



Conditioning Horses for Competitive Performance and Health

Guest Editors:

Dr. Arno E. Lindner

Arbeitsgruppe Pferd, Heinrich-
Röttgen-Strasse 20, Jülich,
Germany

Prof. Dr. Warwick Bayly

Department of Veterinary Clinical
Sciences, Washington State
University, Pullman, WA 99164-
6610, USA

Prof. Dr. Kenneth McKeever

Rutgers School of Environmental
and Biological Sciences, The
State University of New Jersey,
New Brunswick, NJ, USA

Deadline for manuscript
submissions:

closed (15 February 2024)

Message from the Guest Editors

Dear Colleagues,

Conditioning can be defined as the process of preparing an athlete for competition so that they can compete at their best and avoid injuries and disease. Nowadays, more horses are getting older and develop age-dependent and “civilization” diseases. Managing the older horses through conditioning programs is likely to keep them healthy for longer, as is the case for humans.

Thus, this Special Issue shall be devoted to research on:

- The conditioning of race and sport horses competing in all sports disciplines, and all other horses, to prevent them from diseases due to aging and “civilization”.
- Managing the health of all horses with ailments produced due to a lack of movement and overfeeding (civilization diseases) through regular exercise.
- The diagnosis and monitoring of the effect of conditioning programs.
- Basic information on the possibilities and inconveniences of using physiological and biochemical variables to condition horses and monitor the effects of the conditioning programs.





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Editor-in-Chief

Prof. Dr. Clive J. C. Phillips

1. Institute of Veterinary Medicine
and Animal Sciences, Estonian
University of Life Sciences,
Kreutzwaldi 1, 51014 Tartu,
Estonia

2. Curtin University Sustainability
Policy (CUSP) Institute, Kent St.,
Bentley 6102, Australia

Message from the Editor-in-Chief

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Contact Us

Animals Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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