



Bioactive Compounds and Antioxidants in Fruits and Vegetables

Guest Editors:

Dr. Marilena Muraglia

Department of Pharmacy-Drug
Sciences, University Aldo Moro
Bari, 70125 Bari, Italy

Prof. Dr. Filomena Corbo

Department of Pharmacy-
Pharmaceutical Sciences,
Università degli studi Aldo Moro,
Bari, Italy

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Message from the Guest Editors

Dear Colleagues,

The growing number of scientific studies conducted to demonstrate the functional and healthy properties of pools of bioactive molecules extracted from plant matrices and their waste is now known. In particular, scientific studies provide strong evidence that polyphenols are involved in different pathways favoring a potential beneficial effect on diseases such as obesity, dyslipidemia, blood pressure, and blood sugar and associated complications (oxidative stress and inflammation). However, despite an exorbitant number of research, overall, the evidence provided to establish a cause-and-effect relationship between polyphenols and their health effect is not sufficient.

In this Special Issue, we invite the scientific community (chemists, pharmacologists, biochemists, drug chemists, and toxicologists) to provide original papers, clinical reports, and review articles to understand and rationalize the potential beneficial effects of polyphenols on consumer health.

The focus of this Special Issue is to gather interdisciplinary expertise with the aim of building factual understanding that can be translated through industrial work into health benefits.





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Editor-in-Chief

**Prof. Dr. Alessandra
Napolitano**

Department of Chemical
Sciences, University of Naples
"Federico II", Via Cintia 4, I-80126
Naples, Italy

Message from the Editor-in-Chief

It has been recognized in medical sciences that in order to prevent adverse effects of "oxidative stress" a balance exists between prooxidants and antioxidants in living systems. Imbalances are found in a variety of diseases and chronic health situations. Our journal *Antioxidants* serves as an authoritative source of information on current topics of research in the area of oxidative stress and antioxidant defense systems. The future is bright for antioxidant research and since 2012, *Antioxidants* has become a key forum for researchers to bring their findings to the forefront.

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Antioxidants Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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