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The Antioxidants in Fermented Foods

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Message from the Guest Editors

Dear Colleagues,

Fermented food is garnering prolific attention from consumers, who have a special interest in what these products may offer to their health. The presence of antioxidants can determine the healthy properties of these foods.

This Special Issue therefore aims to provide an overview of the chemical or microbiological production of antioxidants from the initial food matrices, the antioxidant products of the microbial metabolism, as well as the methods employed to perform in vitro/in vivo evaluations of these properties and their impact on health.

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Special Issue



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Message from the Editor-in-Chief

It has been recognized in medical sciences that in order to prevent adverse effects of "oxidative stress" a balance exists between prooxidants and antioxidants in living systems. Imbalances are found in a variety of diseases and chronic health situations. Our journal *Antioxidants* serves as an authoritative source of information on current topics of research in the area of oxidative stress and antioxidant defense systems. The future is bright for antioxidant research and since 2012, *Antioxidants* has become a key forum for researchers to bring their findings to the forefront.

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