminated the comprehensive benefits of these methods, which not only address physical constraints but also contribute to holistic health.

Physical therapy plays a crucial role in enhancing strength, flexibility, and mobility. Stretching exercises are instrumental in augmenting an animal's range of motion and preventing muscle atrophy. Hydrotherapy offers a safe and efficient tool for rehabilitation, allowing animals to engage in exercise without exerting pressure on injured limbs.

In conclusion, the integration of physical therapy, stretching, and hydrotherapy in veterinary rehabilitation programs underscores a compassionate and forwardthinking approach to animal care. The prospect of improved recovery and elevated well-being is significant, emphasizing the necessity of adopting these advanced modalities in veterinary practice.

**Special**sue



mdpi.com/si/206326





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1. Institute of Veterinary Medicine and Animal Sciences, Estonian University of Life Sciences, Kreutzwaldi 1, 51014 Tartu, Estonia 2. Curtin University Sustainability Policy (CUSP) Institute, Kent St., Bentley 6102, Australia Animals is an on-line open access journal that was first published in 2011. Animals adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues in the many varied disciplines that involve animals, with a focus on animal science, animal welfare and animal ethics. Animals is covered in the Science Citation Index Expanded (SCIE) in Web of Science, with the latest Impact Factor: 2.7 (2023, ranks 10/80 (Q1) in 'Agriculture, Dairy & Animal Science'; 16/167 (Q1) in 'Veterinary Sciences'), 5-Year Impact Factor: 3.0.

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